Grand Openings

Grand Opening
East Phillips Park Cultural and Community Center
at 2300 17th Ave. Exemplifies reward of unity after 40 years of vision and six years of struggle

[Historical Note by Editor]: It has been forty years since hopes and visions of improvement to the two blocks of land between 17th and Cedar Avenues and 22nd and 24th Streets began. Initial plans and proposals for dense housing were halted by limited citizen initiated political “arm twisting” that was nonetheless effective. That effort led to park development limited to the barest of un-staffed, built facilities. Six years ago that same awareness and tenacity of local residents—knowing their numbers and needs were greater than were being met and propelled by the obvious inequity of program and facility availability for local youth compared to other parts of the city—initiated concentrated focus on further improvement.

The January 22, 2011 Building Opening and Ribbon Cutting marks the culmination of six years of creative and determined effort by neighborhood organizations, residents, and the Minneapolis Park and Recreation Board with city, county, and state support. The newly constructed 14,000 sq. ft. building features a high school-sized gym and adjacent kitchen, a teen center, computer lab, and rooms that will accommodate a variety of programming. At 30% more energy efficient than the average building in Minneapolis, the East Phillips building sets a new standard for energy efficiency in Park Board community centers.

“All the East Phillips Park Cultural and Community Center is now the most beautiful recreation center in Minneapolis,” said Third District Commissioner Scott Vreeland, “and behind that external beauty

Grand Opening
All My Relations Gallery debuts Frank Big Bear

The Native American Community Development Institute (NACDI) celebrates the All My Relations Gallery Grand Opening with an exhibit of never-before-seen paintings by master artist Frank Big Bear.

Reception and Celebration
January 21st, 5:00 p.m.-9:00 p.m., at All My Relations Gallery, 1414 East Franklin Avenue, Mpls. Hours: Tuesday–Friday 11-6, p.m. Weekends 11-3, p.m.—located in the heart of the American Indian Cultural Corridor, the very neighborhood where Frank Big Bear lived while creating his prolific body of important early work. FREE and open to the public.

Frank Big Bear Paintings—“From the Rez, to the Hood, to the Lake”, presents vivid canvases by Frank Big Bear, recipient of the Bush Foundation Enduring Visions Award, among other honors. Never-before-seen acrylic paintings, created by this Ojibwe artist best known for his surreal and detailed color pencil drawings, make their debut with this exhibit. Running from January 21, to February 28, 2011, Frank Big Bear Paintings is made possible through support of the McKnight Foundation, Target, Metropolitan Regional Arts Council, Compass/Medtronic, Rosemary H. & David F. Good Family Foundation and in cooperation with Bockley Gallery.

All My Relations Arts is a ten-year old arts program at Ancient Traders Gallery until 2010 when it became an initiative of NACDI Info or tours: contact Elizabeth Day eday@nacdi.org, 612-235-4970
Phillips What Where. No Correct Answer in January! GUESS AGAIN!

No one submitted a correct answer to the January Phillips What Where photograph. So the same question remains for February. What and Where is this in Phillips Community?

Guess What and Where and get a chance to be in a drawing for $10. Gift Certificate to Welna Hdwe on Bloomington Avenue.

Cultural & Community Center

from page 1

is our most efficient building. This project has been the most challenging thing I have worked on and is the result of an amazing amount of work by the surrounding community.

Finishing touches will be ongoing during the first month the building is open. Bleachers will be installed, as well as other furnishings and equipment. Site work will also be underway again in the spring to complete stormwater ponds and landscaping. Ball fields are scheduled for renovation in 2011 thanks to a Hennepin County Sports grant.

In 2006, funds from the Minnesota Legislature were appropriated for construction of the EPCCC. Through ongoing meetings and discussions among the community, East Phillips Community Design Team, and MPRB, building plans were developed to meet the needs of the community.

“The East Phillips Park Cultural and Community Center is the result of a community dream,” said Brad Pass, chair of the East Phillips Park Community Design Team. “The project was initiated and guided by the people of the Phillips community.” Carol Pass, president of the East Phillips Improvement Coalition added, “This is truly a grass roots accomplishment and an example of great things coming from humble beginnings through tenacity and strong collaboration.”

The entire project, which includes site improvements as well as the new building, has been funded by the state legislature ($3.5 million), the MPRB’s 2008 Capital Improvement Program ($319,000), East Phillips Improvement Coalition NRP funding ($180,000) and another $50,000 for fundraising and consulting, Midtown Phillips Neighborhood Association ($5,000), Toyota Environmental Foundation ($10,000), the Minnesota Department of Employment and Economic Development ($300,000) and Hennepin County Environmental Response fund ($271,328).

The EPCCC is the first recreation center ever in East Phillips Park and the first built in the Minneapolis park system since 2001, when the Bottineau recreation center was rebuilt.

Grand Opening
Open Arms to Operate 2 Acre Open Farms

Open Arms, will be a two acre organic vegetable garden in Belle Plaine providing a portion of the vegetable needs for the Open Arms kitchen. Hear Open Farms Director Ben Penner and Linda Hailey, a well-known organic farmer in the upper Midwest. Open Farms will be as dependent on community volunteers as Open Arms’ unique, non-profit program that prepares and delivers free meals specifically tailored to meet the nutrition needs of individuals living with serious and life-threatening diseases. To reserve a seat, please contact Ben Penner at ben@openarmsmn.org or by calling 612-872-1152. Open Arms of Minnesota is located at 2500 Bloomington Avenue S. All are welcome!

Celebrating the Year of the Rabbit AT MIDTOWN GLOBAL MARKET

Midtown Global Market will bring a taste of Asia to south Minneapolis as it hosts its Chinese New Year Celebration on Friday, February 4, 2011 in conjunction with the Market’s Friday Family Night.

Members from the Chinese Heritage Foundation will be on hand for fortune telling and distributing red envelopes that are traditionally believed to usher in good luck for the New Year. Children can also take home their own written in Chinese calligraphy. A donation to the Chinese Heritage Foundation is suggested for this service.

A traditional Lion Dance will commence at 7 p.m., circling the Market with graceful movements and magnificent colors, to help ring in the year of the Rabbit.

Other activities include:

- Traditional Asian musical performances
- Martial Arts demonstration by the Hung Vuong Association of Minnesota
- Children’s crafts
- Distribution of free fortune cookies containing Market coupons and special offers

As our economy turns the corner, make sure your business/organization is in position to greet all, by advertising in the Alley.

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February Programs at the Franklin Library

BY ERIN THOMASSON

Game On! Gaming Tuesdays
Tues. Feb 1 thru 22, 4 – 5 p.m.
Grade 6 and up. Play PS2 or Wii games at the library! Grab a friend, bring your favorite board or card game, or play ours!***

Tronix Team Pop Can Buzzer
Tues. Feb. 8, 5 – 7 p.m.
Grade 6 and up. If you like to build and create circuit boards. You also will learn some cool, new stuff about sound and electricity.***

World Language Storytime:
Somali Tues. Feb 1 thru 22, 6-7 p.m.
Learn the Alwadda bargaining, sheekoyinka, kaa-ay-gaaryo maamsaada aya muusakooda Soomaalida.
"Age 2 and up. Experience the world in other languages.

Family Storytime
Wed. Feb 2 thru Feb 22, 10:30 – 11 a.m.
Age 2 and up.
Share books, stories, rhymes, music, and movement with your children.

Music Listening Club
Wed. Feb 2 thru Feb 22, 4:30 – 5 p.m.
Grade 6 and up. Listen to the sounds of Kanye West, Mos Def, NAS and local artists such as Desdemona, Brother Ali and more! Focus will be on the lyrics, reading them as poems and listening to the way they’re recited through the songs.

Game On! Gaming Wednesdays
Wed. Feb 2 thru Feb 22, 4 – 5:30 p.m.
Grade 6 and up. Play PS2 or Wii games at the library! Grab a friend, bring your favorite board or card game, or play ours!***

Game On! Gaming Thursdays
Thurs. Feb 3 thru Feb 24, 4 – 5 p.m.
Grade 6 and up. Play PS2 or Wii games at the library! Grab a friend, bring your favorite board or card game, or play ours!***

Waxbarasho Iyo Ciyaar Caruureed
Thurs. Feb 3 thru Feb 24, 5 – 7 p.m.
Learn an e-mail account, using the Internet and scanning (where available).

Microsoft Publisher: Basics
Thur. Feb 10, 5 – 7 p.m.
Learn to use the menus and toolbars to create and publish your own fliers, brochures and greeting cards.

Kids Book Club
Fri. Jan. 28, 4 – 5 p.m.
Fri. Feb. 25, 4 – 5 p.m.
Grade 6-7. Join other kids to talk about a great book! No pre-reading required. We will read a book and discuss.

Down Time
Sat. Feb. 5 thru 26, 3 – 5 p.m.
Grade 6 and up. Looking for a quiet and comfortable space? Take advantage of “down time” at Franklin Teen Center! Work on the topic of the week or use our computers, board games and other self-directed activities.***

Microsoft Excel: Creating and Managing Lists
Thurs. Feb. 3, 6 – 8 p.m.
Learn about spreadsheets and how to complete lists for inventory, contacts or collections, sort data and print using Microsoft Excel.
Prerequisite: Microsoft Excel Basics or familiarity with spreadsheets is highly recommended.

E-mail: Intermediate
Fri. Feb. 10, 10 a.m. – noon.
Learn how to use the folders, view and attach files to an e-mail and set up an e-mail address book using a Yahoo! account.

Intermediate Art: Capture the Power of the Public Service Announcement (PSA)
Using Digital Media
Thurs. Feb. 10, 5 – 8 p.m.
Grade 7 and up.
Explore the power of words to persuade. Create your own PSA to advocate for causes and events that are important to your community.** & ****

Self-Directed Activities

February 24 (Thursday) 6:00 p.m.
Phillips West Community Meeting
Agenda includes: an update from the Midtown Global Market, Minneapolis Police Update, Midtown Safety Center Community Introduction, presentation on ANW & Children’s Hospital Joint Mother/Baby Unit Project, Presentation from Resource Center of Americas La Conexión plans to move into the current Waite House Building located at 2529 13th Avenue South. Information on other upcoming Community Events will also be available. Meeting will be held at Lutheran Social Service in the Phillips West Community Center (100 Park Avenue). Free parking available in rear off Oak Avenue.

March 3

Trail User Stop Signs Removed at 5th Avenue!

The Coalition is pleased to announce that the stop signs for Midtown Greenway trail users at 5th Avenue have been removed by the City of Minneapolis! This intersection was one of the few points of interruption along the Greenway. Now car traffic on 5th Avenue must stop instead, making the Greenway even more safe and convenient.

The Coalition

Also, where the Greenway crosses East 28th Street by the west ramp to the Sable Bridge, car traffic must now funnel down to one lane in each direction, thereby eliminated the “double threat” for trail users crossing that busy street. Thanks to the leadership and staff at the City of Minneapolis for working with the Midtown Greenway Coalition on these improvements that have been years in the making.

2323 11th Phillips Community Center Update

Park Board’s Planning Committee Passes PCC Plan

BY ROBERT ALLEE

It wasn’t really a surprise! January 5th’s Minneapolis Park Board Meeting was the occasion when Planning Committee members voted unanimously to support the Phillips Community Parks Initiative’s (P CPI) re-use plan to utilize available space within the 49,000 square foot facility. The plan promotes programs and activities to serve persons of all ages and cultures residing within the Phillips Community.

No surprise–because on December 15, Planning Committee commissioners invited the Phillips Community Parks Initiative (PCPI) to publicly present its plan for re-use of the Phillips Community Center praising these efforts as an excellent beginning for a plan that combined community-based tenants working side-by-side with the Park Board’s Community Service Area (CSA) 66 staff.

When the Request For Proposal was issued by the Park Board, commissioners and staff sought the following:

• Community partners that will add programming and services that are compatible and complimentary to the Minneapolis Park and Recreation Board.

• Utilizing all the space available for the building for community use.

• A tenant or tenants that have a vision and financial resources to renovate the interior and exterior of the building and provide rental income to offset the building utilities, operating costs and provide for long term building maintenance and operation of the center.

• A service provider with a strong interest in the community and a solid reputation for service.

According to a December 15th Memorandum submitted by Jayne Miller, MPRB’s new Superintendent:

The proposal submitted by the Phillips Coalition [PCPI] is comprehensive and includes a wide range of services to be provided to the community in addition to services provided by the MPRB. The Pillsbury Waite House, a ten-

Seward Co-op Grocer & Deli

• Fresh local produce and meats

• Deli with sandwiches, hot food, baked goods and family-sized meals

• Classroom with kitchen

Community meeting area with free WiFi

Midtown Global Market

CAREFULLY CELEBRATE WITH WINTER!

HEART HEALTH, FEBRUARY 7

HEART/HEART, FEBRUARY 27
LOCAL FOODIE, MARCH 27
Lake Street & 10th Avenue S

MidtownGlobalMarket.com

3

“I is well to be prepared for life as it is, but it is better to be prepared to make life better than it is.”

– Sargent Shriver Nov 9, 1915 - January 18, 2011
In the early years of the last century, the Minnesota Timberwolves' coverage tended toward the sensational, especially when it came to covering tragedies involving children. But even now, and then a reporter captured the sense of loss and grief, like in this excerpt from a story written by an unidentified Tribune reporter on January 14, 1911:

Searching – A Serial Novelle

The couple ran down 14th, jumped the fence and slid down the slope to the Greenway. They ran several blocks before they stopped under a bridge. Angel turned back to look and saw that no one had followed. Heavy snow had begun to fall, covering their tracks. They sat on the concrete skin of the bridge underpass.

BY PATRICK CABALLO HANSEL

We can’t control what is coming. We can’t foresee it. Angel and Luz, upon leaving the Mercado Central were as in love as two can be. Together, come what may. 

What came was not a stab from Angel’s past, but from Luz. As they rode the bus, they didn’t notice the man standing at the corner a block and a half down. They didn’t see that he had seen them, and was waiting with eyes like radar. As they got closer, Angel could tell the kind of man he was: the kind you nod at as you pass, but don’t engage in conversation. The kind whose business takes all. They intended to go around him, and continue to Luz’ aunt’s house. She wanted to talk with her about all that had happened. But as they approached the corner, the man stepped into their path and laughed, a laugh swirling with deceit.

“Well look who’s here—little old Luz. Lucy Goosney, alive and kicking. How have you been, sweetheart?”

Her body tightened, like a rope pulled taut. Later, Angel would say something snapped in her eyes, a sharp mix of fear, anger and pain. She tried to pull Angel towards her, in order to get around the man, but he blocked their way, almost pushing them into the building.

“Whoa, where are you going, Luz?” he laughed. “Lucy Loo, Lucy in the Sky with Diamonds. You can’t say ‘hi’ to an old friend. You’re not a friend”, Luz muttering.

“Oh but Luz, how can you say that? It was just so good times we had back in Albert Lea?”

Angel pulled as much fight as he could into his body and quickly stepped up into the man’s face, his hands locked, his eyes sticks. Just as Angel was about to do just that, the man said, still smiling, “You got something to say, teocolote?” the man sneered.

“Tecolote. The owl. No, he didn’t.”

Angel pulled, his arm extended, fighting. He threw his head back to laugh, until his face was as white as the snow. Angel pulled knife handle and kicked him in the shin. Angel pushed hard, and in the struggle to get away, the knife tore a slash an inch or two on the man’s cheek. Angel grabbed the knife and tossed it into the busy street.

But Angel, even if he was not there. He could not find it. The Rooths built another house, this one at 2912 Pleasant Avenue South, and had several more children. They lost another son, the third time. Mrs. Rooth, burned on her face, neck, and arms and in shock, was taken to the City Hospital. "The last rites over the bodies of the three Rooth children, Gladys, age 4, Andrew, age 2, and Evaline, a baby."

Although the exact cause of the fire is not know, there was some speculation that Gladys had accidentally started it; investigators found an orange kerchief on the house’s two floors. The Rooths built another house, this one at 2922 Pleasant Avenue South, and had several more children. They lost another son, the third time. Mrs. Rooth, burned on her face, neck, and arms and in shock, was taken to the City Hospital. "The last rites over the bodies of the three Rooth children, Gladys, age 4, Andrew, age 2, and Evaline, a baby."

The "two old men" referred to in the story were the children’s grandparents, "who stood with bare hands and shaking bodies" at the children’s graveside. Their three grandchildren were Gladys, age 4, Andrew, 4, and Evaline, a baby.

By Patrick Caballo Hansel

Searching – A Serial Novelle

Tales from Pioneers & Soldiers Cemetery

Sue Hunter Weir

77* in a Series

"The indisputable godfather of the deep democratic tradition in America is Ralph Waldo Emerson, a democratic intellectual in the United States."

-- Cornell West

The unmarked graves of Rooth children, Gladys, age 4, Andrew, age 2, and Evaline, a baby are marked in this photo by photographer Tim McCall who has plotted the location from Cemetery’s records. Tim has over 20,000 photos of the cemetery and has plotted hundreds of the entire Cemetery on a vector map. His interest in the Cemetery was prompted because of a relative buried there.

Sue Hunter Weir researched for this month’s story after she saw the following message from Rhonda, a granddaughter of the Rooths in the story, had placed in the Minnesota Historical Society’s Death Index page.

"Andrew Rooth, son of Andrew and Bertha Rooth was killed in a house fire in Minneapolis in 1911. There were at least two other Rooths, Joseph and one other. If any-one can provide any info (newspaper article, etc) I will be very grateful. Thank You, Rhonda Rooth Devilbiss"

Sue searched for more information and sent that and the photograph of the gravestones published here. She then received the following e-mail from Rhonda:

"I would be very grateful for any information you could send. I have the death certificates for all four children, and a couple of newspaper articles about the house fire. I do not have any information or articles about Clifford Rooth other than what is on his D.C. I cannot make out where he is buried because the handwriting is illegible. I think the other three are buried in Laymynn’s, may which also be called Pioneers and Settlers’ cemetery.

It is so difficult to make out the handwriting on these old documents. My grandparents and parents must have been very strong people to have survived so much tragedy in their young lives. I will appreciate any information you can provide.

I look very forward to hearing from you. Rhonda"

Clifford, when he was seven years old. He was on his way home from school when he was struck by a car on Lake Street. He is buried near the Rooth’s three other children in Lot 28, Section P, of the cemetery.

Searching – A Serial Novelle

Chapter 23: “Turning Darker”

They found Luz on the other side of the street, where Rhonda had taken them. She was standing in the doorway of a house, her hand clutching the sleeve of the man who walked beside her. The door of the hearse opened and a square white coffin was borne out and carried into the vault room. It was very light. The last rites were said, and then the body was returned.
FOOD OBSESSION: THIS IS GOOD OR I’LL EAT MY CHRISTMAS TREE

BY JANE THOMSON

My first recipe is from 97 ORCHARD, an Edible History of Five Immigrant Families, by Jane Ziegelman. This book interests me because my father grew up in a New York tenement (the word just meant “run down,” but at the time I don’t know how shabby his family’s apartment was, but I suspect it was not spacious). The building at 97 Orchard is on the Lower East Side of Manhattan, and is now the Tenement Museum. It was built about 1860 and was abandoned after 1935. It has been preserved and restored. The first time I visited the building about 20 years ago, it was rather gloomy and dreary, and I was going up to the next of several stories. We were then taken to an apartment composed of two small rooms with one window between them and one window to the outside. There were lay-ers of old wallpaper, and numbers on the wall showing the quantity of terrors that had been sewn, as the apartment was also a sweat shop. Since then several apartments have been restored and decorated as they might have been when an immigrant family lived there - one for an Irish family, one for a German family, one for an Italian family and one for a Jewish family. Furnished and decorated it is much more cheerful; but I hope one apartment has still been left as it was.

The recipe is one that might have been made for a Jewish family that lived at 97 Orchard, the Rappaport family’s. It was first published in 1975 in a book dedicated to the book by Frieda Schwartz, who was born on the Lower East Side. The recipe is for Stuffed Cabbage, which is much more cheerful; but I hope one apartment has still been left as it was.

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3 T. grated onion
1 lb. ground beef
3 cups of canned tomatoes
25, 2010

Beef bones
3 T. rice
3 T. water

Beef bones
3 t. salt (Jane thought that too much and used 21/2 t.)
1/2 t. pepper (Jane used more.)
1 head of cabbage
A few T. of lemon juice a couple T. of brown sugar.

The recipe says to pour boiling water over the cabbage, and let it stand for 15 minutes. Trial and error make me say: cook the cabbage whole for a few minutes until slightly tender and then drain it. Into the now vacant heavy pot, put the tomatoes, V-8, some of the salt, the pepper and the beef bones, and maybe a little water. Cover and cook for 30 minutes. Separate the leaves of the cabbage, keeping the white part except for removing most of the thick white stem part. (There will be some cabbage left as the leaves get smaller.) Mix the ground beef, onion, apple, egg, rice, some of the salt and the 3 tablespoons of water. Place the stuffing in each tablespoon of the mixture in each cabbage leaf and roll the leaf around it. Put the rolls in the tomato sauce (bones now removed). Add some lemon juice and brown sugar. Cook for 2 hours (This is why you need a heavy pot this is hard to stir. I ruined a light pot by burning the bottom.) If you don’t like this dish, I’ll eat some of my Christmas tree.

This is back in the days where the 17th century Nathan Roberts philosophy, my philosophy, that’s why I work six days a week at least, sometimes seven.” Mark Simon, owner of Roberts Shoes

STUART SATERSTROM
Narum’s Shoe Store

Narum’s Shoe Store was a Chicago-Lake institution for decades. Stan Saterstrom and his brother-in-law inherited the store from their father-in-law, Andrew Narum, and ran it for 40 years before they finally retired and closed up shop in the mid-1980s. I recently had a chance to sit down with Stan and talk to him about his time at Narum’s. Here’s some of what I learned.

On how he came to Narum’s Shoe Store

“I went to St. Olaf College and met one of the Narum’s daughters, Margaret, who I married. Andrew Narum, my father in law, was running a humongous department store. He came over to the state of Minnesota at the age of 17, sponsored by an uncle in North Dakota. He spoke no English, went to a country school to learn the language, and eventually ended up in Minneapolis for business school. Minneapolis is where he met his wife Maria Narum. They got married, and she was part of the shoe store that they started.

Then in 1946, I came out of four years in the service, and had a choice of going into business with my father-in-law, or taking over a hardware store that my father owned out in Idaho. I figured it was easier for a country boy to get used to the big city than it was for removing most of the thick white stem part. (There will be some cabbage left as the leaves get smaller.) Mix the ground beef, onion, apple, egg, rice, some of the salt and the 3 tablespoons of water. Place the stuffing in each tablespoon of the mixture in each cabbage leaf and roll the leaf around it. Put the rolls in the tomato sauce (bones now removed). Add some lemon juice and brown sugar. Cook for 2 hours (This is why you need a heavy pot this is hard to stir. I ruined a light pot by burning the bottom.) If you don’t like this dish, I’ll eat some of my Christmas tree.

This is back in the days where the 17th century Nathan Roberts philosophy, my philosophy, that’s why I work six days a week at least, sometimes seven.” Mark Simon, owner of Roberts Shoes

Narum’s shared common wall with Woolworths that later changed to Footwear store

Narum’s Shoe Store was in the storefront where Butler is in this photo. A shoe maker had his shop in the rear of Narum’s. F.W. Woolworth Five and Dime was next to Narum’s for decades. The F.W. Woolworth Company was one of the original American five-and-dime stores. The first Woolworth store was founded, with a loan of $300, in 1879 by Frank Winfield Woolworth. Despite growing to be one of the largest retail chains in the world through most of the 20th century, increased competition led to its decline beginning in the 1980s. The chain went out of business in January 1971, when the company decided to focus on the Foot Locker division. By 2001, changing its name to the present Foot Locker Inc. When Stan says they had coffee every morning with Roberts Shoes it may well have often been across the Street at Green’s Cafes since displaced.

Roberts Shoe Store still at 740 East Lake Street since 1937

Narum’s Shoe Store was in the storefront where Butler is in this photo. A shoe maker had his shop in the rear of Narum’s. F.W. Woolworth Five and Dime was next to Narum’s for decades. The F.W. Woolworth Company was one of the original American five-and-dime stores. The first Woolworth store was founded, with a loan of $300, in 1879 by Frank Winfield Woolworth. Despite growing to be one of the largest retail chains in the world through most of the 20th century, increased competition led to its decline beginning in the 1980s. The chain went out of business in January 1971, when the company decided to focus on the Foot Locker division. By 2001, changing its name to the present Foot Locker Inc. When Stan says they had coffee every morning with Roberts Shoes it may well have often been across the Street at Green’s Cafes since displaced.

had a big shoe department too, but we seemed to survive with the people they couldn’t take care of that would come over to our store. We had the traffic on that corner more so than any other corner on Lake Street because of Sears. “We were like a small community within a big community. We had all the businesses represented. There were two shoe stores - Roberts Shoe Store was our competitor. There was a women’s read-to-wear department too, men’s haberdashery, lawyers and dentists and doctors. We had a community where we didn’t have to go off downtown very often, we could be loyal to our area. We were close to Northwestern Hospital, and that was back in the days where the nurses wore white uniforms and white shoes. We sold thousands of pairs of shoes to the nurses.” On the relationship with Robert’s Shoe Store

“We used to have coffee together every morning. We were friendly competitors. They had three children and we attended all their children’s bar mitzvahs, and we just had a nice relationship. We fought for business and competed as far as prices and so forth, but had a good relationship. Both stores had a good reputation.”
“I love power. But it is an artist that I love it. I love it as a musician loves his violin, to draw out its sounds and chords and harmonies.” – Napoleon Bonaparte

The Fighter

Cast: Mark Wahlberg (Mickey Ward), Christian Bale (Dicky Ecklund), Melissia Leo (Alice Ward), Amy Adams (Charlene Fleming), Bianca Hunter (Cathy Park Ecklund), Eric McDermott (Cindy ‘Tar’ Ecklund), Jill Ouig (Donna Eckund Jaynes), Dendrie Taylor (Gail ‘Red Dog’ Ecklund), Kate O’Brien (Phyllis Beaver Ecklund), Jena Lamia (Sherri ward), Cadin Dwyer (Kasie ward), Jack Mcgee (George Ward). (R) Running time: 115 minutes. Director: David O. Russell.

Boxing for the wards is a family affair. Mickey Ward (Mark Wahlberg) is an upcoming boxer, his elder brother Dicky Ecklund (Christian Bale), a former boxer whose current activity is spent often in a crackhouse, and their mother, Alice Ward (Melissa Leo), is the boxing manager. She organizes Mickey’s fights and Dicky trains him. Dicky brags he’s once gave Sugar Ray Leonard a few good licks.

Mickey’s caught in a bind of a possessive mother and five sisters and his idol Dicky sent to prison and his idol Dicky sent to prison possessive mother and five sisters gave Sugar Ray Leonard a few trains him. Dicky brags he’s once gives Mickey’s fights and Dicky is the boxing manager. She organizes Mickey’s fights and Dicky trains him. Dicky brags he’s once gave Sugar Ray Leonard a few good licks.

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Howard McLquitter II

Movie Corner

HowardMcQuitterII@yahoo.com

for crack and an assault on police officers. When Mickey’s love interest Charlene Fleming (Amy Adams) enters his life, his family attempts to sever their relationship. As such, Mickey’s boxing career seems doomed much like Dicky’s.

Like other boxing films of the past such as “City of Conquest” (1949), “Require for a Heavyweight” (1962), “Fat City” (1972), the theme is boxed in by the environment of a crackhouse in crisis. “The Fighter” is adequate with fine performances by Melissa Leo and Christian Bale in particular.

Grand Opening Victor Borge: Life and Laughs of a Scandinavian Humorist Exhibit Opens at the American Swedish Institute

February 18 – May 1, 2011

Exhibit explores Victor Borge’s life and achievements with film clips, photographs, and memorabilia. Admission: see below.

Born Borge Rosenbaum in Denmark on January 3, 1906, Mr. Borge trained at the Royal Danish Academy of Music and began his career in Denmark in the 1930s. While touring in Sweden, the Third Reich invaded Denmark, Borge, being Jewish, could not return home. He went to the U.S. on August 28, 1940.

Affectionately called “Great Dane,” Victor Borge was an engaging master of misdirection, humanitarian, and one of the most popular performers in the US and Scandinavia. He effectively used physical and visual elements maintaining a consistent, dynamic energy and high level of spontaneity, marked by impeccable timing and highly developed musicality.

During 60 years in the U.S., he performed on radio and television, in films, on stage, and at the White House. In 1956, he performed on Broadway with his Comedy in Music; still the record for longest-running one-man show. Recognized as an ambassador of goodwill in Denmark and America, he was knighted by the five Nordic countries and honored by U.S. Congress and the United Nations. Borge died Dec. 23, 2000.

Related Programs:

“Victor Borge: Life and Laughs of a Scandinavian Humorist” Exhibit Opening Reception Friday, Feb. 18 — 6 p.m. (7:30 p.m. performance)

A free opening reception for the Victor Borge exhibit beginning at 6 p.m. in the Grand Hall of ASI. At 7:30 p.m., Janet Borge Crowley (one of Borge’s five children) and pianist Glenn Henrikson team up to offer a glimpse of Borge’s life, personally and professionally.

“Guest in the Gallery” Janet Borge Crowley, Saturday, Feb. 19 — 2:30–3:30 p.m.

Victor Borge’s daughter, Janet Borge Crowley, will chat with visitors in the gallery, answer questions, and share personal stories and memories on an informal basis; from 2:30 to 3:30 p.m. Saturday, Feb. 19. Admission: see below.

Glenn Henrikson Piano Concert, Saturday, Feb. 19 — 7 p.m.

Pianist Glenn Henrikson will perform a variety concert at the ASI on Saturday, Feb. 19 at 7 p.m. Henrikson will play classics from composers such as Beethoven, Chopin, and Grieg, followed by show tunes, standards, patriotic tunes, and Swedish music. The cost of the concert is $8 ($6 for ASI members). Reservations are encouraged.

ASI Forum: “Danish Design”, Wednesday, Feb. 23 — 7 p.m.

The Forum will focus on Danish design and how it has become a global influence. Susan Jacobsen will explore Danish designers including Arne Jacobsen, Hans J. Wegner and Poul Kjærholm, whose iconic creations have come to define “Danish Modern.” Reservations are encouraged. Susan Jacobsen is Director of Public Programs at the Minneapolis Institute of Arts. Admission: see below.

Admission is included with museum admission: $6, $5 ages 62+, $4 ages 6-18 and students with ID. 612-871-4907 2600 Park Avenue South Mpls.
Consequences

Hopefully, a good many visited “Dances with Wolves” as seen again on public television. Certainly, it stands as one of the most beautiful and edifying of films.

“You’re life is like a pebble dropped into a sea creating ripples endlessly...you do not know the end of a thought, action or word...” attributed to White Eagle.

In the aftermath of Tucson, there occurred a simultaneous prayer. I too bowed my head. We sought to limit the swelling of Congressional Giffords’ brain.

My ancestors were agricultural pioneers in Kandiyohi County to the west. They arrived two decades after the Dakota War of 1862 to settle the left-over spots. Like good Dutch people, they drained the land.

Note: In 1930, Machine Gun Kelly’s gang came through. Kandiyohi and robbed the bank in Willmar! So consequently, at nine years of age, Father was compelled by Willmar!

Kandiyohi and robbed the bank in Willmar!

“I present it here, unti- of age, Father was compelled by Willmar!”

Kandiyohi and robbed the bank in Willmar!

Good Dutch people, they drained the land. Like good Dutch people, they drained the land. They arrived two decades after the Dakota War of 1862 to settle the left-over spots. Like good Dutch people, they drained the land.

They arrived two decades after the Dakota War of 1862 to settle the left-over spots. Like good Dutch people, they drained the land.

In the 1970’s HFCS was introduced into foods. With all the tests that were performed on HFCS, it showed to have one major side-effect – obesity. As of today, the USA is one of the few countries that allow HFCS in food products. The USA is also the leading country for those individuals with obesity.

Within HFCS, there is mercury. Do you know what effects mercury has on the human body? Mercury is the chemical used to help break down the corn to make HFCS. Along with glutaraldehyde. Glutaraldehyde is so toxic it can burn a hole in your stomach. HFCS causes severe ulcers, sexual dysfunction, neurological disorders, loss of hair, teeth and nails as well as muscle weakness, loss of kidney function, emotional mood swings and memory impairment. Knowing these facts, how many products are in your refrigerator or cupboards that include HFCS? It will last and shine transfigured in the final reign of right. It will merge into the splendors of the City of The Light.

What is this food additive (HFCS) High Fructose Corn Syrup? High Fructose Corn Syrup is a “cost-effective” man-made sugar supplement. One of the most hazardous chemicals that stems from HFCS is mercury. The average consumption of HFCS by Americans is 37.8 pounds a year.

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Anyone living in the Backyard area can help their community to improve health

Update on the Backyard Initiative

The Backyard Initiative was started two years ago as a community partnership between Allina Hospitals and Clinics and the residents of Phillips, Powderhorn Park, Central, and Corcoran which has the goal of improving the health of the community. Health is defined as 1) a state of physical, mental, social and spiritual well-being; it is not only the absence of infirmity and disease, 2) the state of balance, harmony, and connectedness within and amongst many systems – the body, the family, the community, the environment, and culture; it cannot be seen only in an individual context, and 3) an active state of being; it cannot be achieved by being passive.

This definition of health is not just a state of being – it is a process of becoming, and the residents of the Backyard are using this description of health to become active. They are actively working on projects which increase balance, harmony, and connectedness within the community.

The core work of the Backyard Initiative is done within the Citizen Health Action Teams or CHATs. A CHAT is composed of a group of people who work together on a common concern or issue in order to improve the health of the community. Each CHAT meets at least monthly to plan ahead and make decisions, and then members of the CHAT carry out work between meetings. All the CHATs come together at least once a month to update each other on their progress and discuss common problems and strategies. They have agreed upon a list of principles that help CHATs to be inclusive and effective.

Principles of CHATs

1. CHATs continually engage and organize people to contribute their concerns and ideas, to find common interests, and to build relationships. They grow participation.
2. CHATs are creative; they surface new ideas, new knowledge.
3. CHATs make connections and do research to connect with existing resources.
4. CHATs are action teams – they plan and implement actions which improve health.
5. CHATs build capacity in the members of the CHAT and in people in the community in the implementation of their project.
6. CHATs build leadership. In their process, they draw out the talents and skills of CHAT members, and build on their experience and culture.
7. CHATs build community in the planning process and the implementation of their project. Building community contributes to health; building community is both the process and the product. Come Join Us

6. “Did You Know” CHAT:
   - To assist your youth, elders and families in healthy living and artistic expressions through poetry, open microphone performances, information workshops and community dialogue and bridge the gap between the older and younger community members.

7. Anchor Families CHAT:
   - To organize people within a few blocks of each other to learn about each other and create and maintain a natural network of activities to ensure a sense of belonging for each household.

8. A Partnership of Diabetics (A-POD) CHAT: To provide sustainable, community-based support, strategies, planning and tools to assist members of the community in diabetes self-management.

9. Assessment and Evaluation CHAT: To carry out the assessment, evaluation, and research needs of the Commission.

10. Communications/Tell Me A Story CHAT: To lessen or eliminate the divide between people who have information and those who don’t.

11. Dakota Language House CHAT: To teach children and families their ancestral Dakota language by immersing them in the language at a family child care home.

12. “Did You Know” CHAT: To share health information and support through the system.