Behind the Headline: APLETHORA*

from pg. 1

by harvey wine

When students, public policy makers, funders, journalists and others observe the backyards of the Initiative Project Central, Powderhorn Park, Cedar-Riverside, blocks of these neighborhoods Ventura

Door to Door Delivery: Take Action MN, Erin Thomasson, Joyce

New Nation Theatre, Open Eye Theatre, Minneapolis, Christine, Patrick, Leon, Cathy, Dave,

blocks or two or your apartment? Call

Friends of the Cemetery,  City of Mpls., Sarah Greenfield, Susan Gust, Linnea

County Franklin Library, Sue Hunter

Robert Albee, American Swedish

Contributors to this issue:

Phillips–typical questions

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March Programs at the Franklin Library

BY ERIN THOMASSON

Children's Programs

Fun with the Beath, See the Movie – for Kids
Fri., Mar. 2, 3:30 p.m. Grades 3-6. So many books are being made into movies! Come watch the movie at the library and chat about the differences between the book and movie afterwards.

Families Storytime
Wed., 10:30-11 a.m. Age 2 and up. Share books, stories, rhymes, music, and movement with your children.

Paint It Green: Animal Masks and Masks
Fri., Mar. 2, 4-5 p.m. *Register online* or call 612-543-6925. K-Grade 6. Pick region of the world and make masks and sharks! Materials provided in that region.

Teen Programs

Young Achievers
Thurs., Mar. 1–May 31, 4-7 p.m. Grades 6-12. Want involvement in your community? Concerned about your health and lifestyle? Bring friends and come for fun, games and more!

Movies for Teens
Sat., March 3, 3 p.m. Grades 6-12. Movie titles by teens to inspire you to join in! Bring family and friends. Materials provided.

Next Pass: Music, Art and Movement with your Body

Chess Club

Arts and Activism
Wed., Mar. 7, 4-6 p.m. Grades 6-12. Artistic and activist community! Concerned about your health and lifestyle? Bring friends and come for fun, games and more!

Family Storytime

Down Time
Sat., Mar. 10-31, 2-6 p.m. Grades 6-12. Looking for a quiet and comfortable space? Take advantage of “down time” at Franklin Teen Center! Work on the topic of the week or use our computers, board games and other self-directed activities.

Adult Programs

Seniors Play-Reading Group
Fri., Feb. 10, 10:30 a.m.–11:30 a.m. Join us for a stimulating morning of reading and discussion of some of the great plays of our heritage. New book discussion circles will be held on various nonfiction books. For additional information, call the library, 612-543-4579.

Memoir Writing Group
Thurs., Feb. 16, 1-3 p.m.

Franklin Community Library
1314 E. Franklin Avenue
Minneapolis, MN 55415-2925
www.mplib.org

Thursdays, 1–3 p.m.

Memoir Writing Group
for a stimulating discussion of

Tues., Mar.6–April 10, 6–8 p.m.

our projector.

Come join us for a stimulating discussion of

Franklin Community Library
1314 E. Franklin Avenue
Minneapolis, MN 55415-2925
www.mplib.org

Tues & Thurs: 12 - 8 p.m
Wed, Fri & Sat: 10 am – 6 pm
Complete program calendar, visit, or call: www.hclib.org/pub/info/newsroom/

INSIGHTS of Running Wolf

Hello, my name is Connie Norman and I am the Manager of Running Wolf Fitness Center at 2323 11th Ave. So. We opened our doors within the Phillips Community Center (Library and Gym) October 17th, 2011. Already 300 people are registered for Running Wolf.

We have been invited to write Running Wolf Fitness news and stories by the Alley Newspaper. The philosophy of the center is to share our monthly sharing of staff professional

Activism

Artitude: Community and

Walk-ins welcome.

Youth Programs

Teens Play-Reading Group
Thurs., Mar. 15 & 22, noon–2 p.m. and Friday, Mar. 16, 1-3 p.m. Work on projects and practice skills from using the mouse and keyboarding to using email and Microsoft Office with our software instructors and volunteer assistants.

Microsoft Excel: Basics
Thurs., Mar. 15, 6-8 p.m.
Learn the basics of working with an Excel spreadsheet: navigation, entering data and using formulas. Microsoft Excel: Charts and Graphs
Fri., Mar. 16, 10 a.m. – noon
Learn to create and integrate graphs and charts into your Excel spreadsheets.

Cloud Computing: Microsoft Office Web Apps and Google Docs
Thurs., Mar. 22, 6-8 p.m.
Learn about Google Docs and Microsoft Web Apps, free Web-based applications for creating documents, spreadsheets, and more. (familiarity with Internet and email required)

Email: Intermediate
Fri., Mar. 23, 10 a.m. and noon
Learn how to use folders, view and attach files to an email and set up an email address book using a Yahoo! account.

Franklin Learning Center: 952-847-2925

www.hclib.org/pub/10 am – 6 pm

New #: 952-847-2925

Complete program

March Programs at the Franklin Library

By Connie Norman

Hello, my name is Connie Norman and I am the Manager of Running Wolf Fitness Center at 2323 11th Ave. So. We opened our doors within the Phillips Community Center (Library and Gym) October 17th, 2011. Already 300 people are registered for Running Wolf.

We have been invited to write Running Wolf Fitness news and stories by the Alley Newspaper. The philosophy of the center is to share our monthly sharing of staff professional biographies so you can become more familiar with who we are and what we do. Also a few of the most often asked questions on fitness and exercise. In continuing issues we’ll share experiences from Running Wolf Fitness Center.

Connie Norman, Manager

I am also a certified Personal Health Educator with the Native American Community Clinic and the Stanford University Chronic Disease Self Management Program. With 15 years on the Intertribal Annual Health Fair planning committee, I received the 1999 Minnesota Council on Physical Activity and Sports Awards of Excellence for my work in improving health in Indian Country. I have also assisted the development of the Full Circle Diabetes Program at NACC and the Diabetes Community Council which won the 2006 Be Active Minnesota Award of Excellence. I graduated from the College of St. Catherine’s as a Health and Wellness Counselor and Holistic Health Practitioner.

Equella Oliver Jr. is a NETA Certified Personal Trainer and works part-time as a trainer with Running Wolf. Equella (“Q”) specializes in strength and conditioning programs and custom training routines. Equella (“Q”) likes to challenge you to surpass your physical capabilities. “Q” will take your health and wellness personally, working alongside you to help achieve ALL of your fitness goals. With your determination and his dedication, you can make anything happen. Don’t wait another minute, if you’re ready to make a change, and ready to start loving your life, join Running Wolf Fitness Center and schedule a session with Equella (“Q”) today.

FREQUENTLY ASKED FITNESS QUESTIONS:
HOW MUCH EXERCISE SHOULD I DO?
Experts recommend 30-60 minutes of exercise per day. The American College of Sports Medicine and the National Academy of Science’s ideal recommendation for people who are trying to lose weight. But you also need to eat fewer calories (burn lots of calories) even if you don’t work out that much – especially if you haven’t been exercising all up to now.

While 30 minutes of physical activity is considered enough to lower your risk of heart disease, stroke, and high blood pressure, even 10 minutes a day will do you good. Remember that you don’t have to do your exercise at one time. A 30-minute aerobic workout in the morning, a 20-min-

uate walk after work, and 10 minutes of mopping the floor after dinner can do the trick. (Don’t forget to include some strength training and stretching in your workouts, too.) WHAT TYPES OF EXERCISE IS BETTER FOR WEIGHT LOSS?
Choose endurance activities for weight loss. Endurance activities include swimming, biking, running, and most other aerobic activities. Try at least one set (eight to 12 repetitions) of each of eight different exercises, targeting the body’s major muscle groups.

Whatever plan you decide on, it’s a good idea to set weekly goals:

• Write down what activity you plan to do, on what day of the week, for how long, and at what time of day. Be as specific and realistic as possible. For instance, write down “Tuesday: Walk for 20 minutes at 7 p.m., to the park and back.”

• At the end of each week, review your activity schedule and set new ones for the upcoming weeks.

Research shows that setting goals will help you stick to your programs or clarify what you’re supposed to do and let you track your progress. If you hit a roadblock later, you can refer to what has worked in the past, or use your accomplishments to re- energize yourself.

WHAT IF I AM PHYSICALLY UNABLE TO EXERCISE, DUE TO A MEDICAL CONDITION?
There is virtually no medical condition that will keep you from doing any type of exercise. Even people with heart failure – who were long told not to exercise at all – can benefit from moderate amounts of activity.

And people with limited mobility can often do water exercises or do yoga or other exercises while seated in a chair (some “chair exer-

ers” are now available). Of course, if you have any medical condition, check with your doctor before starting any exercise program.

Next month we will share a Running Wolf success story! Thanks and Be Well!
Suicide by Melancholy Dane leaves family of 12 children

On April 1, 1904, the Minneapolis Journal ran a human-interest story under the headline, “A Big and Happy Family in Peter Clausen’s Home.” They were, according to the reporter, “probably the most interesting family in the city of Minneapolis.” What made them interesting is that Peter and his wife, Marie, had 13 children, ranging in age from 21 to seven weeks.

Peter and Marie were both born in Denmark. They met and married in Omaha, Nebraska, in 1881, and shortly afterward moved to Minneapolis. They never had much money; Peter Clausen worked for the Minneapolis Furniture Company, and the family lived in a small house at 2115 22nd Avenue South. The house was crowded but the family made room for a piano and a number of musical instruments. The children, at least those who were old enough to play an instrument, were either in school or had already finished their education. He was very proud of his family, saying: “I believe in large families. It wouldn’t do for me to say that I didn’t.”

The reporter made it a point to comment about the family’s good health noting that none of their children had ever been seriously ill. Although they had had their share of the usual childhood illnesses, five months later that changed. Sylvia, the baby, died in September 1904, at the age of seven months. The following year Marie (sometimes called Mary or Mettie) gave birth to their fourteenth child; the baby only lived for three weeks.

On May 11, 1910, six years after the Journal ran its story, Marie Clausen died from cancer of the uterus; she was 48 years old. Peter became deeply depressed. He quit working and, according to one newspaper account, had been to Anoka for three months, an apparent reference to the Anoka State Hospital, where it is likely that he was treated for depression. They were unable to help him.

On August 15, 1910, the day that would have been Peter and Marie’s 29th wedding anniversary, he committed suicide next to a small tree that he had planted on his wife’s grave whom he wrote in a note to the eldest child he was going to join. They are buried in Lot 24, Block E of Minneapolis Pioneers and Soldiers Cemetery.

Patient Protection and Affordable Care

BY SARAH GREENFIELD

Health Care Program Manager, TakeAction Minnesota

Have you ever put off medical care because you couldn’t afford it? Does your “health insurance” provide you with the care that you need? People of color and low-income people in Minnesota have faced many barriers to accessing the care they need. TakeAction Minnesota’s Health Care Program is working to make health care affordable and accessible for all.

Our health care law relies on a reformed private market, not a government program. More people have insurance. According to an April 2016 Kaiser Family Foundation poll, 15 percent of Minnesota families can expect to save $500 or more in health care costs this year.

On April 1, 2010, the Patient Protection and Affordable Care Act (ACA) became law. Under the ACA, many things changed, including:

- An end to “catastrophic coverage,” which meant that patients could be charged $5,000 or more in medical bills before the insurance kicked in.
- Increased and expanded preventive services, like mammograms, pap smears, and HIV testing.
- Protection against co-pays that are not medically necessary.
- Increased access to community health centers.
- Protection against discrimination of homosexual, transgender, and gender-identifying patients.
- Increased access to health care for those with mental health or substance use disorders.
- Protection against the discrimination of people with disabilities.
- Increased access to health care for pregnant women.
- Protection against price discrimination for women.
- Increased access to health care for those with chronic diseases.
- Increased access to health care for those with pre-existing conditions.

We won big-time insurance reforms, like no more pre-existing condition denials or life-time limits. More or less in exchange for the ACA reforms, the ACA requires (almost) everyone to have health insurance.

Because the bill requires everyone to have insurance, it also makes insurance more affordable, through subsidies for private insurance and a huge expansion of Medicaid.

To help people access private insurance, public programs, and all these new benefits, the ACA requires states to set up Health Benefits Exchanges websites where individuals and small businesses can compare apples to apples and easily enroll in affordable health insurance plans.

In Minnesota, over a million people are expected to enroll through our Exchange, including 300,000 who currently don’t have insurance. According to an independent analysis of exchange plans, families can expect to save $500 to $700 a year on insurance through the Exchange. But not all Exchanges are, or will be, as successful as Minnesota.

Equity and cultural care needs are debated by our legislature, our Governor, and Minnesota’s Health Care Commissioner. Will our Exchange be held accountable to health-improve-
BY BRAD PASS

Happy Birthday!
1st Anniversary of the opening of East Phillips Park Cultural & Community Center!

BY BRAD PASS

A Brief History – In the early 1970’s, the Minneapolis Community Development Agency (MCDA) acquired two blocks: 6.46 Acres of standard housing boundary by the 17th Ave S. and E. 22nd St. The MCDA demolished the housing and in 1977 the Minneapolis Park and Recreation Board (MPRB) acquired the land for use as East Phillips Park. Starting in 1978 and in subsequent years outdoor play-grounds, baseball fields, basketball courts, a playground and wading pool were added. Since its begin-ning, EPIC members had dreamed of creating a community center for the multiethnic and economically challenged neighborhoods of the East Side.

As the years passed, however, hopes faded for what had become known as “The Gold Rush,” an empty landscape of broken bottles, crime and neglect, despite the fact that the surrounding area was home to 7,000 people, 40% of whom were living in poverty. This population density of children continues to be greater than anywhere else in Minneapolis, perhaps even in the State.

Hard Times inspires a Community Center

In 2005, the East Phillips Improvement Cooperation, EPIC, had just come through a very hard time. Poor leadership had demand-ed that EPIC members vote to real-locate all EPIC’s remaining NRP Phase I dollars without allowing the members to weigh in on what to reallocate the money to know where the money would be going. At that point, Annie Young’s loud protest saved the day – a protest that the vote did not take place. However, what did happen was that the rogue board members and executive director secretly pulled 501(c)3 from the IRS, con-fiscated all the contents of our office, including our computer, refused to meet with anyone again, and basically disappeared. Things were in a shambles. Remaining board members and neighbors were demoralized and angry, more so when EPIC’s members found our computer hidden in the closet of the building. The building offered to be sold to the MPRB three months later. When the executive director was finally found, she refused to offer the password, so the MPRB decided to hire a new chair and board members, some of who are current, and other members know which individu-als planned the organization’s demise. Most have left the neigh-
bordhood. Moving on, without time to heal, the remaining board and community members went to work to salvage EPIC, at this point with no staff, office or non-profit status. A saddened but determined group of leaders and neighbors met in the summer of 2005 and began to try to lift their own spirits. People talked about all the kids, all the different ethnic groups and how EPIC members were, then as neighbors proposed programs to solve problems, folks suddenly realized they had nowhere to put any programs, not even meeting rooms or office space for the neighborhood organization. Linda Leonard, an East Phillips resident and EPIC member, had suggested at that July, 2005 EPIC community meeting that those at the meeting come together to imagine what the community could do with a Gym and Community Center in East Phillips Park. At first the con-ception was a simple one – a place for all the different ethnic groups to meet, separately and/or together. Spirits lifted. People got excited and that excitement turned into commitment. Butcher paper was pulled out. The members’ ideas and signatures were written down as a commi-
ment to the future. This dream was born and almost six years and much hard work later, the beauti-ful East Phillips Park Cultural and Community Center stands at 2307 17th Ave S., Mpls., MN.

The creation of the East Phillips Park Cultural & Community Center was one struggle after another from beginning to end. Some of the more notable events follow:

1. Need money

EPIC was able to prevent the takeover of the organization and preserve all $200,000 of NRP Phase I funds in 2005, all the funds the neighborhood had at the time. EPIC membership chose to keep the majority of the neigh-
borhood as volunteers out of their own homes, rather than spend-
ing money on rent, staff, etc. This lasted became, instead, the first dollars in the Center for dollars for everyone, not just for programs. Then the organiza-
tion… a fitting response to what had happened.

2. 2006 Legislative Bonding

• State Rep, Karen Clark, Sen. Lloyd Berglin and Carol Pass, the House lead negotiators, drafted a $3.5 million bonding bill for the East Phillips Park Cultural and Community Center and organized a team to lobby for it. Karri Plowman, Shirley Stone, Bill Ziegler of Little Earth, Justice Rosie and Alfonso Cruz with the Liga Hispana de Beisbol, Norma Renville from the Minneapolis area, Shirley Nordyke from Midtown Phillips and many others assisted with plan-
ing.

• Members from all ethn-
icities of the community came together to lobby the Park Board to submit the bonding bill. Thankfully, Commissioner Annie Young, Mary Merrill Anderson, John Olson, Scott Vreeland, Chairman Nordyke and staff Lonnie Nichols helped us convince the other commissioners to do so. We needed and chose to go so when EPIC members found our

3. The Design Team

• EPIC hired Arthur Himmelman to help with additional fund-
raising, public relations and community education. In his words, “If you want to go Fast, go alone; if you want to go Far, go together.”

• Many members from all eth-
icities of the community came together to lobby the Park Board to submit the bonding bill. Thankfully, Commissioner Annie Young, Mary Merrill Anderson, John Olson, Scott Vreeland, Chairman Nordyke and staff Lonnie Nichols helped us convince the other commissioners to do so. We needed and chose to go so when EPIC members found our

As a result, the Design Team was able to put together a public meeting and offer input.

• The Design Team met, raised funds, hired Dean Dovolis of DIR Architects and in two weeks, with daily meetings, redesigned the building you see today which was created in an overwhelming ethnu-
siastic and ethnically diverse voice vote at the final public meeting.

5. Pollution, the last hit

Beginning excavation revealed significant pollution and the proj-
et incurred a $600,000 remedia-
tion bill. Two options; raise the money or lose the south part of the building. Carol Pass called Rep. Karen Clark, who went to the State of Minnesota and raised $300,000. Brad Pass called upon Hennepin County Commissioner McLaughlin, who found an avail-
able grant. Brad wrote the grant for the Park Board to request $300,000 from Hennepin County. This grant provided the rest of the funds and the problem was solved in two weeks.

6. The Programming Partnership

In order to help defray the cost of programming at the Center and provide the programs and events the community needs and deserves, the East Phillips Park Design Team transformed itself into a Programming Partnership. Most of the same groups have remained involved and new groups, such as the CUHC Clinic and others, have joined. Representatives from partnering agencies and organizations meet every month on the LAST Tuesday at 1:30 at the Center. This is an effort to lower costs and bring more programs to everyone.

It is a new concept and we are trying hard to make it work. Feel free to join the group for lunch, discussion, your input and work on planning.

7. The NEW Minneapolis Park and Recreation Superintendent, Board and Staff

With the hiring of Jayne Miller, the new Superintendent, and her new staff, changes has been a positive sea change in working with the Minneapolis Park System.

Our project would have been easier if personnel change had occurred years sooner, but we are certainly better off and finally ready.

The next project in East Phillips Park is the complete rebuilding of the Park and the construction of an installation of a near full size soccer/lacrosse field which will be
completed by 2012.

As a result, the Design Team met, raised funds and the project in-
In the Heart of the Beast March events

Puppet Labs
Please join us in welcoming our emerging Puppet Lab artists to the main stage with four exciting, brand new puppet performances that have been developing since September. March 2-4

Meet the Artists Workshop after the performances. Free child care from our licensed daycare. "A lotta water run over the dam since then, ain’t they.” So says renowned Rosa Peak, North Carolina fiddler Tommy Jarrell. With themes of the travel of history and transmission of culture, of hardship, resilience and the humor that results, this crude and careful show integrates live traditional music, dance, and storytelling into a puppet show to dig into the depths and life and death. March, different artists perform single nights. For information on cooperation withDirector Masanari Kawahara and Main Stage. Performances are 10am & noon. March 9-11

Ain’t Heard Tell
by Matt Larson and Hannah Ravensburg
“A lotta water run over the dam since then, ain’t they.” So says renowned Rosa Peak, North Carolina fiddler Tommy Jarrell. With themes of the travel of history and transmission of culture, of hardship, resilience and the humor that results, this crude and careful show integrates live traditional music, dance, and storytelling into a puppet show to dig into the depths and dirt of Mr. Jarrell and his story-telling sister Julie—without letting the discipline of the cut-out puppetry grow in your mind. New Native Theatre is a new way of looking at, thinking about, and acting the Native American stories created by playwright, Rhiana Yazzie in 2009, “Want to introduce young-sters to the magic of theatre? You can’t do better than the Red Sky Performance production of Raven Stole the Sun...The production is exemplary.” - NOW Magazine "Breaking Ice company, you’ll think about it, talk about it and remember it long after the performance is over. Isn’t that what you’re looking for when you come to our house?" Masanari Kawahara at large, and love. The entire show is grounded in the eternal cycle of life and death.

New Native Theatre Presents: Raven Stole the Sun


By TRACEY SCOTT WILSON, DIRECTED BY MARION McCLENNON
They say you can never go home again, but African-American attorney Jackson is determined to show his success. When he returns to the mean streets of his youth with his white girlfriend and best friend, he discovers a changing neighborhood where a combustible mixture of race, sex, and class is simmering just below the surface. This piercing dark comedy launches our 20th Anniversary season with a World Premiere co-commissioned with the Guthrie Theater. Starring Hugh Kennedy, Sara Richardson, and Namir Smallwood*BUZZER PRICE SPECIAL: Come anytime for any price. Pay what you want. (Advanced reservations are recommended. At these prices, tickets will go fast! Reserve online or by calling 612.825.0459.) Free Child Care A child care program in the building a sustainable future. And we need your input! Everyone is invited to attend our emerging Puppet Lab artists to the magic of theatre? You can’t do better than the Red Sky Performance production of Raven Stole the Sun...The production is exemplary.” - NOW Magazine "Breaking Ice company, you’ll think about it, talk about it and remember it long after the performance is over. Isn’t that what you’re looking for when you come to our house?" Masanari Kawahara at large, and love. The entire show is grounded in the eternal cycle of life and death.


February 17 - March 18, 2012

The world premiere of BUZZER kicks off our 20th Anniversary Season

BY TRACEY SCOTT WILSON, DIRECTED BY MARION McCLENNON
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New Native Theatre Presents: Raven Stole the Sun


The Pollen Road
by Reed Ellis Aubin
A talking plant detoxes and journeys to find roots and a vanishing language, while a farmer loses ground. Planning has begun for the 2012 MayDay Parade & Festival and we need your input! Everyone is invited to attend our emerging Puppet Lab artists to the magic of theatre? You can’t do better than the Red Sky Performance production of Raven Stole the Sun...The production is exemplary.” - NOW Magazine "Breaking Ice company, you’ll think about it, talk about it and remember it long after the performance is over. Isn’t that what you’re looking for when you come to our house?" Masanari Kawahara at large, and love. The entire show is grounded in the eternal cycle of life and death.

New Native Theatre Presents: Raven Stole the Sun


A dramatic, dance-theatre show integrates live traditional music, dance, and storytelling into a puppet show to dig into the depths and life and death. March, different artists perform single nights. For information on cooperation with Director Masanari Kawahara and Main Stage. Performances are 10am & noon. March 9-11

Ain’t Heard Tell
by Matt Larson and Hannah Ravensburg
“A lotta water run over the dam since then, ain’t they.” So says renowned Rosa Peak, North Carolina fiddler Tommy Jarrell. With themes of the travel of history and transmission of culture, of hardship, resilience and the humor that results, this crude and careful show integrates live traditional music, dance, and storytelling into a puppet show to dig into the depths and dirt of Mr. Jarrell and his story-telling sister Julie—without letting the discipline of the cut-out puppetry grow in your mind. New Native Theatre is a new way of looking at, thinking about, and staging Native American stories created by playwright, Rhiana Yazzie in 2009, “Want to introduce young-sters to the magic of theatre? You can’t do better than the Red Sky Performance production of Raven Stole the Sun...The production is exemplary.” - NOW Magazine "Breaking Ice company, you’ll think about it, talk about it and remember it long after the performance is over. Isn’t that what you’re looking for when you come to our house?" Masanari Kawahara at large, and love. The entire show is grounded in the eternal cycle of life and death.
Get to know Corner Store Vintage

Shoppers are inclined to classify the selection at Corner Store Vintage as “Rockabilly” or “Western,” and upon stepping over the threshold into the West Lake it’s obvious why. There are cowboy boots, bowling shirts, oversized belt buckles, daintily patterned accessories, and leather goods as far as the eye can see—not to mention the soundtrack.

Owner Linda McHale understands the “Rockabilly” categorization. “It’s probably because we do all this leather and boots,” she says, gesturing toward the floor-to-ceiling display in one corner. “But it’s really a big mix—the boots, the jackets, men’s and women’s vintage clothing, and accessories.

A look around reveals just that—while there is a country-meets-rock-'n'-roll theme tying the store together, there’s something for everyone in this shop. There was a time, however, when the shops were less varied.

A Little History

When Linda and her husband, Patrick, opened the Corner Store in 1982, it was primarily devoted to the Electric Fetus and sold exclusively furniture. By the time they moved to Lake Street in 1979, they had made the transition to carrying primarily clothing. The store still displays a bunch of quirky old lamps (one of Linda’s favorites is a lamp with a base that is a rather warped bust of Elvis), but unfortunately they’re not for sale.

While they all fell on the legacy of great vintage clothes and occasional odds and ends, Lyn-Lake evolved around them. “We’ve seen a lot of changes on Lake Street,” notes Linda. “When we were first here it was all car lots.”

What You Will Find

The Corner Store specializes in clothing and accessories from the 1930s-1970s. A few items from the 1980s and 90’s sneak in, but only if they’re particularly delightful and bizarre. There are pieces for people looking to finish costumes, shoppers wanting to add a little vintage to their wardrobe, and diehards that live and breathe vintage.

The Corner Store carries all sizes, which is slightly limited by the size range of the time periods. Women’s clothes in vintage run from 0-14, and generally “Big & Tall” men can’t buy vintage. If the Corner Store doesn’t carry clothing in your size, they definitely make up for it with their collection of accessories.

Most notable items: In general, the vintage motorcycle jackets have higher value than anything else that Linda buys and sells. What you won’t find: Vintage platform shoes. Platform shoes were glued together and generally cheap—it’s unlikely you’ll find them anywhere— in one piece, anyway. What sells most: Among the top sellers, shoppers leave with a lot of cowboy boots (Linda adds, “People come in here and go, ‘are those new boots?’ because sometimes they can’t tell”) and jewelry. A denim specialty: “We sell Levi’s—new or used, but focus on vintage.” Linda says a lot of guys really like to come here to buy Levi’s because they can come in, be here five minutes, find a pair of jeans, and be gone.”

Linda’s philosophy is that when he was in Japan and wanted to visit. He came here and hung out for a whole afternoon and bought a ton of stuff,” Linda recalls. “It was a busy Saturday—there were a lot of people in here, and everybody kind of knew who he was, but no one approached him.”

Better yet, he still gives the Corner Store his business. “We still deal with him,” Linda says. “We send him packages all the time; it’s very cool.”

Talk about a great endorsement.

Go Shopping

Corner Store Vintage is open and ready for you to buy or sell vintage seven days a week. Monday – Friday 11:00 a.m.-7:00 p.m. Saturday 11:00 a.m.-6:00 p.m. Sunday 12:00-5:00 p.m.

Corner Store Vintage 980 West Lake Street 612-823-1270

Picky, Picky

Linda has a reputation for carrying only the finest goods in the store. She says, “I’m super picky. I veto so much stuff that comes through the door that ends up in other stores. That’s how I’ve always been.”

Her philosophy is if a customer is going to spend time and money searching for a perfect piece (or two, or ten), there’s no reason to walk out the door carrying something with a stain. “I clean, wash, and iron everything that comes in. Everything else goes to the dry cleaner’s. People really like the fact that they can actually put something on and wear it that night.”

Famous Friends

A lot of musicians that come through the shop have gone to a trend Linda has seen in her store across genres and generations. In fact, they have built a relationship with some return customers.

A couple of years ago when he was coming to town to play at the Target Center, Eric Clapton clapped Corner Store Vintage—from inspired idea. She is a responsible and valuable business owner and business community member.

Volunteers of America, Community Investment and Leadership through Education and Workforce Programs

The Residential Reentry Center on Lake Street offers individuals completing correctional programs an opportunity to restore community ties, obtain employment, and avoid further involvement in the criminal justice system. Programs like sidewalk and streetscape maintenance give back, as well as for the community twofold.

Harriet Brewing, Creative Innovation

Proud of humble beginnings out of a garage, the brewery was born from and continues to thrive in the energy and support of its community. Between their art gallery, tours, tastings, and upcoming expansion, Harriet Brewing has kicked the small brewery trend up a notch.

Visit The Alley online! www.alleynews.org

Even hipper, you can follow us on Twitter: @alleynewspaper

Announcing Our Annual Award Winners

Right On Lake Street

Have you purchased your advance tickets for our Annual Members Meeting yet? Join us on March 13 for a board slate presentation, our annual awards to vital Lake Street businesses and community members, and to see guest speaker Gregory Stubbs.

Date and Time: March 13, 11:00 a.m.-1:00 p.m.
Location: Safari Restaurant, 3010 4th Ave S
Tickets: $15 in advance | $20 at the door | Register Here More Info: Visit lakestreetcouncil.org

2012 Annual Award Winners:

Shari Albers, Community Investment and Leadership
Shari’s research and photo identification for the Museum in the Streets™. Lake Street project was invaluable. Without the volunteer hours she poured into this project, Lake Street Council would not be preparing for installation at this time.

Regla de Oro, Successful Entrepreneur
Owner Jessica Smith demonstrates how organized planning and a spirit of adventure can create a successful business from an
Dorothy introduced the subject by saying,

“We all can be more... Like a caterpillar in a cocoon, you could grow wings. And when you’re ready and your wings are strong – you can soar to great heights!”

-Dorothy Cotton

Dorothy Cotton's bravery, insight and steadfastness have been invaluable to the Movement. - Dr. Martin Luther King, Jr. Southern Christian Leadership Conference 1967

The Sorcerer’s Apprentice at the Open Eye Figure Theatre

As a warm-up to the Fair, earlier in the week, on March 6, 6:30 p.m., Bob Buck of Black Brothers Construction will present "When should I contact a contractor?" at the East Lake library, 2727 East Lake Street, for homeowners who want to make changes but are not sure where to begin, or those thinking of tackling a DIY project. Learn how the pieces of the construction puzzle fit together, and how to work with today’s professionals to stretch dollars.

EPCCC page 8 also accommodate two half sized (Soccer 6/youth lacrosse) fields. The soccer field will be constructed using artificial turf and allow practiced playing time while re-growing grass. Construction will start in July after the very large natural gas pipeline which bisects the field is replaced by Centerpoint Energy. The center is now in full operation. There are many of the workshops for programs. The hope is to ask so that the goal of serving the needs of all age and ethnic groups is met. It is a work-in-progress, and, while still imperfect, the will of the group is strong and all realize that working toward such an ideal goal is never finished and must always continue to grow and be maintained.

Check out the new East Phillips Park Cultural and Community Center – Winter hours are: Monday through Friday 3:00 PM to 9:00 PM Saturday 9:00 AM to 6:00 PM Sunday 12 Noon to 4:00 PM Phone 612-370-4888

Bend in the River

Claudia Schmidt in Concert at Open Eye Theatre with Dean Magraw and Marc Anderson. Hailing from Michigan, Claudia Schmidt has traversed North America and Europe for nearly four decades playing venues ranging from intimate clubs to nearly four decades playing venues ranging from intimate clubs to nearly six decades playing venues ranging from intimate clubs to nearly four decades playing venues ranging from intimate clubs to nearly four decades playing venues ranging from intimate clubs to nearly four decades playing venues ranging from intimate clubs to nearly four decades playing venues ranging from intimate clubs to nearly four decades playing venues ranging from intimate clubs to nearly four decades playing venues ranging from intimate clubs to nearly four decades playing venues ranging from intimate clubs to nearly four decades playing venues ranging from intimate clubs to nearly four decades playing venues ranging from intimate clubs to nearly four decades playing venues ranging from intimate clubs to nearly four decades playing venues ranging from intimate 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Music and silence combine strongly because music is done with silence, and silence is full of music.

“SEVEN”

BY PAULA CEZAR, CATHERINE FILLIOUX, GAIL KRIGEL, CAROL K. MACK, RUTH MARGRAFF, ANNA DEVEARE SMITH AND SUSAN YANKOWITZ

Chain Reaction Theatre Project (CRTP) is bringing to St. Paul’s Lutheran Church the powerful, documentary play “SEVEN,” directed by Shelley Smith. In this inspirational and compelling play, the stories of seven courageous and diverse women are brought to life, portraying their tireless work to bring about major change in their individual home countries. In the seven interwoven stories, each woman bravely combats oppression, thus inspiring hope and reaffirming the belief that one person can indeed make a difference.

For this performance of “SEVEN”, CRTP will partner with Las Mujeres de la Palabra, driving home the point that what happens abroad happens in our own backyard. (One of the women in the play fights poverty in Guatemala.) CRTP believes audiences will feel inspired from these stories to act in some way, either large or small. Representatives from Las de la Palabra will be available, giving the audience an opportunity to act on their inspiration by asking questions or obtaining information/resources in a safe and welcoming environment.

The play runs about 65 minutes. There will be a short talkback session, following the performance, with the actresses, director and a representative from Las Mujeres de la Palabra and facilitated by former Washington Post journalist, Don Brazeal. Due to difficult subject material, this play may not be suitable for some children. Parental discretion is advised. Please email admin@chainreactiontp.com.

For more information about this production or CRTP, please visit www.chainreactiontp.com.

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“SEVEN” is the world’s most famous mime and creator of Bip, the white-faced clown.)

SPORTSTALK

BY RAYMOND JACKSON AND DEXTER JACKSON

It is with great love and respect that we once again make the announcement, made three years ago, only by The Alley’s sports prognosticators; that the next Minnesota Professional National Sports Champions, would be the old man Brett Favre led Vikings; nor would it be the Kevin Garnettless Timberwolves’ nor would it be the NEW STADIUM brings champions, minded Twins; or the simply Tune Wild. No, as we stated, and the only sports team to state such; it would be, and did become, The WNBA Team, our Minnesota Lynx. Congratulations to each and every one of you, and big thanks for keeping The Alley newspaper on your appreciation list. Right now the sports scene is somewhat lull, but there are some very tantalizing sports possibilities on the horizon. The one that hugely excites us is the emergence of our Minnesota Timberwolves. They have something that they have never had before and that being an experienced and down to earth Coach. Our next prognostication is as follows: The Timberwolves will make the playoffs this season as the number 7 or 8 seed in the Western Conference, but go down to defeat in the first round against whoever they play, and returning to The Timberwolves as a result, partially of the showing, will be number 21, Mr. Kevin Garnett. He has given his much deserved championship ring with Boston, and we believe he would like nothing else than to retire a Timberwolf. ’Til next time, keep your eyes and ears peeled for our thoughts.

Midtown Phillips Neighborhood Association annual meeting

Midtown Phillips had some amazing triumphs this past year: We hosted the first Midtown Phillips Festival, received the city’s approval for our NRP Phase Two Plan and completed the first phase of the new CEPRO site park, which will blossom for the first time this spring thanks to the diligent work of members from around our community. This year, we plan to grow our involvement in the community and add to these amazing new projects. I am honored that I have been chosen to serve on a long list of projects to move forward with humble integrity, hand in hand with my fellow neighbors, to put the best interests of the Midtown Phillips neighborhood first.

I welcome all ideas, input and involvement from my neighbors. Feel free to call or email anytime at 612-419-3915 or faroutfilm@gmail.com.

On February 22 friends and neighbors gathered at Anderson School for the Midtown Phillips Neighborhood Association’s annual meeting. The evening started with a delicious meal from Open Arms and Holy Land Deli. A discussion of neighborhood business followed. Elections came next – there were two open board seats in addition to the one-year presidential term, which needed to be filled after Todd Rasmusen had to step down because of a new job. The positions were filled by Jana Metge and Kelly Wilder. I was elected president for the upcoming year (I’ve been on the board for a year and a half), and I cannot wait to get to work building a better community for us all. I’m most passionate about making our neighborhood all it can be, especially for future generations like my two-year-old daughter, Helena, and all of the other little youngsters running around.

Extremely Loud & Incredibly Close 2011

Cast: Tom Hanks (Thomas Schell), Sandra Bullock (Linda Schell), Zoe Caldwell (Oskar’s Mother), Max von Sydow (The Renter), Stephen Henderson (Walt the Locksmith), Viola Davis (Abby Black), Jeffrey Wright (William Black), Hazelle Goodman (Doris Black), Jim Norton (Old Mr. Black), Ryka Oottaviso (Maris Black), Carmen M. Herlihy (Dennis Black), Adrian Martinez (Hector Black), Gregory Korostishewsky, (Boris Black), Marco Verna (E.S. Black). (PG-13) Running time:129 minutes.

Director: Stephen Daldry.

The title of this movie “Extremely Loud & Incredibly Close” is probably the most insidi-
ous title for a movie in 2011. Full of emotion—without being mawkish—full story—without resorting to soap opera—Stephen Daldry’s “Extremely Loud & Incredibly Close” tells a story through a boy’s eyes of tragedy, turmoil and redemption. Thomas Schell (Tom Hanks) and his son, Oskar Schell (Thomas Horn) share their interests in science until Oskar’s father meets fate in the Twin Towers on 9/11, turning Oskar’s life into a tangle of emo-
tions. To maintain a better link to Oskar’s emotional roller coaster, many flashbacks of Oskar and his dad in heart warming sequences set the tone for an impressive performance by the nine-year old Thomas Horn. Thomas Horn was a contestant on the television show “Jeopardy”, which he won.

After his father’s death, Oskar finds a key in a box in his dad’s closet with a note “Black” writ-
ten on it. This mysterious key and note inspires him to visit every person (In New York, mind you) with the same name “Black”. After contacting numerous persons with the surname “Black”, he finds Abby Black (Viola Davis) in the midst of a martial breakup, some-
thing the nine-year-old doesn’t understand. Viola Davis and Jeffrey Wright (William Black, the soon to be ex-husband) are crucial (much later) to the movie. The boy deserves much credit for traveling from borough to borough to bou-
tch in order to find a clear clue to his dead father’s key and note.

The movie is about grief and healing. The 9/11 tragedy is mere-
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tor puts his audience in a mood of what actually does happen with some people, especially children, after the loss of a loved one or close friend.

Corrections for Howard’s Movie Corner from the February 2012 Vol 37 issue: Number 6 read George King in parentheses when the correct name is George Cluoney. Number 8. "The Artist", the correct director is Michael Hazanavicius. Number 9. "The Ides of March," the correct direc-
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How rich we are in so much that we get for free. Good for us! Enjoy Summer! —Maryl Streep

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Let the Sun Shine In!
The Midtown Greenway Coalition fights excessive shadowing of the Greenway

By Soren Jensen, MGC ExeCuTive Director

The Midtown Greenway is one of the busiest bikeways in the Twin Cities. Developers are clamoring to build along the Greenway. The Coalition enthusiastically supports such development, which is good for the corridor and good for Minneapolis. However, we believe that developers shouldn’t kill the proverbial goose that laid the golden egg. Buildings along the Greenway should protect and enhance the Greenway, not harm it. This is especially true of buildings along the south side of the Greenway, where tall buildings have the potential to shadow the Greenway like a harmful one (right). Both show fully designed building (left) and poorly designed building (center).

Numerous City-approved plans support this vision. The Midtown Greenway Land Use and Development Plan, the Uptown Small Area Plan, and the Lyn-
Lake Small Area Plan all state that new buildings along the south side of the Midtown Greenway should be stepped back to minimize harm to the Greenway by increasing solar access.

The illustrations below show the difference between a thoughtfully designed building (left) and a harmful one (right). Both show the same time of day and year, and have the same floor-area ratio. However, the left-side building is deliberately designed to allow the sun to reach the Greenway most days of the year, while the right-side building casts long shadows for months out of the year.

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Tough Love & Anarchists

Just south of Lake Street and just west of Chicago Avenue, there appears to be a significant block of resistance to the home foreclosure crisis. Bobby Hull, Vietnam vet and long worker, will not be moved. Quite right: face death, pay taxes, the Man, have your home equity stripped, bail out the banksters, and then face eviction. The Occupy Movement is now mobilizing to defend the Hull family.

Yes, folks, the Occupy forces have retreated from the downtown “People’s Place”, but they continue, continuously, are active on many fronts, and will reclaim territory come spring.

Blustery late afternoon, February 17th…

A celebratory street festival was under way in front of the Hull residence — such a fine sequence of Hip Hop artists and speakers it was. Excellent work, but here is the catch: In no small sequence of Hip Hop artists and speakers it was. Excellent work, but here is the catch: In no small measure the event must be credited to an evolving socialist society upon a fragile planet.

Nevertheless, our Anarchist youth have demonstrated a cultural achievement of lasting significance. However, the question remains: Are they true revolutionaries?

Visit The Alley online! www.alleynews.org

See page 12

American Swedish Institute To Unveil New Building

Carl and Leslie Nelson Cultural Center will open its doors to the public on Sat., June 30 And to be Dedicated by the King and Queen of Sweden on October 6th

The official grand opening for Minneapolis’ newest landmark, the Carl and Leslie Nelson Cultural Center will be June 30th. The opening of the ASI’s long-anticipated addition positions the museum squarely as a significant cultural center for the region, a place to experience the remarkable — and unexpected — in Nordic arts, music and culture.

All are welcome to celebrate the opening of the 34,000 square foot Nelson Cultural Center at the all-day festival. The party will feature the first public looks at the new building and outdoor spaces, special international musical guests, craft demonstrations, family activities, an exhibit by world-renowned tapestry artist Helena Hemmarck, and more.

The Nelson Cultural Center connects old and new worlds with the American Swedish Institute’s historic castle-like 1908 Turnblad Mansion, increasing space for artful, cultural, and community programming in the city; as well as for expansion of contemporary programs such as new immi-

Other features of the Nelson Cultural Center include:

• New museum shop space
• Expanded café
• Flexible event space seating of 325 for a lecture or concert; 225 for dinner
• New galleries for traveling and local exhibits

The Nelson Cultural Center is located just west of Chicago Avenue, there appears to be a significant block of resistance to the home foreclosure crisis. Bobby Hull, Vietnam vet and long worker, will not be moved. Quite right: face death, pay taxes, the Man, have your home equity stripped, bail out the banksters, and then face eviction. The Occupy Movement is now mobilizing to defend the Hull family.

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Even hipper, you can follow us on Twitter: @alleynewspaper

Peter Molenaar

Raise Your Voice
Backyard Initiative Update

BY JANICE BARBE, CULTURAL WELLNESS CENTER

Citizen Health Action Teams

14 Citizen Health Action Teams (CHATs) have been working just a few months, some for a month or two, and some over a year. 140 BYI residents have participated in a CHAT.

The BYI is one square mile area around the Midtown Exchange. Residents of those seven neighborhoods have been supported by the Cultural Wellness Center to develop and implement their ideas since December, 2008. Allina Health (recently changed from Allina Hospitals and Clinics) has contributed funds for this project, with additional support from Twin Cities LISC (Local Initiatives Support Corporation).

CHAT projects demonstrate the creativity, boldness, knowledge, energy, and commitment of community residents. Here is a quick, alphabetical summary of the work of seven CHATs: 7 more next month.

1. Anchor Families CHAT: established two “Anchor Families,” one in Central Neighborhood and one in Powderhorn Neighborhood.

   • who take responsibility for supporting and organizing people on their block.
   • visited one-on-one with neighbors.
   • organized children’s activities, supported people who have experienced a major tragedy.
   • referred people to community resources.
   • created a fellowship program for the teams of CHAT members.
   • helped neighbors to get to know each other.

   Neighbors have increased involvement on their block and are volunteering at neighborhood events. Some have reported having more understanding of different cultures and feeling a greater sense of safety.

2. A Partnership of Diabetics (A-POD) CHAT:

   • providing sustainable, community-based support, strategies, planning and tools to assist members of the community in diabetes self-management.

   Strategies to successful self-management of diabetes involved people so that we may lift up their children, personally keep them safe and help other people’s children, too. Stories of youth who are meeting with great success in school or contributing to their community with wonderful art. These stories of friends, neighbors and family members demonstrate the valuable contributions to the wellness of another person, family or entire block.

   Simply each and every one of us knows at least one person, one story that deserves to be told. Let’s tell each other those stories to both pay tribute to that person but also to this community of people so that we may lift up the efforts to contribute to the wellness of our community. The Alley Newspaper appears monthly so that is only 12 issues a year. Certainly, we should have no problem finding that number of stories times ten! But, we had better get busy because there are so many stories to be told.

   You can email your story of 500 or less words to editor@alleynews.org or you can mail it to 1500 households in the Backyard Initiative is excited to announce a new, monthly column beginning next month on this back page of The Alley Newspaper. Every month, we hope to inspire readers of this paper by offering at least one story to be featured on the back page of The Alley Newspaper. The Communications CHAT of BYI see page 2

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Wit in Wood:

Nordic Figure Carving
January 20-May 27, 2012
Pippi Longstocking: A Girl Made Out Of Words
February 11 - June 3, 2012
Pippi Longstocking has come to be like a living person. Astrid Lindgren’s fantastic stories have been enjoyed by generations of children and the films and songs give her even more dimension. All this began with a story. The exhibit, “Pippi Longstocking: A Girl Made Out Of Words,” explores how great authorship blossoms forth into something that surpasses words on a page. In the exhibit, learn about Lindgren’s own childhood inspiration for her stories, and the characters who have followed in Pippi’s tracks. This exhibit coincides with “Pippi Longstocking,” showing at the Children’s Theater Company from April 24 to June 10, 2012. The Enduring Designs of Josef Frank
March 17 – July 8, 2012 “The Enduring Designs of Josef Frank” combines the textile and furnishing designs of Austrian-born (1885–1967) designer and architect who continues to be celebrated as a leading pioneer of Swedish Modern design. The rise of Nazism in Vienna and the city’s economic depression, prompted Frank (who was Jewish) and his Swedish wife to move to Stockholm in 1933. After the German occupation of Denmark and Norway in 1940, the Franks moved to New York City, where Frank created his most innovative and substantial set of textile designs. After the war, the Franks returned to Stockholm where he produced further new furniture designs.

October 6 Swedish Royalty will Dedicate ASI's New Nelson Cultural Center

Royal Visit also marks 150th Anniversary of Gustavus Adolphus College

ASI expansion

• Large studio and crafts workshop
• Expanded spaces for meetings, events and community gatherings

The Nelson Cultural Center also includes an educational partnership with Gustavus Adolphus College, located in St. Peter, Minn. The College has an office suite in the Center giving Gustavus a presence in the Twin Cities area for outreach to alumni and prospective students, and for educational programming. Revolutions to the 1908 Turnblad Mansion, which added a community hall, library, class-rooms and a new elevator-stairway circulation tower, were completed in November 2011.

The American Swedish Institute, founded in 1929, is a vibrant arts and culture organization and historic home located on 26th and Park Avenue with Columbia endowed Phillips Community, near the Midtown Greenway, Lake Street, the Midtown Exchange and Global Market, Ingebretsen’s Mantis Foods, and Gifts, Mindekirken Norwegian Memorial Lutheran Church, and downtown Minneapolis. The ASI serves as a gathering place for people to share stories and experiences around universal themes of tradition, migration, craft and the arts, all informed by enduring ties to Sweden. For more, visit

http://www.asimn.org

“Amem Corner” February Mardi Gras At Peavey Park’s Touchstone Plaza dba “Amem Corner” Community activists and residents who have been reclaiming all of Peavey Park with gatherings at the vibrantly mosaic colored northeast corner called Touchstone Plaza went indoors at the Phillips Community Center on 13th Ave. to celebrate our spring-like weather with a northern Mardi Gras and Black History Month. Each month during the cold weather times, Amem Corner maintains its group cohesiveness by scheduling an event featuring great home-cooked food and fabulous local talent, including poetry readings, hip hop and rap songs, dramatic presenta-

ions by elders and some outrageous Lady Gaga-type dressed-up dancing. Raymond Jackson & grandsons Maurice and Charlie Sims sing “Brothers and Sisters, We have Unity in the Community” Watch for March events

If you want to have change, of course, the bottom line is that the folk for whom the change is meant must be involved in it.- Dorothy Cotton, Civil Rights activist, author

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