 THANK YOU!

There would be NO Alley Newspaper without our regular *PAID (full or partial) PAGE CONTRIBUTORS:

• The Backyard Initiative: page 8
• Ventura Village Neighborhood Organization: page 5
• East Phillips Improvement Coalition: page 4
• Midtown Phillips Neighborhood Improvement Association: page 4
• Phillips West Neighborhood Organization: page 2
• Friends of the Cemetery: usually on page 3

AND our regular, monthly advertisers featured below.

Please join in saying Thank YOU to all of them!

*Contact us if you would like to consider becoming a Paid Page Contributor or Advertiser.
The Alley Communications, a 501C-3, Not-for-Profit Corp. publish the Monthly Alley Communication. Donations are needed, well come, and Tax Deductible.

Volunteers who had a part in making this issue: Robert Albey, East Phillips Improvement Coalition, Susan Gust, Linnea Hayward, Hennepin County Franklin Library and Staff, Hennepin County Traffic, Sue Hunter Weir, Midtown Greenway, Midtown Phillips Neighborhood Association, Minneapolis Swims, Peter Molenaar, Dave Moore, Maggie Moran, Brad Pass, Carol Pass, Phillips 50+ Wellness, Philosophy of Practice, Julie Roles, Sunny Sevigny, Crystal Trautnaul Windschilt, John Charles Wilson.

Delivery: To every Phillips community residence by Sara Nelson Delivery; to 170 businesses, places of worship and institutions in Phillips and adjacent neighborhoods by Peter Molenaar.

Board of Directors: Cathy Strobel-Aye, President; Sue Hunter Weir; Leon Oman, Treasurer.

Monthly Alley Communication Board Meetings: 6:30 PM 3rd Wed. Call for Location.

Letters and e-mails to Alley Communications and/or its Editor become the property of Alley Communications dba The Alley Newspaper and may be chosen for publication.

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Co-Editor & Designer: Jonathan Miller jmiller@alleynews.org, Robert Albey, Venture Village News Editor, Brad Pass Elish Phillips Editor, Sunny Sevigny, Midtown Phillips News Editor; Susan Ann Gust, BTI Advertisement: ads@alleynews.org 612-990-4022

“Let me make the newspaper and I care not who makes the religion and the laws.” – Wendell Phillips

The Alley Newspaper has...

• Published 100 “Spirit of Phillips” cartoons by Dave Moore and Linnea Hadaway bringing quotations of Wendell Phillips forward from 1811-1884.

• Published 151 Tales from Pioneers and Soldiers Cemetery by Sue Hunter Weir.

• Published “Searching”, a Nouvelle by Patrick Cabello Hansel with one Chapter each month for 30 months.


• Distributed “Phoenix of Phillips,” Literature and Art from Semilla Center for the Arts and Healing for three years.

“Would you attempt if you knew you couldn’t fail?” – Josh Tetrick, CEO of Hampton Creek, a food (just MAYO) startup company.

Phinney Library will be closed on Saturday, November 11th for Veteran’s Day and Thursday, November 23rd for Thanksgiving Day.

Benefit of Tai Chi may include:

• Improved heart function
• Increased energy and stamina
• Improved stress management
• Improved muscle strength
• Mental calm and clarity
• Better balance and flexibility to prevent falls

Join us for six Tai Chi sessions: Tuesdays from 5:30 to 6:30 PM from November 7 through December 12 at Ebenezer Tower, 2523 Portland Ave. S., Minneapolis, MN 55404. These sessions are open to the public but non-Ebenezer residents please contact Donna Nordlin at 612-543-6925 or donnor@wellshare.org to let us know you are joining.

Our leader is Richard Johnson, a Tai Chi master with experience working with people at all levels of fitness. Richard also teaches Tai Chi in churches, health clubs and at Lifetime Fitness. Phillips Wellness 50+ is an initiative to increase health and well-being, by and for people in the Phillips neighborhood.
The Roof Depot Site

What do we want? A Change for the Better or More of the Same?
Come to a Community Meeting to express your thoughts and help us seek a positive and healthy future!

Thursday, Nov. 30th Mtg. at EPCCC 6:30 PM

The Alley Newspaper is Bound for the Future:

The Alley Newspaper is figuratively Bound for the Future: lifting every voice,
• agitating for change,
• advocating on issues,
• documenting history,
• connecting neighbors,
• facilitating deliberation, promoting art and culture.
• Community owned, volunteer driven,
• 501 C-3 Charitable non-profit,
• FREE!

The Alley Newspaper is literally Bound for the Future with all 42 years of monthly issues available online (in 2018) and bound into hard-cover volumes at Hennepin County’s Franklin and Central Libraries.

EPNI and Community Members are in communication with City Council members, the Mayor and other City Department heads for their support for this critical Environmental Justice and Jobs project.
Come to the Community Meeting and see the Community Plan and the City Plan. What do you think?
Thursday, November 30th at 6:30 PM at the East Phillips Park Cultural & Community Center located at 2307 17th Ave. S, Minneapolis, MN 55404.
Carol Pass, EPIC Board President
Phillips Clean Sweep
Another HUGE Success!

Over eight hundred neighborhood folks walked all four Phillips’ neighborhoods and collected 40,000 pounds of trash and metal, 31 appliances & TVs and 54 tires on the second Saturday of Oct. An amazing achievement!

So, a Big THANKS to All!

The reward for this herculean effort was a free breakfast, free cleaning stuff, a free T-Shirt, free Pumpkins at Welna Hardware, free lunch, entertainment & neighborhood information tables at Stewart Park, AND walking the ‘hood with friends and neighbors while making a better and cleaner place for us all.

Phillips Clean Sweep is an annual all volunteer effort of all four Phillips Neighborhoods and Little Earth. The budget is close to $10,000 and is raised by small & large contributions from donors like you, all of whom are recognized on the back of the 400 Clean Sweep T-shirts given away each year.

Save October 13th, 2018 for next year’s Phillips Clean Sweep
Watch for the upcoming youth T-shirt Design Competition

Largest Breakfast Crowd Ever at Welna Hardware!

For your Calendar: *

ROOF DEPOT Community Meeting  Wednesday, Nov. 15th at 6:30 PM
At the East Phillips Park Cultural & Community Center, 2307 17th Ave. S., Mpls., 55404

EPIC Board of Directors - FIRST Saturday of the month - 11/4/17 & 12/2/17 at 10:00 AM
Board Meetings are at 2433 Bloomington Ave. S.


East Phillips Park Programming Partnership - LAST Tuesday – 11/28/17 & 1/30/18 at 11:30 AM
Lunch is served. There is no December meeting. Meetings are at the Community Center.

Meeting Location: All the above meetings and events are held at the East Phillips Park Cultural & Community Center located at 2307 17th Ave. S. Except EPIC Board

East Phillips Community 17th Ave. Gardeners - SECOND Saturday during the gardening season, normally from April through September. Next meetings are Next Year Saturday, 4/14/2018 & 5/12/2018 at 9:00 AM in the Community Center at 2307 17th Ave. S. Subsequent meetings will be held in the Garden.

* East Phillips Residents wanting a 2018 Garden Plot, contact Brad Pass at 612-916-8478

The EPIC Report – November 2017
www.eastphillips-epic.com

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MASHKIIKII GITIGAN (24th Street Farm) Continues To Play A Significant Role in Phillips Community Wellness Efforts

Created in 2013 to help address community wellness and food justice issues, Mashkiikii Gitigan (Ojibwe for “medicine garden”) transformed a contaminated vacant lot owned by the Indian Health Board, into a robust community garden and gathering space. Residents and members of several community organizations created the “24th Street Urban Farm Coalition, to “create and nurture the culture and practice of local organic food production, healthy eating, healthy living and related activities along Phillips 24th Street Wellness Corridor and throughout the Phillips Community.”

Mashkiikii Gitigan’s role is to incorporate Native American values and cultural practices in their “farming, land stewardship and seed-keeping.” Four years later, classes and training sessions continue and new partnerships were established. Funding from Ventura Village, Pillsbury United Communities, Blue Cross/Blue Shield, Lakewood, Wedge and Seward Food Co-ops, have allowed staff and volunteers to produce and sell food for low-income families through the Four Sisters Market (and grant) and continue to address food justice issues through its classes and hands-on trainings.

Waite House recently hosted the Annual Harvest Feast in its upstairs dining room with Chef Austin Bartold leading the volunteer culinary crew. More than thirty residents attended.

Hoop houses located off 14th Avenue and 24th Street afforded the opportunity to start growing earlier in the season. Staff and residents were especially appreciative of White Earth’s Michael Norcross, an Anishinabe drum-maker from Natives Against Heroin who led efforts to prevent drug uses from using the hoop houses and garden land as injection sites, a problem the previous year. Addressing this issue also lends credibility that these wellness efforts also help reduce crime and mitigate livability issues.

Additional available land along Chicago Avenue across from Hope Academy has allowed the staff and volunteers to balance both efforts to produce and sell food for low-income families and continue providing food justice educational class sessions and community awareness gatherings.

In 2018, up to five community members will be invited to start their own personal 10’ x 10’ personal garden plots. With support from Seward Co-op, resident “medicine-makers” will use their herbalism experience and skills to develop and market hydrosols (flower waters produced by distilling fresh leaves, fruits, flowers and plant materials similar to essential oils). With guidance from Michele Manske, the Farm Manager and Waite House’s Emily Lund, Mashkiikii’s Meil Dragun, intern Natalia Stimac received Cottage-Industry-certification.

Now they can collaborate with the City of Minneapolis to teach classes such as canning and food preservation, yet maintain current efforts to produce value-added products on available land sites.

One exciting project last summer brought the City’s lead-testing mobile van (Leaddy Eddy) to provide walk-up services to resident parents seeking to have children tested on-the-spot for lead poisoning. Participating parents whose homes were tested for lead also received food boxes with vegetables that help mitigate lead poisoning. This program was coordinated by the City’s Lead abatement coordinator, Lisa Smeastad, and Jim Doten who conducts soil research related to lead contaminated land. — Meil Dragun & Robert Albee

UPCOMING VENTURA VILLAGE ELECTIONS

As 2017 ends, Ventura Village’s elected board members must decide to run again if their terms are completed, or help recruit new faces and new blood to our beloved neighborhood. Others whose strong minds and spirit are needed as more of us move on in our lives as we age. Being part of Ventura Village’s Board of Directors does not take extraordinary time commitments, but turning ideas into actions does take a greater commitment. Four seats are elected/re-elected for 2018.

Ventura Village’s Board of Directors Elections will be held in December with selection of the Chair, Vice-Chair, Secretary & Treasurer in January, 2018. Reach out and recruit new friends and neighbors to Ventura Village and bring ‘em aboard to make more exciting change happen! Nominations must be made at least two weeks prior to the December 13th General Membership Meeting, so you must submit your name or nomination by leaving a voice message at 612.874.9070. Make sure to include the date and time of your call.
**“American Made”**

**American Made** (2017)

Action/ Biography/ Crime / Thriller/Comedy by Universal Pictures


In “American Made” Mr. Cruise, plays Barry Seal, a real-life TWA pilot who is “bored” with his career and goes completely in the other direction by becoming a cocaine smuggler for the C.I.A. Seal’s drastic career change seems unreal for several reasons what the movie generally ignores. Almost immediately Seal is known as “El Gordo” (the “Fat Man”), a name he may have acquired while taking loads of cocaine into Nicaragua, Panama, Guatemala or Columbia, or combination of these countries. But before I go on, Seal gets the “right idea” of becoming a cocaine dealer from a shady C.I.A. runner for cocaine to support his family where he thinks he’ll be less likely to be detected by law authorities. Just the fact Seal has relocated to Mena has some near misses on takeoff as he barely misses the trees. Barry Seals not only acts as a rogue he rather enjoys it. Even after being jailed briefly he never learns his lesson putting his wife Lucy Seals (Sarah Wright) and kid in jeopardy.

Moving to Mena, Arkansas, with his family where he thinks he’ll be less likely to be detected by law authorities. Just the fact Seal has relocated to Mena has implications in real-life, a bundle of rumors that cocaine in the 1980s (which is the period the film is covering) went through Mena while Bill Clinton is governor.

But like so many other films about criminals—how can one criminal be trusted by another, even by a stupid move by greedy amateurs that doom the sordid endeavors altogether?

**Cast:**
- Tom Cruise (Barry Seal), Domhnail Gleeson (Monty Schafer), Sarah Wright (Lucy Seal), Caleb Landry Jones (J.J.). Running time: 115 minutes. Languages: Spanish and English. Director: Doug Liman.

The movie never alludes to is the devastating effects the cocaine has on black communities—in particular—back in the U.S.

**Howard McQuitter II**  
moviecornerrecio@gmail.com

Drawing done by Harry Wild Jones nationally famous, church Architect

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**A Jones Sanctuary Masterpiece – Messiah’s Church – Boarded and Unheated?**

**By Harvey Winje**

On October 10, Minneapolis’ Heritage Preservation Commission voted unanimously to designate Messiah Lutheran Church. Their findings indicate that the church met at least three of the six criteria designated for landmark status. Those criteria are: 1). its association with distinctive elements of the city and neighborhood’s identity (i.e., immigration), 2). its distinctive architecture and 3). its association with Harry Wild Jones, a master architect.

During the hearing Pastor Louise Britts announced that the congregation has served notice to their two current congregational tenants that they will have to vacate by the beginning of November, that the church will be deconsecrated, and boarded on November 5th, and that the church will not maintain the property going forward.

The designation study for the church is online at: [www.ci.minneapolis.mn.us/www/groups/public/i/ecped/documents/webcontent/wcmpm-204184.pdf](http://www.ci.minneapolis.mn.us/www/groups/public/i/ecped/documents/webcontent/wcmpm-204184.pdf)

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**About Antoine ‘Fats’ Domino: “A lot of people seem to think I started this business. But Rock ‘n’ Roll was here a long time before I came along. Let’s face it: I can’t sing it like Fats Domino can. I know that,” — said by Elvis Presley in 1957. Fats Domino died Tuesday October 24th at home in Harvey, Louisiana at age 89.**

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**The Alley Newspaper has...**

- **PUBLISHED SPECIAL FEATURES INCLUDING:**
  - American Indian Movement Interpretive Center’s foray into international cultural expose’ and marketing of White Earth Wild Rice in France: May & June 2017. Page Special Sections.
  - Tributes in the last two years to Martin Sabo, Jim Northrup, Helen Peterson, Corrine Zala and others.
  - Thunder Before the Storm front page to announce the release of Clyde Bellecourt’s Autobiography in 2016.
  - Tribute of Vernon Bellecourt in Dec 2007 by Laura Waterman Wittstock
  - Two months of Front Page covering the dilemma of offensive paintings at the State Capitol in 2016.
Einstein’s theory of Happiness “A calm and modest life brings more happiness than the pursuit of success combined with constant restlessness.” – Albert Einstein’s handwritten note to a Bellboy in Japan in 1922 in lieu of a tip was sold recently for $1.3 Million dollars.

I trust that no Vikings fan from this neighborhood has given up their seat or TV time to boycott the NFL. However, in D. Trump’s words, those who “dishonor our flag” are “sons of bitches.”

The historical “bitch” was, of course, the enslaved woman the master would rape...only to have her mixed-race children torn from her breast and sold “down river.” These were the Black mothers who cradled the men who built the house D. Trump lives in now.

Children ask: What happened to that nice [Black] man who was our president? Yet, some “leftists” denounce even a degree of unity with the Democratic Party. From an anti-fascist standpoint, they are dead wrong. From the standpoint of revolutionary socialist transformation, such leftists are...wrong again! Imagine, if you will, some few decades down the road, the collapse of the world capitalist order...so too, the “two parties of capitalism” will implode. Social-democratic forces, presently resigned to operating within the Democratic Party, will then of necessity join the effort to transform and rebuild society. It cannot be otherwise.

“Socialism or barbarism?” What nation might evolve should white-supremacy reign supreme? None! Who are the patriots? We are the patriots.

ARE YOU READY FOR SOME FOOTBALL?

Phillips Neighborhood Clinic
NOVEMBER Highlights!
Nov 6th: The PNC and the National Kidney Foundation are teaming up to provide kidney health screenings and information about the importance of kidney health
Nov 1st and 15th: We will be hosting our MOVE night workout classes - 5 to 7 pm
Nov 20th: Get your EYES checked and get some glasses at our ophthalmology specialty night
Nov 27th: We will be hosting our EAT night cooking class - 5 to 7 pm
Nov 30th: PNC will host their monthly FOOT care night, including diabetic foot tests

Monday Nights: Students from the University of Minnesota's College of LAW to answer any legal questions you may have
Monday’s and Thursday’s: Walk-in FLU SHOT Clinic Location: St. Paul’s Lutheran Church 2742 15th Avenue South, Minneapolis, MN 55407 Hours: Monday and Thursday from 6 - 9pm

The Alley Newspaper has...
• PROMOTED THE ART AND CULTURE OF: All My Relations Gallery Two Rivers Gallery Semilla Arts and Healing Center productions and creations In the Heart of the Beast Puppet and Mask Theatre’s productions and Venue Future Open Eye Figure Theatre Norway House Somali Museum American Swedish Institute

The Alley Newspaper is also...
• “Bound for the Future,” Literally, reprinted by Hennepin County Library on quality paper, bound in hard cover volumes, and available at the Franklin Avenue Community Library and Downtown Main Library.
• figuratively, committed to continuing 42 successful years of publication.
• Online every month.
• Archived online by Hennepin County Library with all issues of 42 years archived and available to neighbors and researchers.
• Pleased to make community history easily available that is written by those who made it.

The Alley is frugal...
$ Judiciously prints less copies to impress but enough to be read.
$ Pays fairly when volunteer service is unavailable.
Somali women involved in the Backyard Initiative Community Health Action Team (CHAT), Project S.E.L.F., come together each Tuesday and Thursday afternoon at the Brian Coyle Center from 1 to 3 pm to dance the Buraanbur. The Buraanbur is a traditional dance done by women at Somali weddings and other ceremonies. Miski Abdulle, one of the CHAT leaders of Project S.E.L.F., thought it would be a great way for Somali women to exercise, laugh together and preserve a cultural tradition. One of the younger leaders of this Backyard Initiative CHAT, Rahma Salah, helps to lead and teach this traditional dance. A drum provides the beat, played by any of the women choosing to do so. The drum rhythm is an organic element of the dancing.

Somali women’s great, great grandmothers have danced the Buraanbur and the steps have been handed down through the generations. Now, at the Brian Coyle Center, this traditional dance is taught and enjoyed by a multi-generational group of women 18 years of age and older. The cultural tradition continues along with laughter and some good exercise.

More About The Activities of Project S.E.L.F.

Project S.E.L.F. (SAVE, EDUCATE, LIBERATE, FREE) is primarily a Somali-focused, immigrant health Community Health Action Team (CHAT), one of the original CHAT’s of the Backyard Initiative. It was established around a program called “Nomadic Expressions”, begun by CHAT leader, Amed Yusuf, aimed to assist youth, elders and families in healthy living and artistic expressions through poetry, open microphone performances, information workshops and community dialogue. While continuing its original activities, efforts have increased to reach out specifically to Somali women engaged through this Backyard Initiative CHAT through the efforts of Amed’s mother, Miski Abdulle. The women come together to address specific women’s health issues and now to dance the Buraanbur! (see flyer this page).

The face of immigrant youth in our society is often unfavorable as there is more emphasis on those engaged in negative behaviors. Immigrant youth in our community are misguided and confused by conflicting messages between mainstream society and their original cultural ways. Communication across generations is strained and challenging. Youth are not responsive to guidance from the elders and are competed by peer pressure.

This BYI CHAT works to solve this problem by improving the health of all people living in the area of the Backyard Initiative with a focus on Somali people, especially elders, women and youth. These activities help to bridge the gap between the older and younger community members to encourage healthy relationships through various artistic mediums. Project S.E.L.F. hosts community engagement and dialogue activities, cultural celebrations and creative workshops where youth and elders can share their stories and learn about their cultural traditions. These activities include: Buraanbur Dance, Open Mic Shop and traditional Under the Tree storytelling events.

A Somali Elder and Hope Community resident wanted to meet more of her neighbors so eagerly helped to support Project S.E.L.F.’s idea of Shaah iyo Sheeko (Tea and Story Time) events. Now, every Thursday, Shaah iyo Sheeko’s occur from 3 to 4:30 pm at Hope Community in the Jourdian Building, 511 East Franklin Avenue. Shaah iyo Sheeko sessions are attended by Hope Community and other community residents from many cultures. Topics are proposed and conducted by members of the Shaah iyo Sheeko group and co-hosted by Project S.E.L.F. CHAT leaders and Hope Community staff members, Khusaba Seka and Maliyun Yahiye.

Health is a state of physical, mental, social, and spiritual well-being. It is not only the absence of infirmity and disease. Health is the state of balance, harmony, and connectedness within and between systems—the body, the family, the community, the environment, and culture. It cannot be seen only in an individual content. Health is an active state of being: people must be active participants to be healthy. It cannot be achieved by being passive.