**Commemorating 400 years of Black oppression, resistance and resilience**

By EBYO ADEDAYO, RECAST MINNEAPOLIS PROGRAM MANAGER

A ug. 20, 2019 marks the 400th Year or Commemoration of Africans being brought to Jamestown, Va. and enslaved by the British. To honor this event, the city of Minneapolis’ Division of Race and Equity is bringing together city staff and community partners to collectively remember who Africans were prior to the history of enslavement, recover the truth about our oppression and resistance, and reimagine a future that is not predicated on the harm of Black bodies or other people of color.

To commemorate this, it is important to first understand that the enslavement of Africans predates 1619, as the Portuguese, Spanish, and the Dutch had driven the slave trade since the late 1400s. The oldest slave castle in the world — Elimina off the coast of Ghana — was built in 1482 by the Portuguese and started being used for slavery shortly after 1492. Enslaved Africans were sent to Europe, the Caribbean, and the Americas for over 300 years.

Coming to a better understanding of what slavery was and how it operated is important in commemorating this year. This year is also about coming to a deeper understanding of who we are so that we can move forward.

The need to look back not only applies to people of African descent but for people of European descent and other peoples of color because this country’s institutions and structures were grounded in anti-Blackness, or the perpetual capitalizing off people of African descent.

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**GENERATIONS RUN PRINTING BUSINESS**

By TESHA M. CHRISTENSEN

Carlson Printing at Franklin and Chicago rolls with the times, focusing on personalized customer service

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**SOUNDS OF SOUL**

**Phillips musician recalls Black music scene of his youth**

By TESHA M. CHRISTENSEN

Sitting on the front porch one summer day, painting in the sweltering heat, Allen Johnson reminisced about his early days in music and the burgeoning Twin Cities Black music scene of the 1970s and 80s. He’s even found his way into a book capturing the scenes from that time, “Sights, Sounds, Soul: The Twin Cities Through the Lens of Charles Chamblis” (published by the Minnesota Historical Society in 2017), although he’s misidentified in the book on page 33 as Raymond Parker.

Paging through the book brings Drummer and base player Alford Johnson (left) of Phillips stands with his wife Elizabeth and some of his grandchildren, including Olivia Browner (age 3), Albrina Johnson (age 1.5) and Sabrina Browner (six month). Johnson has played gigs all over from local clubs to dirt floors in Texas. to Penguin’s cover image. The need to look back not only applies to people of African descent but for people of European descent and other peoples of color because this country’s institutions and structures were grounded in anti-Blackness, or the perpetual capitalizing off people of African descent.

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**PHILLIPS Continued on page 3**
Transit
Rolling in the heat

By JOHN CHARLES WILSON

In the wintertime, I have written about how Metro Transit could better accommodate its customers in the icy cold and snowy weather. Today, I shall write about the perils of riding public transit in the heat and humidity of summer. While some people may think 95 degrees Fahrenheit and sunny in the summertime is “nice” weather, those of us who are heat intolerant may say “not so much.”

One thing Metro could do is to install vending machines that sell cold pop and/or water at every Park and Ride, Transit Center, and Light Rail Station. I lived in Tucson, Az in 2001, and this was one pleasant amenity Sun Tran, the transit system there, provided its users. They only charged 25 cents for a 2-liter bottle of water. Even at a time when “normal” vending machines were charging a dollar. Clearly, the purpose wasn’t to make a profit, but to ensure that people had access to cold liquids on hot days. It probably made more sense to pay for it by preventing people from drinking the stuff that is bad for you and caused by overheating while waiting for the bus. Nowadays, the “normal” price would be $1.50, so I would guess they would have to charge 75 cents to break even. Fair enough, it makes an even dollar and put the small profit to shelter maintenance or something.

The other way Metro Transit could make life better is to instruct bus and trolley board members to layovers when the temperature is over 90 degrees Fahrenheit. Most bus drivers are pretty good at this line. I don’t think, in general, many seem to think the heat is harmless. Bus passengers aren’t.

Puzzlemania

Thursday, Aug. 15, 3-5 p.m.

Enjoy a variety of educational fun and puzzles games!

Game On!

Thursday, 5-7 p.m.

Join us for all types of gaming! Include cards, games, board games, XBox, VR and more. Play an old favorite or learn a new one.

Family Storytime

Thursday, 10:30-11 a.m.

For children of all ages and their caregivers. Talk, sing, read and play together in a format appropriate for young children. Share books, stories, rhymes, music and movement.

Teens

Franklin U-Hall Club

Thursday, 4-5 p.m.

We do everything from urban gardening to digital photo/video to theater. Partner: University of Minnesota.

Teen programs

Tuesday, Aug. 27, 4-5 p.m.

Great for first time voters! Non-partisan, process, and civic engagement. Learn about elections, the voting process, practice using a computer program, or learn more about the library’s electronic resources? Then come to Franklin Technology Hour! Bring your questions or come and explore a spotlighted resource.

The Ethics of Efficient Legal Research:
“How Do You Feel About Good Enough?”

CLE Class

Friday, Aug. 16, 12:15-1:15 p.m.

This program takes place at Hennepin County Government Center, Room 407. This CLE is Continuing Legal Education.

Human trafficking

The U.S. Department of Transportation’s Federal Motor Carrier Safety Administration (FMCSA) today announced a final rule permanently banning brokers or freight forwarders convicted of human trafficking from operating a commercial motor vehicle (CMV) for hire, or a commercial driver’s license or a commercial learner’s permit is required.

"This is an important step in the Department’s ongoing campaign to keep America’s roadways, railways, airports, and waterways safe from any who might engage in human trafficking," said U.S. Transportation Secretary Elaine L. Chao.

Revenue to publish The Alley comes from ad sales, payments from neighborhood organizations for their 1/2 page and full page advertisers, and grants.

Contact us today to place an ad and reach readers with information on your business and/or non-profit.

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Everybody started off gospel in those days, recalled Al, many of them helped along the way by Reverend Leroy Battles, who was well known by local Black musicians. Al appeared on his half-hour Church of the Air show televised from the KTSP studio off University Ave.

Black music wasn’t being played on the radio, so few people in Minnesota had heard of the Supremes or Marvin Gaye, Al pointed out. “We had to make our own music up,” he said.

So he joined groups around town in the 1970s and 80s. The various members all felt like ‘the sky’s the limit,’ recalled Al. “That’s what it was. Some people used to follow us around, like Prince. We inspired a lot of people.”

Al remembered that Prince was known for being hard to get along with. “He didn’t want anybody smoking or doing drugs,” recalled Al. “He’d kick you out of the group.”

Prince didn’t want to play other people’s songs, but wanted to focus on his own music.

Al honed his craft at the Minnesota Conservatory of Music and the University of Minnesota.

THEY SOUNDED GOOD

“I had a long life of night clubbing and playing different clubs,” he said, including working in the house band at The Joint where they played five nights a week. Band members had other jobs, and did gigs from 9 p.m. to 1 a.m., playing three sets and 30 songs a night. They also used to do supper clubs out on Lake Minnetonka.

He was on the road with The Mystics when Rockie Robbins was the lead singer. He played drums for Charlie Clark and the Paramounts (Charlie was a teacher at North High).

“I played base guitar, too, but my main instrument is drums,” said Al.

He remembers playing with Creedence Clearwater Revival at some little rodeo down south. “They sounded good. So did we,” observed Al. “We were the only Black group up there.”

Those in the audience asked, “Who are they?” right up until they started playing. Then it didn’t matter.

Al recalls playing in the middle of farmfields, and jamming in Texas on dirt floors with dust heavy in the air.

TOP 100 HIT

The most popular record he recorded was “Obeying the Call” with Josie Davis and Praise in 1988. Their song “Try Smiling” hit in the Top 100 in the world and earned him royalties for 20 years until it became part of the public domain. He’s shown on the front cover of the album with Josie (lead singer) and Debbie Williams (keyboard), and was one of the producers. It was one of five albums he put out with Davis.

Over the years, Al has fit his music around work at a number of places and a stint in the service. He’s been a Hennepin County drug counselor, at the Southside Family Nurturing Center, bus driver, and a neighborhood handyman.

But, of course, he’s still doing music. It’s in his blood.
Ann Gall Gardiner has her own web page. Not all that unusual in these times, perhaps, but she is not from these times: She was born more than 200 years ago, on Jan. 20, 1817, in Kincardine, Scotland and died from tuberculosis in Minneapolis on May 31, 1886, when she was 67 years old. The epitaph “Gone, But Not Forgotten” is one that is commonly seen in cemeteries but it requires some effort to keep someone’s memory alive. Ann’s descendants have done just that by creating a webpage where they have told her story (or as much of it as they know at this point in time) and more importantly, they have shared a remarkable photo of her. Ann Gall married James Gardiner, a tailor, in Aberdeen, Scotland on Feb. 2, 1838. Between 1838 and 1863, they had 12 chil
dren, at least two of whom died before the family came to America. On March 8, 1863, Ann was confirmed in the Church of the Latter Day Saints. She and her hus
dand left Scotland for the United States and moved to St. Catharine’s, Canada, where James died on Sept. 19, 1878. It is not clear when Ann moved to Minneapolis but she was liv
ing here when the 1885 Territorial Census was taken. She lived in what is now the Seward neighbor-
hood, a few doors down from her daughter and about six or seven blocks from the cemetery. There is a unsigned, undated, handwritten note on the back of the photo that claimed that it was taken in Minneapolis not long before she died. Whoever wrote it said: “Grandfather told us that she went blind with cataracts and an opera
tion could not be performed.” One of the things that makes that so interesting is that in the photo she is holding a book, presumably one that she could no longer read. The author of the note went on to say that he thought the photo showed her “strength of character” and it certainly does that.
There are about 50 or so other immigrants from Scotland buried in the cemetery. James Atchsion is one of them. His family shared his photo on their family tree at ances
tory.com. There is less information currently available about his family than about Ann’s but undoubtedly came to light in the process of writ
ing this story. It turns out that two children who are buried in the cem
yery have a connection to Ann Gall Gardiner through her son-in-law. The Atchosion family must not have known the location of Henry’s grave, but they can add it to their tree now. We have the answer to that question – he’s here.

Another vote for MORE POLLUTION, MORE CONGESTION & NOTHING for the Underserved People of East Phillips

July ended with two more Unanimous Council votes against the East Phillips Indoor Urban Farm project and any possibility of positive change for the families and children of East Phillips.

Once again, Phillips’ already encumbered population is forced to bear far more than its share of polluting industries and suffer the loss of its five-year dream of Green jobs, year-round Organic Food, World Café & Farm Store and a Bike Repair shop, all on the Greenway. The City gains everything, the community loses everything, despite all our efforts at compromise.

The Community has NEVER BEEN ALLOWED to present its case for the East Phillips Indoor Urban Farm project and any possibility of positive change for the families and children of East Phillips.

As a result, most council members and even Mayor Frey are badly misinformed as to what could be an incredible example of community-led planning, homegrown development and com-

munity ownership of this innovative, creative, courageous, flexible and adaptive Green Zone initiative which requires only 18% of Public Works’ land and the S.E. Acre of the building.

Instead, East Phillips is stuck with more trucks, pollution, congestion & the highest number of hospitalizations for asthma.

You Can Help! Call, Email and Text Every Council Member and the Mayor & ask them to support the East Phillips Indoor Farm Project with every bit of perspective.

Thank you! We will soon know our fate – Farm or Fight!

For Your Calendar: *

The EPIC Board of Directors meet on the FIRST Saturday of the month – Next Meetings; Saturday, 8/10/2019 and 9/7/2019 at 10:00 AM. at the EPIC Office at 2433 Bloomington Ave. S.

The EPIC General Membership meets on the SECOND Thursday of the month – Next Meetings; Thursday, 8/8/2019 and 9/12/2019 and 10/10/2019 at 6:30 PM at East Phillips Park at 2307 17th Ave. S.

The East Phillips Community 17th Ave. Gardeners meet on the second Saturday of Each Month during the gardening season, from March through September. Next meetings are: Saturday, 8/10/19 & 9/14/19 at 9:00 AM in the Garden at 2428 17th Ave. S. The First meeting of the 2020 Gardening Season will be March 14th 2020 at East Phillips Park at 9:00 AM.

* East Phillips Residents wanting a 2020 Garden Plot, contact Brad Pass at 612-916-8478
* To get involved in EPIC & help to continue moving the East Phillips Neighborhood in a positive direction, join us at any EPIC General Membership meeting (see dates above). All are welcome.

Save Saturday, October 12th 2019 for the 21st Annual Phillips Community Clean Sweep
Save Saturday, October 19th 2019 for the Annual EPIC Garden Fall Harvest Party – 5:30 PM Until the fire goes out.

Prepared for and paid by EPIC

The Epic Board of Directors

Meeting on the FIRST Saturday of the month

Next Meetings;
Saturday, 8/10/2019 and 9/7/2019 at 10:00 AM.

The EPIC General Membership

Meeting on the SECOND Thursday of the month

Next Meetings;
Thursday, 8/8/2019 and 9/12/2019 and 10/10/2019 at 6:30 PM.

The East Phillips Community 17th Ave. Gardeners

Meeting date:
Saturday, 8/10/19 & 9/14/19 at 9:00 AM.

EPIC Board of Directors
EPIC General Membership
East Phillips Community Gardeners
Carlson Printing does a little bit of everything for clients that range from small to large. They also pride themselves on knowledgeable customer service staff who work with clients from start to finish.

“We do digital and offset printing, as well as full service mailings,” noted Christy. “Our clients vary from Fortune 500 companies to local non-profits from the neighborhood. We thoroughly enjoy working with everyone.”

The offset commercial process is fully digital and the workflow is based on working with files in PDF format, a change from their early days prior to the arrival of laser printers and desktop publishing. Carlson can do announcements, banners, booklets, brochures, business cards, envelopes, folders, forms of any type, invitations, labels (roll fed sheet), letterheads, logos, manuals, newsletters, note pads, postcards, reports, sell sheets, spiral and perfect bound books, and stationary.

Carlson Printing offers a full range of variable data printing services, including: mail merge documents, mail merge labels, form letters and more. Mailing services include processing mailing lists, inkjet addressing, postal pre-sorting, and drop off at the Post Office with the postage option that best fits the business needs.

“Since I have been here we have really grown our digital business,” observed Christy. “Personalized mailings have become a sweet spot for us.”

**TODAY’S CHALLENGES**

“The biggest challenge we face is the misconception that online printing is cheaper and faster. That is not the case,” said Chris, who is vice president at Carlson. “We offer very competitive pricing at lightening speed, as well as top notch quality. You will get much more of a personalized experience choosing us.”

Christy concurred that their biggest challenge is competition from online printers. “We are lucky to have a lot of loyal customers we have worked with for years,” she stated. “We try and give our customers the best experience possible to keep them coming back.”


“We are optimistic about the future!” said Crawford. “Although the industry is changing there will always be a need for printing. We look forward to evolving and being here when our customers need us.”
Musicians entertained crowds. Kids played soccer. Non-profits and businesses ran games and shared information on their organizations. There were raffles and street food for sale. The Alley gathered input from readers. And, of course, everyone walked, biked and rolled along the streets that were free of vehicles on Sunday, July 21, 2019. This was the third year with the same route down Lake and Minnehaha.
Commemorating 400 years

From race to culture

By MINAKAA TEZET

Cultural Wellness Center

"Many who find themselves experiencing a sense of disconnect, alienation, disconnectedness and disease, now have a place where we can acknowledge the basics of healing and being in relationship with self and others." The founders and the faculty of the Cultural Wellness Center believe that at the core of well-being are relationship, kinship circles, self-knowledge, and the capacity to produce knowledge that is informed by cultural ways of knowing. The linkages between these, a beautiful web of activity is formed to create community naturally," said Atum Azzahir, founder of the Cultural Wellness Center.

Our work at the Cultural Wellness Center is to move from race to culture. In this work, we are moving toward the recognition of our hearts and our souls as a human collective, as human beings, as representatives of what humanity is to the harmonious functioning of the planet.

Cultural Wellness is an approach to study culture as a resource. The resources embedded in culture for each of us, help us to understand the ways in which the world has racialized peoples or cultural beings. Cultural Self-study unearths for us the ways our people and the ways we express the seen and the unseen, the visible and the invisible parts of our people’s knowledge systems.

Thinking is how a people create and imagine life for themselves. Thinking is how we imagine life for other people. It is a people’s thinking where we imagine how to create well-being on the planet.

Thinking leads to remembering. We begin to remember what has happened in our past. We also begin to see what is happening in our present. Remembrance and thinking allow a people to begin to share with one another what they have experienced. These experiences are individually and collectively experienced.

In moments of remembering together, we create opportunities to recall who we are, what we have been through and how we have remained grounded, what some people call resilience. As we begin to gather together to study culture and our people’s ways of being, we will begin to see culture can add value to our human existence.

The study of Cultural Wellness leads to the practice of community ritual and ceremonies.

In practicing rituals, we will remember how it feels to express empathy. We value empathy because it allows us to experience feeling a sense of love from our selves. As we study the rituals and the practices of these rituals, we will create community ceremonies across the continuum of life and death.

Community ceremonies help us to remember the ancient ways of our people. Ceremonies teach us how to be in harmony and death are connected to one another and only separated by the objectification of time. Ceremonies teach us the important division of Race of all our humanities are tied together. And as we study ourselves, we will remember the importance of sharing the expressions of life that have been transformed by that which is not visible with our physical eyes.

FIRST STEP: TELLING THE TRUTH

As a study at the Cultural Wellness Center, I have learned telling myself the truth is the first step in recovery as a sense of personal humanity. We are learning to see beyond the pain in order to see the gift in learning how to be a better human being.

Being better is what Cultural Wellness is about for me.

Each of us is learning at our own pace what it means to live or have a better life. I have come to realize we do not have to be at war with the reflection of ourselves we see in the mirror of the world. However, as we examine the difficulties we have experienced, we also begin to see ourselves.

A new world

For the Division of Race and Equity, it is clear that we cannot move forward as a city and as a community by continuing to displace, disfrace, and cause harm to Black people.

Neither can we move forward by allowing American Indians, Asian Pacific Islanders, Latinx, or anyone else to be harmed because of the color of their skin, their sexual orientation, their religious practices, their gender, or their class status. For too long, racism and other forms of oppression — sexism, homophobia, xenophobia — has been the means that those in power have used to exploit others.

This strategy of dominance drives fear and hate, and puts us all at risk. We all have a vested interest in figuring out how to live the next 10, 50, 100, and 400 years without subjugating each other.

And we have a collective responsibility to repair the harm that has already occurred by strategic eco- nomic investments in racial equity, cultural resources, and connections to resources that deepen health and wellness in our communities, particularly for Black people.

A Final word

As we remember, recover, and reimagine, the Division of Race and Equity has implemented a multi-pronged strategy that enables us to dig deeper into each of these areas:

- Sacred Conversations is an initiative that cannot move forward without the opportunity to unpack what the 400 Year Commemoration means for them and how they are impacted.
- Our summer lecture series and online toolkit gives space for residents to come together and begin to reflect on what the 400 Year Commemoration means for them.
- We all have a vested interest in figuring out how to live the next 10, 50, 100, and 400 years without subjugating each other.
- We all have a vested interest in figuring out how to live the next 10, 50, 100, and 400 years without subjugating each other.
- We have invited community organizations to host events throughout the months of August and September. We wanted to hold these two months as critical moments of engagement, and the Week of Resilience Aug. 19 - 23 as particularly sacred, because of the Jamastown, Nd. date of Aug. 20. We are having a community-wide event on Thursday, Aug. 22 that will give city staff and community residents an opportunity to reflect and cere- monize on our history together.

Visit our website at www.culturalwellnesscenter.com to learn more about our work. Our work is informed by the historical narrative of Black people in America and the world.

Still Here: 400 Years of Resistance and Black Joy

Join the city of Minneapolis’ Division of Race and Equity on Aug. 22 to honor the 400 Year Commemoration of Oppression, Resistance, and Liberation of African Americans at Sabathani Community Center, 5-8 p.m.

We will reflect on the legacy of African Americans in this country, including how we have resisted and come through, and celebrate our persistent resistance and joy as we move forward. The event includes a lineup of speakers, performers, and you! It is open to the public, kid-friendly, and free.

Register at https://apps.smart-sheet.com/Byform/f9c9h-99n13c30b6ed1b65d5- 3118b
Nobody wants to feel like they’re nobody

By MIKE HAZARD

David A. De Lampert Jr. has peace on his mind. “I do a lot to make sure in my soul I don’t let nobody steal my peace.”

“We are so hard on each other. Nitpicking, always looking for what’s wrong and put someone down. People don’t know how to forgive.”

“When they come here, I come here (to the Peace House), I want to see that smile, for just one moment. The roughest cat in the world sitting down there, to see him smile, or her, I want to see that peace on them. Because I know when we go back out there, we go into a jungle, into a world, somewhere where none of us really knows what’s up the road.

Maybe you’ve seen David out and about? He’s been living on the streets of Minneapolis for over 30 years. A veteran, he survives on disability checks and through gratuities people offer him. He spends his days inviting people to sign his coat with a permanent marker. When they sign, they will often give him a dollar or two “to help me keep going.”

“Personally, I feel this is the richest thing you got for your 150 days in a month,” David says. “And as we fight in this world to obtain something for ourselves and to be somebody, nobody wants to feel like they’re nobody no matter who it is, I encourage people to believe in our travels that we are somebody.”

“In everybody is somebody. Irregardless of whether you are an addict, alcoholic, or whatever, whatever your vice is in life. I happen to believe personally you can be at peace with yourself.”

David is one of the people profiled in John Nolte’s profound project, A Peace of My Mind. These statements of David’s are transcribed from John’s podcast. Like many, Julie Knopp has been moved by David, who is also known as Pops. “I consider Pops one of my greatest spiritual mentors,” she writes. “Calling himself ‘a bearer of good news,’ Pops has been homeless for over 30 years and earns astounding wages collecting gratuities from passersby on the street as he invites them to sign his clothing. Over the past decade, he has filled up almost 500 coats, shirts, hats, and umbrellas with signatures.

“When it started out as a way to survive, Pops now calls this his ministry. Through this practice, he makes each passerby feel truly special. Without judgment, Pops listens to their stories in a way that makes them feel worthy of being heard. His ministry has taught me to never doubt the worth of any human being or their story.”

One thing I love about coming here (to Peace House) is I like to say I have met my family universally all over the world,” says David.

This picture story is by Mike Hazard. It is part of a project called Peace House People. The project is funded by an Artist Initiative grant from the Minnesota State Arts Board. This activity is made possible by the voters of Minnesota through their tax support. The project is being conducted through the Minnesota State Arts Board, thanks to a legislative appropriation by the Minnesota State Legislature, and by a grant from the National Endowment for the Arts.

MnTime: 792.0x1224.0
Of, by and for its readers since 1976

Toy Story 4' shining light

By howard mcquitter II

soldiersmovies.wordpress.com

howardmcquitter@gmail.com

“Toy Story 4” (2019) * * * 1 / 5

Disney/Pixar

Animation

Adventure

Comedy

What’s makes the “Toy Story” installments so wonderful is the characters are in many ways we can relate to.

In the fourth franchise – “Toy Story 4” – is more intriguing than almost any other movie franchise. e.g. “Godfather,” lucky to have a good sequel, but more than likely to plummet with the third installment let lone a fourth installment. Even with the debut direction of Josh Cooley taking from the previous directors of “Toy Story 1,2,3” John Lasseter (1,2), Ash Brannon (2) and Lee Unkrich, respectively. the project is Pixar’s shining light. One might wonder why there’s a “Toy Story 4” to begin with, after all, didn’t they the others provide what’s needed? One reason is to add a new character(s) such as Forky (Tony Hale), a new toy, owned by a new character Bonnie, a toddler, as well as her making. Bonnie is going through anxiety (as to be expected) because her parents = equally anxious that she’s going to kindergarten for the first time. Meanwhile, Woody (Tom Hanks) who use to be Andy’s toy as Andy has grown out of toys, therefore, Woody is acquired by Bonnie who favors Forky. Forky, made out of cutley, pipe cleaners and googly eyes, is always ready to jump into the dunking the trash’s trash.

A welcome surprise to reenter “Toy Story 4” is Bo Peep (Amiee Potts) who last appears in “Toy Story 2.” She has her lovely sheep – Billy, Goat and “Gruff” – Woody, “They have names?” She laughingly says looking at Forky in the last segment are thrust out of the van bringing trying to find the others. They see Grammy’s antique store, entering some into some louche charact.

What’s here as in all the “Toy Story” series is what should be a lesson to all of us – believe in yourself, to be somebody, friends have concern for lost ones, and aggressive attempts to reclaim the missing or those in danger. A catharsis is here in “Toy Story 4,” as in the others, for all of us.

Cast: Tom Hanks (Woody), Tim Allen (Buzz Lightyear), Annie Potts (Bo Peep), Madeleine McGraw (Bonnie), Michael Key (Ducky), Jordn Peele(Bunny), Lori Alan (Bonnie’s Mom), John Ratzenberger (Hammy), Blake Clark (Slinky Dog), Don Rickles (Mr Potato Head), Jeff Garlin (Buttercup), Estelle Harris (Mrs. Potato Head), Jodie Benson (Barbie), (G)Director: Josh Cooley.

Running time: 90 minutes.

Written by Andrew Stanton, Stephany Folsom.

Peace House community

Nothing to feel like they’re nobody

By MIKE HAZARD

David A. De Lampert Jr. is working to bring peace to other day.

Hobbies in the House

Decent job on ‘Roaches’

By Dwight Hobbes

What is a more repulsive household nuisance than the cockroach? On top of which, those nasty insects infest everywhere, into everything and are hell to get rid of.

Samuel J. Kapelac’s suspenser “Roaches” (Xlibris Corporation) takes things a fresh crawling step further.

Imagine this scuttling, hard-to-kill pest as something much more serious than an annoyance. As a threat to human life. A creature whose venomous bite kills. Within a few hours. Wielded by a deranged misanthrope with an imagined axe to grind.

The author relates, “Once in the confines of the basement he unloads a cockroach-filled deadly ‘spracata cucaracha’. With a pair of long forceps he picked up from a nearby counter, he placed two of the cockroaches into the small case and snapped it shut. He muttered some nonsense under his breath about his captives. To most people John Harper appeared to be a stable man. He was an educated, neat, congenial, well-dressed man. A pillar of stability. On the inside he was a mad man.” Indeed, a 24-karat candidate for the funny farm.

A morbidly ambigious, Roaches marks a viable if ultimately serviceable debut by this Minneapolis businessman trying his hand at writing.

Kapelac, vital to the craft, strikes the reader’s interest at the end. The reader is left to ponder an even clip unfolding the story at a measured pace, sustaining a gradual build. He draws distinct characters, has a good touch with imagery.

Jill, wholesome enough to have stepped out of Norman Rockwell painting, is smart with a pleasant disposition, perceptive and, true to her character, curious as a cat. She also was frustrated, holding a freshly minted Masters in Entomology with nowhere professional to hang it on the wall. So, she settles for a job as a secretary at a bank. Ironically, it gets her closer to bug research than she ever bargained for when she winds up working as some eccentric boss turns seems more consequence than just some eccentric.

Following up on a few hunches, before she knows it Jill following up, is before she knows it, up to her neck in some bug research than she is busy looking for to see coming.

The proof of any story is whether it is satisfying the characters and are invested in the central conflict. Imaginably, Roaches pass muster. And, in fact, would work well as, say, a Syfy television movie. Especially with the obligatory love interest and the hero’s career as a private eye to help get the goods on this madman. However, it would’ve strongly benefited from some basic editing. First to economize. Then, the wordiness. And to correctly format the characters’ conversations – one who speaks, the rule is to indent for a new paragraph. So that congested word flow doesn’t clutter the page. Writing 101. The tone is stiff, too technical, the research is arcane, sophomoric to the point of being clumsy.

Making J. Kapelac does a decent job his first time out. Imaginably, a bit of experience would’ve strongly benefited from some basic editing. First to economize. Then, the wordiness. And to correctly format the characters’ conversations – one who speaks, the rule is to indent for a new paragraph. So that congested word flow doesn’t clutter the page. Writing 101. The tone is stiff, too technical, the research is arcane, sophomoric to the point of being clumsy.

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August is a busy month with a variety of different activities. Here are some of the events happening:

VENTURA VILLAGE IS SEEKING TO CONTRACT VARIOUS ADMIN services for approximately 26 hours monthly from somebody who preferably lives and/or works in our neighborhood. Familiarity with Ventura Village and how our neighborhood organization operates is a strong qualification and preference. Experience handling administrative duties is a must, with skills in taking minutes of meetings and preparing mailings, agendas, flyers and handling public address equipment are desired. Training will be provided as needed to fill in any skills that are not fully available.

If you are interested in applying for this position, you may submit your letter of interest and a resume to Ventura Village, 2323 11th Avenue South, Minneapolis, MN 55404. Any questions can be directed to Thormary@hotmail.com.

National Night Out will be on Tuesday, August 6. The website minneapolismn.gov will have a listing of all the locations the week before.

Our neighborhood’s only farmer’s market, The Four Sisters Market, meets every Thursday from 11 AM to 3 PM at the Pow Wow Grounds Coffee Shop, 15th and E Franklin.

UPCOMING VENTURA VILLAGE MEETINGS: Please note there is no general membership meeting in August

- Wednesday, September 11th: Board of Directors Meeting: 6 pm
- Tuesday, August 27th: Community Engagement Committee: 6 pm
- Thursday, August 29th: Housing & Land Committee: 5:30 pm
- Wednesday, September 11th: General Membership Meeting: 7 pm
- Tuesday, August 27th: Wellness, Gardening & Greening Committee: 7 pm
- Thursday, August 29th: Crime & Safety Committee: 6:30 pm

ALL RESIDENTS ARE WELCOME TO PARTICIPATE: VISITORS WELCOME TO ATTEND!

Ventura Village is located upstairs in the Phillips Community Center at 2323–11th Avenue South • Minneapolis • 612–874–9070

Prepared for and paid by Ventura Village
Old is new again

Visible Mending with Maddy Bartusch will be offered on Saturday, Aug. 3, 9 a.m. - 12 p.m. at the American Swedish Institute. Old is new in this class, where you will learn how your stitches can add design elements to (or extend the life of) well-loved garments. Bring a piece of clothing and learn the techniques of visible mending from Maddy Bartusch of Three Rivers Fibershed. Open to students age 13+. $45 ASI members / $55 non-members, plus an additional $10 materials fee.

Diabetic group

Your Turn is a free diabetic support group meeting every Thursday Morning at 10 a.m. at Waite House in the Phillips Community Center building, 24th St. S. and 12th Ave.

All people living with diabetes are welcome to join to discuss and share the challenges encountered managing diabetes.

Low cost swim lessons offered

Low-cost swimming lessons are part of the Water and Ice Safety Education (WISE) program launched by the Hennepin County Sheriff’s Office (HCSO) and take place throughout the summer at a variety of MPRB lakes and pools and year-round at the Phillips Aquatics Center.

For Minneapolis youth who qualify, a series of eight lessons with a scholarship is just $5, versus the typical $50 cost; scholarships are available on a first-come, first-served basis.

In addition to standard swimming lessons, WISE scholarships are available to individuals interested in women’s-only swimming lessons and lifeguard training classes.

For more information on MPRB swim lessons and scholarships, email aquatics@minneapolisparks.org or call 612-230-6495.

They’re healthy. You’re happy. And it’s free.

FreeChildCheckups.com

Child and Teen Checkups

The Hennepin County Child and Teen Checkups (CATC) program is Free for children, teens, and young adults 20 and younger who are on Medical Assistance, including young parents.

THE TRUTH DOESN’T REPORT ITSELF.

Be a part of reading... telling... sharing the truth.

Submit your items to copydesk@alleynews.org

Join our board and editorial leadership committee.

Organic & Fair Trade Coffee

FREE Wireless Internet

MIDTOWNGLOBALMARKET.ORG

Experience a world tour of tastes, arts and crafts at our public market.

Lake Street and 10th Ave S | Minneapolis

MIDTOWN GLOBAL MARKET

10 YEARS

MIDTOWN GLOBAL MARKET

10 YEARS

Lake Street and 10th Ave S | Minneapolis

MIDTOWNGLOBALMARKET.ORG

Mark your calendar for Monday, Aug. 19. St. Paul’s Church (19th and Portland) is hosting a parking lot event for the community from 10 a.m. until 10 p.m., featuring: lunch and dinner meals, live music featuring The Rotators, kids activities and games, face painting, and prayer station. There will be free shoes from Good in the ‘Hood shoe bus. Join in on the community clean-up to pick up trash in a three-block area. For more information, call the church office at 612-874-0133.
Unemployment rate lowest in 50 years

Dow tops 27,000; S&P hits a new high

Don't go down the path of ugliness

Letter to the community

I am a former 13-year resident of Phillips, during which time I was an activist and sometime-contributor to the alley. When I saw “The Rand Report” I thought: Another interesting column. On reading further, I was saddened.

The Rand Report

By RAND RETERATH

I invite all of you to participate in your neighborhood organization. For me it is Midtown Phillips Neighborhood Association Inc. Others in the area such as the Phillips Improvement Coalition (EPIC), Phillips West Neighborhood Organization (PWNO) Venture Village and Central Area Neighborhood Development Organization (CANDO).

MPNAI has partnered with the Center for Energy and Environment Lending to help finance home improvement projects. Volunteers have partnered with authorities to maintain outreach efforts aimed at homeowners and renters.

We have advocated for the Powderhorn Park Neighborhood Association incursion into Midtown Phillips, Phillips West and East Phillips.

We have advocated for continu-
To initiate the summer season, the Backyard Community Health Hub, co-hosted a Bike Safety Event as part of Neighborhood Night at the Midtown Global Market. The Minneapolis Police Department gave away 2 bikes, presented by the MPD Bike Cops, who also provided bike safety tips. The Minnesota Brain Injury Alliance gave away bike helmets. Anthony Taylor kicked off the summer with the first Slow Roll of the season.

It’s August – the BIG CHALLENGE

Continues!!! Community organizations and residents – Bring your co-workers and friends and join together to make healthy life choices, build morale and meet the CHALLENGE WIN individual or organizational prizes and recognition for: • BIGGEST LOSER !!! • MOST STEPS!!! • MOST FITNESS HOURS . . . and more!

GUIDE TO CALENDAR:
1. WALK ANYTIME MGM & GREENWAY — 10am to 6 pm. CHECK IN with staff of the Backyard Community Health Hub to help us keep track of your participation.
2. MONDAY activity — held in the Midtown Global Market’s Conference Room on the lower level
3. 1st and the 3rd THURSDAY activities – located in the center area of the Midtown Global Market.
4. WEDNESDAY and SATURDAY activities – located inside of the Allina Conference Room.
5. Craniosacral on Wednesdays by appointment only-612-353-6211.

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Dinner Dialogue Cardiovascular Health (2DC)
5:30-7:30
- Walk & Step
- Massage & Craniosacral

*Yoga 2-3
* Zumba 3-4
* Breathe & Sound Therapy 4-6pm

Engage, Connect and Participate... our work unleashes the power of citizens to heal themselves and build community ———Join us at the Midtown Global Market

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