Tips from a COVID-19 Case Investigator

By LINDSEY FENNER

For the past two months, I have been reassembled as a COVID-19 Case Investigator. This means that everyday I have conversations with people who have tested positive for COVID-19. Over the next few months, I will share tips and ideas from this experience. This month, I want to introduce you to what a Case Investigator does and what you should know if you get a call from one.

What happens when I test positive?

After a positive test for COVID-19, you should be getting two phone calls: one phone call from the case investigator from the State of Minnesota Department of Health or a local public health agency from a case investigator from the State of Minnesota Department of Health or a local public health agency.

Cordy Tindell Vivian

(30 July 1924 – July 17, 2020)

“Leadership is the art of getting things done in the best interests of the group through the good will and voluntary efforts of the men who make up the group.”

I am often asked, “What can the public do to help with the outbreak?” My response is simple: stay home, practice social distancing, wear a mask when you go out and wash your hands. These measures will save your own life and the lives of others.

Through my career, I have sought to make health care available to every American. I deeply believe that every person has the right to recognize the dignity and worth of every human being, we must first realize their right to equal and affordable health care. I have said it before, and I will say it again: In this country we are one family. We own the houses, the buildings, the houses of the people. And when one member of the house falls ill, it affects us all — whether we want to admit it or not.

Swimming During the COVID-19 Pandemic

- Use private pools or public pools with few or no lifeguards at Minneapolis lakes and beaches this summer, please be aware of these safe practices:
  - Always watch children around water, whether they can float or not. They can be distracting or contrary to child-monitoring.
  - Keep young children within arm’s reach of an adult at all times.
  - Teach children how to swim. Consider their age, development, and how comfortable they are around water. (See below for swim lesson resources).
  - Keep kids with close and self-closing and self-latching gates to avoid children from entering unsafely without supervision.
  - Drowning most often occurs silently; not like in movies where the victim screams and waves their arms. People often cannot recognize a drowning that makes little noise as a person can’t cry out for help when they are drowning. If they are already in the water, they are already. If they can answer they likely are OK. If not quick action is needed.
  - Know what to do when rescue is needed including calling 911. Throw a floating object or extend a paddle or paddle helping if the victim starts to pull you in and try something else.

Vivian died on July 17, 2020, in Atlanta two weeks before his 96th birthday, the same day as his closest friends and fellow activist, U. S. Rep. John Lewis.

Beloved civil rights Icon John Lewis dies at age 80

By DWIGHT HOBBS

“I am often asked, “What can the public do to help with the outbreak?” My response is simple: stay home, practice social distancing, wear a mask when you go out and wash your hands. These measures will save your own life and the lives of others.”

During his tenure, SNCC opened Freedom Schools, launched the Mississippi Freedom Summer, a hard-fought campaign to register Black voters across the South. Lewis grew to national stature for his prominent role in the Selma to Montgomery marches when, on March 7, 1965, known as “Bloody Sunday,” he and fellow activist Hosea Williams led over 600 marchers across the Edmund Pettus Bridge in Selma, Alabama. This sped the passage of 1965’s Voting Rights Act.

Elected to the U.S. Congress, reelected 16 times, Lewis represented Georgia’s 5th District, and was recognized as one of the most liberal congressmen to have represented a district in the Deep South. However, he was described by The Washington Post as “a fiercely partisan Democrat but also fiercely independent.”

While in office, Lewis sustained a spirit of activism, speaking out in support of gay rights and national health insurance. He opposed the U.S. war in the Gulf War, and the 2000 trade agreement with China. He opposed the Clinton administration on NAFTA and welfare reform, which he decried as a political and moral affront, stating, “Where is the sense of decency?”

What does it profit a great nation to conquer the world, only to lose its soul?”

An early opponent of the Iraq war, Lewis was cited by the Associated Press as “the first major House figure to suggest impeaching George W. Bush,” and arguing that the president “deliberately, systematically and criminally violated the law” in authorizing the National Security Agency to conduct wiretaps without a warrant. Lewis said, “He is not king, he is president.”

In the wake of the mass shooting that took place on June 12, 2016, in Orlando, Florida, Lewis led a sit-in comprised of approximately 40 Democrats on the House floor in an attempt to bring attention to and force Congress to address
The Alley Newspaper

Stop by these Pillars Locations for complimentary coffee with curbside pickup, and make a donation to the Walk to End Alzheimer’s.

Libby: The Libby app is available for iOS and Android devices and is a streamlined way to access downloadable ebooks and audiobooks from OverDrive. You can check out audiobooks right in the app. You can also read ebooks in the app or send them to your Kindle.

Cloudbuild: Find downloadable ebooks for readers of all ages. A reader app is also available for Apple, Android and other devices.

Hennepin County Resource Helpline: 612-348-3000, 8 a.m. to 8 p.m., 7 days a week

Help available in different languages. If you’re impacted by COVID-19, call for help with clothing, financial assistance, grocery and household supplies, medical care and equipment, or medication.

Lindsey Ferguson is an East Phillips resident and usually works at Hennepin Library in South Minneapolis. After not working for the County for almost two months, she has recently been reassigned to Hennepin County Public Health as a Covid-19 Case Investigator.

The Alley Newspaper is a member of

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612-644-0470

Give. And light a fire under inequality.

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THE PILLARS SENIOR LIVING | LIFE AS IT SHOULD BE

盟Cook is connecting neighborhoods, Promoting Art and Culture. Advocating for Issues, Building Healthy Neighbors through Serving Diverse Communities. Documenting History, Agitating for Change, Guiding with Alternatives. Guided by: Residents of the Phillips Community

Greenwood Neighborhood: Cathy Stoebel Ayers, Pres; Thaddeus Adams, Steve Deyer, Liz Leichter, Frances Meundal, Ted McFadden, Ron Schuck.

Operated via an Electoral Leadership Team: Lindsey Ferguson, Mary Ellen Katsa, Cari Mintz, Mike Taint, and Monica Mangalvedhekar

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Board meeting to the alley: Thursday evening扭, 6pm. At the Minneapolis Center 2000 building. Email meetings as needed.

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Submissions due the 15th day of the previous month

“When the great newspapers don’t say much, see what the little independent ones say.” —Herbert Philipps 1871-1904

METRO TRANSIT
Where Are We Going?

By JOHN CHARLES WILSON

Even though some trains and tiles are still running on a greatly reduced schedule, Metro Transit is hard at work behind the scenes building and planning for a post-COVID-19 future.

That said, I wish to interrupt the good news to tell everyone that Cub Foods is running a FREE shuttle bus to its store during the COVID-19 pandemic. Buses leave the Lake Street Cub every hour between 10 A.M. and 5 P.M and leave the Quarry store one hour later. Each bus carries up to 20 people, allowing for social distancing and room for shopping bags. Other rules are similar to Metro Transit.

Now, for what is in store for us when this debacle is over:

• The Green Line Extension (Southwest Light Rail) construction is continuing as normal. It is planned to be ready for use in 2023.
• The Blue Line Extension (Douglas Line Light Rail) is anticipated to be done by 2024; however, a snag in negotiations is continuing as normal. It is planned to be ready for use in 2023.
• The B and E (BRT) Lines (similar to Route 21 and 6 but faster) are expected to be done by 2023 and 2024.
• The Blue Line (BRT) to Burnsville on I-35W is still underway and is expected to open near the end of 2021.
• The Gold Line (BRT) from Saint Paul to Woodbury is expected to open in 2024.

All of this excitement gets to happen within the next presidential term, which means we all have something to look forward to no matter who wins in November’s popularity contest.

The Green Line Extension is planned to open near the end of 2021.

The Blue Line Extension is anticipated to be done by 2024.

The Gold Line (BRT) is planned to be ready for use in 2024.

The B and E (BRT) Lines (similar to Route 21 and 6 but faster) are expected to be done by 2023 and 2024.
The Cemetery is listed in the National Register of Historic Places in part because of its tie to the anti-slavery movement. Its original owners, Martin and Elizabeth Layman, were members of the First Baptist Church of Minneapolis, which was closely associated with that movement; and there are several others buried in the cemetery, including a number of women, who had ties to both the anti-slavery and temperance movements. It is hard to gauge the exact nature of their involvement since very few of the women who died during the cemetery’s early years left first-hand accounts of their lives, but there can be little doubt about what they believed. Emeline Baker Balch was born in Onondaga, New York on 20 March 1830. When she was 14 years old, Emeline and her family moved to Aurora, Kane County, Illinois. The town of Aurora was settled by New Englanders who relocated to Aurora with that movement; and there are links which was closely associated in fact, be difficult to write since its activities were by necessity conducted in secret. But, he offered this colorful description: It was a strange road. It had neither locomotive nor cars; it ran in the darkness and was invisible… The friends of this mysterious railroad declared that its charter came from God and that it ran from the northern portion of the United States to Canada. Its officers were largely volunteers and its route was that which afforded to its passengers the greatest safety—salary, time, if not paid in this world—would surely be in the next; running expenses donated. (P. 129) Although Illinois was officially a “free” state, there were laws in effect that made anyone convicted of aiding fugitives subject to heavy fines and lengthy prison terms. Those risks did not deter members of the Kane County Anti-Slavery Society (KCASS). The KCASS, founded in 1843, encouraged women’s participation in the organization’s activities. One-third of the Kane County Anti-Slavery Society’s members were women who attended meetings and were among the signers of the organization’s constitution; they raised funds and sewed clothing to aid escapees on their way to Canada. Since she was only a teenager in the organization’s early years, Emeline’s name is not mentioned in the Society’s minutes, but there is little question that she supported the abolitionist cause since she married a known abolitionist. Emeline married Albert Balch on June 1, 1854. Albert, the son of Stephen and Polly Terrell Balch, was born in Covington, New York in 1823. His family, like Emeline’s, moved to Illinois in the 1840s, and, like Emeline, one of his forebears was a soldier during the Revolutionary War. When Albert was 16 years old, during a national period of religious revivalism, he joined the Church of the Disciples. In 1865, he “united with the Adventists for whom he preached.” The Adventists were strongly opposed to slavery. The same year that Albert joined the Adventists, he and Emeline, and their two sons moved to Minneapolis. Leonidas Baker, Emeline’s older brother, came about the same time. Most likely he came for the same reasons as Emeline—lured by promises from the city’s boosters that Minnesotans’ climate would cure their respiratory illnesses. That promise was not fulfilled. Emeline died from tuberculosis on December 1, 1867, at the age of 37. After Emeline died, her brother returned to Aurora where he died a few years later from complications of “laryn asthma.” Emeline is buried in an unmarked grave in Lot 33 Block A.

Phillips Neighborhood Clinic

Keeping Cool in the Heat of It

By HARRY LEEDS

There’s this joke about Minnesota. “We have a really incredible summer! You should come see it. It’s on a Thursday.” Yes, Minnesota is blessed with sunny skies, relatively low humidity, cool breezes, and some of the best parks in the country, all at our disposal to enjoy in July and August. Joking aside, it can get hot outside while many of us spent our summer days in air conditioned offices or cafes, now we find ourselves at home. It is heatstroke when your body is exposed to high temperatures and exhaustive physical exertion.

So, it is important for the more vulnerable (or in my case, irritable) of us stay cool during the summer. It is important that you do not stress yourself, physically or emotionally. Carrying a cool bag the stairs of an apartment building in 90 degree heat may seem like a good idea at the time, but you can hurt yourself. High temperatures can make you tired, confused, and dangerously dehydrated. So you’ll want to make sure you are drinking enough water.

If you can stay safely inside an air conditioned space, you should do that on the hottest of days. Go outside early in the morning before the sun is directly overhead and the streets have had time to suck up so much of its heat. You can also use blinds efficiently. Close the east facing blinds in the morning and open west blinds; then, reverse it in the evening. If it is safe, open your windows at night to let in the cool air, then close them before it heats up in the morning.

A person might be experiencing heatstroke if they have flushed skin, strange alterations in sweat, throbbing headache, nausea, vomiting, or confusion and possibly a high heart rate. Medications or alcohol can make it worse. If this happens to you, get in the shade and cool down anyway you can like with cooling water. Most importantly, call for medical help. Remember, if you call for the ambulance, you don’t have to go to the hospital after the EMTs assess you. Stay cool out there.

National Night Out is September 15, 2020

National Night Out is our cities annual community-building event that promotes neighbors getting to know each other, keeping our blocks safer and creating a better place to live. National Night Out encourages relationships between neighbors, thus bringing back a true sense of community. This is needed now more than ever! This year, Minneapolis will celebrate NNO on September 15th. Many block clubs, old and new, will be seen in streets celebrating this event. For many kids, it’s a night to play in the street and not worry about vehicle traffic. For many, it’s a time to share a potluck and reconnect with neighbors and meet new ones.

It’s not too late to plan for your NNO block event. Talk to your neighbors today!
Beloved civil rights icon John Lewis dies at age 80

Continued from page 1

gun violence with decisive legislative action.

Lewis also protested the presidency of Donald Trump, who was elected on November 8, 2016. In an interview with Chuck Todd for NBC News’ “Meet the Press” which aired on January 15, 2017, Lewis said he didn’t believe Trump was a “legitimate president” because of Russian interference in the election. “I think the Russians participated in helping this man get elected and they helped destroy the candidacy of Hillary Clinton,” Lewis said. He also said he would not attend Trump’s inauguration.

Diagnosed with pancreatic cancer in 2019, Lewis stated: “I have been in some kind of fight—for freedom, equality, basic human rights—for nearly my entire life. I have never faced a fight quite like the one I have now.” On July 17, 2020, Congressman John Lewis, who received the Presidential Medal of Freedom in 2011 from President Barack Obama, died at the age of 80.

Tips from a COVID-19 Case Investigator

Continued from page 1

ask. Some questions help us understand how the virus is spreading. For example, we only know about clusters of cases at different Minneapolis bars because different people told us where and when they went out. Because of this information, we were able to inform the public that anyone who went to those bars should isolate and get tested. Other questions help us understand what occupations might be more hazardous or how different communities are being impacted by COVID-19.

How can I be prepared when someone calls me from the Public Health Department?

• Think about your symptoms and see if you can remember the specific date for when you first started to feel sick. We use that symptom onset date to figure out how you got exposed to COVID-19 and know when you were likely infectious.

• Think through all of the places and people with whom you would have had close contact two weeks before you started to feel sick. AND ten days after you started to feel sick.

• Get permission from anyone you may have caught the virus from OR any close contacts while you were infectious to share their name with public health authorities. We usually only contact them if you are unable to, but it is important for us to get names so we can connect cases and understand how the virus is spreading.

• Answer the phone! Our goal is to call everyone in the State of MN who has had a positive test result within 24 hours of that result being reported to the state. We really need to talk to you, so we will keep calling! But it will save us all time if you pick up the phone on the first call.

There are many different public health agencies working on this, but people who call should clearly identify themselves as calling from the Minnesota Department of Health, or a local jurisdiction like Minneapolis or Hennepin County. We NEVER ask for social security numbers or bank account information. If you have questions related to the COVID-19 pandemic, call the Minnesota Helpline: 651-297-1394 or 1-800-657-3504 Mon.-Fri. 9 a.m. to 4 p.m., or visit https://mn.gov/covid19/.

Swim Safely at Home or Away

Continued from page 1

mask. Wear a mask when you go for a walk or to a parking lot. Practice social distancing in the water just as you would on land thus allowing any virus that might emanate from nearby swimmers, surfers, or paddlers to dilute, disperse, and die off.”

Swimming Lessons Now Available

The Minneapolis Park and Recreation Board (MPRB) offers lessons for all ages and abilities, with scholarships and donated swim wear is available to help make swimming more accessible and equitable. For Minneapolis youth who qualify, a series of eight lessons with a scholarship is just $5, (versus the typical $30 cost), scholarships are available on a first-come, first-served basis. These lessons are part of the Water and Ice Safety Education (WISE) program launched by the Hennepin County Sheriff’s Office (HCSO) and take place throughout the summer at various MPRB lakes and pools.

May Day Café Gift Certificates now available!

May Day Café is temporarily closed until further notice. May Day Café Gift Certificates are now available! INVEST IN YOUR FUTURE BURNS COFFEE AND CROSSANTS!

It’s a great way to support us during this time! Available in any amount.

May Day Café

maydaycafe30@gmail.com or Venmo@maydaycafe

Put your full name and mailing address in the transaction memo & your certificate will be mailed to you.

May Day Café is temporarily closed until further notice.

Did you miss Midtown Global Market’s Grand Reopening event?

You can still pick up a Passport for Food and Fun filled with discounts and offers from our Market vendors.

Stop by The Produce Exchange to get your passport and start saving at the Global Market!

Offers good through August 31, 2020.

We are now open 7 days a week! We invite you to your neighborhood Public Market for coffee, breakfast, lunch, dinner, groceries, beer, gifts and services.

Please wear your face mask. Photos: Bruce Silcox

WELCOME BACK!

We appreciate your support.
In response to the COVID-19 pandemic, the Native American Community Center in the Ancient Trader’s Center on Franklin Avenue had to move quickly to make sure the community did not go without essential medical and behavioral health care. One of the biggest transitions for the clinic was creating a telehealth model that worked for both providers and patients. In an effort to make sure patients were able to make their telehealth appointments, NACC provided 30 gently used laptops and 25 smartphones to patients who needed them. Behavioral health, intensive outpatient program (IOP), medicated assisted treatment (MAT) and medical have all transitioned to the telehealth model.

Many other programs such as the traditional healing workshops have also transitioned to using online meetings to connect with the community. So far, NACC has hosted two workshops that included making a cedar vapor sav and elderberry elixir. NACC ships out the kits prior to the workshop so all participants can follow along with the instructor.

In addition, NACC has added carbide testing to help ensure community safety and access to healthcare. To date, NACC has provided over 1,000 COVID tests to the community. Following the protests and civil unrest in the community, NACC increased their testing efforts and encouraged all who participated to get tested if they have been in large crowds.

The civil unrest following the death of George Floyd prompted the clinic to expand their outreach efforts. Instead of hosting the annual NACC Open House, outreach employees brought smudge kits and outdoor activity kits to the Little Earth Community and Pow Wow Grounds to give out. NACC purchased ground bison and hygiene kits that they donated as well.

NACC has faced many challenges during COVID-19, but we are proud of the work that we continue to do to promote health and wellbeing in the South side community!

Remember to Vote on August 11th: Update from the Ventura Village Neighborhood Board

The 6th Ward City Council seat has been vacant since April when Consultant Abd Warrame resigned to become head of the Metropolitan Public Housing Authority. The 6th Ward includes the Ventura Village and West Phillips Neighborhoods (see map below). There are 12 candidates running for that position in our primary election on Tuesday, August 11. This is a ranked choice election where you will be asked to choose your 3 top candidates from those running. The winner of this election will then serve out Mr. Warrame’s term until the general election in 2021 when the mayoral position and all council positions will be up for election.

How should you choose from all these candidates? In July the candidates were asked to participate in 3 neighborhood forums. You have been receiving in the mail and through handouts information about the candidates, their qualifications, and views about what they feel strongly about. Some of the candidates have websites also.

Our Ventura Village Neighborhood Board has asked the candidates to respond to these questions:

- What will be your financial priorities given the proposed budget shortfall?
- How do you plan to address the current housing crisis? How will you provide accessible and affordable housing?
- What is your stance on defunding and reimagining the Minneapolis Police Department? How would you accomplish the reforms and at the same time provide a response to criminal activity?

These are some of the real issues the City Council needs to focus on. When the new council person is elected, these are some of the responsibilities they will need to respond to until the 2021 election.

Our next Ventura Village Membership and Board of Directors meetings will be on Wednesday, August 25th. Since the Phillips Community Center is closed, please contact us at 612-874-9070 or at venturaridge.org for the location. The forum will meet at 6:00 PM and Membership at 7:00 PM. The meetings will also be held via Zoom. All committees will meet Thursday, August 27th, starting at 5:30.

Pennsylvania Governor’s Office

People do not choose rebellion, it is forced upon them. Revolution is always an act of self-defense.”…C. T. Vivian

VENTURA VILLAGE NEIGHBORHOOD
AUGUST '20 NEWS

3rd Precinct Advisory Council
By: Crime Prevention Specialist, Kali Pliego

Did you know there is a group of residents in the 3rd Precinct who’ve been meeting for 23 years to provide a forum for community members and staff of the Third Precinct (Minneapolis Police Department) to come together on a regular basis? This is an environment to share ideas and concerns in a fair and impartial manner and to work together to make our precinct a safe place to live and work. The group is called the 3rd Precinct Advisory Council (3-PAC). 3-PAC is a non-political organization, entirely community funded, that is made up of people who live and do business in the third precinct of Minneapolis. Meetings are held every other month where the Police Department presents on special units and specific topics, as requested by community members. Recent presentations have been focused on the Ce-Responders Unit (a cop paired with a CUPP social worker to respond to emotionally distressed person calls), the Homeless and Vulnerable Populations Unit, and a Q&A with the Precinct Inspector, Sean McGuire.

Remember that no matter when or where the meetings will pick up again. To receive updates on future meetings, email 3rdPrecinctAdvisoryCouncil@mpls.gov

Given that the 3rd Precinct is the largest in the City, and that it is made up of a diverse mix of residents and businesses, a group like 3-PAC is a great asset to our community. Their mission is to share information between the community and police in an impartial manner is especially important right now. To that end, 3-PAC recently distributed a questionnaire (with help from Crime Prevention Specialists) to Neighborhood Associations, block leaders, and businesses in the 3rd Precinct, which solicited opinions on the current and ideal state of public safety and policing in our City. If you did not have a chance to submit a questionnaire, and would like to, contact 3-PAC at 3rdPrecinctAdvisoryCouncil@mpls.gov

National Night Out is September 15, 2020

National Night Out is our city’s annual community-building event where neighbors get to know each other, keeping our blocks safer and creating a better place to live.

National Night Out encourages relationships between neighbors, thus helping build a true sense of community. This is needed more now than ever! This year, Minneapolis will celebrate NNO September 15th. Many block clubs, old and new, will be in streets celebrating this event. For many kids, it’s a night to play in the street and not worry about vehicle traffic. For many, it’s a time to share a potluck and reconnect with neighbors and meet new ones. It’s never too late to plan for your NNO block event. Talk to your neighbors today! If you’re a block club leader and haven’t registered your party yet, please register ASAP (luther.kraeger@minneapolislol.gov).
"There's nothing wrong with a little agitation for what's right or what's fair."  
...John Robert Lewis

Movie Corner

“Walkabout” (1971) ***** 5 out of 5 stars 20th Century Fox

BY HOWARD MCMICHTER II

A riveting film by Nicholas Roeg in which a teenage girl, Jenny Agutter, and her younger brother, Lucien John, (Lucien Roeg), find themselves in unforeseen circumstances in the Australian Outback. The two youngsters and their father are supposedly on their way to a picnic. Without warning, the father (John Meillon), stops the car and starts shooting at the children who seek refuge behind a rock. Then, the father sets the car on fire before shooting himself in the head. The teenage girl, witnessing the horror, shields her brother from seeing the incident.

Another interesting parallel emerged when many of the survey respondents identified snacking as a method of coping with their isolation. As a summary of the survey commented, “It’s like [the movie] Groundhog Day. People’s snacking habits even produced the snack stockpile quicker than they planned.”

• The survey respondents identified snacking as a method of coping with their isolation.
• Many of the survey respondents identified snacking as a method of coping with their isolation.

Peace House Community—A Place to Belong

Groundhog Day

By MARTI MAJESTY

Back in May, when people had settled into the Covid-19 lockdown, a survey by OnePoll asked Americans how their sense of time was being affected by spending day after day in their homes. The results included:

• The average American got confused about what day it was five times every week.
• 59% of respondents didn’t even know what day it was when they took the survey.
• 65% of those polled said they were struggling to stay motivated during self-isolation.

When I heard the results, my mind immediately flashed back many months to a meditation discussion I led at PHC. I asked community members what parts of homelessness could never be explained but simply had to be experienced. Several people gave answers that almost exactly mirrored the survey results I just mentioned. Among other things, the community members said:

• “It’s like [the movie] Groundhog Day. Every day is just like the day before.”
• “You have to learn how to make yourself comfortable because you know what tomorrow is going to bring, and it’s the same as today.”
• “It takes strength not to snap into depression. You’ve got to keep a positive mind.”
• “Being homeless over a period of time messes with your mind.”

Out in the middle of nowhere in search-

ing heat, crawling with scorpions and snakes and seemingly endless sand, the two English children walk for miles. Tired and hungry, they come upon a watering hole. It is here they meet the Aborigi-

nal Boy, (David Gulpilil), who knows the Outback backwards and forwards.

Gulpilil’s character, just known as Black Boy, shows the two white children how to hunt and survive in the harshness of the Outback. In one scene, Gulpilil is wrestling a small buffalo to the ground before he’s nearly run over by white men in a truck. They are shooting at buffalo with rifles, more for sport than for food. This reckless act by the white men is indicative of the decades of Western civiliza-

tion. “Walkabout” has its share of nudity, especially by Agutter’s character. The swimming scenes create sexual tension between her and the Aborigine. The water-

ing hole and the farmhouse are two places where the three characters can be play-

ful. And, it must be mentioned, not only are the English children and the Aborigine from different cultures, there’s a language barrier as well. The contrast between Western civilization’s “superior” culture and the simplicity of humanity’s natural ways are well-portrayed in the movie.

Nicholas Roeg (1928-2018), the direc-

tor of “Walkabout”, also has directed works such as the films “Performance” (1970), “Don’t Look Now” (1973), and “The Man Who Fell To Earth” (1976). The cinematography by Anthony Roeg is breathtaking. The soundtrack by John Barry (1933-2013) is extraordinary.

Cast: Jenny Agutter (Girl), Luc Roeg (Lucien John), David Gulpilil (Black Boy), John Meillion (Father), Robert McDarra (Man), Pete Carver (Wopland, Australian Scientist), Carl-Marieh (Italian Scientist).

Running Time: 100 minutes

EPIC’s Housing Loan Programs are considered on a First come – First served basis

EPIC Home Buyer Program

Loan Amount: Up to $10,000
Interest Rate: 0%
Loan Term: Due on Sale or Transfer. For given after 10 years of owner occupancy.
Eligible Costs: Down payment and closing costs.
Loan Closing date: Simultaneous with purchase of property.
Program Limit: One EPIC Home Buyer Loan per life-time.
Eligible Properties: 1-4 Unit properties in East Phillips, owner occupied, homestead & primary.

EPIC Rehab & Emergency Loan Program

Loan Amount: $1,000 to $10,000
Interest Rate: 0%
Loan Term: Due on Sale or Transfer. For given after 10 years of ownership occupancy.
Eligible Properties: 1-4 unit occupied properties in East Phillips.
Eligible Projects: Code violations and most improvements.
Ineligible Projects: Pools, playgrounds, lawn sprinklers, saunas, whirlpools, Non-built-in appliances.

EPIC has reinstated its two HOUSING LOAN PROGRAMS:

• EPIC Home Fix-up Loan Program
• EPIC Home Buyer Loan Program

Both programs provide deferred loans at 0% interest, no monthly payments and the loans are not due until the sale or transfer of your property. The programs are available to East Phillips Owners of 1-4 unit owner-occupied properties who meet the income requirements described below. Both loans are forgiven after 10 years of continuous owner occupancy.

Income limit for both programs: At or below 115% area median income as determined by HUD and adjusted for household size.

For example, a family of five must make at or below $124,000 per year

The loans are funded by EPIC & Administered by CEE, the Center for Energy and Environment

mncee.org/eastphillips - 612-335-5884 - 212 3rd Ave. N. Suite 560

The EPIC Board of Directors meets temporarily on the FIRST Thursdays Via ZOOM.
8/6/2020 and 9/3/2020 at 7:00 PM. Watch your E-Mail for your Zoom Invitation.

EPIC Community Meetings are on SECOND Thursday of each month – Via ZOOM
8/13/2020 and 9/10/2020 at 6:30 PM. Watch your E-Mail for your Zoom Invitation.

Clean Sweep 2020 is still in the planning schedule. Scheduled date – Oct. 10.
To join EPIC and/or receive ZOOM invitations, contact Sarah at epic.santiago@gmail.com

For Your Calendar:

The EPIC Report – August 2020

www.eastphillips-epic.com

Contact Carol Pass at 612-916-8478 or cpas@runbox.com

The two English children walk for miles. Tired and hungry, they come upon a watering hole. It is here they meet the Aboriginal boy, (David Gulpilil), who knows the Outback backwards and forwards. It is here they meet the Aboriginal boy, (David Gulpilil), who knows the Outback backwards and forwards.

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**Raise Your Voice**

**Beyond the 4th of July**

By PETER MOLENAAR

The 15th of every month is “a day that reveals to him, more than all other days of the year, the gross injustice and cruelty to which he is the constant victim…” You profess to believe that, of one race God made all nations… and hath commanded all men everywhere to love one another, yet you notoriously hate (and glory in your hatred) all men whose skins are not colored like your own.

In extreme opposition to Douglass, was a confederate general named Henry Lewis Benning, evidently history’s most fanatical proponent of the lash. Fort Benning is named for this guy. In addition, nine more U.S.A. military installations honor by name, soldiers of white-supremacy.

Enter the New World, please… in response to the recent inter-national outrage, our military leaders have proposed to delete all such designations. Incredibly, in order to satisfy his base of “under educated people,” Trump will endeavor to block the renaming process. In addition, the one called “Little-Boy-Man” has proposed 10 year prison terms for the destruction of statuary memorials to oppression.

Congress must act! All such monuments to treason must be relegated to museums. A placard designating SHAME must be attached to every one of them.

Sadly, to date, two marvelous statuary renderings of Douglass have been vandalized by racist activists. Neighbors, stay strong. The face of Frederick Douglass will never be erased. Eventually, every school child will come to know this truth.

**Keep “the alley” sustaining through current times**

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**Solutions**

**Common Sense**

**Crisis Requires**

**Something I Said**

**Homeless Crisis Requires Common Sense Solutions**

By DWIGHT HOBBES

There is a point at which even bleeding heart liberalism must yield to common sense and things at Powderhorn Park in South Minneapolis have passed it.

There’s been a great deal of carping about how the city owes the homeless a place to go, the parks - not just Powderhorn – should be their sanctuary, so on and so forth. This would hold water if the encampment in the middle of a decent, peaceful neighborhood had not sordidly and violently disrupted the surrounding quality of life. The inhabitants didn’t even have to contribute to communal well being, just not drag it down into the gutter and literally endanger it.

As of this writing, crime there has gone from bad to worse. A teen aged girl was raped on June 26. Two days later, so was a woman. All told, there have been three sexual assaults; at least three that were reported. A man was shot in the face recently. Drug use has become so common place, neighborhood residents no longer bother to call police when they see suspected activity, including the directly related traffic of hookers hopping in and out of cars at all hours of the day and night. Junkies have been carted away in ambulances after overdosing. Home owners and rent-paying tenants who work for a roof overhead have had their windows tampered with and seen their automobiles broken into.

The Sheraton Hotel at Chicago and Lake was a homeless sanctuary before this. The owner threw them out for good reasons – drug overdoses and a fire. There are some people you just can’t help for the simple reason that they don’t want to be helped. They’ll gladly take a handout but have no interest in chang-ing, in taking accountability to if not lead a productive life, not violate the rights of others.

Apparently, the whole endeavor was handled in ramshackle fashion from day one. Just pitch some tents to a chorus of outrage, our military leaders have proposed to block the renaming process. In addition, the one called “Little-Boy-Man” has proposed 10 year prison terms for the destruction of statuary memorials to oppression. Congress must act! All such monuments to treason must be relegated to museums. A placard designating SHAME must be attached to every one of them.

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**Powderhorn Action Group,** a coalition of people living near Powderhorn Park, is circulating a petition with specific demands for public agencies at all levels to respond to the needs of people without housing.

To learn where to find the petition online please email sanctuaryneighbors@gmail.com. Thank you.
A novel two-semester pilot program with 12 undergraduates participating was initiated by the BYCHH and the U of M. They learned about intercultural interfacing, community engagement, and knowledge production from the BYCHH while learning about entrepreneurship from MGM vendors. Together, students and vendors worked toward adapting culturally relevant recipes and menu modifications using: diabetically friendly, heart-healthy, and immune supporting foods. While the cohort faced a number of issues including the impact of restaurant closures due to COVID-19, reports from entrepreneurs indicate a boost of inside sales. For many students, the experience transformed their understanding about community-led wellness. Students described having a greater understanding of intercultural interfacing, and how community wisdom positively impacts community health and wellness. “One student reported, ‘Just being open minded to knowing that there’s no one, right way.”

For 25 years the Cultural Wellness Center (CWC) has leveraged health and wellness by helping people to reconnect with their culture and build community. In a novel collaboration with Alina Health, the CWC formed the Backyard Initiative (BYI). The BYI was a ten-year community engagement project aimed to support residents in health and wellness by increasing social support, social cohesion, education, and health empowerment to reduce health inequities for more than 42,000 residents. Given the success of the collaboration, the Backyard Community Health Hub (BYCHH) was formed. The BYCHH aims “To leverage connectedness and cultural practices to ultimately better serve communities, cultivate local champions, build local capacity and reflect community culture and values in the pursuit of wellness.” As the cultural health anchor of the Midtown Global Market (MGM), the BYCHH provides programs for community gardening, Neighborhood Nights: Backyard Community Health Hub Dialogues, body movement, and culinary wellness through its unique and successful model of community engagement. The Community Health Hub is introducing lost African Ancient Grains Hub as part of our ‘Culinary Wellness’ program. These inexpensive, tasty, and healthy grains will be made into dishes and the community will be invited to participate in a taste testing as part of a future cultural celebration. Currently, we continue to work toward a healthier community through our virtual offerings. Stay tuned for more to come.