

I am the young man, full of strength and hope, Tangled in that ancient endless chain Of profit, power, gain, of grab the land!

I am the poor white, fooled and pushed apart, I am the Negro bearing slavery's scars. I am the red man driven from the land, I am the immigrant clutching the hope I seek—I am the immigrant clutching the hope I seek—Of dog eat dog, of mighty crush the weak.

ટાવાટડ

Say, who are you that mumbles in the dark? And who are you that draws your veil across the

(There's never been equality for me, Nor freedom in this "homeland of the free.")

O, let my land be a land where Liberty le crowned with no false patriotic wreath, But opportunity is real, and life is free, Equality is in the air we breathe.

(It never was America to me.)

Let America be the dream the dreamers dreamed— Let it be that great strong land of love Where never kings connive nor tyrants scheme That any man be crushed by one above.

(America never was America to me.)

Let America be America again. Let it be the dream it used to be. Let it be the pioneer on the plain Seeking a home where he himself is free.

BY LANGSTON HUGHES, 1902-1967

Who said the free? Not me? Surely not me? The millions on relief today? The millions shot down when we strike? The millions who have nothing for our pay? For all the dreams we've dreamed

The free?

Yet I'm the one who dreamt our basic dream In the Old World while still a sert of kings, Who dreamt a dream so strong, so brave, so true, That even yet its mighty daring sings In every brick and stone, in every furrow turned That's made America the land it has become.

O, I'm the man who sailed those early seas In search of what I meant to be my home— For I'm the one who left dark Ireland's shore, And Poland's plain, and England's grassy lea, And Poland's plain, and England's drassy lea, And torn from Black Africa's strand I came And torn from Black Africa's strand I came

I am the farmer, bondsman to the soil.
I am the worker sold to the machine.
I am the Deople, humble, hungry, mean—Hungry yet today despite the dream.
Beaten yet today—O, Pioneers!
I am the man who never got ahead,
I am the poorest worker bartered through the years.

Of grab the gold! Of grab the ways of satisfying need!
Of work the men! Of take the pay!
Of owning everything for one's own greed!

Out of the rack and ruin of our gangster death, The rape and rot of graft, and stealth, and lies, We, the people, must redeem The land, the mines, the plants, the rivers. The mountains and the endless plain—The mountains and the endless plain—All, all the stretch of these great green states—All, all the stretch of these great green states—And make America again!

America never was America to me, And yet I swear this oath— America will be!

> O, yes, I say it plain,

We must take back our land again, America!

The steel of freedom does not stain. From those who live like leeches on the people's

Whose sweat and blood, whose faith and pain, Whose hand at the foundry, whose plow in the rain, Must bring back our mighty dream again. Sure, call me any ugly name you choose—

Megro's, ME−

Who made America,

O, let America be America again— The land that never has been yet— And yet must be—the land where every man is free. The land that's mine—the poor man's, Indian's,

And all the hopes we've held And all the flags we've hung, The millions who have nothing for our pay—Except the dream that's almost dead today.

Let America Be America Again



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"When the great newspapers don't say much, see what the little independent ones say." – Wendell Phillips **Donations are needed, welcome,** 

Donations are needed, welcome, and Tax Deductible. Volunteers who had a part in making this issue: Robert Albee, Deena Anders, Shari Albers, American Swedish Institute, Maya Angelou, The Ave Stands with

Angelou, The Ave Stands with Standing Rock, Sponsors, Atum Azzihir, BackYard Initiative CHATS Patrick Cabello Hansel, East Phillips Improvement Coalition, Linnea Hadaway, Hennepin County Franklin Library and Staff, Hubert Humphrey, Langston Hughes, Sue Hunter Weir, In the Heart of the Beast Theatre, Julie Ingebretsen. Peggy Korsmo-Kennon, Carl Lobley, Rose Lobley, Midtown Phillips Neighborhood Association, Tim McCall, Jana Metge, Peter Molenaar, Dave Moore, Karen Nelson, Out in the BackYard, Brad Pass, Carol Pass, Pallani Pozzani, Phillips West Neighborhood Organization, Stephanie Rogers,

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Monthly Alley Communication Board Meetings: 6:30 PM 3rd Wed. Call for Location.

Letters and e-mails to Alley
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Deadline for Jan. issue is Dec. 15

The Alley Newspaper is a Member of



Give. And light a fire under inequality. www.changeisbetter.com 651-647-0440

BY ERIN THOMASSON All Ages

**History Comes Alive: Frederick** McKinley Jones Thurs., Dec. 8, 5-6 pm. African American men and women shaped not just Minnesota, but the entire nation. Their history comes alive in this series of interactive dramatic reenactments. Meet Frederick McKinley Jones, a prolific black inventor with more than 60 inventions. Collaborator: The Minnesota African American Museum and Cultural Center. Funded by Minnesota's Arts and Cultural Heritage Fund. See Jones' biography on this page. Children & Family Programs Family Storytime Each Fri. 10:30 am. All ages & parent or caregiver. Talk, sing, read, write and play together. Share books, stories, rhymes, music and

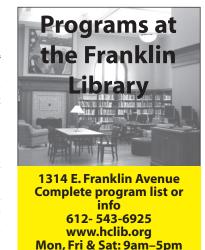
movement.

K-12 Homework Help. Tues,
Wed & Thurs through Dec. 15,
3:30-7:30 pm. Free in-person tutoring for K-12 students. No advance sign-up needed. For more information, see <a href="https://www.hclib.org/homework">www.hclib.org/homework</a>.

Franklin Teen Center Programs Urban 4-H Club Each Tues.

**5–7 pm.** From urban gardening to digital photo/video to theater. Partner: University of Minnesota.

Teen Tech Workshop Each Wed, 4:30-6 pm. Make music, videos, animation and other projects using high- and low-tech tools, from iPads and 3D printers to synthesizers and sewing



machines. Led by the library's Teen Tech Squad.

Tue, Wed & Thurs:

9am -8pm

Sun: 12-5pm

<u>Dhalinta Horumar sare rabta / Young Achievers Each Thurs.</u>
4:30-6 pm

U dabaaldag Dhaqanka Soomalida, sameyso saaxiibo cusub iyo in aad isticmaasho hab nololeed cafimaad leh. Celebrate Somali culture, make new friends and practice healthy lifestyles. Partner: WellShare International.

# Franklin Learning Center: 612-543-6934

Free, one-to-one tutoring for adults who are learning English and math, preparing for the GED and citizenship exams, and gaining life skills. We are always looking for community volunteers! No experience necessary; we provide training and materials.

Phillips West
Neighborhood
Upcoming Events
www.phillipswest.info
December 1st (Thursday) 6:00

<u>to 7:00 p.m.</u> – *Phillips West* Monthly Community Meeting! Join your neighbors and other Community Partners for updates from Local City Government & Minneapolis Police. The meeting will take place at the Center for Changing Lives Building in the Centrum Room (2400 Park Avenue). Free parking is available in the rear of building off of Oakland Avenue. Free Jakeeno's Pizza Dinner will be provided! If you would like more information or would like to get involved in the neighborhood please contact Crystal at 612-879-5383 or email her at pwno2005@ yahoo.com

January 26<sup>th</sup> (Thursday) 5:00 to 7:30 p.m. - Phillips West 20<sup>th</sup> Annual Winter Social!



Join the Phillips West Neighborhood Organization, Community Partners and hundreds of your Neighbors for a FREE dinner buffet of cultural foods at the Lutheran Social Service Center for Changing Lives Building (2400 Park Avenue)! Several Resource tables will be present to share information about their services! Free parking is available! All who live, work, or support the mission of the Phillips West Neighborhood are welcome to attend! If you have questions, would like to have an information booth at event or volunteer please call Crystal at 612-879-5383 or email her at pwno2005@yahoo.

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Analysis

# The 2016 United States of America Presidential Election

BY LAURA WATERMAN WITTSTOCK

Reporting coming after the 2016 presidential election shows some interesting similarities to the 2012 election. First age: 37% of those 18 to 29 voted for Donald Trump, the same percentage that voted for Republican candidate Mitt Romney in 2012. At the other end of the age spectrum, 53% of those 65 and older voted for Trump, and in 2012 56% voted for Mitt Romney. The largest age group voting for Trump were those ages 45 to 64 (53%). Back in 2012 it was 51%.

The white vote for Trump was 58%; the Black vote 8%; the Hispanic vote 29%; the Asian vote 29%; and other (that's where American Indians are included) 37%. When identified, the American Indian vote for Trump is likely to be ten percent or less. Hillary Clinton was on the losing side of votes only among white voters

Despite the fact that potential Republican majority changes in Medicare, Medicaid, Social Security and potentially the Affordable Care Act will all affect those between 45 to over 65 years of age negatively, they voted for billionaire Donald Trump—a 70-year old with no governing experience. There were also thousands who did not vote. In 2012, there were 50,000 Michigan voters who voted for state and local offices but they left the presidential boxes unmarked. In 2016, that number was 110,000. Clinton lost Michigan by 13,107 votes. Despite Trump's threats to overturn Roe v. Wade and the dozens of media reports about how Trump was accused of either raping or forced himself upon dozens of women, 42% of women voters supported him at the ballot box.

Clinton at current count is over 1.5 million popular votes ahead of Trump. Yet Trump wins with 290 electoral votes to Clinton's 232. On December 19th, the Electoral College members will convene in their respective states to elect the president and vice president, after which the college not only adjourns, but ceases until the next presidential year—2020. The lesson learned in the 2000 election when Al Gore received more popular votes than Electoral College winner George W. Bush, was that swing states mean a lot in terms of electoral votes. As of 2012, there are 4.90 electoral votes per million votes cast in red states and 4.09 in blue states. Electoral votes are 3.55 per million votes cast in swing states, but the Electoral College can distort popular vote results because swing states have notably higher turnout. Relative to the number of electoral votes, turnout is about 25 percent higher in swing states than in Democratic or Republican base states.

It is worth a look at the history of the Electoral College. The Constitutional Convention of 1787 devised the plan of having two votes per state equaling the number of senators plus numbers of votes based on representative populations. The Constitution gave each state numbers equal to its delegation in the House of Representatives. Originally, there was no vote for vice president. The candidate receiving the second highest number of votes became the vice president until 1804 when the 12th Amendment to the Constitution was passed. To prevent influence as much as possible, the Electoral College votes in each state, rather than coming together in one large convention. The wrinkle in all of this is that when the Constitution was adopted in 1790 there were only 13 states. Vermont joined the union in 1791. Hawaii is the most recent state to join the Union in 1959 - 50 states instead of 13, and a much larger Electoral College. Big states are California, Texas, New York, Pennsylvania, and Florida, all with over 20 votes. California leads with 55 votes. Trump picked up support from 30 + small states where in many, rural voters went heavily for Republicans.

The question most perplexing, is that with all of the Clinton resources in the campaign, why did she lose to someone who raised \$83.9 million compared to her \$171.6 million? Trump spent nothing in Arizona, Georgia, and Nebraska, and relatively miniscule amounts in Iowa, Wisconsin, Maine, and even Nevada (\$5 million compared to Clinton's \$21.5 million). Clearly, the power of social media, the unknown effect of fake news, and the hyper-coverage of the Republican candidate

**Presidential Election** see page 8



# Troubled in life and at death, Russell Sawyer chose City's tallest, grandest place to die

Russell Sawyer committed suicide on December 26, 1902. Sawyer was 55 years old and divorced. He was estranged from his ex-wife and daughters and there was no mention in the papers of anyone else who might have been a blood relative. In his suicide note, he named four people who the coroner might notify of his death but none of them were

Sawyer had only been in town a short time when he shot himself. He was born in Massachusetts in 1847 but had lived in Indiana most of his life. His ex-wife's name was Eliza and they had two daughters. Eliza was seven years younger than her husband and they must have married when she was very young since Annie, their oldest daughter, was eight years old by the time that her mother turned 25. Lucy, their younger daughter, was six at the time. His daughters wrote to him for some time but not long before he died, they stopped, and that weighed heavily on him.

It is not clear how he was connected to the four people mentioned in his suicide note but they were probably people that he had met while working as a traveling salesman. He seems to have enjoyed some success in his work since he had reportedly accumulated several thousand dollars which he invested and lost.

After losing his money Sawyer headed west and found work in Minneapolis. Samuel L. Baker, a lawyer Sawyer had known in Indiana, hired him to collect bad debts, and he connected Sawyer with others who needed the same



which Sawyer was well suited. Those who knew him described him as "quiet and unassuming, and...regarded him as a man of some learning and culture." But his drinking "occasionally got the better of him," and some believed that was the cause of his financial problems.

By late December Sawyer's world had collapsed around him. He was not able to make enough to live on and he had been evicted. He had nowhere to go. As he explained in his suicide note: "I have no money and no place to sleep tonight and nothing in sight, so will take a rest."

Although quiet and unassuming, there was one subject about which he held very strong views. In his suicide note he railed against religion writing that: "There is not use wasting money with a funeral—cremation is rest. No preacher is wanted or needed. They are a curse."

Sawyer's death was front-page news in the Minneapolis Tribune on December 27, 1902.

Although it must have been an otherwise slow news day, the reason that it was front-page news most likely had less to do with who he was and what he had done and more to do with where he had done it. Sawyer killed himself in Suite 419 of the Guaranty Loan Building, in the law office of his friend Samuel Baker.

The Guaranty Loan Office It was probably not work for Building must have seemed an

ideal place for a man seeking rest to die. It was the city's most famous building, an architectural marvel and was considered Minneapolis' first skyscraper. It was a fortress built out of red Lake Superior sandstone and green granite from Vermont. It was famed for its roof-top garden and for its skylight which let light through to all of the building's twelve floors. It was later renamed the Metropolitan and its demolition in 1961 is widely regarded as the worst preservation catastrophe in Minnesota's history.

It was there that Russell Sawyer sought rest. After having shuttled from one boardinghouse to another and with nowhere to go, the Guaranty Loan Building must have felt like the very picture of serenity and peace.

When his body was discovered he was lying on his back with his legs crossed looking "as if done deliberately and with the intention of assuming rest." But suicide is hardly peaceful. Sawyer had shot himself in the right temple with a 38-caliber revolver and was lying in a large pool of blood.

The building's night watchman notified the authorities. The coroner arrived, quickly ruled Sawyer's death a suicide, and had him removed to the morgue so family or friends could claim him.

No family members came forward but as it turned out Sawyer was not without friends. Two of them claimed Sawyer's body and arranged for a small burial service at Minneapolis Pioneers and Soldiers Cemetery where he is at rest in an unmarked grave.



Russel Sawyer said "I have no money and no place to sleep tonight and nothing in sight, so will take a rest." "There is not use wasting money with a funeral—cremation is rest. No preacher is wanted or needed. They are a curse." And his "rest" was to end his life at the tallest building in Mpls., the Guaranty Loan Company building (subsequently renamed The Metropolitan Building until it was demolished in 1961.



### **Green Tomato Cook-Off Results:**

Exquisite cranberry GT relish, delicious GT Love cake, savory puff pastry GT Gruyere and Mushroom appetizer, smooth & creamy dill, potato GT soup, healthy & colorful GT Southwestern salad, Best of Show raspberry GT cobbler

#### BY CLAUDIA SLOVACEK

Every year the cooks, gardeners and neighborhood residents gather at the end of the growing season to celebrate our fall harvest and to squeeze every last ounce out of our gardens. Since the first killing frost of the season has not tasting and asse yet occurred the cooks had an abundance of green tomatoes to experiment with.

On Thursday, October 20th, the 12th and 13th Avenue Community Garden sponsored the 16th annual Green Tomato Cook-off at St. Paul's Lutheran Church in Midtown Phillips. We had seven entries this year and as the judges weighed in, they said it was one of the hardest years to decide who made the best sauce, sweet and savory entries.

The judges this year included our long time guest, Ruth Holmquist, who has judged the contest for many years. We included a few new faces this year, inviting some of the staff/interns from St. Paul Lutheran's Clinic to join us. Elizabeth Mishler, Meghan Deering, Rachel Wirthlin, and Howie Hsieh also participated in



We started off the evening with fried green tomato appetizers, which were prepared by Sue Hunter Weir, Paul Weir and Wizard Marks. Many of the attendees raved about the appetizers and perhaps a few will try them on their own. This year's featured a crust made with Panko breadcrumbs. A little hot sauce and salt and pepper and the tongues were dancing with this delectable appetizer.

Cash prizes and ribbons were awarded for three categories of entries: 1) Sweets like pies and tarts and ice cream (one of our alltime favorites was green tomato ice cream); 2) Savories like stews, soups, pestos, casseroles, frittatas, empanadas, spanakopita; and 3) Sauces/condiments, including salsas, relish, chutneys and the like. We even had green tomato beer

This years' winners were as follows:

#### **SAUCES**

1st place for sauces went to Pastor Patrick Cabello Hansel for an exquisite Cranberry Green Tomato relish.

#### **SWEET**

1st place for sweet was awarded to Linnae Nelson Seys and Jamie Sevs for their Green Tomato Love cake which added a moist and delicious finish to the meal.

#### **SAVORY**

3rd place for savory went to Wizard Marks for a great use of puff pastry in a Green Tomato, Gruyere and Mushroom appetizer.

2<sup>nd</sup> place for savory was awarded to Sue Hunter Weir for a smooth and creamy Dill Potato Green Tomato soup.

<u>1st place for savory</u> went to Sue Hunter Weir for a healthy and colorful Green Tomato Southwestern salad, including a green tomato dressing.

#### **BEST OF SHOW**

Best of show (best from all three categories) was awarded to Sue Hunter Weir in the sweet

category for her Raspberry Green Tomato cobbler, fresh from the oven. Although a bit messy, it left the participants wanted to lick their plates clean so as not to miss any last remnants of its heavenly flavors.

Mark your calendars for next year's cook-off, which will again occur on the third Thursday of October 2017. We encourage all cooks out there to start planning for next year's contest, starting with this year's crop.









# EPIC Continues its Tradition of Affordable Renewal

EPIC is proud to be one of the few Minneapolis neighborhoods to continue rebuilding and restoring our physical infrastructure in the great tradition of NRP projects of the past. In a progressive city, it is critical to remember urban renewal is never done.

The photo on the right shows two new, state-of-the-art, affordable homes built by EPIC in partnership with PRG (Powderhorn Residents Group) in East Phillips. Two more, by Habitat for Humanity, are nearing completion across the street.

It is impossible to build an "affordable" home today in Minneapolis. The cost of labor, materials and the lot pushes every newly built home well over the Federal guidelines for an affordable home. The difference between the total cost of building the home and its "affordable" selling price is called the "Gap".

So, how is it that EPIC can get affordable homes built and sold in East Phillips? In the past, under the strict notification and participation requirements of NRP, EPIC was directed by East Phillips residents to allocate a portion of its NRP money to help fill the "Affordability Gap" and make it possible to build new quality affordable homes for its economically challenged residents.

When the City of Minneapolis ended the NRP program, EPIC's all volunteer Board and members chose to use a portion of its new but reduced CPP funding to create a Neighborhood Priority Plan which continued this important urban renewal project – new homes for our urban families.

Years of neglect and irresponsibility in housing are being healed by the wise choices of the EPIC Board of Directors, your neighbors, and the residents of East Phillips.



### For Your Calendar: \* Have a Great Holiday!

<u>The EPIC Board of Directors</u> meet on the FIRST Saturday of the month – Next Meetings; Saturday, 12/6/2016 and 1/7/2017 at 10:00 AM.

<u>The EPIC General</u> Membership meets on the SECOND Thursday – Next Meetings; Thursday, 12/8/16 and 1/12/2017 at 6:30 PM

Agenda includes Neighborhood Industrial Pollution, Crime Initiatives, and EPIC project updates.

<u>The East Phillips Park Programming Partnership</u> meets on the LAST Tuesday – Next meetings; No December Meeting – Join us 1/31/17 at 11:30 AM. Lunch is served. Updates on Partner Programming, Park Events & News.

Meeting Location: All the above meetings and events are held at the

East Phillips Park Cultural & Community Center located at 2307 17th Ave. S.

The Center is wheelchair accessible and all are welcome.

<u>The East Phillips Community 17<sup>th</sup> Ave. Gardeners</u> meet on the second Saturday of Each Month during the gardening season, normally from April through September. Next meetings are Next Year Saturday, 4/8/2017 & 5/13/2017 at 9:00 AM in the Community Center at 2307 17<sup>th</sup> Ave. S. Subsequent meetings will be held in the Garden.

- \* East Phillips Residents wanting a 2016 Garden Plot, contact Brad Pass at 612-916-8478
- \* To get involved in EPIC & help move the East Phillips Neighborhood in a positive direction, join us at any EPIC General Membership meeting (see dates above). All are welcome.

Designed and Paid for by East Phillips Improvement Coalition



# MIDTOWN PHILLIPS NEIGHBORHOOD ASSOCIATION INC.

 $www.midtownphillips.org \ | \ 612.232.0018 \ | \ midtownphillips@gmail.com$ 



#### **BOARD MEETING AGENDA**

TUESDAY DECEMBER 13, 6:30-8PM. Stewart Park (Arts & Crafts Room) 2700 12<sup>th</sup> Ave S, Minneapolis

- Review/Approve November Board Meeting Minutes (10 min)
- Announce board resignation and open District 3 position (10 min)
- Staff Report and Meet and Greet with Maggie Moran (20 min)
- End of year wrap up (20 min)
- Annual Community Meeting planning and call for volunteers (20 min)
- Public comments (10 min)

#### NO DECEMBER COMMUNITY MEETING

Happy holidays!



### Join the Midtown Phillips Neighborhood board!

We are currently seeking a District 3 Rep

(Rep must live or work between 26th to 28th Streets & 12th to Chicago Aves)

FOR MORE INFO:

midtownphillips@gmail.com

This Monthly Alley Newspaper Half Page was paid for by Midtown Phillips Neighborhood Association, Inc.





at Midtown Phillips Neighborhood Association, regardless of faith, gender, race or background



# /ENTURA VILLAGE DECEMBER 2016



DEC. 14TH GENERAL MEMBERSHIP MEETING @ 7:00 VOLUME 5 NUMBER 12

### Diverse Cultures Showcased at November 12th Minneapolis Park Board Event at Phillips Community Center



Food, music and dance are the three elements that best showcase a given culture to those anxious to learn more about people who were indigenous to another part of the planet. The Minneapolis Park Board sponsored and hosted groups from Latin American, African, Asian and European traditions. Although there was little publicity for the event, plenty of people showed up to help celebrate the wide range of cultures residing side-by-side in Minneapolis. Clusters of attendees found space on the gym floor to sit with family and try free food offerings from several cultural vendors while enjoying celtic dance, drum songs, Somali folk dance from the only organized group in the United States. Trinkets, jewelry, pottery and treats were also offered for viewing, sampling and purchase. Several tables were open invitations for participating attendees to try out painting and drawing with hosts providing coaching and enthusiastic encouragement.



# Calling for Nominations to Ventura Village's Board Of Directors

Members of Ventura Village seeking election to the Board of Directors, whether nominated by themselves or another, shall register name, address, phone number, membership category (as defined in Article II Section 1 of the Ventura Village Bylaws), and place of primary residence, at Ventura Village's office fourteen (14) calendar days (Nov. 30) prior to the scheduled election.

Nominations submitted by mail shall be addressed to the Ventura Village mailing address and postmarked no later than fourteen (14) days (Nov. 30) prior to the scheduled election. Nominations for election to the Board of Directors will not be accepted from the floor.



#### **UPCOMING VENTURA VILLAGE MONTHLY MEETINGS:**

**DECEMBER 29TH: HOUSING & LAND COMMITTEE: 5:30 PM DECEMBER 29TH: CRIME & SAFETY COMMITTEE: 6:30 PM** JANUARY 4TH: WELLNESS, GARDENING & GREENING: 6:30 PM JANUARY 4TH: COMMUNITY ENGAGEMENT COMMITTEE: 6:00 PM JANUARY 11TH BOARD OF DIRECTORS MEETING: 6:00 PM JANUARY 11TH: GENERAL MEMBERSHIP MEETING: 7:00 PM



With nothing on our tongues but Hallelujah!



ASI Turnblad Family Mansion on a Winter Night at 2600 Park Avenue

# **WELNA HARDWARE**



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Christmas Eve Services at Marie Sandvik Center

Saturday, December 24

Family Service at 4:30pm (Doors open at 4pm)

(Only families with children at this meeting, please)

Adult Service at 6:30pm (Doors open at 6pm)

(Call for more info)

Christmas songs and gospel message! Pizza, a beautiful quilt and a gift-filled shoebox for everyone.

At 11th and Franklin, Marie Sandvik Center, a Christ-centered mission, exists to meet spiritual and physical needs of anyone.

**FOR ADULTS:** 

After a chapel service, quests may receive a hot meal, clothing, hygiene products and a blanket. (See schedule on right.)

KIDS' MINISTRY!

new friends and ride provided.

-Saturdays - 11am-1pm -Thursdays - 5:30-7:30pm Children in K- 8th grades are welcome to attend. Hot meal, discipleship, fun activities.

FURNITURE:

Individuals in need may call to inquire about free furniture - 651-468-9741

ALL ARE WELCOME!

Sunday nights 7pm Meal, men's clothes

Tuesday nights
5pm Set Free (12 Step)
\*7pm Chapel
8pm Meal, women's clo

Friday nights 5pm Bible study

Thursday afternoons

Quilt & layette s Christian movie Child care for those in

Children's clothing

\*1pm Ladies' Day Chapel 2pm Meal, women's, infants' &

1112 East Franklin Avenue, Minneapolis, MN 55404 612-870-9617 www.MarieSandvikCenter.org

# **Nordic Holidays: Celebrations of Light Exhibition Nov. 12 to January 8 2017**

Lantern Lit Glögg Tours 6:30-8 pm Sat Dec. 3, Sun Dec. 11, Fr Dec. 23 & Sat Jan. 7, 2017. Explore Mansion decorated rooms. with glögg, a warm, mulled wine, & seasonal appetizers from FIKA. \$50 ASI members / \$55 non-members.

Making Traditions weekend series of family music & handcraft Dec 3-4, 11 & 18. Generously supported by Mike & Barb Nelson.

Julmarknad: Market & Festival Sat Dec. 3, 10 am-5 pm; Sun Dec. 4, Noon-5 pm With jewelry, glass, clothing, wood, & ceramic gift items by local artists; alongside ASI's Store & Jul Shop. Enjoy music, dance & storytelling. Make *slöjd* (handcraft) projects & watch for tomte & Santa! Sample FIKA's delectable holiday menu, p glögg & Bake Sale.

\$12 adults / \$5 ages 6-18 / ASI Members and children 5 & under -FREE. Museum adm. Incl..

**Kids at the Castle** 

Friday, Dec. 9, Lucia's Legend; Friday, Dec. 16 & Saturday, Dec. 17,9 to 10 AM Tiny Tomtar & Extraordinary Elves It's playtime for kids and their grown-ups at the castle for creative & fun learning activities; visual games, storytelling, music & movement. Ages 2-5. \$8 per family. Reg. not req. adults must attend with children.

**Winter Solstice Celebration** Wednesday, Dec. 21, 5 - 8 pm Celebrate year's shortest day & longest night; bonfires, courtyard, family handcraft, self-

guided tours of the Mansion's holiday rooms & FIKA café's festive bites & warm glögg. The ASI Store & Jul Shop: open late. Incl. with museum adm.

Turnblad Mansion Public

Daily Tu-Sun 1:30 pm Nov. 15, 2016 – Jan. 8, 2017

Learn Turnblad's fascinating story, castle architecture, ASI history, and early immigrant. Incl. with museum adm.

Museum Admission: \$10 adults, \$7 ages 62 +, \$5 ages 6–18 & full-time students with ID. Free for ASI members & kids ages 5 & under.

#### 2016-17 EXTENDED ASI **HOLIDAY HOURS**

From November 15 – January

**MUSEUM HOURS\*** 

Tu Th & Fr 10 am-5 pm \*From Dec 1-31: Th & Fr extended 10 am-8 pm Wed 10 am-8 pm Sat 10 am-5 pm

Sun Noon-5 pm ASI, FIKA & Store closed Mon

FIKA Café HOURS\* Tu Th Fr Sat 8:30 am-5 pm \*From Dec 1-31: Th & Fr extended-8:30 am-8 pm Wed 8:30 am-8 pm Sun 11 am-5 pm

#### MUSEUM STORE & JUL **SHOP HOURS\***

Tu-Th-Fr-Sat 10 am-5 pm \*From Dec. 1-31: Th and Fr extended 8:30 am-8 pm Wed 10 am-8 pm Sun noon-5 pm

Join in with the other community members on Wednesday, December 14th from 5 to 8 pm to celebrate another year of The Alley Newspaper. Give your opinion of what you like about The Alley and how it can improve.

ASI Holiday Rooms Public

Daily, Tu-Sun Nov. 15, 2016 -

Enjoy a popular Mpls. holi-

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of Nordic traditions from homes

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Iceland, Finland & a room hon-

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Brandenburg: striking imag-

es from 30 years with National

Geographic; loaned by Sivertson

The Royal Copenhagen /

Bing & Grøndahl Handpainted

Christmas Plates 1895 to

2016. (donated by Mary Jane

Gallery, Grand Marais, MN.

Aurora Borealis Series-

with Museum adm.

**Photographs** 

Thompson).

Jan. 8, 2017

Attend the American Swedish Institute's FREE **Neighborhood Night** and enjoy the festive Scandinavian holiday activites in this former Swedish newspaper family's "castle" at 2600 Park Avenue. **Review** The Alley Newspaper's work of 2016 and cast your **vote** about the Alley Newspaper's future!

> The Alley Newspaper in collaboration with the American Swedish Institute's ANNUAL NEIGHBORHOOD OPEN HOUSE

> > FREE!

Wednesday, December 14, 2016 5:00 to 8:00 pm

**American Swedish Institute** 2600 Park Avenue South, Minneapolis, MN 55407

> Questions or more info: editor@alleynews.org P.O. Box 7006 Mpls., MN 55407 or 612-990-4022



What will happen to The Alley Newspaper if our Editor/ Coordinator falls sound asleep at the wheel? How will the work of our devoted writers and volunteers find its way to print each month?

# The answer to that question rests in **YOUR** hands!

We are keeping our phone message service through December 31. Let's flood the anonymous phone line in December. Without your opinions and ideas, this community-governed media source may not be all that it can be.



# **CALL NOW** and leave a message at:

612-605-7532 (no human contact!)

- 1. **YES** or **NO** Do **YOU** read The Alley Newspaper?
- 2. **WHY** do **YOU** read The Alley Newspaper?
- 3. **WHAT** should be kept the same? What should change?
- 4. **WILL YOU** join a conversation with a core group of Alley stakeholders to discuss how to keep The Alley going after September of 2017?

**YOU** can answer **ANY** or **ALL** of these questions by: Phone message: 612-605-7532 (no human contact)

Email: editor@alleynews.org

Mail: Alley Communications, PO Box 7006, Mpls., MN 55407 Facebook: Send a message on FB to The Alley Newspaper **Attend and "vote":** at the Neighborhood Night at the American Swedish Institute, Tuesday, Dec. 14



# **SAVE THE SHAVE IS (SO) APPEALING!**

BY STEVE SANDBERG

Thanks everyone! The recognition by the City on October 25th that the Burma Save building DOES meet the City's criteria for historic designation has put wind in our sails as we appeal to the City Zoning and Planning on Dec. 1st.

Thanks for all the great suggestions for ways to incorporate this building into the educational regimen of Adult Education and the South High School campus:

• a student run museum of immi-

- a student run coffee shop,
- an all nations themed gathering place in a new building,
- a post and beam supported super structure for an outdoor plaza.

The trend in preservation of historical sites is to focus on the value of the stories they have to tell and the ways in which they involve the community. This is a fantastic opportunity for just that! Remember to vote "Save the Shave!" at City Zoning and Planning Committee at 9:30am on Thursday December 1st, City



# **Post and Beam Increases** Repurposing

#### BY HARVEY WINJE

It may be that the Burma-Shave building is built with posts and beam construction, a type of construction that is now very unusual in this day and age. Indications of this type of construction has not been verified because access to the building has been prevented by its current owner, Mpls. School District #1.

If it is post and beam, also called timber frame construction; it has these advantages:

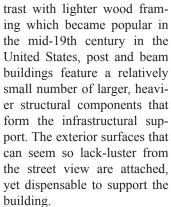
1. Post and beam construction utilizes large, vertical, wood columns placed about 8 feet apart with a series of large horizontal wood beams placed across them to support either a second floor or a roof. In con-



**Langston Hughes** Biography Poet, Playwright (1902-1967) Langston Hughes was an American poet, novelist, and playwright whose **African-American themes** made him a primary contributor to the Harlem Renaissance of the 1920s.

trast with lighter wood framing which became popular in the mid-19th century in the United States, post and beam buildings feature a relatively small number of larger, heavier structural components that form the infrastructural support. The exterior surfaces that can seem so lack-luster from the street view are attached, yet dispensable to support the

- 2. Because the weight of the structure is supported by posts that are spaced relatively far apart, post and beam construction allows for large expanses of glass or other exterior sidings. Consequently, post and beam buildings often feature large windows.
- 3. Post and beam buildings usucomplete a boxlike frame.
- 4. Post and beam buildings have movability.



- ally feature high vaulted ceilings, creating a large, roomy occupant space. The fact this building was built originally as Vine Church adds to the likelihood it is post and beam that created a large meeting room. This technique was used in for Stave Churches, built in northern Europe during the Middle Ages between 800 and 1200, using a foundation of boulders to support a horizontal wooden frame on which rested four corner posts or staves. The staves were connected above by a rectangle of beams that
- added structural integrity that is advantageous to moving an entire building. The fact this building has already moved from its original location is an indication of its stability and





- 5. Because the timber used in constructing a post and beam structure must be denser and stronger than in lighter frame buildings, it is more fire resistant. Lighter frame buildings are often built from softwood that is less dense and more porous, making them more susceptible to fire.
- A post and beam building requires large pieces of high quality timber cut from large trees. The wood used in this building may be of a species and quality less available now. This increases the tragedy of sending it to a landfill.
- The fastening technique of the timbers is an art in itself and critical to its lifetime potential. If this building is post and beam/timber framing of high quality timber, fastened in a manner of integrity, it is a gem worth keeping for further use, education, and history.

It is imperative that we begin to examine not only the historical use of the building but its construction technique. This can help to preserve the technology of the construction industry and simultaneously help us to conserve resources. This building should be examined for type of construction, analysis of durability for repurposing, moving or reuse and its value for educational and historical purposes.



#### 911, "What Took You So Long?"

Have you ever wondered why some 9-1-1 calls are responded to so quickly while others seem to take forever? How do police dispatchers prioritize calls and what resources do the police have for responding to those calls?

Inspector Catherine Johnson will help us understand the issues affecting response time to emergency police calls.

Join us on Monday, January 9th, 2017, at St. Paul's Church (corner of 15th Avenue South and 28th Street). The meeting will begin at 6:30 and end at 8.

Everyone who lives or works in the Phillips Community (EPIC, Phillips West, Ventura Village and Midtown) is welcome.

Sponsored by the Midtown Crime and Safety Partnership.

### **Hospital Flexes Muscle to Demolish Sanctuary**

Children's MN Hospitals is in a "no holds barred" attempt to demolish the Sanctuary of Messiah Church, 725 E. 25th St., and rented by Emmanuel Mennonite Congregation.

It is impossible for most congregations to compete against Children's fundraising prowess!

Children's bought the other church on this block from an ex-neighbor, turned "Judas," as dollars spoke louder; Children's demolished it in spite, despite or to spite neighbors' protests.

#### **Presidential Election** from page 8

by some media channels all gave a positive boost to the Trump campaign. It is also unknown how many changed their vote or made up their mind after FBI director James Comey came out just eleven days before the election and said he was reopening the investigation into Clinton's private e-mail server—assuring that the final days

would be filled with innuendos and suppositions about what had been an investigation Comey himself had closed in a report to Congress. Comey made the announcement of a renewed investigation against Justice Department policy and rules, and over the objections of the attorney general and several other Justice Department officials. He had not seen the new evidence nor had he determined whether or

not it showed any wrongdoing on Clinton's part.

When he came back with an announcement on November 5, just two days before the election that he had not found a basis to believe Clinton had committed any crime, it was too late to resume a focus on Trump's sexual presumed wrongs, if not crimes, or to burnish Clinton's reputation. Under long-standing Justice Department

practice, Comey should have kept silent about any further investigation, so close to the national elec-

There will be many more analyses in the coming months and then history will take over with its own research and publications. The story of this election is far from over. Its most important lesson is not that an ideologue non-politician could win the presidency of the world's most powerful nation, but that a Socialist Democrat from one of the nation's smallest states, Bernie Sanders, could reach out to the all-important but neglected Millenials (ages 18 to 24) as they grew to equal the voting power of the Baby Boomers (ages 51 to 69). This election disappointed that powerful voting demographic but we will hear from them loudly and clearly in 2020.



These nine organizations hosted this support and awareness fundraiser event Sat Nov 12th from noon to 5 pm along the American Indian Cultural Corridor of East Franklin Ave.: Native American Community Development Institute - NACDI, Pow Wow Grounds, Bois Forte & White Earth Urban Offices, Minneapolis American Indian Center, American Indian Movement Interpretive Center, Native Lives Matter, All My Relations Gallery, Two Rivers Gallery, Aaron Lightfeather, (Friday Family) Traditional Ojibwe song and dance workshop. There was a Silent Art Auction in Powwow Grounds Coffee Shop and a Gallery Show: "On Fertile Ground: Native Artists in the Upper Midwest".

The festivities were Opening song by Aarons group, Lapoints with Lakota Prayer, Water talk with the LaPoints, Wakemup Productions - Smart Wars Performance, Blue Dog/ Angela Vig, Los Nativos, Round Dance and Raf, Andrew Broder/ Crescent Moon, Tall Paul, Danny Blake, Troy Amlee, Round Dance/ Closing, and A Comedy Hodgepodge of Plays by New Native Theatre at the Minneapolis American Indian Center 1530 East Franklin Ave. There was also a Gallery Show at Two Rivers Gallery "Dakota Insanti: Reclaiming Identity" & Community Sewing Bee. All proceeds went directly to the Water Protectors on the

\$23,000. was raised and went directly to various winter encampment needs of the Water Protectors at Standing Rock determined by consensus of local lead-

# Tribe calls on President Obama again to deny easement and honor treaty

Cannon Ball, N.D. — Statement from the Standing Rock Sioux Tribe's Chairman, Dave Archambault II "Today we were notified by the U.S. Army Corps of Engineers that on Dec. 5th, they will close all lands north of the Cannonball River, which is where Oceti Sakowin camp is located. The letter states that the lands will be closed to public access for safety concerns, and that they will allow for a "free speech zone" south of the Cannonball River on Army Corps lands.

Our Tribe is deeply disappointed in this decision by the United States, but our resolve to protect our water is stronger than ever. We ask that all every-

one who can appeal to President Obama and the Army Corps of Engineers to consider the future of our people and rescind all permits and deny the easement to cross the Missouri River just north of our Reservation and straight through our treaty lands. When Dakota Access Pipeline chose this route, they did not consider our strong opposition. Our concerns were clearly articulated directly to them in a meeting on Sept. 30, 2014. We have released that audio recording from our council meeting where DAPL and the ND Public Service Commission came to us with this route.





# **Prayer Village**

Oceti Sakowin Camp at Standing Rock in North Dakota

#### BY SANDY SPIELER

We arrived at the Oceti Sakowin Camp at Standing Rock, ND at midnight on the main road that overlooks the Camp, and even in the dark, the sight took my breath away. I recognized this as an ancient sight, yet eternally vibrant and essential. My heart was so full. The encampment is huge, expansive, and beautiful, the deep outline of the rising hills

cradling the many Teepees and tents and fires with smoke rising in tendrils above the Plains toward the stars.

This is a Prayer Village, the people of Standing Rock are welcoming relatives from all over the world to stand in protection of the Water, and in opposition to the Dakota Access Pipeline; I was honored to join.

Across the dark fields, on the

other side of the River, I could also see the line of intensely bright lights, and heard the hum of the pipeline machinery that continued throughout the night, so alien to the quiet majesty of the Oceti Sakowin Standing Rock camps. Why? Why? Why?

### Largest bank in Norway sells its assets in Dakota Access pipeline

The largest bank in Norway, DNB, has sold its assets in the Dakota Access pipeline. The news follows the delivery of 120,000 signatures gathered by SumOfUs. org to DNB by Greenpeace Norway and others urging the bank and other financial institutions to pull finances for the project. DNB Greenpeace USA spokesperson Lilian Molina said:

"The writing's on the wall for the Dakota Access pipeline.

People power is winning. DNB divesting and considering terminating its loans is a victory for the water protectors. All financial institutions with a stake in the pipeline must quickly realize that financing this project is toxic. Citigroup, TD Securities, Wells Fargo, SunTrust, and the other banks backing this project should get on the right side of history."

# "Hacksaw Ridge"



#### \*\*\*\* "Hacksaw Ridge" **Summit Entertainment** Biography/War (R)

I envision climactic moments in war films going back decades; when I see soldiers coming over the threshold with guns in hand, bullets and bombs sounding all around them, as they face their enemies. War movies, such as Steven Spielberg's "Saving Private Ryan" (1998), Ken Annakin and Andrew Marton's "The Longest Day" (1962), Francis Ford Coppola's

"Apocalypse Now" (1979), Raoul Walsh's "Objective, Burma" (1945), to name a few, that left me hanging on to my seat. "Hacksaw Ridge" is no different.

Andrew Garfield, as Desmond Doss, a Seventh-day Adventist and a conscientious objector, feels it's his duty to serve in the Army during World War II except without touching a gun. Of course, this stance of refusing to carry a gun is in direct conflict with the Army's policy. However, Doss' stance doesn't sit well with his superiors or his fellow soldiers in



HOWARD McQuitter II Movie Corner Howardsmoviecorner.com

#### howardmcquitter68@gmail.com

the barracks where he faces persecution. The men are training to go to Okinawa in the Pacific Theater. He's even arrested for not following orders just when he's about to go home to marry his girlfriend Dorothy (Teresa Schuttle).

Doss is permitted to be an Army medic which pays off great dividends by his heroic feats saving at least 75 men without firing

Flashbacks to a domestic tangle, between his mother and father in his boyhood years when Doss comes close to shooting his dad, may have contributed to refusal to use a gun in addition to his religious beliefs.

Director Mel Gibson lays out the graphic war scenes with an intensity and passion he's known for in "Braveheart" (1995), "The Passion of the Christ" (2004) and "Apocalypto" (2006). But isn't war what it is--graphic? What's more, war always has sanguineous consequences.

It's not a question if "Hacksaw Ridge" is worthy of serious Oscar consideration, it is any director's but Mel Gibson for the taking. Indeed, Gibson, rightly or wrongly, is probably on the Academy's Enemies List.

(Desmond T. Doss), Vince Vaughn (Sergeant Howell), Sam Worthington (Captain Glover), Hug Weaving (Tom Doss), Luke Bracey (Smitty ) ,Milo Gibson (Lucky Ford), Matt Noble (Lt. Cooney), Richard Roxburgh (Colonel Stellzer), Ryan Corr (Lt. Manville). Running time:131 minutes. (R)

Director: Mel Gibson.

La Natividad Returns to Minneapolis

# An urgent plea to open homes, cities, the world, and hearts with love.



#### BY STEPHANIE ROGERS

This Holiday season, In the Heart of the Beast Puppet and Mask Theatre and St. Paul's Evangelical Lutheran Church reprise the popular, bilingual La Natividad performance and celebration with performances from December 15 to December 22. It's an event that has become a tradition for many in the neighborhood, and is more relevant than ever as we look towards 2017.

La Natividad is a modern-day retelling of the Nativity story, brought to life on the streets of Minneapolis. Drawing on the theatre's long history of collaboration, socially relevant theatre, and community participation, La Natividad frames the Christmas story within the context of a Mexican-American Immigrant experience. The pregnant María and her fiancé José (portrayed by both live actors and giant puppets) lead the audience along 15th Avenue in South Minneapolis. Who will offer them shelter?

In a traditional Mexican Posada, actors portraying Mary and Joseph guide a procession of neighbors as they travel from house to house, looking for shelter. They are repeatedly turned away, until a designated person, playing the sympathetic innkeeper of the nativity story, takes the couple in and the community shares in a feast celebration. La Natividad expands the traditional music and turns the journey into a full puppet play, in which each stop is a scene from the biblical story as told by the gospels of Luke and Matthew. Teams of talented puppeteers enact the emotion in each hand-made puppet, animating the larger-than-life story that ends with a celebration and food for all.

This performance wouldn't be possible without our neighbors in Phillips and the rest of South Minneapolis. Las Mojarras Restaurant is supporting this production by serving as one of the

sites on the journey, and many in the audience will recognize friends and community members on stage and in the choir.

The play is performed in both English and Spanish. Patrick Cabello Hansel, co-pastor of St. Paul's Lutheran Church, notes that "La Natividad has brought the Anglos and Latinos in our congregation together around a story we share... we are intentional to be a safe place, a place of refuge, where everyone knows they are welcome."

Director Sandy Spieler agrees:

"I grew up with The Biblical Christmas Story as an instruction of opening one's home and one's heart with love for the world. With their urgent need, Mary and Joseph knocked on the doors of a city seeking shelter until a stranger found a place for them. In our present day, this has direct parallel to the many people around the world who are receiving immigrants in need of shelter. The Christmas story reveals the hierarchies and edicts of government, and the communities that shelter and nurture love against all odds. We enact all of this in La

The choice of the actors themselves continues this theme; the roles of María, José, and many other characters are played by Dreamers (the U.S. born children of immigrants) and their parents. Tickets are \$23 for adults and \$17 for children, students, seniors, and groups of 10 or more. No one will be turned away for lack of funds, and there are opportunities for community-members to volunteer in exchange for tickets. To purchase tickets, visit <a href="http://">http://</a> lana2016.brownpapertickets. com or call 612-721-2535. To volunteer and receive free tickets in exchange, please e-mail volunteer@hobt.org.

Stephanie Rogers is the HOBT Marketing Coordinator



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# **Native?**

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## Ilhan and Neegonnweedun

Was it fifteen years ago that a Somali man named Jaylani suffered a psychotic breakdown at the Chicago Crossing parking lot off Franklin Avenue? He would be executed by the police before that day was done. Had he been white, people believed another outcome would have occurred.

So then, Neegonnwayweedun -The Thunder before the Storm – yes, Clyde Bellecourt led a long column of Somali people and their supporters. Protesters marched from Lake Street down Chicago Avenue to the County Government Center. Clyde said to the Somali people "Don't let them send you back!"

Note: This summer, at the Phillips Community Center, I witnessed a beautiful cultural exchange between Native and Somali youth.

#### November 4, 2016...

We gathered at the American Indian Center to purchase copies of The Thunder before the Storm - the autobiography of Clyde Bellecourt. In one passage of the book, in the spirit of forgiveness, Clyde approaches a man who had attempted to kill him. He gently asked "Why did you shoot me?"

Any lingering ambivalence of judgement should be resolved by reading the book. By historic proportion, Clyde Bellecourt is the most honorable figure of this community.

November 8, 2016...



PETER MOLENAAR Raise Your Voice

Donald Trump is elected. November 13, 2016...

Under the banner of "Our Revolution," some 700 people came to St. Peter's AME Church to process things. The gathering reflected the ongoing movement generated by the Bernie Sanders campaign.

I was fortunate to be sitting at the front, so as to be close to Ilhan Omar when she spoke. Ilhan emanates such a saintly and eloquent presence. She tells us that now is not the time to "turn cheek," but rather we must engage the forces of oppression by means of "compassionate confrontation."

Readers of Clyde's book might share a vision of Native Peoples adopting Ilhan as their own.

Commentary

# Phillips Neighborhood is a Treasure

Stay strong; Stay together; Speak for justice; We are a family here.

The Election has caused me to reflect;

Each and Every day. I wake up thankful for this Community, for the different cultures represented, for the Sharing - for Caring - for Standing together.

The history of Activism in this Neighborhood has changed the way the city and county do their businesses. Policy has been changed in areas of development, environment, criminal justice, and economics just to name a few.

We have a world view in our

little Phillips Neighborhoods because of all our residents, businesses, and organizations which are here building community

I have no doubt we will all stick together, stand up for each other, and look out for each other. Now and moving forward.

Thank you to everyone - Every effort from greeting a neighbor, to running fabulous youth programs, to new housing, to outreach which help folks caught in pros-

titution turn their lives around, to Fabulous local businesses & restaurants, to making meals & delivering food to those who need a good meal, to campaigns for a livable wage & environmental justice, to Solidarity with Standing

Stay strong. Stay together. The Phillips Neighborhood is a Keep speaking for justice. We are a family here.

> Keep Building Community. 'Each one, Reach

Jana Metge, 30 year resident

#### Commentary

## Country's greatness is to live and work side by side. Connect to the commonness, the beauty, and the potential in one another with compassion.

BY THE INGEBRETSEN FAMILY

As many of you know, our family is very closely connected to our own immigrant story, and because of that, we feel strongly about the importance of making a statement of support for the immigrants currently helping to shape our community. 95 years ago, our market was opened to

serve the specific culinary needs of the vibrant Scandinavian immigrant community that surrounded us, much like the bodegas and halal groceries that surround us today. Our relatives began their lives here with limited to no ability to speak English, with few resources, fiercely dependent on each other's support for survival

and sense of family and community, holding tight to the traditions that helped them feel connected to their distant homes. They dedicated themselves to learning, to growing, and to participating in the health and prosperity of our neighborhood and our democracy, a sacred tradition that extends today through the 4th generation of Ingebretsens. Today, while the countries of origin of immigrants have changed, the same basic principles of starting a life in America have not. It is long, it is challenging, it is hope filled. Over the past 30 years, we have had the good fortune to see our community enriched beyond measure by the presence, dedication and big hearts of our Latin@ and East African neighbors, among many others. We are constantly struck by how similar our relatives immigrant story is to many we hear today. We are so thankful to continue to be part of this diverse group of new, not so new, and indigenous Americans who truly want a happy & healthy life for themselves and their familieswho are working so hard to make that happen. So in the wake of an undeniably divided vote in this nation, this afternoon, our reality of connection feels important to share. What is truly great about this country is the opportunity to live and work side by side with so many. Let's not miss trying to connect to the myriad of things we have in common, even when it feels uncomfortable, especially when we think we disagree. Let's not forget to see the beauty and potential in one another. Let's always strive for compassion. Let's never forget kindness. <3, The Ingebretsen Family

This Holiday Season - Remember Your Country NEEDS You to Black Friday Matters Celebrate Trofit's Birthday And What Made America Great

Donate to the **Alley:** givemn.org/ organization/ Alleynewspaper



# BACKYARD INITIATIVE BACK PAGE



**BYI AREA** 

# 

**Getting to Know the Backyard Initiative** 

# **Resource Center**

BY CARL LOBLEY, ROSE LOBLEY, DEENA ANDERS AND MINKARA TEZET

#### **The Backyard Initiative Resource Center**

The Backyard Initiative (BYI) Resource Center is the central location for the Backyard Initiative activities and communications. It is located inside the Midtown Global Market (near the Lake and 10th Ave entrance). The BYI Resource Center is where all the BYI resources are compiled, displayed, and shared with our community. The Resource Center is a place for community members of the Backyard Initiative to visit, gain knowledge, and share information about activities and resources available in the Backyard. This Backyard Initiative Resource Center is essential to the goal of connecting with the 42,000 members of the Backyard community and to connect them with one another. effective items.



The BYI Resource Center hosted the ReTHINK Your Drink initiative in collaboration with the City of Minneapolis Department of Health.

# Phillips Neighborhood Clinic & The BYI Resource Center

The Phillips Neighborhood Clinic (PNC), a joint effort between the University of Minnesota Physicians and the University of Minnesota Medical School, partners with organizations within the Backyard to provide patient-centered care and health education. Staffed by medical students and social work graduate students under the supervision of licensed doctors and counselors, PNC also serves as an essential clinical training site.

The students serving at PNC are called upon to create opportunities for health education and outreach into the Backyard. In the past year, PNC participants have created easy to understand health education brochures on a number of topics ranging from healthy eating to cardio-vascular care. Additionally, PNC participants can regularly be found at health information tables at the Midtown Global Market.

#### **VISIT the BYI Resource Center**

At the Midtown Global Market to learn more about the Backyard Initiative or call **612-353-6211** 

The BYI Resource Center hours are
10 am to 6 pm, Monday through Saturday.

The Backyard Initiative (BYI) is a partnership between the Community, Allina Health Systems and the Cultural Wellness Center. The goal of this partnership is to improve the health of the 42,000 residents living in the "backyard" comprised by the neighborhoods of Powderhorn Park, East Phillips, Midtown Phillips, West Phillips, Ventura Village, Central, and Corcoran. There are ten Community Health Action Teams (CHATs) focused on improving the health through a variety of cultural and community-connecting activities.

#### **Back Yard Initiative Back Page**

The BYI Back Page is produced each month as a collaborative venture between the BYI Communications CHAT & Alley Communications, Inc., publisher of The Alley Newspaper. The Communications CHAT works with BYI CHAT (Community Health Action Teams) each month as a "resource CHAT" – helping to get the news and activities of the BYI out to the broader community.



Teens gather in the BYI Resource Center to here about some of the results of the Backyard Initiative's research project from one of the BYI Research Team members, Dimpho Orizoni, Allina Health.

#### The Cultural Wellness Center

The Cultural Wellness Center (CWC) has acted as the lead agency for the BYI since its formation in 2008. CWC provides oversight for the management of the Resource Center with the goals of (1) defining and developing leadership competence for all members of the Backyard Initiative, (2) executing the shared vision of the CWC, Allina Health, and community members in the backyard area as they put into action the ideas that make health happen, (3) guiding the CHAT community leaders, the professional staff, and other volunteers toward high performance, self-motivation, honest two-way communication, continuous learning, and group decision-making, and, (4) steering the community care systems performance and self-management toward embodying and effectively pursuing the Backyard Initiative's vision for an alternative Community Health Care System, shaped and executed by the people receiving the care.



BYI Resource Center staff members, Rose and Carl Lobley, front row, at the Midtown Global Market's celebration of Open Streets.

The Cultural Wellness Center staff are present at the BYI Resource Center, Monday through Saturday. They ensure that the vision of making health happen put forth by the Commissioners of the BYI is promoted and supported. The BYI Resource Center is staffed by Rose Lobley, Carl Lobley, and Minkara Tezet. The Resource Center team works with both residents of the Backyard and representatives from each of the Community Health Action Teams (CHATs) to collect and synthesize information and knowledge generated from the work of the BYI.

# Activities of the Backyard Initiative are organized around these objectives:

**SOCIAL COHESION:** The sense of community and belonging that people have. People feel they live in a place where people trust and respect each other and have a sense of responsibility to take care of each other.



**SOCIAL SUPPORT:** The support that a person receives from and gives to the people around them, including emotional and spiritual support, help with daily needs and crises, and the sharing of advice, information, and feedback.

**HEALTH EDUCATION:** The degree to which individuals have the capacity to obtain, process, and understand basic information and services needed to make appropriate decisions regarding their health. This includes information about what is essential to health (the importance of the family, community, spirituality, the environment, culture, food, sleep, and movement) as well as the medical information needed to address a specific health condition.

**HEALTH EMPOWERMENT:** People take responsibility for their health; they are active participants in their self-care, and have the knowledge, skill and confidence to manage their health and health care and collaborate with health practitioners.