

Inside this issue...
Open Arms'-Open Farms...Pg 2
Rabbit OPENS New Year!...Pg 2
Phillips Pool and Gym...Pg 3
NRP Hi-Jacking Comment...Pg 7
Midtown Phillips
Annual Mtg...Pg 8
Back Yard Initiative...Pg 8

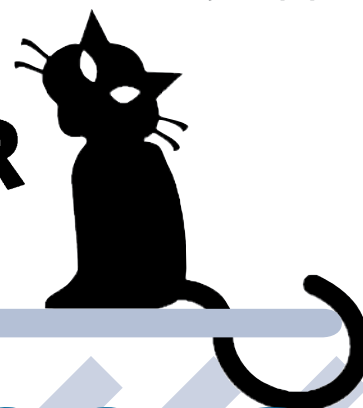
the Alley

NEWSPAPER

NEWS & VIEWS OF PHILLIPS SINCE 1976
 FEBRUARY 2011 • VOLUME 36, NUMBER 2

The Alley Online!
www.alleynews.org

The Alley
 on Twitter
www.twitter.com/alleynewspaper



Grand Openings



Grand Opening

East Phillips Park Cultural and Community Center

at 2300 17th Ave. Exemplifies reward of unity after 40 years of vision and six years of struggle

[Historical Note by Editor]: It has been forty years since hopes and visions of improvement to the two blocks of land between 17th and Cedar Avenues and 22nd and 24th Streets began. Initial plans and proposals for dense housing were halted by limited citizen initiated political "arm twisting" that was nonetheless effective. That effort led to park development limited to the barest of un-staffed, built facilities. Six years ago that same awareness and tenacity of local residents-- knowing their numbers and needs were greater than were being met and propelled by the obvious inequity of program and facility availability for local youth compared to other parts of the city--initiated concentrated focus on further improvement.

The January 22, 2011 Building Opening and Ribbon Cutting marks the culmination of six years of creative and deter-

mined effort by neighborhood organizations, residents, and the Minneapolis Park and Recreation Board with city, county, and state support.

The newly constructed 14,000 sq. ft. building features a high school-sized gym and adjacent kitchen, a teen center, computer lab, and rooms that will accommodate a variety of programming. At 30% more energy efficient than the average building in Minneapolis, the East Phillips building sets a new standard for energy efficiency in Park Board community centers.

"The East Phillips Park Cultural and Community Center is now the most beautiful recreation center in Minneapolis," said Third District Commissioner Scott Vreeland, "and behind that external beauty

Cultural & Community Center
 see page 2



Grand Opening

All My Relations Gallery debuts Frank Big Bear

The Native American Community Development Institute (NACDI) celebrates the *All My Relations Gallery Grand Opening* with an exhibit of never-before-seen paintings by master artist **Frank Big Bear**.

Reception and Celebration

January 21st, 5:00 p.m.-9:00 p.m., at All My Relations Gallery, 1414 East Franklin Avenue, Mpls. Hours: Tuesday-Friday 11-6, p.m. Weekends 11-3, p.m. --located in the heart of the American Indian Cultural Corridor, the very neighborhood where Frank Big Bear lived while creating his prolific body of important early work. **FREE and open to the public.**

Frank Big Bear Paintings—"From the Rez, to the Hood, to the Lake", presents vivid canvasses by Frank Big Bear,

recipient of the Bush Foundation Enduring Visions Award, among other honors. Never-before-seen acrylic paintings, created by this Ojibwe artist best known for his surreal and detailed color pencil drawings, make their debut with this exhibit. Running from **January 21, to February 28, 2011.**

Frank Big Bear Paintings is made possible through support of the McKnight Foundation, Target, Metropolitan Regional Arts Council, Compass/Medtronic, Rosemary H. & David F. Good Family Foundation and in cooperation with *Bockley Gallery*.

All My Relations Arts is a ten-year old arts program at Ancient Traders Gallery until 2010 when it became an initiative of NACDI Info or tours: contact Elizabeth Day eday@nacd.org, 612-235-4970



Grand Opening

Victor Borge: Life and Laughs of a Scandinavian Humorist Exhibit Opens at the American Swedish Institute

See pg. 6 for more details

Advertise in The Alley Call
612-990-4022
 or e-mail ads@alleynews.org



P.O. Box 7006
Minneapolis, MN 55407
Editor's Cell Phone 612-990-4022
editor@alleynews.org
www.alleynews.org
Follow us twitter.com/alleynewspaper

"We came into this world to give truth a little jog onward and to help our neighbors rights"

Ann Greene Phillips (18__-1885)
Wendell Phillips (1811-1884)

"The bigger the information media, the less courage and freedom they allow. Bigness means weakness."

Eric Sevareid, "The Press and the People," television program, 1959

Board of Directors: Cathy Strobel, President; Leon Oman, Treasurer; Sue Hunter Weir; Jane Thomson; Jana Metge; Joan Hautman; Harvey Winje

Senior Editor: Harvey Winje, editor@alleynews.org; 612-990-4022

Co-Editor and Designer: Jonathan Miller jmiller@alleynews.org

To Advertise:
ads@alleynews.org
612-990-4022

Alley Communications, a 501C-3, Not-for-Profit Corp. publishes The Alley. Donations are needed, welcome, and Tax Deductible

Contributors to this issue:

All My Relations Arts Gallery, American Swedish Institute, Robert Albee, Janice Barbee, Patrick Cabello Hansel, Cultural Wellness Center, Friends of the Cemetery, Elizabeth Day, Randall Grey, Susan Gust, Linnea Hathaway, HN Cty Library, Shirley Heyer, Sue Hunter Weir, Lake Street Council, Kent Linder, Tim McCall, Howard McQuitter II, Midtown Greenway Coalition, Peter Molenaar, Dave Moore, Native American Community Development Institute, Open Arms MN, Brad Pass, Phillips West NO, Roberts Shoes, Stan Saterstrom, Joseph Spangler, Tim Springer, Jennifer Stromberg, Erin Thomasson, Jane Thomson, Crystal Trautnau,

Printing: Legal Ledger

Door to Door Delivery: Youth groups from Calvary Church, Messiah Church, Our Saviour's Church, St. Paul's Church, Waite House involved with Youth in Public Engagement, Donna Neste, Andrew Fahlstrom, Patrick Cabello-Hansel, Leon Oman, Cathy, Dave, East Phillips Improvement Coalition, Jacy, Jana, Heidi, Howard, Lynne, Margaret, Margaret, Marjorie, Midtown Farmer's Market, Midtown. Phillips, Muriel, Paul, Phillips West, Raymond, Stephanie, Tara, Vi. [Will you deliver a block or two or your apartment? Call Harvey 612-990-4022]

Bulk Delivery: Lyle James 250 Apartments, Businesses, Places of Worship, and Organizations

Circulation: 8,600

**March Alley
Deadline:
February 15**

The Alley Newspaper
is a Member of



Give. And light a fire under inequality.

www.changeisbetter.com
651-647-0440

Phillips What Where. No Correct Answer in January! GUESS AGAIN!



photo by Harvey Winje

No one submitted a correct answer to the January Phillips What Where photograph. So the same question remains for February. What and Where is this in Phillips Community?

Guess What and Where this is and get a chance to be in a drawing for \$10. Gift Certificate to Welna Hdwe on Bloomington Avenue.

Cultural & Community Center from page 1

is our most efficient building. This has been the most challenging project that I have worked on and is the result of an amazing amount of work by the surrounding community."

Finishing touches will be ongoing during the first months the building is open. Bleachers will be installed, as well as other furnishings and equipment. Site work will also be underway again in the spring to complete stormwater ponds and landscaping. Ball fields are scheduled for renovation in 2011 thanks to a Hennepin County Sports grant.

In 2006, funds from the Minnesota Legislature were appropriated for construction of the EPPCCC. Through ongoing

meetings and discussions among the community, East Phillips Community Design Team, and MPRB, building plans were developed to meet the needs of the community.

"The East Phillips Park Cultural and Community Center is the result of a community dream," said Brad Pass, chair of the East Phillips Park Community Design Team. "The project was initiated and guided by the people of the Phillips community." Carol Pass, president of the East Phillips Improvement Coalition added, "This is truly a grass roots accomplishment and an example of great things coming from humble beginnings through tenacity and strong collaboration."

The entire project, which includes site improvements as well as the new building, has been funded by the state legislature (\$3.5 million), the MPRB's 2008 Capital Improvement Program (\$319,000), East Phillips Improvement Coalition NRP funding (\$180,000) and another \$50,000 for fundraising and consulting, Midtown Phillips Neighborhood Association (\$5,000), Toyota Environmental Funds (\$100,000), the Marbrook Foundation (\$10,000), the Minnesota Department of Employment and Economic Development (\$300,000) and Hennepin County Environmental Response Fund (\$271,328).

The EPPCCC is the first recreation center ever in East Phillips Park and the first built in the Minneapolis park system since 2001, when the Bottineau recreation center was rebuilt.



*Maria's
Café*

*Ancient Traders Market
1113 E. Franklin Ave.
Minneapolis*

*7^{AM} to 3^{PM} Mon. thru Sat.
8^{AM} to 3^{PM} Sun.*

612.870.9842

www.mariascafe.com

Grand Opening Open Arms to Operate 2 Acre Open Farms

*Informational Gathering
February 17th 7:30 PM*



Open Farms, will be a two acre organic vegetable garden in Belle Plaine providing a portion of the vegetable needs for the Open Arms kitchen. Hear Open Farms Director Ben Penner and Linda Halley, a well-known organic farmer in the upper Midwest. Open Farms will be as dependent on community volunteers as Open Arms' unique, non-profit program that prepares and delivers free meals specifically

tailored to meet the nutrition needs of individuals living with serious and life-threatening diseases. To reserve a seat, please contact Ben Penner at ben@openarmsmn.org or by calling 612-872-1152. Open Arms of Minnesota is located at 2500 Bloomington Avenue S. All are welcome!

Celebrate the Year of the Rabbit AT MIDTOWN GLOBAL MARKET



Midtown Global Market will bring a taste of Asia to south Minneapolis as it hosts its Chinese New Year Celebration on Friday, February 4, 2011 in conjunction with the Market's Friday Family Night.

Members from the Chinese Heritage Foundation will be on-hand for fortune telling and distributing red envelopes that are traditionally believed to usher in good luck for the New Year. Children can also take home their name written in Chinese calligraphy. A donation to the Chinese Heritage Foundation is suggested for these services.

A traditional Lion Dance will commence at 7 p.m., circling the Market with graceful movements and magnificent colors, to help ring in the year of the Rabbit.

Other activities include:

- Traditional Asian musical performances
 - Martial Arts demonstration by the Hung Vuong Association of Minnesota
 - Children's crafts
 - Distribution of free fortune cookies containing Market coupons and special offers
- Friday, February 4, 2011
5 - 8 p.m.

Chinese New Year begins on the first day of the first lunar month and lasts for 15 days.

According to legend in ancient China, it is believed that a monster called "nian" could infiltrate houses and prey on humans. In order to survive an attack by "nian," it was believed that loud noises and the color red would scare it away. Therefore, Chinese New Year is called "guo nian" or surviving "nian." During the Lion Dance performance, drums, gongs and cymbals are played at a steady beat in an effort to rid evil spirits and bad luck.



As our economy turns the corner, make sure your business/organization is in position to greet all, by advertising in the Alley.

**]Call or e-mail
at 612-990-
4022 or ads@
alleynews.org**

February Programs at the Franklin Library

BY ERIN THOMASSON

Game On! Gaming Tuesdays Tues. Feb.1-thru 22, 4–5 p.m. Grade 6 and up. Play PS2 or Wii games at the library! Grab a friend, bring your favorite board or card game, or play ours!***

Tronix Team Pop Can Buzzer Tues.Feb. 8, 5–7 p.m.

Grade 6 and up. Similar to the Lunch Box Boom Box, this unique project will allow further exploration in creating circuit boards. You also will learn some cool, new stuff about sound frequency!***

Sheeko Caruur Af-Soomaali ah/World Language Storytime: Somali Tues. Feb 1 thru 22, 6–7 p.m. La wadaag bugagga, sheekoyinka, jaan-gooyada maansada iyo muusikada Soomaalida. ** Age 2 and up. Experience the world in other languages.

Family Storytime Wed. Feb. 2, thru 23, 10:30 –11 a.m. Age 2 and up. Share books, stories, rhymes, music, and movement with your children.

Music Listening Club Wed.–Feb.1 thru16, 4:45–5:45 p.m. Grade 6 and up. Listen to the sounds of Kanye West, Mos Def, NAS and local artists such as Desdemona, Brother Ali and more! Focus will be on the lyrics, reading them as poems and listening to the way they’re recited through the songs.***

Game On! Gaming Wednesdays Wed. Feb 2 thruFeb. 23, 4–4:30 p.m. Grade 6 and up. Play PS2 or Wii games at the library! Grab a friend, bring your favorite board or card game, or play ours!***

Game On! Gaming Thursdays Thurs. Feb.3 thru 24, 4–5 p.m. Grade 6 and up. Play PS2 or Wii games at the library! Grab a friend, bring your favorite board or card game, or play ours! ***

Media Club Thur. Feb. 3 thru 24, 5–7 p.m. Grade 6 and up. How do the different forms of media affect our lives? Talk about and examine journalism, mass media, the Internet, pop culture and much more! ***

WaxbarashoiyoCiyaarCaruureed Af-Soomaali ah/Somali Play and Learn. Fri. Feb. 4, 10:30 a.m. – 12:30 p.m. Fri. Feb. 18, 10:30 a.m. – 12:30 p.m. Preschool-grade 2. Dhammaan caruurta ka yar da’ dugsi. Ka soo qaybgal sheekooyin caruur, heeso iyo hawlo waxbarasho. Soo bandhigidda barnaamijkan waxaa lala kaashaday Resources for Child Caring. Join us for stories, songs and activities. **Computer Basics Workshop** Thur. Feb. 3, noon–2 p.m. Fri. Feb. 4, 1–3 p.m. Thu. Feb. 24, noon–2 p.m.

Learn and bring questions about basic mouse and keyboarding skills,

creating an e-mail account, using the Internet and scanning (where available).

Microsoft Publisher: Basics Thur. Jan. 27, 6–8 p.m. Learn to use the menus and toolbars to create and publish your own fliers, brochures and greeting cards.

Kids Book Club Fri. Jan. 28, 4–5 p.m. Fri. Feb. 25, 4–5 p.m. Grades 4-6. Join other kids to talk about a great book! No pre-reading required. We will read a book and discuss.

Down Time Sat. Feb. 5 thru. 26, 3:00 – 6 p.m. Grade 6 and up. Looking for a quiet and comfortable space? Take advantage of “down time” at Franklin Teen Center! Work on the topic of the week or use our computers, board games and other self-directed activities.***

Microsoft Excel: Creating and Managing Lists Thurs. Feb. 3, 6–8 p.m. Learn to create lists for inventory, contacts or collections, sort data and print using Microsoft Excel. Prerequisite: Microsoft Excel Basics or familiarity with spreadsheets is highly recommended.

E-mail: Intermediate Fri. Feb. 4, 10a.m.–noon. Learn how to use folders, view and attach files to an e-mail and set up an e-mail address book using a Yahoo! account.

Intermedia Arts: Capture the Power of the Public Service Announcement (PSA) Using Digital Media Thur. Feb. 10, 5–8 p.m.

Grade 7 and up. Explore the power of words to persuade. Create your own PSA to advocate for causes and events that are important to your community. ** & ****

Senior Programs
Nonfiction Book Discussions for Elder Learners Fri. Feb. 11, 1–3 p.m. Join us for a stimulating discussion of nonfiction books. For additional information, call the library, 952.847.2925. *****

Seniors Play-Reading Group Fri. Feb. 11, 10:30 a.m. – 12:30 p.m. Join us for a stimulating morning of reading and discussion of some of the great plays of our heritage. *****

Hobbies Tues. Feb. 15 & Feb. 22, 5:00 – 7 p.m. Held at Franklin Learning Center. Grade 6 and up. What do you like to do in your free time? Draw? DJ? Write? Share your favorite pastimes or learn and explore what adults in the community like to do in their free time -- knit, spoken word, cook, read... the possibilities are endless!***

American Indian Storytelling: The Ojibwa People Sat. Feb. 19, 2–3 p.m. Kindergarten and up. Share stories and activities traditional to



Franklin Community Library
1314 E. Franklin Avenue
New #: 952-847-2925
www.mplib.org
Tues & Thurs: 12 - 8 pm
Wed, Fri & Sat: 10 am – 6 pm
Complete program calendar, visit, call, or www.hclib.org and news at www.hclib.org/pub/info/newsroom/

the Ojibwa people at this family event. Presented in partnership with the University of Minnesota Council of Native Elders.



February 3rd (Thursday) 6:00 to 7:30 p.m. –

Phillips West Community Meeting! Agenda Items include; an update from the Midtown Global Market, Minneapolis Police Update, Midtown Safety Center Community Introduction, presentation on ANW & Children’s Hospital Joint Mother/Baby Unit Project, Presentation from Resource Center of Americas La Conexion plans to move into the current Waite House Building located at 2529 13th Avenue South. Information on other upcoming Community Events will also be available. Meeting will be held at Lutheran Social Service in the Centrum Room (2400 Park Avenue). Free parking available in rear off Oakland Avenue.

CELEBRATE WINTER
• IN THE CITY •
AT MIDTOWN GLOBAL MARKET

HEART HEALTH, FEBRUARY 27
LOCAL FOODS, MARCH 27

Lake Street & 10th Avenue S
MIDTOWNGLOBALMARKET.ORG

Trail User Stop Signs Removed at 5th Avenue!



photo by Harvey Winje

The Coalition is pleased to announce that the the stop signs for Midtown Greenway trail users at 5th Avenue have been removed by the City of Minneapolis! This intersection was one of the few points of interruption along the Greenway. Now car traffic on 5th Avenue must stop instead, making the Greenway even more safe and convenient.



photo by Harvey Winje

Also, where the Greenway crosses East 28th Street by the west ramp to the Sabo Bridge, car traffic must now funnel down to one lane in each direction, thereby eliminated the “double threat” for trail users crossing that busy street. Thanks to the leadership and staff at the City of Minneapolis for working with the Midtown Greenway Coalition on these improvements that have been years in the making.

2323 11th Phillips Community Center Update Park Board’s Planning Committee Passes PCC Plan

BY ROBERT ALBEE

It wasn’t really a surprise! January 5th’s Minneapolis Park Board Meeting was the occasion when Planning Committee members voted unanimously to support the *Phillips Community Parks Initiative’s* (PCPI) re-use plan to utilize available space within the 49,000 square foot facility. The plan promotes programs and activities to serve persons of all ages and cultures residing within the Phillips Community.

No surprise—because on December 15, Planning Committee commissioners invited the *Phillips Community Parks Initiative* (PCPI) to publicly present its plan for re-use of the Phillips Community Center praising these efforts as an excellent beginning for a plan that combined community-based tenants working side-by-side with the Park Board’s Community Service Area (CSA) #6 staff.

When the *Request For Proposal* was issued by the Park Board, commissioners and staff sought the following:

- Community partners that will add programming and services that

are compatible and complimentary to the Minneapolis Park and Recreation Board.

- Utilizing all the space available in the building for community use.
- A tenant or tenants that have a the vision and financial resources to renovate the interior and exterior of the building and provide rental income to offset the building utilities, operating costs and provide for long term building maintenance and operation of the center.
- A service provider with a strong interest in the community and a solid reputation for service.

According to a December 15th Memorandum submitted by Jayne Miller, MPRB’s new Superintendent:

The proposal submitted by the Phillips Coalition [PCPI] is comprehensive and includes a wide range of services to be provided to the community in addition to services provided by the MPRB. The Pillsbury Waite House, a ten-

Phillips Comm. Center Update
see page 6

Seward Co-op
GROCERY & DELI

EVERYONE WELCOME

- Fresh local produce and meats
- Deli with sandwiches, hot food, baked goods and family-size meals
- Classroom with kitchen
- Community seating area with free WiFi

Open 8 a.m.–10 p.m. daily • 2823 E Franklin Ave • Minneapolis • 612.338.2465 • seward.coop

Momentary absence.Flames prevail. Mother burned, and grieving

In the early years of the last century the Minneapolis Tribune’s coverage tended toward the sensational, especially when it came to covering tragedies involving children. But every now and then a reporter captured the sense of loss and grief, like in this excerpt from a story written by an unidentified Tribune reporter on January 14, 1911:

Following close came two old men, each looking straight ahead, their eyes dim with something besides age. Last came a little figure in deepest mourning, toil worn hand clutching the sleeve of the man who walked beside her. The door of the hearse opened and a square white coffin was borne out and carried into the vault room. It was very light. The last rites

Tales from Pioneers & Soldiers Cemetery

SUE HUNTER WEIR

77th in a Series

an errand to one of the family’s neighbors. When she looked out of the window to make sure that everything was all right, she saw flames and smoke coming from the back of her house. Mrs. Rooth ran home and tried to open the door but was forced back by the intense heat. She tried again, but was again unsuccessful. A neighbor prevented her from trying a third time. Mrs. Rooth, burned on her face, neck, and arms and in shock, was taken to the City Hospital. Her husband, Andrew, was called home from work. When he reached home and learned what had happened, he, too, collapsed and was taken to the hospital.

The “two old men” referred to in the story were the children’s grandfathers, who “stood with bared heads and shaking bodies” at the children’s graveside. Their three grandchildren were Gladys, age 4, Andrew, age 2, and Evaline, a baby.

Although the exact cause of the fire was not determined, there was some speculation that Gladys had accidentally started it; investigators found an open kerosene can by one the house’s two stoves.

The Rooths built another house, this one at 2952 Pleasant Avenue South, and had several more children. They lost another son,



The unmarked graves of Rooth children, Gladys, age 4, Andrew, age 2, and Evaline, a baby are marked in this photo by photographer/historian Tim McCall who has plotted the location from Cemetery’s records. Tim has over 20,000 photos of the cemetery and has plotted graves of the entire Cemetery on a vector map. His interest in the Cemetery was prompted because of a relative buried there.

Sue Hunter Weir researched for this month’s story after she saw the following message from Rhonda, a granddaughter of the Rooths in the story, had placed in the Minnesota Historical Society’s Death Index page.

“Andrew Rooth, son of Andrew and Bertha Rooth was killed in a house fire in Minneapolis in 1911. There were at least two other children killed, Gladys and one other. If any-one can provide any info (newspaper article, etc) I will be very grateful. Thank You, Rhonda Rooth Devilbiss”

Sue searched for more information and sent that and the photograph of the gravesite published here. She then received the following e-mail from Rhonda.

“I would be very grateful for any information you could send. I have the death certificates for all four children, and a couple of newspaper articles about the house fire. I do not have any information or articles about Clifford Rooth other than what is on his D.C. I cannot make out where he is buried because the hand writing is illegible. I think the other three are buried in Laymans’ cemetery, which may also be called Pioneers and Settlers’ cemetery.

It is so difficult to make out the hand writing on these old documents. My grand-parents must have been very strong people to have survived so much tragedy in their young lives. I will appreciate any information you can provide.


I look very forward to hearing from you. Rhonda”

Clifford, when he was seven years old. He was on his way home from school when he was struck by a car on Lake Street. He is buried near

the Rooth’s three other children in Lot 28, Section P, of the cemetery.

Picket Renovation Update

Wrought by blacksmiths, rusted by time, refurbished and painted green by your contributions!



The Lake Street gate, four sections of fence along Lake Street, and the curved section of the fence in back of the bus stop at Cedar and Lake are restored and back in place. It’s easy to spot them—they’re a nice shade of green. Contractors are working on determining the best method for re-installing the Cedar Avenue gates; they want to ensure that the weight of the gates does not damage the limestone pillars. Once they figure it out, the gates will be reinstalled; they’re all painted and ready to go. There are plenty of pickets left to adopt. You can adopt a picket for \$30.00 at www.friendsofthecemetery.org or by sending a check to Friends of the Cemetery, P.O. Box 7345, Minneapolis, Minnesota 55407. Donations in any amount are greatly appreciated, and they’re tax deductible.

A white hearse wound its way between snow-covered mounds and marble shafts at Layman’s cemetery yesterday and stopped at the door of the vault room. From the three carriages that followed it a little group of people stepped and moved silently toward the vault. A man in a black cassock led.

over the bodies of the three Rooth babies had begun. Three days earlier the three children of Andrew and Ellen Rooth had been killed in a fire at their home, 3234 41st Avenue South. It was cold that day, and Ellen Rooth had left the three children alone for a moment while she ran

Searching – A Serial Novelle Chapter 23: “Turning Darker”



“The couple ran down 14th, jumped the fence and slid down the slope to the Greenway. They ran several blocks before they stopped under a bridge. Angel turned back to look and saw that no one had followed. Heavy snow had begun to fall, covering their tracks. They sat on the concrete skin of the bridge underpass.”

BY PATRICK CABELLO HANSEL

We can’t control what is coming. We can’t foresee it. Angel and Luz, upon leaving the Mercado Central were as in love as two can be. Together, come what may. What came was not a stab from Angel’s past, but from Luz’. As they walked west on Lake Street, they didn’t notice the man standing at the corner a block and a half down. They didn’t see that he had seen them, and was waiting with eyes like radar. As they got closer, Angel could tell the kind of man he was: the kind you nod at as you pass, but don’t engage in conversation. The kind whose business takes all. They intended to go around him, and continue to Luz’ aunt’s

house. She wanted to talk with her about all that had happened. But as they approached the corner, the man stepped into their path and laughed, a laugh swarming with deceit. “Well look who’s here—little old Luz. Lucy Goosey, alive in Minneapolis. How have you been, sweetie?” Her body tightened, like a rope pulled taut. Later, Angel would say something snapped in her eyes, a sharp mix of fear, anger and pain. She tried to pull Angel towards her, in order to get around the man, but he blocked their way, almost pushing them into the building. “Whoa, where are you going, Luz?” he laughed. “Lucy Loo,

Lucy in the Sky with Diamonds. You can’t say ‘hi’ to an old friend?” “You’re not a friend”, Luz muttered. “Oh but Luz, how can you say that? Don’t tell me you forgot the good times we had back in Albert Lea?” Angel pulled as much fight as he could into his body and quickly stepped up into the man’s face, his hands locked, his eyes like sticks. Just as quickly, the man pulled his knife out of his coat, and held it to the bottom of Angel’s neck, in a way that only he, Angel and Luz could see. “Easy, customer”, the man growled, his voice hardening. It sounded to Luz like a dog whose skin was missing. “You got something to say, tecolote?” the man sneered. Tecolote. The owl. No, he thought, I will not be afraid. If this was what the owl had foretold many nights before, so be it. He was not running. He would stand by Luz. “Leave her alone”, he said, his voice soft as concrete. Something in Angel’s eyes made the man pull back just slightly. “You want me to leave her alone?” he said, pulling the knife back slightly. He looked straight at Angel, and then said in a whisper guaranteed to be heard by Luz: “Oh, I don’t think this one likes to be left alone. She likes them to

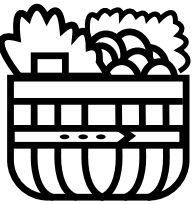
keep coming, one after another after another.” He threw his head back to laugh at his own joke and as he was admiring the sky, Luz grabbed the knife handle and kicked him in the shin. Angel pushed hard, and in the struggle to get away, the knife tore a slash an inch or two on the man’s cheek. Angel grabbed the knife and tossed it into the busy street. As the two ran away, they could hear the man screaming and cursing, holding his hands to his face as he lay on the sidewalk. The couple ran down 14th, jumped the fence and slid down the slope to the Greenway. They ran several blocks before they stopped under a bridge. Angel turned back to look and saw that no one had followed. Heavy snow had begun to fall, covering their tracks. They sat on the concrete skin of the bridge underpass. “Are you OK, Luz?” he asked. She was shaking. “We have to get away, we have to get away,” she said. “Who was that?” “He’s going to hurt me again,” she said, and grabbed Angel by his coat. “Take me away, please, we’ve got to get away.” That’s when Angel noticed the blood on Luz’ glove. “Did you get cut?” he asked. He pulled her coat sleeve back to look for a cut, but Luz pulled it back hard and fast. But not fast enough. Angel saw what was

there, and Luz saw that Angel saw. She turned away from him, and shrunk into herself. For a minute, she cried, deep and hard, as Angel rested his hand on her shoulder. “Luz, I’m sorry,” Angel said. “I didn’t know....” He stopped, because he realized that in that moment of revelation, of knowing his beloved, he knew there was so much that he did not know about Luz. Luz turned to him, “I have a past too, Angel”, she said, “and many parts are painful.” “I’m not afraid of that, Luz” he said. “You can tell me anything.” “Yes,” she said, touching Angel’s cheek slightly with her glove. “I can tell you anything. But can you hear everything? Can you love everything I was and I am?” Angel nodded. “I will. I can,” he said. They sat for a moment under the old bridge. Only an hour before they had sat in love in the warmth of the Mercado Central, eating Swedish cookies. Now, as they once again turned their eyes from each other to the world around them, they saw they were sitting in growing darkness. It was barely noon, but a snowstorm that had promised a couple of inches for Santa Lucia day was building up into a blizzard. They stood up,

Searching
see page 8

FOOD OBSESSION:

THIS IS GOOD OR I’LL EAT MY CHRISTMAS TREE



BY JANE THOMSON
My first recipe is from 97 ORCHARD, an Edible History of Five Immigrant

Families, by Jane Ziegelman. This book interests me because my father grew up in a New York tenement (the word just meant “rental building” at the time; I don’t know how shabby his family’s apartment was, but I suspect it was not spacious). The building at 97 Orchard is on the Lower East Side of Manhattan, and is now the Tenement Museum. It was built about 1860 and was abandoned after 1935. It has been preserved and restored. The first time I visited the building about 20 years ago, it was left just as it had been found. The tour started in the narrow dark front hall with a dingy frieze painted on the wall, a tin ceiling and rickety stairs going up to the next of several stories. We were then taken to an apartment composed of two small rooms with one window between them and one window to the outside. There were layers of old wallpaper peeling, and numbers on the wall showing the quantity of trousers that had been sewn, as the apartment was also a sweat shop. Since then several apartments have been restored and decorated as they might have been when an immigrant family lived there - one for an Irish family, one for a German family, one for an Italian family and one for a Jewish family. Furnished and decorated it is much more cheerful; but I hope one apartment has still been left as found.

The recipe is one that might have been made for a Jewish family that lived at 97 Orchard, the Rogarshevsky’s. It was contributed to the book by Frieda Schwartz, who was born on the Lower East Side in 1918.

STUFFED CABBAGE

- 1 lb. ground beef
- 3 cups of canned tomatoes (6 oz. can of V-8, Jane’s addition)
- 1 egg
- 1 peeled and grated apple

- 3 T. grated onion
- Beef bones
- 3 T. rice
- 3 T. water
- 3 t. salt (Jane thought that too much and used 2t.)
- ½ t. pepper (Jane used more.)
- 1 head of cabbage
- A few T. of lemon juice
- a couple T. of brown sugar

The recipe says to pour boiling water over the cabbage and let it stand for 15 minutes. Trial and error make me say: cook the cabbage whole for a few minutes until slightly tender and then drain it. Into the now vacant heavy pot, put the tomatoes, V-8, some of the salt, the pepper and the beef bones, and maybe a little water. Cover and cook for 30 minutes. Separate the leaves of the cabbage, keeping them whole except for removing most of the thick white stem part. (There will be some cabbage left as the leaves get smaller.) Mix the ground beef, onion, apple, egg, rice, some of the salt and the 3 tablespoons of water. Place a heaping tablespoon of the mixture in each cabbage leaf and roll the leaf around it. Put the rolls in the tomato sauce (bones now removed). Add some lemon juice and brown sugar. Cook for 2 hours (This is why you need a heavy pot-this is hard to stir. I ruined a light pot by burning the bottom.) If you don’t like this dish, I’ll eat some of my Christmas tree.

SPRUCE BUTTER – from the New York Times, December 25, 2010

Don’t make this large a recipe. There is a chance you won’t like this.

- 7 oz. butter
- 3 ½ T. pine needles
- Sprig of lemon thyme (I used dried thyme and some dried lemon peel)
- Run through a blender for 8 minutes

Pass through a chinois sieve (A what sieve? I didn’t do this. The butter would have been better if I had.) As it was, it tasted like a Christmas tree used to smell back in the day. It was rather good on a white roll and on a potato. It might be good on a plain cracker.

Stan Saterstrom of Narum’s Shoe Store Remembers Lake Street

Narum’s Shoe Store was a Chicago-Lake institution for decades. Stan Saterstrom and his brother-in-law inherited the store from their father-in-law, Andrew Narum, and ran it for 40 years before they finally retired and closed up shop in the mid-1980s. I recently had a chance to sit down with Stan and talk to him about his time at Narum’s. Here’s some of what he had to say. To see the whole interview and watch other oral histories as well, go to www.youtube.com/visittolakestreet

On how he came to Narum’s Shoe Store

“I went to St. Olaf College and met one of the Narum’s daughters, Margaret, who I married. Andrew Narum, my father in law, was a good humble Norwegian. He came over from Norway at the age of 17, sponsored by an uncle in North Dakota. He spoke no English, went to a country school to learn the language, and eventually ended up in Minneapolis for business school. Minneapolis is where he met his wife Marie Narum. They got married, and she was part of the shoe store that they started.

“Then in 1946, I came out of four years in the service, and had a choice of going into business with my father in law, or taking over a hardware store that my father owned out in Idaho. I figured it was easier for a country boy to get used to the big city than a woman from the big city getting into a small town, so I opted to go into the shoe store with my father in law. I had a partner, my brother in law, married to another daughter, and we were partners for 40 years at the shoe store. Andrew Narum retired and eventually passed away so we ended up owning the store. Our wives worked in the store also, it was a regular family operation.”

On working in the Chicago-Lake business community

“Chicago & Lake was probably the biggest corner on Lake Street because of Sears Roebuck. They had a big building they put up in 1927, and had both mail order and retail. It was a big store with a lot of parking, that was one of the things that was wonderful for us, because we benefited from all that parking all around our store. Sears



Narum’s shared common wall with Woolworths that later changed to footwear store

Narum’s Shoe Store was in the storefront where Butler is in this photo. A shoemaker had his shop at the rear of Narum’s. F.W. Woolworth Five and Dime was next to Narum’s for decades. The F. W. Woolworth Company was one of the original American five-and-dime stores. The first Woolworth store was founded, with a loan of \$300, in 1879 by Frank Winfield Woolworth. Despite growing to be one of the largest retail chains in the world through most of the 20th century, increased competition led to its decline beginning in the 1980s. The chain went out of business in January 1997, when the company decided to focus on the Foot Locker division. By 2001, changing its name to the present Foot Locker Inc. When Stan says they had coffee every morning with Roberts Shoes it may well have often been across the Street at Green’s Café since demolished.



Roberts Shoe Store still at 740 East Lake Street since 1937
Nathan Roberts bought Minneapolis Shoe Store in 1937 after its previous owners went bankrupt during the Great Depression, and changed the name of the business to Robert’s Shoe Store. Lake Street, as a retail shopping area, was second only to downtown Minneapolis because of the lack of suburban shopping at this time.

Narums and Roberts shared coffee and common history with father-in-laws

“The average guy in our store has, oh I would say, on average, 30 years in the shoe business. I’ve got one guy that’s got over 50. We practice hands-on management. ... It was my father-in-law’s Nathan Roberts philosophy, my philosophy, that’s why I work six days a week at least, sometimes seven.” Mark Simon, owner of Roberts Shoes

had a big shoe department too, but we seemed to survive with the people they couldn’t take care of that would come over to our store. We had the traffic on that corner more so than any other corner on Lake Street because of Sears.

“We were like a small community within a big community. We had all the businesses represented. There were two shoe stores – Roberts Shoe Store was our competitor. There was a women’s

ready-to-wear shop, men’s haberdashery, lawyers and dentists and doctors. We had a community where we didn’t have to go off downtown very often, we could be loyal to our area. We were close to Northwestern Hospital, and that was back in the days where the nurses wore white uniforms and white shoes. We sold thousands of pairs of shoes to the nurses.”

On the relationship with Robert’s Shoe Store

“We used to have coffee together every morning. We were friendly competitors. They had three children and we attended all their bar mitzvahs, and we just had a nice relationship. We fought for business and competed as far as prices and so forth, but had a good relationship. Both stores had a good reputation.”

AIOIC: PROVIDING OPPORTUNITIES, CHANGING LIVES

Call the AIOIC School of Business


- 1 to 9 Months • Small Classes • Externships
- Free ABE/GED Class • Financial Aid if You Qualify

Start on March 9 for:

- ▶ Administrative Medical Assistant (9 mos.)
- ▶ Small Business Ownership (6 mos.)
- ▶ Administrative Assistant (9 mos.)
- ▶ Health Occupations (6 or 9 mos.)
- ▶ Human Services Technician (6 mos.)
- ▶ Customer Service Representative (6 mos.)
- ▶ Or Nursing Assistant or Home Health Aide or Trained Medication Aide or Acute Care Nursing Assistant or First Aid/CPR or EMT (Call ext. 171 for start dates)
- ▶ NEW-Anatomy and Physiology courses (Coming Soon)

Call Margaret at 612-341-3358 ext. 148 ABE/GED ext. 151
At Cedar and Franklin and at Sabathani Center www.aioic.org

ST. PAUL’S LUTHERAN



No-Fried Fish Fry
2742 15th Ave S.
March 4 • 6:00 PM \$15
Ash Wednesday, March 9
6 pm (Spanish) 7:30 pm (English)
612-724-3862

The Fighter



The Fighter
★★★★☆

Cast: Mark Wahlberg (Mickey Ward), Christian Bale (Dickie Eklund), Melessia Leo (Alice Ward), Amy Adams (Charlene Fleming), Bianca Hunter (Cathy Pork Eklund), Eric McDarmott (Cindy 'Tar' Eklund), Jill Ouigg (Donna Eklund Jaynes), Dendrie Taylor (Gail 'Red Dog' Eklund), Kate O'Brien (Phyllis Beaver Eklund), Jena Lamia (Sherri ward), Cadin Dwyer (Kasie ward), Jack McGee (George Ward). (R) **Running time: 115 minutes. Director: David O. Russell.**

Boxing for the wards is a family affair. Mickey Ward (Mark Wahlberg) is an upcoming boxer, his older brother Dickie Eklund (Christian Bale), a former boxer whose current activity is spent often in a crackhouse, and their mother, Alice Ward (Melissa Leo), is the boxing manager. She organizes Mickey's fights and Dickie trains him. Dickie brags he's once gave Sugar Ray Leonard a few good licks

Mickey's caught in a bind of a possessive mother and five sisters and his idol Dickie sent to prison



HOWARD MCQUITTER II
Movie Corner

Howardsmoviecorner.com
HowardMcQuitterii@yahoo.com

for crack and an assault on police officers. When Mickey's love interest Charlene Fleming (Amy Adams) enters his life, his family attempts to sever their relationship. As such, Mickey's boxing career seems doomed much like Dickie's.

Like other boxing films of the past such as "City of Conquest" (1940), "Requiem for a Heavyweight" (1962), "Fat City" (1972), the theme is boxer from a white working class neighborhood in crisis. "The Fighter" is adequate with fine performances by Melissa Leo and Cristian Bale in particular.

Grand Opening Victor Borge: Life and Laughs of a Scandinavian Humorist Exhibit Opens at the American Swedish Institute

February 18 – May 1, 2011

Exhibit explores Victor Borge's life and achievements with film clips, recordings, photographs and memorabilia. Admission: see below.

Born Børge Rosenbaum in Denmark on January 3, 1909, Mr. Borge trained at the Royal Danish Academy of Music and began his career in Denmark in the 1930s. While touring in Sweden, the Third Reich invaded Denmark, Borge, being Jewish, could not return home. He went to the U.S. on August 28, 1940.

Affectionately called "Great Dane," Victor Borge was an engaging musician, humorist, humanitarian, and one of the most popular performers in the US and Scandinavia. He effectively used physical and visual elements maintaining a consistent, dynamic energy and high level of spontaneity, marked by impeccable timing and highly developed musicality.

During 60 years in the U.S., he performed on radio and television, in films, on stage, and at the White House. In 1956, he performed on Broadway with his Comedy in Music; still the record for longest-running one-man show. Recognized as an ambassador of goodwill in Denmark and America, he was knighted



by the five Nordic countries and honored by U.S. Congress and the United Nations. Borge died Dec. 23, 2000.

Related Programs:

"Victor Borge: Life and Laughs of a Scandinavian Humorist" Exhibit Opening Reception Friday, Feb. 18 — 6 p.m. (7:30 p.m. performance)

A free opening reception for the Victor Borge exhibit beginning at 6 p.m. in the Grand Hall of ASI. At 7:30 p.m., Janet Borge Crowle (one of Borge's five children) and pianist Glenn Henriksen team up to offer a glimpse of Borge's life, personally and professionally.

"Guest in the Gallery" Janet Borge Crowle. Saturday, Feb. 19 — 2:30–3:30 p.m.

Victor Borge's daughter, Janet Borge Crowle, will chat with visitors in the gallery, answer questions, and share personal stories and memories on an informal basis.. from 2:30 to 3:30 p.m. Saturday, Feb. 19. Admission: see below.

Glenn Henriksen Piano Concert, Saturday, Feb. 19 — 7 p.m.

Pianist Glenn Henriksen will perform a variety concert at the ASI on Saturday, Feb. 19 at 7 p.m. Henriksen will play classics from composers such as Beethoven, Chopin, and Grieg, followed by show tunes, standards, patriotic tunes, and Swedish music. The cost of the concert is \$8 (\$6 for ASI members). Reservations are encouraged.

ASI Forum: "Danish Design". Wednesday, Feb. 23 — 7 p.m.

The Forum will focus on Danish design and how it has become a global influence. Susan Jacobsen will explore Danish designers including Arne Jacobsen, Hans J. Wegner and Poul Kjærholm, whose iconic creations have come to define "Danish Modern." Reservations are encouraged. Susan Jacobsen is Director of Public Programs at the Minneapolis Institute of Arts. Admission: see below.

Admission is included with museum admission: \$6, \$5 ages 62+, \$4 ages 6–18 and students with ID. 612-871-4907 2600 Park Avenue South Mpls.



INGEBRETSEN'S

Scandinavian Gifts & Food • 89 Years on East Lake Street

1601 East Lake Street, Minneapolis, MN 55407
612-729-9333 • M-F 9:00-5:30 SAT 9:00-5:00

www.ingebretsens.com

Phillips Comm. Center Update from page 3

ant in another MPRB building, is included in the Phillips Coalition and would provide many complimentary youth services that would be a very good fit with the MPRB programming at this site. In addition, the compliment of other community service providers created a very synergistic level of recreation and social service programming that does not exist in any of our

other community centers.

Approval by the MPRB Planning Committee does not constitute a slam-dunk outcome, however. Instead, eight parameters were established that are essential in order for the Park Board to issue leases. Since one of the leases might extend for ten to twenty years into the future, and others up to five years, it was clear that they want to get it right at the point in which signatures become affixed to the leasing documents. These are:

- Tenants are incorporated or a viable legal entity.
- Tenants must be able to demonstrate the financial viability to make improvements, pay operating costs and pay rent.
- Tenants are responsible for the improvements within their space.
- The Minneapolis Park and Recreation Board be responsible for common space improvements.
- Duration of the leases be based on the amount of tenant improvements made – the higher the investment, the longer the lease term
- All tenants pay for their share of utilities for their space; a proportional share of common space, utilities, custodial and maintenance; and a proportional share of a sinking fund for future building repairs and renovation to the HVAC, roof, windows, building

shell, bathrooms, parking lot and common spaces

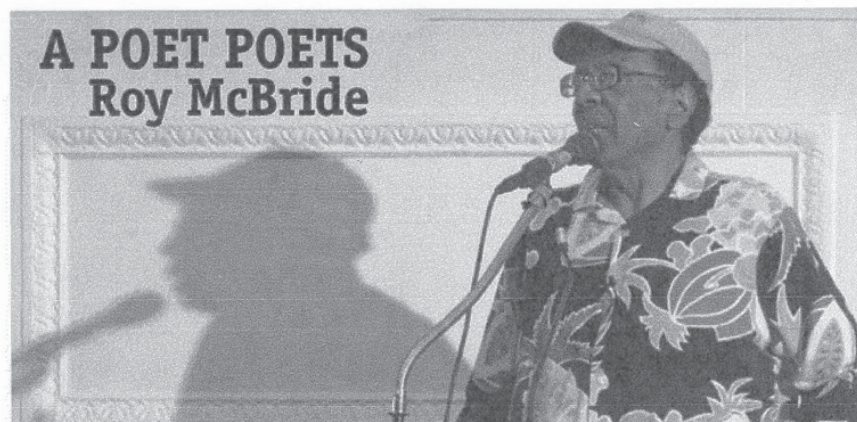
- All tenants enter into a three to five year programmatic agreement on services to be provided.
- Use of the common facilities, possibly the gymnasium and cafeteria kitchen, be included in the terms of the programmatic agreements.

The plan approved by the MPRB Planning Committee calls for Park Board staff to work with the Phillips Coalition [PCPI] to address the parameters with a worst case move-in date of May 30, 2011. In subsequent discussions, Park Staff indicated that they would work as quickly as possible to expedite tenants whose funding requires a shorter move-in date as long as it complements final renovation activities now underway within the facility.

With the Waite House planning a wholesale move of its operations from 2529 13th Avenue into the PCC building (located two block north of its current location), its leaders have demonstrated strong leadership in ongoing negotiations with Park Board staff. These discussions are designed to address all the details and issues that a complicated move entails. Some differences between prospective tenants have arisen, but all par-

Phillips Comm. Center Update
see page 7

A POET POETS Roy McBride



POETRY

My grandfather,
who can neither
read nor write,
wears a pen-
and-pencil set
in the pocket
of his Sunday coat.

One night
when I was
in the fourth grade,
he watched me
do my homework,
rocking in his chair
by the stove.
"Son," he said
with a smile,
"you've really
got a nice hand,
a real nice hand."

Roy McBride

World premiere of a film
by Mike Hazard
3:00 and 4:00pm
Sunday January 30, 2011
\$5.
presented as part of
Intermedia Arts' Catalyst Series

Intermedia Arts
Art. Changes. Everything.
2822 Lyndale Avenue South
Minneapolis, MN 55408
Info/reservations: 612.871.4444
IntermediaArts.org



For more about the film,
visit thecie.org

Consequences

Hopefully, a good many visited “Dances with Wolves” as seen again on public television. Certainly, it stands as one of the most beautiful and edifying of films...

“Your life is like a pebble dropped into a sea creating ripples endlessly...you do not know the end of a thought, action or word.”—attributed to White Eagle.

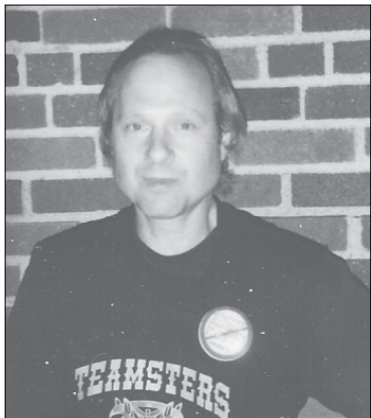
In the aftermath of Tucson, there occurred a simultaneous prayer. I too bowed my head. We sought to limit the swelling of Congresswoman Giffords’ brain.

My ancestors were agricultural pioneers in Kandiyohi County to the west. They arrived two decades after the Dakota War of 1862 to settle the left-over spots. Like good Dutch people, they drained the land.

Note: In 1930, Machine Gun Kelly’s gang came through Kandiyohi and robbed the bank in Willmar!

So consequently, at nine years of age, Father was compelled by Grandma to commit to memory a poem from a publication of the Industrial Workers of the World (I.W.W.). I present it here, untitled:

Have you heard of the beautiful city mentioned in the legends old? Everlasting light shines or’ it wondrous tales of it are told. We are builders of that city, all our joys and all our groans help to rear its shining ramparts, all our lives are building stones.



PETER MOLENAAR
Raise Your Voice

But a few brief years we labor, soon our earthly days are or’, other workers take our places and our place knows us no more.

But the work that we have builded, oft’ with bleeding hands and tears

and in error and in anguish shall not perish with the years—it will last and shine transfigured in the final reign of right.

It will merge into the splendors of the City of The Light.

So finally, would the worshippers of Mammon who intend to “retake” “their” country (twitter: “wink, wink”) kindly listen, please. We will absorb your boots and gun butts and bullets, because in the end, those you purport to command are human. You cannot win.

COMMENTARY Changing your diet

BY RANDALL GREY

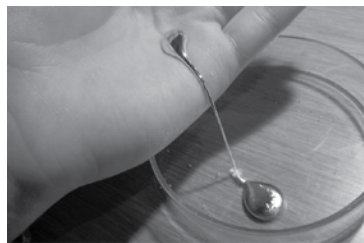
There are so many products in our cupboards and refrigerators today that contain High Fructose Corn Syrup. If you were to look at the ingredients of the products which are in your cupboard or refrigerator right now, you will find an ingredient called High Fructose Corn Syrup. Just in my home alone, I found it in the cereals, canned vegetables, ice creams, some of the dips, salad dressings, mayonnaise, jams and jellies, sodas, frostings, pie fillings, flavored waters and also in some of the sauces.

After looking at all the food items consumed daily, almost every thing in every meal, contains High Fructose Corn Syrup. And just think, these are just in the products in our own homes that contain this substitute additive. Now, imagine how much of this substitute food additive is in foods we eat in restaurants.



What is this food additive – (HFCS) High Fructose Corn Syrup? High Fructose Corn Syrup is a “cost-effective” man-made sugar supplement. One of the most hazardous chemicals that

stems from HFCS is mercury. The average consumption of HFCS by Americans is 37.8 pounds a year.



In the 1970’s HFCS was introduced into foods. With all the tests that were performed on HFCS, it showed to have one major side-effect – obesity. As of today, the USA is one of the few countries that allow HFCS in food products. The USA is also the leading country for those individuals with obesity.

Within HFCS, there is mercury. Do you know what effects mercury has on the human body? Mercury is the chemical used to help break down the corn to make HFCS, along with glutaraldehyde. Glutaraldehyde is so toxic it can burn a hole in your stomach. HFCS causes severe ulcers, sexual dysfunction, neurological disorders, loss of hair, teeth and nails as well as muscle weakness, loss of kidney function, emotional mood swings and memory impairment. Knowing these facts, how many products are in your refrigerator or cupboards that include HFCS?

A little fact about HFCS is that in 1984 when Coke and Pepsi first started putting this sugar additive in their products; production

was at about 3 million short tons a year. Production rose up to 8 million short tons within a decade. Along with this, the obesity boom fattened up. And aspartame (another sugar supplement) is not a diet supplement that should be used within diet products – it actually has the reverse effect.

Shopping through the grocery stores, I would examine the contents of products. I realized there wasn’t a meal I ate that didn’t contain HFCS. I knew I had to make a change in my diet. I was gaining weight, my stomach wrenched, having short term memory loss and some sexual impairments. By removing products with HFCS from my diet, there has been a drastic change within the first week. No more upset stomach, no more erectile dysfunction and my weight hasn’t increased.

My partner and I have decided to make the change in our diets to better ourselves and our health. Since we have made this change in our diet, we have also changed in the way we shop – and where we shop. We got so tired of reading labels in any of the major grocery stores. Since we now only shop at any of the Co-ops - especially the Seward Co-op, we have noticed a huge change within our bodies.

If you are on a diet and have issues with seeing the results you are expecting...why not try eliminating the chemicals that are not healthy for your body. Make an informed choice on what you put into your body, not what major corporations want you to believe.

Phillips Comm. Center Update
from page 6



ties indicated that nothing so far is viewed as irresolvable conflicts or “deal breakers”. For their part, Park Board staff are not trying to be mediators, but rather have encouraged PCPI people to work out their own differences.

In a separate part of the same vote MPRB Planning Commissioners declared that “Swim Minneapolis [Minneapolis Swims] will be given a two year option to develop a financial plan for renovating the pool and financing its operation... They will have the following milestones to meet or terminate the option:

1. Establish and obtain MPRB approval for operating endowment and capital budget goals.
2. Raise 25% of the capital budget complete plans and specifications for renovating the pool facilities within the first 6 months.
3. Raise 25% of operating endowment and 50% of capital budget within 12 months.
4. Complete fund raising for operating endowment within 18 months.
5. Complete fund raising for capital within 24 months.
6. Capital renovations must begin within 28 months.
7. Operation and opening of pool must occur within 36 months.”

Staff and board members of Minneapolis Swims are working vigorously to meet this obligation. More on these efforts will be reported next month.

Robert Albee is Ventura Village Chairperson

Update on the Backyard Initiative

Anyone living in the Backyard area can help their community to improve health



BY JANICE BARBEE, CULTURAL WELLNESS CENTER

The Backyard Initiative was started two years ago as a community partnership between Allina Hospitals and Clinics and the residents of Phillips, Powderhorn Park, Central, and Corcoran which has the goal of improving the health of the community. Health is defined as 1) a state of physical, mental, social and spiritual well-being; it is not only the absence of infirmity and disease, 2) the state of balance, harmony, and connectedness within and amongst many systems – the body, the family,

the community, the environment, and culture; it cannot be seen only in an individual context, and 3) an active state of being; it cannot be achieved by being passive.

This definition of health is not just a state of being – it is a process of becoming, and the residents of the Backyard are using this description of health to become healthier. They are actively working on projects which increase balance, harmony, and connectedness within the community.

The core work of the Backyard Initiative is done within the Citizen Health Action Teams or

CHATs. A CHAT is composed of a group of people who work together on a common concern or issue in order to improve the health of the community and build community. Each CHAT meets at least monthly to plan ahead and make decisions, and then members of the CHAT carry out work between meetings. All the CHATs come together at least once a month to update each other on their progress and discuss common problems and strategies. They have agreed upon a list of principles that help CHATs to be inclusive and effective.

Principles of CHATs

1. CHATs continually engage and organize people to contribute their concerns and ideas, to find common interests, to build relationships. They grow participation.
2. CHATs are creative; they surface new ideas, new knowledge.
3. CHATs make connections and do research to connect with existing resources.
4. CHATs are action teams – they plan and implement actions which improve health.
5. CHATs build capacity in the members of the CHAT and in people in the community in the implementation of their project.
6. CHATs build leadership. In their process, they draw out the talents and skills of CHAT members, and build on their experience and culture.
7. CHATs build community in the planning process and the implementation of their project. Building commu-

nity contributes to health; building community is both the process and the product.

Come Join Us

If you live in one of the four neighborhoods of Phillips, or in Powderhorn Park, Corcoran, or Central, you are welcome to come to the community meetings, join an existing CHAT, or develop a CHAT with your neighbors. The CHATs now working on projects are:

1. **Anchor Families CHAT:** To organize people within a few blocks of each other to learn about each other and create and maintain a natural network of activities to ensure a sense of belonging for each household.
2. **A Partnership of Diabetics (A-POD) CHAT:** To provide sustainable, community-based support, strategies, planning and tools to assist members of the community in diabetes self-management.
3. **Assessment and Evaluation CHAT:** To carry out the assessment, evaluation, and research needs of the Commission.
4. **Communications/Tell Me A Story CHAT:** To lessen or eliminate the divide between people who have information and those who don't.
5. **Dakota Language House CHAT:** To teach children and families their ancestral Dakota language by immersing them in the language at a group family child care home.
6. **"Did You Know" CHAT:** To share health information and support through the sys-

tem of block clubs in the Backyard.

7. **Growing Up in the Backyard CHAT:** To organize and support gardeners and urban farmers in the Backyard area to create and sustain a healthy, local food system.

8. **Latino/a Environmental Health Begins At Home:** To teach Latinas how to make healthy products to clean the home, organize ways to implement what they have learned, and support each other to maintain a healthy environment.

9. **Out in the Backyard CHAT:** To connect gay, lesbian, transgender, and bisexual (GLBT) folks to resources related to health and wellness and supportive of members of the GLBT community through a virtual community center.

10. **Project SELF Immigrants Health CHAT:** To assist youth, elders and families in healthy living and artistic expressions through poetry, open microphone performances, information workshops and community dialogue and bridge the gap between the older and younger community members.

All community residents are welcome to attend Backyard CHAT meetings and events. Call the Cultural Wellness Center at 621-721-5745 for more information

Searching from page 4

and started walking west. They could barely keep their legs moving against the wind.

"Where are we going?", Luz shouted.

"To the police," Angel said.

"The police!" she shouted, and stopped. "But what if they call the Migra, Angel?"

"I know a guy who I think we can trust", he said.

"What are we going to tell them?" Luz asked.

"Exactly what happened."

"Do you think they'll believe us?" she asked.

"Well, they're not likely to hear him say different," Angel replied. "He's not the kind who's going to the police."

"No," she said. "He never was that kind."

WELNA HARDWARE



- KEYS MADE
- LOCKS RE-KEYED
- 5 GALLON PAINT
- EXCELLENT PRICES
- RUG DOCTOR RENTAL
- EXPERT WINDOW/SCREEN REPAIR
- TRAILERS FOR RENT-
OPEN AND ONE ENCLOSED

2201 East Franklin 612-332-4393
2438 Bloomington 612-729-3526

MPNAI 2011 Annual Meeting! Tues., Feb. 22 5:30 - 8 p.m.

- Free supper, get to know your neighbors
 - Board elections* • Small discussion groups on last of NRP Phase 2 and start of Citizen Participation Program
- * Voters must be at least 18 years old, live in, or own business property in Midtown Phillips and show a photo ID.

imow oo nagla qeybgal shir sanadka 2011, oo dacayo maalinta Talaadada, Feb. 22, 5:30 - 8 p.m.
5:30-6:15 p.m. Ku soo dhawaada Casho
6:15-6:45 p.m. Codkaada dhiibo – la imow aydii (sharcii) uu masawirkaada kuyaalo (vote*)

*Cod bixiyaha waa in da'diisu tahay 18 jir, kuna noolyahay ama ganacsi ku leeyahay Midtown Phillips ismarkaana aad tustaa aqoonsiga mid ka mid ah oo sawir leh.

6:45-7:45 p.m. Kooh Kooh Yar oo Kawadha hadlayan cashirka programka. Qeymuha lacakta ee dantahay oo neighborhoodka kaheelan cituka minneapolis iyo sidii loo istacmali laha lacaktaas.
NRP Qeybtii 2. Maamulka Qeybqadashadu Dadweynaha.
7:45-8 p.m. Cashada kaddib naga caawi nadiifinta hoolka. Maxadsaanid

at Andersen United Community School

Use main entry, on Andersen Lane, between East 27th & East 28th Streets (Andersen Lane is one-way street going west, off of 12th Ave. S.)

Contact: Jacy Hildreth, MPNAI Secretary, jacylynn99@gmail.com



¡Es la Junta Anual de MPNAI! Cuando: Martes 22 de febrero
Hora: de 5:30 a 8 p.m.

5:30 a 6:15 p.m. COMIDA, conoce a tus vecinos. 6:15 a 6:45 p.m. Elecciones de miembros de la directiva – Votantes deben ser 18 años en adelante vivir or ser dueños de casa in Midtown Phillips y traiga una identificación con fotografía. 6:45 a 7:45 p.m. Vamos a discutir en pequeños grupos cuánto dinero recibe la vecindad de la ciudad y cómo lo queremos gastar. 7:45 a 8 p.m. Limpieza y conversación en general con amigos/as y vecinos/as.

**Did you know that
The Alley has
a website?**

www.alleynews.org
**Even hipper, you can
follow us on Twitter:
@alleynewspaper**



3440 BLOOMINGTON AVE.
POWDERHORN PARK
MINNEAPOLIS
M-F 6:30-6
SAT 7-5 • SUN 7:30-5
729-5627

**ORGANIC &
FAIR TRADE COFFEE**
FREE Wireless Internet