

"If I had my time over I would do the same again. So would any man who dares call himself a man."

Madiba Nelson Mandela
 born July 18, 1918

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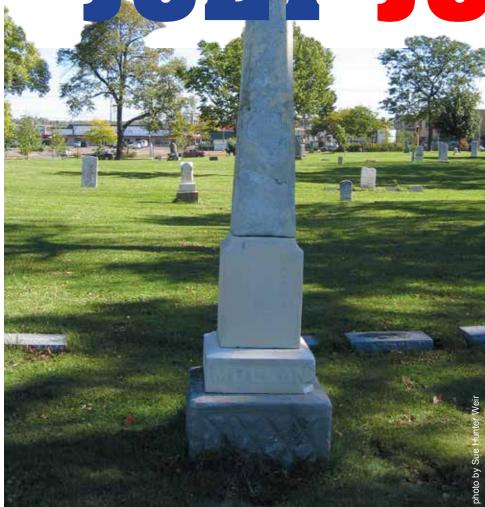
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NEWS & VIEWS OF PHILLIPS SINCE 1976
JULY 2013 • VOLUME 38, NUMBER 7

IULY JUBILEES



The Mollan family obelisk

See "Tales" on page 3 for more

The Mollan family obelisk monument [See "Tales" pg. 3] marks the gravesite of an uncertain number of Mollan family members buried "full casket" or as "cremains". It is about 87 years old and is 9 feet -7 29/32 inches high. The Washington Monument obelisk is 57 ½ times taller.

Obelisks are the, most widespread of all cemetery art. Most 1840 to 1850 cemeteries have this Egyptian, Greek, and Roman influence in tomb art. Obelisks were popular because of tastefulness, pure uplifting lines, association with ancient greatness, small space needs, easier visibility, and lower cost than fancier sculpted monuments.

Obelisks are square, tapering up to a pyramidal capital with three distinct sections: base, shaft, and capital. During the 1800s, stonemasons used a variety of obelisk types, some with straight shafts and different tops from blunt to cross-vaulted on the top. Obelisks provide more inscription surface and are usually found on family burial sites and/or those of people of high social status.



Washington Monument obelisk

July 4th 1848 and July 4th 2013

The Washington Monument cornerstone was set July 4th 1848. Construction of the marble obelisk was halted for lack of money for 25 years during the Civil War era and resumed 25 years later in 1876.

It has 700,000 visitors a year but has been closed since 2011 earthquake damage. The Park Service will complete repairs and reopen it by spring of 2014.

For the July 4th 2013 holiday the monument was adorned with special decorative lighting. "It's an icon in this country, so you don't want it just sort of sitting here with a big scaffolding around it for a year," Jonathan Jarvis, National Park Service Director said.

On July 4th when the Sun reached the altitude of the tip of the obelisk at exactly 8° 36', the Sun, the Capitol Building and Jefferson Memorial aligned within a precision of less than 1 degree.

JUBILEES

53rd Somali Independence Day July 1 • pg 8

237th United States of America Independence Day July 4

Midtown Global Market Music Festival July 13 •pg 8

Midtown Phillips Festival at Stewart Park July 20 • pg 4

Midtown Global Smoothie "Smackdown" July 20 • pg 8

Haitian Unity Night with Tonton Dezirab
July 20 • pg 8

ASI MN Hot Shop Herring Glass Blowout July 25 • pg 4

Midtown Greenway "Tour de Fat" July 27 • Pg 4

Tracking Running Wolf

Sacrificed for Safety, Loosing Pounds and Gaining New Life! – a Story of Survival

BY CONNIE NORMAN

Hello from Running Wolf Fitness Center. We are so grateful to the Alley Newspaper that we are able to share our success stories of Running Wolf Fitness Center clients with all of you. I hope you find it motivating so you, too, can make time to exercise and take care of your health!

I am excited to share our next success story with you! Billy came to Running Wolf Fitness Center one year ago as part of a weight loss challenge with Native American Community Clinic and Running Wolf Fitness Center. Billy came and did a baseline data check in and we found that he had high blood pressure and high cholesterol and a high BMI and body fat. He also has chronic debilitating back pain. But Billy started working out daily at Running Wolf and met weekly with the dietitian from NACC. At the end of the 12 weeks he came in



second in the weight loss challenge losing only by a tenth of a pound! Billy continued working out daily at Running Wolf to continue building his strength, flexibility and endurance and to lose weight. He has become the poster child of Running Wolf!

To date, Billy has lost 55 pounds and is no longer taking medications for high blood

Tracking Running Wolf see page 2



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"We came into this world to give truth a little jog onward and to help

our neighbors rights" Ann Greene Phillips (18__-1885) Wendell Phillips (1811-1884) Alley Communications "staff reporters," columnists, and artists are neighbors and friends who contribute their time and work to sustain the informing and engaging. The list for this issue includes but is not

limited to the following: Wes Durham, Frank Erickson, Sue Hunter Weir, Rose Gbadamassi, Janey Gengel, Clarasophia Gust, Susan Gust, Dee Henry Williams, Travis Heglund, In the Heart of the Beast Theatre, Linnea Hadaway, Hennepin County Franklin Library, Bill Kingsbury, Howard McQuitter II, Jana Metge Midtown Greenway Coalition, Jonathan Miller, Siri Maitra, Peter Molenaar, Dave Moore, Loren Niemi, Connie Norman, Open Eye Theatre, PWNO, Running Wolf Fitness Center, Dan Wilder, Crystal Trautnau Winschitl.

Door to Door Delivery: Youth group from Calvary Church, Donna Neste, Bob, Brad, Brad, Carol, Patrick, Cathy, Dave, East Phillips Improvement Coalition, Jacy, Jana, Heidi, Howard, Joyce, Marjorie, Midtown Phillips, Paul, Phillips West N Org., Simmons Family, Raymond, Stephanie, Tara, Ventura Village, Will you deliver a block or two or your apartment? Call Harvey 612-990-4022

Bulk Delivery: Lyle James Delivery. 250 Apartments, Businesses, Places of Worship, and Organizations; this issue is having volunteers delivering many blocks of these neighborhoods Ventura Village, Phillips West, Midtown Phillips, East Phillips, Central, Powderhorn Park, and Corcoran; and the usual spots in Longfellow, Cooper, Cedar-Riverside, Elliott Park, Whittier, and Lyndale.

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> August Alley Deadline: July 15

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BY ERIN THOMASSON

Children & Family Programs <u>LEGO[®] WeDoTM Challenge</u> Tues July 9, 1–3 p.m. Reg. Online or 612-543-6925. Fall grades 4-6. Using LEGO

WeDo Scratch-free computer programming language- & simple materials; compete and be challenged.

Banana-Wocky

Wed July 10, 10:30 a.m.

Register Online or 612-543-6925. All ages. See live banana plants, share stories and meet the animals that eat nature's perfect fruit.

Puzzlemania!

Thurs July 11, 18 & 25, 2-3 p.m. Families, enjoy educational & fun puzzles &

Camp Bookawocky: Reading

and Learning Tues thru Fri 1 - 3 p.m.

Fall grades 1-4. Keep up reading over the summer. Sign up for one-on-one reading tutoring appointments.

Camp Bookawocky: Kids Book <u>Club</u>

Tuesday through Thursday, 3 -**4 p.m.** Fall grades 1-4. Keep up reading in summer. Join a book club with other kids!

Camp Bookawocky: Games and Projects

Tues thru Thur, 4 - 5 p.m. Families. Fall grades 1-4. Keep up r reading in summer. Games and creative projects.

Family Storytime

Wed. 10:30 a.m. Age 2 and up. Share books, stories, rhymes, music, and

movement with your children. **Art Out of the Box: Handmade Portraits**

Wed July 31, 2–3 p.m. Reg req online or 612-543-6925. Fall grades 2-5. Museum-trained teens will take you on a hands-on exploration of portraits from the museum. Turn your idea of selfimage on its head with a playful approach to a timeless art form. Leave with a sketchbook to keep drawing whenever inspiration strikes!

Teen Programs O.P.E.N. Time

Tues 3–5 p.m. Options for Play and Enrichment Now Time. Choose computers, magazines,

board games, video games, brain teasers, conversation with friends and more!

Read, Write, Blog Wed July 3, 17 & 31, 4–6 p.m.

Fall grades 7-12. Readand/or write creatively. Learn to run a blog and use your words in fun and creative ways?

Act Out for Teens: Acting Games for Beginners Wed July 10, 4-5:30 p.m.

Reg Online or 612-543-6925. Fall grades 6-9. Learn from an experienced Guthrie teaching artist. Rev up your creative juices, tune up your spontaneity and learn to stay in the moment. No experience necessary.

MVStudio: Music and Video **Production**

Wed July 17 & 24, 4–6 p.m. Reg Online or 612-543-6925. Get hands-on experience mixing your own music and creating original videos.

ArtVentures

Thurs, July 11 & 25, 3:30-

5 p.m. Explore your creativity



Franklin **Community Library** 1314 E. Franklin Avenue New: 612-543-6925 www.mplib.org Tues & Thurs: 12 - 8 pm Wed, Fri & Sat: 10 am – 6 pm **Complete program** calendar, visit, call, or www.hclib.org and news at www.hclib.org/pub/ info/newsroom/

learning about the vibrant arts scene right in our community! Sessions will include projects based out of the here along with visits from local artists and trips to see working artists in action.

4-H Mentoring Club Thurs July 11, 18 & 25, 5

−7 p.m. Learn urban ecology, health and nutrition, sustainable agriculture and related careers in food science & maintain a community garden and visit local food enterprises.

Teen Anime Club Thurs July 18, 3:30-5 p.m.

Watch anime, discuss manga and share artwork.

Young Achievers

Thurs July 18 & 25, 5 p.m. Want community involvement? Concerned about your health and lifestyle? Poetry, arts, games and

more! **Movies for Teens**

Fri 3–6 p.m. Movies chosen by teens for big-screen cinema. Adult Programs

Computer Skills Workshop Thurs July 11 and Sat July 13,

noon–1:30 p.m. Work on projects and practice skills using the mouse, keyboarding, using email, & and Microsoft Office with our software instructors and volunteer assistants.

Microsoft PowerPoint: Basics Fri July 12, 10-11:30 a.m.

Learn to create presentations and use the ribbon to create a basic slide show.

Microsoft Word: Basics Fri July 12, noon-1:30 p.m.

Learn how to use the ribbon, enter and delete text, basic formatting, cut, copy and paste; and when to use 'save' and 'save as.'

Microsoft Excel: Basics Saturday, July 13,

10–11:30 p.m. Learn the basics of working with an Excel spreadsheet: navigation, entering data and using formulas.

Franklin Learning Center 612-543-6934

Free, one-to-one tutoring for adults who are learning English and math, preparing for the GED and citizenship exams, and gaining life skills. We are always looking for community volunteers! No experience necessary; we provide training and materials. Contact us at 952-847-2934.

Tracking Running Wolf from page 1

pressure and cholesterol. His back pain is reduced but he continues to use a back brace when he works out so he can complete his workout. He is determined to continue this path to health and wellness.

Billy has always displayed and shared his positive attitude and outgoing personality. As a result of that he is now working at Running Wolf Fitness Center through East Side Neighborhood Senior Services about 25 hours a week. He assists with cleaning and answering doors, giving tours and sharing his story and wisdom about his positive health changes with other participants of Running Wolf. But most importantly he is a mentor and a positive influence for the Center School (Nawayee) students who come and actually ask if they can "work out" with Billy. He also is an inspiration for others who come to Running Wolf with health issues; his can- do attitude motivates these participants to better health and wellness! He is truly a gift to Running Wolf and our participants!

Billy's story of change started long before Running Wolf and he wanted to share some of his story with you so you can see that it is possible to turn your life and your health around! Billy shared a newspaper article with us about his life in prison. Billy was raised in Chicago by a single father with 3 children. To protect his only son from gang activity at school, his father took him to work with him instead of school starting at age 8. As a result of that Billy never learned to read or do math. He hid his lack of education from employers and friends for over 26 years. It wasn't until he ended



up in Stearns County Jail that he earned his high school diploma, ascended eight grade levels over a 6 month period. An employee at the jail called it a "minor miracle". They said that they saw fantastic growth in him and was a great example to use! Billy also claims that he became a Christian while in jail. He enrolled in a self-study program in English and composition through the University of Minnesota. He still surprises his sisters with well written letters. Billy wants to be held up as a success story for uneducated people and other people who are struggling. Billy says," I'm eager to help others out there where I came from! Billy is a great example of the power of change that is possible in mind, body and spirit with perseverance and dedication. We are grateful to have Billy here to share his life journey, to motivate others to become healthy, and to not give up; that you can continue to turn your life around with exercise and wellness here at Running Wolf Fitness Center. This is an important part of his life affirming journey!

Come and meet Billy at Running Wolf and let him inspire you to be your best and healthiest! If you want more information on Running Wolf Fitness Center or to join please call (612) 872-2388.

Running Wolf Endangered!!!

Running Wolf needs funding to be able to stay open for the community. Donations of all sizes are welcomed and appreciated. Please tell us ideas or comments for funding assistance, too. Please call Connie Norman-Running Wolf manager @ 612-872-2388. THANK YOU.



NEIGHBORHOOD

VENTURA MEANS HAPPINESS & GOOD LUCK TO YOU! BUENA VENTURA!

2nd Wednesdays: BOARD OF DIRECTORS MEETINGS: 6:00 PM 1st Tuesdays:

1st Tuesdays: 3rd Thursdays: **Last Thursdays: Last Thursdays:**

2nd Wednesdays: GENERAL MEMBERSHIP MEETINGS: 7:00 PM **COMMUNITY ENGAGEMENT COMMITTEE MEETINGS: 5:30 PM** WELLNESS, GREENING & GARDENING COMMITTEE MEETINGS: 6:30 PM

> **BI-MONTHLY BUSINESS COMMITTEE MEETINGS: 6:00 PM** HOUSING & LAND USE COMMITTEE MEETINGS: 5:30 PM **CRIME & SAFETY COMMITTEE MEETINGS: 6:30 PM**

PARKS COMMITTEE MEETINGS: Call for next meeting time. **EXECUTIVE COMMITTEE MEETINGS: Call for next meeting time.**

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Phillips West Neighborhood Upcoming Events Check out the Phillips West Website @ www.phillipswest.info

July 4th (Thursday) 6:00 to 7:30 p.m. Phillips West Monthly Community Meeting (NOTE NO JULY MEETING DUE TO 4th OF JULY HOLIDAY)!

August 6th (Tuesday) 5:00 to 8:00 p.m.Phillips West Neighborhood 17th Annual National Night Out Celebration!

Please join hundreds of Community Partners & Residents for the biggest National Night Out Celebration in Minneapolis! EVENT AND EVERYTHING AT IT IS FREE FOR THE PUBLIC!!!!! Event will be held along 27th Street between Columbus and Portland Avenues! A variety of FREE Picnic Food including Snow Cones, Popcorn, Hot Dogs, Watermelon, Cookies & Ice Cream! There will also be a variety of Entertainment including a Mariachi Band, an Open Mic Rap Contest with opportunity to win Grand Prizes, Salsa Dancers, 3 Clowns, 3 Magicians, 2 Bounce Houses, a Puppet show, Facepainters, Fish Pond, Children's Games, McGruff the Crime Dog, Saint Mary's Cardinal Mascot, Mickey Mouse, and a Giant Inflated Slide! Information dozens of Community Resources will be available! If you would like an information table or would like to get involved contact Crystal at 612-879-5383 or email pwno2005@yahoo.com

Tales from Pioneers and Soldiers Cemetery

Ashes to Ashes* and Dust to Dust

Cremations Today and Years Ago at Pioneers and Soldiers

Last year over 40% of all burials in the United States involved cremation. That's a number that has been steadily increasing over the years, and, that, given the high cost of funerals, is not likely to decline any time soon. That wasn't always the case, however. The vast majority of burials in Minneapolis Pioneers and Soldiers Cemetery were full-casket burials. There are a few cremations (or "cremains," as the they are sometimes called) but most of those were burials that took place after 1919 when the city passed an ordinance that severely restricted who could be



a private memorial service for Harry at Lakewood Cemetery, his body was sent to Chicago to be cremated. Minneapolis did not have a crematorium at the time. Conspiracy theorists (and there were plenty of them) believed that Harry's hanging was faked and that he made it to Chicago under his own power and lived there until he died. Others assumed that since the memorial service took place

In the sweat of thy face shalt thou eat bread, till thou return unto the ground; for out of it wast thou taken: for dust thou art, and unto dust shalt thou return.

Biblical text, Genesis 3:19 (King James Version)

buried in the cemetery.

Before that, cremations were rare. Religious beliefs prevented most people from considering it but there was at least one notable exception.

Harry Hayward, Convicted Murderer, Cremated? Or?

Harry Hayward, hanged for plotting the murder of Catherine Ging, widely regarded as Minnesota's crime of the 19th century, was cremated in 1895, and his ashes were buried near those of other members of his family. The fact that he was cremated undoubtedly contributes to some long-standing confusion about whether and where Harry is buried

In 1895, after his family held

at Lakewood, that's where Harry was buried. (You'll just have to trust me on this for the moment, but I assure you that Harry's ashes are buried in Minneapolis Pioneers and Soldiers Cemetery).

Eilert Mollan's "Dust" is like a "Shell Game" (under which of three shells is the pea?)

The same cannot be said with any certainty about the ashes of Eilert Mollan (see May 2013 Alley story about his daughter Ada).

Eilert died March 12, 1926. He was cremated and his ashes supposedly were buried in the same block of graves as his son Adolph, two infant granddaughters and Eilert's first two wives.

Eilert Mollan was born in Norway in 1851. He and his wife Marie had four children in Norway and another daughter after they came to the United States. Two of their children died before the family emigrated but their son Adolph and daughter Ada made the trip with them. Eilert worked with wood and was variously described



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as a carpenter or a wood turner.

His wife and daughter ran a private hospital for people suffering from mild forms of mental illness (See The Alley, May 2013 page 3, "Ada Mollan, A Pioneer of Mental Health Aid"). His first wife Marie died on March 20, 1907, after having undergone surgery for gallstones. On February 26, 1909, Eilert married Karine Nelson; she died slightly over one year later on March 14, 1910, from typhoid fever.

On April 15, 1911, Eilert married for a third time. His wife was Louise Lee, and she did not get along with his daughter, Ada. After Eilert died in 1926, Ada sued Eilert's widow over the disposition of his estate claiming that Louise had used undue influence on Eilert that resulted in him becoming estranged from other members of his family. Ada prevailed. Four years later, Louise Mollan appealed that decision. Court documents from the appeal describe Mollan "as a sturdy character not easily crossed in his purposes and not easily influenced," and summarized the state of his marriages as "happy in his first marriage and in his second marriage. After his third marriage in 1911, there is evidence that his wife dominated him." There was no question that Louise had helped him out financially and had stayed with him during a protracted illness until his death. Nonetheless, there was "garrulous and gossipy" evidence that supported Ada's claim that Louise had alienated Eilert from his family. Ada's win was upheld.

Cemetery records indicate that Eilert was cremated and the thought, at least initially, was that he was buried in the family plot. There is a card that has a note that says that an urn containing Eilert's ashes is in his wife's casket (presumably referring to his first wife, but possibly his second). On the back of that card there is another note, written by one of the cemetery's former caretakers, that Eilert's daughter (Ada) proved the urn was empty. That's all it says. It doesn't say how she proved it or say where his ashes are.

Louise Lee Mollan died from bronchial pneumonia on December 4, 1943; she was 81 years old. She is also buried in Minneapolis Pioneers and Soldiers Cemetery but not in the Mollan family plot. She is buried in another section of the cemetery with members of her family. Whether or not Eilert is one of them, we don't know.

*'Ashes to ashes' derives from the English Burial Service. The text of that service is adapted from the Biblical text, Genesis 3:19 (King James Version).

The term has been used frequently in literature and song lyrics. Ashes to Ashes is the title of a 2009 BBC television series. It was also used as a song title by David Bowie in 1980, which included one of his best-known lyrics:

Ashes to ashes, funk to funky We know Major Tom's a junkie

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Hot Shop Herring Glass Blow Out

Thursday, July 25, 7-11 p.m.

BY SIRI MAITRA

This is a contemporary Minnesota spin on the Swedish tradition of a hyttsill—where folks gather and watch glass artists create while sharing a meal and drink. Hyttsill literally translates "hot shop herring." At ASI, 2600 Park Ave. it is sure to be one of the most innovative parties of the summer.

Live local music by Southside Desire and The Golden Bubbles.

Street food & signature cocktails by FIKA, Ice Cream by **Pumphouse Creamery**

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Stewart

Park

Noon-8

July

20th

Beer from Indeed Brewing Explore ASI's new glasswork exhibit, Pull Twist Blow: Transforming the Kingdom of Crystal.

Tickets available: http://cocktailsatthecastle2.eventbrite.com/#

Glass blowing by Swedish glass artist Fredrik Nielsen, Sweden's post punk rebellious master glass blower.

DIY Glass Art

Performances by Theater Coup

Kubb Competition hosted by Minnesota Kubb—learn the traditional Swedish lawn game.

Elements Unexpected throughout the night and in the mansion.

21+ \$10 in advance/\$12 at the

HIDTOWN PHILL

Tour de **Fat Biking Extravaganza**

BY JANEY GENGEL,

Midtown Greenway Coalition intern

A free, family-friendly event that carries with it costumes, local food, eccentric entertainment, a parade, unusual bike contests and the joy of cycling begins

10 a.m. July 27th when Belgium Brewing reveals a "ballyhoo of bikes and beer" at Loring Park.

Beginning with a massive allskills-level bicycle parade that bobs and weaves through city streets in which all are welcome and imaginative costumes are encouraged.

For the remainder of the afternoon, the stages light up with wild and exciting acts.

"The pinnacle of Tour de Fat is the ceremonious car-for-bike swap at each of the 15 Tour de Fat stops. One person will become the center of the show as he or she gets up on stage, hands over their car keys and pledges to live one year car-free. Each car-for-bike swapper will choose a local bike shop to help turn a \$2,250 budget into an ultimate car-replacement commuter bike. Vehicles for

Music

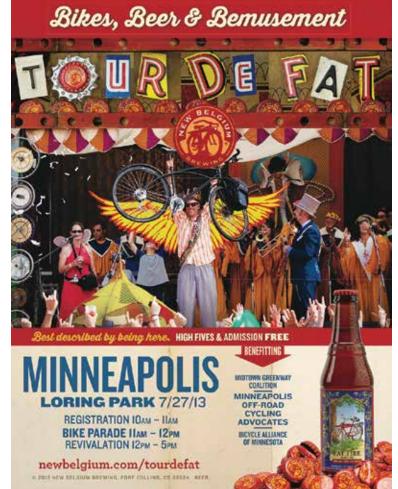
Vendors

ALTE HOUSE

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Games



Charity will auction the cars.

Other tents and attractions include the crowd-pleasing Lips of Faith Tent, the Le Tigre Tent, Port-a-oke, Bike Pit, and Slow Ride.

The festival proceeds from vehicles, beer and merchandise benefit the nonprofits: Midtown Greenway Coalition, Bicycling Alliance of Minnesota,

Minnesota Off Road Cyclists, and Minneapolis Off-Road Cycling Advocates.

Tour de Fat 2012 drew 3,000 people, with 800 cyclists in the costumed parade, all to raise \$19,000 to benefit the city's cycling community.

Info: http://www.newbelgium. com/events/tour-de-fat.aspx.

Summer School at Ingebretsen's

BY CARSTENS SMITH

July/August craft classes

Common theme; learn a craft at relaxed class meeting only one or two times. Then go home and practice more on your deck, at the beach, or in front of a fan with a glass of ice tea.

Classes:

- basics of chain maille,
- · wheat weaving,
- · weaving an elbow basket,
- · and Nordic cuisine from farmer's market finds.

Homemade Holiday gifts need to start in the summer. Make an item you can use immediately, then later add some holly berries or a

www.alleynews.org



touch of rosemaling, for a Hoiday gift. Elbow basket teacher, Patricia Quinn, says, "This is a versatile design. You can hang it on your front door or fill it with fresh or dried flowers adapting to any season or decor." Students will complete a basket during the 3-hour class and can purchase materials to make more.

Food historian Patricia Johnson will teach a class merging the principles of Nordic cuisine with seasonal vegetables and fruits from our neighborhood treasure, the Midtown Farmer's Market-a hands-on session. Patricia is a guest blogger for Chef Marcus Samuelson's web site.

Making lefse is usually a winter lass, since the potato flatbread is a traditional Holiday food. But for those who want to simplify their holiday schedule: a lefse-making class Wednesday, August 7. A grilled hotdog tastes great wrapped in lefse, so new lefse cooks can use new skills immediately.

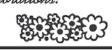
Info & Reg: www.ingebretsens. com or in the store.





Stop in at Ingebretsen's for good food, music, flags, party gifts and supplies, For your Summer fun and celebrations!

Enjoy Summer!



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Photos progress from neighbors clearing the land and building the garden in early May to the season "Kickoff Celebration a few weeks later on May 28th. The third photo was taken the last week of June showing some blooms and the circular labyrinth of corn obvious in 2nd and 3rd photos although not "knee-high by the Fourth" due to the slow season for all farmers this year. Christina Elias, the urban farmer mentioned in the article, is at right in 1st photo with a rake.

ii Gitigan (Medicine Garden)

BY URBAN FARM COALITION AND VENTURA VILLAGE WELLNESS AND **GARDENING COMMITTEE**

The Mashkiikii Gitigan vision is of a beautiful, welcoming space where neighbors can connect, share gardening experiences, learn about growing, preparing, and preserving food providing opportunities for healthy eating and active living in

munity resident and American Indian elder suggested the Ojibwe name translated to English as Medicine Garden.

The 24th Street Farm Coalition project is at 1316 E. 24th Street by these member groups: Dream of Wild Health, Indigenous Peoples' Task Force, Indian Health Board, Native American Community

Institute, and Zenteotl Project.

Urban farmer, Christina Elias, has been working with residents to transform the land, owned by the Indian Health Board, into a teaching farm for the Phillips Neighborhood.

Plans include expanding the garden and adding a seating area with picnic tables. A full calendar of fun farm activities and events will fill the Mashkiikii Gitigan 2013 Farming Season Calendar. All people are welcome and encouraged to participate. Christina can be found in the garden most week days from 10am - 6pm. Community mem-

bers can stop by to visit, volunteer, learn, or just enjoy the space. Info: 612-436-2676 or <u>24thStFarm@</u> gmail.com.



Financial Empowerment at Waite House

BY WES DURHAM

a key to success for every household. To help Phillips residents accomplish this, Waite House Neighborhood Center (Pillsbury United Communities) offers a free, 6 part Financial Empowerment Program including Budgeting, Loans, Debt Management, Banking Strategies, and Savings and Retirement Plans. Thirteen neighborhood residents recently participated in this.

Chris Elfering designed the program and led this first session. He is from Mission Continues which places returning military veterans into community service positions. This was a no-brainer for Chris, a former financial advisor. He talks about the importance of developing sound money management habits "one of my biggest motivations for becoming a financial advisor after the Army was

to understand my own finances Managing personal finances is better. Personal finance is rarely taught in the school system or by our own parents. After working with clients, I quickly realized the real need to understand money management."

Participants received Certificates of Completion and were entered in a drawing for these generously donated prizes: a refurbished computer by Free Geek, a \$20 Gift Card by Welna Ace Hardware, and a \$10 Gift Card from Pow Wow Grounds Coffee Shop.

Graduate Lorna Hammond described the series as "important for everyone to attend. This information is helpful to a lot of people."

Waite House will continue this program. The 6 week series is offered in English and Spanish. Info: Chris or John at 612 – 721

JUNE 10, 2013 — AUGUST 15, 2013



Qué:

El Programa de Nutrición del Verano de Minnesota brinda comida gratis, deliciosa, y saludable para los niños y ovenes menos de 18 años de edad. Lo único que hay que hacer es presencarse!

Dónde: East Phillips Park Cultural and

Community Center 2307 17th Avenue South 612-370-4888

Cuándo:

10 de junio-15 de agosto; Lunes-Jueves

Merienda I P.M. hasta 2 P.M. Cena 5 P.M. hasta 6 P.M.

The Minnesota Summer Nutrition Program: free nutritious and delicious meals for kids 18 and under. All you have to do is show up!

WHERE:

East Phillips Park Cultural and Community Center, 2307 17th Avenue South 612-370-4888

WHEN:

Every Monday through Thursday From June 10 to August 15

SNACK IPM.TO 2 P.M. DINNER 5 P.M. TO 6 P.M. Ilmaha lacag la'aan bey ku cunayaan

Cuntada summer ka oo ciyaalka loogu talagalay

Xaggee: East Phillips Park Cultural and Community Center, 2307 17th Avenue South Telefoonka 612-370-4888

Goorma: Isniin ilaa Khamiis walba

Juun 10 ilaa Agoosto 15, 2013

Cuntada fudud I da ilaa 2da duhurnimo

Cashada 5 ta ilaa 6 da maqribnimo



FOR MORE INFO: elizabeth@openarmsmn.org or 612-872-1152

Meals sponsored by Open Armii of Minnesota, Minnesota Department of Education and USDA. Adults are not eligible for meals. Non-discrimination Statement: "In accordance with Federal law and U.S. Department of Agricultum policy, this institution is prohibited from discrimination on the basis of race color, national origin, sex, age, or disability To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410, or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal





Sightseers (2013) ***

"Sightseers"

Cast: Alice Lowe (Tina), Steve Oram (Chris), Richard Glover (Martin), Eileen Davies (Carol). Running time: 88 minutes. Country: UK. Director: Ben Wheatley.

Studio Canal Drama/Thriller/Dark Comedy

"Sightseers" is an uneasy comedy intertwined into one of the darkest of comedies. Mean-spirited is the order of the day from beginning to the end.

One can be cynical saying what a "lovely" couple, Chris (Steve Oram) and Tina (Alice Lowe) are, taking a clue from Alice's invalid mother (Eileen Davies) who frowns on her and her new boyfriend. Chris and Tina jump into his van for a "vacation". Carol blames her daughter for the acci-



HOWARD McQuitter II *Movie Corner* Howardsmoviecorner.com

HowardMcQuitterii@yahoo.com dental death of her dog "Poppy".

The parking lot incident when Chris hurriedly backs out killing a pedestrian is considered an accident by the courts. Yet there's a sinister quality in Chris's face after the fatal accident making us chary of what is to come.

At a park site Chris and Tina nab a small dog (he looks somewhat like "Poppy") from a couple after Chris "conveniently" pushed the man over the cliff. Next, after a tourist complains that Tina didn't pick up the dog's excrement, the tourist is bludgeon to death by Chris while Tina seems unmoved by what just happened. "Sightseers" reminds me, to a large extent, of "Honeymoon Killers" (1969), directed by Leonard Kastle in full black and white, starring Shirley Stoler and Tony Lo Bianco. Running at a much slower pace but leaving death on the trail "Sightseers" like Oliver Stone's "Natural Born Killers" is naked deathly narcissism. "Sightseers" is well acted, with good dialogue; disturbing and unpredictable in many ways.

In the HEART of the BEAST **PUPPET and MASK THEATRE**

Saturday Matinees: continue this summer! With one small change - all of the performances will be in Spanish; an excellent opportunity to soak in some great small scale puppet shows. Show times: 10am and 12pm. \$2 suggested donation for Phillips and Powderhorn residents, and \$4 for

This Fall at the Beast

Two guest artists in the Avalon Theatre. September, the legendary, inimitable Strombolli returns on main stage with notorious Medicine Show - "a veritable Ali Baba's cavern of treasures and wonderments."

October Fortuna Puppet Theatre. An intimate production of the Dracula story, "These Thousand Waves are Mighty

In the HEART of the BEAST **PUPPET** and MASK **THEATRE**

1500 East Lake Street | Minneapolis, MN 55407

612 721-2535 | fax 612 721-7174 | www.hobt.org

FOLLOW the PUPPETS into the digital age!

twitter.com/HOBT | facebook. com/hobt.org

MILLY AND TILLIE @ Open Eye

Opens June 28th

This delightful show for you

Fridays at 7, Saturdays at 11 & 4, and Sundays at 4 Through July 21

And there's always ice cream after the show!

\$10 Adults | \$5 Children Tickets available at Brown Paper Tickets

The Driveway Tour is in full and your family plays swing! Visit OpenEveTheatre. org/tour to find when we will be in your neighborhood!

Open Eye Figure Theatre 506 East 24th Street Minneapolis, MN 55404 **Box Office Hours** M-F 10am-4pm boxoffice@openeyetheatre.org

(612) 874-6338

2013 Movies in the Parks Schedule

June 12, 2013 June 29, 2013 July 01, 2013 July 10, 2013 July 24, 2013 July 27, 2013 August 25, 2013

Date

Theme Always Favorite **New Release** MN Connection **New Release New Release** MN Connection **New Release**

Movie The Princess Bride **Here Comes the Boom** Moneyball Men in Black 3 **Hotel Transylvania Grumpy Old Men Boys Cry**

Location **Powderhorn Park East Phillips Park Elliot Park Corcoran Park Matthews Park Powderhorn Park Peavey Park**



Kevin Kling in Humanimal

August 9 – 18, 2013

Kevin Kling's 7th Annual work of his heart's desire on the Open Eye stage. Since 2007, he has explored timely themes:politics (Politico, 2012), religion (Joice Rejoice 2011), fairy tales (Folks and Heroes, 2010), to trauma recovery (Flight 2009) and others. This year he creates Humanimal, and explores the lives of humans with their animals (or is it lives of animals with their humans?) with perennial collaborators Michael Sommers, Simone Perrin, Jacqueline Ultan, and Michelle Kinney to create an evening of story, song, and imagery.

Kevin draws inspiration from the work of Jack London's White Fang and Call of the Wild, knowing we are all drawn to the wild or repelled by it. Humanimal follows the journey of the human/ animal connection beginning with its rough start, to mutual understanding and respect until finally. "Who-Done-Who-Wrong" song.

Open Eye's intimate 90-seat venue gives the rare opportunity to hear his stories up close. Kevin is a superb storyteller whose tales revive a soul and, in these tales, it

just may be the animal that revives the human soul.

Fri Aug. 9 7:30pm **OPENING**

Sat Aug. 10 7:30pm Sun Aug 11 4:00pm

Mon Aug 12 7:30pm Thur Aug 15 7:30pm Fri Aug 16 7:30pm

Sat Aug 17 NOTE 2:00pm

Sun Aug 18 4:00pm & 7:30pm TICKETS NOW ON SALE

www.openeyetheatre.org

(A pay-as-able option available for any remaining tickets at the door only)

Updates are also available on facebook (https://www.facebook. compages/Open-Eye-Figure-Theatre/315080846277) or on Twitter (@OpenEyeTheatre). 506 East 24th Street, Minneapolis, MN 55404

www.openeyetheatre.org 612-874-6338



- Fresh local produce and meats
- · Deli with sandwiches, hot food, baked goods and family-size meals
- Classroom with kitchen
- Community seating area with free WiFi

Open 8 a.m.–10 p.m. daily • 2823 E Franklin Ave • Minneapolis • 612.338.2465 • seward.coop

Skunk and Racoon



Peter Molenaar

Raise Your Voice

It is now forty years since I held title to 16 acres near Lake Milac. Many of us had chosen to go "back to the land", in the aftermath of the Vietnam War. We all had our share of sublime moments, but survival became an issue for most of us.

Was it the full moon and stars which heightened awareness as he walked the dead end gravel road to "the farm" that night? Bloop, bloop, bloop, the sound echoed from the flooded culvert below. What the ... the fight or flight response was intense but instantly suppressed as Skunk emerged and approached directly. The young achieved enlightenment while she sniffed his feet.

Many moons later, while sitting upon a beach in Powderhorn Park,

he was visited by Racoon. The warm breath touched the calves of his legs lightly beneath. Serenity and wisdom prevailed. Yet two Native youth came forth to issue stern warning against such composure. Ironic?

Words from Rez Life by David Treuer:

"If the Sioux are known for being fierce warriors, the Iroquois for diplomacy, and Cherokee for being civilized, the Ojibwe are [or were] known for being loving."

But what?

Jeffrey James Weise was the sixteen-year-old boy who killed his grandfather, his grandfather's girlfriend, a security guard, a teacher, and five fellow students on the Red Lake Reservation in 2005 before killing himself. He was a victim of neglect.

More words:

"Those who were obsessed with what was often called the 'Indian Problem' recognized that the bond of family, the connection between parents and their children and, sometimes even more importantly, between grandparents and grand-children, was the most significant and strongest bond linking a person to his or her identity, tribe, and reservation. If this bond could be broken, Indians would disappear as Indians and the 'Indian Problem' would be solved."

Enter forced boarding

Frank Reflections

Home\$ Sweet Home\$? At What Co\$t?

BY FRANK ERICKSON

"Commander, thank you for giving us another interview. The readers of The Alley Newspaper are very appreciative."

"You're welcome, nice to be here."

"Commander, let me start by commenting on the bombs that blew up during the Bostom Marathon...if the Tsarnaev brothers had attacked Boston with a military, and hit 'military targets', they would have been free to maim and kill as many civilians as they wanted to, for as long as they wanted to, say, up to 8 years with over 100,000 killed, like the U.S. did in Iraq...Commander, who's guilty of the largest crimes?"

It is not that simple, you're making an unfair comparison. The terrorists in Boston were deliberately targeting civilians"

"But they didn't get close to 100,000 of them. I'm just trying to find out how one gets the ticket 'in', how you get yourself in."

"The ticket into what?"

"Into a realm where you are free to kill civilians, a ticket that

schools...

Mother Earth now sends messengers to echo Lenin's words: "Workers and Oppressed People of the World Unite!" the Tsarnaev brothers obviously did not have. Maybe this will give us some insight---Leonard Peltier syas he never shot anyone at Wounded Knee, but for the sake of argument, let's say he did engage the FBI in armed conflict and did kill an agent, why is he in prison for life?"

"Because he murdered an FBI agent!"

"Yet it was armed conflict, and 'war' is defined as armed conflict. Why do some people after killing and destroying during armed conflict get to go home to their families, and others like Peltier go to prison."

"Well, the 'War Powers Resolution' is the procedure to legally declare 'war' that the U.S. government uses ."

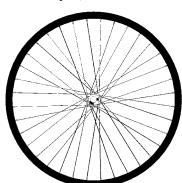
"Well, maybe the Native Americans had their own 'War Powers Resolution' to legally declare 'war'on the U.S., and besides this resolution to legally declare 'war' was not around when whites had the freedom to kill the British in the 'Revolutionary War' during armed conflict, and they all got to go home. 'War' is conveniently and opportunistically used to define only certain armed conflict situations that benefit the powers that be, wouldn't you agree?..."

"No, I will not agree. We can't just let every armed conflict situation be a 'war', and then the participants get to go home after it is over."

"Alright then, that is what we need to figure out, who decides when it is a 'war', certainly not Leonard Peltier, he is not on the deciding committee. Well, Commander, I know you are a busy man, so I will let you run. But before you go, I just want to touch on what we will discuss the next time we meet...a local high school student from South High School, who is an avid history buff and student of 'war', wants to ask you, how all the past conflicts that are defined as 'wars' could be categorized as the same thing...she presents an interesting question."

"Yes, I will have to think about that one."

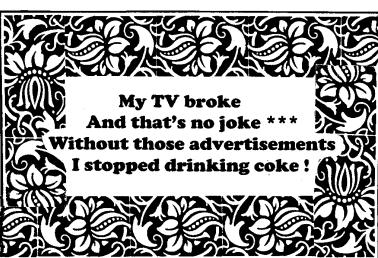
"Thank you, Commander."

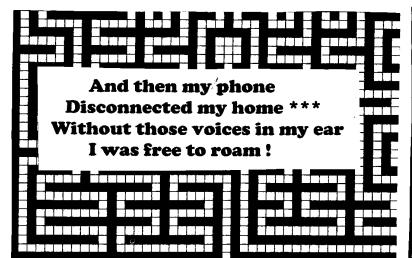


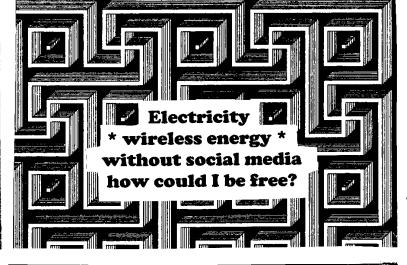
Bike Cops for Kids is a team of Minneapolis Police officers on bike patrol, looking for kids who wear their bike helmets. When they see one,

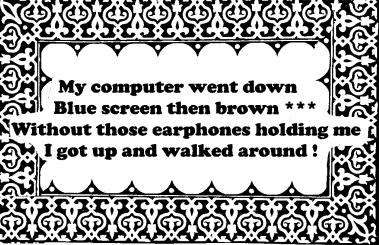
they could win a new bike. Oh, and if a child does not have a helmet they will give one to her or him. The main goal is to make a special memory for a child as they grow up in challenging situations by connecting cops and kids in settings such as their own yard, playgrounds and use helmets, bikes and bike safety to do it! For more information please visit: https:// www.facebook.com/ pages/Bike-Cops-for-Kids.

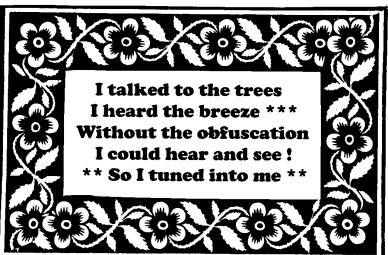














Taste more than a dozen

MIDTOWNGLOBALMARKET.ORG

smoothies and vote for your favorite! \$5 donation suggested.

"Those who conduct themselves with morality, integrity and consistency need not fear the forces of inhumanity and cruelty." – Madiba Nelson Mandela

MUSIC FESTIVAL

The 3rd Annual Midtown

Music Festival will happen at the

Midtown Global Market (MGM),

920 East Lake Street, Mpls.,

featuring wonderful music and

activities to celebrate the cul-

ture and vitality of surrounding

community. Performances will

occur inside of the Market and

outside to the west of the MGM.

This free, community-based

celebration strives to: Develop

a strong sense of community

through the sharing of music and

arts; provide access to the arts for

neighborhood residents and busi-

nesses; embrace the rich diversi-

ty of the Midtown Commercial

Corridor; and, assist in reposition-

ing Midtown as a destination for

Live music and dance from

around the world, performing on

two outdoor and one indoor stage.

Outdoor Allina Main Stage:

• Hoka-Hey Singers (Native

• The Tropics Steel Drum Band

• Bad Habits Brass (Cover Band) • Machinery Hill (Folk/Klezmer)

Outdoor Supporting Stage:

• Black Market Brass Featuring

Rene Thompson (Interactive

Duniya Drum and Dance (West

tatives, Alpha Kemet doing

Spoken Word with Brother Mao

Zumba with Bernice Arias,

instructor and members of the

Out in the Backyard CHAT • Kappa Alpha Psi (Steppers)

· Dick and Jane's Big Brass Band

• Ross Sutter and Cheryl Paschke: Swedish Songs and Tunes (Note: Acts subject to change)

In addition to the day filled

with great global music, guests

• Health screenings from Open Cities Community Clinic

Multicultural artisan vendors

• Children's activities

(New Orleans Style Jazz)

Indoor stage will feature: Nomadic Expressions with Backyard Initiative represen-

shopping and entertainment.

American)

(Caribbean)

• Qband (Salsa)

Chukwu Emeka

Salsa Instructor)

African)

drumming

can enjoy:

There is TRUTH TO TELL ON KFAI **About the Backyard Initiative**

On Monday, July 8, from 9 to 10 am, tune into the TruthToTell radio show moderated by Andy Driscoll, KFAI, 90.3 FM, Minneapolis and 106.7 FM, St. Paul. Three CHATs (Community Health Action Teams) from the Backyard Initiative will be there to talk about the work and activities of each of their CHATs, how it fits into the overarching goals and vision of the Backyard Initiative. Feel free to call in and ask questions and learn more about how each of these unique and vibrant teams connect with others in the community, raising up health and wellness for all. During this hour of engaging conversation you will hear from Khusaba Seka, Anchor Family CHAT (Alley BYI Back Page-April issue); Amged Yusef, Project S.E.L.F. (Alley BYI Back Page-May issue) and Queen Inshallah Tolbert, Communities of Light Coop-part of the Rebirthing Community CHAT (Alley BYI Back Page, June issue) Raise your voice as an Alley reader on KFAI and lend your ear to these gracious and energetic BYI CHAT members!

TruthToTell is produced by

CivicMedia/Minnesota (Andy Driscoll, Executive Producer) as part of KFAI's





public affairs specialist and Twin Cities media veteran Andy Driscoll and co-hosted by journalist Michelle Alimoradi, the hour-long TruthToTell delves into issues often not covered in depth by other regional news and public affairs outlets and too often not with the goal of engaging citizens in resolving the critical state, local, and regional issues they face day-to-day.

Learn More About the BACKYARD INITIATIVE, TOO! Sat., July 13, 2 to 8 pm

Global Market restaurants

Midtown Global Market is an internationally-themed public market with groceries, great food and unique gifts. There is no better place in town to satisfy your senses. MGM contains the best international diversity that has characterized South Minneapolis for decades. Convenient parking west of the Market and in the ramp to the east.

This activity is made possible by the voters of Minnesota through grants from the Minnesota State Arts Board and the Metropolitan Regional Arts Council, thanks

• Great food from Midtown to a legislative appropriation from the arts and cultural heritage fund and by a grant from the National Endowment for the Arts. Sponsors include: Allina Health, Midtown Global Market, Cultural Wellness Center, Neighborhood Development Center, Latino Economic Development Center, Midtown Business Association, Ryan Companies, Division of Indian Work, US Bank, Wells Fargo, Shameless Inc., Renewal by Andersen

> For more info: www.midtownglobalmarket.org/musicfest





INVITES YOU TO CELEBRATE SUMMER!

IN PARTNERSHIP WITH THE MINNEAPOLIS AQUATENNIAL

Saturday, July 13 Midtown Global Music Festival 2-8pm

Bring family and friends to this FREE indoor/outdoor musical day.

Saturday, July 20 Global Smoothie Smackdown Noon-2pm

Taste more than a dozen smoothies and vote for your favorite! \$5 donation suggested.



All proceeds benefit

612-414-4032.

612-558-5472



Division of Indian Work MIDTOWNGLOBALMARKET.ORG

Somalia's 53rd Year of Independence **Celebration on Lake Street**









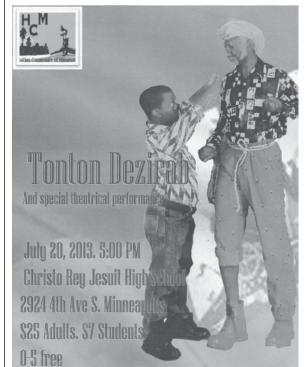






Somalia's 53rd Year of Independence, July 1st, 2013, was celebrated by a mix of hundreds of people on Sunday June 30th recognizing the political and cultural significance while enjoying great weather on the closed-off portion of Lake Street between Blaisdell and Pleasant Avenues. Many BYI members took part and some were organizers of the event.





Dans le but de nous unir et nous rassembler l'organisation Haitian Community of Minnesota vous invite de venir participer dans une piece theatrale titre llanmou san kondisyonl avec Tonton Dezirab et son trouple. venez en foule car Tonton Dezirab vous apportera beaucoup de joie et de paix. Nous comptons sur votre presence. Pour plus d'info contacter nous au:

In order to unite and come together the organization Haitian Community of Minnesota invites you to come and participate in a room theatrical title Ilanmou san kondisyonl with Tonton Dezirab and his group. Come together because Tonton Dezirab will bring you much joy and peace. We count on your presence.

For more info contact us at: 612-729-4097 / 612-414-4032.

Nan objektif pou inyon e rasanbleman oganizasyon Haitian community of Minnesota ap envite tout moun pou nou vin gade yon gwo pyes teyat ayisyen ki rele llanmou san Kondisyonl ak tonton dezirab avek gwoup li. Yon di lot vin an foul paske Tonton dezirab ap pote jwa ak lape pou tout moun. Pa blive nap tann tout moun. Pour plus d'info contacter nous au: 612-910-6875/