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# the Alley NEWSPAPER

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## Seeds Planted 40 Years Ago

BY DAVID O'FALLON

In this age of disconnection, we seek each other. In our isolation, we hunger for eyes to meet ours. Faced with problems and dangers that are, literally, world-size, we doubt our own strength to change energy into creation rather than consumption, into collaboration rather than competition. Always some spark in each of us believes that we can.

From such sparks came the fire that glows and warms us now as In the Heart of the Beast Theatre.

Wandering back into Minneapolis, 40 years ago, after travels and studies from California to Pennsylvania to Vermont, I brought images

Seeds see page 8



Sandy Spieler, HOBT Artistic Director, choreographs a MayDay Puppet's bow on Kaplan Bros. Plaza after Kaplan Bros. clothing store has "bowed-out" after 86 years. Kaplan Bros. and HOBT's Avalon Theatre are across the street from each other at Lake St. and 15th Ave.

## The Store That Worked for Working People Closes

BY CARSTENS SMITH

People who work outside year round know where to find high-quality work clothes at a reasonable price. For decades, that place was Kaplan Brothers, at 1414 East Lake. "Word of mouth was very good to us," says Jerry Kajander, one of the store's owners. But even word of mouth and a loyal customer base couldn't keep the 86-year-old business alive after a series of setbacks. The combined stresses of Lake Street construction, a broken water pipe flooding the store and forcing a 4-month closing, and years of mild winters that lessened the demand for warm outdoor clothing, resulted in the current owners' reluctant decision to close this past February. The flooded basement, which destroyed large amounts of inventory and forced the store to be closed for four months, was the greatest factor influencing the owners' decision.

Kaplan Brothers came to East Lake Street in 1988. The original store was founded by Joseph and Jacob Kaplan in 1926 and located at

Kaplans see page 9

**Pioneers &  
Soldiers Named  
BEST of TC by City  
Pages Pg 3**

**CITY PAGES**

**Phillips Aquatic  
Center Needs You  
Pg 5**



**Taylor Hill All Big TEN  
& Drafted by MYSTICS  
of WNBA Pg 7**



**BackYard Initiative  
"Warda" Pg 12**



**MEMORIAL DAY  
at PIONEERS  
AND SOLDIERS  
CEMETERY  
Monday, MAY 27  
10 AM  
Pg. 3**



מ n M 40

40 has been a mark of time and a symbol for centuries within the myths, literature, and story-telling of many cultures--- often a time of trial and tribulation endured because of hope for a better future. It has often been only a figurative measurement of time. Some see it as a cycle of the world or the rhythm of cyclic repetitions of the Universe.

The figure n with the numeral 40 above is the 13<sup>th</sup> letter of the Hebrew alphabet called Mem. It also represents 40 and Water. In the ancient script, the pictograph for Mem was drawn as a wavy line – w – indicating waves of water and is evident in the Latin M. When written at the end of a word, it takes the final form – m – which is more square, and smooth like calm water.

In the Heart of the Beast Puppet and Mask Theatre is 40 years old. The 40<sup>th</sup> MayDay Parade and Pageant will be next year.

In the Heart of the Beast has done exceptional dramatic and educational work for 30 years about the significance of water to each individual and to the world. The need for hard work "in the heart of the beast," yes, even trial and tribulation, becomes obvious. It is the focus on hope for "calming the water" in the future that sustains the work and the celebration.



Walker Community Church rises again out of the ground at 31st Street and 16th Avenue 40 weeks after it's devastating fire in 2012.

## "I'm Not Your Indian Any More" 40 + Years of History

BY LAURA WATERMAN WITTSTOCK

The American Indian Movement will open its first exhibit telling the story of its history on May 10<sup>th</sup> at the All My Relations Gallery. Planning for the exhibit has been underway for months, as Executive Director Clyde Bellecourt and AIM's board of directors worked to narrow down thousands of choices to a fraction of the holdings that depict the history of the Movement. They chose a photographic exhibit, featuring the work of Dick Bancroft, long known informally as the "AIM photographer," and Roger Woo, a photographer who worked in black and white in AIM's earliest years.

Woo joined the AIM patrol in 1968, at the beginning of the organization's formal activities. He took photographs of elders in Minneapolis neighborhoods, some of the early pow wows and children at play. He



recorded the poor living conditions in the Indian community and students in schools and after school programs. Woo was born in Canton, China and he came to Minneapolis as a youth, graduating from West High School and the University of Minnesota. He began his journalistic career by following his curiosity and his heart, reaching out to populations in need, just as he remembered those in his homeland China.

Dick Bancroft is a Minnesota native, who had an interest in photography since childhood. When he and his wife Debbie went to Africa, Dick learned the power of capturing portrait images of people whose personal dignity and humanity shown through in his photographs. When he returned to Minnesota, he sought out other places and people he could photograph and by happenstance came to be introduced to AIM in St. Paul. He never left his subject, following the Movement throughout the U.S. and overseas. His collection of slides, photographs, and AIM posters numbers into the many thousands. Bancroft has put together color photographs and slides from his association with AIM into a book, "We Are Still Here: A History of the American Indian Movement in Photographs," co-authored by this writer, which chronicles the sweeping history of the Movement from 1970 to 1981, including some of the most well-known events in the organization's history. The book, published by the Minnesota Historical Society Press will be released in May.

In addition to the primary photographers' work, several photographs by Kevin McKiernan, the only working journalist to issue reports from inside Wounded Knee in 1973, and other photographers will be on exhibit. An AIM patrol jacket, buttons, booklets, school literature, other documents and objects will be on display.

The exhibit will feature traditional foods on May 10<sup>th</sup> and spiritual elder Edward Benton Banai will officiate at the exhibit opening.

Not your Indian see page 8





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Ann Greene Phillips (18\_\_-1885)

Wendell Phillips (1811-1884)

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BY ERIN THOMASSON

*Children & Family Programs***ECFE: Reading Fun**

Fri. May 3 &amp; 17, 10:30a.m.–

12:30 p.m. Parents, infants & preschoolers! Early Childhood Family Education (ECFE); learn fun, interactive activities to build literacy skills.

**Hands-on Hoopla**

Sat. May 18, 2–3.30 p.m. Lots of games & activities for children and their families.

**Homework Hub**

Tues, Wed, Thurs & Sat, 3:30–7:30 p.m. Free in-person K-12 tutoring. No sign-up.

**Family Storytime**

Weds at 10:30 a.m. Age 2 and up. Share books, stories, rhymes, music, and movement with your children.

*Teen Programs***O.P.E.N. Time**

Tues. 4–5 p.m. and 7-8 p.m.

Options for Play and Enrichment.

Choose computers, magazines, board games, video games, brain teasers, & conversation.

**4-H Mentoring Club**

Tues. 5–7 p.m. Learn urban ecology, health & nutrition, sustainable ag. & careers in food science. Keep a community garden & visit local food places.

**MVStudio: Music and Video****Production**

Weds. May 8 &amp; 22, 4–6 p.m.

Hands-on experience mixing your own music & creating original videos; using latest music technology & video production.

**Young Achievers**

Thurs. 4:30–6 p.m.

Want community involvement? Concerned about your health & lifestyle? Enjoy poetry, arts, games.

**Teen Anime Club**

Thurs. May 2 &amp; 16,

6–7:15 p.m.

Watch anime, discuss manga, share artwork, work on cosplay. Different each time chosen by the club.

**ArtVentures**

Thurs. May 9, 23 &amp; 30,

6–7:15 p.m. Explore your

creativity while learning about

vibrant arts scene at Teen Ctr.

with visits by local artists and

trips to see artists in action.

**Movies for Teens**

Fri.s, 4–6 p.m. Titles by teens

to ensure viewing pleasure! Big-

screen feeling.

**Adult Programs****Seniors Play-Reading Group**

Friday, May 10, 10:30a.m.–

12:30 p.m. Join us for a

stimulating morning of reading

&amp; discussion of the great plays of

our heritage.

**Reading Nonfiction for Elder****Learners**

Fri. May 10, 1–3 p.m.

Read &amp; discuss the works of

significant nonfiction writers.

**Memoir Writing Group**

Thurs. May 16, 1–3 p.m.

Want to create a record of

personal history? Bring what you

have written &amp; are willing to

read for helpful comments and

suggestions.

**Phillips Technology Center****Email: Intermediate**

Thurs. May 16, 12:30–2 p.m.

## Programs at the Franklin Library

**Franklin  
Community Library**  
**1314 E. Franklin Avenue**  
**New: 612-543-6925**  
**www.mplib.org**  
**Tues & Thurs: 12 - 8 pm**  
**Wed, Fri & Sat:**  
**10 am – 6 pm**  
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**calendar, visit, call, or**  
**www.hclib.org and news**  
**at www.hclib.org/pub/**  
**info/newsroom/**

Learn use of folders, view & attach files to an email & set up email address book using a Yahoo! account.

**Microsoft Excel: Basics**

Fri. May 17, 10–11:30 a.m.

Learn Excel spreadsheet basics;; navigation, entering data & using formulas.

**Computer Skills Workshop**

Fri., May 17, noon–1:30 p.m.

Work on projects & practice skills; the mouse & keyboarding to email and MS Office.

**MS Publisher: Basics**

Sat. May 18, 10–11:30 a.m.

Learn menus & toolbars to create & publish your own fliers, brochures & greeting cards.

**Microsoft PowerPoint:****Multimedia Tips**

Sat, May 18, noon–1:30 p.m.

Use multimedia tips & tricks; auto transitions, audio & video to dress up your presentations.

Prerequisite: MS PowerPoint:

Basics or familiarity with

presentation software is highly

recommended.

**Franklin Learning Center**  
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## Midtown Farmers Market opens May 4!

*Market welcomes Miguel Goebel as new manager*

The Midtown Farmers Market and the Corcoran Neighborhood Organization are pleased to welcome Miguel Goebel as the new manager of the Midtown Farmers Market, which will begin its eleventh season of bringing fresh, local flavor to the community on Saturday, May 4.

"I am eager to collaborate with community members, local farmers and small businesses to continue the growth of the Midtown Farmers Market as an incredible asset to the communities of South Minneapolis and the Twin Cities," said Miguel.

Miguel is a Longfellow neighborhood resident with a history and passion for working to expand community access to healthy and affordable foods. He is a graduate from the University of Minnesota, where he studied organic agriculture and Spanish. His experience, spanning local and international food systems, ranges from working with indigenous farmers in organic production to assisting small corner store owners in offering healthy, affordable produce. Prior to his new role as manager at the Midtown Farmers Market, Miguel was a grocery buyer at the Seward Coop and brings a wealth of skills and knowledge in the areas of organic production methods, farmers markets, customer service, purchasing, sales, and community outreach. When he is not working, Miguel enjoys gardening, the outdoors, living an active lifestyle and spending time with his family.

"We are very fortunate to have such a beautiful and unique gathering space in South Minneapolis, where people can come together to build relationships through the exchange of food and culture," said Miguel. "I feel fortunate to

be a part of this amazing farmers market."

"We are very excited to welcome Miguel to the Midtown Farmers Market," said Migdalia Loyola, a former market advisory committee member who served on the hiring committee. "He brings to the job multiple skills that will help the market continue to live to its mission of offering healthy, fresh foods for all. His prior experience in food retail and in local food justice nonprofits is the ideal combination for someone in this role."

"We looked for a candidate who could manage and grow an outstanding farmers market," said Eric Gustafson, CNO Executive Director. "We also need a visionary leader to advance our leadership role in food justice, building communities around food systems, and more. Miguel has it all. We are thrilled to welcome him."

Midtown opens for the season on Saturday, May 4 at 8:00 a.m. This month expect to find beautiful bedding plants and seed starters, your favorite prepared foods and preserves, and neighbors you've been looking forward to reconnecting with all winter! The Midtown Farmers Market operates Saturdays from 8:00 a.m. to 1:00 p.m. during the month of May. Learn more about each week's vendors and special events at [www.midtownfarmersmarket.org](http://www.midtownfarmersmarket.org).

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# MEMORIAL DAY at PIONEERS AND SOLDIERS CEMETERY Monday, MAY 27 10 AM

## 145th Memorial Day Observance

Join us for the 145th Memorial Day Observance at Minneapolis Pioneers and Soldiers Memorial Cemetery. There will be speakers, an honor guard firing team, student leaders from the Transition Charter School and the wonderful Seward Community Concert Band. The traditional observance begins at 10 a.m.

### “Talk” and “Tales”

At 1:00 PM, after a short break, attendees may choose to enjoy a “Talk” about the history of the Cemetery and some anecdotes from “Tales” about the lives of some of those people buried there. The talk may extend into a tour for those interested.

### “The cat’s out of the bag.”

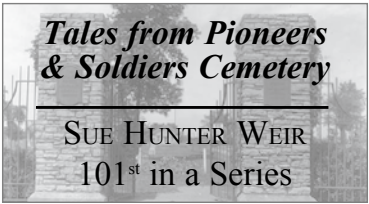
- The Annual Memorial Service,
- Tales from Pioneers and Soldiers Cemetery by Sue Hunter Weir,
- volunteer Cemetery cleanups, plantings, flower embellishments, flag postings,
- two recent concerts in the Cemetery,
- and the history talks and tours have resulted in becoming the Best Cemetery in the “Twin Cities 2013” by City Pages. So, “the cat’s out of the bag.” Local resi-



dents and scores of “Tales” aficionados have known these secrets for a long time.

Thus, weather permitting and snow storms at bay, expect a crowd on Memorial Day and plan your arrival including bringing your own chair if possible. Don’t stay away without it or coming late because there will be chairs there, too, and plenty of open space. There will be lots of street parking available after the driveway is full and especially if you park across Lake Street and uses the front pillared pedestrian gate entrance on Lake Street. That is also the shorter walk if you are starting from outside the Cemetery.

# Ada Mollan, a Pioneer of Mental Health Aid



Imagine that it’s 1905 and that someone you love is mentally ill. Medical professionals and the courts recognize that there is such a thing as mental illness but they don’t know what to do about it. There are no medications to prescribe and talk therapy as doesn’t exist. The only available “treatment” is confinement in a State Hospital for the Insane or, for less serious cases, a private hospital.

The Mollan family ran a private hospital at 2429 Twenty-seventh Avenue South (on land that is now part of Matthews Park in the Seward Neighborhood). In city directories, Ada Mollan, the oldest daughter, was listed as the matron or proprietress of the hospital that she and her father started sometime in the first decade of the 20th century. At various times, Ada’s mother and two sisters worked at the hospital as nurses.

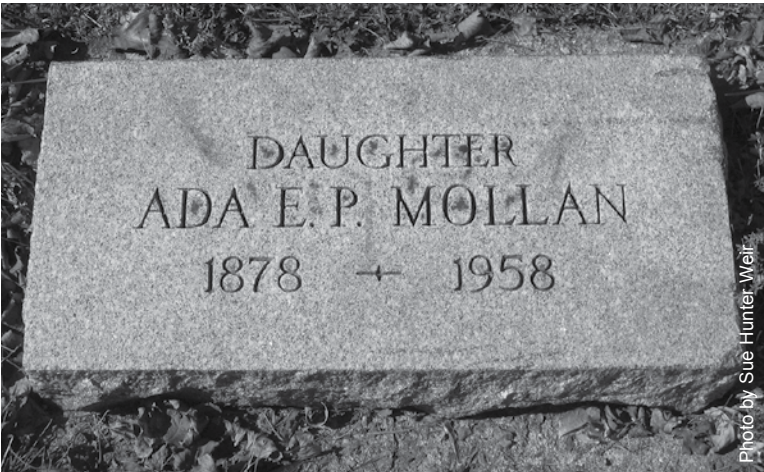
Some of their patients were “volunteers,” brought to the hospital by concerned family members. Others were sent there by the courts who had determined that the patients needed to be confined but were not ill enough to warrant being sent to one of the state’s mental hospitals.

All seemed to go well until February 1911 when the State’s Board of Visitors paid a visit to the hospital and declared that it was a firetrap. They called for the revocation of the hospital’s license. The state’s Board of Control, which had oversight over Mollan’s and similar institutions, vigorously disagreed, as did Dennis Bow, the Alderman representing that section of the city on the city council, and Dr. Peter Holl, City Health Commissioner.

Despite the support that Ada Mollan received from a number of different sources, James Houghton, the city’s building inspector, issued a warrant for her arrest charging her with operating an unsafe building. Specifically, he charged her for having metal screens and barred windows which would prevent patients from getting out of the building in the event of a fire. Houghton stated that he intended to have the Fire Chief and other expert witnesses from the fire department testify against Miss Mollan.

She turned herself in and her trial was set to begin on February 23, 1911. The following day the trial was postponed, and less than a week later all of the charges against her were dropped. There is no reason to believe that Houghton’s findings weren’t true or that his concerns weren’t very real. The problem was that the hospital was not violating any law. He was simply a man ahead of his times.

The reason that the hospital had bars on the windows was to keep patients from escaping. And they did escape. One woman jumped out of a second story window dressed in “nothing but



The Mollan family ran a private hospital on land now part of Matthews Park in the Seward Neighborhood. Ada Mollan, the oldest daughter, matron or proprietress, died on April 15, 1959 at the age of 79. Since the cemetery had been officially closed to future burials in the 1920s, the City Council needed to approve her burial in the family plot. Ada Mollan is buried in Lot 105, Block A with two of her nieces, her grandmother, brother, mother and one of two step-mothers.

a night dress and a pair of stockings.” Another escaped early in the morning and “startled the neighborhood...by appearing in the streets very much deshabelle.” She was discovered around sundown “not far from the hospital as she was strolling on a newly sprinkled lawn.” An elderly man suffering from dementia was found wandering down Hennepin Avenue. Although these patients never posed any threat to others, the same could not be said of themselves.

In October 1911 the State of Minnesota decided to no longer use Mollan’s Hospital to house patients suffering from dementia or mental illness. No reasons were given by the local papers but officials may simply have realized that a small, family-run

hospital was not up to the task of caring for, and protecting, the mentally ill. None of the other local hospitals, private or otherwise, was interested in taking them on, and they became charges of City Hospital, the city’s charity hospital.

There is no evidence that Ada Mollan worked after 1911, but she lived for another 48 years. She died on April 15, 1959 at the age of 79. Since the cemetery had been officially closed to future burials in the 1920s, the City Council needed to approve her burial in the family plot. Ada Mollan is buried in Lot 105, Block A with two of her nieces, her grandmother, brother, mother and one of two step-mothers. Her father may (or may not) also be there, but that’s another story.

# CITY PAGES Best Cemetery 2013

## Pioneers and Soldiers Cemetery

Located at Cedar Avenue and Lake Street in Minneapolis’s Phillips neighborhood, Pioneers and Soldiers Cemetery is truly notable, but not because you’ll find stones labeled Ramsey, Sibley, Pillsbury, and Rice, as you might at Lakewood Cemetery to the west or Oakland to the east. Here, only about one in nine graves still has a marker, and many of the markers remaining have barely stood the test of time, falling victim to vandalism and the effects of pollution and the weather. Established in 1853, it’s the oldest surviving cemetery in the city, the only one in the state assigned a spot on the National Register of Historic Places, and the home to prominent territorial pioneers, veterans of wars ranging from the War of 1812 to World War I, and many of the city’s early African-American settlers and those with ties to the local abolitionist movement. Over half of the cemetery’s 20,000-plus residents are children (some of whom were preemies cared for in nearby Wonderland Park’s “Infant Incubator”), and while the cemetery is about as Scandinavian as was the city at the time, unlike most resting grounds of its era

it was never racially segregated — its founder, Martin Layman, was associated with an abolitionist church. But its role in Minneapolis history doesn’t mean money has poured in to help with upkeep, a barrier that comes with maintaining an old cemetery that lacks a steady stream of income from new burials or an attached church. Enter the Friends of the Cemetery. This nonprofit group has worked to supplement meager city funds and raise historical awareness by hosting fundraising concerts within its gated walls to raise money for upkeep. Jeremy Messersmith performed in the first year, after finding inspiration in the cemetery for his 2010 album The Reluctant Graveyard, and raised some \$30,000 in the process. And last summer, Duluth-based superstars Low performed in front of the circa-1871 caretaker’s cottage. At the time it was established, this plot of land was situated outside the city’s boundaries, and folks would take day trips to laze with family members dead and alive in the prairie landscape. It’s wonderful that community members can gather here in the boneyard still today, though now it sits amid the urban bustle.

## Interested in East Phillips SPORTS?



Join the newly forming

# East Phillips Sports Council



Join us to learn more and to plant a hundred trees at East Phillips Park at the Park Board’s Tree Planting Arbor Day Celebration on Saturday, May 18<sup>th</sup> at 9:00 AM.

Regular Community Meetings of the Sports Council are on the Second Wednesday of each month  
The next is Wednesday, May 8<sup>th</sup> at 6:30 PM

LOCATION: East Phillips Park Cultural & Community Center  
2307 17<sup>th</sup> Ave. S., Mpls., MN 55404

PURPOSE: The purpose of the East Phillips Sports Council is to promote all sports for all ages in East Phillips Park

WHO SHOULD COME?  
EVERYONE interested in helping to provide more and better sports And sporting events in East Phillips Park –

Coaches  
Mentors, youth and adults  
Moms & Dads  
Kids who want to help

People to serve ice-cream, cookies, coffee,  
food and goodies from the kitchen.  
People who can help raise money for Soccer  
shoes, Baseball gloves, Ping-Pong  
balls & etc

CONTACT: Reggie or Paul 612-370-4888



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# East Phillips Improvement Coalition

**EPIC Board of Directors**  
meets: Sat. May 4<sup>th</sup> At 10:00 AM  
**EPIC General Membership**  
Meets: Thur. May 9<sup>th</sup>, At 6:30 PM  
All Meetings at:  
**East Phillips Park Cultural & Community Center**  
**2307 17<sup>th</sup> Ave. S.**  
ADA Accessible

Agenda items will include neighborhood crime initiatives, and updates on continuing neighborhood projects.

- East Phillips Borders::**
- Lake St. ~ South,
  - Bloomington Ave. ~ West,
  - East 24th St. ~ North + East Phillips Park
  - Hiawatha Ave. Hwy. 55 ~ East.

All residents, business owners, property owners and employees of neighborhood businesses in East Phillips are welcome and encouraged to participate in the activities and decision-making in the neighborhood by attending EPIC meetings.



**Phillips West Neighborhood Upcoming Events:**  
**Check out the Phillips West Website @**  
**www.phillipswest.info**

**May 2<sup>nd</sup> (Thursday) 6:00 to 7:30 p.m. – Phillips West Community Meeting!**

Join your neighbors and other Community Partners for updates from Local City Government, Met Transit Police, Business Partners, Residents, and Minneapolis Police. This meeting will take place at the Center for Changing Lives in the Centrum Room (2400 Park Avenue). Free parking is available in the rear of building off Oakland Avenue. Free Pizza & Beverages will be provided! If you would like more information or would like to get involved with the neighborhood please contact Crystal at 612-879-5383 or email her at pwno2005@yahoo.com

**May 4<sup>th</sup> (Saturday) 9:00 to 11:00 a.m.-**

**Phillips West Spring Clean Up!** Join your neighbors & other Community Partners for a block by block litter pick up starting at 9:30 a.m. but first join us for a free breakfast from 9:00 to 9:30 a.m. at the Center for Changing Lives located at 2400 Park Avenue. After breakfast we will provide free bags, gloves and maps for all volunteers! Perfect volunteer opportunity for large groups, family & youth! There is free parking in the rear of building off of Oakland. For more information call Crystal at 612/879-5383 or email her at pwno2005@yahoo.com

## Public and Candidate Help Sought for Urban Farming

SUBMITTED BY RUSS HENRY

The Minneapolis Urban Farmer’s Collaborative (composters, mushroom growers, beekeepers, backyard farmers, and CSA, wholesale, and market farmers from across the Twin Cities-- both for-profit and non-profit) have asked candidates in this year’s municipal elections to answer a questionnaire about how supportive they would be of local food business by removing barriers to success and making policies that will help grow our increasingly diverse and productive local food economy; food production on public park lands, on-site vegetable sales for urban produc-

ers, and ownership of chickens for small-scale commercial purposes.

Collaborative member Michael Pursell , says, “We’ve shown that our small businesses are making valuable contributions to health, commerce and communities. We think Mpls. has the potential to be a real leader in urban agriculture.”

“People can help by encouraging candidates to complete the questionnaire and by supporting local-food-friendly candidates.” CONTACT: Michael Pursell, 651-485-1034 The completed candidate questionnaires are posted at [www.e-democracy.org](http://www.e-democracy.org).

## Thrilling Mpls. Public School Math Events

BY SUSAN YOUNG

Hundreds of Mpls. Public School students gathered on two consecutive Saturdays for Mathematics Competition at North High School; Sat. April 13th more than 150 6th graders Sat. April 20th 360 5th graders.

The April 20th event was the largest event of its type ever,in Minneapolis. On both days team Tee-shirts-- many obviously made by the students-- proclaimed, “Peace, Love, Math,” “Seward Math Team,” or the school name with the team member’s name on the back. Proud parents, teachers and coaches were present as truly amazing feats of mathematics reasoning were displayed.

Let’s celebrate the GREAT students, the POSITIVE activities, the TIRELESS work of teachers and math team coaches and parents, and the OUTSTANDING personal and team efforts of our students with the same fervor that we cry out and condemn every negative behavior? Why do

these academic teams not have the same support of uniforms, supplies and equipment that the sports teams have? Why are these positive events not covered by the media when journalistic overlap appears easy to assign for a negative activity?

I’m proud of each and every student, teacher, parent and coach that was at North High for the city-wide competition.. I was blown away by the speed with which the math fact test was taken....with 40 PERFECT scores....the effort that was made in individual math reasoning and skills test, and the team work that was displayed in the team-problem-solving events. I was warmed by the City-Wide High School Student Council Members that gave of their Saturdays to volunteer proctor the events. This was a Great Day in the Minneapolis Schools..

Susan Young is a Forest Lake Proud North High Polar Parent (who had no competitors in this game).

## No Hurdles Between You and Running Wolf Run-on Over!

BY CONNIE NORMAN

Hello from Running Wolf Fitness Center! We all know that the days are getting longer and warmer, meaning it’s time to pull yourself out from the comfort of your winter layers and revive your sluggish energy levels and winter blues wobble with some exercise at Running Wolf!

But finding what motivates you and keeping it up to step into your exercise gear and get active can be harder than you think.

“Motivation is a lot more complex than people realize. Motivation is defined as ‘the process that initiates, guides and maintains goal-oriented behaviors’. It is therefore not the simple fact of turning on a motivational switch. You actually have to attack motivation from lots of angles to then find the recipe to ‘get going!’

There is no magic pill and no secret concoction that will put you on the path to long-term fitness and health. Some keys to success are: the right motivation, knowledge and tools and a low cost neighborhood fitness center like Running Wolf Fitness Center.

Running Wolf Fitness Center memberships are only \$10 dollars a month for individuals and \$30 dollars a month for a family of three or more living in the same household.

**Benefits of Running Wolf’s low cost membership:**

- Individualized fitness intake and goal-setting plan with Personal Trainers



- Registered Dietitian consultations- RWFC will connect you with a registered dietitian that can provide you with information about making healthy food choices.
- Monthly calendar of classes like Yoga, Zumba, Matter of Balance, Tai Chi, Cardio-Kickboxing and other classes (see monthly calendar) these classes are taught by qualified volunteers!
- Fitness equipment such as treadmills, ellipticals, bike, Nu-Step, weight training machines, exercise balls and bands and free weights.
- Plenty of free parking/close to bus lines
- Showers and lockers
- We are open to anyone willing to get fit and healthy!

It’s a good time to start or reenergize your fitness regime. So come and join Running Wolf Fitness Center and get started today!

For more information on classes or memberships please call (612)872-2388.




**Running Wolf Fitness Center**  
2323 11th Avenue South, Suite 101  
Minneapolis, MN 55404  
Hours of operation:  
Monday through Thursday- 10am to 7pm  
Saturdays- 10am to 2pm

### Running Wolf Fitness Center



**May 2013**  
**Running Wolf Class Schedule**  
**Connie Norman (Fitness Manager)**  
**Equella Oliver “Q” - (Fitness Trainer)**  
**612-872-2388**

**RWFC HOURS:**  
**Monday-Thursday: 10 am to 7 pm**  
**Saturday: 10 am to 2 pm**  
**Friday and Sunday’s: Closed**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>April 29th</i> 5pm-Nutrition w/ Dana (NACC) 5:30pm: Cardio Kick w/Robin	<i>April 30th</i> 5:30pm-Yoga with Chris	<i>1 Running Wolf is Closed</i> Indian month kick off and AIWF Wellness Fair– 9:30am (walk) and 11am to 3pm @ MAIC	<i>2</i> 5:30pm: Gentle Yoga w/ Drisana (IHB)	<i>3</i> 	<i>4</i>
<i>5</i>	<i>6</i> 5pm-Nutrition w/ Dana (NACC) 5:30pm: Cardio Kick w/Robin	<i>7</i> 5:30pm-Yoga with Chris	<i>8</i> 5:30pm: Zumba Dance w/ Christopher  7pm– Zumba in large gym	<i>9–</i> No Yoga class this week	<i>10</i>	<i>11</i>
<i>12</i>	<i>13</i> 5pm-Nutrition w/ Dana (NACC) 5:30pm: Cardio Kick w/Robin	<i>14</i> 5:30pm-Yoga with Chris	<i>15</i> No Zumba at 5:30pm  7pm– Zumba in large gym	<i>16</i> 1:00pm-Taiji/Qi Gong w/ Margaret  No Yoga class this week	<i>17</i>	<i>18</i>
<i>19</i>	<i>20</i> No nutrition session  5:30pm– Cardio-Kick w/ Robin	<i>21</i> 5:30pm-Yoga with Chris 5:30pm-Its not only calories in/out- w/ Margaret	<i>22</i> 5:30pm: Zumba Dance w/ Christopher  7pm– Zumba in large gym	<i>23-1:00pm-Taiji/Qi Gong w/ Margaret</i> 5:30pm: Gentle Yoga w/ Drisana (IHB) 5:30pm– Thyroid Heath with Dr Sarah Barretrt	<i>24</i>	<i>25</i>
<i>26</i> 	<i>27</i> <i>Closed for memorial day holiday!</i>	<i>28</i> 5:30pm-Yoga with Chris	<i>29</i> 5:30pm: Zumba Dance w/ Christopher  7pm– Zumba in large gym	<i>30</i> 1:00pm-Taiji/Qi Gong w/ Margaret  No Yoga class this week	<i>31</i>	<i>June 1</i> <b>Running Wolf Fitness Center</b> 2323 11th Ave S. (612)-872-2388



# 40 Years of Water Ebbing and Flowing

BY HARVEY WINJE

40 years ago a building was added to the Wendell Phillips Junior High School with a pool and a gym. The school itself was demolished 12 years later. The pool and gym building was kept, restored with its own furnace and remained used until 2008 when renovations were necessary. Desires to abandon the pool were thwarted and from that challenge grew a unique partnership between individuals, organizations, and the owner of the facility, the Mpls. Park Board.

Today the entire building is remodeled except the pool. Enough money has been raised to restore the pool to new requirements and normal maintenance.

There are hopes to expand the size and number of pools to enable more use and supportive income.

There are many facets to consider with reopening the pool at any size. The more all of the

information can be shown “the light of day” the better because then each facet may be scrutinized and receive the benefit of wider spread thinking and resources. With so many parts to consider it is crucial that there be times to consider all of the parts and see how they relate to one another. It is like making a drawing by just outline shapes with dots and then drawing a line so all of the dots connect and the shapes become clearly obvious. Just such a meeting happened again on April 24th called “Connecting the Dots” community meeting. It extended the information and knowledge of the proposals to more people. It brought together some who have worked on it for a long time with others who were new. It was a tremendous success. There is considerable momentum and enthusiastic support for a solid plan and optimism that the trials and tribulations over 40 years will



Neighborhood residents, city and state officials gathered for a ground breaking ceremony for the Phillips Community Center on February 20. (l-r) Evelyn Eddens, State Representative Karen Clark, Jeanne Tiegen, 9th Ward City Council member Tony Scallon, Carl Peterson, John Reed, Signe Anderson, Maurice Moshay, Eric Otterness, Al Erickson, Vi DeMars, and State Senator Linda Berglin.

Reprint from The Alley Newspaper March 1988

once again lead to success of a fine community facility.

The adjacent photo is of a groundbreaking for a previous evolution of the pool in March

1988. Some of these people are still involved. Some preceded them and many have followed. All together it has been an amazing journey.

As you read this another chapter of this saga is being enacted and written. You may become a part of the story if you already haven't. Come on along.



Hannah Leider, the Executive Director of Mpls. Swims and one of the Eleven Winners of the KARE Eleven TV “Eleven Who Care Award 2013” (for her work on restoring the Pool and initiating Mpls. Swims to operate the Pool) led the evening of presenters following a Welcome and Introduction by Bob Albee, President of Ventura Village Neighborhood.

“Connecting the Dots” Community meeting on April 24th was a very large assembly of people; many including many, many neighbors, South High School student swimmers and coaches, University of Minnesota coaches (of Olympic swimming winners.), Augsburg Coaches, Mpls. Swim Board members, Park Commissioners, planners, many who used to swim at the pool or belonged to swimming clubs, and many more. Some came to voice their support. Others came to learn more and maybe help to make decisions. It was a great night of “dots-being- connected” by seeing drawings, hearing explanations and having questions and answered.

## EPIC Annual Meeting Recap

BY CAROL PASS, PRESIDENT

East Phillips Improvement Coalition

Over 100 people attended the EPIC ANNUAL MTG, April 27th in the rotunda and gym of the East Phillips Park Cultural & Community Center. It was a huge success with election of 6 new Board members. EPICs commitment of representing the wonderful diversity of East Phillips was continued with the newly elected Board members: Mary Gonsior,

Linda Leonard, Earl Simms, Sherdl Kordian, Ali Macali and Aisha Gomez; joining returning Board members, Carol Pass, Rosie Cruz and Jenny Bjorgo.

The Breakfast was Mexican style scrambled eggs (Huevos Rancheros) sausage, tamales, sambusas, fish tortes, fruit, all the accoutrements, and 3 EPIC birthday cakes and cupcakes. Many East Phillips residents helped with everything from set-up, food preparation, serving, providing

door prizes and even clean-up. Mark Welna of Welna Hdwe., the best hardware store in the world, donated the door prizes & the traditional grand prize-- the Weber Grill.

The Greenway Heights Apartments, a 7-year EPIC project to provide one of the only affordable family rental apartment buildings on the Greenway, received a unanimous but one vote to support contributing \$35,000 to the project for balconies to overlook the



greenway, providing the safety of eyes on the Greenway plus giving residents the pleasure of an outdoor experience inside their apartment.

Follow The Alley on Twitter or on Facebook: @alleynewspaper

## An Alley Appeal

How are we doing? Will you help?

If you enjoy and appreciate what is presented within The Alley Newspaper, please tell us and make a monetary tax deductible contribution of whatever size affordable.

Additional informing and engaging is happening alongside of The Alley Newspaper by Alley Communications. That is why we changed our non-profit corporate name to Alley Communications in 1999.

Yes, we are changing with new needs. We barely keep up with the costs of The Alley Newspaper so we still need your support of that and our new ventures like the website.

Thank you for supporting your community paper – one of only a few remaining in the TwinCities that are owned and operated by the community and almost entirely volunteer operated.

- If you weren't able to attend the media social, please donate to
- The Alley Newspaper at
- **GiveMN.org/alleynewspaper**
- or become an Alley Ally by donating directly as an
- ☐ **Alley Cat-\$100**
- ☐ **Calico Cat-\$50**
- ☐ **Tabby Cat-\$25**
- ☐ **Or a different kind of cat more or less \$\$ to**
- **Alley Communications**
- **P.O.Box 7006**
- **Mpls., MN 55407**





**Bread and Puppet Theater’s Hallelujah Cantastoria [Sung Story] Play and Drawings adapted by 5th ~ Starting 1:00 PM at 26th and Bloomington to 34th Street and into Powderhorn**

## See the World

“See the World,” theme will unfold in the 39th In the Heart of the Beast MayDay Parade and Pageant, as a painfully honest and simple story about how our actions affect our beautiful world. It is inspired by and adapted from the Vermont state, 50 year-old “Cheap Art and Political Theater, Bread and Puppet’s classic cantastoria production called Hallelujah.

The power of the script lies in its simplicity, and its profound call to action.

***“If we care for the world, and let the sun shine on it, and water it, the crops will grow, and so will the children. If we put poison on the world, however, if we set fire to it, then nothing can survive.”***

## About HOBT’s Name

The original group of artists and performers experimenting with the “seed” planted by David OFallom [see “seeds Were Planted 40 Years Ago” on Pg 1] called the company Powderhorn Puppet Theatre because their basement workshop was in Walker Church which was in the Powderhorn Park Neighborhood. In 1979, company member and poet Steven Linsner suggested the name “In the Heart of the Beast” as a metaphor for our theater. He wrote,

“To be puppeteers in the Heart of the Beast...

...is to find ourselves in the great world Beast made of families, races, ages, sexes, classes, corporations and nations, people, (and creatures!) all different, working out a way to live together.

...is to work puppets. To hold life in our hands, to sense how we are all like puppets—worked by instincts, voices, and forces above us and below us.



...is to carry and protect something very old like a heart within us, a secret, a promise. Like carrying a flickering candle through a dark place. Like carrying a family in a horse-drawn wagon.

...is to travel the roads of history and loss, in search of something like a new heart: new communities, new families, new work, new holidays.

...is to tell the story of people who live in the heart of the beast—as courageous and resourceful as they really are.”

**Fire completely destroyed the interior of the Chicago Deli Building at 2500 Chicago Avenue April 25th leaving only damaged exterior walls including this north wall mural on the 90 foot long building. In the mid 1900’s it housed Speed’s Deli, Ben’s Barber Shop, Supplee’s Pharmacy (later Chicago Ave. Eat Shop & later yet Rollie’s Café) and National Tea grocery during which time it was owned by Dr. Olaf A. Olson who lived in the house on a double lot three doors south later purchased by PPL for their main office until sold to a “middleman” readying it for sale to Children’s MN Hospital for a 700 car parking ramp after moving two houses and demolishing 26 homes including Dr. Olson’s.**

## Finnish Tango CD Release Party May 28

BY CARSTENS SMITH

Finnish Tango is a unique musical form that originated in Argentina, then traveled to Europe in the early 1900s. It became part of Finnish culture and a unique musical form in its own right in the following decades. The quartet Tango Pohjan Tähdet (Tango North Star) is comprised of Finnish, American, and Finnish-American musicians who add their own twist of American jazz to the mix. Tango Pohjan Tähdet has recorded and now released their self-titled debut album comprised of eight traditional Finnish tangos and four original compositions by the quartet. “While we have our own interpretation of the music,” says violinist Sara Pajunen, “the soul of Finnish tango is in each song.”

A CD release party will be held at Ingebretsen’s, 1601 E. Lake Street, on Tuesday, May 28 from 3



to 6. Sara Pajunen will be on hand to talk about the history of Finnish tango, play violin, and play selections from the CD.

Tango is not the usual association Americans make with Finland, but the Finnish tango is the country’s national dance and the world’s largest tango festival is held each year in Seinäjoki,

a city north of Helsinki and just south of the Arctic Circle. Sara will explain the evolution of this seemingly unlikely pairing and demonstrate the form’s unique musical elements. CDs will be available for purchase.



From left to right the students with earned English Learning Certificates are Abdi Barre, Issak Hassan, Hussein Malin, Ronald Solis, Fadumo Nur, Zem Zem Yusuf, Rukhia Yusuf, Habibo Mohamed, Kimiya Iman, and Maryama Gele.

## Tostadas, Sambusas, and French Silk Pie Blend Cultures within English Learning Celebration

BY JENNE NELSON

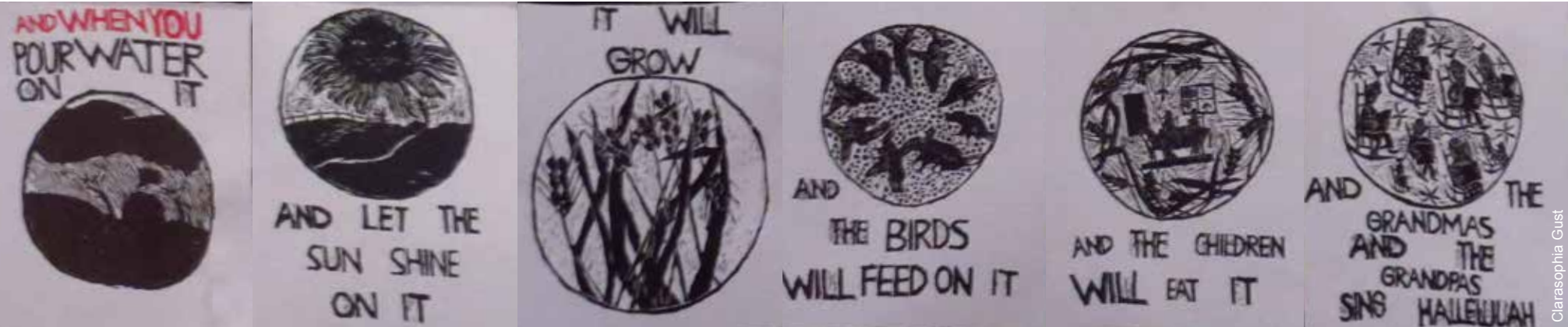
The English Learning Center celebrated the end of its spring term on April 25th with a party honoring the hard work of its students and volunteer teachers. Students brought a wide variety

of food, from tostadas to sambusas to French silk pie, and they entertained the crowd with their singing, dancing, and yo-yoing talents. Teachers spoke about how much they have learned from their students, and the ELC staff recog-

nized the students for their hours of attendance over the last year. When the party was over, in a true demonstration of the dedicated nature of the ELC students, one woman asked for homework to study over the short break between terms.







In the Heart of the Beast Puppet and Mask Theatre for MayDay 2013 Parade and Pageant May Park. Rain and Snow? Date May 12 Listen to KFAI Radio 90.3 FM or @HOBT on Twitter

# Tayler Hill, of Phillips and South High is All Big Ten & 1st Round WNBA Draft Pick

Ohio State News Release  
Tayler Hill, Two-time All-Big Ten guard was drafted fourth overall by the Washington Mystics in the 2013 WNBA Draft Monday, April 15th.

- 1st team All-Big Ten twice.
- All-Defensive team 3 years.
- WBCA All American-honorable mention.
- Led Big Ten with 22.3 pts./ Big Ten game.
- Finished NCAA 11th in scoring 21.1 points in all games.
- Scored double-figures 64 consecutive games.
- Played 40+ minutes in 16 of 17 Big Ten games.
- Recorded 20 20-point games 2013.
- Career-high 34 points at Iowa.

The Mpls., Phillips Community, East Phillips resident, and South High School player and graduate finished her college career with:

- 2,015 pts. OSU’s 4th all-time.
- OSU all-time lists:
- 2nd in free throws made (581).
- 2nd in free throws attempted (747).
- 6th in 3-pt. FGs made (194).
- 8th in steals (240).
- 2nd player to record at least 2,000 points, 300 assists and 200 steals in a career.

TAYLER HILL’S Mpls. South Basketball History

- One of the most heralded female athletes in MN high school history.
- Minnesota’s all-time leading scorer (boy or girl) with 3,888 points.
- No. 12 prospect on ESPNU / Hoopgurlz Top 100 recruits

2009 and the top player in the state.

- 2009 McDonald’s All-American ... averaged 31.4 pts. (1,006 points),
- 7.6 rebounds,
- 5.7 steals and
- 2.3 assists her Sr. year for Mpls. South leading the Tigers to 31-2 record and Class 5A state title.
- Scored a tournament record-tying 47 pts. in 68-61 victory vs. Centennial .
- Set a tournament record by making 20 of 23 free throws.
- 2008 and 2009 Gatorade and Associated Press Minnesota Player of the Year.
- 2 year captain .
- Played in 4 state tournaments.
- Started for the varsity as an 8th-grader.
- Only player to be 5-time Star Tribune All-Metro 1st team selection
- 2008 USA Basketball U18 Trials ... 2008 Nike Regional Skills Academy.
- 2007 USA Youth Developmental Festival.
- First 8th grader to lead state in scoring (22.5 ppg).
- First 8th grader in state history 1st-team all-state, all-metro first team .
- Club Team Minnesota N.C. Heat.
- Chose Ohio State over Minnesota, Duke, Marquette and Texas brother, P.J., was a guard on the Ohio State men’s basketball team from 2008-10 .
- also played soccer.



## CELEBRATION

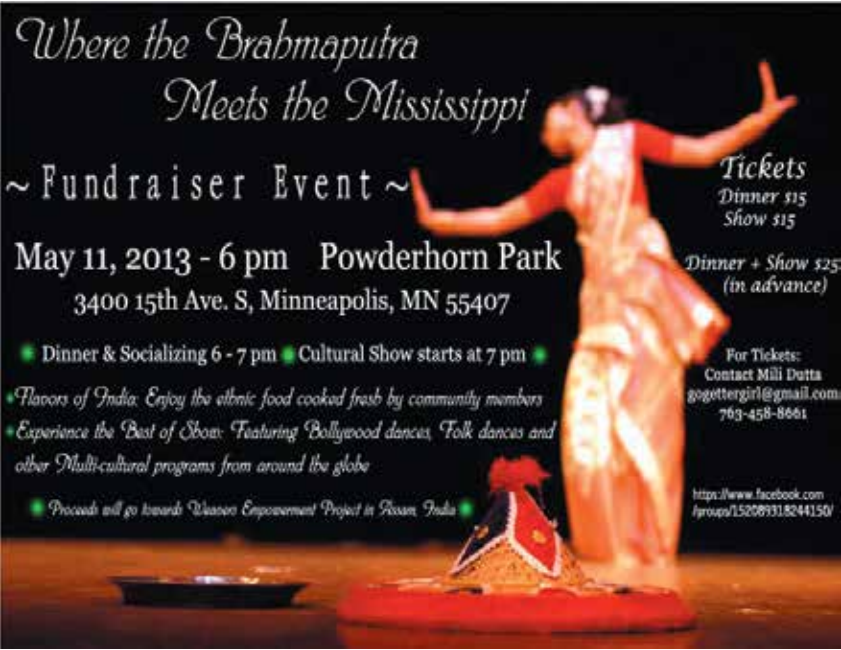
SATURDAY  
MAY 18TH 2013  
9AM – NOON  
EAST PHILLIPS PARK



2307 17th Avenue S  
Minneapolis 55404

VOLUNTEERS OF ALL AGES WELCOME.  
Help plant, mulch and water trees  
and do some park Spring cleaning!  
No pre-registration required for individuals;  
groups of 5 or more please  
call 612-313-7778 or email  
VOLUNTEER@MINNEAPOLISPARKS.ORG  
to register in advance. Space is limited.

MINNEAPOLISPARKS.ORG



We Help Trees!



# I'm Not Your Indian Anymore

A photographic history of the American Indian Movement

Opening May 10th • 6pm to 10pm

All My Relations Gallery [www.allmyrelationsarts.com](http://www.allmyrelationsarts.com)



## Not your Indian

from page 1

Renowned educator Elaine Salinas will present a lecture on the survival schools on June 15<sup>th</sup> and other lecturers will be scheduled for June 8, 22<sup>nd</sup>, and 29<sup>th</sup>. Dick Bancroft and this writer will autograph copies of their book on May 25 and June 1.

From 1968 to the present, AIM has had a history of community building but the Movement also *made* history. In 1968, Minneapolis and the Minnesota reservations reverberated with reports of beatings, arrests, and drastically low education results for American Indian children. The Movement's first order of business was to create safe streets with fewer attacks on Indian people. The second order of business was to create

safe schools where Indian children could learn their own culture in environments that were supportive of children and valued parents and families.

AIM has a 40-year history of successfully educating over 75,000 k-12 students, at Heart of the Earth Survival School in Minneapolis and Red School House in St. Paul. The Circle of Life Academy on the White Earth Reservation in Minnesota, is still in operation. AIM member Dick LaGarde founded it, illustrating that AIM's mission still focuses on those yet to be born.

AIM is now archiving thousands of documents, objects, and art in anticipation of moving to permanent space for the Interpretive Center. Plans are underway to build space near Franklin Avenue, in the heart of the Indian Cultural

Corridor.

The title of the exhibit is taken from the song written and performed by the late AIM leader, Floyd Red Crow Westerman. He began writing music in 1968, inspired by his friend Vine Deloria, Jr., the renowned writer. The song describes the deadly relationship between Indian people and the federal agency charged with carrying out the trust responsibility of the U.S. government under the more than 500 treaties made with sovereign Indian tribes.

*BIA, don't you blame me for your problems*

*I'm not your Indian anymore*

*You belong to white man*

*Way ah hah, Hah, yoh*

*Way ah hah, Hah, yoh*

*BIA, you can't change me, don't you try*

*We don't want your white man*

*rules no more*

*We can live our own way*

*Way ah hah, Hah, yoh*

*Way ah hah, Hah, yoh*

Clyde Bellecourt and William Means are two remaining Movement leaders who live in Minneapolis. Both have long histories with the events that have characterized AIM's public image, and they continue to lead the Movement into the future. Historic events include the development of the Twenty Points delivered to the White House in the Nixon administration in 1972, the occupation of Wounded Knee in 1973, the formation of the International Indian Treaty Council in 1974, the first Geneva conference where the Declaration of Rights was first drafted in 1977 and many others. The Declaration was adopted by the United Nations thirty years

later in 2007 and was accepted by all except four colonial powers: New Zealand, Australia, Canada, and the United States. All eventually voted for acceptance, with the U.S. being the very last. A global effort, affecting over 300 million indigenous people is underway to teach the rights they have under the Declaration.

Laura Waterman Wittstock is an author, radio producer, CEO of Wittstock & Associates, scholar of American Indian History and Culture with other accomplishments and credentials too numerous to list here. See the Phillips Educators website for indepth interview and biography amongst others. [www.pieducators.com/wisdom/laura\\_waterman\\_wittstock](http://www.pieducators.com/wisdom/laura_waterman_wittstock)

All My Relations Gallery 1414 East, Franklin Avenue

## The Mulch Store and U.S. Composting Council Announce Million Tomato Compost Campaign to Grow One Million Tomatoes for Community Gardens and Food Banks

BY ANN LUDVIG

100's of U.S. commercial compost manufacturers will donate compost to improve soil in community gardens across the U.S.

As part of a nationwide effort to help grow healthy food for community gardens and food banks, The Mulch Store has announced teaming with the U.S. Composting Council (USCC) in the Million Tomato Compost Campaign by donating compost to T.C. gardens; bringing together compost manufacturers, chefs, community gardens and food pantries to help

build healthy soil that produces nutritious, sustainably grown, local food.

Celebrity Chef Nathan Lyon, co-host of PBS' *Growing a Greener World* and author of "Great Food Starts Fresh" is campaign spokesperson encouraging schools and community gardens to grow their own tomatoes in compost enriched soil and giving healthy tomato-based recipes.

"We're excited to be playing a role in the Million Tomato Compost Campaign and help grow one million tomatoes," said Anne Ludvik, Director of Organics Recycling for The Mulch Store. "We know that many of our neighbors y do not have access to healthy, fresh food that is grown in rich soil."

The Mulch Store is donating compost to TC community gardens, that will grow crops to be used locally or donated to food pantries. The Mulch Store will also coordinate with the Gardening Matters, chefs, community gardens, schools and other organizations to teach people about using compost to support sustainably grown local food. In August, each participating community will count the number of tomatoes they are donating to the food bank.

Compost builds healthy soil, may reduce the need for chemical fertilizers and allows soil to hold water well, reducing irrigation needs and runoff. All participating

compost manufacturers produce Seal of Testing Assurance (STA) certified compost; certifying that their compost meets Federal health and safety standards.

It's a closed loop just like recycling."

People interested in participating in the Million Tomato Compost Campaign can track the number of tomatoes grown, and learn more about the program at [www.buy-compost.com](http://www.buy-compost.com).

### About The Mulch Store

The Mulch Store offers innovative recycling and processing solutions for organics including yard waste, brush, food scraps mixed. The Mulch Store's processing strategies promote a closed loop system of waste management by recycling organic materials into valuable compost and mulch.

### About the US Composting Council

Est. 1990, the U.S. Composting Council (USCC) is the only national organization in the United States dedicated to the development, expansion and promotion of the composting industry. The USCC also directs the Composting Council Research and Education Foundation (CCREF); both are non-profit 501(c) organizations.

CONTACT: Anne Ludvik, [aludvik@setinc.net](mailto:aludvik@setinc.net), 952-946-6999, [www.mulchstoremn.com](http://www.mulchstoremn.com)



May is American Indian Month. On May 1st, undaunted by the rainy weather, the Kick-Off Parade assembled at Cedar Field south and west of Little Earth of United Tribes and wound around toward Franklin Avenue and on Franklin to the Minneapolis American Indian Center also for the Annual Wellness Fair. Every year, the Twin Cities American Indian community gathers in solidarity to celebrate with this walk and celebration.



The Alley Online!  
[www.alleynews.org](http://www.alleynews.org)



The Alley is social!  
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# Garden Funding Opportunities

Wedge Co-op and Powderhorn Empty Bowls Minigrants

Gardening Matters is excited to offer 10 community garden mini-grants of up to \$500 for community food production gardens in the following South Minneapolis neighborhoods: East Isles, Elliot Park, Loring Park, Lowry Hill, Lowry Hill East, **Phillips (East, Midtown, West, and Ventura Village), Powderhorn Park and Whittier.** These mini-grants are funded by:

The Green Patch Program at The Wedge Natural Foods Coop. Thank you to the members and shoppers at the Wedge Co-op, who Choose to Reuse and pass the benefits on to their community

Donors who participated in Powderhorn Empty Bowls' fall fundraising and community-building event to raise funds to end hunger in Powderhorn Park community

Eligible gardens are welcome to apply by discussing the grant with your garden group, downloading and filling out the application on Gardening Matters website and submitting your application by May 15, 2013 to Gardening Matters. Grantees will be notified by June 1st and checks will be sent by mail within two weeks to the mailing address provided in the application. [www.gardeningmatters.org/funding-opportunities](http://www.gardeningmatters.org/funding-opportunities)

# "THINK SMALL" Parent Leadership Program

BY RAYMOND JACKSON

The Wilder Foundation hosted the Cross Cultural Leadership Action Program, recognizing Parent Leadership graduates from around the Twin Cities and African Americans American Indian, Latino, South East Asian & Somali representatives.

The graduates included two Phillips residents, Darrell M. & Misty J., who graduated in 2011. They both agreed that they gained an assortment of parenting skills and a lot of legislative knowledge.

The Parent Leadership workshop mission is to advance quality care and education of children in their critical early years. There were good speakers and good cross-cultural food at the event. The speakers included Senator Bobby Joe Champion, Senator Foug Haws, and Kevin Lindsey, Commissioner of Human Rights. They all spoke well of the Think Small, Parent Leadership Action Plan.

Senator Champion, who represents North Minneapolis and a large portion of downtown Minneapolis, spoke about the importance of early childhood

## Seeds

from page 1

and commitments nurtured at Bread and Puppet Theater in Vermont and New York.

And a question; Could a theatre belong to a place, a people? Could it be a living part of their search for connection? Many theatres and their performers traveled. A production in New York might tour a dozen states. Theatre in colleges and universities too often looked the same.

These are valuable--but not what I felt I needed. What we needed.

The commitment to place, to a people, to a neighborhood, started in the basement of Walker Church as Powderhorn Puppet Theatre 40 years ago. This became In the Heart of the Beast Theatre.

The "seed" ideas were

education. He said, "When children are 3 & 4 years old, it is important to develop them and get them ready for kindergarten and beyond. Daycare for toddlers is important and for the children to be around trusting adults, who are making sure the child receives not just academics, but how to become critical thinkers." Senator Champion continued, "Education is the great equalizer. As parents and grandparents we must create an environment of learning and we have to do it every step of the way. As you continue to do the great work you are doing, remember, you are planting seeds. Those seeds are our children and we must create a good growing environment."

It was a very enlightening event. To get more information on 'Think Small, Cross Cultural Leadership Action Program', call Jesse Lee 651-233-2265. For 'Parent Leadership Workshop' information call Ancinetta at 612-850-1773. Their goal is to get many more, from South Minneapolis, to participate and earn Certificates of Completion.

grown into a garden, into a forest by Sandy Spieler. 40 years later— still in the neighborhood--still walking near Lake and Bloomington. The search for relationships among us and with our water and air, with the living beings that feed us-- goes on. And it is immeasurably richer and deeper because of Sandy and the communities and now, generations of artists--of all of us--invited into the work. We have made connections and told the stories that deepen our relationships-- year after year. We have more to do--as one once wrote,

"Thank god our time is now. When wrong comes up to meet us everywhere never to leave us till we have taken the longest stride of soul we have ever taken." \*

Kaplans from page 1

Franklin and 15th Avenue. The store stayed in the family for sixty years. Then, after a fire, the family decided to sell the store's name and inventory. Four Kaplan employees, Jerry Kajander, Pat Christensen, Dan Grant, and Pavel Wasserman, bought the business and moved it to East Lake Street. "We chose the new location because it was at the identical cross street, just ten blocks south," says Kajander.

The new location worked well for the store and the adjacent businesses were good neighbors. Kajander recounts, "Every business had its own personality. It was great fun to get to know the other business owners and talk to them. Some were real characters, like Stan, who had a pet shop. Others were really helpful, like In the Heart of the Beast Puppet and Mask Theatre, who was really supportive and helped us with signage while we were closed because of the flood."

Kaplan's worked to keep employees, creating continuity and a friendlier atmosphere for customers. This helped Kaplan's develop their loyal customer base. "It had good quality for a low price. It had everything you needed to stay warm when working," remembers Phillips resident Mel Lasley, who started shopping Kaplan's when it was located on Franklin Avenue. "It makes me sad to see a such an established business close. It wasn't a fancy store. It was a working man's store. It'll be missed."

The four new 1988 owners later opened a second Kaplan Bros. at 73rd and Lakeland Ave. No., Brooklyn Park, MN. They closed that store March 2012.

There is a great amount of retail history of each Franklin Avenue and Lake Street. Kaplan Bros. was unique in many ways. They are especially unique in being part of the stories of both of these dynamic corridors.

Stride on "in the heart of the beast" In the Heart of the Beast Theatre and us with you.

Dr. David O'Fallon is recently President of the Minnesota Humanities Center after a decade as CEO of MacPhail Center for Music and other national and international work.

\*Excerpt from "A Sleep of Prisoners," a poem by Christopher Fry

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Reprint from The Alley Newspaper January 1988

The dancers in the reprinted photo were embellished by the Tarantella Dancer masks from In the Heart of the Beast Theatre's classic winter play "La Befana". The dancers are compliments of Partners Three Company.



Two attractive models displayed Kaplan Bros. clothing, boots and gloves as a young friend looked on. The event was a celebration of the closing of the deal on the former WIW Motorcycle building where Kaplans will be located. The store will open in late February or early March.

## Kaplan's store to open soon

by Nancye Faulkner Belding

After a delay of two months, the new owners of Kaplan Brothers Clothing Store have finally obtained all the financing they need to reopen at 1414 E. Lake St. Sometime in late February or early March they will open the door to customers, after remodeling and restocking with the same high quality, low cost work clothes for which the old store was renowned.

Of course, nothing could ever replace Kaplan's except a new Kaplan's. And the operation will be identical, because the people running the store now are the same ones who managed the old Kaplan's since 1955.

"We are going to put in orders soon and hope to have a good supply of stock," says Pat Christensen, one of the new owners. However, according to another partner, Jerry Kajander, the deliveries can't occur until after the remodeling is complete. Partners Three consulting and construction company, who will manage the renovation project, estimate that it will take up to six weeks.

The grand opening will be scheduled later, after all the new merchandise is received. "We pretty much will miss the winter season this year," says Christensen.

Eventually, 25 new jobs will be created by this project. According to Christensen, old employees will be offered the first positions, and many have already expressed a desire to come back. The store will start with about 12 employees. After that new employees will be recruited through the Phillips Job Bank.

The original plan to open last fall was delayed because part of the private money required by the Small Business Administration (SBA) to secure a loan got held up. The process of finding the \$630,000 total needed and working out all the plans came about through the remarkable cooperation among the developers and investors. Phillips Community Development Corporation (PCDC) started the ball rolling and kept it moving. Together with 9th Ward Council member Tony Scallon, PCDC sought and obtained help from the Minneapolis Community Development Agency (MCDA) neighborhood development funds.

Ralph Wittcoff, PCDC's Economic Development Director, says that Lorrie Lauder and Gary Whelpley of the MCDA "really went all out, above and beyond the call of duty," to find a way to provide \$100,000 for building renovation. The Dave Cleveland, President of Riverside Bank, agreed to loan \$370,000 for inventory, fixtures and working capital with a guarantee backed by the SBA.

Kaplan's new owners, Christensen, Kajander, Dan Grant, and Pavel Wasserman pooled their savings and came up with another \$70,000 and businessman Keith Heller invested the final \$100,000 required to close the deal.

Partner's Three and attorneys Bruce Rasmussen and Mark Veno of Rasmussen & Ball provided their business and legal skills so all the pieces fell into place.

Wittcoff says that if the new store does at least half the business of the old one, prices won't have to be raised, despite the large up-front costs.



PCDC Economic Development Director Ralph Wittcoff (left) met with Kaplan's new owners (l-r): Dan Grant, Pat Christensen and Jerry Kajander in front of the building they will soon be moving into at 15th Ave. & Lake St.



## Tribute: Roger Ebert 1942-2013

Film Critic of Film Critics



HOWARD MCQUITTER II  
**Movie Corner**  
Howardsmoviecorner.com

HowardMcQuitterii@yahoo.com

When I stumbled on Gene Siskel and Roger Ebert on television discussing movies I was glued to the set -- a certain inspiration for me being a movie critic. I'd always liked movies since I was a boy in south Minneapolis. But Siskel and Ebert's "At the Movies," "Sneak Previews", etc. sent me to higher planes. Siskel died of brain cancer at age 53. Ebert had written screenplays for Meyer. Ebert's best known screenplay for Meyer "Beyond the Valley of the Dolls" in 1969 instantly was a cult hit.

Ebert wrote for The Chicago

Sun-Times for years becoming the first film critic to win the Pulitzer Prize in 1975. In addition his reviews were syndicated to more than 200 newspapers in the United States and afar and wrote more than 15 books. He also became the first film critic to be honored with a star on the Hollywood Walk of Fame. Mr. Ebert ushered a new era in the 1970s, 1980s, and 1990s on reviewing movies and films. "Thumbs Up!" or "Thumbs Down!" on the movies that came down the pike became the signature phrase Ebert invented with the late Siskel joining in on their TV show before the curtain came down. Sadly Ebert's curtain went down last month but his legend lives on.

**Starbuck (2011)**

★★★★☆

**Comedy/Drama**

**Cast: Patrick Huard (David Wozniak), Julie Le Breton (Valerie), Antoine Bertrand (Avocat), Dominic Philie Frere Sombre). (R) Running time:109 minutes. Director: Ken Scott.**

David Wozniak (Patrick Huard) is matter-of-factly doing his regular duties as a butcher in his



Starbuck

parents' shop finds himself in a most unusual circumstance. Years before he had donated to a sperm bank which he will discover he's the biological father to 533 children, 142 of them are demanding from the fertility clinic who the donator is. The film's pace is quite slow at first but unfolds into a crowd pleaser. "Starbuck" is silly at times, a bit too pat and often sated, but it works. I infer "Starbuck" is charming and the characters likable. Languages: French in English subtitles.

Open Eye Figure Theatre presents

## Milly and Tillie: The silliest sisters ever

June 28 – July 21

506 East 24th Street, Minneapolis, MN 55404

www.openeye-theatre.org

Open Eye Figure Theatre pulls out the stops with summer programming for families this year. In addition to over 100 puppet shows being presented in neighborhoods throughout the Twin Cities, Milly and Tillie will be presented at the theatre June 28 – July 21. Milly and Tillie will also be featured at the Guthrie Theater on June 23rd to help celebrate the Guthrie's 50th Anniversary.

Milly and Tillie has been seen on the Open Eye stage in 2010 and 2011. Liz Schachterle and Elise Langer, the beloved, deftly matched duo of Milly and Tillie, created the show in collaboration



with director Jason Ballweber and puppeteer Rachael Davies. The two performers inhabit these silly sisters with unbridled joy – the fun is infectious and delightful for children and parents of every generation.

A perennial favorite, the Silly Sisters start a normal day as flowers smell like being tickled

and bicycles are ridden indoors. Interrupted by a phone call, the sisters are suddenly packing for a picnic, but things don't always go as planned and one silly mishap after another leads to a hysterical misadventure! Full of silly games, puppet surprises, and ice cream cones for all, it's the perfect summer fare for families!

## Cellist Hans Christian Plays Benefit for Malaria Initiative

May 11 7 PM

Our Saviour's Church

2315 Chicago Avenue



BY AMY BLUMENSHINE

This extraordinary virtuoso cellist Hans Christian tours the world, playing music of his own composition featuring many stringed instruments including the nyckelharpa, sarangi, and sitara. He integrates music from a variety of cultures and traditions, with a strong East Indian flavor. By using an electronic looping device, he layers on different melodies and sounds for a very meditative effect – ethereal and transcendent.

The concert is free but donations will be asked for an anti-malaria initiative. The Evangelical Lutheran Church in America (ELCA) seeks to make malar-

ia history! Their initial focus is Uganda. In Uganda, thousands of children die each year from malaria – a preventable and curable disease. The entire population is at risk of malaria, but less than 50 percent are protected by preventable measures like insect-treated bed nets and mosquito spraying. Hospitalization and deaths from malaria have increased in recent years.

This concert would be a wonderful prelude to Mother's Day for you and your meditatively-inclined friends! (For more info, call (612) 871-2967)

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## It Ain't Easy Being...



PETER MOLENAAR  
**Raise Your Voice**

Just as the "Raise Your Voice" column appears once a month inside the back cover of "The Alley" so does Ricey Wild's "It Ain't Easy Being Indian" appear monthly in "The Circle". Both columns should be regularly read.

Admittedly though, for insightful truths elevated to the level of a belly laugh, Ricey is the one. In the April issue, the after-life is pondered via her childhood encounter with an evangelistic revival. She wryly states: "Until then I didn't know I was supposed to want eternal life...at the time mine was okay except for school and chores."

She goes on:

"If I only knew then what I know now! GRRR! I could have been so mean, bad...freely hated,

had B2 bombers full of cold cash, shoes and Ferraris to crash, and still in the end hang out in Heaven. Because I was saved!

Yet, regarding the "straight and narrow", Ricey says: "It is my Gramma's face that has kept me out of the worst of it, just the thought of her looking at me with disappointment makes me cringe and stay strong." This is interesting. It was my father's face (Freud's super-ego civilizing agent) which prevented me from chasing the easy girls. Yet it seems, in Ricey's case, the ancient matriarchal spirit has prevailed.

April 3...

A mixed gathering convened at the East Phillips Park Cultural and Community Center to

help energize a revival of the Lakota matriarchy. The documentary "Red Cry" revealed the social degradation and veritable genocide which continues to exist on the Pine Ridge Reservation. Neighborhood leaders were seen shaking their heads in disbelief.

Let's not forget...

All peoples, without exception, have passed through the stage of matriarchal social formation. In the beginning, the female owned the dwelling. It was her sacred space which no man entered without permission. In fact, moral deliberation was largely women's work. Oh yes, grandmothers pre-

## Frank Reflections

BY FRANK ERICKSON

It is intriguing how the financial hierarchy unfolds on our planet—there are 7 billion of us, and 6 billion of us live on less than \$12,000.00 per year. 5 billion of us get by on less than \$4,000 a year, and over 1 billion get by on

only \$1.25 per day...and I saw this investment expert on PBS, she told the all-white audience, "you each will need at least a million dollars to retire on", how privileged to say such an insane thing.

So why would it make little sense for this investment expert to go to a desolate Native reservation in South Dakota, and tell them that they each needed a million to retire on, but it makes perfect sense to tell this to as group of white Americans?

It is important for me to remind myself on a regular basis that this continent and all its wealth do not exist solely for whites. Who decided that the wealth of North America was going to be divided up based on the white men's capitalist "working" model?

My mother's mother was born 1900. In 1890, 250 Indian People were massacred at Wounded Knee. Not so long ago, UNICEF estimated that 5,000 Iraqi children under the age of 5 died every month from the economic sanctions we imposed...for a total of one million before the G.W. Bush Shock and Awe Bombing commenced.

Stop all the bombing, please.



FOR EACH OF 39 YEARS, In the Heart of the Beast Puppet and Mask Theatre (HOBT) has produced MayDay. We've envisioned it as a sustainable, life giving celebration that is a gift to the community. In the Heart of the Beast Theatre cannot do it alone: to continue, MayDay needs to live beyond our own stewardship—to live one year to the next, from one generation to the next.

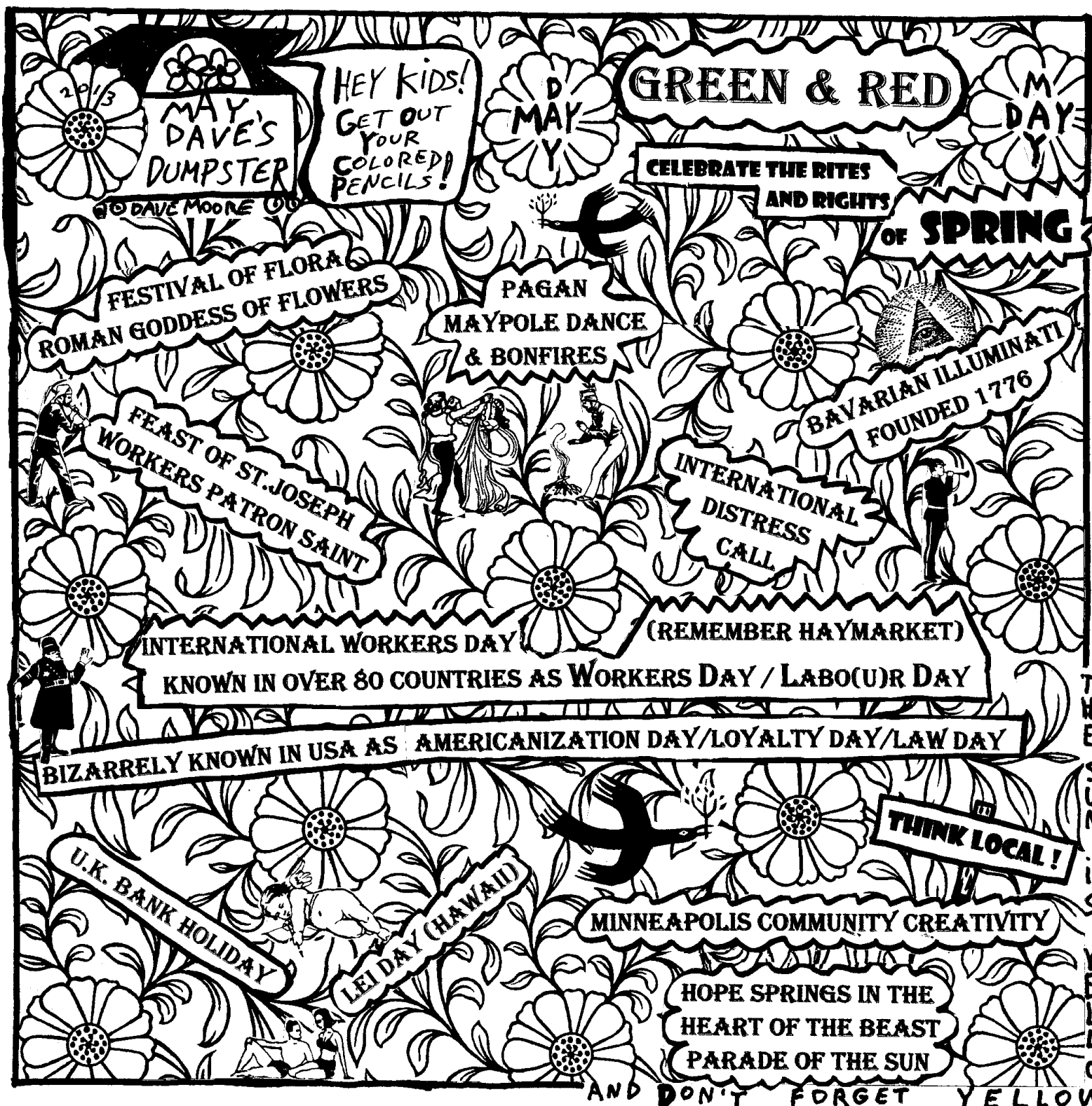
Perhaps you've followed our urgent need for MayDay support in The Alley, Twin Cities Daily Planet, and MN Public Radio's State of the Arts blog. You can support MayDay's continued vitality and sustainability. We always say that if everyone who attended contributed \$5, MayDay would remain alive and thrive. But not everyone who attends can afford even that, so we turn to you to ask a gift for yourself and others.

Your contribution here and now—planting seeds for growing a sustainable MayDay—can build a broad base for the future of this community inspired, community built, and community performed event.

Please join your friends and neighbors to give \$10, \$20, \$100, or more to continue MayDay as the unforgettable multicultural, multigenerational experience we know, expect, and love.

On behalf of HOBT's artists, Board, staff and volunteers—thank you.

Loren Niemi  
Executive Director



Why do whites have so much money, live the longest, have the best health, live in comfort, travel the world, have huge retirement "portfolios"... and Natives have poverty, alcoholism, diabetes, domestic abuse, child abuse, high incarceration rates, and lack the access to opportunity that whites have? Do whites work harder than non-whites, do whites deserve all their wealth, no, of course not, and it is just the way things are set up. Whites are born into a system that flows in their favor, non-whites are born into a system filled with roadblocks.

A cheesy 70's song by Judas Priest says it best, "Out there is a fortune waitin' to be had / You think I'll let it go you're mad / You've got another thing comin'."

Most whites are not going to turn their backs on the opportunity to acquire wealth and comfort, even if it was made available from the unjust spilling of Native blood.

Einstein was asked what he thought the most important question that a human being needed to answer, he replied, "Is the universe a friendly place?" So do you believe that the universe is a friendly place and that you will be taken care of, if you do, why are you hoarding all sorts of money in retirement accounts as the world starves and crashes in the moment? Why do you get to sit on so much wealth while others starve? Why don't humans share?

In his "The Gospel of Wealth" Andrew Carnegie said, "the duty of the rich is to distribute their surplus wealth" – I will add to that, that the duty of all of us is to look at how we got the opportunity to acquire surplus wealth in the first place. The tricky part though is to see yourself as rich and having "surplus wealth" that you should distribute, very easy to see Carnegie as rich with surplus wealth, lot harder to see ourselves in the same boat.

Every bit of white privilege comes from "war" privilege.

**Where Brahmaputra meets the Mississippi**

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“SAMATABAXDAY” (survivor)

Amged (Alpha Kemet) Yusuf, poet, abstract artist, and Coordinator of the Backyard Initiative Project S.E.L.F. CHAT team provided The Alley Newspaper with this information about this piece- “SAMATABAXDAY”(survivor): “In our native language, “Warda” means flower. She is the symbol of all the women in our Backyard Initiative Citizen Health Action Team (CHAT) and the Somali community at large. And she has a story that’s often voiceless, unheard in an all-male dominated environment that needs

to be told over and over again. The image is an artistic expression of the Warda’s story illustrated by myself and produced through a process of discovery and deep conversation with members of Project S.E.L.F. Back home, when the day is over and the sun goes down, we use to gather in a circle around an elder and listen to inspiring tales full of wisdom to sustain us all for generations to come. There is something meaningful and healing in storytelling and we continue to use our ancestors oral traditions to communicate

cohesively about the “elephants in the room” including our own “warda’s” of the world, the true source of a healthy community. I have included some of the words from our own Warda’s:” Warda: “I was a 15 year old young woman when the war started and ever since I’ve been deprived of my childhood.” Warda: “In the war, I lost 3 of my children, I gave birth to my youngest in a refugee camp. Now my baby is a university graduate.” Warda: “I miss my homeland, but the connectedness and support we have here in Minneapolis

makes it feel like little-Somalia for my family and me.” Upcoming projects from project SELF: We are working on a Nomadic Expression spoken word and storytelling CD entitled S.O.M.A.L.I (Soundtrack Of My Abstract Life Interrupted) It is a compilation work from various Backyard Initiative Somali poets/artists. (Due for online release late summer.) Look us up as Project S.E.L.F on Facebook, reach us through the Cultural Wellness Center, 612-721-5745 or call the Project Self community phone line, (612)702-0307. Project S.E.L.F (Save, Educate, Liberate and Free) is a Backyard Initiative Community Health Action Team (CHAT) that focuses to bring together youth, elders and families from the Somali- American Diaspora in and around the” Backyard” to address conditions and create awareness to support a sustainable community through dialogue, cultural approaches and artistic expression.