

"T" Shirt Design
CONTEST pg 2

"Wee Scotty,"
Memorial Day pg 3

Neighborhood's
NEWS pgs 4 & 9

KIDS! COLORING
CONTEST pg 11

the Alley

NEWSPAPER

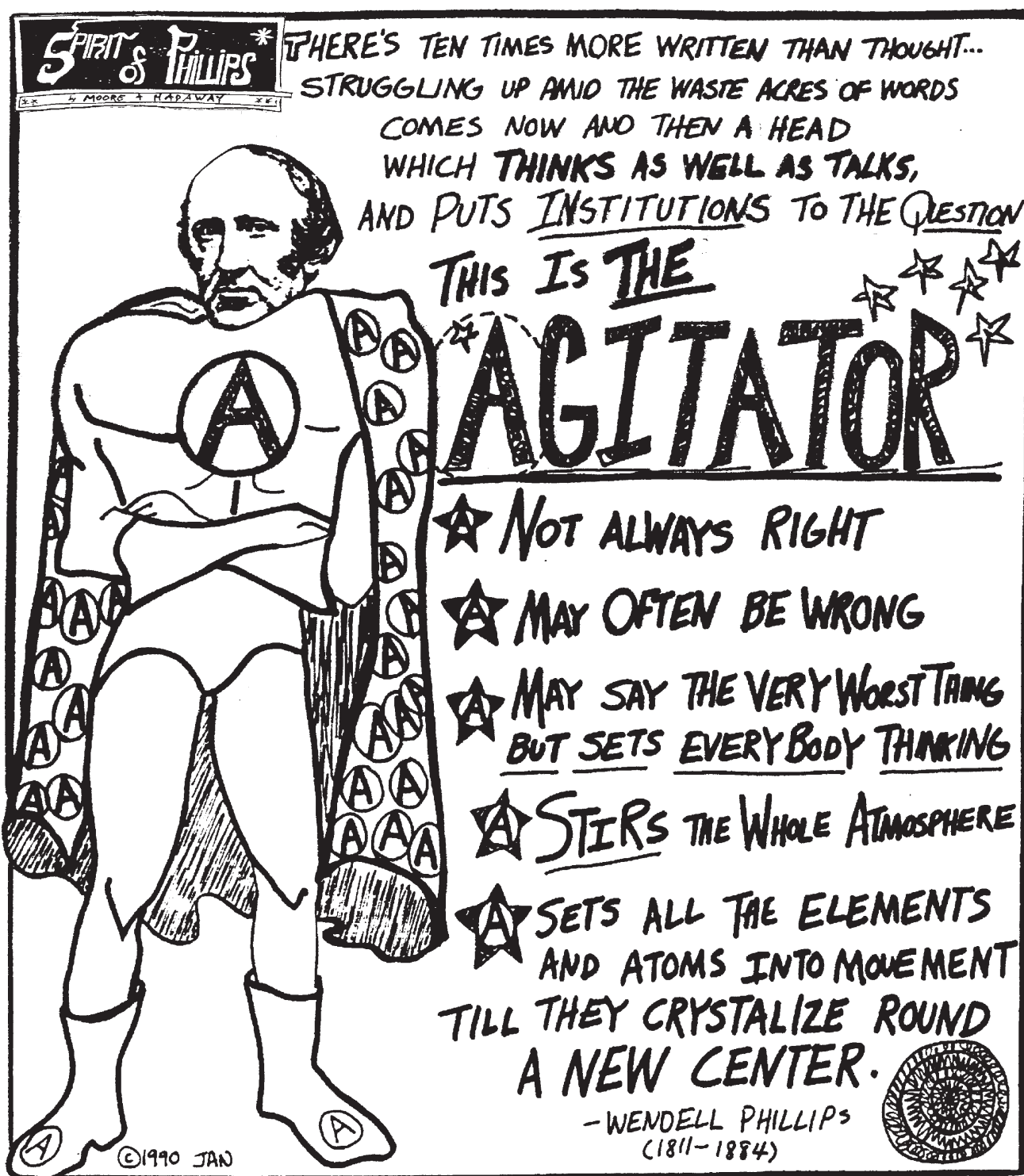
NEWS & VIEWS OF PHILLIPS SINCE 1976
MAY 2016 • VOLUME 41, NUMBER 5

HUGE Changes Pgs. 5 - 8
35-W, Bridges, POOL
Franklin/Cedar/Minnehaha



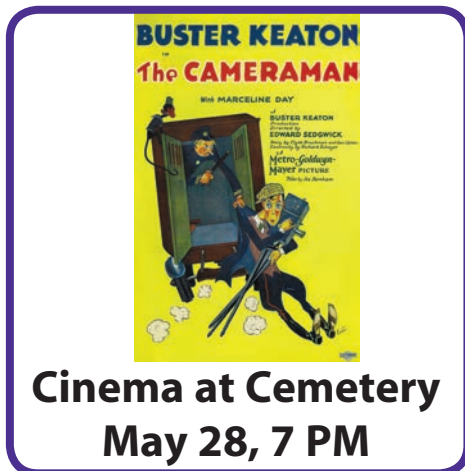
♀ "A strong spirit transcends rules." ♀

"Despite everything, no one can dictate who you are to other people."



"The key to longevity is to learn every aspect of music that you can."

♀ "The Gatekeepers must change." ♀



Summer and Fall Community-Wide Gatherings

MayDay Parade and Festival May 1, 12 PM to Dusk • Midtown Farmer's Market May 7 to October • Burma Shave Vine Church History Sidewalk Rally May 7, 2 PM • Cinema at Cemetery May 28, 7 PM • Memorial Day at Cemetery May 30, 9:30 AM • East Phillips SummerFest June 12, 1 PM to 8 PM • Powderhorn Park 4th of July Celebration July 4 • Midtown Global Market Music Festival and 10th MGM Anniversary July 9, 10 AM to 8PM • Open Streets Lake Street July 24 • National Night Out Celebrations August 2 • Open Streets Franklin Ave. August 21 • Phillips Community CleanSweep October 8 9 AM to 2 PM • Midtown Phillips Festival at Stewart Field date to be announced.



The Alley
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Alley Communications, a 501C-3, Not-for-Profit Corp. publishes The Alley Newspaper and other media.

“When the great newspapers don’t say much, see what the little independent ones say.” – Wendell Phillips

Donations are needed, welcome, and Tax Deductible.

Volunteers who had a part in making this issue: Robert Albee, BackYard Initiative, Denny Bennett, Burma-Shave, Patrick Cabello Hansel, City of Minneapolis, East Phillips Improvement Coalition, Growing the BackYard CHAT, Linnea Hadaway, Hennepin County Franklin Library and Staff, James Grube, Hennepin County Public Works, Sue Hunter Weir, In the Heart of the Beast Theatre, Latino Environmental Health CHAT, Tim McCall, Metro Transit, Metropolitan Council, Midtown Phillips Neighborhood Association, Mpls. Police Dept. 3rd Precinct, Minneapolis Swims, MN Dept. of Transportation, Peter Molenaar, Dave Moore, Out in the BackYard CHAT, Brad Pass, Carol Pass, Rebirthing Community COL CHAT, Sabathani Community Center, Teens Project CHAT, Phillips West Neighborhood Organization, Sunny Sevigny, Crystal Trautnau Windschitl, Kelley Yemen, Zan Associates, Charlene Zimmer.

Delivery: To every Phillips Community residence by Sara Nelson Delivery; to 150 businesses, places of worship, institutions in Phillips and adjacent neighborhoods by Peter Molenaar

Board of Directors: **Cathy Strobel-Ayres, President; Sue Hunter Weir; Joan Hautman, Monthly Alley Communication Board Meetings: 6:30 PM 3rd Wed. Call for Location.**

Letters and e-mails to Alley Communications and/or its Editor become the property of Alley Communications dba The Alley Newspaper and may be chosen for publication.

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Advertise: ads@alleynews.org 612-990-4022

“Let me make the newspaper and I care not who makes the religion and the laws.” – Wendell Phillips

Deadline for June issue is MAY 15

The Alley Newspaper is a Member of



Give. And light a fire under inequality.
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BY ERIN THOMASSON
Children & Family Programs Family Storytime
Fridays, 10:30 am. All ages and their parent or caregiver. Talk, sing, read, write and play together in a format appropriate for young children.

Franklin Teen Center Programs Urban 4-H Club

Tuesdays, 5–7 pm. We do everything from urban gardening to digital photo/video to theater.

Teen Tech Workshop
Wednesdays, 4:30-6 pm. Get creative and make music, videos, animation and other projects using both high- and low-tech tools, everything from iPads and 3D printers to synthesizers and sewing machines. Led by the library’s Teen Tech Squad.

Young Achievers
Thursdays, 4:30-6 pm. Do you want to be involved in your community? Then bring your friends and come for poetry, arts, games and more!

Adult Programs Education Alternatives Discussion Group
Monday, May 9, 1-3 pm. Join a monthly discussion of persistent problems in education and possible solutions centered around topics raised in Knowles Dougherty’s blog: educationspersistentproblems.wordpress.com.

Pollinate Phillips

BY PATRICK CABELLO HANSEL

We know that our food supply depends on pollinators—the little creatures like bees and butterflies that carry pollen from one flower to another. We know that pollinator populations are diminishing for a variety of reasons—climate change, pesticides, loss of habitat. But did you know that each of us can be a pollinator? We can pollinate beauty, justice and mercy, by how we integrate our lives with others.

St. Paul Lutheran’s Semilla Center for Healing and the Arts is committed to pollinating our neighborhood—with art, with justice, and with plants that attract pollinators. During the month of May, we will be planting boulevard gardens with pollinator-attracting plants, and teaching how to grow nutritious food in small containers. The month will culminate on May 21, when we “Pollinate Phillips”. We will start with breakfast at 9 am, and then we will break into teams to plant, plant art, do a survey of birds in the neighborhood, and enjoy our community.

Container garden planting workshops will be held at St. Paul’s on May 3 at 6 pm, and May 14 at 1 pm. St. Paul’s is located at 2742 15th Ave S. For more information, call 612-724-3862 or e-mail stpaulscreate@gmail.com.

The Alley Online!
www.alleynews.org



The Alley is social!
[@alleynewspaper](https://twitter.com/alleynewspaper)

Programs at the Franklin Library



1314 E. Franklin Avenue
Complete program list or info
612-543-6925
www.hclib.org
Mon, Fri & Sat: 9am–5pm
Tue, Wed & Thurs: 9am–8pm
Sun: 12-5pm

Memoir Writing Group
Friday, May 20, 1-3 pm. Would you like to create a record of your personal history? Bring what you have written and are willing to read to the group for helpful comments and suggestions.

Franklin Learning Center:
612-543-6934

Free, one-to-one tutoring for adults who are learning English and math, preparing for the GED and citizenship exams, and gaining life skills. We are always looking for community volunteers! No experience necessary; we provide training and materials. Contact us at flc@hclib.org.

Phillips West Neighborhood Upcoming Events

www.phillipswest.info

May 5th (Thursday) 6:00 to 7:00 p.m. – *Phillips West Community Meeting!*

Join your neighbors and other Community Partners for updates from Local City Government, Police & Business Partners. This meeting will take place at the Center for Changing Lives in the Centrum Room (2400 Park Avenue). Free parking is available in the rear of building off Oakland Avenue. Free Jakeeno’s Pizza & Beverages will be provided! If you would like more information or would like to get involved with the neighborhood please contact Crystal at 612-879-5383 or email her at pwno2005@yahoo.com



May 7th (Saturday) 9:00 to 11:00 a.m.–

Phillips West Spring Clean Up! Join your neighbors & other Community Partners for a block by block litter pick up starting at 9:30 a.m. but first join us for a free breakfast from 9:00 to 9:30 a.m. at the Center for Changing Lives in the Centrum Room located at 2400 Park Avenue. After breakfast we will provide free bags, gloves and maps for all volunteers! Perfect volunteer opportunity for large groups, family & youth! There is free parking in the rear of building off of Oakland. For more information call Crystal at 612-879-5383 or email her at pwno2005@yahoo.com



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MINNEAPOLIS
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SAT 7-5 • SUN 7:30-5
729-5627

ORGANIC & FAIR TRADE COFFEE
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2016 Phillips Clean Sweep

T-SHIRT Design Competition

For Phillips YOUTH (11 to 18)

Design the
2016 Phillips Community Clean Sweep T-Shirt and WIN:

\$50.00, two T-Shirts, recognition as the Winning Designer and a Featured article in The Alley Newspaper.

Deadline for Design Submittal:
Wednesday, June 15th, 2016

DESIGN DETAILS:

- Eye catching front design
- One color is preferred; two colors raise the cost but will be considered.
- Must include:
 - 2016
 - Phillips Community Clean Sweep
 - East Phillips, Midtown Phillips, Phillips West, Ventura Village and Little Earth
- Might include:
 - Green Sweep and More
- Suggest a T-Shirt color and contrasting ink color

ALL SUBMISSIONS become the property of the Selection Committee
THE WINNING DESIGN will be edited and finalized for printing

SUBMIT DESIGNS TO:

Brad Pass, bpas@usinternet.com
2536 18th Ave. S., Mpls., MN 55404
Phone: 612-916-8478 – Fax: 612-722-5509
Wednesday, June 15th, 2016

DEADLINE:

Save Saturday, October 8th 2016
And participate in our annual Phillips Community Clean Sweep



Examples of previous year’s T-Shirt designs



Open During Construction! Midtown Farmers Market Opening Day Food Truck Fest Is May 7!

Opening Day of the Midtown Farmers Market for the 2016 Season is May 7, and we’ll kicking things off with a bang at our 2nd Annual Food Truck Fest! We’ll be hosting some of long-time favorites like Kabomelette, Fireroast Cafe, and the Moral Omnivore, along with a slew of exciting guest food trucks for the day. We’ll also hosting a Blood Drive with Memorial Blood Centers to help those in need and our Corcoran Parklet skee ball ramp, ping pong table and outdoor seating will all be back in place and ready for action, don’t miss out! Additional market event dates below:

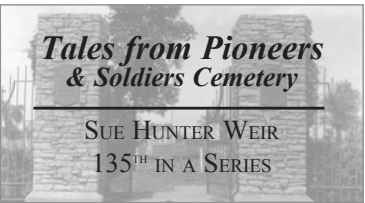
May 7th – Opening Day Food Truck Fest and Blood Drive

Lake St E & 22nd Ave S
Minneapolis, MN 55407

Sat. 8:00am–1:00pm May–Oct.
Tue. 3:00–7:00pm June–Oct.

Personal histories tied to industrial histories

“Wee Scotty,” James Stewart McLaren succumbed to pertussis



All that it takes is one look at his grave marker to understand how much James Stewart McLaren’s parents loved their first-born son. The marker also reveals how much they loved the country where they had been born and which they left in order to build new lives in the United States.

James’ marker is unusual for an eight-month-old baby, and in Minneapolis Pioneers and Soldiers Cemetery it is one of a kind. It sits under a large tree surrounded by several smaller markers that have carved lambs resting on top, the style of marker most commonly used to mark the graves of babies and young children. James’ marker is tall with what looks like a loving cup sitting on top of a three and a-half foot pedestal. James’ name, the date of his birth and

his death are carved on the base as are the two words that tell of his parents’ love for him and their home country—they called him “Wee Scotty.”

Wee Scotty’s marker appears to be based on a Scottish quaich (pronounced quake), a shallow bowl with handles on each side. Traditionally quaichs were made of wood or silver and were used to mark rites of passage—weddings, christenings, welcomes and departures. This one marks a baby’s passing. James Stewart McLaren died on August 10, 1913 from whooping cough (pertussis). He was eight months and five days old.

McLaren is an old Scottish clan name that originally meant the Son of Lawrence. There were no Lawrences in Wee Scotty’s immediate family tree. Instead, he was named after his paternal grandfather and his father’s oldest brother. His father was named Mungo, a name that is not common in the United States, but which is fairly common in Scotland; it is thought

to be a variation of the Welsh word that means “kind” or “gentle.”

Mungo Reed McLaren was born in Dundee, Scotland on June 4, 1883, the fourth child of James and Christine McLaren. He left school after seventh grade and eventually developed the skills necessary to work as a mechanic, most likely in one of the many factories in Dundee, a city known for shipbuilding and for manufacturing jute.

In March 11, 1905, at the age of 21, he sailed from Glasgow, Scotland on the Columbia bound for New York. His destination was New Jersey where he planned to join his older brother David. It’s not clear what prompted Mungo to relocate to Minneapolis but he did, and on September 8, 1907, this is where he married Williamina Nivin.

They settled in what is now the Seward neighborhood, and on December 5, 1912, James Stewart McLaren was born. At the time Mungo was working as a machinist for the Minneapolis Steel and Machinery Company which later became Minneapolis Moline.

In 1916 the McLarens built a new home at 3627 Cedar Avenue, six blocks from the cemetery where their son was buried. In 1917 Mungo applied for a passport in order to return to Great Britain to help out with the war effort. The company that he worked for at the time, the Bull Tractor Company (see page for more information), provided Great Britain with equipment and Mungo went back to train British mechanics to assemble the machinery and keep it in good working order. He returned to the United States at the end of the war, and he and Williamina had three more children. They remained in the house of Cedar Avenue until Mungo retired.

The Bull Tractor Company was more or less put out of business by the Ford Company which had developed its own line of tractors. Bull’s owners retooled and put their company’s energy into producing tractor engines and smaller lawn-care equipment. The company later changed its name to the one that we recognize today as Toro. Mungo worked for Toro until he retired and moved Texas, to live with his son Peter. He died in Dallas, Texas on March 13, 1965, and his remains were returned to Minnesota where he was buried in Crystal Lake Cemetery.

Whooping cough, the disease that caused Wee Scotty’s death, became much less of a threat to infants born in the United States after a vaccine was developed in the 1940s, but the incidence of whooping cough is on the rise. In 2014 there were almost 33,000 cases of pertussis reported in the United States, a 15% increase over the year before. While the number of deaths caused by whooping cough remains relatively low, the majority of those who died were infants. Children in developing countries are at much greater risk—around the world an estimated 195,000 children died from



This marker illustrates that James Stewart McLaren’s parents loved their first-born son and how much they loved the country where they had been born and which they left in order to build new lives in the United States.

James’ marker is one of a kind here and under a large tree by several smaller markers that have carved lambs resting on top, the style of marker for most graves of babies and young children. James’ marker is tall with a loving cup on top of a three and a-half foot pedestal. James’ name, birth and death dates are carved on the base with the “love of homeland” words, “Wee Scotty.”

whooping cough in 2015.

Wee Scotty’s marker has stood up well for over 100 years although Minnesota winters with their alternating freezes and thaws have caused the ground where it stands to shift. Mike, the cemetery’s caretaker, and Tim, the cemetery’s archivist, leveled the marker last year to keep it from

toppling over. On Memorial Day weekend, we will, as we have for the past 15 years, plant flowers in Wee Scotty’s marker.

James Stewart McLaren is buried in Lot 26, Block L of Minneapolis Pioneers and Soldiers Cemetery.

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Pioneers and Soldiers Cemetery
Cedar Av. and Lake St.

MEMORIAL DAY
CELEBRATION # 148

Memorial Day Observance
Monday, May 30, 2016, at 10 a.m.
Music by the
Seward Community Concert Band (See page 5) beginning at 9:40.
Brigadier General Ret'd Dennis Shulstad, City Councilmember,
16 years is our keynote speaker.
Students from the Transition Charter School and Boy Scout
Troops 82 and 1 will be participating.
Everyone welcome.

BUSTER KEATON
IN
The CAMERAMAN

With MARCELINE DAY

BUSTER KEATON
Directed by
EDWARD SEDGWICK
Story by Clyde Bruckman and Lou Lubin
Cinematography by Richard Schickel
Metro-Goldwyn-
Mayer Picture
Titles by Joe Harnham

Gates open at 7
Movie begins at dusk (8:30).
Saturday, May 28, 2016,
Cinema in the Cemetery
returns with
Buster Keaton’s silent film
The Cameraman

Dreamland Faces
will be providing a live
soundtrack.
Bring your own chair or a blan-
ket to sit on. Wonderful food
available from one of our local
vendors.

SPRING! Time to Open the East Phillips Community 17th Ave. Garden

2428 17th Ave. S.

Did you know that the East Phillips Improvement Coalition (EPIC) is one of the only neighborhoods to Own their own Community Garden? The story goes that in the Mid '90s, three neighboring houses on the 2400 block of 17th Ave. S. were torched and burned to the ground in a gang war. Neighbors came together to retrieve the vacant lots for a much needed positive opportunity of community building. They fenced the lots and turned them into a "Guerilla" Garden. What was a dangerous nuisance in an area called "Baby Beirut" for its constant gunfire, was transformed into a productive community garden of three city lots with 34 garden plots for the diverse and economically challenged residents of the East Phillips community.

When rumors surfaced that the city-owned land might be taken from them and repurposed to high density housing, EPIC polled the community and received overwhelming support for purchasing the property using some of their Neighborhood Revitalization Program (NRP) funds, but an analysis of the garden topsoil revealed lead and arsenic contamination. Incredibly, the City of Minneapolis paid over \$25,000 to remediate the garden by replacing the top 18 inches with new, farm-fresh black dirt.

With soil replacement complete, the East Phillips Community 17th Ave. Garden was purchased, making the garden the property of EPIC for the East Phillips Community and a conservation easement was placed on the land guaranteeing its ongoing use as a community garden.

EPIC's goal for the garden is to provide a safe, inviting, sustainable, healthy place with requisite facilities and tools for residents to provide food for their families, to carry on home country traditions, and to create new experiences in gardening while meeting new friends ...a company of multi-cultural urban family farmers for the 21st century. **Join us!**

East Phillips residents may contact Brad Pass at 612-916-8478 or bpas@usinternet.com to be placed on the 2016 Garden Plot Wait List.



For Your Calendar: *

To get involved in EPIC and East Phillips, Join us on the 2nd Thursday of the month at 6:30PM

The EPIC Community Meetings are on the SECOND Thursday – Next Meetings; Thursday, 5/12/16 and 6/9/2016 at 6:30 PM
Agenda includes Neighborhood Industrial Pollution, Crime Initiatives, and EPIC project updates.

EPIC's Annual Meeting - Saturday, April 30th at 9:30 to 11:30 AM in the Community Center

The East Phillips Park Programming Partnership meets on the LAST Tuesday – Next meetings; Tuesday 5/31/16 and 6/28/16 at 11:30 AM. Lunch is served.
Updates on Partner Programming, Park Events, SummerFest 2016 & News.

The EPIC Board of Directors meets on the FIRST Saturday of the month – Next Meeting; Saturday, 5/7/2016 and 6/4/2016 at 10:00 AM.

Meeting Location: All the above meetings and events are held at the fully accessible East Phillips Park Cultural & Community Center located at 2307 17th Ave. S.

The East Phillips Community 17th Ave. Gardeners meet on the second Saturday of Each Month
The next meetings are Saturday, 5/14/2016 in the COMMUNITY CENTER at 2307 17th Ave. S. and 6/11/2016 at 9:00 AM in the GARDEN at 2428 17th Ave. S.

* **East Phillips Residents wanting a 2016 Garden Plot, contact Brad Pass at 612-916-8478**

East Phillips Park SummerFest - Sunday, June 12th from 1:00 to 7:00 PM in the Park.

Designed and Paid for by East Phillips Improvement Coalition



MIDTOWN PHILLIPS NEIGHBORHOOD ASSOCIATION INC.

www.midtownphillips.org | 612.232.0018 | midtownphillips@gmail.com

BOARD MEETING AGENDA

TUESDAY MAY 10, 6:30-8PM.

Stewart Park (Arts & Crafts Room), 2700 12th Ave S, Minneapolis

- I. Approve Minutes from 4/12/16 Board Meeting (5 min)
- II. MOTION: Accept and receive March Financial Reports (10 min)
- III. Eric Gustafson – Executive Director of Corcoran Neighborhood Association– Presentation on the Neighborhoods 2020 plan (20 min)
- IV. MOTION: To approve "Phillips Sound" Partnership and sign MOU (15 min)
- V. Strategic Planning Update (15 min)
- VI. Continued Business/Updates (15 min)
—Plaza Verde Update
—Event Update
—Office Space Update
- VII. Coordinator Report (10 min)

COMMUNITY MEETING AGENDA

TUESDAY MAY 24, 6:30-8PM.

Stewart Park (Community Room), 2700 12th Ave S, Minneapolis

- I. Approve Minutes from 4/26/16 Community Meeting (10 min)
- II. Third Precinct Update: Cheryl Tighe – PO who works with the GIFT Program to talk about Prostitution resources and processes (10 min)
- III. The Family Partnership and Project for Pride in Living will talk about possible development plans at Lake and Bloomington that could include housing, a headquarters for TFP, daycare and a clinic. (10 min)
- IV. Report from Councilmember Alondra Cano (10 min)

THEME: PARKS AND GREEN SPACES (45 min)

- IV. Kristie Ellickson – MPCA, Presentation on data from 2-year air pollution sampling in Phillips
- V. Southside District Planning – Minneapolis Parks and Rec Board
- VI. RecQuest – Beth Hart
- VII. Hope Community
- VIII. ANNOUNCEMENTS (5 min)
—Call for At Large Rep and District 4 Rep
—Call for Partners

CENTERPOINT ENERGY LOW INCOME
RENTAL CONSERVATION PROGRAM

**Does your rental property
need efficiency upgrades?
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Eligible property owners can receive:

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- Energy Efficient Water Heaters
- Attic Insulation
- Wall Insulation
- Related Health/Safety Measures

CenterPoint Energy pays for 50% of the costs of all improvements and covers the full cost of the energy audit (\$350-\$950 value).
To qualify, the property must be 1-4 units, use CenterPoint Energy natural gas, and at least half of the households in the building must be low income.

For more information,
contact Brenda at the Energy CENTS Coalition:
612-991-3155 or brenda@energycents.org

Energy CENTS Coalition
823 East Seventh Street, St. Paul, MN 55106
Phone: 651-774-9010 Fax: 651-774-0445



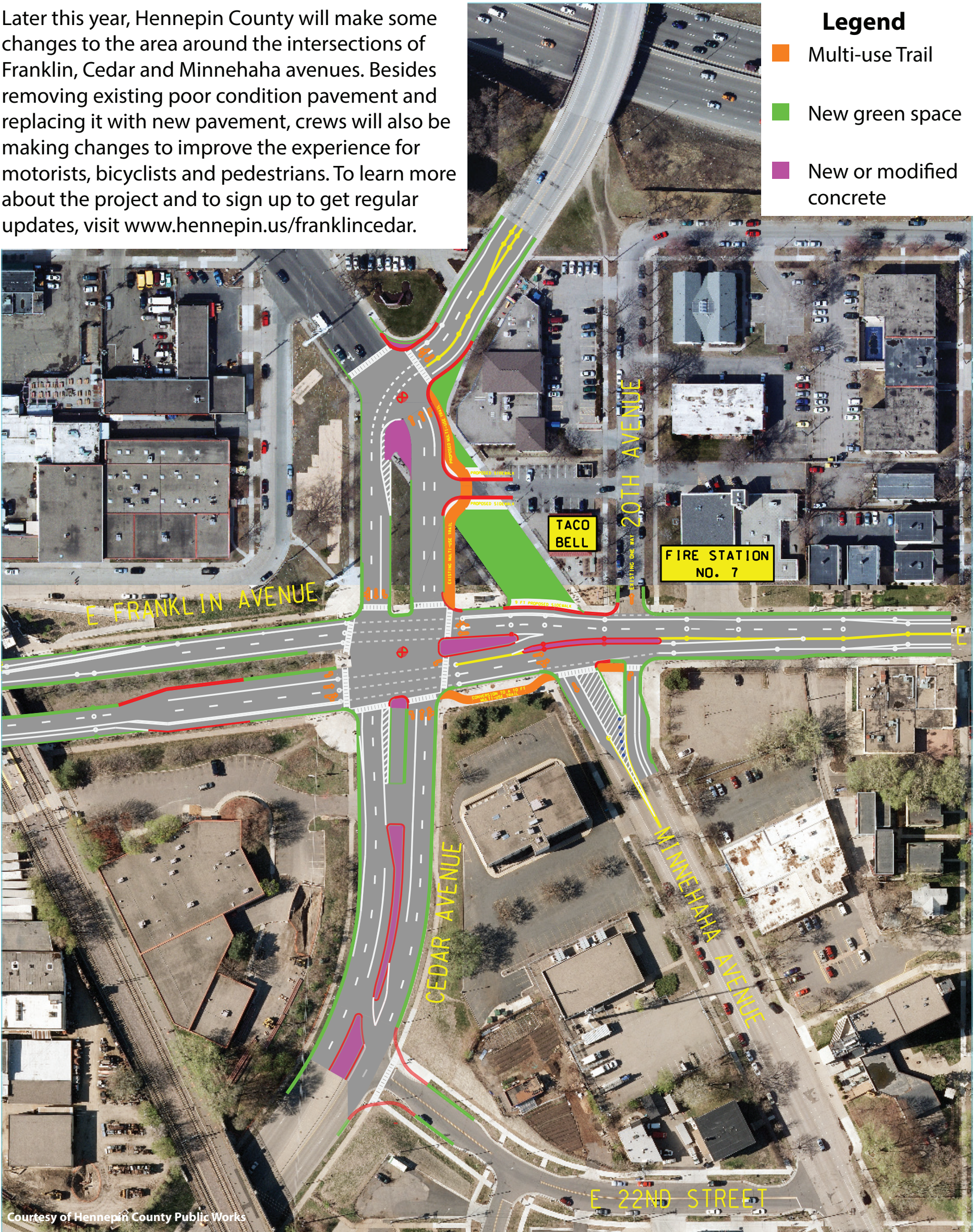
Call for Partners!

Midtown Phillips is looking for partners to assist with 2016 outreach & doorknocking, event involvement and youth outreach. You must be a registered business or registered non profit to apply. If interested, **call 612.232.0018 or email midtownphillips@gmail.com**



HUGE CHANGES SOON!

Later this year, Hennepin County will make some changes to the area around the intersections of Franklin, Cedar and Minnehaha avenues. Besides removing existing poor condition pavement and replacing it with new pavement, crews will also be making changes to improve the experience for motorists, bicyclists and pedestrians. To learn more about the project and to sign up to get regular updates, visit www.hennepin.us/franklincedar.



Franklin Ave/Cedar Ave/Minnehaha Ave Intersection project

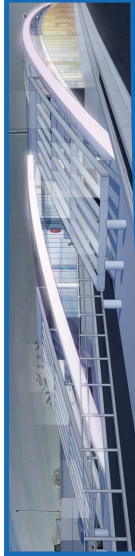
TC Tractor at "Target"/"Bull" to "Toro"



Mpls. Steel & Machinery Co. built Twin city Tractors until '29 merger with Moline Implement Co. III. and the Mpls. Threshing Machine Co. Hopkins, MN and became Minneapolis Moline where Target is now. TC Tractors had a logo like the MN Twins.



Hear Seward Concert Band perform at 148th Memorial Day (see pg 3). Named for Seward Neighborhood, named for William Henry Seward, Lincoln's Sec'y of State who bought territory now Alaska.



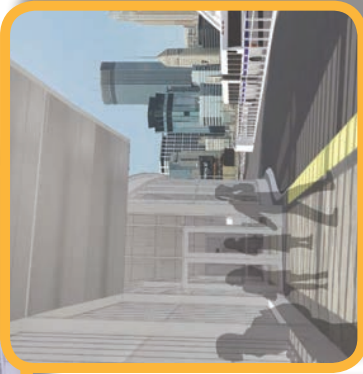
MANY PROJECTS, ONE VISION A BETTER I-35W CORRIDOR FOR EVERYONE

The Minnesota Department of Transportation (MnDOT), Metropolitan Council, Metro Transit, Hennepin County and the City of Minneapolis are working on a number of projects to improve the I-35W corridor for residents, businesses, transit riders, bicyclists, pedestrians and drivers.

What improvements are planned?

The planned improvements include:

- ▶ Orange Line Bus Rapid Transit (BRT) service along I-35W
- ▶ A two-level transit station at Lake Street serving Orange Line BRT and express buses at the freeway level and local bus service along Lake Street
- ▶ A high quality pedestrian/bicycle connection between the Midtown Greenway and 31st Street, and other improvements for walking and biking in the station area
- ▶ Added vehicle access to Lake Street businesses from both northbound and southbound I-35W
- ▶ Several new local street bridges with space for pedestrians and bicyclists, including new pedestrian/bicycle bridges at 24th Street and 40th Street
- ▶ Replacement of old noise walls, old retaining walls, old pavement and deficient bridges
- ▶ New streetscaping and landscaping along parallel local streets
- ▶ Continuation of the managed lanes on I-35W, serving transit, carpools/vanpools, motorcycles and MnPASS subscribers who pay a fee based on the level of congestion



How will the Lake Street Transit Station benefit Minneapolis residents and businesses?

Due to current congestion and service restrictions, Lake Street at I-35W is vastly underserved by transit service. By 2019, the fully-accessible transit station at Lake Street is estimated to attract more than 139,000 annual additional riders with roughly 42,000 new riders boarding on the freeway level, and 97,000 annual new riders using local buses at the Lake Street level. The Lake Street Transit Station will facilitate many new trips and transfers that are not possible in the current transit system.

"Benefits" - continued on Page 4

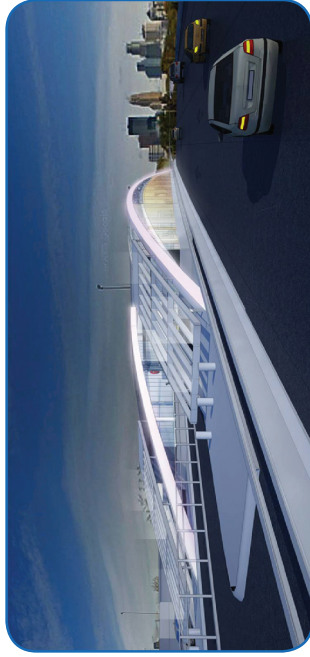
I-35W Orange Line

The Lake Street Transit Station will serve the Orange Line at the freeway level and patrons using buses on Lake Street at the street level. The Orange Line is a planned BRT line along I-35W that will provide improved bus routes with fast, frequent and reliable all-day service. Implementation is expected in 2019. For more details, visit www.metrotransit.org.

"Benefits of Lake Street Transit Station" - Continued from Page 1

Some of the benefits of the Lake Street Transit Station include:

- ▶ More than 8,000 jobs and 12,000 households within a 10-minute walk of the Lake Street station will have easy access to the Orange Line BRT.
- ▶ The Lake Street station will increase reliable, frequent transit access to people in the Lake Street area including neighborhoods with concentrations of affordable housing, low-income households, households without automobiles, and significant ethnic and racial diversity.
- ▶ Peak-hour transit service will be restored at Lake Street, which is currently restricted due to inability for buses to shift from the inside MnPASS lane (46th Street Station) and the Lake Street shoulder.
- ▶ By 2030, more than 800 daily bus trips will stop at the Lake Street Transit Station, carrying more than 20,000 riders.
- ▶ The new station will improve personal safety and comfort for both riders on the Orange Line and riders on Lake Street buses.
- ▶ The new station will be an architectural icon that will attract people, businesses and customers to the Lake Street area, adding value to the surrounding businesses and properties.
- ▶ The new station will provide a catalyst for significant transit-oriented redevelopment and infill development in the Lake Street interchange/station area.
- ▶ The pedestrian and bicycle connections to the transit station will improve safety and convenience for bicyclists and pedestrians.



Sketch of planned Lake Street Transit Station at freeway level

How you can be involved?

Everyone is encouraged to be involved in the design as these projects move toward construction. You can participate by:

- ▶ Talking with your Project Advisory Committee representative (see www.35lake.com for members)
- ▶ Attending public meetings and open houses
- ▶ Sending comments: james.grube@hennepin.us
- ▶ Checking the project website: www.35lake.com
- ▶ Signing up to receive e-newsletters at: www.35lake.com
- ▶ Requesting a presentation: Contact Jim Grube at 612-596-0307 or james.grube@hennepin.us

Attention: If you have any questions regarding this material, please call 311

Hmong: Ceeb toom. Yog koj xav tau kev pab txhais cov xov no rau koj dawb, hu (612) 673-8200

Spanish: Atencion. Si desea recibir asistencia gratuita para traducir esta informacion, llama (612) 673-2700

Somali: Ogow. Haddii aad dooneyso in lagaa kaalmeeyo tarjamadda macluumaadkani oo lacag la'aan wac (612) 673-3500

TTY: (612) 673-2157

www.35lake.com



I-35W Rehabilitation

MnDOT is planning to rehabilitate I-35W between approximately 42nd Street and 32nd Street. This project includes:

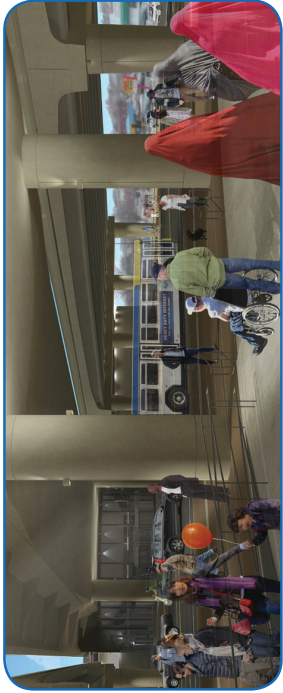
- Replacement of pavement
- Extension of southbound managed lane (lane for buses, carpools/vanpools, motorcycles and MnPASS subscribers)
- Possible redecking of some bridges
- Repair of some noise walls
- New pedestrian/bicycle bridge at 40th Street
- Estimated cost is \$65 million
- Construction is planned for 2017



Sketch of planned high quality bicycle and pedestrian connection between Midtown Greenway and Lake Street



Sketch of a concept for retaining wall along planned bicycle/pedestrian connection



Sketch of planned transit station from Lake Street level

Transit/Access project

The I-35W Transit/Access project includes the Lake Street interchange area between approximately 32nd Street and 26th Street. This project includes:

- Full reconstruction of freeway, ramps and some sections of local streets and sidewalks immediately adjacent to the freeway
- Orange Line BRT Station at Lake Street
- New bridges at 31st Street, Lake Street, Midtown Greenway, 28th Street
- High quality bicycle/pedestrian connection between Midtown Greenway and Lake Street
- Noise walls and retaining walls
- New exit ramp at Lake Street from southbound I-35W
- New exit ramp from northbound I-35W to 28th Street
- Estimated cost is \$150 million
- Construction is planned for 2017

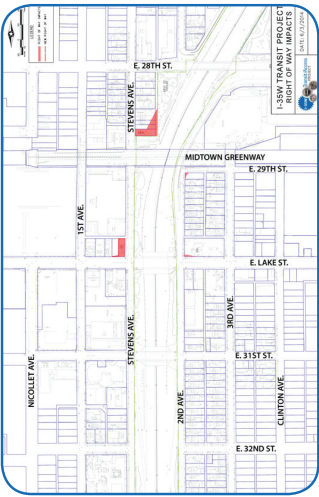


Lake Street reconstruction

Hennepin County will be reconstructing Lake Street between Blaisdell Avenue and 5th Avenue South as a separate project. This work will be coordinated with the reconstruction of the I-35W Transit/Access project.



Proposed Franklin Avenue Bridge concept



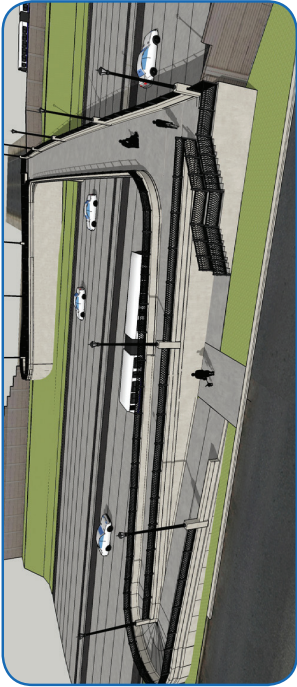
Needed right-of-way acquisition for Transit/Access Project



Chapter 152 bridges

There are two bridges on I-35W that are included in Minnesota Statutes Chapter 152, which requires structurally deficient bridges to be replaced. These are the “braid” bridge, which carries I-35W southbound from the I-94 common section, and the “flyover” bridge, which is the ramp from northbound I-35W to westbound I-94. The replacement and relocation of these bridges will require the reconstruction of I-35W between 26th Street and downtown Minneapolis. This project also includes:

- Full reconstruction of freeway, ramps and freeway bridges
- New bridges at 26th Street, Franklin Avenue
- New 24th Street pedestrian/bicycle bridge
- Noise walls and retaining walls
- Estimated cost is \$130 million
- Construction is planned for 2017



Sketch of planned 24th Street Pedestrian/Bicycle Bridge



Phillips Aquatics Center Update

BY DENNY BENNETT

Many of you, like me, had hoped, based on the published timeline, to be donning hardhats any day now for the groundbreaking of the new Phillips Aquatics Center. If you’ve been holding your breath, you can exhale now. The Minneapolis Park and Recreation Board (MPRB) is not quite there yet.

The New, Real Timeline

Final plans should be complete soon, with few changes and much care given to all of the feedback gathered from the public. By early September, the project will be out to bid. Once all bids are in, a contractor will be selected and approved by the MPRB. To stay in compliance with our state bond money, construction must be underway before December 31, 2016!

The Phillips Aquatics Center should be complete before the end of 2017.

The MPRB has assured me that this timeline will be met. Given that both private and public funds are contingent on this, I am confident that they will meet this new schedule.

On March 29, Rep. Karen Clark introduced HB 3684, extending

the deadline on the \$1,750,000 aforementioned state bond money until December 31, 2018. This was not at the request or knowledge of either MPRB or Minneapolis Swims, but probably just Rep. Clark playing it safe. Rep. Clark was not available to comment on this.

The Pool is Making Waves

It was just over nine months ago that the Minneapolis Public Schools (MPS) Board, with the blessing of Interim Superintendent Michael Goar, not only voted to re-affirm its commitment to contribute annual operating dollars for a 5-year period, but also announced that they would make a \$1,750,000 capital contribution to the MPRB to be used toward the construction of the Phillips Aquatics Center. Their only request was to work together to establish a memorandum of understanding (MOU), outlining how this partnership would work.

Nine months later, a four-page document has emerged! <https://goo.gl/kdZVfi>

As you might expect, the MOU calls on the MPRB to come up with a specific plan for providing swim lessons at the Phillips Aquatics Center:

“By October 31, 2017 the MPRB will present plans for the establishment of a “City Swims” program with multiple partners to promote swimming lessons and classes led by professional staff and certified lifeguards for all Minneapolis children. MPS agrees to actively participate in the planning and implementation of the initiative through access to MPS swimming pool facilities, as well as academic, athletics and operations staff leadership. Both organizations mutually recognize and share responsibility for financial development and success of the “City Swims” program. The “City Swims” initiative will be operational by February 15, 2018 contingent on the opening of the planned “Phillips Aquatic Center.”

What is most interesting, however, is the scope of collaboration this MOU encompasses, calling for the formation of a volunteer citywide advisory group called “Minneapolis Youth Sports Association” (MYSA). MYSA will exist under the equally shared authority of MPS and MPRB, and will advise them on providing opportunities for youth in the City of Minneapolis to participate in athletic programs of all types. The group will be led by the MPS director of athletics and the MPRB’s assistant superintendent of recreation.

The plan is then to have MYSA oversee 17 different sport-specific “commissions” made up of MPS & MPRB staff, students, coaches and parents from the community.

Dr. Stephen Flisk, Deputy Chief of Schools, and Trent Tucker, Director of Athletics, presented the MOU to the MPS Board of Education at its regular meeting on April 12. A copy of the presentation is available at <https://goo.gl/XnVuQP>. A motion to adapt the MOU was introduced, and will be voted on at the next board meeting. A copy of the motion can be seen at <https://goo.gl/va4ZCA>

So far, the MPRB has not addressed the proposed MOU at the board level.

For anyone currently involved in youth sports, the thought of MPS and MPRB working as one



-- in terms of field and facility scheduling, thinking proactively about your specific sport, and making sure that resources are fairly and equitably distributed -- is a dream. It seems the ripples from our pool are starting to make some interesting waves!

Kudos for Minneapolis Swims & the Phillips Aquatics Center

In February of this year, Minnesota Commissioner of Education, Brenda Cassellius, Ed. D., delivered a report titled, “Existing Resources and Best Practices Available for Swimming Instruction in Minnesota Public Schools”.

To stay in compliance with the Laws of Minnesota 2015, chapter 3, article 2, section 66(b), the commissioner of Education “must establish a work group of interested stakeholders, including the commissioner or commissioner’s designee, the commissioner of Health or the commissioner’s designee, and representatives of K-12 physical education teachers, K-12 school administrators, the Minnesota School Board Association, nonprofit fitness and recreational organizations, public parks and recreation departments, and other stakeholders, including community members underserved and disproportionately impacted by the current distribution of swimming resources, interested in swimming instruction and activities identified by the commissioner of education, to determine and report to the education committees of the legislature by February 1, 2016, on the curriculum, resources, personnel, and other costs needed to make swimming instruction available in all Minnesota public schools for children beginning at an early age. The work group must consider the substance of the report under para-

graph (a) in preparing its report.”

A copy of the report can be found here <http://goo.gl/NeESXW>

Their conclusion is that while it may be cost-prohibitive to build pools for every district in the state, collaborative partnerships between the schools and community organizations should be encouraged and incited, and that swimming instruction should be expanded to include drowning prevention as a way to reach more children.

Bob Crunstedt is Executive Director for Minnesota Swimming, the governing body of most non-high school competitive swim events, and was a member of the work group. He had this to say about the Phillips Aquatics Center and Minneapolis Swims:

“As a member of the swimming instruction work group gathered by the Minnesota Department of Education, the Phillips Aquatics Center is a terrific example of a partnership that will help bring swimming instruction to children in Minnesota schools. As I see it, based on our research and recommendations to the State, Minneapolis Swims, a 501(c)3, has put together a capital collaboration made up of State, County, School, Park, Foundation and Individual donations to open a facility to be run and owned by the Parks. It will be utilized by the schools, located in the center of a community with a great need for outreach, and designed to be a learn-to-swim facility with 10 lanes. Moreover, not just for school children but all members of the community as well.”

Denny Bennett is President of Minneapolis swims

celebrating 95 years in 2016!

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ANNUAL SPRING SALE!

APRIL 30 – MAY 7

WWW.INGEBRETSENS.COM

1601 EAST LAKE STREET
MPLS, MN 55407
P. 612.729.9333

Minneapolis Police Dept.
3rd Precinct
Open House

DATE: Wednesday, May 18, 2016
LOCATION: E. Lake St. & Minnehaha Ave.
TIME: 11 AM – 2 PM

Stop By and Visit

Information – Displays – Refreshments

- Bomb Squad
- Canine Officer
- Crime Prevention Specialists
- Community Response Team
- and Other Community Partners
- Fire Department
- Mounted Patrol
- Sheriffs Water Patrol
- SWAT Team

Rave and/or Save Burma-Shave Burma Shave Vine Church History Sidewalk Rally

May 7th 2 PM • 2019 East Lake Street

BY STEVE SANDBERG

Happy May Day and thanks again for your support for the interesting history of the building at 2019 East Lake Street where Burma Shave began.

We are getting closer to the day when we can gain access to the building and under the guidance of the Preservation Alliance of Minnesota (PAM), begin an official historic survey.

In pursuance of this goal we are hosting a Sidewalk Rally at 2 pm on Saturday May 7th at the site of the building, 2019 E. Lake Street.

We will have music, costumed dignitaries, celebrity judges for

jingle writing and clean shave competitions. We think we have located a descendant of one of the horses that helped move the building in 1892 who will be present to answer your questions.

This will all be done to publicize the rich history of this site and to raise money for the historic survey.

PAM has agreed to be the fiscal agent, and please go to www.pam.org and make a tax deductible contribution to the special fund set up for the Burma Shave History Vine Church Project, and we’ll see you all at 2pm on May 7th for the Sidewalk Rally!

ALLEY ALLIES
Save this Date!...
June 17 from 5 PM to 7:30 PM
Alley Communications, Publisher of The Alley Newspaper, will host a gathering of its most dedicated loyalists, writers, advocates, and contributors to talk about what does
“What community ownership means and how does it bear on the future of The Alley?”
(Location to be determined)



VENTURA VILLAGE NEIGHBORHOOD NEWS

MAY 2016

VOLUME 5
NUMBER 5

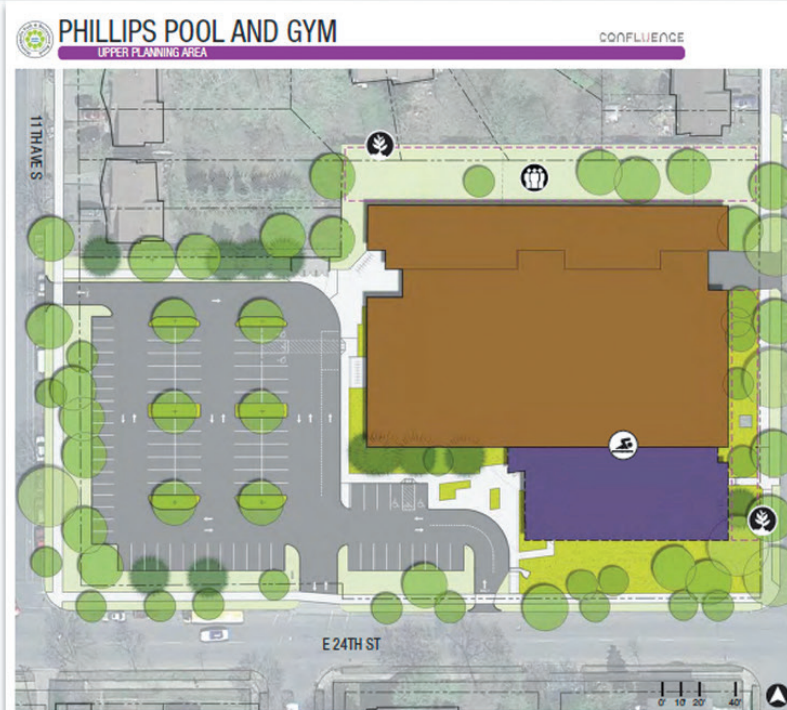
MAY 13TH GENERAL MEMBERSHIP MEETING @ 7:00 PM

MPRB Reveals Phillips Community Center Facility Grounds Redevelopment Plans

Not too many years ago, 2008 to be exact, the Minneapolis Parks and Recreation Board had largely given up on the Phillips Pool & Gym, which had been home to a Boys and Girls Club and YWCA Day Care for the nearly twenty years. With great reluctance and Phillips Community's pressure, the MPRB coughed up more than \$1.5 million to address previous failures to maintain the building, but unfortunately the swimming pool could not be included in that re-opening effort. With assistance of tenants like Pillsbury United's Waite House, Running Wolf Fitness Center and Ventura Village, the Park Board was able to lease excess space so the building could cash flow while providing needed recreational services. The building re-opened in 2011 and has been heavily used ever since. Now with five years of operating experience under its belt with the cooperative assistance of long-term tenants, redevelopment plans are ready to implement.

Most significant is the re-development of the current pool with an additional "teaching" warm water pool that is expected to be completed in mid-2017. *In the future, Ventura Village will assist in development of a spa or "hot tub" for sore joints and muscles.* This development will change the landscape by pushing parking from the south side of the building toward the west, with a new bus loading zone. The three major entrances on the east, west and south are expected to be consolidated into one located at the south end to accommodate the swimming pool entrance area as well. Entering the parking lot will also be moved to an access point on Eleventh Avenue.

The north side of the building has been mostly ignored for the past few years, but will be recreated into a quieter, more isolated area for community gatherings. Ventura Village has secured a \$25,000 grant and pledged another \$10,000 for a few of the improvements including a venue for bocce ball or art fairs and smaller public gatherings. Waite House plans to incorporate the outdoor area adjacent to their leased space to construct a larger children's play area that will complement the outdoor development planned by Ventura Village serving adults and families. This will enable parents to enjoy several activities and still watch their children at play. All of these improvements will lead to a more vital community center.



PROPOSED FACILITIES

Instalaciones recomendadas para este parque
Hagah lahu soo tale jeejedy

UPDATE EXISTING

Las instalaciones existentes que deben ser actualizadas
Caariyeyta wixii how u jiny

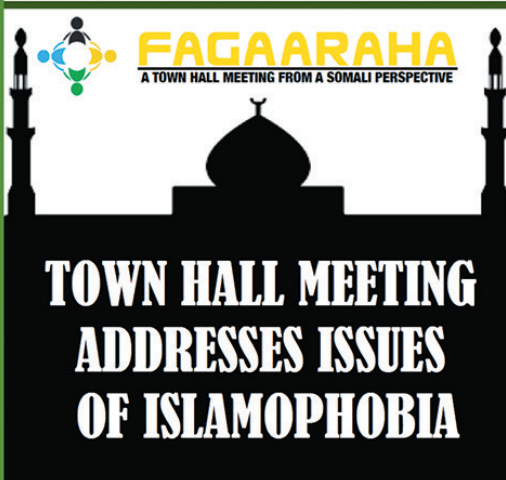
Indoor Swimming Pool
Piscina de interior
Barkadda dabasha

NEW/ ADDED

Nuevas instalaciones
Caariyeyta dany

Outdoor Gathering Space
Área abierta para la reunión de la comunidad / o picnic
Meelaha dibadda ee lagu kulmo

Urban Agriculture Area
La agricultura urbana
Boorta magaalada



More than 65 people joined their neighbors in attending an April 5th Town Hall Meeting to talk about their response to political candidates calling for police patrolling and surveilling Muslim neighborhoods. With a large percentage of Ventura Village residents being of Muslim religious affiliations, neighbors were able to express concerns with several elected officials and with members of the Minneapolis Police Department. Officers speaking for the Department indicated that such orders would be considered "unconstitutional" and be refused. Members of the Somali-American Police Officers Assn. attended and spoke out regarding

the insightful political rhetoric from several political campaigns. Abdullahi Sheikh, one of the participants posted a note saying, "Islamophobia is a new stereotype driven by prejudice & discrimination, hate against law-

abiding Muslim citizens and non-citizens... We must reject this now and forever against every community faith."



NEXT VENTURA VILLAGE MONTHLY MEETINGS:

- APRIL 28th: HOUSING & LAND COMMITTEE: 5:30 PM
- APRIL 28th CRIME & SAFETY COMMITTEE: 6:30 PM
- MAY WELLNESS, GARDENING & GREENING COMMITTEE: TBA
- MAY COMMUNITY ENGAGEMENT COMMITTEE: TBA
- MAY 13th: BOARD OF DIRECTORS MEETING: 6:00 PM
- MAY 13th: GENERAL MEMBERSHIP MEETING: 7:00 PM



Ventura Village is located upstairs in the Phillips Community Center at 2323 - 11th Avenue South • Minneapolis • 612-874-9070

"The Embrace of the Serpent"

"Hail Caesar"



"The Embrace of the Serpent"
Colombian
★★★★★
2015
Adventure/Drama/History
Not Rated

"The Embrace of the Serpent" is filmed in black and white (except for a few emblazon moments), a film that takes us to the Amazon with haunting, remoteness and mysterious pace. Director **Ciro Guerra's** film is unique in every sense of the word, in the sense he depicts genocide of indigenous peoples of North and South America through the eyes of an indigenous person rarely done by Western filmmakers.

The film's first character is shaman **Karamakate** (as a young man played by **Nilbio Torres**) comes across a sick German ethnographer named **Theodor Koch-Grunberg** (**Jan Bijvoet**) looking for **yakruna**, a plant said to have healing powers, and **Karamakate** may be the only one that knows where it is. This is in 1909, at a time European industrialists and missionaries, wittingly or unwittingly, are destroying the forests by cutting trees for rubber or forcing religion down the throats of the local people. **Karamakate** doesn't trust the whites but soon becomes the guide for **Theodor** along with western dressed guide named **Manduca** (**Yauenkil Migea**). All three men in a canoe go down the Amazon River, which at times is treacherous. Fast forward, circa,1940, another white man, this time an American botanist **Brionne Davis**)



HOWARD MCQUITTER II
Movie Corner
Howardsmoviecorner.com

howardmcquitter68@gmail.com

is in the same area, along the Columbian-Brazilian border, again **Karamakate** (the older played by **Antonio Bolivar**) becomes the guide going down the same river looking for **yakruna**.

Guerra and cinematographer **David Gallego** could hardly have done a more eloquent film where white foreigners brought havoc on the pristine forests and the people as well. The land is sacred and is not to be unnecessarily butchered or disturbed by cormorants.

"The Embrace of the Serpent" is nominated for Best Foreign Language Film for 2016.

Cast: **Nes** (Young **ilbio Torr Karamakate**), **Jan Bijvoet** (**Theodor Koch-Grunberg**), **Yaramakate Migue** (**Manduca**), **Brionne Davis** (**Richard Evans Schultz**), **Antonio Bolivar** (older **Karamakate**). Running time:125 minutes. Director: **Ciro Guerra**.



"Hail Caesar"
★★★★
Comedy/Mystery
PG13

Our beloved Minneapolis (St. Louis Park, exactly) native directors, brothers **Joel and Ethan Coen**, bring forth "Hail, Caesar!", another off-the-wall comedy, screwy, boisterous similar to their other comedies "The Big Lebowski"(1997), "O Brother, Where, "Burn After Reading" (2008).

Like an old-school western, the Coens' "Hail, Caesar!" "rewinds the clock back to the Hollywood of the 1950s. What "Hail, Caesar!" does for me—at least—in the nostalgic sense, when I was a boy sitting in a theater (one screen) watching the fullness of CinemaScope, the new larger than life invention in 1953. There's a lot here that more than meets the eye, I mean, in "Hail, Caesar!", especially for a baby boomer like myself.

To start off, **Eddie Mannix** (**Josh Brolin**) is the head of Capitol Studios with his loaded hands of keeping a struggling studio going and helping actors out of difficult situations. He's a devote Catholic and he's willing to take his "transgressions" to the confessional box when sees something he's guilty about. **Brolin's** studio mirrors **MGM** and his character name is from a real person.

Laurence Laurentz Ralph Fiennes, director-producer (echoes **Mervyn LeRoy**, director-producer, 1900-1987), a perfectionist making one of his cast members **Hobie Doyle** (**Aden Ehreich**) speak like an upper-

class person on set.

The most charming of all is **Baird Whitlock** (**George Clooney**) cast to play a Roman centurion in a Biblical epic (liken to **Mervyn LeRoy's** 1951 "Quo Vadis), but is kidnapped by a Communist group. **Mannix**, at first, thinks his marquee actor **Baird** is on one of his benders.

Mannix has another dilemma with an unmarried and pregnant aquatic actress **Dee Ann Moran** (**Scarlett Johansson**), more than a coincidence she mirrors **Estelle** (and more subtle and lesser known story **Loretta Young**).

The song and dance routine led by **Burt Gurney Channing Tatum**) and other sailors is a tribute to **Gene Kelly** and **Frank Sinatra** in "On the Town"(1949) and "Anchors Aweigh"(1945).

Last but not least, the Hollywood gossip columnist **Thora Thacker** (**Tilda Swinton**) always showing up to write about the latest (or not so late) gossip about **Tinseltown**, her main target **Baird** on an alleged scandal of the past. I didn't find "Hail, Caesar!" "flat or boring; I am pleased with the film.

Cast: **Josh Brolin** (**Eddie Mannix**), **George Clooney** (**Baird Whitlock**), **Tilda Swinton** (**Thora Thacker**), **Ralph Fiennes** (**Laurence Laurentz**), **Jonah Hill** (**Joseph Silverman**), **Frances McDormand** (**C.C. Calhoun**), **Channing Tatum** (**Burt Gurney**), **Alden Ehreich** (**Hobie Doyle**), **Scarlett Johansson** (**Dee Anna Moran**). Directors: **Ethan and Joel Coen**. Running time: 105 minutes.

Are you

interested in

becoming a real

estate developer

in the City of

Minneapolis?

The City of Minneapolis is hosting a Small Developers 101 Training to promote the development of women and minority-owned small developers. This introductory course will provide participants with awareness of (but not necessarily competence in) the basic tools used in considering a development project. **The training will have three main objectives:**

- To build capacity and diversify the pool of developers in Minneapolis.
- To educate new and inexperienced small developers in risk management and the real estate development process.
- To educate decision makers, community partners and City staff on the importance of developer capacity/experience in the evaluation of development proposals.

Who should attend this training? The training is targeting, but is not limited to, the following audiences:

- Small developers with no or limited experience,
- Businesses or nonprofits considering being an owner-occupant (and maybe also renting out some space),
- Parties seeking to make a living from development (commercial and/or housing) including women and minority-owned businesses, and
- Neighborhood groups, decision makers, City staff, and foundations seeking to understand how real estate projects work.

For more information: <http://www.incrementaldevelopment.org/minneapolis>
Apply by May 1, 2016!

"Purple Rain" and

Celebration

Sabathani
Community
Center
310 East 38th
St. Mpls 55409
Saturday April
30th
1:00 pm until
6:00pm



Event will feature local musicians. Our DJ Mr. Ray Seville!!!!
Free Open to the Public. Bring something PURPLE to SHARE!
Sponsors: Sabathani Community Center, KMOJ-FM, Seward Community Co-op, MADD DADs, Councilperson Elizabeth Glidden, Pillsbury United Communities, and many others! If you want to sponsor, perform or contribute - call or text 612-807-8134
Sabathani Community Center is hosting Free nightly showings of "Purple Rain" at 6 p.m. Monday through Friday. The community center is housed in the same building as Bryant Junior High School, where Prince attended. The community center is providing free popcorn for guests.

Phoenix Deadline May 30th

This is My Story

BY PATRICK CABELLO HANSEL

The third issue of *The Phoenix of Phillips*, our local literary magazine, will be published early this summer. The theme is "This is My Story". We are looking for poems and reflections that tell your story, big or small: who you are, how you came to be in Phillips, what your hopes are for

our neighborhood. Anyone who lives or works in Phillips, of any age and any ability are invited to submit. Deadline is May 30. E-mail your work to stpaulscreate@gmail.com, or mail it to: The Phoenix of Phillips, c/o St. Paul's Lutheran Church, 2742 15th Ave. S. Minneapolis, MN 55407



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At 11th and Franklin, Marie Sandvik Center, a Christ-centered mission, exists to meet spiritual and physical needs of anyone.

FOR ADULTS:
After a chapel service, guests may receive a hot meal, clothing, hygiene products and a blanket. (See schedule on right.)

KIDS' MINISTRY!
-Saturdays - 11am-1pm
-Thursdays - 5:30-7:30pm
Children in K- 8th grades are welcome to attend. Hot meal, discipleship, fun activities, new friends and ride provided.
(Call for more info)

FURNITURE:
Individuals in need may call to inquire about free furniture:
651-468-9741

ALL ARE WELCOME!

Sunday nights
4pm Bible study
*6pm Chapel
7pm Meal, men's clothes

Tuesday nights
5pm Set Free (12 Step)
*7pm Chapel
8pm Meal, women's clothes

Friday nights
3pm Christian movies
5pm Bible study
*7pm Chapel
8pm Meal, men's clothes

Thursday afternoons
12pm Quilt & layette sign-ups
Christian movie
Child care for those in attendance

*1pm Ladies' Day Chapel
2pm Meal, women's, infants' & Children's clothing

(* Guests must arrive by time noted)

1112 East Franklin Avenue, Minneapolis, MN 55404

612-870-9617 www.MarieSandvikCenter.org

10

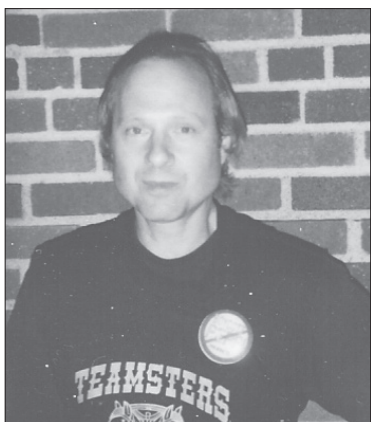
The Alley Newspaper • May 2016

Living With Cave Bear

Ursus spelaeus (Cave Bear) emerged one million years ago, coexisted with *Homo neanderthalensis* for 300,000 years, then went extinct in the period of *Homo sapien* ascendancy. Cave Bear was a big vegetarian. In those Ice Age winters, he and his kind occupied in masse the great caves of Europe. There, they would hibernate. Who doubts that our own brethren and Cave Bear coexisted as cohabitants of the cave?

Neanderthal man had entered the scene, spear of Africa in hand. Nonetheless, necessity and fear imposed a powerful tension. We soon learned, however, that Cave Bear had come to sleep, and after all, would prefer not to mess with us. So then we, with our fire and spears, held the raiding hyenas at bay, while the old bears, which had come to sleep forever, provided a ton of meat.

Enter the dark cave...



PETER MOLENAAR
Raise Your Voice

In the future, from what steady source will we augment the grid to prevent the chaos of electrical blackouts?

Note: Many of our climate crisis activists have, in part, made careers in opposition to nuclear power, whereas I knew long ago that coal-fired plants are far more

ruinous.

From napped stone and pointed stick, evolved the hafted spear, i.e., the first compound tool...

Brilliant nuclear scientists and engineers have advanced conceptions for "3rd and 4th generation" power plants. I do not doubt the integrity of their labor. But woe unto me for suggesting that our activists take a deeper look.

They tell me: Nuclear experts work for Corporate-America, therefore, we cannot trust any of them. Forgive me. Corporate-America is merely a shell to be dissolved away by our socialist revolution. This shell contains both good and bad. That which is good will be retained.

Then, so deeply painful, was the accusation of racism, on the grounds that a nuclear future would violate Navaho land. Firstly, dear people, I suggest we source our energy from the dismantling of our nuclear arsenal. Secondly, should we fail to

resolve the energy question, what measure of genocide would the fascist element commence?

And then...

Homo sapiens arrived with their dogs. The many skulls of Cave Bear hung to the wall, while the glowing torch shown the magical paintings of returning herds. This too was good, for many thousands

of years.

Truth to tell, just as sure as the clay deposits from eroded granite were the template of organic molecular formation, the background radiation, which exists everywhere on this planet, fostered the evolution of conscious beings. Now, we must master this force.

MAY DAY CARTOON COLORING CONTEST

To Enter Contest

- Color this Cartoon by Dave Moore
- Submit by U.S. Mail postmarked no later than May 25, 2016 to

The Alley P.O. Box 7006 / Mpls., MN 55407.

Winner will be announced at

Cinema at the Cemetery May 28th 7 PM before the Buster Keaton Movie

1st Prize \$50. And Pkg. of 26 Spirit of Phillips Greeting cards.

2nd Prize \$25 & 10 Spirit of Phillips Greeting cards.

All entries receive 5 Spirit of Phillips Greeting Cards

All submissions become the property of Alley Communications





BACKYARD INITIATIVE BACK PAGE



BYI AREA

LOOK! Just Half of the BACKYARD INITIATIVE Activities in April!!!

A partial sampling of the activities hosted by the leaders and members of the BYI Community Health Action Teams (CHATs). There is so much happening, there was not even room to list all of it!

Growing the Backyard

*MIDTOWN GLOBAL MARKET; *SABATHANI-Central Neighborhood; *WAITE HOUSE; *EAST PHILLIPS CULTURAL COMMUNITY CENTER-East Phillips

- Community Engagement Survey:** Get feedback from community through survey to develop training to increase growers and farmers. (6 times)
- Value Add to the Food System/Skill Share:** Recruit and train participants for food pro-



Susan Gust

- duction for markets. (6 times)
- Recruiting and Seed Give-Away:** Talking with people in the community who farm or are interested in farming. (5 times)

Rebirthing Community – Communities of Light (COL)

*MIDTOWN GLOBAL MARKET, *AVALON THEATRE-Midtown Phillips Neighborhood

- *AUGSBURG COLLEGE-ArtUS
- Solar Lantern Workshop:** Build icosahedrons – teach self-sufficiency (5 times)
 - Solar Generator Workshop:** Hands on learning to build stand alone solar generators (5 times) **Solar Lantern Decorating Workshop:** Decorating Icosahedrons with community members (3 times)
 - COL Co-op Meeting:** Build capacity with COL co-op members (4 times)
 - COL Business Development:** Build capacity



dee henry williams

- of self-sufficiency (4 times)
- Community Tabling:** Offer information regarding BYI and COL (5times)
 - COL CHAT Consultation:** Build BYI CHAT capacity

Out in the Backyard

*CANDO - Central Neighborhood
*POWDERHORN PARK COMMUNITY CENTER-Powderhorn Park Neighborhood
*EAST PHILLIPS CULTURAL COMMUNITY CENTER-East Phillips Neighborhood
*PRIVATE RESIDENCE-Standish Neighborhood



Janet Dahlgren

- Pilates:** A system of exercises that improves flexibility, builds strength, and develops control and endurance in the entire body. (4 times)
- Zumba:** A dance fitness program originally created by a Columbian dancer that involves dance and aerobic elements and incorporates hip-hop, soca, samba, salsa, merengue and mambo. (8 times)

- Yoga:** An ancient East Indian practice that combines physical exercises, mental meditation, and breathing techniques. It strengthens the muscles and relieves stress. (12 times)
- Bollywood Dance:** A style of dancing based on Indian classical dance and folk dances from various parts of India and incorporating elements from the West. (1 time)
- Community Potluck** (1 time)

Latino Health Begins at Home

JENNY'S BEAUTY SALON: Midtown Phillips Group Trainings on Internal/Home

Environmental Hazards: Met with groups of 15-25 individuals to dispel myths and demonstrate common household products which can be used to clean their homes without a negative impact on their health. These safe alternatives can be used without compromising cleanliness. We also conduct a lottery or drawing system in which 1-2 individuals, based on group size, are selected to have their home audited and cleaned by a team of experts (Fridays)

IN PRIVATE HOMES

- Train the Trainer:** The lottery winners shadow us and learn: how to conduct a home audit; potential health hazards; and how to clean the kitchen and other parts of the home using products that are deemed safer and less hazardous to the user's and their family's health. (2 times)
- Home Audit and House Cleaning:** Home



Susan Gust

audits to identify all the hazards in the home, do specific presentations on hazardous materials and the health risk associated with the products. The kitchen is then cleaned: stove-top, oven, refrigerator, microwave, countertops, walls, floors, tables, sinks-the entire kitchen and all surfaces. When the kitchen is cleaned, we teach the winner how to mix nonhazardous cleaning products that we used to clean their home. In people's homes (4 times)

Teens Project

*MIDTOWN GLOBAL MARKET
*CULTURAL WELLNESS CENTER

- There is Talent in the Backyard...** Featuring the Talents of Teens and Young Adults from the designated Backyard geographical area: Teens and young adults will come and showcase their talents through spoken word, singing, dancing, rapping, and poetry (no profanity).
- Tabling:** Awareness as we co-create a healthy drink environment at the Midtown Global Market in partnership with the BYI Informational resource Center and the Minneapolis Health Department. (1 time)



Roberta Barnes

- Door Hangings:** Awareness of childhood lead poisoning, in partnership with the BYI informational Resource Center and the Minneapolis Health Department (2 times)

SUMMARY: Numbers of CHAT Activities for January – April 2016

	January		February		March		April	
	Activities	Times	Activities	Times	Activities	Times	Activities	Times
Anchor Families	7	140	7	158	11 (*2)	132	9	135
APOD	3	17	2	15	3	20	3 (*1)	17
Circle of Healing	0	0	1	1	*1	1	2 (*2)	2
Growing the Backyard	1	6	1	6	3 (*2)	16	2	13
Latino Health Begins at Home	3	13	3	14	3	15	3	11
Out in the Backyard	5	26	5	26	5	29	5	26
Project SELF	2	7	3	12	3 (*1)	11	2	14
Rebirthing Community	6	13	7	18	7	24	6	26
T.E.E.N.S Project	1	1	1	4	2	5	3 (*2)	4
Totals	28	218	31	251	38	254	34	248

* Number of activities offered the 1st Time This Year

All Backyard Initiative CHAT activities are organized around these four Health Priorities

- Social Cohesion:** The sense of community and belonging that community members have. Community members feel they live in a place where people trust and respect each other and have a sense of responsibility to take care of each other.
- Social Support:** The support that a community member receives from and gives to the community members around them, including emotional and spiritual support, help with daily needs and crises, and the sharing of advice, information, and feedback.
- Health Education:** The degree to which community members and their families have the capacity to obtain, process, and understand basic information and services needed to make appropriate decisions regarding their health. This includes information about what is essential to health (the importance of the family, community, spirituality, the environment, culture, food, sleep, and movement) as well as the medical information needed to address a specific health condition.
- Health Empowerment:** Community members are active participants in their self-care, and have the knowledge, skill, and confidence to manage their health and health care and collaborate with health practitioners.

For more information about the Backyard Initiative, visit the BYI Resource Center on south edge of the Midtown Global Market or call 612-353-6211



facebook.com/outinthebackyard
Out in the Backyard helps lesbian, gay, bisexual, transgender and queer people (LGBTQ) to counter isolation by connecting to each other and community resources. Join us for FREE fitness classes!

part of The Backyard Initiative
All classes are FREE!

*Powderhorn Park
3400 15th Ave. S.
MPLS

*CANDO
3736 Chicago Ave. S.
MPLS

*East Phillips
2307 17th Ave. S.
MPLS

Out in the Backyard							MAY 2016
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 Pilates - 10am CANDO	2 Zumba - 6:30pm Powderhorn	3 Yoga - 6:30pm East Phillips	4 Zumba - 6:30pm Powderhorn	5 Yoga - 6:30pm CANDO	6	7 Yoga - 10am Powderhorn	
8 Pilates - 10am CANDO	9 Zumba - 6:30pm Powderhorn	10 Yoga - 6:30pm East Phillips	11 Zumba - 6:30pm Powderhorn	12 Yoga - 6:30pm CANDO	13	14 Yoga - 10am Powderhorn	
15 Pilates - 10am CANDO	16 Zumba - 6:30pm Powderhorn	17 Yoga - 6:30pm East Phillips	18 Zumba - 6:30pm Powderhorn	19 Yoga - 6:30pm CANDO	20	21 Yoga - 10am Powderhorn	
22 Pilates - 10am CANDO	23 Zumba - 6:30pm Powderhorn	24 Yoga - 6:30pm East Phillips Bollywood Dance 7:00pm CANDO	25 Zumba - 6:30pm Powderhorn	26 Yoga - 6:30pm CANDO	27	28 Yoga - 10am Powderhorn	
29 Pilates - 10am CANDO	30 Zumba - 6:30pm Powderhorn	31 Yoga - 6:30pm East Phillips	*classes/events schedule subject to change - check our Facebook page for updates*				
*Thursday, 5/12 - Community Potluck Dinner (all welcome!) • 7pm @ 3844 21st Ave. S., MPLS				*Thursday, 5/19 - ALL Chat meeting • 5-7pm @ PPL, East Franklin Avenue, MPLS			