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the

# Alley

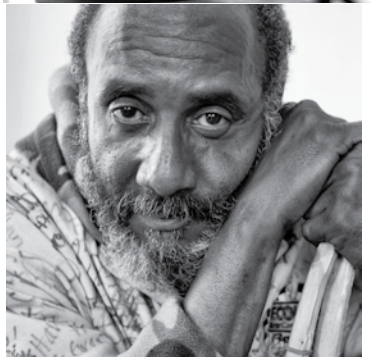
## NEWSPAPER

NEWS & VIEWS OF PHILLIPS SINCE 1976  
NOVEMBER 2011 • VOLUME 36, NUMBER 11

The Alley Online!  
[www.alleynews.org](http://www.alleynews.org)



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**A Peace of My  
Mind. John Noltner,  
Photographer /  
Author**

[www.apeaceofmymind.net](http://www.apeaceofmymind.net)  
[john@apeaceofmymind.net](mailto:john@apeaceofmymind.net)  
More info on pg. 3.

# Wendell Phillips HUMANITY'S HERO

*"We came into this world to give  
truth a little jog onward and to help  
our neighbor's rights."*

**...Wendell Phillips 1811-1884**

**200th Birthday Party for Phillips in Phillips**

**Circle this  
Date!**

11-11-11

**see pg. 5 for  
more details**

**Why is the Phillips  
Neighborhood Named  
"Phillips?" Why Should We  
Care? 11-11-11**

BY JIM STEWART

In the September Alley Newspaper we learned that our neighborhood was named after Wendell Phillips, a spectacular, inspiring fighter for social, economic and racial justice who lived in Boston over 150 years ago. (1811-1884)

We learned that he hated slavery and racism, fought for workers' rights, demanded equality for women and insisted that Native Peoples be left to live peacefully in their own lands.

We learned that he was incredibly rich, but gave away his fortune to people seeking justice and equality. We learned that he was a fabulous public speaker who developed a huge influence on public opinion to finally abolish slavery and advance the rights of people of color.

How right it is that the part of Minneapolis that is the least wealthy, that contains the most people of color, that suffers most from multiple discrimination and that is most exploited economically is named after this guy! He is our historical champion—He is our inspiring gift from the past!

• Here are some of the injustices that Wendell Phillips spoke out against:

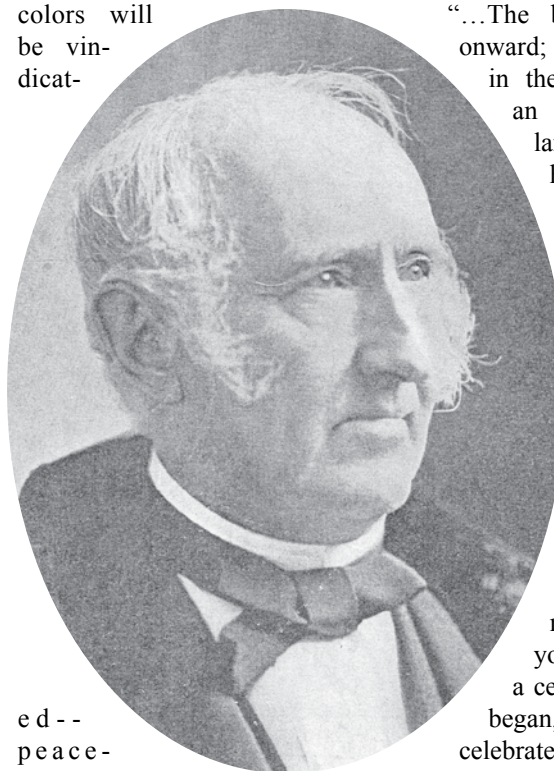
- Federal laws that excluded Asian people from immigrating to the United States.
- Racist politicians in Boston who forced African American children to attend inferior, segregated schools.
- Wealthy business interests who (over)worked their employees 12 hours a day, six days a week.
- U.S military expeditions against the Native people of Minnesota and the Dakotas.
- Racist politicians in Massachusetts who passed laws prohibiting people of different skin colors from marrying.
- White Americans who owned, bought, sold and abused 4,000,000 black people before the Civil War (1861-65).

**Here are the kinds of things  
Wendell Phillips became famous  
for saying:**

- "Write on my gravestone: 'Infidel, Traitor.'", infidel to every church that compromises with wrong; traitor to every government that oppresses the people."
- "Governments exist to protect the rights of minorities. The loved and the rich need no protection: they have many friends and few enemies."
- "The Labor movement is the noble protest of the American

people against incorporated wealth."

- "The rights of the poor and of those of darker colors will be vindicated—



ed --  
peace-  
fully if pos-  
sible-- but with  
justice however it's done."

What a powerful spokesman for the citizens of the Phillips Neighborhood today!!!—Come celebrate his 200th birthday with us!! November 11!!

**"To Catch  
the Glow"\***

BY WENDELL PHILLIPS STAFFORD,  
Associate Justice of the Supreme Court  
of the District of Columbia, from 1911  
Centennial Speech

"...Not many men deserve to be remembered on their hundredth birthday; but Wendell Phillips's second centennial may be better observed than his first. ..."

"...The battle has moved onward; there are fighters in the field. It is not an hour for curse or lamentation. It is an hour for consecration of knighthood, for vigil, and for vow. We do not come to praise you, Wendell Phillips; you have received already your eternal great reward. We have come to catch the glow of your great spirit and resolve to make our lives like yours. Here, where a century ago your life began, we are gathered to celebrate your coming with

deep thanksgiving and with solemn joy, pledging ourselves anew to the grand purpose to which your life was devoted—a war against all oppression, for the liberty of all!"  
\* Excerpts of 30 Pg speech Nov.28th at Park St. Church, Boston



# the Alley NEWSPAPER

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"We came into this world to give truth a little jog onward and to help our neighbors rights"

**Ann Greene Phillips (18...-1885)**

**Wendell Phillips (1811-1884)**

"The bigger the information media, the less courage and freedom they allow. Bigness means weakness."

**Eric Sevareid, "The Press and the People," television program, 1959**

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**Bulk Delivery:** Lyle James Delivery 250 Apartments, Businesses, Places of Worship, and Organizations; this issue is having volunteers delivering many blocks of these neighborhoods Ventura Village, Phillips West, Midtown Phillips, East Phillips, Central, Powderhorn Park, and Corcoran; and the usual spots in Longfellow, Cooper, Cedar-Riverside, Elliott Park, Whittier, and Lyndale.

**Circulation: 10,000 hard copies and online.**

**December Alley  
Deadline:  
November 15**

The Alley Newspaper  
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**Give. And light a fire under inequality.**  
www.changeisbetter.com  
651-647-0440

## Phillips What Where



**October's Answer to Phillips What Where Contest (below)**

The October Phillips What Where had no winners in spite of there being an article about this ornate planter along with the mosaic mural at Welna Hdwe. On Bloomington Ave. and 24th Street.

**November Phillips What Where Contest (Above)**

Call or e-mail us and Correctly tell WHAT and WHERE of this photo and we will enter your name in a drawing for a \$10. Gift Certificate at Welna Hdwe. On Bloomington Ave. and 24th Street.





**Lake Street Council**  
Engage-Serve-Represent

**15th Annual Fundraiser**  
Wine & Beer Tasting and Silent Auction

**Tickets: \$25 for members or \$30 if you're not yet**

**Bid on awesome auction items while enjoying music, sampling wine and authentic Mexican food!**

**Thursday, November 17th**  
**5:30-8:00 PM**  
**El Nuevo Rodeo**  
**3003 27th Avenue S.**  
**Parking in US Bank lot across Lake Street**

For More Information, Tickets or to Donate Auction Items  
Contact: 612-822-0232  
Order tickets online at [www.lakestreetcouncil.org](http://www.lakestreetcouncil.org)

## Powderhorn Empty Bowls

**BRING ART TO YOUR TABLE  
AND FOOD TO OUR COMMUNITY!**

We will serve an Empty Bowls meal of homemade soup and bread from 11 am–7 pm in the gym at the Park to raise money to feed those in our neighborhood who are hungry. The Turtle Oven will be back on site baking fresh bread for the event.

Choose a bowl you like, make a free will donation, enjoy a meal of homemade soup and bread, visit with your neighbors and leave with your bowl – now empty – a reminder that there are bowls in our neighborhood that need filling... and that you've done something good to help fill them.

### WE COULD USE YOUR HELP.

If you would like to volunteer on the day of the event, help us prepare soup, make and contribute bowls, or contribute printing services, money, or table cloths, please get in touch with us:

Contact Michael at [mziomko@umn.edu](mailto:mziomko@umn.edu) or 612.729.5742.

Thank you! **Powderhorn Park Building**  
35th Street & 15th Avenue  
South Minneapolis

**JOIN US!** November 4  
11am – 7pm

## A-POD and Guri Nabad Partnership Launches Unique Somali Diabetes Management Workshop and Meetups



BY ROBERT ALBEE

An October Saturday became one of those magic times that took more than two years to imagine and plan— yet just a few hours to implement! Ubah Keynan a diabetes nurse not long out of formal schooling herself, marveled to see a group of Somali women who had just met sharing their travails with diabetes so openly and passionately with a group of strangers.

For Dr. Faduma Addow, the only Somali psychiatrist in the United States and Emtea N. Osman, her Minneapolis sponsor and lifelong friend, a doorway has begun to open that someday in the future will lead to a Somali-American culturally-specific healthcare system. For them, this newly-launched comprehensive diabetes management program is just the beginning.

"A Partnership Of Diabetics (A-POD) is designed to open up those of us with this lifelong condition in a way that no clinic or hospital does. It's simply sharing between one diabetic with another diabetic. It's how we put people first in addressing the whole spectrum of our condition that makes us unique," says Robert Albee, A-POD's founder and longtime neighborhood activist. Through an introductory day-long workshop and follow-up weekly meetings, persons with diabetes have up to eighty-four annual hours of program contact instead of only an hour or two a year with one's health care team. Albee admits that he benefitted highly from the highly-publicized ACCORD study of diabetics he participated in through Hennepin County Medical Center and then the development of several patient-oriented programs at the Native American Community Clinic (NACC) that he helped get started a decade ago.

Saturday's event was designed for bilingual women, but instead most who showed up hardly spoke English beyond "Hello and Goodbye". But with four interpreters, two of whom are practicing Somali healthcare professionals, the group ignored most of the formal structure and almost immediately began speaking to one another about their diabetes and associated chronic and acute conditions.

One of A-POD's co-founders, Bridget Tierney, a Physician Assistant who has served in the

Middle East and in various hurricane and earthquake zones, was completely delighted by how quickly the Somali women began to tell stories and painful memories. "Everybody just opened up! They seemed so grateful that finally somebody was ready to listen, to take the time with them that reflected healing in the old ways and coupled it with the most modern diabetes management strategies available anywhere."

A Partnership Of Diabetics shares office space at the Phillips Community Center and will soon be hosting a series of workshops (POD-Tensives) and weekly meetups that will integrate with a whole range of wellness-related activities within the campus area at 2323 Eleventh Avenue, a Minneapolis Park Board building. For more than eighteen months A-POD has been developing its pilot program and is now launching its programs targeted to primarily serve persons living in the greater Phillips Community, (including adjacent neighborhoods), but anybody is welcome.

Sponsored by the Somali American Community, Guri Nabad's (House of Peace) mission is one of being pro-active, not reactive in how participants choose to address their health, wellness, education and security issues within the American-Somali cultural community.

An initial funding for A-POD and Guri Nabad comes from Allina Health System through the Backyard Initiative allowed both programs to begin implementation and additional funding to A-POD from Novo Nordisk, a Danish pharmaceutical firm has guaranteed cost-free participation for one hundred low income persons who cannot afford even the nominal costs associated with the program. For further information, contact Robert Albee at [ralbee4045@aol.com](mailto:ralbee4045@aol.com) or 612.812.2429 For Guri Nabad, contact Mahamed Cali at [calimahamed@gmail.com](mailto:calimahamed@gmail.com) or 612.978.7091.

**"Power, ability, influence, character, virtue, are only trusts with which to serve our time."  
...Wendell Phillips**



# November Programs at the Franklin Library

BY ERIN THOMASSON

## Children’s Programs

### Waxbarasho iyo Ciyaar

### Caruureed Af-Soomaali ah/

### Somali Play and Learn

Fri., Nov. 4 & 18, 10:30–11:30 a.m.

PreK-grade 1. Dhammaan caruurta ka yar da’ dugsi. Ka soo qaybgal sheekooyin caruur, heeso iyo hawlo waxbarasho. *Soo bandhigidda barnaamijkan waxaa lala kaashaday Resources for Child Caring.*

Join us for stories, songs and activities.

### Family Storytime

Wed. through Nov. 30, 10:30–11 a.m.

For age 2 and up. Share books, stories, rhymes, music, and movement with your children.

### Kids Book Club

Fri., Nov. 25, 4–5 p.m.

Grades 4-6. Join other kids to talk about a great book! No pre-reading required. We will share a book and discuss. Pick up a copy of the book at the children’s information desk.

### Teen Programs

### Tronix Team Boombox

Wed., Nov. 2, 9, 16 & 23, 4–6 p.m.

Grades 6-12. Learn basic circuitry as you modify a regular lunch box into a fully functional boombox with MP3 player. Learning never sounded so good! *Made possible by the Friends of the Teen Job Assistance –*

### Game On! Gaming Tuesdays

Tues. thru Nov. 29, 4–5 p.m.

Entering grade 6 and up. Play PS2 or Wii games at the library! Grab a friend, bring your favorite board or card game, or play ours!

### 4-H Mentoring Club

Tues. thru Nov. 29, 5–7 p.m.

Register Online or call 612.543.6925. Entering grade 6 and up. Learn about urban ecology, health and nutrition, sustainable agriculture and related careers in food science from adults and peer mentors. You also will maintain a community garden and visit local food enterprises. **Game On! Gaming Wednesdays**

Wed., Nov. 30, 4–5 p.m.

Grade 6 and up. Play PS2 or Wii games at the library! Grab a friend, bring your favorite board or card game, or play ours!

### Game On! Gaming Thursdays

Thurs. thru Nov. 17, 4–5 p.m.

Entering grade 6 and up. Play PS2 or Wii games at the library! Grab a friend, bring your favorite board or card game, or play ours! *through a grant from The*



**Franklin Community Library**  
**1314 E. Franklin Avenue**  
**New #: 952-847-2925**  
**www.mplib.org**  
**Tues & Thurs: 12 - 8 pm**  
**Wed, Fri & Sat: 10 am – 6 pm**  
**Complete program calendar, visit, call, or**  
**www.hclib.org and news at www.hclib.org/pub/info/newsroom/**

McKnight Foundation.

### Down Time

Sat. thru Nov. 26, 2–6 p.m.

Grades 6-12. Looking for a quiet and comfortable space? Take advantage of “down time” at Franklin Teen Center! Work on the topic of the week or use our computers, board games and do other self-directed activities.

### Adult Programs

### People and Culture of Iran

Tues., Nov. 1 & 8, 12:30–2 p.m.

History, culture and customs of Iran will be the main focus. Other topics covered will be a brief history of the pre-Islamic and post-Islamic eras. This presentation will provide a realistic insight about Iranians.

### Seniors Play-Reading Group

Frid., Nov. 11, 10:30 a.m. – 12:30 p.m.

Join us for a stimulating morning of reading and discussion of some of the great plays of our heritage.

### Reading Nonfiction for Elder Learners

Frid., Nov. 11, 1–3 p.m.

Join us as we read and discuss the works of significant nonfiction writers. For information, call the library at 612-543-6925. *Presented in collaboration with the Osher Lifelong Learning Institute.*

### Memoir Writing Group

Thurs., Nov. 17, 1–3 p.m.

Would you like to create a record of your personal history? Bring what you have written and are willing to read to the group for helpful comments and suggestions.

### Phillips Technology Center

Register online for these classes and more at [www.hclib.org](http://www.hclib.org) or call 612.543.6925

### Computer Skills Workshop

Thurs., Nov. 10 & 17, 12–2 p.m. & Friday, Nov. 11, 1–3 p.m.

Work on projects and practice skills from using the mouse and keyboarding to using email and Microsoft Office with our software instructors and volunteer assistants.

### Social Networking: Basics

Thurs., Nov. 10, 6–8 p.m.

Learn how to navigate the new generation of social media websites including Twitter, LinkedIn and Facebook.

### Computer Class for Complete Beginners

Fri., Nov. 11 & 18, 10 a.m. – noon

Learn the difference between hardware and software, practice using a mouse, find out more about library resources if you have little or no experience using a computer.

### Senior Surf Day

Wed., Nov. 16, 10:30 a.m. – 12:30 p.m.

Learn computer basics, how to navigate and search the Internet and how to access websites of interest to seniors. Get hands-on computer experience with help from representatives of the Senior LinkAge Line®

### Microsoft Excel: Basics

Fri., Nov. 18, 1–3 p.m.

Learn the basics of working with an Excel spreadsheet: navigation, entering data and using formulas.

**Franklin Learning Center:**  
**952-847-2934**

The Franklin Learning Center offers free, one-to-one tutoring for adults who are learning English and math, preparing for the GED and citizenship exams, and gaining life skills. We are always looking for community volunteers! No experience necessary; we provide training and materials. Contact us at 952-847-2934.

# Searching – A Serial Novelle

## Chapter 32: Crossing the Bridge

BY PATRICK CABELLO HANSEL

The next night, the longest and coldest of the year, Luz and Angel were out on the streets walking. Their plans had only extended to meeting at the Mercado Central for dinner, but as they sat in the dining area—Angel eating a Sandwich Cubano from Manny’s, Luz finishing off her Sweet Corn Tamal and Champurrado from La Loma—they noticed the exhibit of children’s photographs on the wall. It had beautiful photos of children smiling and butterflies, and strange ones of shadows, feet, and junk in the alley.

“Hey, look Luz,” Angel said. “It’s called ‘God’s Backyard’.

“I think it’s cute,” Luz replied. “Besides, isn’t the backyard where things happen: barbecues, toddlers swimming in tiny pools, little gardens of tomatoes and chiles?”

“Do you think we’re in God’s Backyard?” Angel asked, as they took their seats again.

Luz paused for a moment. “This may sound weird, but I think we are God’s Backyard!”

Angel didn’t have much time to ponder that, because more and more people were coming in and sitting down. More and more gringos, too. And then more and more people were coming in and standing around the edges of the room, till the room was overcrowded and hot. Then a trio of musicians started playing guitar and charango and pan pipes.

They looked at each other, wondering what was going on. Then they saw a beautiful woman, in traditional Mexican dress and no coat, buying tortillas. She was followed by little angels dressed in gold robes. The music became strange and then the largest and strangest angel they’d ever seen—at least eight feet tall and beyond human expectation in image and likeness—appeared and silently bowed to the woman, as voices all around them cried out: “¡Maria! ¡Maria! ¡Vas a tener un niño! ¡You will have a child!

Luz and Angel held hands as they watched the spectacle unfold. They followed the voices when they told the crowd to follow and

look for Posada. They followed the crowd to the theater they had hid out in just a few days before, dimly lit and filled with an angel choir. And when they all began to walk up 15th Ave., Angel and Luz found themselves at the very front of the procession, right behind a tall, tall star and larger than life Mary, Joseph and the blessed donkey.

At the bridge, the crowd was stopped by menacing drumbeats, and the shouts of a man in a suit gone mad. His hands, larger than his body, threatened the crowd. His face—painted white, but nothing but darkness—demanded money, visas, obedience. Both Angel and Luz felt a shiver through them. This one, this Herod, was he the one trying to kill them? Was he the wounds of the past and the barred gate to home? Was he the Migra, and the rapists and the crazy man in the hijacked van? Was he Mateo Kelly’s ghost come riding out of hell?

As Angel and Luz clung to each other, some force, some wind lifted their eyes from the ground. There in the distance, tender glowing lights were moving slowly towards the other side of the bridge. As they came closer, they saw they were stars; as they came even closer they saw that each star had a unique face, a face that was glowing even as the wind chill dipped to minus thirty.

Herod began to wail like a wounded beast. His arms stirred the wind raging. His eyes sought to penetrate Luz and Angel’s hearts. But then, on both sides of the bridge, on both sides of the divide—English and Spanish, documented and undocumented, old friends and new visitors—came these words: Mother Tia Uncle Abuela Sister Hermano Padrino Friend.

The mask with the hands, the man with the big voice, collapsed as the people passed through. Not in anger or in hate, no longer in fear, Angel and Luz and the whole company of saints out in that bitter cold, crossed the bridge, picked up a lighted candle and walked towards an even bigger star beckoning them north.

# A Peace of My Mind

## Exploring the meaning of peace one story at a time

Minneapolis photographer John Noltner will release his book, “A Peace of My Mind” on November 3rd, with a book release party at The Southern Theater in Minneapolis from 7-9pm.

“A Peace of My Mind” is a 120-page book that features the b&w portraits and personal stories of 55 individuals who answer the simple question, “What does peace mean to you?”

Since 2009, Noltner has photographed and interviewed Holocaust survivors, refugees, political leaders, artists, homeless individuals, and others, asking them to reveal what peace means to them, how they work towards it in their lives and what obstacles they encounter along the way.



The result is a stunning and heart-felt collection that acknowledges the challenges we face as a society, yet builds hope through the inspiring stories of people committed to peaceful tomorrows.

In 2010 the series was produced as a traveling exhibit with funding from the Minnesota State Arts Board and has captivated audiences at venues throughout the Midwest.

The book will be available

through the artist’s website, [www.apeaceofmymind.net](http://www.apeaceofmymind.net) beginning November 4.

“Too often we are asked to look at what separates us in life,” Noltner said. “This book asks us to consider the common humanity that unites us.”

For more information:

A Peace of My Mind. John Noltner, Photographer / Author  
[www.apeaceofmymind.net](http://www.apeaceofmymind.net)  
[john@apeaceofmymind.net](mailto:john@apeaceofmymind.net)

Happy Birthday Wendell Phillips! Peace and Love,



Maria's  
Café

Ancient Traders Market  
1113 E. Franklin Ave.

Minneapolis

7<sup>AM</sup> to 3<sup>PM</sup> Mon. thru Sat.

8<sup>AM</sup> to 3<sup>PM</sup> Sun.

612.870.9842

[www.mariascafe.com](http://www.mariascafe.com)





Jeremy Messersmith



Lucy Michelle

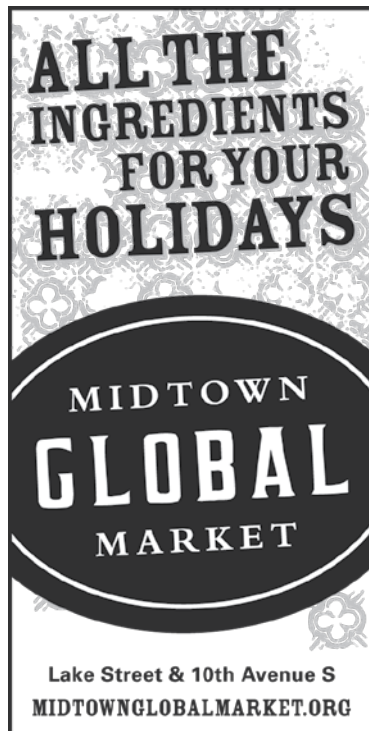
**\*Bravo! Bravo! Bravissimo! Indeed a great performance, an awesome event, and a splendid afternoon! The happenstance meeting of Phillips' residents Sue Hunter Weir and Jerry Messersmith at Pioneers and Soldiers in 2010 brought together two writers; one of lyrics the other of stories. They also share unique abilities to inspire and orchestrate their respective communities of lyrical music and preservationist history. The coalescing they initiated in this remarkable event as given new and positive insights to many of the Phillips Community. Thank you Jeremy. Thank you Sue. . Editor**

## Bra·vo! Bra·vo! ('brāvō) Bra·vis·si·mo! (brä'visə ,mō)

It was an event like no other in Minneapolis. As far as we know the concert on October 8th was the first rock concert ever held in a Minneapolis cemetery. And, what a concert it was!

It was one of those days when everything came together: beautiful weather, fantastic music and a wonderful, wonderful crowd. How big was the crowd? Our best estimate is that 1,500 people attended. We sold about 900 advance tickets and between three and four hundred tickets at the gates. Kids under twelve and volunteers got in free.

Many who attended said that, although they had driven past the cemetery hundreds of times, this was the first time they'd stopped into the grounds. Many also told us that they had no idea how much history could be learned there. One of the big hits of the day was the smartphone history hunt which enabled people to use their phones to learn more about 25 of the people buried in the cemetery. Kids had their own history hunt and could get their faces painted or chalk along the roadway as well.



### *Tales from Pioneers & Soldiers Cemetery*

SUE HUNTER WEIR  
86<sup>th</sup> in a Series

But the big draw was, without question, the music—the best indie bands that Minneapolis has to offer. Special thanks to Jeremy Messersmith, Lucy Michelle, and their band members for their generous support for this event. Chris Riemenschneider, music critic for the Minneapolis Tribune, predicted that this was going to be “one of the most memorable concerts of the year,” and he was absolutely right. It was a day like no other in the cemetery's long history.

The concert was part of an Open House weekend to create awareness not only about the cemetery but also about historic preservation in general. Pioneers and Soldiers Cemetery was selected from over 300 applicants as one of 25 finalists for funding through Partners in Preservation (PiP), a collaboration between the National Trust for Historic Preservation and American Express. Each site was asked to offer an Open House weekend to create awareness about the program and the sites that are in the running for funding. Partners in Preservation will be announcing which projects will receive funding around the second week in November so stay tuned for that.

As is always the case with an event of this size, there were a lot of

people working behind the scenes to make it all happen. Staff from the City of Minneapolis' Division of Public Works spent several days doing a fall clean up and getting the cemetery looking its best. Special thanks to Mike Barth, the cemetery's caretaker, for all of his good work. The Minneapolis Park Board provided the stage and generators. Minneapolis Community Education and the Wellington Management generously provided parking space.

Thanks to Hola Arepa for providing fabulous food. Thanks to Landland for creating spectacular gig posters for us, and to Ellen Stein for painting all of those little faces. And, thanks to Dero Bike Racks for donating bike racks for the event.

Thanks also to Councilmember Gary Schiff and State Senator Jeff Hayden for emceeding the event and introducing the bands.

Special thanks to Aaron Hanauer and Colleen Ayers for their creativity and energy in making this a success. Thanks to Rob Panning-Miller and his students at South High for volunteering to help with this event. And, thanks to family and friends who helped out in countless ways.

The question of the day was, “Will there be another concert next year?” You can count on it. In the meantime, be sure to support our great local musicians and all of the businesses that support our community.

## ST. PAUL'S LUTHERAN

Holidays at St. Paul's:

- Thanksgiving Eve Nov. 23, 7 pm
- Julebord: Dec. 9 & 10
- La Posada: Dec. 17

2742 15th Ave South

Call 612-724-3862 for more info

## Running Wolf Fitness Center is Up and Running!



**A Running Wolf session with Jesse Hairychin, Eli Murdoch and Connie Norman**

BY ROBERT ALBEE

After months of waiting for the day that Running Wolf Fitness Center would actually be running again, that day has finally arrived! Doors opened on Monday, October 17th at the Phillips Community Center and

for a few moments it seemed like a Gold Rush! Actually, it was a gold rush because now there is a place in Phillips where people can go to begin or resume an exercise program without burdensome expenses to fragile personal budgets.

Through the assistance of UCare of Minnesota, Running Wolf participants need only set an appointment at the Native American Community Clinic or Indian Health Board for a fitness exam or medical clearance for 6 months free membership, and then bring their paperwork to Connie Norman, Running Wolf's Manager. Once you're signed up, you can begin your workouts in the beautifully appointed studios, take a shower and be on your way!

What is really different about Running Wolf is that staff actually takes the time to show you how to properly use each of the installed machines and help you develop a way to track your progress. You get the services of a personal trainer and a fitness center all for the introductory price of \$nada. For six months, your out-of-pocket expenses are \$0, so you can determine for yourself if this is really valuable to you. From that

time on, there will be a monthly fee of \$10—a price far below any other full-range exercise facility in the Twin Cities.

An open fitness studio room has also been created allowing for group exercise and movement sessions, such as yoga, zumba, tai chi, salsa dancing, kick boxing and floor exercises and others as we grow. Efforts are underway to find revenue sources to cover the costs of these programs as well or to provide space for an instructor who already has a revenue source for conducting classes and group sessions. There will be a calendar of events/classes at Running Wolf starting in November. So come and check it out!

Once the rest of the Phillips Community Center opens up, there will be ongoing efforts to create a “wellness mall” that includes opportunities for healthy eating, education and support and a range of recreational activities consistent with being located in

a Minneapolis Park Board building. Running Wolf also has classroom space and will be conducting six-week Living in Balance workshops developed by Stanford University for learning how to manage chronic health conditions such as diabetes, obesity and heart disease etc.

A Partnership Of Diabetics is also located in the facility and already offers sessions related to long-range management of Diabetes.

Hours for Running Wolf are currently 10 AM - 7 PM, Mondays through Thursday. Friday and Saturday hours are 10 AM - 2PM. For further information and a tour of the facility contact:

Connie Norman Running Wolf Fitness Center Manager at 612.872.2388.

Address: 2323 11th Avenue South, Minneapolis, MN 55404

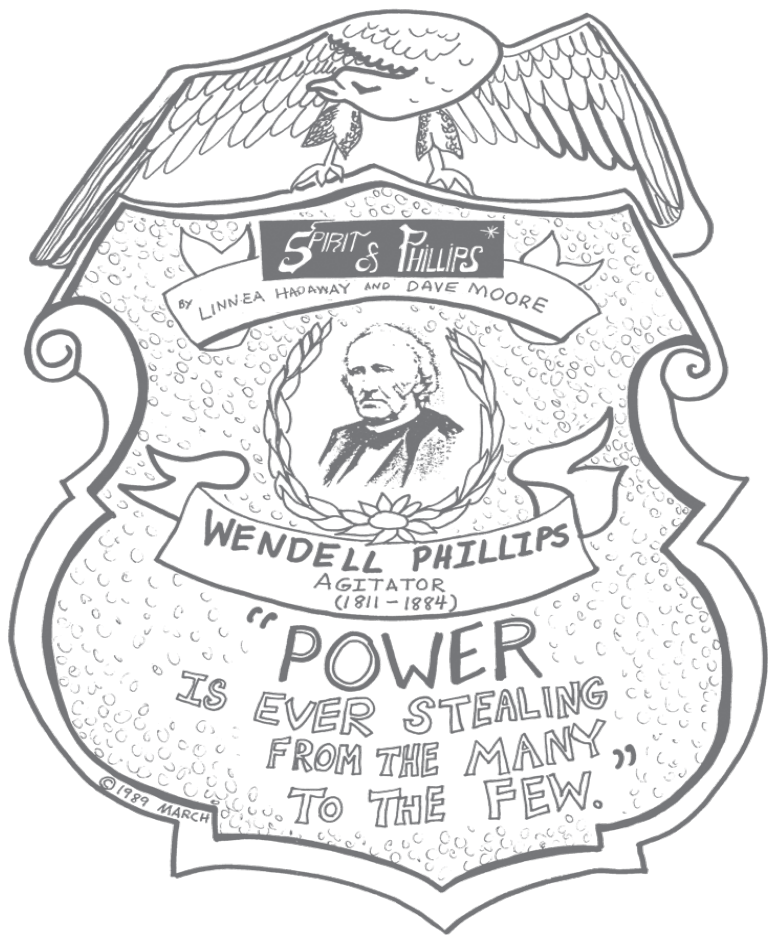
Her email address is: cnorman@nacc-healthcare.org



**COME TO AN EXCITING CELEBRATION...**

# **200<sup>TH</sup> BIRTHDAY OF WENDELL PHILLIPS**

## **AND 36 YEARS OF THE ALLEY NEWSPAPER**



# **11-11-11**

(November 11, 2011)

**6:00- 8:00PM**

**ST. PAUL'S CHURCH**

**EAST 28<sup>TH</sup> STREET & 15<sup>TH</sup> AVE. SOUTH  
MINNEAPOLIS**

**Suggested Donation: \$20.00**

**or more! Kids free!**

**No one will be turned away  
for lack of ability to pay.**

**STORIES!**

**FOOD!**

**ENTERTAINMENT!**



☞ The **"QUEEN"** will pay a visit.

☞ **"SON OF BOSTON" - THE AGITATOR**, a Rhythmic Rhetorical Recitation by **DAVE MOORE**, "Spirit of Phillips" cartoonist.

☞ **"MEET WENDELL PHILLIPS"** reenacted by biographer, **JIM STEWART**, Macalester College. Ask questions like: Who was he? How would Wendell react to current issues in our community today?

**"Boston" Dinner: Clam-free Chowder, Baked Beans,  
Salad, Coffee, and Cream Pie**

**\*WENDELL PHILLIPS**, for whom the Phillips Community is named. Phillips was one of our nation's greatest human rights activists and outspoken anti-slavery advocates-fighting for the rights of women, workers, Native Americans, and African Americans.



the **Alley**  
NEWSPAPER



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**What's on your mind? What makes you optimistic about life in the neighborhood?**

**What makes you angry. Tell Wendell Phillips on 11-11-11**

Phillips Community is named after Wendell Phillips an extraordinary champion of racial and economic justice. Just how cool is that? The community's name announces to the world that the people of Phillips stand for equality for each of us and justice for all of us!

Phillips was born 200 years ago in Boston, Massachusetts. He became famous across the USA for hating slavery, condemning racial preju-

dice, demanding women's rights and defending Indigenous peoples from land-hungry white people and the US Army.

Everything he demanded back then is just as important to the people of Phillips today.

What if Wendell Phillips came back to life today? What would he say about the continuing abuse of immigrants, the continuing spread of poverty, police brutality, and violence

against women, gang violence and white racism? What advice would he give the people of Phillips?

Find out by coming to Wendell Phillips's 200th birthday party on November 11!

No, Wendell has not come back to life, but the person who knows most about our community hero will be there to talk with you. Es contento hablar contigo en espanol igualmente como ingles!

He'll act as if he REALLY IS Wendell Phillips. He'll wear clothes just like the ones Wendell Phillips once wore. He'll sound like Wendell Phillips once did when he talks to you.

He wants to learn what you think about the Phillips neighborhood. He'd be happy to give you his opinions about what's wrong and what's right in the United States you're living in today. He wants to learn what

you'd like to see happen to make our nation freer and more equal.

So show up at Wendell Phillips's birthday on November 11. Tell our community hero --Humanity's Hero-- what's on your mind, what makes you optimistic about life in the neighborhood and what makes you angry.

Y recuerden, Sr. Phillips puede hablar efectivamente en espanol!

Adelante!!!!!!



# Drive & Fright Night



**"Drive"(2011)**  
★★★★★  
**Cast:** Ryan Gosling (Driver), Carey Mulligan (Irene), Bryan Cranston (Shannon), Albert Brooks (Bernie Ross), Christina Hendricks (Blance), Ron Perlman (Nino). (R) **Running time:** 100 minutes. **Director:** Nicolas Winding Refn.

Ryan Gosling is just known as 'Driver', a stunt driver on Hollywood movie sites. At night, he's a getaway expert for robbers. Gosling's double life reminds me of Andreas Lust's double life as marathon runner-bank robber in the German film "The Robber"(2010).

Driver works with Shannon (Bryan Cranston), a mechanic and convinces a gangster, Bernie Ross (Albert Brooks), to back Driver with a race car. Meanwhile, Bernie's crime buddy Nino (Ron Perlman) isn't convinced though about buying driver the race car. After all, it's usually the case in crime movies when one or more guys are suspicious of another criminal on the other side of the fence.

Driver's neighbor is sweet Irene Carey (Carey Mulligan) with a small son, Benicio (Kaden Leos), anticipating her husband, Standard (Oscar Issac), will get out of jail. When he gets out of jail, the criminals come after him for money he owes them. The criminals threaten Standard's family unless he does a job for them. Driver provides the getaway car. By now what seems like a piece of cake abruptly becomes mayhem and bloodshed for Driver who's trying to protect Standard, Irene and Benicio and by the same token vanquish his antagonists.

Fine acting by a smooth but deadly Gosling, a refined Mulligan, a juicy Brooks and a professional killer Perlman. Stylistic, high-octane crime film with finesse by Refn.

**"Fright Night"(2011)**  
★★★★☆  
**Cast:** Colin Farrell (Jerry Dandrige), Anton Yelchin (Charley Brewster), Toni Collette (Jane Brewster), Imogen Poots (Amy Peterson), Dave Franco (Mark), Sandra Vergara (Ginger), grace Phipps (Bee) Christopher Mintz-Plasse (Evil Ed Thompson). (PG-13) **Running time:**120 minutes. **Director:** Craig Gillespie. The vampire lives next door and it's



HOWARD MCQUITTER II  
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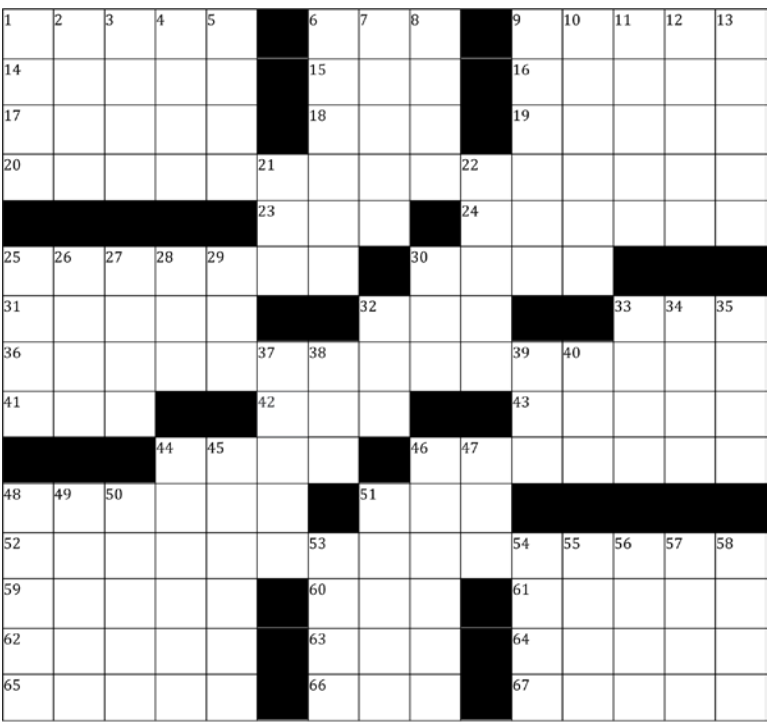
**up to one young man Charley Brewser (Alton Yelchin) to convince his mother Jane Brewster (Toni Collette) and his girlfriend Amy Peterson (Imogen Poots). When the new neighbor Jerry Danddrige (Colin Farrell) moves in next door he appears to be a nice guy but Charley's wary of the handsome stud. Jerry seems to have everybody fooled except Charley and maybe his buddy Ed /Evil Ed (Christopher Mintz-Plasse).**

"Fright Night" based on Tom Holland's 1985 horror "Fright Night", pushing the humor more than in the original film. Colin Farrell as the vampire does the horror genre justice. Former Doctor Who David Tennant plays Peter Vincent, a self serving, rather effeminate magician, wearing leather pants, putting on a nightly occult act at a Las Vegas casino. He later becomes Charley's ally against the vampire.

Charley's worries something dangerous is happening in Jerry's house. He manages to get inside the house while Jerry is out. What the high school senior finds there is shocking: young women in jails, victims of Jerry's

Entertaining as well as bring some fireworks back to the nadir of the current horror genre.

# Alley Crosswords by Samantha "Sami" Pfeffer



- Across.**
- Sixth President of the US
  - American technology consulting company
  - Mountain in the Karakorum range
  - \_\_\_\_? Polo! (Call and response children's game)
  - Gunlover's club
  - Musical practice piece
  - Concerning the largest bone in the pelvis
  - \_\_\_\_, yes, \_\_\_\_!
  - Klum and Riefenstahl, etc.
  - Mexican holiday celebrated on November 1 and 2
  - Large moose-like animal
  - Urban and surf clothing brand
  - One displaced by war
  - Throat-clearing sound
  - "Is that a yes \_ \_ \_ \_?" (3 wrds)
  - Mama sheep
  - Not me
  - Earliest settlers (November Heritage Month)
  - After ARE, before TEE
  - \_\_\_\_ a \_\_\_\_ (face to face)
  - Unstitched cloth draped over women, usually
  - Not sink
  - Who the counselors care for
  - Buena Vista \_\_\_\_ Club (band)
  - Been out in the sun

- American holiday celebrated on the fourth Tuesday in November
- \_\_\_\_ Paulos, Patriarch of the Eastern Orthodox Tewahedo Church
- Last Honest Politician?
- \_\_\_\_ Hahn, Brooke Smith's Grey's Anatomy character
- Yes man, with brown (2 wrds)
- Christmas evergreen
- Lucifer Morningstar
- \_\_\_\_ Rock or Uluru
- Cooling agent?
- Rutabaga, turnip, etc.

- Down.**
- Amongst
  - Salvador
  - Voice solo in opera
  - Art school in Minneapolis
  - Walked on
  - Walked in
  - Nippy
  - School mistress, 1880's stereotype
  - Backspace
  - Again
  - W o n k a Candy
  - See ya, in Madrid

- Scottish monster, familiarly
- \_\_\_\_ Adama, Battlestar Galactica
- To seat
- Melbourne Street Artist
- Time periods
- Trans, saturated, etc.
- Inst. of higher learning
- With .net, .com, .org
- Stare, with wonder
- First on the scene
- Easily handled (in reference to ships)
- Exceptional person or thing
- Employs
- Lesser of two \_\_\_\_
- Goal
- Forms the name of a school of thought (suffix)
- Hat
- One with iniquity
- LA basketball team
- Large underground space
- \_\_\_\_ DiFranco, singer/song-writer
- \_\_\_\_ Katic, plays Kate Beckett on Castle
- "Super!"
- The reason why
- Arm bone
- Very sticky tape
- Flanders and Gerblansky, for example
- Got bigger
- Head first
- Not basic
- Not Harard

## October Answers

F	O	R	T	V		L	A	A	T		B	L	O	B
I	N	D	I	A		A	L	P	H		R	I	T	E
F	E	A	R	M	O	N	G	E	R		A	V	I	S
E	S	S	E	P	H		E	X	O	R	C	I	S	T
					I	S	N			B	U	E	N	
E	M	B	A	R		O	R	B		M	A	G	M	A
P	O	L	T	E	R	G	E	I	S	T		D	A	L
I	C	A	M		F	U	N	G	I		A	E	R	O
C	H	I		G	I	N	G	E	R	S	N	A	P	S
S	A	R	E	E		S	A	N		C	E	D	E	S
		W	O	L	F			D	O	H				
C	H	I	L	D	R	E	N		A	Y	O	L	L	S
R	E	T	I		U	N	O	F	F	I	C	I	A	L
O	R	C	A		I	D	O	L		C	R	A	N	I
C	O	H	N		T	O	N	Y		K	A	R	A	T

# Saturday Morning Puppet Shows For Kids

Saturdays, October 22 – March 31. Performances at 10 AM & 12 NOON. Make 'n' Take Workshop at 11 AM. Admission: For performances we request a suggested donation of \$4 per person or \$2 per person if you live in the Phillips, Central, Corcoran or Powderhorn neighborhoods. Workshops are \$5 per child, \$3 per adult [All children must be accompanied by an adult]

Another colorful, affordable season of live Saturday Puppet

Shows for Kids begins October 22 at HOB.T. Nearly every Saturday through March, different artists perform engaging puppet shows at 10am and noon. A great alternative to television, these performances will delight kids of all ages. Families can also attend hands-on Make-n-Take puppet workshops based on that day's puppet show theme. Below are the descriptions for the October shows.

October 22: The Amazing Cow Boat - Open Eye Figure Theatre. Told through a giant pop-up book with puppets, songs, and surpris-

es, the show is the story of Charlie who, while taking a bath, sails away in his imagination in search of treasure. Traveling in his boat that amazingly is also a cow, he encounters pirates, a sea turtle, the moon, and a nest of baby birds.

October 29: Henny Penny Lester - Grimmerson Puppeteers. The chicken, Henny Penny, has disappeared so Lester takes the lead in this classic fable. Lester's friends won't help him make the food, but they want to eat it. Come and see what happens!

## Puppet Youth Troupe It's not too late to register!

September 22, 2011 through March 1, 2012  
Thursdays, 4 to 6 PM  
HOB.T, 1500 E Lake St, Minneapolis 55407  
Join In the Heart of the Beast Theatre's Puppet Youth Troupe as we embark on a six-month journey to create an all new, original work of puppetry.

Together, the youth involved will compose a story, construct the puppets, rehearse, perform the show at HOB.T's Saturday Matinee series, and create a small, local tour of their show  
*In the Heart of the Beast Puppet & Mask Theatre* | 612 721-2535 | 1500 East Lake Street | Minneapolis | MN



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# Occupation Time

Just moments ago I witnessed a national TV news report which exposed the deliberate short supply of chemotherapy drugs made available for children. Profits before people...

Yet the ongoing protests against corporate greed lack a clear set of demands. Sure, the slogan "Power to The People" has merit. But what? Does the banner "Revolution Not Reform" really lead us to "Revolution Now!"?

The fact remains: There can be no fundamental change without the participation and consent of many millions of people. Moreover, us "masses" are drawn to the class struggle in the first place on the basis of intermediate demands which taken separately do constitute "mere" reforms.

With the above thought in mind, the CPUSA has issued a brochure under the caption "SAVE OUR NATION!" It contains the following points:

- End the Bush-era tax giveaways to banks, corporations and wealthy individuals.
- Close corporate tax loopholes, especially billions in tax subsidies for the oil companies.
- Raise \$150 billion a year by imposing a financial transaction tax on Wall Street speculation.
- Cut the military budget by half. Bring troops home from Afghanistan and Iraq.
- Create jobs in a major public works program to repair our

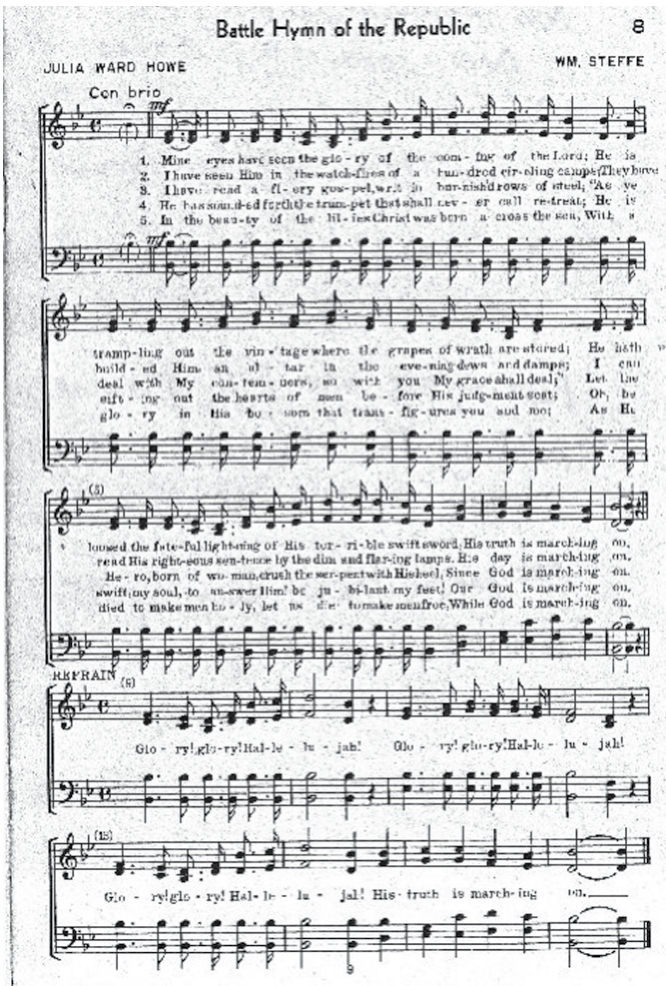


PETER MOLENAAR  
**Raise Your Voice**

nation's infrastructure and to make our nation number one in "green industry." Target the jobs to hard-hit inner city communities and the rural poor.

- Fully fund a national health care program and drastically increase federal aid to education, Pell Grants, and other vital human needs programs.
- Remove the cap on the Social Security payroll tax, so the CEOs and hedge fund managers pay the same rate as the rest of us.

But let's tell the whole truth. Unlike our cave dwelling ancestors, we are presently trapped within a political economy which extols the "virtues of greed". This "profits before people" system is ripping the country apart. Therefore, it is capitalism (not socialism) which is fundamentally un-American.



**OUTSIDE THE BOX**

**NOTES DAVE COULDN'T FIT IN THE ILLUSTRATION:**

- \* **BATTLE HYMN** lyrics (1861) by Julia Ward Howe presented the Northern Side of the Civil War as a Christian religious crusade.
- \* The actual tune (and you KNOW it) credited to William Steffe, was a marching song written a few years earlier. Lyrics varied.
- \* Martin Luther King often quoted its lines to a differing purpose—His final public speech before his death ends with its opening lines.
- \* In the tribute re-write by Savage, Wendell takes the place of God.
- \* An earlier version, JOHN BROWN'S BODY, put Brown in that spot.
- \* **SOLIDARITY FOREVER**, stirring Union anthem, also uses the tune.
- \* Wendell spoke admiringly of Brown & adopted his words: **"Peace if Possible – Justice at any Rate!"**
- \* (Howe, like Phillips, was later a Minneapolis school namesake)

# October at Open Eye

**The Learning Fairy**  
Now thru Nov 6

The Learning Fairy is dynamite! Audiences have aptly described this as "part Pee Wee's Playhouse, part Austin Powers, and part Courtney Love" Others have said "So much fun! It's so different" "I think this is really onto something" and "It's so modern." It's a must see!

**Pay As You Can**  
Open Eye believes that anyone who wants to participate in the organization's programs should be able to do so, regardless of ability to pay. To this end, Open Eye has a ticket policy that allows a Pay-as-Able for any performance in the theatre.

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**612-825-6283**

**W.A.M.M.**  
Women Against Military Madness

**COME SING THE GREAT SONGS OF PEACE!**

a Minnesota Community SINGS! Event with WAMM on Saturday, November 5, 2011 at 7 to 8:30 pm, Minneapolis Eagles Club, 2507 East 25th St. in Minneapolis led by Bret HESLA, Mary PREUS & Larry DITTBERNER of Minnesota Community SINGS with special guest, WAMM's resident songwriter Brigid McDonald. A benefit for WAMM, \$15 adults, \$5 kids, \$25 family. All voices welcome!

Women Against Military Madness. 612-827-5364  
www.worldwidewamm.org

**COMMUNITY SHARES**  
MINNESOTA

**SPRIT & PHILLIPS**  
by DAVE MOORE © 2011

**When WENDELL PHILLIPS died (1884) at his Memorial Service a huge Boston crowd joined in this song:**

(tune: Battle Hymn of The Republic)  
(words: M.J. Savage)  
(edited by DM)

**HUMANITY'S HERO**

When the rights of man lead forward, then the hero's heart is brave,  
And each broken shackle, falling, shows a man for every slave!  
Woman rises to her feet as the hero shouts her rights to save!  
He still goes marching on! Glory, Glory, Hallelujah! (etc)

Labor deafened by the factory hum, or bent above the soil,  
Losing manhood's heart and hope in dreary drudge and toil,  
Sees the better day ahead of honest wage for honest toil,  
As they go marching on! Glory, Glory, Hallelujah! (etc)

The oppressed of every nation, looking out across the sea,  
Catch the faint and far-off echo of the time that is to be,  
When each man shall own his manhood, & each hand & brain be free,  
As truth goes marching on! Glory, Glory, Hallelujah! (etc)

Then shout aloud the hero's name with glad, exultant voice –  
All heroes who, like PHILLIPS, made mankind's right their choice,  
And as we shout we'll follow, and while following rejoice!  
We all go marching on! Glory, Glory, Hallalujah! (etc)

**HAPPY 200TH BIRTHDAY WENDELL! AND MANY MORE!**

Wendell Phillips  
(29 November 1811 – 2 February 1884)



## "Talking in the Backyard"

# A Process for Valuing the Work in the Backyard Initiative



BY JANICE BARBEE, CULTURAL WELLNESS CENTER

When the Backyard Initiative began three years ago, residents of the neighborhoods of Central, Corcoran, East Phillips, Midtown Phillips, Phillips West, Powderhorn Park, and Ventura Village were invited to a meeting to look at Allina's plans for improving the health of the residents. One of the central messages of that meeting was that community residents need to be active participants in that planning and in the implementing of any health-improvement projects. People are tired of programs that are done for them, or to them, or on their behalf. People want to present their own ideas based on their own experiences. People want to participate in projects that involve and impact what they care most about, what they most value. And the evaluation process for reflecting on the learning and identifying and assessing the accomplishments must be owned and implemented primarily by the participants themselves. Only then can the process support improvement of the projects and help others in the community to learn how not to repeat the same mistakes and to build upon what residents have developed.

Citizen Health Action Teams

(CHATs) have been implemented in the Backyard area over the past year, and CHAT members are now going through a reflection process to harvest what they have learned, what they have achieved, and what they will do differently going forward to most effectively improve the health of the community. The Dakota Language Revitalization CHAT was the first CHAT to be approved by the Community Commission on Health (made of up members from each CHAT), and the members of this CHAT were the first to go through this reflection process. As part of this process, they answered the following questions:

- What progress have you made toward your goals?
- What challenges did you encounter?
- What lessons have you learned? What lessons have relevance to the broader community (other CHATs and 45,000 residents of the Backyard)?
- What connections did you make to other CHATS, other organizations and/or community groups?
- What was participation like in the CHAT? Did you have growing or diminishing numbers?
- How many activities did your CHAT sponsor? How many people have participated in CHAT sponsored activities?

- In what ways did people's leadership skills develop?
- Did you have conflict in your CHAT? If so, how was it resolved?
- What ideas do you have about how CHATs can support each other and collaborate?
- How were decisions made in your CHAT? What was your model of governance?
- What worked well or not so well in managing your finances and budget?

Implementing this evaluation process has re-energized CHAT members to re-commit themselves to the work of the CHAT. Their fear of failure has been transformed into an appreciation of the learning from successes and failures and how that learning can help to make their future efforts, and the efforts of other CHATs, more rewarding.

Look for learning reports on each of the CHATs in future issues of the Alley.

All Backyard residents are welcome to come to the Backyard Initiative community meetings on the 3rd Thursday of every month at 5 PM at Hope Community, 611 East Franklin Avenue. Call the Cultural Wellness Center for details: 612-721-5745.

## What's that I spy on 28th Street?



Is it...could it be...NEW MEDIANS??? Yes in fact, it is. After years of advocacy by the MGC and Minneapolis biking community, the City of Minneapolis recently installed two new medians where the Greenway crosses 28th Street. The medians funnel traffic into a single lane, slowing cars down and avoiding the scary situation where cars pass vehicles already stopped to let cyclists through. The Midtown Greenway Coalition partnered with Mother Earth Gardens to get some flowers in the medians for the time being--and look out for more permanent native landscap-

ing there next spring.

This is a bittersweet victory, as this particular crossing has been the site of several horrific accidents over the past few years. As you enjoy your newfound safety at this intersection, remember to always be careful and obey traffic laws, whether you're biking, walking, or driving. Paying attention is the best collision prevention of all!

### Midtown Greenway Coalition OPEN HOUSE

Do you have a hankering to get more involved in the Midtown Greenway Coalition? Dying to volunteer for the Greenspace



Committee? Want to learn more about Trail Watch? Interested in becoming a member or renewing your membership? Then come one, come all to our Open House on Saturday, November 5th! We'll be hanging out in the office from 10 am to 1 pm with breakfast, coffee, and a burning desire to answer your questions about the Coalition and listen to your comments and requests. We'll have information on various volunteer opportunities (including Trail Watch, the Greenspace Committee, Clean Team, Event Corps, etc) and will be conducting a quick volunteer training at 12 pm for anyone interested in tabling at neighborhood events.

Saturday, November 5

Open house from 10 am to 12 pm; Volunteer Training from 12 to 1 pm

Midtown Greenway Coalition Office

2834 10th Avenue South

Go into Freewheel Midtown Bike Center and through the door on the left!

## Advertise in The Alley Call

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An evaluation funded by the federal government is being conducted to determine how the training program helps people increase their skills and find jobs. Spaces in the program are limited. Entry into the program is determined using a lottery process to ensure that everyone who is eligible has the same chance of getting in. Applies to Medical Office Assistant, Six-Month HOC programs, and the Short-Term Health Related Courses.

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