

Kofi Awoonor, renowned Ghanaian poet, diplomat was one of scores of casualties in Westgate shopping mall attack in Nairobi, Kenya Sept 21, 2013

# the Alley NEWSPAPER

NEWS & VIEWS OF PHILLIPS SINCE 1976  
OCTOBER 2013 • VOLUME 38, NUMBER 10

The Alley Online!  
[www.alleynews.org](http://www.alleynews.org)



@alleynewspaper



# AWETUMIN



"A Real Scream"  
Munch Oct 19 pg 7



Coming Oct 2 at  
Cedar & Lake pg 3



Green Tomato Cook-Off  
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Voter Registration at  
"Amen Corner"



Bridging Neighborhoods  
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Peace House

Welcome  
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Day of the Dead  
Nov 1 & 2

**Phillips Community**  
**CLEAN SWEEP**  
**Green Sweep!**  
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**November 5**

**Holy Rosary/Santo Rosario**  
2424 18th Avenue So. 612-724-3651

**FESTIVAL & RAFFLE**  
Sunday, October 6  
10:30 am to 3:30 pm

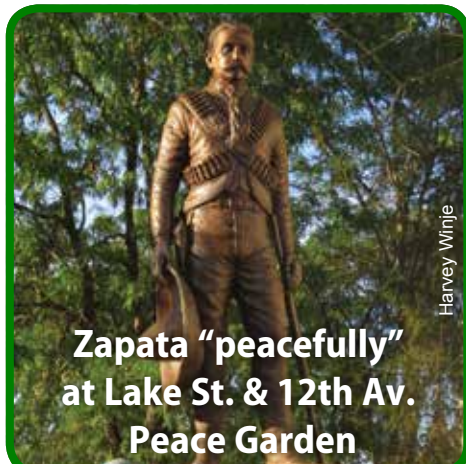
**Kids Games · Granny's Attic & More**  
Food Served 11:00 am to 2:30 pm



**Taste of  
Phillips &  
Phillips  
Avenues of  
the Arts Oct  
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Zapata "peacefully"  
at Lake St. & 12th Av.  
Peace Garden

**Back Yard Initiative**  
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**GIVE TO THE MAX DAY**

**giveMN.org**  
**November 14, 2013**



# the Alley NEWSPAPER

The Alley  
P.O. Box 7006  
Mpls., MN 55407  
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“We came into this world to give truth a little jog onward and to help our neighbors rights”

Ann Greene Phillips (18\_\_-1885)  
Wendell Phillips (1811-1884)

**Alley Communications “staff reporters”, columnists, and artists are neighbors and friends who contribute their time and work to sustain the informing and engaging. The list for this issue includes but is not limited to the following 37 “Staff.”:** Aeon, Robert Albee, Banyan Community, Patrick Cabello Hansel, Jim Cook, Joani Essenburg, Leslie Grauman, Linnea Hadaway, Joy Hwang, Hennepin County Franklin Library, Holy Rosary Church, Ingebretsens, Dallas Johnson, Joanne Kosciolk, Divya Maiya, Howard McQuitter II, Jana Metge, Midtown Greenway Coalition, Catherine Mamer, Jana Metge, Jonathan Miller, Peter Molenaar, Dave Moore, John Moore, Connie Norman, Brad Pass, Phillips Neighborhood Clinic, PWNO, Portico HealthNet, Running Wolf Fitness Center, Claudia Slovacek, Carstens Smith, St. Paul's Luth. Church, Erin Thomasson, Crystal Trautnau Winschitl.

**Door to Door Delivery:** Youth group from Calvary Church, Donna Neste, Bob, Brad, Brad, Carol, Patrick, Cathy, Dave, East Phillips Improvement Coalition, Jacy, Jana, Heidi, Howard, Joyce, Marjorie, Midtown Phillips, Paul, Phillips West N Org., Simmons Family, Raymond, Stephanie, Tara, Ventura Village, Will you deliver a block or two or your apartment? Call Harvey 612-990-4022

**Bulk Delivery:** Lyle James Delivery. 250 Apartments, Businesses, Places of Worship, and Organizations; this issue is having volunteers delivering many blocks of these neighborhoods Ventura Village, Phillips West, Midtown Phillips, East Phillips, Central, Powderhorn Park, and Corcoran; and the usual spots in Longfellow, Cooper, Cedar-Riverside, Elliott Park, Whittier, and Lyndale.

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Alley Communications, a 501C-3, Not-for-Profit Corp. publishes The Alley. Donations are needed, welcome, and Tax Deductible

**Printing:** Page 1 Printers  
**Circulation:** 10,000 hard copies and online.

**Member Lake Street Council & Member East Phillips Park Cultural Community Center Partners**

**November Alley  
Deadline:  
October 15**

BY ERIN THOMASSON

**Children & Family Programs**

**K-12 Homework Help**

Tues & Thurs, 3:30–7:30 pm  
and Wed. & Sat, 3:30–5:30 pm.

Free tutoring K-12 students. No sign-up.

**Family Storytime**

Wed, 10:30 am. Age 2 & up.

Share books, stories, rhymes, music, & movement with children.

**ECFE: Reading Fun**

Wed, Oct. 2 & 16, 11 am – noon.

Parents, bring infants & pre-schoolers! Enjoy Early Childhood Family Education (ECFE)

sessions to learn fun, interactive activities you can do at home to build child's literacy skills.

**Global Folk: Celtic Harp**

Wed, Oct. 16, 10:30–11:30 am.

Begins Sep 18 Reg. req. online or 612-543-6925. All ages. Enjoy the music of Clairsearch, a duo plays Celtic ballads from Ireland and Scottish Highlands in Gaelic and English on a wire-strung harp.

**Teen Programs**

**One Minneapolis One Read:**

**Photography Workshop**

Tues, Oct. 1, 5–7 pm. 2013

One Minneapolis One Read book selection is “A Choice of Weapons” by Gordon Parks-forward by Mpls. artist Wing Young Huie. Workshop on photography, community & social change.

**4-H Mentoring Club**

Tues, 5–7 pm. Learn urban ecology, health & nutrition, sustainable agriculture & related careers in food science from adults & peer mentors. Keep a community garden & visit food enterprises.

**O.P.E.N. Time**

Tues, 7–8 pm. Options for Play and Enrichment Now Time Choose from computers, magazines, board games, video games, brain teasers, & conversation with friends.

**Game Time!**

Wed, Oct. 2, 16 & 30, 4:30–

6 pm. Each week a new or retro gaming system for teen tournament action. Compare with peers when you're playing 8-bit style!

**Teen Anime Club**

Thurs, Oct. 3 & 17 at 6 pm.

Watch anime, discuss manga and share artwork. Always different.

**Teen Read Month: Let's Make Some Sounds**

Wed, Oct. 9, 4–6 pm. Register Online or 612-543-6925. Gr. 6-12. Make beautiful, unusual new noises with sound art duo Beatrix\*JAR. You'll use self-made circuit bent instruments & your own unique musical voice to participate in a jam session. Live recordings will be posted on the duo's website.

**ArtVentures**

Thurs, Oct. 10 & 24, 6–7:15 pm.

Explore your creativity while learning about the vibrant arts scene. At Center & visits from local artists and trips to see working artists in action.

**Teen Tech Workshop**

Wed, Oct. 23, Nov. 13 & 27, 4:30

pm. Register Online or 612-543-6925. Gr. 6-12. Get creative & make music, videos, animation & other projects using both high- & low-tech tools, everything from iPads to LEGOS® to wooden dowels.

## Programs at the Franklin Library

**Franklin  
Community Library**  
1314 E. Franklin Avenue  
New: 612-543-6925  
www.mplib.org  
Tues & Thurs: 12 - 8 pm  
Wed, Fri & Sat:  
10 am – 6 pm  
Complete program  
calendar, visit, call, or  
www.hclib.org and news  
at www.hclib.org/pub/  
info/newsroom/

**Young Achievers**

Thurs, 4–5:30 pm. Want involvement in your community? Concerned about your health and lifestyle? Bring friends & come for poetry, arts, games & more!

**Movies for Teens**

Fri, 4–6 pm. Movie titles are chosen by teens.

**Adult Programs**

**55+ Nonfiction Book Club**

Fri, Oct. 11, 1–3 pm. Join our discussion of new & interesting nonfiction titles. Bring recommendations. Info. 612-543-6925.

**Memoir Writing Group**

Thurs, Oct. 17, 1–3 pm. Want to create a record of your history? Bring what you've written & read to the group for helpful comments and suggestions.

**Phillips Technology Center**  
Register online for these classes and more at [www.hclib.org](http://www.hclib.org) or call 612.543.6925

**Microsoft Excel: Basics**

Sat, Oct. 12, 10–11:30 am. Learn the basics of working with an Excel spreadsheet: navigation, entering data & using formulas.

**Computer Skills Workshop**

Fri, Oct. 11, 10–11:30 am. Work on projects & practice skills; the mouse & keyboarding to e-mail & Microsoft Office with instructors..

**Microsoft Word: Basics**

Fri, Oct. 11, noon–1:30 pm. Learn how to use the ribbon, enter & delete text, basic formatting, cut, copy & paste; when to use 'save' and 'save as.'

**Microsoft Excel: Simple Budgets**

Sat, Oct. 12, noon–1:30 p.m. Download & adapt a budget template from Microsoft Office website. Identify & alter the formulas to suit your own needs. Prerequisite: Microsoft Excel: Basics or familiarity with spreadsheets is highly recommended.

**Franklin Learning Center**  
612-543-6934

Free, one-to-one tutoring for adults who are learning English and math, preparing for the GED and citizenship exams, and gaining life skills. We are always looking for community volunteers! No experience necessary; we provide training and materials. Contact us at 952-847-2934.

## Phillips West Neighborhood Upcoming Events [www.phillipswest.info](http://www.phillipswest.info)

October 3<sup>rd</sup> (Thursday) 6:00 to 7:30 p.m.

**Phillips West Monthly Community Meeting!** Join your neighbors and other Community Partners for updates from City Council Vice President Robert Lilligren, Minneapolis Police, Business Partners, and Residents. We will also host a special presentation on the new rain garden located at 2615 Park Avenue! This meeting will take place at the Center for Changing Lives in



the Centrum Room (2400 Park Avenue). Free parking is available in the rear of building off Oakland Avenue. Free Pizza & Beverages will be provided! If you would like more information or would like to get involved with the neighborhood please contact Crystal at 612-879-5383 or email her at pwno2005@yahoo.com

## MEG FORNEY FOR PARKS



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SAT 7-5 • SUN 7:30-5  
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NEIGHBORHOOD**  
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2nd Wednesdays: BOARD OF DIRECTORS MEETINGS: 6:00 PM  
2nd Wednesdays: GENERAL MEMBERSHIP MEETINGS: 7:00 PM  
1st Tuesdays: COMMUNITY ENGAGEMENT COMMITTEE MEETINGS: 5:30 PM  
1st Tuesdays: WELLNESS, GREENING & GARDENING COMMITTEE MEETINGS: 6:30 PM  
3rd Thursdays: BI-MONTHLY BUSINESS COMMITTEE MEETINGS: 6:00 PM  
Last Thursdays: HOUSING & LAND USE COMMITTEE MEETINGS: 5:30 PM  
Last Thursdays: CRIME & SAFETY COMMITTEE MEETINGS: 6:30 PM  
PARKS COMMITTEE MEETINGS: Call for next meeting time.  
EXECUTIVE COMMITTEE MEETINGS: Call for next meeting time.

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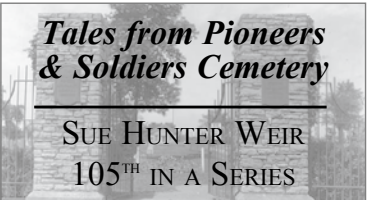


# Remarkable progress update: 74% fencing is restored, obelisk gravestone found, gravesite a mystery & marker upgrade continues

They’re back. The 42 sections of steel picket fencing that border the Lake Street side of the cemetery have been straightened, sandblasted, galvanized, repainted and reset. The remaining fifteen sections along Cedar Avenue will be repaired this fall. This project has not been cheap; each section of the fence has cost about \$14,000 to repair. The stone pillars still need to be straightened, tuck-pointed and capped to prevent water from dripping down inside the pillars and eroding them from the inside out.

The fence serves many purposes but perhaps none more important than protecting the markers, especially the oldest markers. New markers, with the exception of military markers, are usually made of granite. While they’re not indestructible, they are considerably more durable than the oldest markers many of which were made of marble. It took a while for transplanted New Englanders to figure it out, but marble is not really hardy enough to withstand the extremes of Minnesota weather.

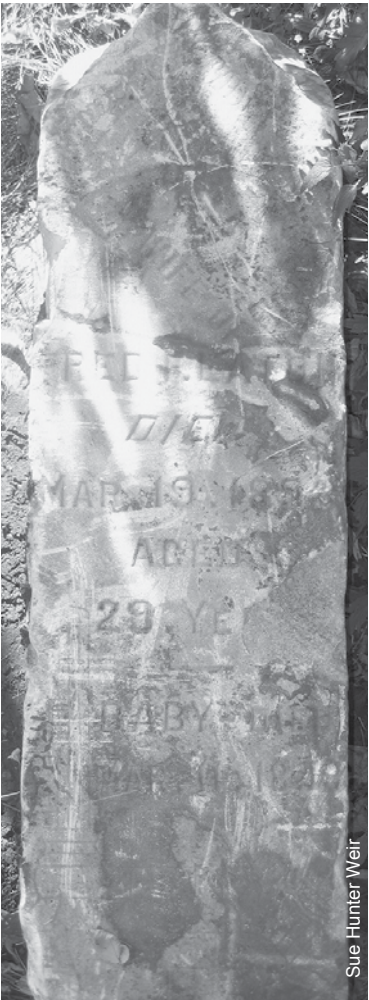
And the fence is a deterrent to vandals. There hasn’t been a major episode of vandalism in many years—probably since the 1970s. We’re lucky. Almost every day a cemetery somewhere in the United States is vandalized. Sometimes the motive is financial: people stealing bronze vases, urns and plaques that they sell for scrap to dealers who will melt them



**This 3-foot obelisk gravestone found at a dump was for Mrs. Fred Eaton & her baby, dates and gravesite are a mystery.**

down into unrecognizable forms. In 1906 two 15-year-old boys, David Curtis and Charles Carlin, went on a crime spree; one of their misdeeds was stealing flowers from graves in the cemetery and reselling them in saloons around town. They were caught and sent to reform school. Occasionally vandalism is a hate crime—thugs desecrating the burial place of particular ethnic and cultural groups. But for the most part vandals have no real motive. They are almost always young men in the their teens and twenties. They’re bored, often drunk, and they’re invariably caught.

The financial costs of vandalism can range as high as tens of thousands of dollars. That assumes that the markers were not damaged beyond repair. But often the loss is irreplaceable. Some markers are too old or too fragile to be repaired and returned to their proper spaces. Sometimes they are illegible and there is no way of knowing whom they belonged to and where they should be placed. There are several piled up under a shrub near the garage in the cemetery.



Sue Hunter Weir

A few weeks ago, employees from the city’s Department of Public Works found an old marker at one of the city’s dumping grounds. They brought it to the cemetery thinking that it must have come from Pioneers and Soldiers. The 3-foot obelisk belongs to a Mrs. Fred F. Eaton and her baby. The names are clearly legible but the date of their deaths is not, although they appear to have died in the 1890s. A bigger mystery is where the stone came from. There is no indication that Mrs. Eaton is, or ever was, buried in this cemetery. It is likely that her husband is the Fred F. Eaton who was listed in the Minneapolis City Directories during the 1890s. He lived in North Minneapolis and worked as a cutter for Brown

and Haywood. His name is not on the marker and he is not listed on Minnesota’s Death Certificate Index so he may have moved out of state after his wife and baby died. We’ll do our best to find out where Mrs. Eaton and her baby are buried and get the marker back where it belongs.

In the meantime, we’ll be working on ordering replacement markers for several of our military veterans. Five new markers have arrived in the past two weeks.

Four are for Civil War veterans, only one who has previously had a marker, and another is a Spanish-American War veteran whose grave has been unmarked since he died in 1909.

When the markers are all in place, probably sometime next spring, we will have a dedication ceremony.

Correction: In last month’s Alley, the name of the baby was incorrect. He was Carlton Keith Cressey, not Carlton John Cressey.

## Dracula COMING SOON! Classic 1931 Movie Oct. 2 7 PM Pioneer & Soldiers Cemetery Walk-In Movie Theatre



BY SUE HUNTER WEIR

George Melford was working from the same Dracula script & sets as Tod Browning during the day but with at night with a Spanish language cast and crew. The missing film was found in 1970s. Many now argue Melford’s film is the better version.

Enjoy this classic monster movie, arrive early for a 1931 trailer reel and roam the cemetery. Bring a blanket or lawn chair. In

Spanish with English subtitles. \$5 Suggested Donation. tickets: on-line at <http://www.brownpapertickets.com/event/444947> or at the gate (cash only, please). Kids under 12 free. Please no pets, alcoholic beverages or videotaping. Take-Up Productions, along with All Star Video Productions, is generously offering this event as a benefit for the Pioneers and Soldiers Cemetery’s fence fund. Hope to see you there.

## BeSure of MnSure: new health insurance options

BY LEIGH GRAUMAN, PORTICO HEALTH NET

Can you afford to see a doctor when you feel sick? Can you get your teeth cleaned without worrying about how much it will cost? For many Minnesotans, that answer is no. There are about 500,000 people in Minnesota without health insurance, and even more who have insurance but struggle to pay for it.

The new Affordable Care Act, also known as ‘Obamacare’, will take effect on January 1st. While this law will help more people become insured, most of us don’t understand how it will work or who will benefit.

MnSure plans to offer the answers. MnSure is Minnesota’s health insurance exchange. Through the MnSure website, people needing health insurance can look up their options, compare private insurance plans, and apply for state health programs like MinnesotaCare or Medical Assistance.

Some people will be able to have insurance starting in 2014, even if they didn’t qualify or couldn’t afford it in the past. Starting on January 1, if you have a pre-existing health condition,

private insurance companies can no longer deny your application or charge you a higher premium. Tax credits will also be available to make insurance is more affordable for some people. Through MnSure, you will be able to compare what is covered by different insurance plans and how much they cost.

The state health programs will also change in 2014. Medical Assistance will have higher income limits for adults, and assets won’t be counted in the application process. MinnesotaCare will no longer require people to be uninsured before they enroll, and immigrants with sponsors are more likely to qualify.

Even with MnSure’s one-stop format, it can be difficult to understand what health care reform means for you and your family. Portico Healthnet is a local nonprofit organization that helps people know their options and access health care coverage. Portico Healthnet guides people through the application process for Medical Assistance and MinnesotaCare, provides information on low-cost health services, and offers its own health coverage program. As one of the organiza-


tions chosen by the state to help people enroll through MnSure, Portico Healthnet offers free assistance to people in your community. To find out more and get help either in person or over the phone, please contact Portico Healthnet: 651-489-CARE or [www.portico-healthnet.org](http://www.portico-healthnet.org).



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8<sup>AM</sup> to 3<sup>PM</sup> Sun.  
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[www.mariascafe.com](http://www.mariascafe.com)

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Mary Gonsior, Treasurer  
2601 Cedar Ave S #1  
Minneapolis MN 55407



# VOTE

## #1 Your Choice Nov. 5

# FOR Annie Young PARKS

[www.annieyoung.net](http://www.annieyoung.net) City-wide Parks and Recreation Board

**Sierra Club - GREEN PARTY - Labor**

### Looking for Affordable Health Care Coverage?

### Portico Healthnet Can Help!

Thanks to support from the Allina Backyard Initiative, Portico Healthnet can:

- Help you apply for Medical Assistance or MinnesotaCare
- Enroll you in Portico’s Primary and Preventive Health Care Program if eligible

Call us at 651-489-CARE for more information



**PORTICO**  
Healthnet



## 2529 13th Ave. Property Past, Present, and Future



2529 13th being demolished

Harvey White



Drawing of New Banyan Community building

BY JOANI ESSENBURG, BANYAN COMMUNITY EXECUTIVE DIRECTOR

There are several visible changes to the landscape of the 2500 block of 13th Avenue due to number of neighborhood decisions made by a variety of people. Though the change may seem drastic, one thing has remained constant: neighborhood outreach.

PAST: Back in 1970, the 2500 block of 13th had some major changes as the government decided to grant several lots to Pillsbury United Communities to establish a building and presence. The Minneapolis Park and Recreation Board received the grant for the Pillsbury United Communities and leased the land back to them so they could proceed. The "Waite House"

made this location their home for 42 years, until May of 2012 when their lease expired. The Park Board then entered into another lease agreement with the Waite House (Pillsbury United Communities) at the Phillips Community Center at 2323 13th Ave. South—Just two blocks north of their previous site. The great news is that Waite House is still around providing the wonderful resources that community members need and enjoy. The new location allows them to expand their services and be in a more comfortable and roomy space—still in the geographic location that Waite House has served for so many years. Check out their new spot!

PRESENT: In the meantime, the



**Watch for article about Banyan Lighthouse program by Naomi Mohammed in The Alley November issue.**

vacancy at 2529 13th meant that a public process would take place to decide the new owner of this land parcel, since the Minneapolis Park and Recreation board declared the property surplus property. The Minneapolis Park and Recreation Board (MPRB) initiated a process beginning in fall of 2012 and authorized the Midtown Phillips Neighborhood Association to establish a "ReUse Committee" and charged the committee with managing a Request for Proposal (RFP) process to bring a recommendation to the Park Board Commissioners. The process included an RFP, survey of community needs, open meetings for discussion, neighborhood vote, and a public hearing. At the January 2013 meeting of the Minneapolis Park and Recreation Board; the neighborhood recommendation was affirmed by the Park Board Commissioners that Banyan Community would be the new owner of the parcel. A new page in the history of 2529 13th Avenue has begun as Banyan closed on the land purchase in March of 2013.

FUTURE: At the very end of August the old Waite House building was demolished and the land cleared to make way for a new development. Banyan Community has conceptual drawings of a new community center to be built on site that can be viewed on their website: [www.banyancommunity.org](http://www.banyancommunity.org) Banyan is a long time community organization beginning in 1998 in the home of Tim and Joani Essenburg on 16th Ave. Banyan currently operates out of the old Oliver Church building on Bloomington Ave. South and is looking forward to a new permanent home on 13th to continue the tradition of neighborhood outreach.

2647 Bloomington Ave. South, Mpls, MN 55407. 612-722-8512-  
[www.banyancommunity.org](http://www.banyancommunity.org)

## Bridging Neighborhoods and Fun

BY DALLAS JOHNSON

The 3rd Annual Shenanigrins and Bridging Festival was a gob-stopping feast for the eyeballs and a splendiferous gift to the heart. Before the event, our friends wrote happy words all over the deck of the 24th St pedestrian bridge, hung an enormous unicorn head from one end and suspended over 100 stuffed, glittering handmade hearts from the top of the bridge which danced in the breeze above our heads as we paraded across, danced to live bluegrass music, read a poem about community and tied our wild wishes to the chain link. When we reached the party, we were greeted by brightly colored banners declaring, "Life is Generous" in many languages. The costume cart got a serious workout as revelers young and old donned festive embellishments, had faces painted, hula hooped, played instruments in a



rock band, limbo'd to live soca music, held potato sack races and enjoyed pizza and snow cones. Muriel Simmons' grandkids performed a skit in her honor which ended in the entire crowd shouting, "Anything is possible!" and then we took turns answering questions in the Happy Stories Chair, such as, "What's your favorite thing about our neighborhood", which was answered in one word, "THIS!"



**ALLEY COMMUNICATIONS  
Annual Gathering, Supper  
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**"The Power of Word"**  
Spoken word, poetry, songs,  
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**DONATE YOUR USED BOOKS**  
Drop-Off Books before

**Welna Hardware 2438 Bloomington Ave.  
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For Book Pick-up or Info: 612-722-8512**

### Phillips Neighborhood Clinic

"Do you need to a doctor but don't have a healthcare plan or insurance? Phillips Neighborhood Clinic is the place for you because PNC is a free clinic operated by Univ. of MN professional students. All students are supervised by licensed clinicians. No Appointments or Insurance Necessary. Spanish Interpreters are available at all times. Clinic Hours: Mon. & Wed. 6:00pm-9:00pm (except holidays). 2647 Bloomington Av. So. PNC also offers a Foot Care Clinic Night the last Wed. every month. Nursing students will assess the patients' feet and provide a soothing soak and massage. Come and visit us soon!"

### 13th Annual Green Tomato Cook-Off!!

St. Paul's Lutheran Church  
2742 15th Av. So. • Thursday, October 17,  
2013 • 6:00 – 8:00 pm

Green Tomato Contest food entries  
must be received by 6:15 PM

Cash prizes for best of 3 categories & overall

Join us for a gathering of gardeners from the Twin Cities  
Metro and beyond. Come celebrate the end of the community  
gardening season.

There are many ways to participate:

Free event with good will donations accepted at the door

- Help out at the event
- Make a green tomato dish
- Compete for 3 category prizes: Savory,  
Sweets and Sauces/Condiments OR
- Just show up and eat – ALL ARE WELCOME

INFORMATION: [cpslovac@msn.com](mailto:cpslovac@msn.com) or 612-871-0910



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The Spirit of Peace House Community lives on at 1816 Portland Avenue



Left Photo: Peace House since 1985 at 510 East Franklin Ave. that has been demolished for the new building to complete the complex of four buildings developed by Hope Community and AEON called South Quarter. Right Photo: The new Peace House at 1816 Portland Ave. built has a trade for the Franklin Avenue property and now fully owned by Peace House. Funds still needed for furnishings and operating.

BY CATHERINE MAMER, PEACE HOUSE DIRECTOR

The last little building standing between Portland and 5th Avenue came down without ceremony a few weeks ago.

The ancient storefront served as the “living room of Franklin Avenue” for some of this neighborhood’s most destitute for nearly 28 years. Peace House Community was started on October 17, 1985 by Sr. Rose Tillemans, a Sister of St. Joseph of Carondelet, and she ran it until her death in July of 2002.

A beautiful mosaic by artist Angela Carlson Talle was worked on by many members of the

Community. The wall proclaimed that this was “A PLACE TO BELONG”. These words, which describe the ministry of Peace House so well, stood out among the mirror tiles as the mosaic became a focal point of Franklin Avenue.

Peace House Community moved on July 15 from our home at 510 East Franklin to a brand new building at 1816 Portland Avenue. As AEON and HOPE Community worked together on the redevelopment of the Portland/Franklin South Quarter Development, what to do with Peace House in the middle of the project became a heated question.

After 14 years of discussion, that question is answered with a beautiful new building built for us by AEON which will serve the needs of the Peace House

Community for decades to come. The transition has not been easy. Change never is easy. But we are so very grateful for the new building! It that has a much larger room for our daily meditation and prayer, a gleaming state of the art new kitchen with storage space for donated food, an office where we can conduct business, two beautiful new rest rooms, central air conditioning and more.

Best of all we have a beautiful library where we can sit at a table and look at books or have small meetings and where we have a wonderful remembrance wall with photos of the people from our community who have died. There are now 70 and we remark that, “life is shorter when you are on the street.”

Soon there will be a much smaller mosaic in the triangle space on the front of our new building, created again by Angela Carlson Talle. It will again proclaim that we are “A PLACE TO BELONG”.

Peace House Community provides a listening presence to anyone who comes in our door. We are a group of volunteers who come from near and far to provide a welcoming place for many who do not feel welcome anywhere. We have no services. We require that everyone who comes be sober, non-violent and non-judgmental.

Everyone who comes is treated equally and is considered a part of our family. We aim to change the lives of the homeless by providing a safe space to think and be and talk about what is meaningful in their lives. We are always looking for new volunteers.

Visit our website at: [www.peacehousecommunity.org](http://www.peacehousecommunity.org).

We will have a Grand Opening Open House all day on our 28th anniversary on October 17. We will be open from 10AM to 7PM with a dedication at noon and tours and activities all day. Please join us.

See pg 7 e-mail to community Sister Rose: saint amongst us

Peavey Park Celebration – September 14, 2013



BY ROBERT ALBEE

Ventura Village and Phillips West neighborhoods joined forces for the third year to celebrate the end of the summer season with a gathering at Peavey Park.

Activities included musical entertainment, inflatables for children and games for youth, community outreach tables and a shared meal provided by Adult

and Teen Challenge. St. Mary’s University passed out root beer floats, political candidates mingled, and Mickey Mouse was on hand to give out free hugs!

This year’s performers were the Adult and Teen Challenge Choir, followed by West African music by Soukasize, East African dejay offerings by Abdihakan Farah and Mohamed Haji. You Only Live Once, better known as YOLO finished off the afternoon performing pop and country favorites as sprinkles began to arrive before needed rain showers later in the day.

Although the attendance was slightly down—perhaps for fear of the coming rains—the attendance by Somali young people and elders was up considerably. During the musical stage presentations, attendees were spontaneously entertained by a updated, joyful age-old village dance by youth honoring a Somali elder in his wheel chair that began with a song by world renowned Somali hip-hop artist known as Kanaan.

These end of season events were originally created at the behest of then Third Precinct Inspector Lucy Gerold, who then stated that the police were at the edge of effectiveness in stemming criminal activity at Peavey. Having the distinction as the most “crime-ridden” park in Minnesota was not thrilling to residents in Ventura Village who had hear that story for more than twenty-five years.

Inspector Gerold simply asked all the residents to dream up positive activities in the park to replace drug dealing and predators from holding daily court as their “territory”. Church groups and no-profit organizations joined together and created activities ranging from movie nights to Amen Corner. These smaller weekly activities culminated in the Peavey Park Celebrations. Plans are already underway for next year’s event. Those interested in joining the planning or making suggestions are invited to contact Ventura Village’s Mary Watson at 612-871-7973.

THE DATE

Friday,  
November  
15  
6:30 to  
8:30  
St. Paul’s Assembly  
Hall  
2742 15th Ave. So.

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e Nov. 8:

Av. or East Phillips  
Av.  
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Annual  
TASTE OF PHILLIPS  
Celebration and  
PHILLIPS AVENUES OF  
THE ARTS  
October 25th and 26th  
St. Paul’s Lutheran  
Church 2742 15th Av. So.

Free and Open to the Public – Free will offering

The 6th Annual “Taste of Phillips” brings visual and spoken word artists, poets, musicians and community actors to showcase talent and hope of our community. St. Paul’s gallery will both professional and amateur work and allow hands-on activities. This year’s event includes the inauguration of the Phillips Avenues of the Arts with dedication of the mosaic mural at Bloomington and Lake being created in these photos by artists Greta McLain, Alicia Martinson, Lamia Abukhadra, Samie Johnson, Eamon McLain, and Jesse Urban. For details see [stpaulschurchmpls.org](http://stpaulschurchmpls.org), [stpaulscreate@gmail.com](mailto:stpaulscreate@gmail.com), “Semilla Project” on Facebook.

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**Phillips Community  
CLEAN SWEEP - Green Sweep!  
Saturday Oct. 12th, 2013**

**MARK your Calendar! It’s Here Again!**

**9 to 10 a.m. — Free Breakfast, Sign In, Pick-Up Supplies & your FREE 2013 Clean Sweep T-Shirt - 2 Locations:**

1) Welna Ace Hardware Parking Lot – 2438 Bloomington Ave. S.  
2) LSS - Enter on 24<sup>th</sup> St. between Park & Oakland. Indoors – 2400 Park Ave. S.

**New this year: Pick up VOUCHERS for a free Welna Pumpkin AND a discount at Maria’s Cafe**

**9 a.m. to Noon — Sweep Phillips Clean!**

**~ The Phillips Community Needs You!!! ~**

**Organize your neighbors - Enlist your Block Club - Recruit your Church Youth Group  
ABOVE ALL, Bring yourself and your Family & Sweep Phillips Clean!**

**IMPORTANT: Household items, tires, TVs, etc. MUST be at your regular garbage pick-up spot by 9:00 AM Saturday. YELLOW bags for Trash — CLEAR bags for Recyclables — Pick up BAGS at either breakfast site**

**Noon to 2:00 PM - Free Lunch, Entertainment, Neighborhood Information & Family Fun:**  
Stewart Park 2700 12<sup>th</sup> Ave. S.

**Do Not Miss This!** Your once-a-year opportunity to UNLOAD:  
Tires, Household Construction Materials, Old Furniture, Electronics - and  
Meet your Neighbors, Eat & Have FUN  
**DO NOT** unload:  
Car Batteries, oil or car parts, contractor construction materials, paint, hazardous waste or liquids  
**Contact Hennepin Cnty. At 612-348-3777 for their safe disposal.**

**NOTE:** Appliances, yard waste & Leaves will be picked up on your next recycling or garbage day. Leave them in your regular Pick-Up spot.

**For more information call the Clean Sweep Hot-Line --- 952-996-6490**

**Each Phillips Clean Sweep Participant will get a Coupon redeemable for a FREE PUMPKIN from Welna Hardware. Limit 2 pumpkins per family**





The Grandmaster

## The Grandmaster

“The Grandmaster” (2013)

★★★★★

**Drama/Action/Adventure**  
**Weinstein Company**

**Cast:** Tony Leung (Ip Man), Chen Chang (The Razor), Ziyi Zhang (Gong Er), Zhao Benshan (Ding Lianshang), Hye-Kyo Song (Zhang Yongchen), Xiao Sherr Yang (San Jiang Shui). (PG-13) **Running time:** 130 minutes. **Languages:** Mandarin/Cantonese/Japanese. **Countries:** China/Hong Kong. **Director:** Kar Wai Wong.

Men in black in a night rain-storm perform martial arts in such stylist form they almost look like dancers dancing to Swan Lake. In super slow motion the raindrops splash like waves of an ocean and movements of men kick and punch each other like mountain goats clashing horns in silent thunder.

Director Kar Wai Wong spent



HOWARD MCQUITTER II  
**Movie Corner**  
Howardsmoviecorner.com

HowardMcQuitterii@yahoo.com

ten years on the project “The Grandmaster,” indeed, turning out, what I call, a grand film.

Often times with martial arts films it can be difficult or impossible just what era is being depicted. Kar Wai Wong (“As Tears Go By” [1988]. “Happy Together” [1995],

“In the Mood for Love” [2000], “My Blueberry Nights” [2007] ) begins his tale in China, in 1936, at the time the Japanese occupied China, where Ip Man (Tony Leung), later to be the teacher of Bruce Lee. Ip Man must take on the kung fu artists of the day.

The best scene is between Gong Er (Ziyi Zhang) and Ip Man battling it out in full kung fu ritual as a train is passing by. Gong Er had learned of her father’s death and she isn’t one to forgo payback. She has already broken a tradition in her country usually reserved for men.

Not only is Ip Man up against other kung fu masters out to defeat him but he resists the Japanese occupation with hardship to follow him. Eventually, he moves to Hong Kong after World War II.

“The Grandmaster” is a gorgeous, pictorial film including a mellifluous soundtrack.

## MUSLIM JOURNEYS FILMS & Discussions

U of M West Bank & HN Central Library

**Monday Oct. 21 4:00 to 6:30 pm**

**Koran by Heart**

Insights on Islamic culture; 3 families with children in a Cairo Koran-reciting contest; with discussion. Humphrey School, Cowles Auditorium, U of M 301 19th Av. So. **Cawo Abdi**, Prof. of sociology U of M with **Abdirahman Mukhtar** and **Ahmed Ali**, HN County Library

**Monday Nov. 25, 4 - 6 p.m**

**Islamic Art: Mirror of the Invisible World**

An epic journey across 9 countries and 1,400+ years of history exploring the richness of Islamic art and revels in finding commonalities in a shared artistic heritage with the West and East. Elmer L. Andersen Library, 222 21st Av. So.

**Catherine Asher**, Prof. Islamic and Indian Art; 1200 to today having traveled from Spain to China areas with sizable Muslim populations.

**Connected Histories BOOK DISCUSSION SERIES**

**5 Tuesdays: Sep. 17, Oct. 1, 15, 29 and Nov. 12**

**Let’s Talk About It: Muslim Journeys**

Read and discuss 5 books on Connected Histories Centuries before dawn of the modern age;

world was a surprisingly interconnected place. Readings introduce a way of understanding the past in which Islam and the West are products of a shared, cosmopolitan, and inextricably intertwined past. Books help envision the world of our ancestors, which was as complex and dynamically interconnected as the world today.

7:00 - 8:45 p.m.

HN Cty Library Mpls. Central: Pohlard Hall 300 Nicollet Mall **Giancarlo Casale**, Harvard Univ. Prof. History and Middle Eastern Studies & Assoc. Prof. History of the Islamic World, U of M REG.: Recommended\* (not req.) www.continuum.umn.edu/reg/register-mj/ \* 20 Lending copies reserved for first registered.

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## What is Functional fitness at Running Wolf Fitness Center?

BY CONNIE NORMAN, RUNNING WOLF MANAGER

Functional fitness exercises train your muscles to help you do everyday activities safely and efficiently. Find out more about functional fitness exercises — and what they can do for you at Running Wolf Fitness Center! It seems that at the gyms we are hearing about something called “functional fitness”. In effect any exercise that you do regularly helps to improve your day to day functions. However Functional fitness exercises are designed to train and develop your muscles to make it easier and safer to perform everyday activities, such as carrying groceries or running to catch the bus or playing a game of basketball with your kids.

**What is functional fitness training?**

Functional fitness exercises train your muscles to work together and prepare them for daily tasks by simulating common movements you might do at home, at work or in sports. While using various muscles in the upper and lower body at the same time, functional fitness exercises also emphasize core stability. For example, a squat to bicep curl is a functional exercise because it trains the muscles used when you pick up an object from the floor or a table. By training your muscles to work the way they do in everyday tasks, you prepare your body to perform well in a variety of common situations. Functional fitness exercises can be done at home or at the gym. Running Wolf offers classes that incorporate functional fitness. Exercise tools, such as fitness balls, kettle bells and weights, are often used in these functional fitness workouts. Running Wolf Fitness Center offers a variety of classes to help



you improve your functional fitness through better balance, agility and cardiovascular fitness such as:

- Taiji-Qigong with Margaret that focuses on balance and agility among other things.
- “Matter of Balance” for Elders, which focuses on better balance both in the home and outside the home to lessen your chance of falling.
- Cardio classes like Cardio-Kickboxing and Zumba to strengthen core and also improve your cardiovascular fitness.
- Different types of Yoga with Sheila and Dri that focus on strengthening and flexibility.

**What are the benefits of functional fitness training at Running Wolf?**

Functional exercises tend to be multijoint, multimuscule exercises. Instead of only moving the elbows, for example, a functional exercise might involve the elbows, shoulders, spine, hips, knees and ankles. This type of training, properly applied, can make everyday activities easier, reduce your risk of injury and improve your quality of life. So join us at Running Wolf for better overall functional fitness and have fun at the same time! For more information please call Running Wolf @ (612)872-2388. Happy October!

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## By the Way



PETER MOLENAAR  
*Raise Your Voice*

Just recently, while traveling north on Cedar Avenue, this writer was forced to slam his brakes near the tangled intersection known for its Taco Bell. A long-haired youth had stepped abruptly in front from the parallel traffic which had stalled for his benefit. My horn refrained, yet the youth approached with a finger on display.

Note: Eventually, I did travel east on Riverside Avenue to pay a bill at an orthopedics clinic.

Then, en route home, a stop at the Community Peace Garden was in order. (This oasis appears just west of Cedar and adjacent to east-bound Highway 94.) While watering a plot, to my astonishment, “Long Haired Youth” again approached, this time clutching one stolen luscious red heirloom tomato!

Flight was not an option. Yet

the hose kept running, flat upon the ground, as I presumed to block his path—at which point mutual recognition occurred. He kept coming.

“Thief,” I shouted, and then commenced to denounce his mother, and then, as he drew near I called him a blanking punk (if you will). There was a pause. He walked on by.

My tirade resumed, oh, oh, he did an about-face and proceeded to get up in mine. Gestures of gangsta sign language were deployed, and then ironically, he claimed he was into organics and was a member of the community!

I’ve worked at Smith Foundry for 34 years. Hence, the art of cursing has been refined by countless humiliations rendered under conditions of mind numbing heat exhaustion. Did my opponent bow slightly when he handed me the tomato?

However, after exiting the gated garden, the long haired youth headed straight for my brand new truck... with me in hot pursuit. But again he about-faced, approaching like the ancient T-Rex who, while attempting to suppress its grin held out its feathered arms to signal: Hey, if you’re interested we could be lovers.

I quickly got religion and became a pacifist.

So, he parted his mass of hair and placed the halves forward across his shoulders. I said to him, “You look like Jesus Christ”. To which he replied, “Would you kindly have your country liquidate

## October at Ingebretsen’s: A Real Scream

BY CARSTENS SMITH

Ingebretsen’s presents a month of events, including a lecture on the life of Edvard Munch, food tastings, author talks, craft demonstrations, and a porcelain signing. People can drop by the store to get a flyer with a full listing of events or check the website, [www.ingebretsens.com](http://www.ingebretsens.com). The events start on October 5 and continue into the Christmas season. Below are a few of this month’s highlights.

Peace Coffee will be at the store on Wednesday October 9, Leif Erickson Day from 11 am to 1 pm. The neighborhood roastery will provide samples and representatives will talk about their fair trade practices. You can’t have coffee without chocolate, so we will have samples of our signature chocolates plus a new lingonberry-chocolate fudge.

On Saturday, October 12, Sonja Anderson, the designer of the Sonja Rose dinnerware produced by Berquist and a beloved fixture on many dining tables, will visit the store to sign plates. Sonja used rosemaling, a traditional Norwegian folk art painting style, as the inspiration for her design. She will be in the gift store from 10 am to 1 pm.

On that same day, UMD Geology Professor Emeritus Dick Ojakangas will talk about the road-

its supply of chemical weapons?

I bowed slightly and returned the tomato.

side geology of Minnesota and sign his book on the same topic. Ojakangas takes an appreciative look at the world outside the car window. He helps readers to understand what the colors, strata, and formations tell us about the geologic history of where we are traveling. Please call to reserve a spot for this event: 612.729.9333. Cookbook author Beatrice Ojakangas will have a “guest appearance” from 2:30 pm to 3:00 pm. She will sign copies of her latest work, *The Soup and Bread Cookbook*.

The Scream is a painting, much like the Mona Lisa, that people both appreciate artistically and they enjoy spoofing. Mary Jo Thorsheim, an art historian and owner of Norway Art®, will discuss the life and influence of the artist Edvard Munch, who painted the iconic image. Mary Jo will speak on Saturday, October 19



from 1pm to 3pm. The presentation is free, please call ahead to reserve a spot.

It’s Lutfisk Day on October 26. Come have a sample and learn about why this poor maligned fish became a holiday tradition. Mike Svendahl will talk about the fish, its history, and how to prepare it at 11 am, noon, and 1 pm.

Craftspeople will be giving demonstrations in the store every weekend. Please drop in and watch woodcarvers, needleworkers, jewelers, and painters create traditional and contemporary Nordic-inspired work. As always, the coffee pot will be on.



## e-mail to community Sister Rose: saint among us

Something certainly SHOULD be named for Sister Rose. Perhaps the only “Saint” I will ever meet. What an uncannily moving little lady. When she asked you to be a better person, it was almost impossible to not be.

I well remember when, after giving Rose a ride home, she reached over and grasping my arm said, “I am so happy that my prayers have been answered and God has made you a better person who will help me with Peace House.” I replied that I was not aware I was a bad person but that I promised to help her save Peace House.

I am not sure it took the prayers of a Saint to make me a better person, but I did try to help save Peace House; not the building but the idea.

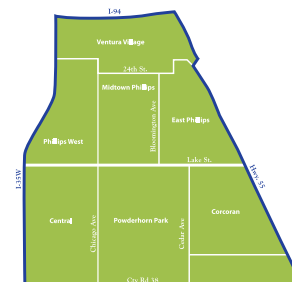
That old building was NOT Peace House. Just as that frail little body was NOT Sister Rose. Peace House will continue in a better building that better serves the people to whom Sister Rose devoted her life. That frail little woman of steel and that old building served that idea until they were laid to rest, but the Spirit goes on.

There was no “Demise of Peace House” nor of Sister Rose. The Spirit goes on.  
 Jim Graham





# BACK YARD INITIATIVE BACK PAGE



BYI AREA

A-POD



A Partnership Of Diabetics

## A BYI Community Health Action Team



**Every Tuesday afternoon**, we gather at a public high rise and provide A-POD's special diabetes support program for Somali elders who speak no English nor do they read or write any language. With several bilingual interpreters we have made great progress; every one of the participants has made lasting and steady improvements in their health!

**WHEREVER WE ARE, WE CREATE A SAFE SPACE** where we honor our freedom, identity, humor and spirit. We maintain openness and confidentiality in a peaceful, trusting, respectful and connected manner. We help one another find better ways to help manage our diabetes and ensure that we never become victims.

A-POD represents optimal diabetes self-management within a carefully constructed network of family, social, and community-based resources that effectively complements the work of our chosen health care providers."

Each week we host one or more small group Meet-ups where we have the opportunity to share with each other our progress or problems associated with effective diabetes management. We listen to one other sharing ideas and experiences on how to better handle the obstacles that we face. If we are doing well, we reach out to help the others who are having more difficulties. Our Buddy System really works well alongside our weekly Meet-ups!

**COME JOIN US!**



**We share a breakfast together** on the last Thursday of each month. We bring in a presenter for a topic of strong interest to us that helps us deal more effectively with our diabetes and is usually presented in both English and Spanish!"

**Whenever there is a health fair**

or community event, there's a good chance we will be there! We set up a table or partner with another group or agency to reach out to introduce our programs to residents of the Greater Phillips Community neighborhoods.



A-POD's mission is to provide fellow residents with sustainable, community based strategies, planning and tools to assist in optimizing our Diabetes Self-management. Through our social connectedness and continuous focus on our diabetes, our collective "D5" personal outcomes are outstanding!

**TOGETHER, WE MANAGE OUR DIABETES FOR LIFE!**

### A-POD's SCHEDULE IS:

Mondays: English Speaking Group @ 7:00 PM  
Tuesdays: Somali Group - Horn Towers @ 1:15 PM  
1st & Third Wednesdays: Latino Group @ 5:30 PM  
Last Thursday Each Month: Diabetes Breakfast  
(Doors open at 8:30 AM)  
CALL 612.812.2429 FOR FURTHER DETAILS!



Our offices are located within the Phillips Community Center, which is located at 2323 Eleventh Avenue South in the heart of the Phillips Community. Our phone number is 612.812.2429 and our email address is [ralbee4045@aol.com](mailto:ralbee4045@aol.com). We also use a website for our organizing upcoming events. Look for us at [www.meetup.com](http://www.meetup.com); enter your zipcode and type in the word "Diabetes".

The Backyard Initiative (BYI) is a partnership between the Community, Allina Health Systems and the Cultural Wellness Center. The goal of this partnership is to improve the health of the 45,000 residents living in the "backyard" comprised by the neighborhoods of Powderhorn Park, East Phillips, Midtown Phillips, West Phillips, Ventura Village, Central, and Corcoran. There are eleven Community Health Action Teams (CHATs) focused on improving the health through a variety of cultural and community-connecting activities.

**For info on the BYI, please call the Cultural Wellness Center, 612-721-5745.**

### Back Yard Initiative Back Page

The BYI Back Page is produced each month as a collaborative venture between the BYI Communications CHAT & Alley Communications, Inc., publisher of The Alley Newspaper. The Communications CHAT works with BYI CHAT (Community Health Action Teams) each month as a "resource CHAT" - helping to get the news and activities of the BYI out to the broader community.