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the Alley

NEWSPAPER

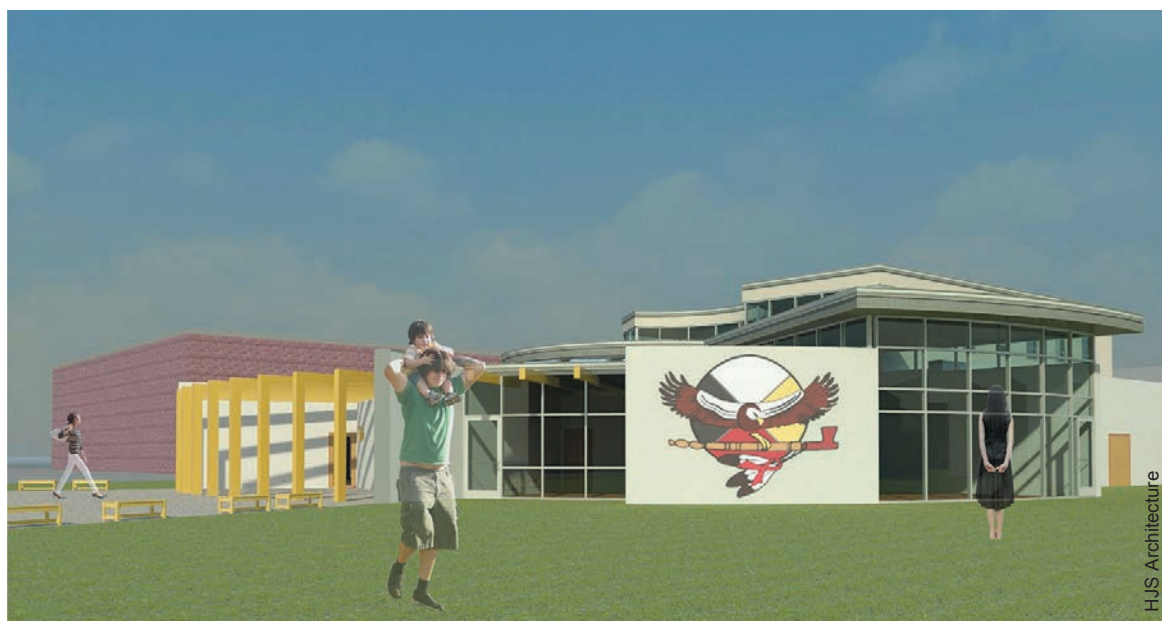
NEWS & VIEWS OF PHILLIPS SINCE 1976
SEPTEMBER 2015 • VOLUME 40, NUMBER 9

SPECIAL 5 Page Feature
GARDENING
& URBAN FARMING



by Ancestors, by Gardners, by Celebrations, by Artists, by Stories, by Cultures, by
Events, by Artisans, by Coalitions, by Healers, by Meetings, by Blocks, by Compromises

WELLNESS



INDIGENOUS PEOPLES TASK FORCE is a Native American provider of HIV education and direct services to the Native community in Minnesota. For over 26 years, IPTF has developed and implemented culturally appropriate programs to prevent further transmission of HIV, increase access to traditional and western medical services, and improve the quality of life for clients, families, and communities.

This will be the new home of the Indigenous Peoples Task Force (IPTF). It will be built on the property adjacent to the current home of IPTF and Manidoowahdak Odena Housing Complex at 1335

East 23rd Street.

This will not just be a building created of bricks and mortar. This will be a building built from dreams and inspiration.

Over ten years ago, during a

visioning session, the Board and Staff of IPTF drew up the designs for a building that would house our bodies and nurture our belief that we are the caretakers of this hemisphere. As caretakers, we

Wellness: by Artists and Artisans

Mikwanedun Audisookon, a center for Art and Wellness

BY SHARON M. DAY, EXECUTIVE DIRECTOR OF IPTF

need to take care of the land and the environment.

This new building will be made of compressed earth blocks, it will host an array of solar panels and be heated and cooled by the sun via a geo thermal system.

It will host a theater space for the Ikidowin Youth Theater Ensemble, one of the oldest ongoing Native theaters in the United States.

It will host a healing room, where people can be joined in quiet meditation, and it will host clinical space for our work with individuals.

This new space will have a

commercial kitchen where we will feed people a good breakfast and healthy lunch made from foods we grow in the gardens just outside our doors.

It will host an art lab where we can begin to teach our youth and adults traditional tribal carving, basketry, feather boxes and whatever they wish to learn. Our community center can be a place for visiting artists in residence and pottery!

If you wish to see the plans or donate go to Indigenouspeoplestf.org.

Wellness: by Coalitions and Compromises

No New Pollution and Congestion - for now. Owner of Roof Depot Site Rejects City's Water Works Offer

BY CAROL ANN PASS

Many East Phillips families and their children thank and appreciate the fact that the Owner of the Roof Depot Site said NO (at least for now) to the city's plan to interject more pollution and unwanted traffic to the already health and congestion challenged East Phillips Neighborhood.

The city plan was to move all the operations of the City's water maintenance facility along with their fleet of 68 large maintenance trucks, many of them diesel, and the personal vehicles of their large work force into our already polluted and congested neighborhood – specifically, into the cur-

rent Roof Depot site at 1860 E 28th St. In pushing this plan forward, the City of Minneapolis Public Works Dept. has worked for over a decade without so much as mentioning this major plan to the surrounding residents, or considering including them in the planning process. This is disturbing and disappointing, given the past responsible actions of Public Works involving citizens in the work that had already gone on in the nearby Public Works site on E. 26th St. The question 'What has changed?' needs to be asked.

It is never good enough to simply be against something, one must also be for something better.



Neighbors rally for Clean Air at the Roof Depot Site. (East 28th St. at Longfellow)

The Better Plan for the Roof Depot Site:

The People of East Phillips are in the process of working on a plan and are exploring sources of financial support to turn this site into one of the largest Urban Agricultural sites in the State, a potential national model of cutting edge sustainable urban organic food production.

The current building is well suited to indoor agriculture including aquaculture, hydroponics and year-round greenhouse gardening.

The roof could support one of the largest photovoltaic solar arrays in the State providing most, if not all, of the electrical energy required to supply organic produce year round to Twin City's consumers, stores and restaurants. This plan could provide hundreds of quality jobs for the people of Phillips many of whom could walk or use public transportation to the site. The plan, if carried out, could radically reduce pollution, congestion and the ill will generated by the City's disregard of the people's right

to have a voice in decisions that affect them. It could also anchor one of the City's real Green Zones and bring about a major change in the future of Phillips' children, by not adding to their burden of health challenges, thus ushering in a huge and welcome change in the whole character of East Phillips as a more positive place for families and children.

Carol Ann Pass is a Phillips resident and President of East Phillips Improvement Coalition.



The Alley
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Alley Communications, a 501C-3, Not-for-Profit Corp. publishes The Alley Newspaper influenced by these words by Ann Greene Phillips and Wendell Phillips:
"We came into this world to give truth a little jog onward and to help our neighbor's rights."

Donations are needed, welcome, and Tax Deductible.

Volunteers who had a part in making the issue: Robert Albee, A-POD, BackYard Initiative CHATS, Denny Bennett, Kathleen Blauvelt, Bill Bryant, Day, East Phillips Improvement Coalition, Frank Erickson, Cherry Flowers, Growing the BackYard CHAT, Walter Griffith, Linnea Hadaway, Hennepin County Franklin Library and Staff, HJS Architecture, Sue Hunter Weir, Indigenous Peoples Task Force, Midtown Phillips Neighborhood Association, Connie Magnuson, Tim McCall, Minnesota Historical Society, Minneapolis Swims, Peter Molenaar, Dave Moore, Mike Neumann, Out in the BackYard, Tim Page, Brad Pass, Carol Pass, Beth Peterson, Phillips West Neighborhood Organization, Ventura Village Neighborhood, Oliver Wes, St. Paul's Lutheran (on 15th Av) Youth Group, Crystal Trautnau Windschitl.

Delivery: To every Phillips Community residence, every Powderhorn Park Neighborhood, 160 businesses, places of worship, institutions in Phillips and adjacent neighborhoods by Sara Nelson Delivery. Many Phillips homes delivered by volunteers, Beverly, Marjorie, Tara, and Andrew.
Circulation: 7,800 hard copies and online.

Printing by: Page 1 Printers
More people are needed to deliver papers to neighbors and/or meetings and events.

Call Harvey 612-990-4022
Board of Directors: Cathy Strobel-Ayres, President; Sue Hunter Weir; Joan Hautman

Monthly Alley Communication Board Meetings: 6:30 PM 3rd Wed. Call for Location.

Letters and e-mails to Alley Communications and/or its Editor become the property of Alley Communications dba The Alley Newspaper and may be chosen for publication.

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October Issue Submission Deadline September 15

The Alley Newspaper is a Member of



Give. And light a fire under inequality.
www.changeisbetter.com
651-647-0440

BY ERIN THOMASSON

Children & Family Programs
Family Storytime
Fri 10:30 am

All ages and their parent or caregiver. Talk, sing, read, write & play together. Share books, stories, rhymes, music and movement.

Franklin Teen Center Programs
Urban 4-H Club

Tues 5-7 pm. Urban gardening to digital photo/video to theater.

Teen Tech Workshop

Wed 4:30-6 pm. Get creative and make music, videos, animation and other projects using both high- and low-tech tools, everything from iPads and 3D printers to synthesizers and sewing machines.

Young Achievers

Thurs 4:30-6 pm. Want community involvement? Bring your friends for poetry, arts, games and more!

Stop Motion Animation Creation

Wed, Sept. 16, 4:30-6:30 pm.

Grades 7-12. Work with other teens & animation artist John Akre to create and animate a ridiculous or serious or mysterious short film. Your creation will debut on the Library's video channels! Teens will work with the artist to collectively create one animated short film.

Adult Programs

Education Alternatives

Mon, Sept. 14, 1:00 pm.

Join a monthly discussion

Programs at the Franklin Library

1314 E. Franklin Avenue
Complete program list or info

612- 543-6925

www.hclib.org

Mon, Fri & Sat: 9am-5pm

Tue, Wed & Thurs:

9am-8pm

Sun: 12-5pm

of persistent problems in education and possible solutions, based on the writings in Knowles Dougherty's blog: [educationspersistentproblems@wordpress.com](http://educationspersistentproblems.wordpress.com).

Memoir Writing Group

Thurs Sept. 17, 1:00 pm.

Want to record of your personal history? Bring what you have written and are willing to read to the group for helpful comments and suggestions.

Franklin Learning Center:

612-534-6934

Free, one-to-one tutoring for adults who are learning English and math, preparing for the GED and citizenship exams, and gaining life skills. We are always looking for community volunteers! No experience necessary; we provide training and materials.

Phillips West Neighborhood Upcoming Events

www.phillipswest.info

September 3rd (Thursday) 6:00 to 7:30 p.m. – Phillips West Community Meeting!

Join your neighbors and other Community Partners for updates from Local City Government, Business Partners & Ebenezer. This meeting will take place at the Center for Changing Lives in the Centrum Room (2400



Park Avenue). Free parking is available in the rear of building off Oakland Avenue. Free Delivery Pizza & Beverages will be provided! If you would like more information or would like to get involved with the neighborhood please contact Crystal at 612-879-5383 or email her at pwno2005@yahoo.com



INGEBRETSEN'S

Scandinavian Gifts & Food • 89 Years on East Lake Street

1601 East Lake Street, Minneapolis, MN 55407

612-729-9333 • M-F 9:00-5:30 SAT 9:00-5:00

www.ingebretsens.com



3440 BLOOMINGTON AVE.

POWDERHORN PARK

MINNEAPOLIS

M-F 6:30-6

SAT 7-5 • SUN 7:30-5

729-5627

ORGANIC & FAIR TRADE COFFEE

FREE Wireless Internet

By Artists and Healers

May 30, 1944 - June 9, 2015

Anna Elizabeth Stanley Artist, Scholar, Civil Rights Worker, Agitator, Spiritualist, Humanitarian, and fiercely, loving Friend to hun- dreds of people

BY BETH PETERSON

Greatest of Thanks and Salutations to my friend Anna Elizabeth Stanley for her powerful work and great presence in the world and for her contribution to mask making, education, the fight for civil rights, justice, and perseverance of the spirit.

Recently at the South Los Angeles Powerfest, artist Al McKie of Newhood Order was printing 100 tee shirts free for the community with the message "I like Peace, but I love Justice". These words embody the practice many saw in action through the life of Anna Stanley.

Born in Philadelphia, Anna grew up amidst many experiences both great and terrible. Her Grandmother "Ma Dear" was her strongest mentor and supporter and even moved to Minnesota when Anna began her years as a student activist at the University of Minnesota. She travelled to Mississippi to work for the passage of the voters rights acts and fought for justice at home as well, working with fellow students to make big changes that led, among other outcomes, to the formation of the African American Studies Department at the University of Minnesota.

Anna influenced generations through her love and care for children and respecting and nurturing their brilliance at a young age through her work at a preschool that brought together low income and high to moderate income children to learn together.

She was a scholar who loved art and theater and in midlife joined In the Heart of the Beast Puppet and Mask Theater to fulfill her vision of making puppets and masks to honor the Orishas and to uphold the connections between the human world, nature and the spirit world.

Anna traveled the state teaching residencies to create parades and pageants on the themes of cultural reclamation and peace and reconciliation with In the Heart of the Beast, taught many summers of Lake Street Theater Club with local children and played the lead in a production at the cusp of the new millennium.

In 1992 in Bemidji, Minnesota, she collaborated on a racial reconciliation pageant that just happened to take place at the same time as the civil unrest due to the Rodney King verdict in Los Angeles. She noted that the experience made her remember being a freedom fighter during the civil rights movement.

Anna began her collaboration and partnership with Rafala Green through the Phillips Neighborhood Gateway project—"Touchstone Plaza" boldly enhancing the southwest corner at intersection of Chicago and Franklin. Rafala envisioned and lead the creation



Anna Stanley playfully "framing" Rafala Green as they interweave humor and intense social activism in their artistic lives. They also interweave various art forms in their many endeavors. It would thrill them to see "Touchstone" Plaza used often as a "Amen Corner" venue straight out of James Baldwin's play of the same name.

of this monumental, multi-faceted sculpture/artistic landscaping, and Anna worked as an artist envisioning the art work on the children's bench

The two went on to collaborate on an artist studio at the Lowertown Lofts in St. Paul and founding an art center in the site of an old school in Delavan, Minnesota.

Anna taught at an alternative school in St. Paul, became an Americore worker to teach reading and writing to immigrant children, led workshops and built a strong community of friends in Texas, and was represented by a gallery in New York City. There are no words to describe the wisdom, generosity of spirit, and knowledge that Anna Stanley shared with all of her students and her chosen communities.

Anna found great joy in her spiritual practices. In her final five years, she created an incredible community among the residents and caregivers at Providence Place, 3720 23rd Ave S, Mpls., MN 55407 where she continued in full force while living those years with a diagnosis of stage 4 cancer. She crocheted blankets for the new babies born to the staff members.

Eighteen years ago, my own son was overdue and not moving forward being born. Anna talked to him and told him that it would be ok to be born that the world was a good place and people would be there for him. He was born by the next morning. This is just one of the many hundreds of lives who have been influenced by Anna Elizabeth Stanley's fierce and loving spirit.

Beth Peterson is a puppet and mask artist, community arts organizer, and teaching artist at LA Commons, Inner City Arts, Music Center of LA County, and a course on Integrating Arts into the Curriculum at Antioch University LA. She worked for many years at In the Heart of the Beast Puppet and Mask Theatre in Minneapolis.

Wellness: By Stories and Ancestors

“The Tribune and I Swat the Fly”

Dr. Peter Holl was a man of rock-solid opinions and an all-consuming commitment to improving public health. In addition to being one of the shakers and movers who helped save Minneapolis Pioneers and Soldiers Cemetery in the 1920s, he served for a number of years as Minneapolis’ Health Commissioner where he supervised the city-wide vaccination of school children, placed people with smallpox in quarantine, monitored the municipal water supply and tested the city’s lakes to make sure that they were safe to swim in. He wrote a daily column for the *Minneapolis Tribune* in which he answered questions from the public about their health concerns. He also maintained a private practice. He was a man of enormous energy and drive. He was also a bit of a showman.

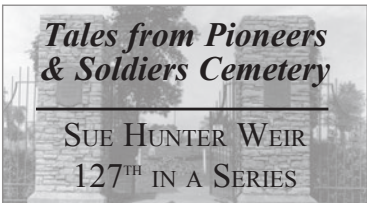
In 1911, Dr. Holl teamed up with the *Minneapolis Tribune* to sponsor a contest aimed at turning Minneapolis into a “flyless” city. Flies were known to be carriers of the bacteria that caused typhoid fever and the thinking was that if the city could rid itself of flies, it would be well on its way to ridding itself of typhoid. If the idea of a fly-swatting contest sounds a little crazy, the goal of getting rid of typhoid was not. More than 820 people buried in the cemetery died from the disease.

The contest was always referred

to in the paper as a “war” on flies, and, so, beginning at 10 a.m. on August 21, 1911, the *Minneapolis Tribune*, armed the city’s children, ages 16 and under, for battle. Boy Scouts, the Boys Club, Sunday School classes and individual children throughout the city enlisted in the war against flies.

Every day, between 10 to 11 a.m. and from 3 to 4 in the afternoon, children could pick up their fly-catching supplies (special collection boxes that were furnished by the Standard Paper Box Company and a button that read “The Tribune and I Swat the Fly”) at one of the city’s 13 drop-off sites. For children with greater ambitions than merely swatting flies, the *Tribune* printed photos of home-made flytraps (usually a tomato can fitted with a mesh screen). Children fanned out across the city in search of the best locations to set their traps; grocery stores and livery stables being preferred locations. The *Tribune* also ran photos of traps built and baited by Dr. Holl that demonstrated that flies preferred a diet of bread and milk over a diet of molasses or egg.

Children had to submit their entries before noon each day to have them tallied in the day’s count. And each day, the *Tribune* printed a list of the top contenders. This, in turn, led to some strategizing—children withhold-



ing their flies in order to fake out their competitors. Each day, the *Tribune* sent a wagon to each of the 13 drop-off sites and brought the flies back to the health department to be counted and credited to the children’s accounts. The paper never mentioned who had the unenviable task of counting all of those flies.

The contest ended at 11 a.m. on Saturday, September 2nd. The winner was a 13-year-old boy named George Knaeble; he won a \$50 prize for turning in 266,340 flies. Teddy Bedor won the second-place prize of \$25 with 264,660 flies, and Henrietta Beck took third place and won \$15 by collecting more than 186,000. In all, 3,028,578 flies were turned in. (Sadly, no children living within Phillips’ borders placed in the top 10).

Did catching flies work in reducing typhoid? It’s really not possible to say because typhoid was spread through other means, as well. And, Minneapolis Pioneers and Soldiers was not necessarily representative of the entire city, but it is interesting that in 1910, one year before the

- Dr. Holl was born in New Ulm on August 19, 1862--on the very day that the Dakota Conflict came to New Ulm. His mother must have been in labor during the battle.
- Newspapers always spelled his name Hall that people would know how to pronounce it and it made him sound a little more American.
- Dr. Holl was voted out of his post by the city council in 1913 despite a letter of support signed by more than 100 doctors in the city. While in private practice for the next five years he wrote an informative daily column on health and medicine, “Health and Happiness,” for the Minneapolis Tribune.
- In 1918 he accepted the post of superintendent of Minnesota’s Ah-Gwah-Ching Tuberculosis Sanatorium near Walker. He remained in that position until his death in 1928.
- He was an amazing, if somewhat eccentric, man. He and Annie only had one daughter and she died in infancy--the baby is buried in Layman’s. Peter and Annie are at Hillside with other members of his family.



Minnesota Historical Society

contest, there were 15 burials for people who died from typhoid. In 1911, there were three cases, and there were three in 1912, as well. Coincidence? You’ll need to

decide for yourselves. Meanwhile, we can be thankful to Dr. Holl for saving many lives in his role as Health Commissioner and physician and for saving our Cemetery.

Wellness: by Events
Cinema at the Cemetery

“Santo y Blue Demon Contra Los Monstruos”..So Bad its Good



BY SUE HUNTER WEIR

Wow! I think that everyone who attended “Santo y Blue Demon Contra Los Monstruos” would agree that their reaction

was “Wow!” One thing’s for sure, you won’t see a movie like this one every day. It was quite possibly one of the worst and funniest movies ever made. Local wrestler,

Spider Baby, gave a stirring introduction, and a handful of diehard fans came wearing their Santo and Blue Demon masks which helped to get all of us into the spirit of the thing.

Superhero “Santo” and his best friend “The Blue Demon” had to battle the bad guys, and there were a lot of them: Frankenstein, a vampire, a mummy, a werewolf and the cheesiest-looking Cyclops ever to walk the earth. The bad guys messed up when they kidnapped our hero’s girlfriend (you have to picture Frankenstein driving a getaway car). And even though the bad guys had created an evil duplicate of the Blue Demon, it didn’t take long for Santo to sort out who his true friend was. (There is no need to issue any kind of a “spoiler alert” since the movie was long on action, incredibly short on plot). And what can we say about the Busby Berkeley-esque song and dance scenes that appeared out of nowhere? This is one where you really had to be there. And, who knows, if you missed it, you may get another chance—there are 51 more movies in the series and, not surprisingly, no one picked up the copyright.



Photos by Tim McCall

Wellness is exceptional when an event combines people, history, humor, celebration, culture, and ancestry on a beautiful summer night at a bargain price for a good cause--no less

Money to fix your East Phillips Home! Three Great deals! NO PAYMENTS!

1) EPIC Home Rehab Program

(All Administered by Greater Metro Housing Corporation (GMHC))

Loan Amount:	\$1,000 to \$8,000
Interest Rate:	0%
Loan Term:	Due on Sale or Transfer
Eligible Properties:	1-4 Unit owner-occupied properties in East Phillips
Eligible Projects:	Code violations and most improvements

2) EPIC Home Emergency Program

Loan Amount:	\$1,000 to \$5,000
Interest Rate:	0%
Loan Term:	Due on Sale or Transfer

3) EPIC Home Buyer Program

Loan Amount:	\$1,000 to \$5,000
Interest Rate:	0%
Loan Closing Date:	Simultaneous with purchase of property
Loan Term:	Due on Sale or Transfer
Eligible Costs:	Down payment, Closing cost, Necessary repairs & Purchase cost
Program Limit:	1 EPIC Home Buyer Loan per life time
Eligible Properties:	1-4 Unit Properties in East Phillips owner occupied, homestead and primary residence

For APPLICATIONS & INFORMATION, Contact:

Greater Metro Housing Corporation, GMHC
GMHC Housing Resource Center South
3749 Cedar Ave. S
Denise Eloundou
Phone: 612-722-7141 Ext. 13

Everyone Deserves a Quality Place to Live



For your Calendar:

- * **The EPIC Board of Directors** usually meets on the First Saturday of every month; Saturday, 9/12/2015 and 10/3/2015 At 10:00 AM.
- * **The EPIC General Membership** usually meets on the Second Thursday of each month; Thursday, 9/17/15 and 10/8/2015 At 6:30 PM
Agenda includes Neighborhood Industrial Pollution, Crime Initiatives, and updates on EPIC projects

The East Phillips Park Programming Partnership meets on the LAST Tuesday of each month; Tuesday, 9/29/15 and 10/27/15 At 11:30 AM. Lunch is served
Updates on Free Financial & Computer Literacy Classes, and Park Events & News.

Meeting Location: All the above meetings and events are at the East Phillips Park Cultural & Community Center located at 2307 17th Ave. S. The Center is wheelchair accessible

The East Phillips Community 17th Ave. Gardeners meet on the second Saturday of Each Month during the gardening season, normally from April through September. Next meetings are: Saturday, 9/12/15 at 9:00 AM in the Garden located at 2428 17th Ave. S. NOTE: The October Garden meeting will be replaced with the Garden Fall Harvest Party on October 17th. See below.

SAVE THESE DATES:

Phillips Community Clean Sweep: October 10th 2015 from 9:00 AM to 2:00 PM
Garden Fall Harvest Party: October 17th 2015 from 4:00 PM until the fire goes out.

* The EPIC Board & General Membership meetings were pushed back 1 week due to the Labor Day weekend in September.

Designed and Paid for by East Phillips Improvement Coalition



MIDTOWN PHILLIPS NEIGHBORHOOD ASSOCIATION INC.

BOARD MEETING AGENDA

TUESDAY SEPTEMBER 8, 6:30-8PM.

Stewart Park (Arts & Crafts Room), 2700 12th Ave S, Minneapolis

- Approve August Board Meeting Minutes and Approve amended July Board Meeting Minutes (5 min)
- Financial Update (55 min)
 - Discuss funds available for spending remaining in 2015
 - Contractual Obligation for Funding
 - Funding Deadlines
 - Discuss allocation of dedicated resources for long-term staffing
 - Motion: That MPNAI accept and receive the June and July 2015 Financial Reports as presented.
- Audit update and Agreed-Upon Procedures (15 min)
- Formation of Housing Work Group (5 min)
 - Discussion on Neighborhood Partnerships
- Clean Sweep October 10th overview and call for volunteers (5 min)
 - Volunteers meet between 9am-10am October 10th at either Welna Ace Hardware Parking Lot, 2438 Bloomington Ave S OR Lutheran Social Services, 2400 Park Ave S (enter on 24th St). Enjoy a Free Breakfast and Pick-Up Free Supplies
- Ongoing business/Public comments (5 min)

COMMUNITY MEETING AGENDA

TUESDAY SEPTEMBER 22, 6:30-8PM.

Stewart Park (Multi-purpose Room), 2700 12th Ave S, Minneapolis

- Update on proposed partnership with Robert Stacke and Steve Herzog for a Somali Youth music program (30 min)

"This partnership would support a cross-cultural music project that will bring together culturally diverse musicians in the Phillips neighborhood with professional musicians, educators and community musicians to produce an open-sourced music recording. The primary goal is to promote appreciation and cross-cultural understanding of African musical traditions, and to create a Phillips Neighborhood "sound" that brings together many of these musical forms. This partnership would include \$10,000 of financial support from MPNAI."
- Clean Sweep October 10th overview and call for volunteers (5 min)
 - Volunteers meet between 9am-10am October 10th at either Welna Ace Hardware Parking Lot, 2438 Bloomington Ave S OR Lutheran Social Services, 2400 Park Ave S (enter on 24th St). Enjoy a Free Breakfast and Pick-Up Free Supplies
- Available Outreach Funding (30 min)
- Ongoing business (10 min)
- Public comments (5 min)

PHILLIPS CLEAN SWEEP SATURDAY OCTOBER 10, 2015

9am-10am

Enjoy a Free Breakfast and Pick-Up Free Supplies
Plus, get a FREE 2015 Clean Sweep T-Shirt

CHECK IN AT EITHER OF THESE LOCATIONS:

- Welna Ace Hardware Parking Lot – 2438 Bloomington Ave S
- Lutheran Social Services – 2400 Park Ave S (enter on 24th St)

9am-12pm

Phillips Clean Sweep!

Meet your neighbors, help pick up litter, and clean up your neighborhood! Organize your neighbors!

12pm-2pm

Free Lunch and Entertainment

Plus Neighborhood Information & Fun at Stewart Park (2700 12th Ave S)

Bring out your trash!

The Phillips neighborhoods have raised funds to provide free pick up for residents during Clean Sweep. They will pick up extra household trash, old furniture, carpet, household construction and tires.

Materials should be out the night before and no later than 9am October 10th.

(No hazardous wastes are picked up and any appliance or recyclables are picked up on the next city recycling pick up day.)

FFI: call 952-996-6490





VENTURA VILLAGE NEIGHBORHOOD NEWS

SEPTEMBER 9TH GENERAL MEMBERSHIP MEETING @ 7:00 PM in PCC DINING ROOM

Phillips Community weighs in on PCC Pool Design



Steve Wohlford & Linda McCracken-Hunt
STUDIO FIVE architects



August 24th Aquatics
Public Meeting



PARKING
DROP-OFF / PICK-UP

- PARKING ON STREET WORKS WELL FOR WAITE HOUSE
- MALL EXPANSION WILL ADD PARKING PRESSURE
- DON'T ADD BURDEN TO NEIGHBORHOOD FROM PCC USE
- PEDESTRIAN ACCESS ACROSS 24TH
- ARE TWO ACCESS POINTS NEEDED FROM 24TH
- PARKING ON EAST? (SD TO REMAIN OPEN)
- BUSES (ACCESS & PARKING)

ENTRIES

- DON'T LEAVE BLDG TO GET TO POOL ENTRY
- USER'S USE MULTIPLE AREAS OF THE BUILDING - ONE FACILITY
- WAITE HOUSE USES EAST ENTRY PRIMARY (100%)
- WAY 3 ENTRIES?
- ADD AN ELEVATOR

NEIGHBORHOOD CONTEXT

- WELLNESS CTR ACROSS STREET? (EAST OF PCC)
- NEIGHBORHOOD USE A PRIORITY. DON'T LET REVENUE "TRUMP" NEIGH. ACCESS
- MALL 9 AM-10 PM 7 DAYS/ WEEK
- LAND ACROSS STREET? (SD)

BUILDING OCCUPANTS

- OCCUPANTS HEAVILY USE SECOND FLOOR MEETINGS
- NEED MTG. SPACE
- WAITE HOUSE DELIVERIES @ SOUTH

ACCESSIBILITY / ADA

- STAFFING (MULTIPLE LANGUAGES)
- ELEVATORS
- WALKER / CANE ACCESS W/ ICE & SNOW
- POWER OPERATORS

OTHER

- PLAYGROUND IS USED
- WAITE HOUSE PLAYGROUND INTENDED FOR THEIR USE
- SPECTATOR SEATING - VALUE? (HOW OPEN USED) (SD SEATING OPTION)
- NEW IMAGE OPPORTUNITY (SOUTH FACADE - IDENTITY / WELCOMING)
- SOLAR ENERGY
- UTILITY RAISING
- SPONSORSHIPS / BRANDING
- ADDRESS IS ON 11TH
- MORE COMMUNITY ENGAGEMENT NEEDED

POOL USE

- 6 AM-10 PM
- AVAILABILITY OF CONCESSIONS
- NATURAL LIGHT - BS AND GLARE ARE ISSUES
- SCHEDULE USE TO MAINTAIN COMM. ACCESS
- LEARN-TO-SWIM, EXERCISE, COMPETITION, OPEN SWIM, MASTER SWIM (EARLY AM)
- SENIOR PROGRAMS (SILVER HEARERS)
- HOT TUB!
- TRUE THERAPY POOL? (HYDROMASSAGE)
- MORNING SWIM DESIRED BY MANY GROUPS
- TIME W/ LIFE GUARDS ON DUTY

PRIVACY

- WOMEN'S PRIVACY - COMPLETE PATH OF TRAVEL
- WOMEN + MEN / SEPARATE POOLS
- FLIP MEN'S + WOMEN'S LOCKER ROOMS?
- SIZE OF FAMILY ROOMS, 3+ KIDS / FAMILY
- CHANGING ROOMS FOR GENDERS?

is located on the far west side of the PCC. It was suggested that this could be re-located to the northern end of the building in a way that can coincide with planned development of that space by Ventura Village and Waite House. However, costs for the redevelopment should be also accommodated by the Park Board. A second community meeting is scheduled for Monday, September 14th at 6:30 PM in the PCC Dining Room. The agenda will be focused on the proposed design for the aquatics facility and give the community an opportunity to see what STUDIO FIVE and the Park Board did with the community's recommendations. Contact Dana Murdoch, Project Manager with the MPRB at dmurdoch@minneapolisiparks.org. Her phone number is 612-230-6446.

Minneapolis Park Board Commissioners Scott Vreeland and Meg Fourney hosted an August 24th public meeting to seek community input into the design of the new and renovated Phillips Aquatics Center. A somewhat disappointing turnout of 14 residents were presented with the project boards that were created two years ago and were used as a "jumping off" point for new discussion and considerations before architects Steve Wohlford and Linda McCracken-Hunt of STUDIO FIVE began to develop new renderings. Presenters reminded the attendees that the community input is vital at this point before there is time committed to develop new drawings for the proposed pools. One of the major concerns voiced by two speakers was the difficulties posed by the plans to ensure that Muslim women use the facility with the same comfort as men. To do this, design of the women's and men's locker rooms should change from the previous plans because women would have to walk through one pool area to get to their destination. The issue of windows

and privacy come to mind with architects pointing out that new window technologies can electronically turn transparent glass into translucent windows. Parking, building entry, pool use issues, accessibility were all discussed with points made that a hot tub is especially important for elders who need to treat muscles and joints with self-therapy. A true therapy pool such as at Summit Place in Eden Prairie brings in significant revenue for the other pool serving residents and should be a consideration for long-term viability of this aquatics center. This could offset the fears that the revenue needs would end up with pool rentals pushing out significant pool time for residents and low-income users. The removal of PCC meeting rooms used almost daily to include spectator seating for a very few scheduled swim meets was met with a recommendation that the bearing wall between the pools could be a platform for spectators that will save the current meeting rooms for continued use. The plan to add a second pool will also force the removal of the playground that

VENTURA VILLAGE MONTHLY MEETINGS WILL BE HELD IN AUGUST AS FOLLOWS:

2nd Wednesdays: BOARD OF DIRECTORS MEETING: 6:00 PM	2nd Wednesdays: GENERAL MEMBERSHIP MEETING: 7:00 PM
1st Wednesdays: COMMUNITY ENGAGEMENT COMMITTEE: 6:00 PM	Last Thursdays: CRIME & SAFETY COMMITTEE: 6:30 PM
1st Tuesdays: WELLNESS, GARDENING & GREENING: 6:30 PM	PARKS COMMITTEE: Call 612-871-7973 for next meeting time
Last Thursdays: HOUSING & LAND COMMITTEE: 5:30 PM	EXECUTIVE COMMITTEE: Call 612-599-1066 for next meeting time

Ventura Village is located upstairs in the Phillips Community Center at 2323 - 11th Avenue South • Minneapolis • 612-874-9070

The 19th Annual Phillips West Neighborhood National Night Out

The 19th Annual PWNO NNO event was on Tuesday August 4th from 5 to 8 p.m. along 27th Street from Portland to Columbus Avenues. Over 1500 neighbors came out to celebrate and promote neighborhood unity! The event included a food tent sponsored by **Abbott Northwestern Hospital** that provided hot dogs, corn on the cob, watermelon, chips and water for 1500 people.

- **McDonald's** provided lemonade, apples & Ronald McDonald.
- **Ebenezer** provided ice cream cups & popcorn for 750!
- **Minneapolis Mad Dads** hosted a dance/rap contest!
- **Children's Hospitals and Clinics of Minnesota** provided a children's safety station with giveaways and brought their mascot Star!
- **There were** 3 clowns doing balloon animals & Mickey Mouse!
- **Rene' Studio Salsa Dancers** performed.
- **Mariachi mi Tierra Mariachi Band** played.
- **Peter Thompson's Art Sign Workshop** was there.
- The **MN Adult & Teen Challenge Choir** entertained the crowd.
- **City Farmer's Market** was present.
- A **Bounce House** and a **Blow-up Slide**.
- The **American Swedish Institute** did a workshop.
- Several dozen informational resource tables!



The weather was great and everything at the event was FREE for all who attended. The **Minneapolis Police Reserves and Allina** provided first-response services and security although no mishaps occurred. **The night was a great success thank you to everyone who participated!**





BACKYARD INITIATIVE



BYI AREA

FEATURING SOME OF THE COMMUNITY GARDENS IN THE AREA OF THE BYI (Continued from page 16)



English Learning Center Student Garden

2315 Chicago Ave S

Contact: Kathleen Roche, 612-874-9963, kathleen@englishlc.org

The English Learning Center Student Garden takes learning outside school walls for our adult immigrant and refugee students. Fifteen students have grown tomatoes, carrots, lettuce, green peppers, spinach, hot peppers and onions to full blooming life! As a school we believe that knowledge is empowering and will lead to a better life and livelihood. The school garden enables a holistic learning experience alongside our usual programming, which offers students classes in English, Computer, Math, Reading, and Citizenship. Students relax and find purpose in using their hands to plant, weed, water, tend and harvest. Best of all, they get fresh foods



for family, and learn how to grow food in Minnesota. One student originally from Somalia said, "My aunt used to garden, but I am just now learning. I love the hard work and all vegetables."

The ELC Student Garden is a vital place for our students, a place for relaxation after class and growing food for friends and family. If you are interested in supporting our garden, we could use donations of vegetable seeds, tools, and fencing to keep rabbits out. In addition, for next season we would love a volunteer to help prepare the garden, monitor plots and provide guidance to students as needed.

vices for adult immigrants and refugees. Our Saviour's Housing provides emergency shelter, transitional housing, and permanent supportive housing to people who are experiencing homelessness.

This summer, the residents of OSH have been tending four different gardens on OSCS properties—the Westwood, Calvary, Normandale, and St. Stephen's gardens on 23rd St. and Elliot Ave and 22nd and Chicago.

PJ is one tender of the gardens. She is a resident of the women's transitional house and originally started gardening to beautify the yard. However, the work quickly became a way for her to show pride in and contribute to her community. Everything the gardens produce is shared amongst residents and others connected to OSCS. Herbs and flowers will eventually be dried and made into potpourri. Tomatoes, jalapenos, cilantro, and onions will supply many with salsa!

For PJ, gardening is also a form of therapy. "If you need therapy but can't afford a doctor, this is perfect." It's a gratifying and cheerful part of PJ's day that brings her back to Mother Earth, which she says "grounds" her. She only wishes there were more perennials!

The gardens are helping the Health Program at OSH to grow too. The produce is used in cooking classes. Plus, it's a way for the residents to manage stress. According to Gardening Matters, simply viewing plants has been shown to reduce fear, anger, blood pressure, and muscle tension.

These gardens are the result of a collaborative effort from the residents of the transitional houses and permanent supportive housing. They are planting roots, quite literally, in a community where so many people call home.

To donate supplies and for more information and/or questions call Terri McGinley, Transitional Housing Case Manager at 612-872-4021 ext. 1 or email terri@oshhousing.org.



PJ with the lush gardens of Epiphany.



Kids being kids in our garden having fun watering. PHOTO CREDITS: Alisa Hoven



Youth garden built and designed by Step-Up Crew, Summer 2015. This photo shows the garden after the completion of new beds, tables, benches, and new shed.

The Gardens at Hope Community

Contact: Alisa Hoven at 612-435-1683, ahoven@hope-community.org

Our goals at Hope Community are to grow food, create a community space for everyone, develop skills to cook healthy food, and develop leadership of youth and families in the neighborhood. We work as a team and celebrate the successes of our garden.

We are looking for more community members to get involved in the garden and grow food with us. We also are seeking volunteers to help us plan for a new large growing space in 2016 at the corner of Franklin and Portland Avenues. We would be grateful to accept donations of seeds,

plants, wood chips, cover crops, as well as, small garden tools, extra gloves and garden signs.

We have three current gardens at Hope Community. One is a collective garden where everyone grows food together. A second garden is an individual plot garden where you have your own 5' X 5' plot for the season. The third garden is a youth garden and acts as a space for youth to work together on environmental projects and grow food together. More information can be found at our website at <http://www.hope-community.org/>



Small cucumber will soon be great for a salad.

Our Savior's Community Garden

Contact: Terri McGinley, 612-872-4021 ext. 1 or email terri@oshhousing.org

Rooted in the Phillips Community, Our Saviour's Community Services is a human service nonprofit with two pro-



Eggplant success, herbs and flowers. PHOTO CREDITS: Terri McGinley

grams—the English Learning Center and Our Saviour's Housing (OSH). The English Learning Center provides educational ser-



Raised boxes filled with herbs and other sensory plants.

Ebenezer Garden (4 gardens)

Ebenezer central campus Horticultural Therapy Gardens

Locations: Ebenezer Care Center – 2545 Portland Ave. S.; Ebenezer Tower Apartments - 2523 Portland Ave. S. (under construction); Ebenezer Loren on Park – 2615 Park Ave. S.; Ebenezer Park Apartments – 2700 Park Ave. S. Contact: Paula Vollmar-Heywood, HTR Ebenezer Tower Apartments, Portland Ave. S., 612-871-4594

The Ebenezer Horticultural Therapy Program's mission is to provide all our residents access to nature, meanwhile sharing the sense of ownership and control that tending, or simply viewing, one's own garden provides!

Nature can be a powerful healing force. At Ebenezer, we're harnessing that power through an innovative horticultural therapy program serving residents who enjoy tending their own garden. Honored as an "Innovation of the Year" by LeadingAge Minnesota, the Ebenezer central campus program offers residents the opportunity for hands-on participation in activities that connect them to the natural world.

Accessible, therapeutic gardens are growing at four Ebenezer facilities - two apartment complexes, an assisted-living facility and a skilled-nursing care center.



Window boxes on the gazebos filled with ornamentals.

The program serves residents of many ability levels, from those who are independent to individuals who need daily assistance and ongoing medical attention.

"Our gardens offer a place to observe, contemplate and learn. They are a place to meditate, and alternately to socialize with others. The identities of the gardens change over time, re-shaped by the current interests of the residents who create and use them," says Paula Vollmar-Heywood, HTR (Registered Horticultural Therapist)."

The Backyard Initiative (BYI) is a partnership between the Community, the Cultural Wellness Center and Allina Health. The goal of this partnership is to improve the health of the 40,000-plus residents living in the "backyard" comprised by the neighborhoods of Powderhorn Park, East Phillips, Midtown Phillips, West Phillips, Ventura Village, Central, and Corcoran. (see map in upper right hand corner for area boundaries). There are 10 Community Health Action Teams (CHATs) focused on improving the health through a variety of cultural and community-connecting activities. For more information, call or visit the Backyard Initiative Information Center at the south entrance of the Midtown Global Market, 920 East Lake Street, 612.353.6211.

FEATURING SOME OF THE COMMUNITY



PHOTO CREDIT: Cherry Flowers
The Sabathani Community Garden
directly behind the Sabathani Center on East 38th Street between 3rd and 4th Avenues South. Phone : 612-547-6910

Sabathani Community Center hosts 118 plots that are 20 ft. x 10 ft. Plots are tended by individuals and families from the community. Cost is \$20/season/plot. We are committed to south central Minneapolis and welcome gardeners who live west of Hiawatha, South of Lake Street, North of HWY 62 and East of Lyndale Ave. We are proud that our garden reflects the diversity of our community. At Sabathani, garden-

ers may speak Spanish, Somali, Hmong, or English at home. When they are out at Sabathani, we all speak garden. The garden is managed by the gardeners themselves. We have communal workdays and teams to look after specific tasks like composting, tools and equipment and communication. The garden has a free peripheral watering system and provides basic tools for the members.



PHOTO CREDIT: Cherry Flowers
Paradise Garden
East 34th Street and Chicago Avenue South
Contact: Janet Court, 612-721-9284, janet_court@hotmail.com

Paradise Garden is tended communally by a small group of stalwart individuals using companion planting techniques in broad plots defined by a winding path. The garden is situated next to the Southside

Cafe. Produce is used by the gardeners involved and also shared to others. Paradise garden could use more people participating in garden tending.



City Kids Farm and Urban Ventures urban garden site and hoop house for season extension-5th Avenue and the Greenway. PHOTO CREDIT: Cherry Flowers

CityKid Farm and Urban Ventures
2832 5th Ave S Minneapolis
Contact: Brian Noy Phone (612) 545-9846, Briannoy@urbanventures.org

CityKid Farm is a part of the CityKid Foods program at Urban Ventures which address hunger, nutrition education, job creation and social entrepreneurship. CityKid Farm targets youth, exposing them to the

food cycle and sustainable food systems. Help wanted: We are looking for volunteers Mon & Wed from 4-6 pm as well as shoppers for our farmers markets at our garden location Wed & Fri 4-6 pm

Youth Farm has been providing an environment for youth to experience farming beginning in 1995 in the Lyndale neighborhood, and they expanded into the Powderhorn neighborhood in the year 2000. They are active in other neighborhoods across the Twin Cities including Frogtown, West St Paul, and Hawthorne neighborhoods. Their mission is: grow leaders, grow food, grow community and grow progress. The organization uses farming to build youth of character, to serve the community, to create meaningful connections, and to be a good neighbor. 612.872.4226 youthfarmmn.org



Hoop houses at one of Stone's Throw vacant lot locations on 15th Ave. S.
PHOTO CREDIT: Cherry Flowers
Stone's Throw Urban Farm. NOW CERTIFIED ORGANIC!
15th Ave S., Contact: stonesthrowurbanfarm@gmail.com (612) 454-0585

We grow delicious, fresh vegetables on a number of plots in the heart of the Twin Cities.
We are creating a dynamic urban farm that strives toward ecological sustainability,

community empowerment, and financial viability in Minneapolis and Saint Paul.
Sign up for our CSA! Veggies! Meat! Honey! Mushrooms!



This garden flanks the south side of the church building and includes tomatoes, peppers, squash and cilantro. Photo Credit: Cherry Flowers
New Hope Baptist Church, 2525 5th Avenue S



Rosa runs the market
Mashkiikii Gitigan and Good Juju Garden
(The 24th Street Community Urban Farm,) 1316 East 24th Street Contact: Annelie Livingston-Lindbergh, 24thStFarm@gmail.com

Mashkiikii Gitigan is a teaching and demonstration garden grounded in Native American agricultural principles. On Mondays from May to October, we offer pay-what-you-can Karma Markets from early afternoon to 7:30pm, free Grow Your Own classes Wednesdays from 5:30 to

7:30, and gardening advice from our full-time farmer-educator. This year we are also farming the Good Juju Garden at the corner of 14th Ave South and East 22nd Street. Learn more at www.w-e-i.org/project/mashkiikii-gitigan



Additional Gardening Resources

Gardening Matters supports successful, sustainable gardens and inspires gardeners to build resilient communities as they grow their own fresh food.
We serve as a central clearinghouse for community gardening and food growing resources in the Twin Cities. We host a comprehensive community garden inventory, hold community gardening events and gardener get-togethers, provide web resources, and facilitate start-up, leadership, and garden sustainability trainings. We serve as a liaison between community gardens and the general public, the public sector, and business, advocating on

behalf of community and backyard gardeners.

Ventura Village - Wellness, Gardening and Greening Committee was founded in 2011 to enhance the wellness of our residents through physical activity, networking, support for home and community gardens, urban farming and healthy eating initiatives. We undertake a number of projects each year for that purpose. Community and public garden mini-grants are available. Contact Bill vvgardening@gmail.com, or Mary 612-871-7973





TY GARDENS IN THE AREA OF THE BYI



500 and 800 year old sacred heirloom tobacco seed are grown here along with other crops
PHOTO CREDITS: Cherry Flowers

The Little Earth Urban Farm Ogema Place, north of EM Stately Street

This expansive garden includes raised bed plantings, a large round keyhole garden, an herb garden, an orchard with apple and pear trees, composting and more. It features culturally important plantings like sweet grass which is later braided for ceremonial use, sage and tobacco as well as a variety of vegetables, fruits and herbs and plants grown for medicinal and ceremonial purposes. Some of the tobacco plants are from 500 and 800 year old saved seed and the leaves are huge! Grapes ripen on the fences and comfrey grows in abundance.

“Joe Dirt” event - Every Wednesday morning at 10am, a group gathers at the Little Earth Community Garden to share wisdom around growing, traditional foods, herbal medicine, and ceremonial or sacred plants. I was recently honored to be welcomed into this group. The event com-

menced with a sage smudge, a prayer, a song, and continued with the packaging of dried herbs from the garden for personal use and to exchange. The discussion revolved around ways of using the herbs for medicine. One example is to put about 1 cup of dried St John’s Wort into a quart jar and fill it with oil and leave it in a sunny spot for 2-3 weeks to infuse the oil with the flavor and properties of the herb. After infusing the herb can be strained out and the oil can be used as usual. St John’s Wort is purported to have anti-depressant properties.

The Little Earth Garden is a great example of people coming together around growing and sharing knowledge to the benefit of all.



Photo credits: Brad Pass
East Phillips Community Garden
2428 17th Ave. S., Minneapolis, MN 55404

In the Mid ‘90s, when three neighboring houses on the 2400 block of 17th Ave. S. were torched and burned to the ground in a gang war, the neighbors came together to retrieve the vacant lots for a much needed positive opportunity of community building. They fenced the lots and turned them into a “Guerilla” Garden, preventing the use of the land as an alley-to-street escape route for drug dealers fleeing the police and a refuge for shooting-up and prostitution.

When rumors surfaced that the city-owned land might be taken and repurposed to high density housing, the East Phillips Improvement Coalition (EPIC) polled the community and received overwhelming support for purchasing the property using some of their Neighborhood Revitalization Program (NRP) funds. An analysis of the garden topsoil revealed lead and arsenic contamination. Incredibly, the City of Minneapolis paid over \$25,000.00 to remediate the garden by replacing the top 18 inches with new, farm-fresh black dirt.

With soil replacement complete, the East Phillips Community 17th Ave. Garden was purchased. A conservation easement was placed on the land guaranteeing its ongoing use as a community garden. Gardeners are

East Phillips residents and include recent immigrant refugee families from Bhutan, the children of a Native American Dakota language immersion school, and members of many of the other nationalities and ethnicities in East Phillips (East African, West African, Asian, Latin American, African American and Euro American), all with the purpose of cooperatively and sustainably perpetuating this inner-city agricultural community experience.

EPIC’s goal for the garden is to provide a safe, inviting, sustainable, and healthy place with the requisite facilities and tools for residents to provide food for their families, carry on traditions from their home countries, while meeting new friends ...a company of multi-cultural urban family farmers for the 21st century.

East Phillips residents may contact Brad Pass at 612-916-8478 or bpass@usinternet.com to be placed on the 2016 Garden Plot Wait List. Also;

Please enjoy the new “Little Free Library” and community bulletin board at the garden entrance. Join us for the **Annual Fall Harvest Party & Pot Luck on October 17th starting at 4:30 PM.**

Community Garden Day, Saturday, Sept. 19!

Tour, learn, eat, and celebrate!

- Home to over 419 community gardens and urban agriculture projects, gardeners in the Twin Cities are committed to providing quality, local food for families and neighborhoods. In the Twin Cities and across the country, community gardens transform lives and rejuvenate neighborhoods.
- On September 19th, thirty-seven community gardens invite their communities to join them in celebration of these vibrant green spaces.
- This year’s garden tours highlight old and new gardens and introduce the dedicated people who make gardens a success. Learn firsthand about the achievements of the Twin Cities’ vigorous urban agriculture scene.
- TOUR the gardens, visiting a pit greenhouse, hydroponic salad table, beehive, community orchard, and MORE! Some gardens in the BYI area will be participating, too!
- LEARN about Native American food and agriculture, pollinator-friendly plants, and seed-saving.
- EAT herbed mustard, homemade ice cream, garden-inspired desserts, fresh salsa, mint tea, or food from the Gandhi Mahal food truck!
- CELEBRATE with the Picnic Operetta, the Mixed Blood Theater club and Teen Voice, scavenger hunts, painted T-shirts, fairy garden houses, and community potlucks!
- Each garden has its own unique celebration. Your biggest dilemma will be picking which gardens to visit! Find all the garden celebration times, addresses, and complete descriptions on our website www.gardeningmatters.org, where you can download and print a map and brochure of gardens.



WHEN: Saturday, September 19th, 2015

WHERE: Garden locations include North Minneapolis, Northeast Minneapolis, Southeast Minneapolis, South Minneapolis, the North and South Metro, St. Paul, and Greater MN.

TIMES and LOCATIONS of garden celebrations available at www.gardeningmatters.org/community-garden-day

Home Garden at East 21st St. and 5th Ave South

Bicycling past on 5th Avenue, we were taken by the sight of a fenced yard packed with garden vegetables! Elizabeth Garcia, who happened to be in the yard with her daughter, explained that it is her mother Maria Garcia’s garden. They are growing corn, tomatoes, tomatillos, cilantro, papalo (which is used like cilantro), peppers including the hot ones like habanero, and pumpkins which will be used to make pumpkin quesadillas. Elizabeth provided us with a simple recipe: **RECIPE ALERT!**

We use a tortilla, put mozzarella cheese and put a pumpkin flower inside and that’s how we eat it. And it can go together with Pico De Gallo; chopped onions, chopped tomatoes, chopped jala-



PHOTO CREDIT: Cherry Flowers
penos and some cilantro. Really good!



PHOTO CREDIT: Cherry Flowers
CUHCC (Community University Health Care Center) Garden
Bloomington Avenue and East Franklin Avenue

According to Peter Dinh and Melissa Flores, who came to the Wellness Center Garden to pick up a tomato plant donation, the goal of this garden site is to promote healthy eating and physical activity by practicing mindful gardening in a group setting in order to promote symptom management of mental health conditions. The 7300 square foot garden space is planted in a variety of produce including tomatoes and peppers. They expressed their appreciation for plant donations from many sources including Growing the Backyard and for donations of supplies from **Welna Ace Hardware**, which is a great local source for garden tools!

COMMUNITY GARDENS IN THE BYI continued...



Sven Glader puts new meaning in the words garden bed! Photo credit: Cherry Flowers
Sven Glader’s Box Spring Raised Bed

Mid-summer, we ran into Sven Glader at the East Phillips Community garden where we were invited to try ripe cherries from a group of trees as we toured this beautiful garden oasis. Sven showed us his

garden plot including a planting of Malabar spinach. After our tour of the East Phillips garden, Sven led us to his backyard where we were impressed by this novel reuse of a box spring turned garden bed!



Arboretum Step up crew helping with a garden at Waite House/Pillsbury Center
Photo Credit: Cherry Flowers

The Growing Good MN program of the Minnesota Landscape Arboretum works with Step Up youth to help maintain a number of food bearing garden sites in

the Backyard neighborhoods during the summer: Waite House, American Swedish Institute, Pillsbury House, as well as sites in North Minneapolis.



First community-owned garden in Minneapolis! PHOTO CREDIT: Cherry Flowers
12th and 13th Avenue Block Club Garden
2727-12th Ave. S. Claudia Slovacek cpslovac@msn.com



Racing Heart Farm

Racing Heart is a small farm using sustainable and organic practices to grow local food for year-round eating. Much of the year in Minnesota, the produce found in the grocery store is being trucked or shipped from thousands of miles away. This comes at a cost to the environment and the local economy. At Racing Heart we are committed to changing that by providing fresh vegetables grown within 60 miles of the Twin Cities. By harvesting the fall abundance and keeping food fresh through proper storage techniques, our members can enjoy local veggies all year long! Les Macare and Els Oh’Clock are the team behind this operation. They live in the backyard in Phillips and grow outside of the city. They offer a winter CSA made up of stored vegetables and late summer produce you can preserve to enjoy locally grown food all year long. www.facebook.com/racingheartfarm

Markets in the BYI



- **Midtown Farmers Market—Fresh Local Flavor For All.**
midtownfarmersmarket.org
Enjoy freshly prepared food while you fill your bag with produce, meats and cheeses from local farms, browse the wares of local artists, and enjoy the entertainment. Join us every Tuesday, 3 to 7 pm and Saturday, 8 to 1 pm throughout the season at the most accessible market in the Twin Cities. Whether you’re coming by car, bus, bike, or train, we’d love to see you at the market!
Confused about the market’s location? Don’t be! We’re just 300 feet east of where we used to be near the Lake Street LRT station parking lot. Have a question? Ask on Facebook or Twitter, or send an email toinfo@midtownfarmersmarket.org
- **Mishkiikii Gitigan Karma Market** - Mondays, early afternoon to 7:30pm from May to October we offer pay-what-you-can Karma Markets, free “Grow Your Own” classes Wednesdays from 5:30 to 7:30, and gardening advice from our full-time farmer-educator.
- **CityKid Farm/Urban Ventures Farmers and Mobile Market** - 2832 5th Ave S, Minneapolis Mondays, Wednesdays and Fridays, from 4-6 pm
- **The Fours Sister Farmers Market** www.facebook.com/foursistersmarket
Corner of Franklin and Bloomington on Sundays 11:00AM to 3:00PM from August 16th – October 4th., 2001 Bloomington Ave S.
Four Sisters Farmers Market is an Indigenous-centered farmers market on Franklin and Bloomington in the Phillips Community of Minneapolis. A collaboration between Native American Community Development Institute (NACDI), Land Stewardship Project (LSP), and Hope Community Inc. (Hope), the market seeks to be a farmer-driven space that is part of building a community-based food system in the Phillips Community. Hope and LSP see the market as an opportunity to build multi-sector community networks that support moving individuals from passive consumers to active producers in a more fair, healthy, and just community food system.
- **Little Free Farmers Market:**
Every Saturday starting July 11th till September 12th volunteers meet at Sabathani Community Garden, were we have a plot dedicated to this project. We harvest from it, as well as two more gardens, and fill up the Little Free Farmers Market. They start this route at 8:30am and by 10am, the market is open at the corner of Columbus and 33rd. St. People that stop by get to choose and take home a variety of organic produce for FREE. We like to share recipes, and encourage people to try new things. Contact us if you want to volunteer.



Free Food Distribution day in our Little Free Farmers Market
Photo Credit: Emma Freeman



Gardeners during gardening class at Sabathani Community Garden. Credit: Eric Gruen

CANDO Central Area Neighborhood Organization
Fernanda Sequeiros ,Sustainability and Food Access Coordinator
fernanda@thecentralneighborhood.com
612-824-1333
www.facebook.com/PlantGrowShareatCentral

PLANT- Families that participate in the project are provided with the materials needed to grow their own organic raised-bed gardens. Families are also paired with a mentor. The relationship that grows between mentors and mentees provides support throughout the gardening season.
GROW- Through a series of workshops and gardening classes, participants gain confidence and gardening knowledge while getting to know fellow community members. Relationships, food, and skills are grown throughout the program.
SHARE - As the summer progresses and the vegetables have ripened, families can contribute produce to the Little Free Farmers Market. This pop-up food cart will be biked around by volunteers every Saturday morning to share the harvest of this project with the community. fernanda@thecentralneighborhood.com or **612-824-1333**

Wellness: Meetings and Coalitions

Ninety minutes of good engagement



Steve Wohlford and Linda McCracken-Hunt from STUDIO FIVE Architects listening to opinions about the Aquatic Center and explaining the process.

August 24th, on short public notice, Minneapolis Parks & Recreation Board (MPRB) conducted the first of two scheduled Community Engagement meetings regarding the design of the Phillips Aquatics Center. Originally scheduled at the Phillips Community Center's Conference Room A, the attendance warranted a last-minute change to the larger space in the cafeteria.

Representing the Minneapolis Park and Recreation Board was Cliff Swenson, Director, Design & Project Management and Dana Murdoch, Design Project Management, as well as Commissioners Scott Vreeland and Meg Forney.

The architect/design firm selected by the MPRB to come up with a final design is Studio Five Architects, with Linda McCracken, lead principal of the firm, heading this project. Joining her tonight was Steve Wohlford, project architect, and Tom Schafer of USAquatics, who has been hired by Studio Five to work with them on this project.

As the meeting began and people around the room introduced themselves, it was clear that, while there were only 20 people in the room, it was a diverse gathering representing many different interest groups. For example, Minneapolis Public School (MPS) Board Member Siad Ali was there representing the interests of MPS, but was also present as a local resident, father and Somali, interested to hear plans for single-gender swimming.

Joanna Daggett was there as a youth worker, interested in issues of access and features for youth, as well as a tri-athlete inquiring about early hours for masters swimming.

Bob Albee, was there as a neighborhood advocate, a building tenant and a vocal defender of the "silver sneaker set."

This is just a sampling of the diversity present, and how each person seemed to be looking at this project through a couple of different lenses.

It is safe to say that, the interests of the following groups were discussed: East Phillips, Midtown,

Ventura Village, Hispanic, Somali, Native American, Waite House, neighborhood children, school children, seniors, disabled, transgender, large families, early risers, nighttime swimmers, people against using the pool as a revenue source, solar energy advocates, open swim proponents, pro-windows, pro-concession stand, pro-common entrance, pro-replace meeting rooms and more!

The proud folks of Phillips are not known for timid participation, and tonight was no exception! The MPRB and Studio Five got a lot of feedback tonight. It will be really interesting to see how that manifests itself in the building's final design.

From my perspective, representing Minneapolis Swims and the interests of many donors, it sounds like the basic concept of the 6 lane/4 lane 2 pool x 25 yard each configuration is safe, and that we can count on 10 lanes to always have available to ensure community access, consistent learn-to-swim programming, and enough revenue generation -- through lane sharing with MPS, the YWCA or Augsburg College -- that the Center can not only be equitable and accessible, but also sustainable so that our children and grandchildren can enjoy the legacy we are creating together today.

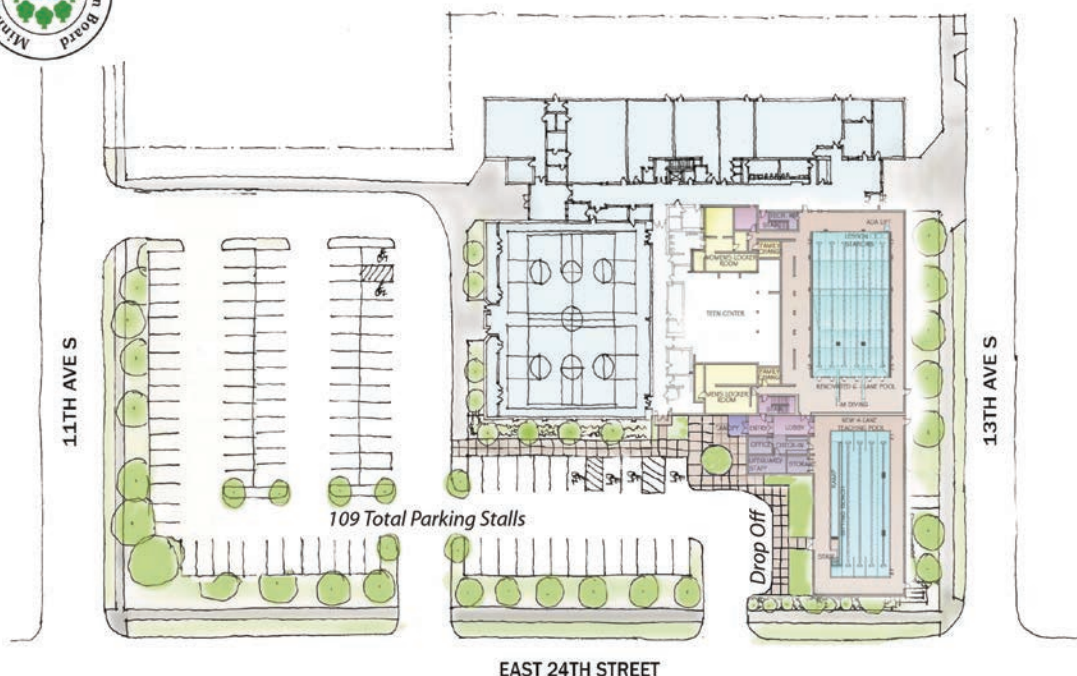
This is a very important and exciting time in the shaping of the form and function of this facility. I encourage all who wish to see first-hand how the plans are developing, or to have their voices heard, to attend the next and final Community Engagement meeting on **September 14th at 6:30 PM**, 2nd floor at the Phillips Community Center.

Denny Bennett is President of Minneapolis Swims

The Alley Online!
www.alleynews.org



The Alley is social!
[@alleynewspaper](https://twitter.com/alleynewspaper)



Site Plan Concept

New Design Documents have begun

It is important to note that the renderings, elevations, and plans shown here are *conceptual images* developed in the last five years in previous meetings and negotiations.

Final design documents will now be prepared by the new design team Studio Five Architects including their Consultant from USAquatics using previous images as history to date, added to information from the two Community Engagement Meetings—August 24th & September 14th—, and coupled with their own expertise.

What is Minneapolis Swims Official Role in the Phillips Aquatic Center?

BY DENNY BENNETT

Minneapolis Swims is a 501(c) (3) charitable organization managed by an all-volunteer board of directors, and has no paid staff. Minneapolis Swims mission is to bring equity, access and the opportunities that swimming can bring to all of the citizens of Minneapolis. It has decided that building the Phillips Aquatics Center is the most immediate path toward achieving these goals in Minneapolis.

In 2011 the Minneapolis Parks & Recreation Board (MPRB) entered into a fundraising agreement with Minneapolis Swims. This was superseded by a more detailed Memorandum of Understanding (MOU) in 2013 which defined in greater detail, Minneapolis Swims responsibilities in raising additional funds to build a larger facility, and the resulting relationship as the long term lease holder and operating entity of the project if those milestones were achieved.

MPRB Resolution 2014-250 once again redefined our relationship after the MOU had expired, and we were no longer interested in managing the facility, believing the MPRB's aquatics team better equipped to handle that over the long haul. Our interest was in helping bring in the final dollars needed to build a 10 or 12 lane facility, and to stay involved long-term raising scholarship money to make it as accessible as possible. This resolution gave us an additional 6 months to raise capital.



Although the reporting deadline has long since passed, we have continued to collaborate with staff. Following the April 1st passage of MPRB Resolution 2015-165, where the MPRB chose the 10-lane option, our meetings with MPS staff and board members continued until their resolution of \$1,750,000 in capital support was passed. We also brought in

an additional \$200,000 in private funds during this time.

Moving forward, as we will continue to raise capital for the project as the actual designs are drawn up, and final costs come in. Additionally, we plan to meet with MPRB staff to begin discussions about what our role will look like once the facility opens.



Wellness: by Cultures and Compromise
OPINION

Stop the Expansion, Support Livability for Residents & Better Conditions for Mallgoers

BY COALITION OF RESIDENTS THAT
OPPOSE OPPOSE THE SABRI MARKET
EXPANSION

September 21, City Planning Commission to Vote on Expansion of Sabri 24th St Mall

Eagle Management – Omar Sabri – manager of the 24th Street Village Mall, wants to expand retail & commercial space by 8,800 square feet by building a new two-story space on top of the parking lot on 10th avenue & 24th street. In 2001, this site was approved for a 37-stall farmers market, but it has actually turned into a shopping mall with a place of worship and over 100 stores. As a result, the Sabri property places a SERIOUS burden on a neighborhood that is already asked to bear more environmental and economic burdens than most neighborhoods. The entire community needs relief to address safety issues and crime, reduces parking congestion and litter, and respects the needs of all residents and business owners in the community.

This is a request to community members to OPPOSE the Sabri expansion. Neighbors have a petition going – please sign & write a personal comment at: http://11thaveblockclub.com.coffecup.com/forms/SVM_Petition/

Visit the mall. See for yourself. The vendors are friendly and have beautiful goods for sale. They deserve a better place to do business. It's time to work on a solution that respects the dignity of

immigrant communities and provides a decent place for people to congregate & work.

Safety is a serious issue for residents and mall goers, due to high traffic and density in a residential neighborhood. For example, just during the month of June, a neighbor on 11th Avenue witnessed a head-on collision of two cars outside his house; the next week his own parked car was hit and totaled, and the following week a Mall goer's car was hit head on. Unbelievably, there have been almost 4,000 parking & traffic violations thus far in 2015 (Jan-July 31) within just 1,500 feet of the property – representing 52% of all citations in the three surrounding neighborhoods. The proposed expansion increases the size of the mall by 10% and DECREASES the amount of off-street parking by 5%.

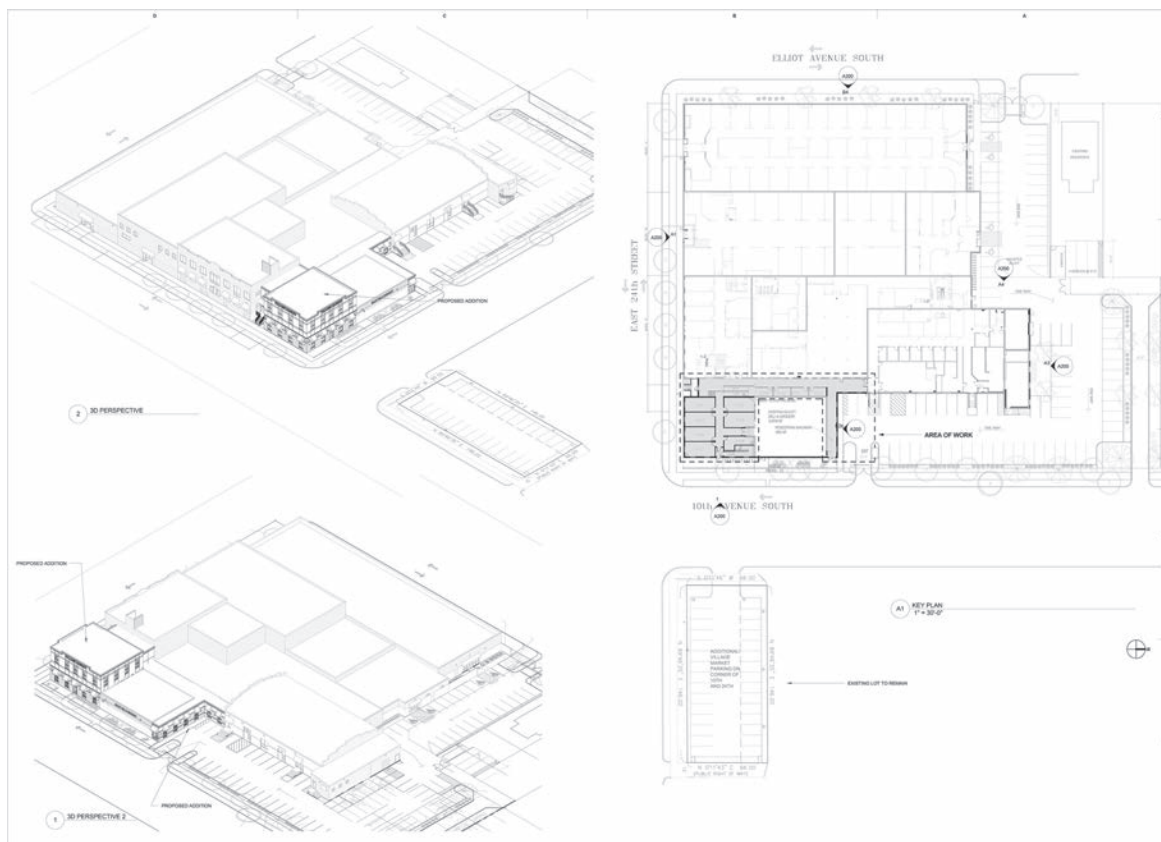
The owner of this property should not be rewarded with an expansion to increase business when he has not addressed the long-term problems at this site that already exist. The business owners at the Mall and neighbors deserve better.

On September 21, the City Planning Commission will vote on the Sabri expansion

City Officials Need to Hear From You NOW

Come to the City Planning Commission meeting and make your voice heard: Monday, September 21, 4:30 pm in City Hall, Room 317, 350 South 5th Street, Mpls

Email or call key officials and tell them your opinion:.



- City staff assigned to this project are required to log your emails and include them in their report to the City Planning Commission: email: hilary.dvorak@minneapolismn.gov, and lisa.kusz@minneapolismn.gov.
- Rebecca Gagnon, City Planning Commission & School Board member: 612.382.1386 or email: Rebecca.Gagnon@mpls.k12.mn.us
- City Planning Commission & Councilmember Lisa Bender (612) 673-2210 or email: Lisa.Bender@minneapolismn.gov
- Meg Forney, City Planning

Commission and Park Board member, 612-230-6443, Ext. 8 and email: mforney@minneapolisparcs.org

Still on the fence? Have a look at these crime statistics from the MPD Crime Analysis Unit as of August 6, 2015 – with over 900 police calls logged just in 2015 (see <https://gallery.mailchimp.com/fcf3d4cd310c42ca863d7bb9f/files/VillageMarketCrimeReportStatisticsMPD.pdf>).

- “The Village Market Area appears to be a “center of activity” and “top frequent address”

for both violent and non-violent crime.

- “The Village Market Area appears with second highest density within the City” for both violent and non-violent crime.
- “44% of reported crime was VIOLENT in 2015” as compared to 8% citywide.
- 19 shooting calls made to this property in 2015.

For more information about the proposed expansion, see the application at: <http://www.ci.minneapolis.mn.us/www/groups/public/@cped/documents/webcontent/wcms1p-147187.pdf>

Immigration, Growth, Change and Community Maturity

BY HARVEY WINJE

The large old bakery building on 24th Street between Elliot and 10th Avenues has been converted into a “Mall” for retailing of about 100 small businesses. The need for such space apparently outweighs the availability and so too the need for parking to accommo-

date customers.

The Mall owners have proposed expansion and some parking changes.

It has become a very controversial issue as it affects the lives of residents and visitors to other community places.

Ours is a community of immi-

gration, innovation and change.

Coincidentally two old buildings in Phillips were bakeries owned eventually by the same company, Emrich Bakery, that grew including the buying of other family owned businesses, like Egekivist (founded by two Danish brothers) and McGlynn (founded by an Irish immigrant). One is at 2603 through 2619 Bloomington Avenue—owned by Basim Sabri. The other is at 920 East 24th Street—owned by brother to Basim, Omar Sabri.

Today those two buildings have been converted from bakeries to retail and service centers with one having had a newspaper office and press, beehive company, casket storage, housing contractor, county satellite probation office, and cabinet shop in intervening years.

The business office of one of the bakeries was in the house with its livery stable in the building behind for the horses that pulled the wagons of BAMBY Bakery



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612-729-3526



Sahra Ali address general membership meeting attendees; Omar Sabri of the 24th Street Market presents and Sadik Warfa interprets in Somali language.

2323 Eleventh Avenue South • Minneapolis, MN 55404 • P.O. Box 580757 • Minneapolis, MN 55757 • 612.874.9070

VENTURA VILLAGE NEIGHBORHOOD

VENTURA MEANS HAPPINESS & GOOD LUCK TO YOU! BUENA VENTURA!

THIS NOTICE WENT TO NEIGHBORS BEFORE THIS MEETING

VENTURA VILLAGE GENERAL MEMBERSHIP MEETING

ATTENTION NEIGHBORS:
Owners of the 24th Street VILLAGE MARKET have requested that the City of Minneapolis approve their proposed changes to the property that would allow an 8-12,000 sq. foot building expansions and a number of improvements that they believe will smooth the flow of traffic around the mall area, address crime & safety issues and add parking spaces within the boundaries of the market itself. Some neighbors are supportive and others are opposed to these proposed changes. Ventura Village and Midtown Phillips' elected leaders and affected residents are requesting your presence and participation in discussions related to these expansion proposals. JOIN US!

24TH STREET VILLAGE MARKET

Does this permit parking really work correctly?

This building would be replaced by a 12,000 sq ft building, eliminating parking in this lot but that leaves so much competition right now.

Double parking here to let passengers get out could be improved with no parking in front of the main doorways.

Should a Stop Sign be put here to enable pedestrians to cross more safely?

GULET GROCERY BUILDING

Curb cut should be added up to the green house in the background and red line why at this stop at the left of the photo.

This lane would be closed to give you parking would be implemented on site.



This is the moment of voting for resident of Ventura Village regarding expansion of the 24th Street Market.

August 12, 2015 Ventura Village General Membership Meeting Recommendation #1508-1: Move that Ventura Village fully supports the expansion of the Village Market, 912 East 24th Street, contingent on the solving of the “on street” parking problems and to address the traffic flow on 24th Street and 10th Avenue and Elliott Avenue.

Ventura Village Resident Vote: 33 Yes; 4 No; 2 Abstain

In the June 2014 *Alley News* on page 4, we posted photos of some of the “hotspot” areas related to the 24th Street Market (Souk) that is the focus of opposition, *primarily* from Midtown Phillips residents. Along with the photos and the request for neighborhood participation came the result in which Ventura Village voted affirmatively with contingencies while Midtown Phillips voted against the mall expansion. Issues at hand from each neighborhood are essentially the same. However, as the photo shows, a large percentage of the residents voting in Ventura Village are Somali, many of whose family members are shopkeepers or stakeholders in the property where they have their businesses. Listening to the interpreters at Ventura Village’s August 2015 General Membership meeting, residents have deep concerns not only with the crime, parking, street-crossings and traffic, but also inside where ADA compliance issues, bathrooms, and emergency exiting from the upstairs mosque were addressed.

Alley editor Harvey Winje penned a great essay called “*Immigration, Growth, Change and Community Maturity*” in that June 2015 issue of *Alley News* that bears re-reading.

It is clear that although each neighborhood voted differently from each other in 2014 and 2015, both are seeking the same outcomes. On September 21, the requested expansion issue will once again come before the *City Planning Commission* where the expansion request was turned down in 2014. As I wrote to a member of the Midtown Phillips group that is opposed to the expansion, I don’t think either of us want the mall to go away. It is an incredible cultural and economic resource for many of the newer Americans and more recent immigrants. But it will still take many months and even years before we can expect this to settle down. We residents most affected must join in designing the solution and setting expectations that the work that the City of Minneapolis needs to do with police, fire, licensing and regulations help us return this part of the Phillips Community to more livable neighborhoods.

— Robert Albee

on house delivery of the Best American Made Bread Yet.

That house/office became a home again 60 years ago of Carl and Helen Peterson.

Both properties went through decades of change as they responded to growth and the economy.

Growth, expansion, and the inherent characteristics continue today as the 8,000 square foot 24th street building’s owners and vendors contemplate their needs and encounter the regulations of the City of Minneapolis and their impact on surrounding neighbors and their livability issues.

The issues of livability affect

neighbor’s more closer by than blocks away. Some neighbors are closer to the site who live in a different Neighborhood than that in which the Mall is located. East 24st is the boundary between Ventura Village and Midtown Phillips. Impact of traffic doesn’t differentiate between arbitrary political borders.

Neither does the StarTribune whose recent local coverage only referred once to a Neighborhood organization and that was Midown—across the street from the Mall. The nuances of those differences are too sophisticated for some media but they are

important to political protocols. Nonetheless the neighbors work at working together on some issues that have an effect on all regardless if they live in Ventura Village, Phillips West, Midtown Phillips, or East Phillips—all of which are within Phillips Community which is a Planning District.

Midtown Phillips voted as an organization to oppose the expansion. Ventura Village voted to “support the expansion of the 24th Street mall contingent on solving the parking and traffic problems on surrounding residential streets and that approval also be contingent on continued elimination of

parking and traffic problems that are subject to ongoing review.”

Individuals may differ in their viewpoints from their respective organizations’ positions. This is expected, acknowledged and welcomed. Some such background is provided below by two residents from different neighborhoods.

Phillips resident Jim Graham who recalls some of the early process of reuse of this empty building.

The Mall owners proposal to the the City was denied by the Planning Commission on Monday May 19th with a recommendation for owners to further study

neighborhood impact and they did approve a rezoning plan that would allow extra parking spaces and restricted use of an alley. City Planning Staff had supported the project.

Phillips resident Tara Beard provides below the clue to how neighbors can interact with agreeing and disagreeing while maintaining a great deal of noble confidence and personal and communal self-esteem.

This article is reprinted. To read the articles by Jim Graham and Tara Beard see alleynews.org or hard copy June 2014.

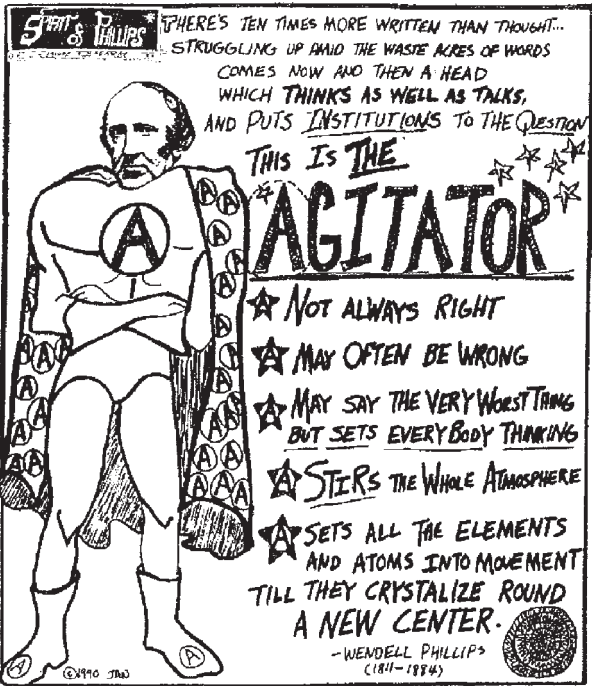
Workshop: Researching the History of Your Home

Starting in September, Special Collections will be offering house history workshops on the first Saturday of every month from 10:30-11:30 a.m. We'll guide you through the use of the Minneapolis History Collection (both print and digitized materials) to help you discover the history of your house, the people who lived there, the history of your neighborhood, and more.

Stay after the formal instruction to continue researching the history of your own home. If you live outside the city of Minneapolis, check with your local municipality for house history resources.



Want to get a head start? Learn more about house history on our website.
Upcoming Workshops
Minneapolis Central Library, Special Collections, 4th Floor
Saturday, October 3, 2015, 10:30-11:30 a.m.
Register online (preferred, but not required): <http://apps.hclib.org/events/index.cfm?ID=33208>



Wellness: by Gardening
Why gardening matters a lot

BY SYLENCE, FREDI, AND TALIA, YOUNG LEADERS AT ST. PAUL'S ON 15TH; OLIVER WES, YOUTH LEADER
The Young Leaders at St. Paul's have a message for the community regarding gardening and the positive impacts it has on a neighborhood.
Here are some helpful tips to remind you of the good a few flowers can bring you:
-Creates Oxygen to help us breath and reduce pollution in the air
-Helps pollinators which help us all
-Can feed yourself and others for not much money
-Makes neighborhood look prettier and more alive
-Educational for people of all ages
-rewarding for your soul
If gardening and helping the community interests you stop by St. Paul's on 27th and 15th and check out our community garden and we can help you get started.

A Partnership Of Diabetics

SEPTEMBER 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>A-POD PROUDLY SERVES AS A CITIZEN HEALTH ACTION TEAM (CHAT)</p> <p>MEMBER OF THE BACKYARD INITIATIVE OF ALLINA HEALTH</p>	<p>THERE IS NEVER A CHARGE TO OUR PARTICIPANTS!</p>	<p>1 Somali Language A-POD @ 1:30 PM Horn Towers 317/Blaisdell Ave.</p>	<p>2</p>	<p>3 English Language A-POD - 10:00 AM @ PCC</p>	<p>4 Somali Language A-POD @ 2:00 PM Hiawatha Towers 2121 16th Ave. S.</p>	<p>PHILLIPS COMMUNITY CENTER</p> <p>2323 11TH AVENUE S. MINNEAPOLIS, MN 55404</p> <p>This is the West Entrance to the PCC Building. We are located in offices upstairs on the second floor, just west of the entrance to the PCC Dining Room. You can call us at 612.812.2429.</p> <p>MONTHLY DIABETES BREAKFAST @ 8:30 AM</p>
	<p>7</p>	<p>8 Somali Language A-POD @ 1:30 PM Horn Towers 317/Blaisdell Ave.</p>	<p>9</p>	<p>10 English Language A-POD - 10:00 AM @ PCC</p>	<p>11 Somali Language A-POD @ 2:00 PM Hiawatha Towers 2121 16th Ave. S.</p>	
	<p>14</p>	<p>15 Somali Language A-POD @ 1:30 PM Horn Towers 317/Blaisdell Ave.</p>	<p>16</p>	<p>17 English Language A-POD - 10:00 AM @ PCC</p>	<p>18 Somali Language A-POD @ 2:00 PM Hiawatha Towers 2121 16th Ave. S.</p>	
	<p>21</p>	<p>22 Somali Language A-POD @ 1:30 PM Horn Towers 317/Blaisdell Ave.</p>	<p>23</p>	<p>24 English Language 10:00 AM @ PCC & 5:00 PM @ Phillips Neighborhood Clinic: 15th Ave & 20th St</p>	<p>25 Somali Language A-POD @ 2:00 PM Hiawatha Towers 2121 16th Ave. S.</p>	
	<p>28</p>	<p>29 Somali Language A-POD @ 1:30 PM Horn Towers 317/Blaisdell Ave.</p>	<p>30</p>			

Like us on Facebook

facebook.com/outinthebackyard

Out in the Backyard

SEPTEMBER 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Out in the Backyard helps lesbian, gay, bisexual, transgender and queer people (LGBTQ) to counter isolation by connecting to each other and community resources. Join us for FREE fitness classes!</p> <p>*part of The Backyard Initiative*</p> <p>All classes are FREE!</p> <p>*Powderhorn Park- 3400 15th Ave. S. MPLS</p> <p>*CANDO- 3756 Chicago Ave. S. MPLS</p> <p>*East Phillips- 2307 17th Ave. S. MPLS</p> <p>*The Exchange- 3405 Chicago Ave. S. MPLS</p>	<p>1 Yoga-630pm East Phillips</p>	<p>2 Zumba-630pm Powderhorn</p>	<p>3 Yoga-630pm CANDO</p>	<p>4</p>	<p>5</p>	<p>6 Yoga-1030am Powderhorn</p>
<p>6</p>	<p>7</p>	<p>8 Small Business Mgmt. 69pm Powderhorn</p>	<p>9 Zumba-630pm Powderhorn</p>	<p>10 Yoga-630pm CANDO</p>	<p>11</p>	<p>12 Yoga-1030am Powderhorn</p>
<p>13 Pilates-10am CANDO</p>	<p>14 Zumba-630pm Powderhorn</p>	<p>15 Yoga-630pm East Phillips Small Business Mgmt. 69pm Powderhorn</p>	<p>16 Zumba-630pm Powderhorn</p>	<p>17 Yoga-630pm CANDO</p>	<p>18</p>	<p>19 Yoga-1030am Powderhorn</p>
<p>20 Pilates-10am CANDO Workshop 1pm "Herbs for Fall"</p>	<p>21 Zumba-630pm Powderhorn</p>	<p>22 Yoga-630pm East Phillips Small Business Mgmt. 69pm Powderhorn Ayurveda-630pm 3844 21st Ave S • MPLS</p>	<p>23 Zumba-630pm Powderhorn</p>	<p>24 Yoga-630pm CANDO</p>	<p>25</p>	<p>26 Yoga-1030am Powderhorn</p>
<p>27 Pilates-10am CANDO</p>	<p>28 Zumba-630pm Powderhorn</p>	<p>29 Yoga-630pm East Phillips Small Business Mgmt. 69pm Powderhorn</p>	<p>30 Zumba-630pm Powderhorn</p>	<p>*Thursday, 9/10-Community Potluck Dinner (all welcome) • 7pm @ 3844 21st Ave. S., MPLS</p>		<p>*Thursday, 9/17-All Chat meeting • 5-7pm @ PPL, East Franklin Avenue, MPLS</p>

Help Plan the Future of Minneapolis Parks at City-wide Meetings

Several large projects will help shape our award-winning park system for the next 20 years – and beyond!

Minneapolis Parks are undergoing what may be the most comprehensive planning effort in its history. Minneapolis residents are encouraged to get involved and share their opinions about these three distinct, yet deeply intertwined projects: **RecQuest, Service Area Master Plans, and Closing the Gap: Investing in our Neighborhood Parks.**

RecQuest and Service Master Plans focus on what Minneapolis residents want in parks over the next 25 to 30 years. Closing the Gap is about funding these needs.

Want to Know More?

Find more information about all three projects and subscribe to receive timely email updates at www.minneapolisparcs.org/closingthegap.



Minneapolis Park & Recreation Board
www.minneapolisparcs.org/closingthegap



Get Involved!

Attend a public meeting to talk about one, two or all three projects:

- **Tuesday, September 1, 6:30-8:30 pm**
Webber Recreation Center, 4400 Dupont Ave. N
- **Monday, September 21, 6:30-8:30 pm**
Farview Recreation Center, 621 29th Ave. N
- **Tuesday, September 22, 6:30-8:30 pm**
Bryant Square Recreation Center, 3101 Bryant Ave. S
- **Thursday, September 24, 6:30-8:30 pm**
Audubon Recreation Center, 1320 29th Ave. NE
- **Monday, September 28, 6:30-8:30 pm**
Keewaydin Recreation Center, 3030 E 53rd St.

Take a 15-minute survey by September 30:

- <https://www.surveymonkey.com/r/ourparks>

Attend the Closing the Gap: Insider Insights for Park Funding public forum to hear speakers from other U.S. cities discuss how they funded their neighborhood parks:

- **Tuesday, September 29, 6-8:30 pm**
Walker Art Center, 1750 Hennepin Ave.

Seating is limited; please RSVP. Email your name and number attending to closingthegap@minneapolisparcs.org or call 612-313-7789.

Should you require a meeting modification in order to fully participate, contact Emily Wolfe at ewolfe@minneapolisparcs.org or 612-230-6415 in advance of the event.

Magic Stone

Apart from the smooth “water stones” deposited by the last glacier was a jagged chunk of glassy black obsidian fused to a layer of grainy brown basalt. Evidently, some billion years ago, there had been a torrential rain in conjunction with volcanic activity.

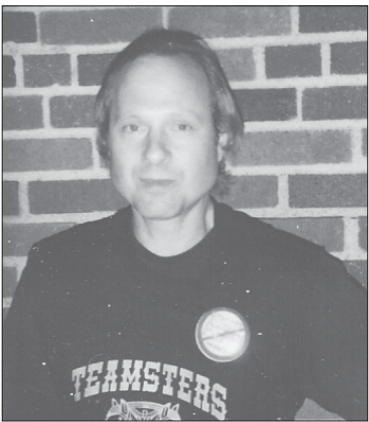
It is the southward path of Portland Avenue which leads ultimately to Pond Dakota Mission Park, and the high ground overlooking the Minnesota River Valley. From this vantage, herds of woolly mammoths once pondered the water bursting eastward from Lake Agassiz.

Then came the ancient peoples who paused at the spring fed streams, springs which are familiar to me. Later, the Iowa-Oto people occupied and mingled before they too were displaced (and mingled) by the Dakota...

Does the GREAT SPIRIT animate all things? Electrons spin clouds around the nucleus, at about one-tenth the speed of light. I am afraid.

Therefore, I have sent a letter regarding President Obama’s EPA carbon reduction plan:

“Leaving this matter to the states and power plants is a formula for disaster. Yes, on the surface, the evident acquiescence to the natural gas sector has merit. (Meanwhile, the coal sector is putting up a formidable resistance.) However, the scheduled reductions of CO2



PETER MOLENAAR
Raise Your Voice

emissions are deemed inadequate in relation to the projected tipping point. Consequently, a NATIONAL PROGRAM FOR THE SEQUESTRATION OF CO2 must be implemented. Required, in fact, is a determined federally funded project to develop, demonstrate, and mandate the technology. Specifically, the planned retrofit should channel CO2 as a raw material for the production of algae (food, fodder, fertilizer). Moreover, to foot the bill, we must be prepared to TAX THE RICH and TRIM THE MILITARY.”

Okay?

Some “last words” in quote: “...to advance good will and peace among all the countries of this hemisphere and the many peoples who are part of the human family, and thus contribute

Frank Reflections

BY FRANK ERICKSON

A retired U.S. official said, “The reality is, we may just have to live with ISIL; they look to be difficult to defeat.” Now, we know what Native Americans had to accept and that which they had to deal.

Is this how “war” works, if you can’t “win” you learn to co-exist with your enemy? Why not just avoid the “wars” and co-exist? “War” still decides the pecking order. What primates we are.

Here is our society’s cold and corrupt answer for the true Native souls of this land who have the police chase them up Lake Street, put up “No Trespassing” signs under the Lake Street-Hiawatha overpass and force then off Target’s property on Lake Street.

The City is not fooling anyone, we know at whom the “No Trespassing” signs at Lake Street and Hiawatha are directed. How dare the White Man be so cold and arrogant; who’s land is it?

to the survival of our species, in the modest place the universe has conceded us, we will never stop struggling for peace and the well being of all human beings, for every inhabitant of the planet regardless of skin color or national origin, and for the full right of all to hold religious belief or not.” — Fidel Castro

SAVE MOTHER EARTH

The kind heart-ed Liberals who run Minneapolis should be disgusted with themselves. I am so completely glad that Natives pitch camp under the Lake Street-Hiawatha Avenue overpass right next to “No Trespassing” signs. It is actually non-Natives who are the true violators. Load your guns and go vote White Man.

They’re not unemployed, they’re doing their job-- making you uncomfortable. They’re not going away.

Blessed are the true forgotten souls of this land. Inheritance wealth is passed down. Natives inherit nothing. Just how does that work? How did they lose title to the land?

Get your sorry self to work, drive by them in your fancy car, leave your toxic cancer causing emissions for them to breath.



GREENWAY HEIGHTS

A Community of Families

OPEN HOUSE!

September 10, 2015: 4–6pm.

Join us for tours of this beautiful building, light refreshments, & conversation with project leaders and residents.

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(ONE BLOCK NORTH OF LAKE & BLOOMINGTON)



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LEFT: COMMUNITY ROOM

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www.GreenwayHeights.com

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ASSOCIATES

Every morning the freeways are clogged with ambition. Here are buildings to be rebuilt, roads to be paved, spirits to be tamed and crushed.

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2015

REAL Street theater 24/7!

Various locations (some are mobile)

Always somethin' goin' on!

Thousands of Performances DAILY! Times vary

More whacko than Jacko!

Absolutely FREE (Well....)

Here's titles/samples from a few Phringe performances

5+2=18 (PERFORMED ON PUBLIC TRANSIT)

PRE-SCHOOL FLASHMOB WHAT'S THAT SMELL?

HOSPITAL SHIFT STAMPEDE (SPECIAL APPEARANCE: MEDUAC COPTER)

THIS OLD HOUSE - BURNT DOWN

MEET + GREET MEETING + GREETING CIRCLE (SOMETIMES WITH DRUM GROUP)

PHANTOM BUILDINGS: (OLD) SCHOOL GHOSTS MEET (OLD) HOSPITAL GHOSTS

POWERLINE RAILWAY (PERFORMED ALONG GREENWAY)

HOW MANY FAMILIES CAN YOU FIT IN ONE HOUSE?

SOUND WARS: BLOWN BASS VS. MARIACHI (PERFORMED IN VENTURA VILLAGE)

LOVE - THERE'S ALWAYS LOVE

HOW TO START A WEED GARDEN - MAYBE YOU'LL GET COOL BUGS

LITTERFLY MIGRATION WHAT'S A CROSSWALK?

CELL-PHONE SHOUTING (WITHOUT A PHONE)

SIGNING MADE EASY CARDBOARD + MARKER = MONEY

SIDEWALK BIKING LOOK AT MY HAND - I AM! BATS

Eco-NINJAS BIG DREAM

IF NEIGHBORS COULD TALK - OH WAIT - THEY CAN

I JUST NEED A DOLLAR - SO I CAN GO TO THE DOLLAR STORE

MY PANTS ARE LOWER THAN YOUR PANTS

FLUSHED FROM SOMEWHERE (WITH GUNS FROM THE BURBS)

YOU WANT MAYO ON THAT?

L.A. FREEWAY NAMESAKE (PERFORMED IN VENTURA VILLAGE)

I'M NOT FROM HERE ARE ANY OF US?

WE WERE HERE FIRST (PERFORMED AT PIONEER CEMETERY)

NO, WE WERE (PERFORMED AT LITTLE EARTH)

phillips

NEIGHBORHOOD CLINIC

Clinic Hours

Mondays: 6 pm–9 pm

Thursdays: 6 pm–9 pm

St. Paul's Lutheran Church

2742 15th Avenue South

Minneapolis, MN 55407

Upcoming specialty nights

Dermatology night: September 3rd

OPEN HOUSE: Sept. 15th 5 to 7 PM

Tour the Clinic, Meet Volunteers

Move N' Eat Cooking Class Sept. 17th 6 to 7 PM

Eye clinic night: September 21st

Apartments for Rent

21st St. & 16th Ave.

2 BR \$755. + Util.

33rd St. & Nicollet Ave.

2 BR \$765. + Util.

33rd St. & 1st Ave.

2 BR 2 Bath \$995. Includes Util.

612-825-6283



BACKYARD INITIATIVE BACK PAGE



BYI AREA

THE BACKYARD GROWS FOOD!



Compost bin building with Janet Court, Tim Page, and Patsy Parker Photo Credit: Cherry Flowers



Growing the Backyard CHAT hosts a conversation on season extension and demonstrates aquaponics. Photo Credit: Cherry Flowers

BY CHERRY FLOWERS, GROWING THE BACKYARD CHAT

Introduction to this Special Feature: Growing the Backyard Community Health Action Team (CHAT), one of ten CHATS of the Backyard Initiative (BYI), encourages and celebrates the growing of culturally relevant foods and medicinal herbs in the Backyard neighborhoods. What better way to encourage growing than to honor those who are already growing food and provide resources for those who wish to join the movement?! A number of gardens located in the Backyard are featured in the article below and on pages 6 and 7 of this issue. The Growing the Backyard CHAT did our very best to connect to as many gardens in the BYI area as we know about. They have various missions and what they do with their produce may vary as well. While each is unique, they are connected by the commonly held belief: "fresh produce, picked and eaten minutes and steps from where it is produced is fresher and higher in nutrients than produce from any other source".

If you did not see your garden or favorite market in the BYI area featured in this special feature, let us know. We would love to connect with you to share information, skills, the passion for growing and news about the Backyard Initiative. Contact: Tim Page, 651-271-3795, tpage4@gmail.com

The work of the Growing the Backyard CHAT has taken us from garden to garden collecting stories, making connections, sharing resources, lending a hand and arranging events. We worked with Patsy Parker to organize a compost bin building project at Paradise Garden. Working with Janet Court, Penny Arcos and her son from Paradise Garden, we helped families to construct ladybug houses at the Midtown Global Market. We worked with staff from Lutheran Social Services (LSS) to facilitate a seed starting project with children in the after-school program. We also assisted LSS and neighbors Siama Matuzungidi and Dallas Johnson, to organize a garden-side event at 24th and Portland featuring music, face painting, tea sampling, ice cream, and garden tours. Working with Rebirthing Community/Communities of Light CHAT and he TEENS CHAT, we represented the Backyard Initiative at the MayDay Festival at Powderhorn Park. Recently, we assisted in representing the BYI at the Hue-Man event and at Open Streets on East Lake Street and Franklin Avenue.

Other activities of the Growing the Backyard CHAT include:

- Spoke at the monthly APOD (A Partnership of Diabetics) meeting to share information about growing healthy food.
- Established a permanent display featuring herb plants that can be used to make medicinal tea at the Backyard Initiative's Resource Center in the Midtown Global Market. Part of this display includes an aquaponics system

play featuring herb plants that can be used to make medicinal tea at the Backyard Initiative's Resource Center in the Midtown Global Market. Part of this display includes an aquaponics system

- Hosted six, Garden-In-a-Box raised beds from the MN Horticultural Society.
- Organized a community conversation on season extension techniques including aquaponics, hydroponics, hoop houses, and more.
- Collaborated with various organizations including Hope Communities, Urban Ventures, Lutheran Social Services, and the Community-University Health Care Center (CUHCC).
- BYI Farmers Market at Cup Foods, 38th and Chicago with Teen CHAT member Carl Lobley every Monday 3-6PM.

In short, it has been a busy year so far, but we are not done yet! The Growing the Backyard CHAT is also involved in other important aspects of food justice such as food distribution, preparation and marketing with the essential guidance of two other CHAT team leaders, Collie Graddick and Candis McKelvy. None of the work of this industrious CHAT team, however, could have begun without the inspiration of BYI area resident, Hashep Seka.

COMMUNITY GARDENS IN THE AREA OF THE BACKYARD INITIATIVE: (A partial listing)

Cultural Wellness Center Garden

2020 Oakland Ave

Contact: Tim Page, 651-271-3795, tpage4@gmail.com



Growing the backyard container demonstration garden by the Cultural Wellness Center designed and maintained by Tim Page. Photo credit: Cherry Flowers

As part of the Backyard Initiative, this site is organized by Tim Page, project lead of Growing the Backyard CHAT and co-owner of Page & Flowers/Holistic Health Farms. It is designed to demonstrate produce container gardening for people who may have limited access to the land needed for an "in ground" garden or for places where the soil is poor or contaminated. We have also found that it is possible to grow more food in less space by arranging the planters in a block without walkways because you can always move them if you need to. This also saves water since you can water just the plants and not the walkways!

Vegetables are planted in individual pots or raised beds including a number of Garden-In-

A-Box containers donated by Minnesota Green of the Minnesota Horticultural Society. Some of the boxes are assigned to various neighbors. There is a focus on growing the herbs used for making herbal teas as part of a Youthprise product development project. The Wellness Center Garden is also home to a composting project implemented by Patsy Parker, the incredible committed founder of Compostadores. At many locations around the Twin Cities, Patsy has helped to implement compost bin building projects and she works tirelessly to make sure the bins are filled with food waste quickly so they can begin a year long process of transforming into compost. The compost is then used to amend the soil in the garden where it is located.

Even more Gardens of the Backyard featured starting on page 7

Back Yard Initiative Back Page

The BYI Back Page is produced each month as a collaborative venture between the BYI Communications CHAT & Alley Communications, Inc., publisher of The Alley Newspaper. The Communications CHAT works with BYI CHAT (Community Health Action Teams) each month as a "resource CHAT" – helping to get the news and activities of the BYI out to the broader community.



Aquaponics demo at the BYI Resource Center at the Midtown Global Market Photo credit: Tim Page

UPCOMING GROWING THE BACKYARD CHAT EVENTS

Growing the Backyard CHAT will have a booth at the **Four Sisters Market** September 13, 20, and 27. We will be demonstrating container gardening, sharing recipes and resources to those who are Growing the Backyard and those who would like to learn!

Growing the Backyard Event,

Thursday, September 10, 6-8pm, Midtown Global Market Center Stage featuring music, art, food demonstrations



Growing the Backyard with other BYI folks at Open Streets. Photo Credit: Cherry Flowers