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the Alley NEWSPAPER

NEWS & VIEWS OF PHILLIPS SINCE 1976
SEPTEMBER 2013 • VOLUME 38, NUMBER 9

The Alley Online!
www.alleynews.org



@alleynewspaper



SERENDIPITY

E P T E M B E R



BY RITA ULRICH, NOKOMIS EAST NEIGHBORHOOD ORGANIZATION

The Minneapolis Monarch Festival™ returns to Lake Nokomis on Saturday, September 7, with a fresh line up of performers and art activities, food from Minnesota, Mexico and beyond, games for kids, monarchs and habitat education. The Festival celebrates the migration of the monarchs from Minnesota to the mountains of Central Mexico, and promotes habitat conservation to restore the alarmingly low migrating population. The Festival is expected to draw 8,000–10,000 people.

The Minnesota - Mexico connection is highlighted with music, dance, food and art. The all-day stage will open with Silva Sol at 10am, followed by Machinery Hill at 11am. At noon, the hugely popular Ketzal Coatlicue Aztec Dance group will perform. The afternoon lineup starts with RAMM, and its distinctive repertoire of R&B, Rock, Funk, Motown, and Blues. The sound will become more Caribbean when Charanga Tropical takes the stage with its flute, violins, and Latin rhythm section. The day ends with Salsa del Soul's high energy Bachata, Plena and Salsa music.

Up to 200 children are expected to participate in the Kids Butterfly Fun Run. The runs are short, untimed races for children 1-12 years old.

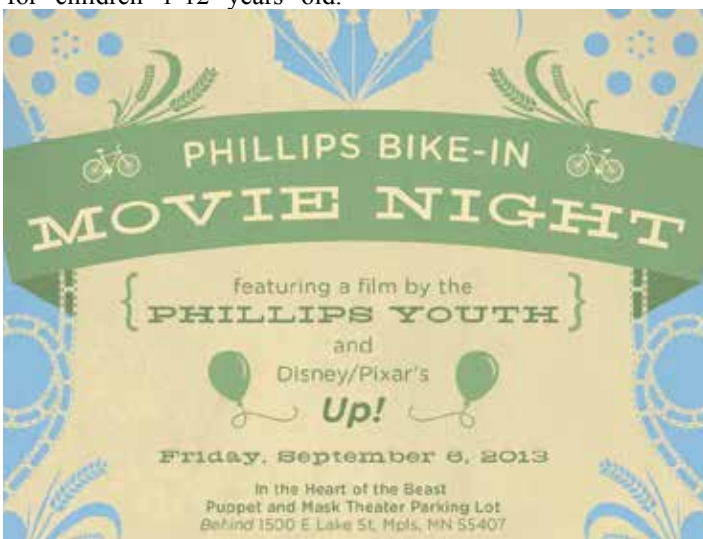
Prizes are awarded to the top finishers, and the best monarch wings and best monarch costume. Registration for the Run is \$7, which includes an official Fun Run T-shirt. Because the race is sponsored by UCare and Univision Minnesota, proceeds go to support monarch habitat restoration in Minnesota and Mexico.

For many people, the day's highlight is tagging a monarch butterfly and releasing it in the Nokomis Naturescape gardens. They learn about the monarch's life cycle, the Monarch Migration, and plants it needs for survival. Before releasing it, a small round sticker is placed on the butterfly's wing for Monarch Watch's research program. Several organizations, including Monarch Joint Venture, Wild Ones, NENA's volunteer gardeners who maintain the Naturescape, and Audubon will offer plenty of information about monarchs and what people can do to help save the Migration.

Education about monarchs and the monarch migration, one of the world's great migrations, and arguably the most beautiful and mystifying of all migrations, is central to the Festival. It is without a doubt one of nature's masterpieces.

Admission to the Minneapolis

Monarch Festival
see page 4



Sep 8, 1-6:30pm: "Shenanigrins and Bridging Festival" returns to Phillips West
Kick-off 1PM on Whittier side of 24th St. Ped. Bridge over 35W



the Alley

NEWSPAPER

The Alley
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"We came into this world to give truth a little jog onward and to help our neighbors rights"

Ann Greene Phillips (18__-1885) Wendell Phillips (1811-1884) Alley Communications "staff reporters", columnists, and artists are neighbors and friends who contribute their time and work to sustain the informing and engaging. The list for this issue includes but is not limited to the following 38 "Staff":

Aeon, African Development Center, Robert Albee, Patrick Cabello, Hansel, Ellen Cleary, Dale Connelly, Janet Dahlem, Milli Dutta, Janet Gillespie, Linnea Hadaway, Joy Hwang, Hennepin County Franklin Library, Dallas Johnson, KFAI Radio FM 90.3, Joanne Kosciolk, Divya Maiya, Maggie McEvoy, Howard McQuitter II, Jana Metge, Midtown Greenway Coalition, Catherine Mamer, Jonathan Miller, Peter Molenaar, Dave Moore, John Moore, Kelly J. Morgan, Nokomis East Neighborhood Organization, Connie Norman, Carl and Helen Peterson, PWNO, Tish Rivera-Cree, Running Wolf Fitness Center, St. Paul's Luth. Church, Rita Ulrich, Denise Velez, Mark Welna, Crystal Trautnau Winschitl.

Door to Door Delivery: Youth group from Calvary Church, Donna Neste, Bob, Brad, Brad, Carol, Patrick, Cathy, Dave, East Phillips Improvement Coalition, Jacy, Jana, Heidi, Howard, Joyce, Marjorie, Midtown Phillips, Paul, Phillips West N Org., Simmons Family, Raymond, Stephanie, Tara, Ventura Village, Will you deliver a block or two or your apartment? Call Harvey 612-990-4022

Bulk Delivery: Lyle James Delivery. 250 Apartments, Businesses, Places of Worship, and Organizations; this issue is having volunteers delivering many blocks of these neighborhoods Ventura Village, Phillips West, Midtown Phillips, East Phillips, Central, Powderhorn Park, and Corcoran; and the usual spots in Longfellow, Cooper, Cedar-Riverside, Elliott Park, Whittier, and Lyndale.

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**October Alley
Deadline:
September 15**

The Alley Newspaper
is a Member of



**Give. And light a fire
under inequality.**
www.changeisbetter.com
651-647-0440

BY ERIN THOMASSON

Children & Family Programs

K-12 Homework Help

Tues & Thurs 3:30-7:30 p.m.

& Wed & Sat 3:30-5:30 p.m.

Free in-person tutoring for K-12 students. .

Family Storytime

Wed 10:30 a.m. Age 2 and up.

Share books, stories, rhymes, music, and movement with your children.

ECFE: Reading Fun

Wed Sept. 4 & 18, 11 a.m. –

noon. Parents, bring your infants and preschoolers for Early Childhood Family Education (ECFE) sessions to learn fun, interactive activities you can do at home with your child to build literacy skills.

Somali Family Stories

Tues Sept. 17 & 24, 6 p.m.

Somali songs and stories!

Teen Programs

O.P.E.N. Time

Tues. 7-8 p.m. Options for Play and Enrichment Now Time: computers, magazines, board games, video games, brain teasers, conversation with friends.

4-H Mentoring Club

Tues 5-7 p.m. Urban ecology, health and nutrition, sustainable agriculture and related careers in food science from adults and peer mentors; maintain a community garden & visit local food enterprises.

Game Time!

Wed. Sept. 4 & 18, 4:30-6 p.m.

Hook up a new or retro gaming system for some teen tournament action. See how you compare with peers when you're playing 8-bit style! *through a grant from The McKnight Foundation.*

Teen Tech Workshop

Wed Sept. 11 & 25, Oct. 23, Nov. 13 & 27, 4:30 p.m.

Reg Online or 612-543-6925.

Grades 6-12. Make music, videos, animation and other projects using both high- and low-tech tools, everything from iPads to LEGOS® to wooden dowels.

Teen Anime Club

Thurs Sept. 5 at 6 p.m. Watch anime, discuss manga and share artwork. Something different every time!

ArtVentures

Thurs Sept. 12 & 26,

6-7:15 p.m. Explore your creativity and see the arts scene right in our community! Including Center projects & visits from local artists & trips to see working artists in action

Make This: Anime and Manga Drawings

Thurs Sept. 19, 4-6 p.m. Reg req. Register online or 612-543-6925.

Grades 7-12. Work with comic artist Adam Sward on developing and refining your anime drawing skills. Practice character and concept development, composition, drawing, inking and coloring. No previous drawing experience necessary.

Young Achievers

Thurs 4-5:30 p.m. Community involvement? Concerned about your health and lifestyle? Then bring your friends and come for poetry, arts, games and more!

Movies for Teens

Fridays, 4-6 p.m. Movie titles by teens airs - all we need is you!

Adult Programs

55+ Nonfiction Book Club

Programs at the Franklin Library

**Franklin
Community Library**
1314 E. Franklin Avenue
New: 612-543-6925
www.mplib.org
Tues & Thurs: 12 - 8 pm
Wed, Fri & Sat:
10 am - 6 pm
Complete program
calendar, visit, call, or
www.hclib.org and news
at www.hclib.org/pub/
info/newsroom/

Fri Sept. 13, 1-3 p.m.

Discussion of new and interesting nonfiction titles. Bring along your recommendations for future meetings. For additional information, call the library, 612-543-6925.

Memoir Writing Group

Thurs Sept. 19, 1-3 p.m. Want a record of your personal history? Bring what you have written and are willing to read to the group for helpful comments and suggestions.

Phillips Technology Center

Register online for these classes and more at www.hclib.org or call 612.543.6925

Microsoft Excel: Basics

Sat Sept. 14, 10-11:30 a.m.

Learn the basics of working with an Excel spreadsheet: navigation, entering data and using formulas.

Computer Skills Workshop

Sat, Sept. 14, noon-1:30 p.m.

Work on projects and practice skills from using the mouse and keyboarding to using email and Microsoft Office with our software instructors and volunteer assistants.

Franklin Learning Center
612-543-6934

Free, one-to-one tutoring for adults who are learning English and math, preparing for the GED and citizenship exams, and gaining life skills. We are always looking for community volunteers! No experience necessary; we provide training and materials. Contact us at 952-847-2934.

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Fitness and Wellness classes combine for better health @ Running Wolf

BY CONNIE NORMAN

Hello from Running Wolf Fitness Center! This month I wanted to talk about the whole program of health and wellness that is offered at Running Wolf all for only 10 dollars a month!

When folks think about going to a fitness center, I believe they think about only the treadmills and other weight equipment and the fitness classes like, Taiji/Qigong, Zumba, Yoga and Cardio-Kickboxing and the personal training opportunities that are offered regularly at Running Wolf.

However, if you check out our Running Wolf calendar you will often see the other health and wellness classes offered that are so important to building a lifelong wellness program for yourself!

For example, last month we offered a 6 week workshop called "Living in Balance". It is a chronic disease self-management program that brings people together weekly to learn how to live a healthy life with chronic conditions and develop their action plan for healthy living. This workshop is part education taught by 2 trained facilitators most of whom are also living with a chronic condition. It is also a time of sharing and support and many people have come away having broken out of their isolation and depression, because they realize that they are not alone. They meet others that also have chronic conditions and while they learn from each education session each week, they also develop trust and learn from each other. Often lifelong friendships are developed here. We offer the 6 weeks from 5 to 7pm with a healthy meal and if you complete the sessions- you get a 20 dollar gift card and a wellness action plan as well.

"Physical activity and eating well are essential to health. But in many communities, that can be a challenge," So every Monday night you can meet with Dana a registered Dietitian with the Native American Community Clinic from 5 to 7 for free nutrition consultations. She will help you design a plan that works for you. You just call Running Wolf to set a time to meet with her!

Once a month we are grate-



ful that Dr. Sara Barrett, A Naturopathic Physician offers classes on a myriad of topics related to food as medicine. Examples are, Food as Medicine. Thyroid Health, Adrenal Health, Food and Stress to name a few that she has done for us at Running Wolf. Watch for her monthly offerings and call to register, her classes often are full!

We are also so lucky to have Margaret Landry, Health Coach and licensed acupuncturist. She teaches a Monday class on Taiji-Qigong and also does health information classes on acupuncture, Chinese medicine, Korean hand therapy and massage techniques for self-management for better health and stress and pain management. Please call to register for her workshops.

For many of our clients this whole program for wellness has made a big difference in their health and well-being. The best results are statements like, "I feel better, sleep better, lost weight and have more energy," "Programs like Running Wolf Fitness Center bring communities together to overcome hurdles and make healthier living easier for all Americans."

For more information on our fitness center and its classes please call Connie Norman, Manager of Running Wolf Fitness Center @ (612)872-2388.

Students produce Running Wolf Video

Migizi First Person Productions & Step Up Achieve Mpls.students, Miguel Mayen-Eagle, Hunter Mountain, Danielle Pineiro & Jevan Rasmussen created a video to promote Running Wolf Fitness Center's mission of Native American health & wellness, affordable price, & a friendly environment; & all ethnicities. Am. Indians suffer from a variety of health disparities. Running Wolf & many others work to end disparities & improve health of Am. Indians.

Phillips West Neighborhood Upcoming Events www.phillipswest.info

September 5th (Thursday)
6:00 to 7:30 p.m.

Phillips West Monthly Community Meeting! Join your neighbors and other Community Partners for updates from State Representative Karen Clark, Local City Government, Minneapolis Police, Business Partners, and Residents. This meeting will take place at the Center for Changing Lives in the Centrum Room (2400

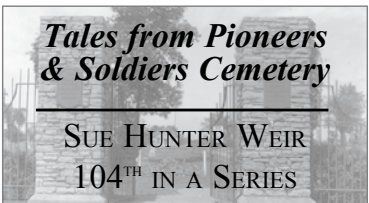


Park Avenue). Free parking is available in the rear of building off Oakland Avenue. Free Pizza & Beverages will be provided! If you would like more information or would like to get involved with the neighborhood please contact Crystal at 612-879-5383 or email her at pwno2005@yahoo.com.

Tales from Pioneers and Soldiers Cemetery

First burial 160 years ago

September 11, 2013 marks the 160th anniversary of the first burial in Layman’s (now Minneapolis Pioneers and Soldiers Memorial Cemetery). Carlton John Cressey, son of a Baptist minister, died of consumption at the age of ten months and nine days. His was the first of what would be 27,000 burials in a little less than 60 years. The base of a marker is located on Carlton’s grave; the tablet and inscription disappeared many years ago, most likely



before a survey of the cemetery’s markers was conducted during the Depression. The number of markers, their styles, materials and location were recorded but no known photographic study was conducted.

Consumption/tuberculosis caused billions of deaths
Consumption is an ancient enemy. It has caused billions of deaths worldwide. Human bones from the Near East dating back five millennia show the telltale pitting of consumption. Mummies from Egypt ca. 2400 BCE show tubercular decay in their spines. The ancient Greeks described it, too. Around 460 BCE, Hippocrates identified phthisis, or consumption, as the most widespread disease of his age. It was almost always fatal. Because of that, he advised his followers and students against treating late-stage consumption to avoid damage to their reputations.

Any disease that consumed any portion of the body was called consumption for a long time until 1882 when microbiologist Robert Koch discovered the tubercle bacillus. Then it began to be called Tuberculosis. TB is a potentially fatal contagious disease that can affect almost any part of the body but is mainly an infection of the lungs caused by a bacterial microorganism tubercle bacillus. In the early 1800s TB may have caused about 1/3 of all deaths. Each year there are more than 1.4 million TB-related deaths worldwide.



Phillips Avenue of the Arts to open October 25th & 26th at “Taste of Phillips”

Avenues of the Arts have theaters, art galleries, open mikes and studios, as well as access to award-winning restaurants and other cultural attractions. Which makes Phillips an ideal location for the newest one in Minnesota! Phillips is more culturally diverse than any community in Minnesota. It has more murals than any other neighborhood. It is home to the world-renowned In the Heart of the Beast Puppet and Mask Theater, All Nations Gallery and restaurants from all over the world.

St. Paul’s Lutheran is working with partners in the neighborhood to build the Phillips Avenue of the Arts, an outgrowth of their Semilla Program. “Semilla means seed in Spanish,” Artist-in-Residence Greta McLain says, “we have been planting seeds of hope through our mosaic planters and murals throughout Phillips as a way to re-brand our community as a community of beauty, creativity and hope.”

St. Paul’s Semilla Program has taught mosaics to over 1750 people in Phillips and throughout the metro area. They have taken the project to over 20 different groups and organizations—from Phillips to the suburbs and out-

state—with a special emphasis on reaching those who do not usually receive quality arts learning opportunities. These include the Autism Spectrum Program at Hans Christian Andersen School, the Multiple Sclerosis Achievement Center in St. Paul, Our Saviour’s Housing, Normandale House, St. Paul’s Home, Banyan Foundation and several block clubs in Phillips. “We have found that mosaic is a wonderful art form for building community and breaking down barriers”, Rev. Patrick Cabello Hansel, co-pastor at St. Paul’s says. “It is a set of skills that can be learned by almost anyone, and the act of sitting together around a table working on art lends itself to conversation.”

The first leg of the Phillips Avenue of the Arts will go from a major new mural on the La Mexicana building at Bloomington and Lake to the Avalon Theater one block west, then up 15th Avenue to St. Paul’s, home of the Semilla Project. Future legs will connect Andersen School, Waite House and other organizations in the neighborhood. The art along the Avenue will include murals, mosaic planters and sculptures, banners and poetry and performance places.



There is one Depression-era photograph of the cemetery in the Library of Congress collection. It was taken in 1939 by John Vachon, a 25-year-old St. Paul, MN native. Vachon was hired by the Farm Security Administration to document living conditions, especially of the poor, during the Depression. The view is of the southwestern section of the cemetery. Note the two buildings in the background; both still exist although the one of the southeast corner of Cedar and Lake is one story shorter. Also note how small the trees were and the systematic planting of trees along the Lake Street edge.

Dracula Coming Soon, October 2!

Classic 1931 Movie at Lake Street, Outdoor Walk-In Movie Theatre

BY SUE HUNTER WEIR

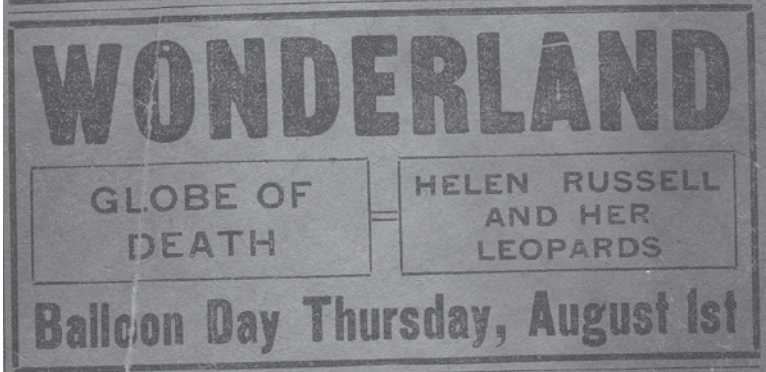
In 1931, as Tod Browning was shooting Dracula with Bela Lugosi, George Melford was working from the same script on the same sets at night with a Spanish language cast and crew. Long thought lost, the film was re-found in the 1970s, showing how wildly different the films are. Many now argue Melford’s film is the better version.

Join us for a showing of this classic monster movie at Minneapolis Pioneers and Soldiers Memorial Cemetery on October 2, 2013 at 7

p.m. Arrive early to enjoy a trailer reel from 1931 and roam throughout the cemetery. Bring a blanket or lawn chair to sit on. If your Spanish is a little rusty, that’s not a problem—the film has English subtitles. \$5 Suggested Donation. Tickets are available online at <http://www.brownpapertickets.com/event/444947> or you can pay at

the gate (cash only, please). Children under 12 admitted free. Please no pets, alcoholic beverages or videotaping. Take-Up Productions, along with All Star Video Productions, is generously offering this event as a benefit for the Pioneers and Soldiers Cemetery’s fence fund. Hope to see you there.

This ad for Wonderland Amusement Park, 31st and Lake Street from 1905 to 1911, was recently found beneath wood siding on a house four blocks away. It was in a July 23, 1908 Minneapolis Journal newspaper.



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2438 Bloomington

612-332-4393
612-729-3526

minneapolis
monarch festival
festival de la monarca



Saturday, Sept. 7, 10 am - 4 pm
East Lake Nokomis Pkwy at 50th St.



2013 Monarch Festival Features:
All-New Kid's Butterfly Fun Run, Monarch Tag & Release
Live Music Stage, Art Activities, Traditional Aztec Dancers,
Mexican and American Food Vendors, Native Plant Info &
Vendors, Tours of the Naturescape, Games and Butterfly
Costume Contests. **FREE ADMISSION**

For the latest schedules, performers, and Fun Run info, please visit:
www.monarchfestival.org




Mpls Park and Recreation Board
612-230-6400
www.minneapolis-parks.org

Nokomis East Neighborhood Assoc.
612-724-5652
www.nokomiseast.org



Guests watch as a volunteer carefully places a research tagged monarch butterfly on a flower in the Nokomis Naturescape at the 2012 Minneapolis Monarch Festival.
BELOW: Learning about monarch life cycle, tagging for research, and migration to Mexico in the at the Mpls.Monarch Festival Lab tent.

*Venga a disfrutar de un
evento único junto con sus
amistades y familia:*

"El Festival De Las Mariposas Monarca"

El Departamento de Parques de Recreación de la Ciudad De Minneapolis le extiende una cordial invitación para este evento. Se realizará en el Parque Nokomis ubicado en East Nokomis Parkway y 50th Street el 7 de Septiembre de 10 am a 4pm. No Faltes!!



Monarch Festival from page 1

Monarch Festival is free, and monarch lovers everywhere are welcome. Vendors will have Latin and 'Minnesotan' food available for sale. Guests are encouraged to bring a water bottle and fill it with water from Minneapolis Tap.

The Minneapolis Monarch Festival is produced by the Minneapolis Park and Recreation Board and Nokomis East Neighborhood Association, in collaboration with the University of Minnesota's Monarch Lab, "Monarchs in the Classroom" program. Additional support is provided by Univision Minnesota, the US Forest Service International Program, UCare, and the Mexican Consulate. Art and music programming is funded by a grant from the Minnesota State Arts Board.

Detailed information on the stage lineup, the Butterfly Fun Run, art activities, monarch tagging, and the Nokomis Naturescape will be available on the Festival website as it becomes available: www.monarchfestival.org



Photo by Dallas Johnson

SEPTEMBER 7! 4-8pm
SAVE THE DATE!!
The Great Fiesta

St. Paul's Lutheran Church
2742 15th Ave S.
Mpls, MN 55487
stpaulscreate@gmail.com
612-724-3862

mexican and Scandinavian food
Vintage Clothing Sale!
Silent Auction!

INDIAN HEALTH BOARD
Healthy Relationships for Our Community

1315 East 24th Street
Minneapolis, MN 55404

We invite you to join us for the 9th Annual
Native American Day Celebration

Sponsored by the Indian Health Board SDPI Diabetes Prevention Program
and the U of M Program for Health Disparities Research

Saturday • September 28th • 2013 10am – 2pm

Midtown Farmers Market
Lake Street & 22nd Ave, Minneapolis
(Across the Street from the Midtown YWCA)

MCs: Jay Bad Heart Bull and Daniel Yang
Exhibition Dancing: Larry Yazzie & the Native Pride Dancers
Performance/Music: Jackie Bird

Health and Resource Fair • Cultural Activities • Exhibition Dancing
Children's Activities • Food Demos • Tshirts (while supplies last)
NiceRide Bike Tours • Famous Dave's

Spend \$5 EBT & get \$5 free farmer's market bucks

Support the DIW Food Shelf
receive a raffle ticket for
each non perishable food
item brought (up to 5)

Kwe Strong 5K Walk/Run
For more information
or to register email
kwestrong@gmail.com

For health & resource fair information call Tish @ 612-721-9839 or trcree@ihb-mpls.org
For general information call Maria @ 612-721-9803 or mkrisch@ihb-mpls.org

Go Green: bike • walk • bus • carpool
www.indianhealthboard.com

Everyone Welcome!
This is a smoke free & alcohol free event



Sep 8, 1-6:30pm: "Shenanigrins and Bridging Festival" returns to Phillips West

Kick-off 1PM on Whittier side
of 24th St. Ped. Bridge over 35W
Then to Phillips West side for:

- musicians Sarah Burk, Scott Fultz, Benjamin Kelly, Tim O'Keefe and Shai Hayo, Rebecca Abas, and
- dancers from 4 Seasons Dance Studio
- live world music by Siamia Matuzungidi
- Lance Pollonaise and friends

- a parade
- potato sack races
- limbo contest
- hula hoops
- Buddy Goodfellow's Musical Carpet Ride
- a neighborhood skit in honor of dearly-departed Muriel Simmons
- art-making
- a disco party on the bridge
- a house music dance class

- face painting, Simmons family snow cones
- pizza

5 PM Blue Lady's Global Musical Spectacle: "DANCE" at the Open Eye Figure Theatre.

For more information about the artists behind the event, check out artistsinstorefronts.com, bridgingminneapolis.wordpress.com, blueladyperformance.bpt.me or fourseasonsdance.com.

Hussein Samatar Leader and Phillips Resident has died

Saturday August 25, 2013
[excerpt from message by
African Development Center
Board]
Good evening,

It is with great sadness and heavy hearts that we inform you that our Founder and Leader, Hussein Samatar, passed away this afternoon from complica-



Photo by ADC

tions of his battle with Chronic Lymphocytic Leukemia.

Hussein was a courageous and dedicated public servant, and will be missed by many - well beyond those who have benefited from his ambitious initiatives here at ADC, the Minneapolis School Board, and throughout the community.

In all that he did, Hussein brought a level of energy, drive, and optimism that was the envy of many. We will miss him tremendously at the African Development Center, and hope to honor his dream of building economic opportunities and financial sustainability for the vibrant African communities across the

Hussein Samatar
see page 6

2013 PEAVEY PARK CELEBRATION



Saturday • September 14th

12 Noon to 4:00 PM

**FOOD • CULTURAL ACTIVITIES • ENTERTAINMENT
KOOL KIDZ STUFF • COMMUNITY RESOURCES**

Contact Barb Lickness • bllickness@yahoo.com • (612.229.1142)



Phillips Community residents of 73 years, Carl, 101, and Helen Peterson celebrated their 73rd Wedding Anniversary on August 25th. Behind Carl and Helen is their daughter, Janet Gillespie. In the foreground is an anniversary cake and a very special photograph of their wedding attire produced in an elaborate 1940 photography studio.



Two prophets of liberty from different Cities and Centuries
21st Century Andrew Moore at E. 33rd St. and Bloomington Ave. and 19th Century Wendell Phillips, spoke out against racism, oppression, greed, and both about liberty for all! On the 50th Anniversary week of The March on Washington, the City of Mpls. has condemned Andrew's house and his continued work as a prophet of liberty on his front lawn with his public art.

Peace House Community Moved to New Peace House



"Peace House, 28 Years", an in-depth article by Catherine Marner on the occasion of the Peace House 28th Anniversary will be featured in October issue of The Alley Newspaper.

BY JOANNE KOSCIOLEK, AEON VICE PRESIDENT, FUND DEVELOPMENT & COMMUNICATIONS
Peace House stood at 510

Franklin Avenue since 1985 when Sister Rose Tillemans opened the door. Peace House Community begins another chapter at its new location at 1816 Portland Avenue South because the original building was torn down on August 20th so the fourth of Hope Community's buildings at Franklin and Portland Avenues can be built. This fourth building is the final phase of "South Quarter" at each corner of Franklin and Portland Avenues -- 90 new, mixed-income apartment homes.
The new Peace house is one and a half blocks from its original home featuring a large gathering space with vaulted ceiling, a new kitchen and equipment, central air

conditioning, handicapped accessibility, an abundance of natural light, and a beautifully landscaped yard. A number of tiles from the mosaic on the original building were taken and will be installed within the pediment above the front entrance.
The Franklin and Portland four corners building development is a partnership with Aeon and Hope Community. The sustainable, quality apartment homes are life-cycle apartment options for residents at a range of income levels. The development will also include 12 designated apartments for long-term homeless individuals and families.

Maria's
Café

Ancient Traders Market
1113 E. Franklin Ave.
Minneapolis
7^{AM} to 3^{PM} Mon. thru Sat.
8^{AM} to 3^{PM} Sun.
612.870.9842
www.mariascafe.com

Phillips Community CLEAN SWEEP - Green Sweep! Saturday Oct. 12th, 2013

MARK your Calendar! It's Here Again!

9 to 10 a.m. — Free Breakfast, Sign In, Pick-Up Supplies & your FREE 2012 Clean Sweep T-Shirt - **2 Locations:**

- 1) Welna Ace Hardware Parking Lot - 2438 Bloomington Ave. S.
- 2) LSS - Enter on 24th St. between Park & Oakland. Indoors - 2400 Park Ave. S.

9 a.m. to Noon — Sweep Phillips Clean!
~ The Phillips Community Needs You!!! ~

Organize your neighbors - Enlist your Block Club - Recruit your Church Youth Group ABOVE ALL, Bring yourself and your Family & Sweep Phillips Clean!

IMPORTANT: Household items, tires, etc. MUST be at your regular garbage pick-up spot NO LATER than 9:00 AM Saturday. YELLOW bags of trash collected Saturday MUST be ready for Pick up NO LATER than NOON Saturday

Noon to 2:00 PM - Free Lunch, Entertainment, Neighborhood Information & Family Fun:
Stewart Park 2700 12th Ave. S.

2009 T-Shirt

Do Not Miss This! Your once-a-year opportunity to UNLOAD:
Tires, Household Construction Materials, Old Furniture, Electronics - and
Meet your Neighbors & Have FUN
DO NOT unload:
Car Batteries, oil or car parts, contractor construction materials, paint, hazardous waste or liquids
Contact Hennepin City. At 612-348-3777 for their safe disposal.
NOTE: Appliances, yard waste & Leaves will be picked up on your next recycling or garbage day. Leave them in your regular Pick-Up spot.

For more Information, email singdancesavetheworld@gmail.com

2011 T-Shirt

Each Phillips Clean Sweep Participant will get a Coupon redeemable for a FREE PUMPKIN from Welna Hardware. Limit 2 pumpkins per family

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"Lee Daniels' The Butler"

Lee Daniels' The Butler

Lee Daniels' The Butler

★★★★★

**Weinstein Company
Biography/Drama**

Cast: Forest Whitaker (Cecil Gaines), Oprah Winfrey (Gloria Gaines), Elijah Kelley (Charlie), David Oyelowo (Louis), Cuba Gooding Jr. (Carter Wilson), Terrence Howard (Howard), Lenny Kravitz (James Holloway), James Marsden (John F. Kennedy), Vanessa Redgrave (Annabeth Westfall), Alan Richman (Ronald Reagan), Liev Schreider (Lyndon B. Johnson), Robin Williams (Dwight D. Eisenhower), Ami Ameen (Cecil Gaines, age 15), Nelsen Ellis (Martin Luther King Jr.) and Clarence Williams III (Maynard.(PG-13) **Running time:** 132 minutes. **Director:** Lee Daniels. **Writer:** Danny Strong.

Lee Daniels' fictional character butler Cecil Gaines based on the real life butler Eugene Allen serving in that position in the White House during seven presidential administrations. Lee Daniels' "The Butler" is essentially a love story tapestry with the civil rights movement and



HOWARD MCQUITTER II
Movie Corner
Howardsmoviecorner.com

HowardMcQuitterii@yahoo.com walking the tightrope against the matrix of racism.

Cecil Gaines (Forest Whitaker) journey starts out in the cotton fields in Macon, Georgia, in 1926, witnesses a horrible ordeal when the white plantation owner fatally shoots his father for his "insubordination". A few years later, Cecil leaves the cotton fields of Georgia for a "better" life and location. Hungry, tired and weary he breaks into a store only to find an older colored man (Clarence Williams III) who gives him wisdom and a job as a bartender

and a server that will lead him to Washington D.C. and a butler in the White House.

What Daniels and screenwriter Danny Strong do so well is depicts the African American must maintain two faces (aptly illustrated in W.E.B. Du Bois's "The Souls of Black Folks") in a white man's world, a survival kit for each and every black face as he or she goes about the business of everyday life in America.

Cecil's forewarned before he gets the job as butler from seasoned butlers to serve the president(s) and his cabinet members without listening to any conversations among them. Cecil marries Gloria (Oprah Winfrey) a former hotel maid and Louis (David Oyelowo) and younger son (Elijah Kelley). They live in a modest, middle-class house in Washington D.C.

The "new" Cecil is dressed impeccably in black tuxedo, white shirt and bow tie and black shoes on 1600 Pennsylvania Avenue. He's away from home so much his wife Gloria starts drinking and flirts with the next door neighbor Howard (Terrence Howard). His older son Louis goes to Fisk University in Nashville, Tennessee, where he participates in the Freedom Rides attempting to integrate "whites only" lunch counters and to register blacks to vote in the South. Cecil doesn't understand Louis' political activities nor does Louis understand his father's naiveté on the rising political climate of civil rights. Tension, Builds, grinds, and, even explores between father and son, especially when Louis joins the Black Panther Party. This generational gap between father and son is a large part of what Mr. Daniels calls a love story in "The Butler."

Just the fact Cecil Gaines worked in the White House over

A Celebration of Life in Honoring Wayne Murphy

BY KELLY J. MORGAN

The entire community is invited to a celebration of Wayne Murphy's life and contributions to the community September 18, 2013 sponsored, per Wayne's wishes, by the Circle of Gentleman group at Little Earth of United Tribes.

At the Little Earth of United Tribes gymnasium. From 5-6 pm Speakers will pay tribute to Wayne's life and many accomplishments on behalf of the community that he lived in for many years. A meal served from 6-8 pm. A slideshow will be shown throughout the event.

Wayne Allen Murphy crossed over peacefully to the spirit world

at 7:20pm on Saturday August 24th, 2013. He was born on September 22, 1939.

Wayne sat on all three boards for many years that comprise the Little Earth Partnership. He was an active member of the community and worked to help the elders group at Little Earth. He loved the small children and tried to make a difference in the lives of people living in the community. He was loved by many.

Wayne, Toksa ake wacin-yankinkte! (I will see you again after a while)

Any inquiries can be directed to 701-460-7468 and/or at kjmorgan08@gmail.com.



Photo by Harvey Winje

Hussein Samatar
from page 4

state of Minnesota.

Hussein is survived by his wife Ubah, and four children. While we do ask that you keep the Samatar family in your thoughts as they cope during this difficult time, we also ask you to respect their privacy as they mourn this loss. ADC Board of Directors

Hussein Samatar Laid To Rest

August 27, 2013

[Excerpt from KFAI Radio

website kfai.org by Dale Connelly]

Minneapolis school board member, businessman and Somali community leader Hussein Samatar was buried on Monday August 26th, within 24 hours of his death from leukemia. The service at the Burnsville Mosque of the Islamic Institute of Minnesota was attended by many of Minnesota's political leaders, including U.S. Senator Al Franken, Congressman Keith Ellison, Minneapolis Mayor R.T. Rybak, and State Education Commissioner Brenda Casselius.

a time of seven presidencies is an outstanding achievement on any terms. Cecil started in those hallowed halls as a butler under Dwight D. Eisenhower (Robin Williams), the 34th president of the U.S., 1953-1961, a hero as Supreme Commander of the Allied Forces in World War II demonstrates his ambivalence on the 1954 Supreme Court on Desegregation of Public Schools on the South and sending federal troops to Little Rock, Arkansas, to protect nine African American children to a previously segregated high school in 1957. He did decide to send the troops. The 35th president would be John F. Kennedy (James Marsden), the first Roman Catholic to be elected president, young, good looking senator from Massachusetts. Kennedy's life cut short by assassination Jackie Kennedy (Minka Kelly) is seen sitting on a bed cry-

ing, her coat and dress spattered by her husband's blood while Cecil is in the room trying to comfort her. Next is the 36th president Lyndon B. Johnson (Liev Schreider) with the Civil War (and since 1965). I'd say John Cusack as President didn't fare well as much a look-alike especially with his fake nose. (As far as bad makeup, Mickey Rooney's character as Mr. Yunioshi in the 1961 "Breakfast at Tiffany's" is considerably worse.) Jimmy Carter is suspiciously and manifestly missing leads one to think that decision lies at the feet of the Weinstein Company, the producers of "Lee Daniels' The Butler". For the 40th president, Alan Rickman plays Nancy Reagan. Fonda invites Cecil to a presidential dinner as a guest (along with his wife Gloria) not as a butler. It's the first time Cecil sits at a presidential dinner and not as a butler serving others.

The scene juxtaposed between Cecil serving the president and his guests and police turning fire hoses and German Shepherd dogs on civil rights marchers is quite powerful. Another scene Louis is in a hotel room with Martin Luther King Jr. (Nelsen Ellis).

Daniels and Strong shift to Cecil after he retired in 1986, a scene where he campaigns for Barack Obama, the first black president.

Tribute to Eugene Allen, 1919-2010.



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1st Tuesdays: WELLNESS, GREENING & GARDENING COMMITTEE MEETINGS: 6:30 PM

3rd Thursdays: BI-MONTHLY BUSINESS COMMITTEE MEETINGS: 6:00 PM

Last Thursdays: HOUSING & LAND USE COMMITTEE MEETINGS: 5:30 PM

Last Thursdays: CRIME & SAFETY COMMITTEE MEETINGS: 6:30 PM



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A Wiff of Wilf



PETER MOLENAAR
Raise Your Voice

Rufus the dog belongs to girlfriend. I am pleased to say they both love me. Evidently, however, when left in the care of a family member, Rufus was misfed. A remarkable sequence of what is called “breaking wind” resulted. To which girlfriend exclaimed “Oh Rufus, pee-yew, you “stink like a Wilf”. Which begs the question: What is the origin of the phrase “stink like a Wilf”?

A superficial inquiry suggests that variations of the phrase formed while passing mouth to mouth in South Minneapolis. But as always, we must pursue a deeper historical analysis. Let’s have a look.

Zygmunt Wilf was born in Germany on April 22, 1950. His parents are both Holocaust survi-



Rufus who, after “breaking wind,” is told by his owner, “Oh Rufus, pee-yew, you “stink like a Wilf”. Which begs the question: What is the origin of the phrase “stink like a Wilf”?

vors from Nazi occupied Poland. The family immigrated to the United States and commenced the purchase of apartment buildings. After graduating, “Zygi” joined the family business to become head of an affiliate. The company grew to over a hundred properties, including several large malls and 90,000 apartment units. Some say Zygmunt is worth 1.3 billion dollars. As most of you know, he is principle owner of the Minnesota Vikings.

Note: The key to our understanding is the Holocaust connection.

More recently, “Zygi” suffered a “spectacular” defeat in a 21-year-old dispute with some business partners. The judge used

the word “evil” in her finding of fraud, breach of contract, and racketeering.

Mayor Rybak said he was “surprised”, while Governor Dayton’s call for “due diligence” appeared a tad late. What should be said about a man who openly extorts according to a tried and true business model? Why not call him a bully from the get go?

Sadly, the Zygmunts of the world make the whole ruling class look bad. Might they at least display some ethics in relation to each other? Well actually, some do manifest what is referred to as “bourgeois ethics”. Moreover, given the calculation that the potentiality of fascism is palpably before us, Marxists are duty bound to recognize this truth. (Under the circumstances we can’t all be Trotskyists!)

Which brings us, once again, to the holocaust. What makes a bully? A bully is someone who internalizes his oppressor, cynically rebukes the norms of civilized conduct, and becomes an oppressor himself.

Has “Zygi” ceased to be human? Dialectically speaking, the answer is yes, but not altogether. Zygmunt looks (and smells) a lot like Rufus the dog. From the standpoint of working class morality it is then possible to love them both.

Creating Community for LGBTQ People Via the Backyard Initiative

BY OUT IN THE BACKYARD, (A BACKYARD INITIATIVE CHAT)

Lesbian, gay, bisexual, transgender, and queer (LGBTQ) individuals are all ages, races, cultures, ethnicities, religions, social and economic classes. Sexual orientation and gender identity questions are not asked on most national or state surveys, making it difficult to estimate the number of LGBTQ individuals and their health needs. The Backyard Initiative (BYI) area of South Minneapolis is home to many LGBTQ folks representing this wide range of diversity.

The importance of the work on LGBTQ health begun by Out in the Back Yard (OIBY), a Community Health Action Team or CHAT of the Backyard Initiative, starts with understanding the history of oppression and discrimination that these communities have faced. For example: in part, because bars and clubs were often historically the only places where LGBT individuals could gather, alcohol abuse has been an ongoing problem. OIBY offers classes, educational activities, and community connections as an alternative.



Photo by Ellen Cleary

OIBY Community Health Action Team organizers, through offering free exercise classes, workshops pertaining to LGBTQ issues, community discussions, a resource website, etc., hope to address some of the many health inequities still existing within the lesbian, gay, bisexual, transgender, queer (LGBTQ) communities. In a Rainbow Health Initiative study released last year, LGBTQ people reported feeling less support in their neighborhoods than non-LGBTQ people. They identified barriers as not having enough time for getting enough exercise and not having a safe and convenient place to exercise for transgender people. (“Voices of Health: A Survey of LGBTQ health in Minnesota” 2012).

LGBTQ folks in the Backyard also identified discrimination, prejudice in the community, bias in health care and poverty as important issues. OIBY, through its various free programs and classes, provides support to reduce the isolation so many people experience. “Not only are the events healthy, educational and fun, we have also made new friends in the neighborhood and have met all kinds of great people.” Bob Johndrow, community member and class participant.

Research suggests that LGBTQ individuals face health disparities linked to societal stigma, discrimination, and denial of their civil and human rights. Despite many society and cultural gains, experiences of violence and victimization are frequent for LGBTQ individuals. This has long-lasting effects on the individual and the community. Personal, family, and social acceptance of sexual orientation and gender identity affects the mental health and personal safety of LGBTQ individuals. (Lesbian, Gay, Bisexual, and Transgender Health Report from the Healthy People 2020 Report -US Dept. of Health and Human Services).

These disparities exist despite the growing acceptance in parts of the larger community as seen with the recent passage of the same-sex marriage law. OIBY is attempting to address some of these problems through its many activities. *Zumba and several other FREE exercise classes are offered weekly and open to ALL people who live in the area. “I love Zumba outside in Powderhorn Park on a late summer evening with the amazing Bernice Arias instructor and 70 happy, dancing people of every race, age, shape and size. Even the spectators are happy and smiling, enjoying the music and the sense of community.” Pam Costain, community participant

(*see the BYI Back Page for more about the Out in the Backyard CHAT and a list of all of their classes.)





BACK YARD INITIATIVE BACK PAGE



Being OUT in the Back Yard: A BYI Community Health Action Team



BY MEMBERS THE BYI COMMUNITY HEALTH ACTION TEAM

Out in the Backyard (OIBY), as a Community Health Action Team or CHAT, is part of the Backyard Initiative (BYI). OIBY sponsors classes, other events, and uses fitness, dance, wellness, and nutrition classes as a way to build community and improve the health of lesbian, gay, bisexual, transgender and queer (LGBTQ) individuals along with the many other diverse

people living in the Backyard. One community member stated: *"I love the way your events create health, happiness and community connection among such a wide, diverse population in our neighborhood-you're helping our community be physically healthy but also creating a healthy social environment."*

Mili Dutta, one of the founders of the Out in the Backyard CHAT group said "A few years ago,

exercise, health care and info sharing. Thanks so much! When I see the diversity and interaction in these classes at Powderhorn Park, I am blown away!"

To counter many of the oppressive realities facing LGBTQ people, OIBY CHAT creates a space to connect with community through healthy activities that nurture well-being, reduce isolation, lower stress, improve mental health, offer support, and connect

Out in the Backyard CHAT has created an interactive website: www.outinthebackyard.org. LGBTQ folks are invited to go to the website to learn about events and activities of OIBY and to connect with resources and information in the LGBTQ communities. Please log-on and add LGBTQ information and activities. The organizers want to make the website a one-stop site for LGBTQ and their community allies.

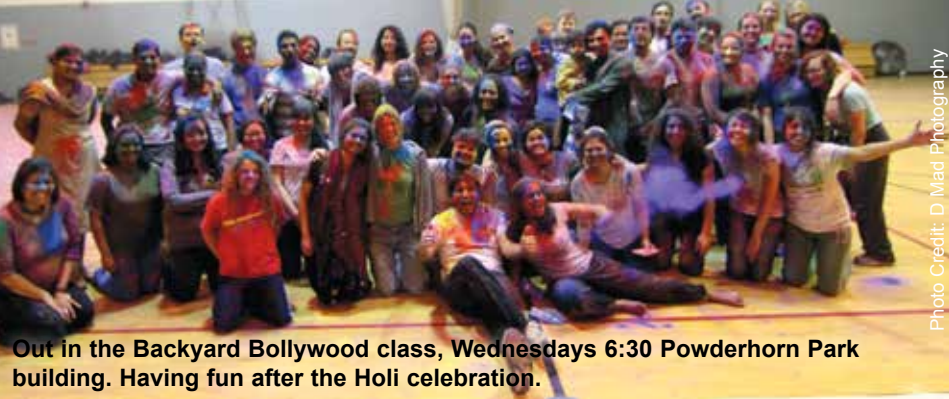
Like us on our Facebook Page, Out in the Backyard.

to start other classes on art and holistic health. We also host culturally specific classes and events. On Sept. 3, an Introduction to Ayurveda class will be offered from 7-9 pm in the Powderhorn Park building. It will be taught by Marcia Meredith, a nurse practitioner and outstanding Ayurvedic practitioner/leader in the Twin Cities. Ayurveda is the ancient healing traditions from India integrated into western culture and now being brought into hospital settings around the country.

Classes sponsored by OIBY are FREE and OPEN TO ALL! (see sidebar for a list of classes currently offered.) *"All the classes are free of charge and I believe this makes it possible for a lot of participants to practice fitness and health who otherwise wouldn't because of financial reasons. Thanks so very much for everything you do, Out in the Backyard,"* Yader Madriz, class participant



Out in the Backyard Zumba class, Bernice Arias, instructor, classes Monday and Fridays 6:30 outdoors at Powderhorn Park in the summer and indoors the remainder of the year



Out in the Backyard Bollywood class, Wednesdays 6:30 Powderhorn Park building. Having fun after the Holi celebration.

The Backyard Initiative (BYI) is a partnership between the Cultural Wellness Center, Allina Health Systems and the Community to improve the health of the 45,000 residents living in the "backyard", in the neighborhoods of Powderhorn, East Phillips, Midtown Phillips, West Phillips, Ventura Village, Central, and Corcoran. In addition to OIBY there are ten other Cultural Health Action Teams (CHATs) focused on improving the health of the residents of the backyard through a variety of cultural health and community projects.

For info on the BYI, please call the Cultural Wellness Center, 612-721-5745.

when everyone in the Backyard Initiative was talking about Somali, Latina, African American community health, I realized no one was talking about Queer health," . So this is how Out in the Backyard CHAT started. "Since the beginning, we have organized and engaged hundreds of people. We still have an important goal to connect people to each other and to resources, and we still have work to do." Lundi Dougsdottir, class attendee states: *"Love the community building work through*

community members. Through its activities, OIBY also hopes to reduce stereotypes that exist about LGBTQ people by connecting to our neighbors in our diverse Backyard community. Free community meals are also offered 3 or 4 times a year.


In addition to wonderful free classes, OIBY has sponsored other events: coordinated a community discussion on bullying; held workshops on legal rights, wills, power of attorney, and end of life health directives; hosted neighborhood potlucks; worked on efforts to pass the same-sex marriage law, and offered an environmental class in partnership with the Women's Environmental Institute.

Today, through the Back Yard Initiative, OIBY is a small group of enthusiastic volunteers organizing free classes and activities in South Minneapolis. OIBY began offering exercise classes during the winter of 2012 with 5 people attending one class and now has grown to 190 people attending weekly. In the fall of 2012, OIBY developed collaborative programming with the Minneapolis Park & Recreation Board at Powderhorn Park where many of the year round classes and events are held-outdoors in the summer, indoors the remainder of the year.

OIBY wants to continuously add classes based on feedback from the community. Based on such requests, we are planning

Back Yard Initiative Back Page

The BYI Back Page is produced each month as a collaborative venture between the BYI Communications CHAT & Alley Communications, Inc., publisher of The Alley Newspaper. The Communications CHAT works with BYI CHAT (Community Health Action Teams) each month as a "resource CHAT" – helping to get the news and activities of the BYI out to the broader community.



FREE CLASSES WITH Out In the BackYard!

Everyone in the community is welcome to participate in these FREE and fun classes sponsored by Out in the Back Yard. Drop in as time allows. Learn yoga, Zumba, Bollywood (dance exercise from India), and hip hop at the Minneapolis Park and Recreation Board - Powderhorn Park, 3400 15th Ave. S

Perhaps you've already seen some of your neighbors

- dancing **Zumba** (a Latin inspired cardio work out class), **Mondays and Fridays, 6:30 pm (on the stage)**
- doing **Hip Hop or Bollywood** (a dance style from Hindi films), **Wednesdays, 6:30 pm (by the park building)**
- stretching out in **Yoga** **classes, Saturdays, 10 am (on the stage)**
- Self-Defense**, periodically offered at **Five Elements Martial Arts**
- Introduction to Ayurveda** **class, Tuesday, Sept. 3, 7-9 pm, Powderhorn Park building**

Not only are the classes free and open to everyone but also a fun way to get to know new people, reduce stress, have fun, and to connect with your neighbors. The year round classes are held outside in the park during summer months and move indoors the remainder of the year.

More information is available on the group's Facebook page. "Like us" on: Out in the Backyard or visit our web page: www.outinthebackyard.org

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