



# BACKYARD INITIATIVE BACK PAGE



## BYI Community Health Survey

### WHY is the BYI Doing Research?

In 2009, the Backyard Initiative completed a Community Health Needs Assessment. An assessment team was formed to create a picture of the current state of health and well-being of residents in the Backyard, engage a broad network of resident in the process, and inform and plan the next steps for the BYI. The assessment team included community residents, staff from Allina Health, the Cultural Wellness Center and Wilder Research.

Based on the BYI Definition of Health and the Community Assessment, the following **Priority Areas** were identified:

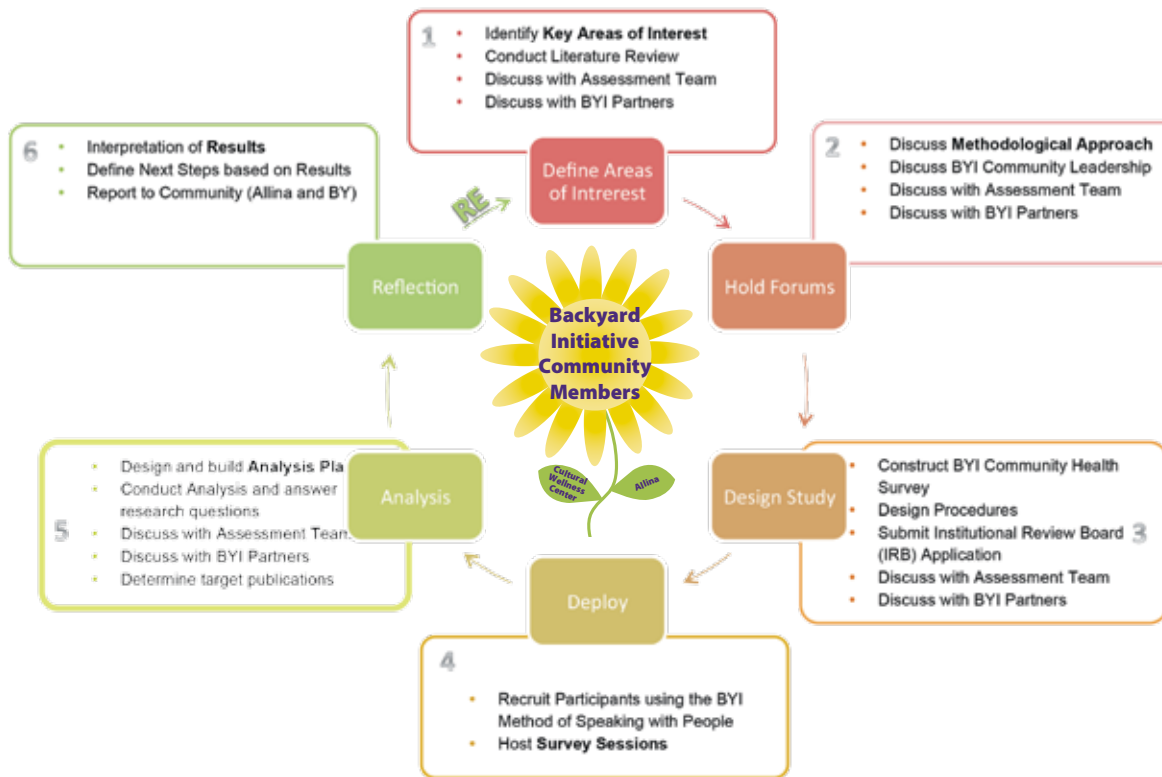
- **Perceived stress:** the degree to which situations in one's life are appraised as stressful.
- **Social support:** the emotional, instrumental, and financial aid that is obtained from one's social network. Support is generally considered as an exchange or transaction between people
- **Social cohesion:** a feeling that members of a group have of belonging, a feeling that members matter to one another and to the group, and a shared

faith that members' needs will be met through their commitment to be together

- **Healthy literacy:** people's knowledge, motivation, and competencies to access, understand, appraise and apply health information in order to make judgments and make decisions concerning healthcare
- **Patient activation:** the concept that patients have important roles to play in self-managing care, collaborating with providers, and maintaining their health

The **BYI RESEARCH PLAN** is designed to collect, analyze, and interpret health-related data identified as being important to the Backyard Community, and to disseminate the findings back to the Community, to stakeholders, and to those in other communities who could learn and benefit from our work. Collecting and analyzing this information will add to our understanding of these health-related areas in Backyard Community and may be used to inform ongoing and future BYI activities and research.

### 2013 BYI Research Plan



### Recommendations Stemming from the Community Health Survey

Recommendations for further study and activity were developed based on the BYI Analysis Team's discussion and interpretation of the results from the BYI Community Health Survey. The BYI Community Commission on Health will review the findings and consider these recommendations in 2014 as it continues to pay attention to the community's health, build the community's capacity for taking responsibility for its own health, and supporting solutions for maintaining and improving health.

#### THE WHAT-Sample Findings: Table 2. Social Cohesion - Sense of Community

Participant responses to the "Social Cohesion" questions of the BYI Community Health Survey.

	True	False
I think my neighborhood is a good place for me to live.	79%	21%
I can recognize most of the people who live in my neighborhood.	57%	43%
I care about what my neighbors think of my actions.	70%	30%
If there is a problem in this neighborhood; people who live here can get it solved.	68%	32%
It is very important to me to live in this particular neighborhood.	64%	36%
I expect to live in this neighborhood for a long time.	62%	38%

\*Questions in Table 3A came from the Sense of Community Index developed by Chavis (1986).

\*\*Percents reported do not reflect "Choose Not to Answer" or missing responses. For the Social Cohesion questions, the number of "Choose Not to Answer" responses ranged from 8-32 per question and missing responses ranged from 32-45 per question.

### WHERE: Survey Locations

- **Cultural Wellness Center:** BYI Survey Host Orientation Session
- **Midtown Global Market:** BYI All Community Health Action Team meeting
- **Cultural Wellness Center:** Dakota and African-American participants rd
- **Phillips Community Center:** A Partnership Of Diabetics (A-POD) Diabetes Breakfast- English and Spanish speaking sessions
- **Safari Restaurant:** Project S.E.L.F (Save. Educate. Liberate. Free.) Somali and East African residents
- **Powderhorn Park Center:** Out in the Backyard: Zumba class- English and Spanish speaking session
- Hope Community Residents

### Attendance

- 260 people attended the BYI Survey Sessions
- 239 people took the BYI Community Health Survey
- 206 people completed the BYI Community Health Survey

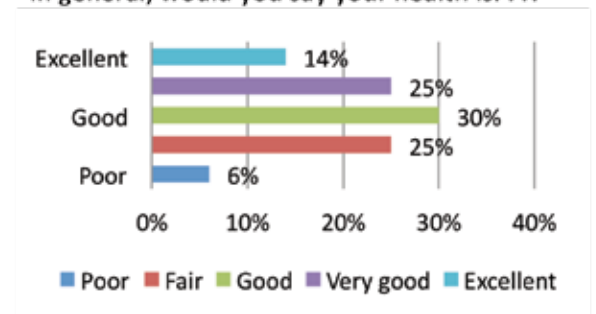
### WHO Conducted and Interpreted the Community Health Survey?



Figure 1. General Health:

Participant responses to the "demographic information & general health" questions of the BYI Community Health Survey

"In general, would you say your health is. . .?"



\*Question adapted from the Hennepin County Survey of Health of the Population and the Environment (SHAPE)

\*\*Percents reported do not reflect "Choose Not to Answer" or missing responses. For the general health question there was 1 "Choose Not to Answer" response and 30 missing responses.

\*\*\*Complete data available upon request

**Come to the March 20th BYI All CHAT to learn more**

BYI All CHAT Meeting  
Thursday, March 20  
5:00 to 7:30 pm  
Midtown Global Market  
920 E. Lake Street  
Minneapolis, MN 55407

**Complete Community Health Survey reports are available upon request at:**

Cultural Wellness Center  
2025 Portland Ave  
Minneapolis, MN 55407  
612-721-5745