VOL. 44, NUMBER 9

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OCTOBER 2019

@alleynewspaper

# 'This is our Rondo - we just don't know it yet'

TESHA M. CHRISTENSEN

Historians Denise Pike (far left) and Greg Donofrio (far right) of the University of Minnesota lead a walking tour of Interstate 35W, traveling on both sides of the freeway to talk about how the interstate cut through a neighborhood. They are working to collect stories of people displaced by the interstate construction. Email donofrio@umn.edu or pikex063@umn.edu. Public meeting on history set for Oct. 10 at Hope Community.

#### Historians collecting stories from people who lived in path of I-35W in South Minneapolis

By TESHA M. CHRISTENSEN

Does Minneapolis have its own Rondo?

Some believe that the more they dig into how Interstate 35W was planned and built through South

Minneapolis that they will discover a missing neighborhood, similar to the one destroyed when Interstate 94 cut through St. Paul's Rondo neighborhood.

Shawn Lewis who grew up in South Minneapolis. "We just don't know it yet."

The questions come as Interstate 35 undergoes major construction "This is our Rondo," said once again in South Minneapolis.

What it was like when the freeway was first built in the 1960s and how did it affect the lives of the people who lived in its path?

**OUR RONDO** Continued on page 8



# Healing COMMUNITY

Jessica entered DAP Advocate Makenzie's office looking for healing after a long, exhausting journey. She was finally ready to ask for support from someone.

Thirty years was how long Jessica was abused by her partner.

Thirty years trying for a few months at a time to leave, but ultimately having to go back.

Financial control kept her from gaining stability on her own and for her children. Her partner would cut off access to her money.

Faced with overwhelming hurdles, Jessica didn't know where to start: shelter, employment, childcare, safety, basic needs?

Staying seemed easier.

She could endure the abuse for the sake of her children.

When things were good, her abuser would build her up, give her an allowance, and provide luxuries that would otherwise be impossible - but within two weeks, the relationship always shifted.

Drugs and alcohol started being used as a means for power and control over Jessica's physical autonomy, and gaslighting was used to control her mind.

Jessica was stuck.

Years later, once all five adultchildren moved out of their family home and at the time that was right, DAP's Little Earth advocate and other on-site community resources were available to assist Jessica as she successfully exited her abusive relationship.

She left the relationship feeling broken and full of self-doubt.

**HEALING** Continued on page 3

#### GROUNDBREAKING ON AFFORDABLE HOUSING



With prayer, song, speeches and gold shovels emblazoned with Ojibwe floral patterns, the Red Lake Nation broke ground Saturday, Sept. 14 on a 110-unit complex in Minneapolis at the site of the former Navigation Center. About 15,000 American Indian people live in the Twin Cities metro area.

# Franklin Library closing Oct. 20

#### Library will be closed about 3 months for rennovations, get items on hold from East Lake

Franklin Library will close for a three-month renovation beginning Sunday, Oct. 20, 2019.

The library is scheduled to reopen after about three months.

The renovation will address immediate needs while a more comprehensive long-term plan is developed. Funds for the the capital projects come from bonding.

During the closure, patrons are encouraged to visit other Hennepin County libraries nearby:

• East Lake Library, 2727 E. Lake St., Minneapolis

• Minneapolis Central Library, 300 Nicollet Mall

All library materials on hold will be sent to East Lake Library. To change to another location, ask staff. The Franklin Library book return will also be closed during this time.

Franklin Learning Center will also be closed during the library renovation.

Hennepin County Library Capital Projects and Operations Administrative Supervisor Amber Lee answered some questions about the project for Alley readers.

#### What are the specifics of the work being done?

The project will address immediate needs:

- Restrooms ADA accessibility and safety improvements.
- Replacement of floor that is at the end of its useful lifespan.
- Improving sightlines to the public areas.
- Replacement of worn furniture and equipment.

These improvements are needed to support continued library operations and services while a more comprehensive long-term plan for the library is developed.

#### What are the challenges the library has faced that this project will resolve?

It was important to understand the challenges and how this project

**LIBRARY** Continued on page 2

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"When the great newspapers don't say much, see what the little independent ones say." – Wendell Phillips (1811-1884)

Donations: needed, welcome, and tax deductible.

Editorial Coordinator: Tesha M. Christensen, copydesk@alleynews.org

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#### Editorial Leadership Committee:

Tesha M. Christensen, Harvey Winje, and Cathy Strobel-Ayres. Would you like to serve on the ELC, help guide the editorial content of The Alley, suggest story ideas and contacts, and more closely connect The Alley to its readers?

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Designers: Tesha M. Christensen, Brad Pass, EPIC News; Sunny Sevigny, MPNIA News; Julia Robinson, Ventura Village News; Susan Ann Gust, BCHH page 12

"Let me make the newspaper and I care not who makes the religion and the laws." – Wendell Phillips

Revenue to publish The

Alley comes from ad sales, payments from neighborhood organiza-



tions for their 1/2 page and full page newsletters, and grants.

Contact us today to place an ad and reach readers with information on your business and/or non-profit.

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Next Deadline Oct. 15, 2019

#### Transit

#### Lift every voice and sing

By JOHN CHARLES WILSON

I don't know much about making freedom ring, but I do know from experience that the old adage "you can't fight City Hall" doesn't always apply to public transit agencies. They actually do sometimes listen to reasonable requests from the public. The key is to actually show up at public comment forums and use the channels that are designed for that purpose. I have personally influenced two bus routes, both in Saint Paul, through my comments.

I have always wanted to post information about these public meetings in this column. Unfortunately, this is a monthly newspaper with about two weeks' lead time between the writers turning in their work and the actual paper coming out, so usually the meetings would be over before you, the reader, would get the information. Therefore, all I can do is point you to the best source of information about such things, and that is the Metro Transit website itself: https://www.metrotransit.org.

At present, there are two major projects Metro Transit is doing preliminary work on that will benefit the Southside Pride readership area: the B and D Lines.

• The D Line will provide a faster equivalent to Route 5 along Chicago Ave. While Route



5 stops every block, the D Line will only stop at Franklin Ave., 24th St., 26th St. and Lake St. in the Phillips neighborhood, with similarly limited stops along the rest of the route. This new service is expected to start in 2024.

• The B Line will provide a faster equivalent to Route 21 along Lake St. The stop pattern for the B Line is not determined yet, but I speculate it will be somewhat similar to that of current Route 53, which also runs on Lake St. but only at rush hour. The B Line will run all day.

There are other projects which will dovetail with these plans; for example, the planned Orange Line on I-35W will be dovetailed with the B Line, including a joint station at I-35W and Lake St. The Nicollet Ave. and 4th/5th Ave. S. B Line stations will also be covered by the Orange Line funding.

If you care about what happens to your transit service, please go to the public meetings associated with these projects. If that's not feasible, email and phone contact information is usually provided on each individual project website.

IN THE COMMUNITY

# Dream of wild health

Meet St. Croix Ojibwe member Neely M. Snyder, who works as the executive director at Dream of Wild Health.

#### How did you get involved in Dream of Wild Health?

Snyder: I've always been a huge fan of Dream of Wild Health. I have volunteered at the farm, and was always impressed with the youth leaders doing good work in the community. It is my passion to work toward building stronger, healthier Native communities.

#### What is this organization important?

Dream of Wild Health works to restore health and well-being in the Native community by recovering knowledge of and access to healthy Indigenous foods, medicines and lifeways. This is important to our community because health inequities in Native American communities are the result of intentional efforts to displace Native people from historical land and to erase traditional culture and languages, and replace healthy, indigenous foods with government-rationed commodity foods. This has greatly impacted the spiritual, emotional, physical, and mental health of Native people



Garden Warriors at the Four Sisters Farmers Market, left to right, back row: Nicole, Chef Brian Yazzie and Tristan. Bottom: Belen, Zoey and Callista.

for generations. Dream of Wild Health is restoring health in the community by: Creating culturally-based opportunities for youth employment, entrepreneurship and leadership; Increasing access to indigenous foods through farm production, sales and distribution; and Community outreach and education around reclaiming cultural traditions, healthy indigenous food, cooking skills, and nutrition.

## Why are gardening and foraging and cooking valuable skills?

We know that food is medicine. Dream of Wild Health is building mechanisms to improve the health and future of Native people. The creativity, innovation and vision of the Native American community is resulting in changes that are being

initiated by young leaders and supported by seasoned elders as we create a future for our children. Dream of Wild Health teaches valuable life lessons and employment skills to youth through various programs and community outreach.

# In what ways are you making a difference in the lives of the youth participants?

Dream of Wild Health's Native Youth Education and Leadership Programs provide culturally based lessons for youth, ages 8-18, most of whom come from low-income inner-city families. The farm provides a safe and creative learning environment where they learn about organic gardening, healthy foods, and Native traditions while gaining employment and leadership skills. Staff also provide community outreach and education opportunities to youth and families of all ages.

# What are participants most surprised about when they go through this program?

Our younger youth are often afraid to join our program. That is, until they arrive at the farm for programming. The farm provides a safe and creative learning environment where they learn about organic gardening, healthy foods, and Native traditions while gaining employment and leadership skills. They are often surprised at how happy weeding the garden makes them feel. Dream of Wild Health promotes continuation of programming for youth through their teenage years providing additional support and educational opportunities, including internships at the farm.

Save the date for the Third Annual Indigenous Food Tasting, hosted in partnership with the Indigenous Food Network (IFN), is an event rooted in community, bringing Indigenous chefs, food entrepreneurs, and youth together for a night of tasting our indigenous foods. Join us on Indigenous People's Day, Monday, Oct. 14 from 5-7 p.m. at the Minneapolis American Indian Center. Meal prepared by The Sioux Chef team, Wildbearies Catering (Elena Terry), Native Food Perspectives (Christina White), and more indigenous chefs

Learn more at dreamofwild-health.org.

Compiled by Tesha M.
Christensen

#### Franklin Library closing

Continued from front page

would be able to address them. Franklin Library has not seen any major remodeling or refurbishments since 2005 and was built in 1914, adding to some of the challenges. We wanted to ensure we were able to do as much as we can to extend the life of the building but also to bring it up to modern times and usage by patrons and staff. Some of this includes, reconfiguring furniture and replacing existing worn furniture, improving sightlines and addressing safety concerns, and improving ADA acces-

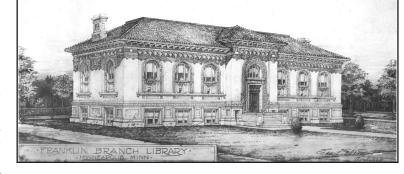
sibility to the restrooms.

#### What is exciting about this project?

It is exciting to address the immediate needs of the building. This library location is heavily used and it's important to expand the buildings lifespan while also providing improvements needed for modern day use to support patrons and library operations and programming.

#### What is the plan for staff members during this project?

Staff will relocate to other library locations during the closure. Among those are Building



Franklin Ave. Library will be closed for three months beginning Oct. 20.

Patron Experience Supervisors and Co-Supervisors include, Abdirizak Dahir and Jessica Shaykett.

#### Get updates

Online informational updates will be provided throughout the

closure for the community. Updates will be posted on Hennepin County's Library's website.

Compiled by Tesha M.
Christensen

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#### **DEFINING ABUSE**

Domestic violence (also called intimate partner violence (IPV), domestic abuse or relationship abuse) is a pattern of behaviors used by one partner to maintain power and control over another partner in an intimate relationship.

Domestic violence does not discriminate. Anyone of any race, age, sexual orientation, religion or gender can be a victim – or perpetrator – of domestic violence. It can happen to people who are married, living together or who are dating. It affects people of all socioeconomic backgrounds and education levels.

Domestic violence includes behaviors that physically harm, arouse fear, prevent a partner from doing what they wish or force them to behave in ways they do not want. It includes the use of physical and sexual violence, threats and intimidation, emotional abuse and economic deprivation. Many of these different forms of domestic violence/abuse can be occurring at any one time within the same intimate relationship.

It's not always easy to tell at the beginning of a relationship if it will become abusive.

In fact, many abusive partners may seem absolutely perfect in the early stages of a relationship. Possessive and controlling behaviors don't always appear overnight, but rather emerge and intensify as the relationship grows.

Domestic violence doesn't look the same in every relationship because every relationship is different. But one thing most abusive relationships have in common is that the abusive partner does many different kinds of things to have more power and control over their partner.

~ From www.thehotline.org

**Gaslighting:** A form of psychological manipulation in which a person seeks to sow seeds of doubt in a targeted individual making them question their own memory, perception, and sanity. Named after a movie called "Gaslight."

**Coercive Control:** An act or a pattern of acts of assault, threats, humiliation and intimidation or other abuse that is used to harm, punish, or frighten victims.

#### **CALL FOR HELP**

Day One MN Emergency Crisis HotLine: call or text 1.866.223.1111

LGBTQ Domestic Violence Hotline 612.824.8434 Teen Dating Violence Hotline 866-331-9474, LovelsRespect.org Native Domestic Violence Helpline 844-762-8483



DOMESTIC ABUSE PROJECT

# Healing with COMMUNITY

Continued from front page

When she met with Makenzie, she began her healing journey through strengths-based and holistic services. Makenzie went with her to court; helped her connect to DAP's other programs; and supported her to regain the autonomy stolen from her.

After meeting for a few weeks Makenzie did an activity with Jessica called the "Marvelous Marble Activity," where she hands a small stone to the client and asks them to name the things they love about themselves, and to name their strengths. Together they named attributes like: strong woman, strong mother, kind, courageous, patient, and forgiving. Till today Jessica keeps it as a symbol and reminder of her many strengths.

A few weeks later they checked in and talked about the stone; Jessica said that she made a rattle and included the rock in her rattle – so whenever she uses her rattle in ceremony she has that reminder.

Because of DAP, Jessica was able to find safety and stability. She could be her full authentic self. She could heal.

#### DAP OFFICE AT LITTLE EARTH

DAP's Little Earth Advocacy Satellite Office serves residents of the Little Earth of United Tribes, a 212-unit HUD-subsidized housing complex, and the local surrounding community. DAP's advocacy services are often requested on a walk-in basis and through community referrals.

Little Earth Advocacy Office,



2495 18th Ave S., Minneapolis; 612-590-7968; dap@mndap.org.

#### **ADVOCATE AFTER 911 CALL**

When Ashley opened her door to see a Minneapolis Police Department (MPD) officer in uniform she felt her shoulders tense up, initially not noticing a DAP advocate standing opposite him. After Ashley glanced at the advocate longer, she remembered seeing the advocate in the community previously, and immediately breathed easier.

The advocate and the MPD officer arrived at Ashley's home simply in the hopes of offering her family more resources regarding domestic violence.

A day earlier a domestic 911 call had been made from Ashley's home and as part of the South Minneapolis Hot Spots program, the DAP advocate and the MPD officer were standing at Ashley's door. Because of this simple follow-up, the advocate was able to inform Ashley of the domestic violence resources in her community and assist her in writing an Order for Protection against her ex-husband.

DAPS advocate splits a work-week between DAP headquarters, the Little Earth Community in South Minneapolis, and Hot Spots home visits. With an officer, a DAP advocate visits homes where 911 calls have been made but no police report has been filed, as in Ashley's case. The advocate hopes to act as a bridge between the Little Earth community and the MPD.

~ Information from Domestic Abuse Project

#### If you are in an abusive relationship, remember:

- 1.) You are not alone.
- 2.) It is NOT your fault.
  - 3.) Help is available.



OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

# Women have right to live violence-free lives

The Minnesota Indian Women's Resource Center (MIWRC) is a non-profit community organization that provides social services and education to American Indian women and their families.

Established in 1984 by three local Native women and one male Native ally, its mission is to empower American Indian women and families to exercise their cultural values and integrity, and to achieve sustainable life ways, while advocating for justice and equity.

MIWRC programs provide support, advocacy, and activities that utilize traditional teachings and other cultural strengths to encourage healing, build resilience, and counter the normalization of violence.

Departments collaborate to:

- Empower Native American women to live violence-free lives
- Provide a safe place for women to explore their life options
- Challenge systems that disenfranchise Native American women
- Create a more just environment for all women and their families

#### **Safe Harbor Youth Program**

The Safe Harbor Youth Program at the Minnesota Indian Women's Resource Center (MIWRC) is a supportive service program for youth ages 24 and under who have experienced sexual exploitation or are at risk of sexual exploitation.

Some examples of these services include:

- Basic needs assistance (food, thelter, etc.)
- Transportation assistance
- Job search assistance

- Culturally supportive services
- Information about group and community activities
- Referrals to other supportive programs

Self-referrals accepted.

To get more information or make a referral, please contact Logan Tootle at 612-728-2020 or ltootle@miwrc.org

#### **Healing Journey**

One of MIWRC's longest continuously-funded direct service programs, Healing Journey is a peer-led support program for adult American Indian women aged 22 and older who are challenged by chronic mental health, substance abuse, and trauma histories. The Healing Journey program utilizes harm reduction strategies and the Ojibwe teaching "zhoo-way-nahdig" ("taking care of each other") to provide safe space and time for women to walk their own healing path at their own pace.

This model operates from cultural teachings that prioritize the process of working toward a life "in balance" over linear markers of success, such as total abstention from substance use, while connecting women with a support system of staff and peers who view them as vital, contributing community members regardless of their past or current struggles.

Learn more at: Minnesota Indian Women's Resource Center 2300 15th Avenue S., Minneapolis, 55404; 612-728-2000; www. miwrc.org.

~ Information from Minnesota Indian Women's Resource Center.









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#### Same story: Couple fights, man kills woman, police then self

Although half of the National Rifle Association's members report that they own guns to protect their families, their rationale is not supported by facts. A study conducted by the Center for Disease Control found that only 16% of women are killed by strangers—more than half are killed by their husbands, lovers, ex-husbands or former boyfriends. Fifty-four percent of those women were shot. Where there was a gun in the house, a woman was five times more likely to be killed by her current or ex-partner than when there was not.

There is nothing new about domestic violence that ends with a women's death and almost as often, the death by suicide of the person who shot her. In fact, there is a certain sameness to these stories. A couple fights (alcohol may be involved, though not always); the man shoots and kills (or tries to) the woman, and then kills himself. It's a story that is told over and over again.

#### **FLORA ENGLE**

Flora Engle, a 36-year-old-mother of four, was shot and killed by her husband Alexander on May 22, 1916. The couple had been fighting earlier in the evening. Alexander left and returned with a gun. Flora's oldest son ran for help and an off-duty police officer respond-

Tales from
Pioneers and Soldiers
Memorial Cemetery

By SUE HUNTER WEIR
170<sup>TH</sup> IN A SERIES

ed. The two men wrestled but Alexander got the upper hand and shot Nels C. Anderson twice. Alexander chased his wife who had run through the backdoor of a nearby drugstore. He was waiting for her outside of the front door. He fired three shots, one of which killed her instantly. He continued shooting: he fired 2 shots at his seven-year-old son, and once at his 12-year-old daughter, missing them both. He barricaded himself in the family's house. Police arrived, surrounded the house, and entered it only after they heard Alexander fire one final shot. Police found his fiveyear-old daughter clinging to her dead father.

Patrolman Nels C. Anderson died from his wounds two days later. He was 48 years old and the father of three children. His funeral was held at St. Paul's Evangelical Lutheran Church.

#### **HAZEL LOWE**

Hazel Lowe's story is a little sketchier, probably because there were no eyewitness accounts. Hazel was shot and killed by Stanley Zamuda (aka C. E.

Stanley), presumably her lover, in his room in the Gateway Hotel on Oct. 26, 1914. Hazel was the mother of a six-year-old child. She and her husband had been separated for five years, and she was living with her brother who disapproved of Zamuda, and had threatened to tie Hazel to a chair to prevent her from meeting up with him. Hazel slipped out and joined Zamuda at the Gateway Hotel. Other residents of the hotel heard the couple arguing but could not tell what it was that they argued about. Shortly afterward they heard two gunshots. The police arrived about 10 minutes later and broke down the door. They found Hazel lying on the floor close to the door, apparently shot as she tried to escape. Zamuda's body was found by the

#### **MARGARET BOWEN**

Margaret Bowen had only been married one month when her husband, Joseph Bowen, shot and killed her on March 12, 1917. She was staying with her parents after having left her husband for the second time. The first time that she left him was only one week after they had married. Her mother persuaded her to go back to her husband but three weeks later Margaret left again. Joseph tracked her to her parents' home where he kicked in the door, and dragged Margaret out into the



TIM MCCAL

Of the three women historians know died from intimate partner violence and are buried at the Pioneers Cemetery, only one, Flora E. Engle, has a marker.

street and shot her. He escaped and the police organized a manhunt. Bowen was arrested after he was caught breaking into a railroad car. He committed suicide is his jail cell in Glenwood, Minn.

#### **EFFECTS ON OTHERS**

The stories make no mention of what effect or consequences these murder/suicides had on others. At least four children lost both of their parents. Several parents lost their adult children. Siblings lost siblings, and, undoubtedly, friends lost friends.

These three women were by no means the only casualties of domestic violence in the cemetery. There are undoubtedly many others. Of the three, only Flora Engle has a marker. She is buried in Lot 72, Block P, in the seventh row from the north. Police officer Nels C. Anderson is buried in Lakewood.



#### The EPIC Report – October 2019

www.eastphillips-epic.com

# PHILLIPS COMMUNITY 2019 CLEAN SWEEP a Little De CONE event EAST PHILLIPS PHILLIPS WEST VENTURA VILLAGE LITTLE EARTH MIDTOWN PHILLIPS & NEIGHBORS

Phillips Community Clean Sweep Saturday, October 12th

Join your Friends & Neighbors & SWEEP Phillips Clean.

(Put your trash out no later than 9:00 AM Saturday)

Get your free Breakfast, T-Shirt & Cleaning Supplies at 9:00 AM – At the Welna Hardware Parking Lot or Lutheran Social Services at 24<sup>th</sup> & Park

9:00 to Noon – Clean the 'Hood

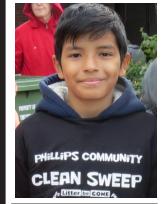
Noon to 1:30 – Lunch, Entertainment & Resource Fair at **Stewart Park** 

Save October 12th and BRING Your Friends & Neighbors!

# Our T-Shirt this year is The Inspiration of A Ortiz

Winner of the 2018 Clean Sweep T-Shirt Design Competition. Pick up one of his incredible Trash-Eating Dragon T-Shirts.

Phillips Community Clean Sweep gives away 450 T-Shirts featuring the Clean Sweep design on the front and names of all the donors who make Clean Sweep possible on the back. Phillips youth provide the inspiration for the Design. Get yours Saturday the 12<sup>th</sup> at 9:00 AM.



Don't Miss This! Clean your Garage, Alley, Basement & Street!

#### For your Calendar: \*

To get involved in EPIC and East Phillips, Join us at any or all of the meetings below.

**EPIC Board of Directors** - FIRST Saturday of the month – 10/5/19 & 11/2/19 at 10:00 AM Board Meetings are at 2433 Bloomington Ave. S.

**EPIC General Membership** - SECOND Thursday - 10/10/19 & 11/14/18 at 6:30 PM Meetings are at the East Phillips Park Cultural & Community Center at 2307 17<sup>th</sup> Ave. S. Agenda includes Neighborhood Industrial Pollution, Crime Initiatives, and EPIC project updates.

<u>East Phillips Community 17<sup>th</sup> Ave. Gardeners</u> - SECOND Saturday during the gardening season, normally from April through September. Next meetings are Next Year Saturday, 4/11/**2020** & 5/9/**2020** at 9:00 AM in the Community Center at 2307 17<sup>th</sup> Ave. S. Subsequent meetings will be held in the Garden located at 2428 17<sup>th</sup> Ave. S.

East Phillips Residents wanting a 2020 Garden Plot, contact Brad Pass at 612-916-8478

#### The East Phillips Indoor Urban Farm Project needs your support!

The project will produce Green jobs and second chance opportunities for community members, affordable family housing, home grown organic food, a coffee shop - world café & gallery for local artisan's work and a bike repair facility on the Greenway – Hope for the 'hood.

WE like this better than the city's plan for Trucks, Cars, Asphalt plant & Sewer Pipes. What do you think??? SEND SUPPORT letters to all Council Members the Mayor & the Governor.

DO IT NOW! Before it's Too Late!

Send a COPY to cpass@runbox.com

Prepared for and paid by EPIC

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#### **BOARD MEETING**

Held every second Tuesday

Tuesday, October 8, 6:30-8pm

@ Stewart Park (Arts & Crafts Room)
2700 12<sup>th</sup> Ave. S., Minneapolis

Discuss and Vote on 2020 MPNAI Operating Budget and contracting of our NRP Funding.

## COMMUNITY MEETING

Held every fourth Tuesday

Tuesday, October 22, 6:30-8pm

@ Stewart Park (Community Room) 2700 12<sup>th</sup> Ave. S., Minneapolis

# OUTREACH PRESENTATIONS BY OUR PARTNER ORGANIZATIONS

Our MPNAI partners—Banyan Community, Mad Dads Minneapolis, KRSM Radio, Somali TV, St.Pauls Lutheran Church, and New Americans Youth Soccer Club—will report on efforts made to do community outreach per their Memorandum of Understanding.

Interested in being a Partner Organization with MPNA!?

Midtown Phillips is looking for partners to assist with 2020 outreach & participation, event involvement and outreach. You must be a registered business or registered non-profit to apply. Applications are due by November 1st, 2019. If interested, email info@midtownphillips.com or call 763-310-4760.



# **Call for utility box artists**

Announcing an Open Call for Visual Artists to work with Midtown Phillips Neighborhood Association's community outreach partners to create public art on utility boxes in Midtown Phillips neighborhood. The community outreach partners involved in this project are St. Paul's Lutheran Church, KRSM Radio/Waite House, Banyan Community, and New American Youth Soccer Club.

Four professional artists will be chosen and paired with each of the four community partners that serve youth to design and create the art for the utility boxes with the youth. The artist will take direction in designing the process from the youth and staff of the paired MPNAI community outreach partner organization, drawing from the specific work of the organization and communities that the organization serves.



The theme of this public art project is to hold up images in our neighborhood of physical and cultural health through connections, Healthy Connections. Health and connection could look like very different things for different people and we want to portray, validate, empower, and respect all the different healthy ways of being and connecting in this neighborhood. The artists and paired organizations will be assigned a utility box that is in close proximity to their work and is also on heavily trafficked streets of the neighborhood so many residents and commuters can experience the art.

Please apply by sending a cover letter, resume, work samples of art work, (preferably public art work) and work sample descriptions by October 25. Up to 5 images are allowed. Artists chosen will receive \$1000 for working on the project with the community partners. Please state in the cover letter which partner organization/s you are interested in applying to work with. Send applications to midtownphillips.outreach@gmail.com.

# PHILLIPS CLEAN SWEEP SATURDAY, OCTOBER 12



#### 9am-10am

#### **CHECK IN AT EITHER OF THESE LOCATIONS:**

- Welna Ace Hardware Parking Lot 2438 Bloomington Ave S
- Lutheran Social Services 2400 Park Ave S (enter on 24th St)

#### $\label{thm:continuous} \textbf{Breakfast and tshirts are available for Clean Sweep Volunteers.}$

#### 9am-Noon

#### Phillips Clean Sweep!

Meet your neighbors, help pick up litter, and clean up your neighborhood!

Organize your neighbors! Enlist your block club or church youth group!

Above all, just bring yourself and help keep Phillips clean!

#### Noon-1:30pm

#### Volunteer Lunch, Resource Fair and FREE Health Fair!

Stewart Park (2700 12th Ave S)

Enjoy a meal with other volunteers, learn about local neighborhood resources and information, and get free health screenings and health education.



#### **FREE HEALTH SCREENINGS:**

- Blood pressure
- Blood sugar for diabetes
- Cholesterol screening
- Flu shot administration

#### Bring out your trash!

The Phillips neighborhoods have raised funds to provide free pick up for residents during Clean Sweep. They will pick up extra household trash, old furniture, carpet, household construction and tires. *All items for garbage pick up should be placed out by your pick up location the night before*. (No hazardous wastes are picked up and any appliance or recyclables are picked up on the next city recycling pick up day.)

FFI: call (612) 799-1858

#### LIMPIEZA DE PHILLIPS SABADO, 12-OCTUBRE, 2019

#### 9am- mediodía

#### CHECK IN EN CUALQUIERA DE ESTAS LOCACIONES:

Estacionamiento de Heramientas de Welna - 2438 Bloomington Ave S
 Servicios Sociales Luteranos: 2400 Park Ave S (ingrese en 24th St)
 El desayuno y las camisetas están disponibles para los voluntarios de Limpieza.

#### 9am-Noon

#### Limpieza del Barrio de Phillips (Clean Sweep)

¡Conozca a sus vecinos, ayude a recoger la basura y limpie su vecindario! ¡
Organiza a tus vecinos! ¡Aliste a su club de jóvenes o grupo juvenil de la iglesia!
¡Sobre todo, solo tráete y ayuda a mantener limpieza a Phillips!

#### Mediodía-1: 30 p.m.

#### Almuerzo para los voluntarios y Feria de Recursos

Más información y diversión del vecindario en parque de Stewart (2700 12th Ave S)

#### ¡Traiga tu basura!

Los vecindarios de Phillips han recaudado fondos para proporcionar recogida gratuita a los residentes durante Clean Sweep.Recogerán basura doméstica adicional, muebles viejos, alfombras, construcción doméstica y llantas. Todos los artículos para la recolección de basura deben ser colocados en su lugar de recogida la noche anterior.

(No se recogen desechos peligrosos y cualquier electrodoméstico o material reciclable se recoge el próximo día de recolección de reciclaje de la ciudad).

FFI: llame al (612) 799-1858













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# Celebrate 45 Years of The Alley

Friday, November 8th, 2019 6-8:30 pm **Center for Changing Lives** 2400 Park Avenue S., Mpls.

#### YOU'RE INVITED!

Come and support The Alley Newspaper and its work!

Raffle & refreshments!

Pay what you can (or not)—\$10 would go a long way!



#### **MUSIC:**

Bringing feel-good congo sounds from the Heart of Africa, Phillips neighbors husband and wife team, Siama Matuzungidi and Dallas Johnson, share happy music with the young and young-at-heart.





#### **BE INSPIRED:**

**Guest Speaker Tom O'Connell,** a retired Professor from Metro State, has spent over 40 years learning and teaching about issues ranging from worker's rights to affordable housing, global social movements to racial and social equity. He is the author of It's Up To Us: A Brief Guide To Community Leadership and is currently working on a documentary film on Minnesota's Farmer-Labor Party.



#### **PHOTOS TELL A STORY:**

Enjoy select photographs featuring folks who are part of the Peace House Community and learn more about the partnership with The Alley Newspaper.

#### The Phillips Finder

#### **EXPLORE PHILLIPS**



# **MAYDAY IN METAMORPHOSIS**

#### HOBT's MayDay is taking a year off: Save the date for May 2, 2021

Dear MayDay supporters and

We give deep thanks for the ways each of you have supported HOBT's MayDay Celebration. Your support over these 45 years, especially your outpouring of support this year, means a great

Over the last four months, we, the HOBT Leadership Team, have heard from more than 500 community members and artists about their dreams for the future of HOBT's MayDay. Themes drawn from this feedback support what we have known for years but have only now documented: MayDay in its current form is not only unsustainable financially and logistically, the creation process systematically marginalizes and appropriates the work of artists of color. This cannot be allowed to continue.

The HOBT Leadership Team has decided that taking a year off from producing MayDay to pause and redesign MayDay is the best way to come back with a stronger, more equitable MayDay

We know that for some, this is difficult news to hear. We did not come to this decision lightly. In the coming year, HOBT can choose either to produce the MayDay celebration that South Minneapolis has grown to know and love, or to invest our time and resources in rebuilding that celebration to equitably and resiliently continue as a valuable institution for future generations. We cannot do both.

In the interest of the long-term value of this MayDay celebration, we choose to rebuild. We choose to live into a new kind of working and creating art together: one that is truly collaborative and opens up new opportunities for transformation by placing our commitment to diversity, equity, and inclusion at the center and giving power to artists and leaders of color.

In many ways, HOBT's MayDay 2019 was a wild success. Attendance, fundraising and community passion for the event surpassed all expectations. The support and generosity of the MayDay community put HOBT in the position where we now have the opportunity to ensure we are both more sustainable, and a more deeply community rooted organization moving forward. Thank you for your generosity and the gift of this opportunity to take a year off to address serious structural problems.

We are calling this a year of MayDay in Metamorphosis. We are placing all of our energy, time, resources, and hope into a process to transform MayDay, taking all we have learned over the last 45 years to recreate a new process and structure for MayDay that is more deeply with our mission to foster creativity, empathy, and interconnection.

Work will begin immediately to assemble a MayDay Council made up of IBPOC artists and community members who will be tasked with using what HOBT learned from four months of community engagement to shape a new MayDay process that is truly collaborative, community-owned, and equitable.

We ask and hope that you will support Executive Director Corrie Zoll

#### Here's how you can support MayDay in **Metamorphosis:**

#### Nominate individuals to serve on the MayDay Council.

Over a two-year term, this team will be tasked with designing a collaborative MayDay model and will represent a wide range of the communities present in our neighborhoods. Compensation, childcare, travel expenses, accessible meeting spaces, and food will be provided. This group will meet twice a month at most, with a daylong kick-off retreat in November. Read more about the MayDay Council here. Nominations are open until Oct. 24. Nominations can be made by filling out a short nomination form online or by calling HOBT Executive Director Corrie Zoll at 612-540-5366.

#### Sign up for text updates.

Text MayDay to 77222 for updates on the MayDay in Metamorphosis process. We will also continue to make updates as the MayDay Council is selected and convened at hobt.org/imagine.

#### Become a monthly donor.

This work of transforming HOBT's MayDay requires financial support. By giving monthly, your gift builds a predictable source of income to fund a resilient and equitable future for MayDay.

#### Work with In the Heart of the Beast.

Our incredible MayDay artists would love to work with your neighborhood, community group, school, or place of worship. For more information about HOBT's education and residency programs, go online or email ncampion@hobt.org.

this decision. We have chosen to rebuild because we truly believe it gives us the best chance at continuing the MayDay Celebration for generations to come. This metamorphosis moment will require the time and talents of the thousands of people who make this celebration possible: artists, staff, volunteers, donors, vendors, and participants. In its cocoon, the butterfly dissolves its former self to become something entirely new. This is not a period of rest. This is a period of radical reinvention.

#### Onward.

The HOBT Leadership Team: Site Director Steve Ackerman, General Manager Naomi Campion, Communications Director Claire Curran, Finance Director Linnea House, and

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# NTURA VILLAGE GHBORH

Mark your calendars! Neighborhood Clean Sweep is Saturday October 12

#### FALL AGRICULTURE IN VENTURA VILLAGE



Working at Hoop House

Have you heard of the 24th Street Urban Farms Coalition? You may be surprised to know you've most likely walked past one of our sites in the neighborhood! The 24th St. Coalition consists of the management and care of three urban farms in the community: Mashkiikii Gitigan, which has medicinal plants and produce, is located on 24th Street, directly across from the Indian Health Board. Hoop House, which is down just a half block from the IHB, holds a resident plot, a U of MN research plot, and a general community plot. Finally, our Chicago Ave. site, just off 24th and Chicago, is home to more medicinals, more research plots with the U of MN, and general harvesting produce for the community. Biweekly, the coalition meets to see how each of these farm sites can best serve the community. Michele Manske, our lead Farmer, harvests produce weekly, with the help of volunteers, to be distributed to two local clinics--the Native American Community Clinic and The Indian Health Board of Minneapolis--the Four Sisters Farmer's Market, and even to the north side at Oak Park. NACC's diabetes group gives out this free produce as part of their educational programming.

Thursday, September 26th from 11-3pm will be the last market of the season and Dream of Wild Health Farms will be doing a live food demonstration with Chef Brian Yazzie using produce from both DWH farms and other local vendors! Members of the community are encouraged to attend this exciting end of season

The 24th Street Coalition will be hosting a Pizza Fundraiser at the Our Savior's pizza oven on 24th and Chicago Ave, Friday October 11th from 5-7pm. A \$25 RSVP event link will be on Facebook. This event will be the first of it's kind in our community, providing a farm-to-table experience using hyperlocal produce from our 24th St. Farms! Chef April Smith will be creating a menu using these items! RSVP's are limited to 50, cash or charge will be accepted at the event for those not on social media. All proceeds will go to support the 24th Street **Urban Farms Coalition.** 

For more information about community events or opportunities to volunteer at one of our sites, please reach out to: Mel Anderson

24th Street Urban Farms Coalition Coordinator Four Sisters Farmer's Market Manager

E: Mel24thstreetfarms@gmail.com



Mashkiikii Gitigan



#### Farm Update from Michele Manske

This year for Pillsbury United Farms has been exciting, full of hard work and beautiful produce. We started the season with a free seed and plant giveaway targeted toward community members so they could grow along with us. This season our focus was on production farming in order to provide fresh vegetables to our community café, CSA boxes, and to our newest client, My North Market. We have also begun working with Full Cycle, an enterprise that employs homeless youth, to deliver our produce via bicycle!

As we take a look at the food systems around us, we're working together to close gaps through innovation and partnerships, and this summer brought us some valuable collaborations. We're continuing to partner with the University of Minnesota to look at ecosystem services of urban agriculture and two pollinator projects; the city of Minneapolis for biochar and lead research; St. Thomas for student opportunities; and the Minnesota Department of Agriculture for perennial crop research.

Now that it's fall, we'll be asking the community for their leaves again. These leaves will add important organic matter to the soil, which supports the millions of micro-organisms that provide the plants with nutrients.

Please donate vour leaves-

Contact: MicheleM@pillsburyunited.org.

A huge thank you to our partners and volunteers that make this all happen!

Ventura Village is looking to contract various administrative services for approximately 26 hours monthly from somebody who preferably lives and/or works in the neighborhood. Familiarity with Ventura Village and how our neighborhood organization operates is a strong qualification and preference. Experience handling administrative duties is a must, with skills in taking minutes of meetings and preparing mailings, agendas, fliers and handling public address equipment are desired. Training will be provided as needed to fill in any skills that are not fully available.

If you are interested in applying for this position, you may submit your letter of interest and a resume to Ventura Village, 2323 11th Avenue South, Minneapolis, MN 55404. Any questions can be submitted to Thormary@hotmail.com.

"Do you feel safe in your home environment?" I recently took my son to his annual checkup at the doctor's office, and this question was asked of me. It has become a standard question in the clinic environment to encourage reporting of domestic, or intimate partner, violence. According to statistics from the Center for Disease Control, 1 in 5 women and 1 in 7 men report having experienced severe physical violence from an intimate partner in their lifetime. Intimate Partner Violence is about more than physical violence, and includes sexual violence, stalking, and psychological aggression. The key to Intimate Partner Violence prevention through a community lens is to prioritize neighbor connectedness, mutual trust, and willingness to intervene for the common good(source: National Center for Injury Prevention and Control, Division of Violence Prevention). I understand the instinct to 'mind my own business' when deciding if intervention is needed. It can be difficult to navigate these neighbor relationships, which is why investing time in building community is so important. It is also important that information about resources and services for victims and/or at-risk couples of Intimate Partner Violence be highly accessible in the community. Read more at: https://www.cdc.gov/violenceprevention/intimatepartnerviolence/index.html.

To that end, here are some resources, both national and local. If you are concerned for your own or a friend's safety in an intimate partnership, start here: Hotline: 1-800-799-7233, www.thehotline.org· First Call for Help hotline: 211, or 651-291-0211. Casa de Esperanza (Latin@ community focus), 651-772-1611, www.casadeesperanza.org· Tubman (wide ranging services and shelter), 612-825-0000, www.tubman.org. Minneapolis Police Department Navigator for victims of Intimate Partner Violence, Cecelia Rude, 612-443-4289, cecelia.rude@minneapolismn.gov

#### **UPCOMING VENTURA VILLAGE MEETINGS:**

- Wednesday, October 9th: Board of Directors Meeting: 6 pm
- Tuesday, October 29th: Community Engagement Committee: 6 pm
- Thursday, October 31st: Housing & Land Committee: 5:30 pm
- Wednesday, October 9th: General Membership Meeting: 7 pm
- Tuesday, October 29th: Wellness, Gardening & Greening Committee: 7 pm
- Thursday, October 31st: Crime & Safety Committee : 6:30 pm

#### ALL RESIDENTS ARE WELCOME TO PARTICIPATE: VISITORS WELCOME TO ATTEND!

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# 'This is our Rondo - we just don't know it yet'

#### Continued from front page

Thus far researchers with the University of Minnesota have delved into the historical record, scouring newspapers and Department of Transportation records at the Minnesota Historical Society. Next, they are looking for stories from the people who were directly affected by construction of I35W in South Minneapolis. Email Greg Donofrio at donofrio@umn. edu or Denise Pike at pikex063@ umn.edu.

Residents can also connect during a Public History of 35W event on Thursday, Oct. 10, 6-8 p.m., at Hope Community-Children's Village Center (611 E. Franklin Ave.)

"The only way we can make this a community-based project is with the community," observed Donofrio.

#### WALKING TOUR WITH SIGHTS AND SOUNDS OF **CONSTRUCTION**

A walking tour on Saturday, Sept. 7 led about 30 people through one section of the construction area to give them perspective into the noise and dust generated during a road project of this magnitude.

Organized through the Hennepin History Museum, the walk was led by historians Denise Pike and Greg Donofrio, with help from Aaron Tag of the Minnesota Department of Transportation.

Pike pointed out that most of what people experience of the freeway is driving down it.

But how was it planned? How was it built? How were communities affected by it then and how are they affected now?

The tour began at the Hennepin History Museum at 2303 3rd Ave. S. in Minneapolis, headed north to the Franklin Bridge, walked along the east side of the freeway down S. 5th Ave., crossed the interstate again on the 26th bridge, and ended back at the museum.



#### FREEWAYS ANSWER TO **URBAN CRISIS**

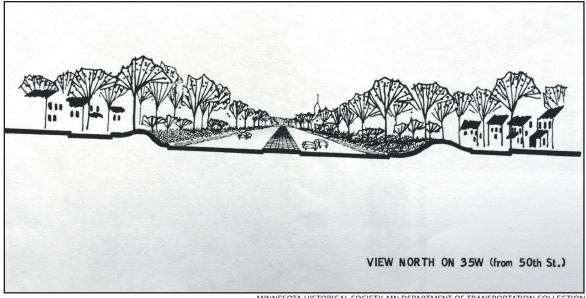
At the Franklin bridge, participants viewed the 35W construction at 94 and learned about the transportation needs of the late 1950s and 1960s, and how freeway planners designed the I-35W freeway.

The federal government agreed to pay for 90% of freeway construction with the states left with just 10% of the total bill. Between 1956 and the early 1970s, over 42,000 miles of freeway were constructed in America. An estimated 62,000 housing units were destroyed and about 200,000 people displaced annually, observed Donofrio, who works as the director of the Master's of Science in Architecture, Heritage Conservation and Preservation graduate program at the University of Minnesota.

The freeways were an answer to the Urban Crisis facing cities in America after many white people flocked to the suburbs after World War 2. "The cities sought to remake themselves," observed Donofrio. "The freeways seemed like an urgent thing to build."

There was pressure to build them as quickly as possible.

Back then, the Department of Transportation held one public meeting on the proposed freeway project, pointed out Pike, and it was one early in the process. In 1968, federal policy changed to require two public hearings. Today, things are very different, pointed out Tag, who observed that today the public is engaged prior to the start of design, in the middle and at the



MINNESOTA HISTORICAL SOCIETY, MN DEPARTMENT OF TRANSPORTATION COLLECTION

This original sketch was presented to the public showing what the freeway would look like in South Minneapolis.



MINNESOTA HISTORICAL SOCIETY, MN DEPARTMENT OF TRANSPORTATION COLLECTION

'Some call they didn't know the freeway was being constructed until they heard the bulldozers," said Denise Pike of the University of Minnesota.

end. With the current project, two pieces of property were displaced to provide access onto Lake St.

Researchers haven't found much yet about what the planners presented, but there is an original sketch showing a lovely tree-line stretch of roadway with two lanes in either direction. There isn't much record of opposition to the freeway, either, said Pike, although they dug up a petition sent to the Governor that was signed by 600 South Minneapolis residents concerned that they were being paid market value not replacement value.

There were no real unified neighborhood groups in this part of South Minneapolis at the time, and they have not found any groups that opposed the freeway coming through this particular section.

When the freeway was expanded because it had already reached capacity in 20 years, there is a record of more resistance by community members.

#### 'WHEN THEY HEARD THE **BULLDOZERS'**

Property acquisition for the interstate began in 1956, but construction didn't start until the early 1960s.

"Some recall they didn't know the freeway was being constructed until they heard the bulldozers,"

The path of the freeway cut an unnatural swatch through South Minneapolis, and residents weren't happy with the distance created by the interstate. People of color also payed a higher cost in the amount of air pollution and the health effects it caused.

"In order to reconnect their neighborhood, the community came together, devised a plan, and lobbied tirelessly," according to an article from the Alley in March 2011. "Their persistence finally paid off in 1971 when the city agreed to install a pedestrian bridge and again in 1974 when the sound barrier walls were built."

The pedestrian bridge at 24th is currently being reconstructed. The new one will be 20 feet lower than the old one and wider, and will connect a bit further south.

#### RESIDENTS **BLACK** AFFECTED MORE

Why does the freeway jog like it does in South Minneapolis and not meet up with the stub at Lyndale/ MN 121 and 62? Pike pointed out, that if it went straight it would have gone right through the Minneapolis Institute of Arts and disturbed the grand residences around it. So instead, it was pushed to the east where a higher percentage of black

residents lived. The divide has grown over the years. The Whittier neighborhood has 56% white and 43% people of color, while Phillips has 18% white and 81% people of

Many of the pieces of property purchased for the project were not occupied and used by the owners, but were rented apartments and business spaces. Renters were not compensated nor did they receive help with the costs of moving.

"Tenants got nothing," said Pike. "This affected people of color more heavily."

An article from the Minneapolis Morning Tribune on Feb. 13, 1964 quotes a family concerned "that their race limits their choice and presents other problems."

The difficulty people of color had purchasing homes and living in certain parts of Minneapolis is being studied by the Mapping Prejudice project through the University of Minnesota. Through a combination of writing directly in the deed that a person of color couldn't buy a piece of property and mortgage red-lining certain areas, people of color were limited in their options.

Shawn Lewis is now a member of the Northside Environmental Justice Coordinating Council, but

**OUR RONDO** Continued on page 9

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#### 9

## Were you displaced by the construction of 135 in South Minneapolis?

Researchers Greg and Denise Pike would like to talk to people about their experiences. Email donofrio@umn.edu or pikex063@umn.edu

#### A Public History of 35W

- Hosted by the Minnesota Department of Transportation and Hennepin History Museum
- Thursday, October 10, 6-8 p.m.
- Hope Community-Children's Village Center (611 E. Franklin Ave.)

#### Owning Up: Racism and Housing in Minneapolis

Since the 1950s, Minneapolis has envisioned itself as a "model metropolis." The city is lauded for offering the right mix of amenities and affordability. Boosters brag about the parks, lakes, efficient government, and the city's vibrant arts scene. They are adamant that their city, as the New York Times once observed, has "all of the answers."

However, this myth hides an uncomfortable reality. Minnesota has some of the highest racial disparities in the United States. People of color in Minneapolis are more likely than white residents to live in poverty, experience violence, and suffer chronic illness. They are less likely to graduate from high school or own their own home. We believe housing is the foundation of these disparities.

Owning Up explores the history racial housing discrimination in Minneapolis through the stories of three black families. Their experiences are displayed alongside the policy decisions and social practices that institutionalized racial segregation and continue to shape the city of Minneapolis. While the passage of the 1968 Fair Housing Act made policies like racial covenants and redlining illegal, they did not solve racial segregation.

>> View the permanent Owning Up exhibit, Sabathani Community Center (310 E 38th St.).



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#### **OUR RONDO** From page 8

grew up and attended Minneapolis Central High. "We know the story of Rondo and how that black community was split," stated Lewis. "I've felt there's a story in South Minneapolis. I think we're in the beginning stages of trying to surface that story."

He added, "They took out so many houses. What happened to all the people who were affected?"

Lewis remembers his mother telling him how upset people were about Interstate 35W, and how the gap in the neighborhood stood there for a long time before the roadway was constructed.

He also recalls a professor talking about urban renewal. "'That wasn't urban renewal - that was Negro removal,' he'd say," said Lewis.

He's glad that people are trying to raise awareness about the impact of building freeways.



ESHA M. CHRISTENSEN

The pedestrian bridge at 24th is being reconstructed. The original one was built following a push by residents to reconnect the two sides of the freeway in the 1970s. They also pushed for sound barriers to help ease the noise and air pollution.



Join a team of talented early childhood education specialists who are dedicated to changing the lives of children! For more than 50 years, St. David's Center has provided the highest quality of early childhood education to typically developing children and children with special needs ages 16 months - five years.

St. David's Center will bring its expertise in early education to partner with Banyan Community's 20 years of family support and community development. Together, we will improve the educational success of the youngest members of our community.

St. David's Center is currently hiring for our early childhood education at Banyan Community located in the Phillips Neighborhood of Minneapolis. Full-time hours available between the hours of 9am and 6pm.

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Movie corner

#### 'It' returns with rollercoaster ride that thrills

By HOWARD MCQUITTER II oldschoolmovies.wordpress.com howardmcquitter68@gmail.com

"It Chapter Two" \* \* \* 1/2 of 5 New Line Cinema

A n d y Muschietti directed the wellcrafted horror film "It" (2017), the highest gross-

ing horror film a \$ 700,381,748 worldwide. He has his sequel "It

Chapter Two" when "The Losers," now adults, are called back to their hometown Derry, Maine, to confront the menacing clown, Pennywise (Bill Skargard). While many sequels are or seemingly redundant, Muschietti's sequel is a legitimate one. However, the running time of two hours and 50 minutes, I think, cannot be altogether justified.

Twenty-seven years later, Mike Hanion (Isaiah Mustafa), a librarian at the town library, is the only one of the seven-group,"The Losers," who stayed in Derry. Events of missing children begin to recur in Derry



bringing back nightmarish flashes to Mike. Mike – in panic mode – calls Beverly (Jessica Chastain), Eddie (James Ransone), Ben (Jay Ryan), Richie (Bill Hader) and Bill (James McAvory) urges all of them to return to Derry. All of them except Mike went on to more fertile ground to cities in other states for work. Now they must all confront and destroy Pennywise.

Coming back home also means flashbacks for each individual from relentless bullying to physical and sexual abuse by a father. One sign of the masquerading and murderous clown is a red balloon(s) means he's in the area somewhere.

But things are initially unsettling in the first 10 minutes of the film when about five men viciously attack a gay couple; one of the men is thrown into the river only be chewed up by Pennywise. (The man tossed in the river is Xavier

It's safe to say most of "The Losers" are in the amnesia stage until Mike shacks it out of them.

Flashbacks to their childhoods links well into their adult- hoods giving us a reflection of the evil clown's first murders.

I will say I closed my eyes at times (even when I didn't want to)

not much different than when I was a kid seeing scary science-fiction movies in the 1950s. I liked "It Chapter Two" less than "It," but the roller coaster ride in the sequel good enough for me.

Cast: James McAvory (Bill Denbrough), Jessica Chastain (Beberly Marsh), Bill Hader (Richie Tozier), Isaiah Mustafa (Mike Hanion), Jay Ryan (Ben Hanscom), James Ransone (Eddie Kaspbrak), Bill Skargard (Pennywise), Andy Bean (Stanley Uris), Jaeden Martell (Young Bill), Wyatt Oleff(Young Stanley), Sophia Lillis (Young Beverly), Finn Wolfhard (Young Richie), Jeremy Ray Taylor (Young Ben), Chosen Jacobs (Young Mike), Jack Dylan Grazer (Young Eddie). Director: Andy Muschietti. Written by Gary Dauberman. Cinematographer: Checco Varese. Music by Benjamin Wallfisch.

Running time: 170 minutes. (R)

**Hobbes in the House** 

## Men abuse women because they can

By DWIGHT HOBBES

You can find all kinds of thinktank rationalization as to why men beat women. You can, as well, find study upon as study as to why Black women are killed by Black men at a rate almost three times higher than the death rate at which White women are killed by domestic violence. Among the "reasons" cited are things like abusive men being, themselves, victims. Victims of, for instance, low self-esteem. Poor role modeling. Cultural conditioning. Alcoholism. There are other excuses, but these will do as a general frame of refer-

Importantly, you can find respected professionals who come up with such causes for men battering and killing their wives and girlfriends. I went looking on the Internet and almost immediately came across an article in that highly regarded monthly magazine Ebony. The article by Marchel'le Renise Barber reads, "Dr. Nathan Hare, a clinical psychologist and sociologist in private practice in San Francisco, sees common traits among men who batter women. He says while abusive men are found in all races and socioeconomic groups, most Black male abusers are jealous, insecure and

are attempting to imitate the classic 'street pimp' playing a 'mind game' with the women by showing a loving and warm side to sustain interest - then inflicting pain. Other abusive men are imitating their fathers or their mothers' boyfriends and convince themselves that women expect abuse. 'These men see their manhood as their ability to control women who are out of control' says Dr. Hare, who adds that many male abusers have been victimized themselves." In that same article is the statement, "Due to alcoholism, low self-esteem, a lack of ethnic pride and a sense of helplessness in supporting their families, Black men have been reported as being more likely to be abusive toward Black women, says psychiatrist Dr. Carl Bell."

I'm not trying to pick on Marchel'le Renise Barber. I'm not trying to ridicule Ebony. There are plenty of journalists and plenty of publications citing similar circum-

None of which hold very much water. There comes a point in

time at which you have to go with simple common sense over even the most scholarly information. Accordingly, while low self-esteem, cultural conditioning and drink-induced short fuses are not imaginary ailments, looking at them does not cut to the core of why men abuse women. And, frankly, color, race, ethnicity or, for that matter, the moon rising in Aquarius don't have a single thing to do with it.

Men beat women because they can get away with it and you don't have to be a clinician with a string of letters after your name to figure that out. I can prove it to you with a very basic line of reasoning, a hypothetical example F. Lee Bailey, William Kunstler and Johnnie Cochrane all put together couldn't debunk.

Here's the scenario. A woman is cowed against a wall, shrinking away from her man who is advancing on her, scowling in rage, fist balled, about to whup her butt yet one more time. No matter how pitifully she cries out for him to stop, no matter how she begs, he keeps closing the distance between them and is just about to punch her lights out. Do you have the picture

in your head? Okay, now, imagine she suddenly turns into man bigger and stronger than him who, if he so much as thinks about hitting, will tear him a brand new ass. How much would you care to wager that he doesn't somehow lift himself above his low self-esteem to put his anger in serious check? How much do you want to bet he finds himself capable of transcending his cultural condition? That, no matter how much he has had to drink, he doesn't suddenly get sober as a judge? There's a reason he doesn't have any more self control than to beat her bloody from one end of the house to the other, yet, when the police show up, he lets them put the handcuffs on and lead him out the door, off the jail. He knows if he even thinks about hitting one of those cops they will all stomp a mudhole in his behind.

We cannot afford to risk women's lives by sympathizing with their abusers. Never mind this and that diagnosis of some social malady. Men beat women because women can't kick their asses for them. Regardless of what Dr. So-and-So pontificates, men accordingly have to be held accountable. Period, end of story.





Peace House community

#### **Getting involved**

By MARTI MALBY

because he could do only a little. -Edmund Burke

I first encountered that quotation when I read Bob Geldof's autobiography "Is That It?" Geldof had reached the part of his story where his band, "The Boomtown Rats," couldn't get any of their songs on the radio and he personally was almost broke. One night he saw a news story about the famine occurring in Ethiopia at the time and he decided he needed to do something. He called some other musicians in the hope of recording a song and donating the proceeds (which he expected to be measures in hundreds of dollars) to the famine relief efforts.

As some of you know, the group he put together became known as Band-Aid, which spawned USA for Africa, the Live-Aids concerts and many other projects. Literally

billions of dollars of charity can be "Nobody made a greater mis- traced to one man who did a little ke than he who did nothing because he thought it was all he could do.

> His story, and the quotation he gave from Edmund Burks, came back to me this month when Peace House Community received a \$5 donation along with a note. The donors have supported us for years, but only a few dollars at a time. This was perhaps the smallest donation they have ever given, but it was the note that caught my attention. It read in part:

> "Excuse the smallness of the check. We are very poor right now and hope to send more later, or bring in some groceries for your pantry. Speaking of that, a relative has a tattoo shop, and my hope is to encourage her to get involved with you financially."

> Knowing that people who "are very poor right now" believe that what PHC does is worth supporting, and that they are willing to

sacrifice their own comforts to make PHC's activities possible, is humbling. It reminds me that I and others who work for non-profits are responsible to our donors as well as our community members for justifying their faith in us.

But the note was also energizing. It reminds me that on days when I am tired or cranky or overwhelmed, that I still have something to contribute. No matter how little I feel I have to give, I am surrounded by others who are in the same boat but who give because they can.

I have never met the donors who sent those \$5, but I sent them a handwritten note of thanks. I want them to know that their gift, even if it is small compared to what they want to give, still makes a difference, and that I do not want them to give up and do nothing because they could only do a little.

I have learned that no one on their own will make much of a difference in this world, but a lot of people doing their little bit can make a huge difference.

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Of, by and for its readers since 1976

#### **OPINION & COMMENTARY**

Raise Your Voice

#### **Changing horizons**

By PETER MOLENAAR

Those of us who have connected over the years with All My Relations Arts and Two Rivers Galleries were privileged to receive invita-



tions to the recent opening receptions. These "Changing Horizons" events commemorated the 100th birthday of George Morrison, the Ojibwe artist who graduated from the local Minneapolis College of Art and Design, before viewing much of the world through the eyes of an abstract impressionist. To which I will add: Neighbors, these art openings offer a splendid opportunity to mingle with bright young faces who have significant lives awaiting.

Some questions:

Did Morrison violate his heritage, as some have suggested, by immersing himself in the modernist art movement? (Conversely, did some "modernists" violate the past when they took inspiration from Navajo sand paintings?) Moreover, how does Marxism resolve the dialectical tension between 'formalism' and 'realism' in relation to aesthetics and the question of artistic freedom?

Regarding the first question, in principle, Native Americans have the absolute right to walk wherever the rosy cheek ones walk, because they are indigenous to the land. Conversely, do the rest of us have such absolute right? No, we do not. Special spaces are reserved for the first peoples.

As for the Marxist attitude, for example, in the aftermath of the Russian Revolution, Marxism-Leninism persuaded the avant garde to embrace 'realism' for the purpose of elevating the masses, who, at the time, were largely illiterate. (Note: The patronage of capitalists had ceased.) Anyone doubting the beauty and purposefulness of this period should visit the Museum of Russian Art at the not so very far away 5500 Stevens Ave. location. However, historically, the "Reds" in our own country certainly upheld some relatively 'formalistic' expressions, which were part and parcel to the "Harlem Renaissance" of the 1930s. So, evidently, a liberal attitude towards formalistic expression eventually will prevail in this country, with some emphasis on meaningful content. Okay?

In the meantime, this community is asked to celebrate the artistic expressions of the historically oppressed peoples among us, who in their combination in the not so distant future, will assume majority status and leadership. We certainly will all do better when the day beyond the changing horizon arrives.

#### Letter to the community

#### **CORRECTED** Minneapolis water facts

To all this Concerns:

I commend the STEP-UP interns who worked with the Backyard Community Health Hub this past summer and for your in-depth study of water this summer! (Water is life: Drink and live, Sept 2019 issue) I believe that Water is the foundation of all wellbeing, so I am very grateful that you brought forward many ways of Water's importance to the functioning of our bodies. I also like that you made a strong case against the preposterous popularity of Water sold in plastic bottles. Thank you so much for this good work you have done.

Unfortunately, there is a mistake in the blue box of "Additional Water Facts & Sources" that might lead readers to think that bottled water is cleaner than tap water, and I think that is not your intention. In this box of facts, you have the question. How often does tap water get tested??? The answer in your box says simply: "Tap water is tested roughly every year in the Twin Cities."

In truth, our Minneapolis Public Water Works performs approximately 500 tests each day on tap water! ....500 chemical, physical, and bacteriological tests, each and every day!! (http://www.minneapolismn.gov/publicworks/water/water waterfacts)

This is vastly more than the test-

ing of Bottled Water that is regulated by the FDA.

Alley Newspaper readers ought to hold this corrected fact in their head and hearts.

There is no reason in Minneapolis to purchase Water in plastic bottles!

WATER IN PLASTIC
BOTTLES IS NOT HEALTIER!

A purchase of water in plastic bottles adds to environmental degradation with the awful build up of plastic in our water streams and landfills! A purchase of Water in plastic bottles is much more expensive than tap water and because most plastic is made from oil, purchasing bottled water also ultimately supports oil industries. DON'T BE FOOLED BY ADVERTISING to purchase Water in plastic bottles! Instead, thank our Public Water Workers for their diligent work of bringing clean water to the shared convenience of our taps by paying your monthly Water bill with

Thank you Backyard Community Health Hub Interns for your important study of Water!

Sandy Spieler

Water lover, Water protector, artist https://sandyspieler.com/waterwork/

sandralspieler@gmail.com



The Rand Report

#### Why were homeless misplaced during Glow?

By RAND RETTERATH

On July 27, 2019 large portions of the Midtown Greenway were cleared for an event.

Care to know what it was?

It was the Midtown Greenway Coalition Greenway Glow 2019. Through registration, ticket and alcohol sales, pledges and more they raised nearly \$23,000. They say it is for the "Greenway." PLEASE do not be confused! The money goes directly to the Greenway Coalition EXCLUSIVELY.

Care to know what was cleared? People were cleared, homeless people as well as their possessions.

I have a problem with that.

Many years ago, the Executive Director looked me in the eye and said, "Unlike some, we do not think homelessness is a crime." Apparently, that is true only as long as they are not seen.

One week later, the Powderhorn 24 took place. They found an ability to co-exist over the course of the 24 hour event and set up / clean up periods.

Local residents grudgingly find ways to deal with trash, theft, traffic, sex, needles, assault and much more on a daily basis and over months and years.

For a week, all the MANY people calling the Greenway home were asked to relocate to protect the delicate sensitivities of Coalition members for a single afternoon event. Their possessions littered my neighborhood.

Along the Greenway, I found Coalition-branded drink tickets. It is illegal to drink and bike, yet the Coalition encouraged it, through branded drink tickets.

The Greenway is overwhelmed with homelessness, feces, urine, drugs, sex and sex workers and alcohol in staggering quantities, creating a myriad of social and environmental problems. Yet there the Coalition was, apparently above the law. Their drunken revelries are apparently ok. Privileged white elitism if there ever was such a thing.

According to the Coalition's most recently available Form 990, the salary expense for the Coalition is \$124,820 against revenue of \$119,690 down from \$206,065 the previous year. Overall, they lost over \$76,000.

Further, with this shortfall, all of this money goes to salaries, NOT the Greenway, more elitism or perhaps more correctly protectionism by definition a stone's throw from nationalism, isolationism or dare I say: Trumpism.

Somehow, participants of the Powderhorn 24 were able to coexist with everyone. Over the years, Powderhorn 24 organizers have worked diligently to mitigate the concerns of the community. To show solidarity with community and homeless alike they discourage alcohol. They clean up after themselves within hours. They manage the noise, keep the trail reasonably clean and share it with other cyclists, runners, families and homeless folks. I have even seen them sharing water and food resources with people other than themselves.

The differences could not be more profound. Homelessness is a complicated issue. It is a tragedy! Hiding people from public view for an event is WRONG, IMMORAL, TRAGIC, DISRESPECTFUL and reflects a sense of decency that I want no part of.

Thankfully, they won't exist much longer for lack of support and respect

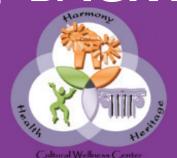
REMEMBER THE ATLANTA OLYMPICS!

## \*\*\* YOUR VOICE MATTERS \*\*\*

WE WANT TO HEAR YOUR **O**PINIONS ON WHAT'S HAPPENING
IN THE NEIGHBORHOOD AND THE WORLD!
Email copydesk@alleynews.org

12 Of, by and for its readers since 1976 alleynews.org •October 2019

# BACKYARD COMMUNITY HEALTH HUB



Midtown Global Market, 920 E. Lake St., Minneapolis MN 55407

BackyardHealthHub@culturalwellnesscenter.org 612-353-6211 | www.culturalwellnesscenter.org

Call Monday to Friday, 10 a.m. to 6 p.m. for more info and to find out how to get involved!



Like us on Facebook

# Backyard Community Health Hub CREATING WELLNESS



Backyard
Community
Health Hub
staff excited
to connect
with a former
TEENS project
member in the
Health Hub
office.



The power of food served at Backyard activities with wellness in mind.



#### Health Hub Activities

I think it is a wonderful thing that you have this type of program, dedicated to improving the health of the residents. The Cultural Wellness Center and Allina did some great work through the Backyard Initiative, but there is still so much work yet to be done.

I love the overall approach to wellness and the personal touches that have been added. I think the self-health/wellness assessment, the map to wellness, the small personalized groups, help to further engage me and keep me motivated.

I love that the Health Hub is listening to the people and place an emphasis on what we need to continue this journey to wellness. The support and the check-ins tells us you care. You give us this map for us to plot our direction and then provide us with things we need to achieve our goals. I have gained so much knowledge about self, through self-study.

I also want to thank you for showing me how to look at money differently through cultural financial literacy. Poor management of finances was my biggest cause for stress and contributed to already high blood pressure and depression. It is very depressing when you can't pay your bills, especially when your children are counting on you, your housing is at risk, utilities are about to get cut off, and you are just a few dollars over the guidelines to receive any type of assistance. I truly am getting a better grasp on my finances.



# Stepping Into Wellness

Stepping and Line Dancing is one of the most fun ways a person could get healthy. When I was diagnosed with high blood pressure, high cholesterol, and was overweight, the doctor told me I had to exercise and change my diet. The last two words I wanted to hear were "diet and exercise".

My friend attended the Health Hub activities and told me "they make getting healthy fun, and they are in it with you". I thought, "'right', I know how these fitness people are, they are these little twigs contorting their bodies in ways that people like me couldn't even dream of doing." She dragged me to one of their Community Gatherings. They had this woman standing up there giving step by step instructions to young, old, big, and little. We danced multiple times, and by the end of the two-hour gathering, I was laughing and line dancing.

I attend the monthly gathering, not just for the food. As they say, 'the motion that creates emotion'. I come for the knowledge shared on how to make the changes I need to achieve health and wellness and make better life choices. I am moving daily, a miracle itself, and attending Backyard activities throughout the week

Now I understand that diet and exercise doesn't mean I have to eat things that I despise or contort my body to get healthy. I can create my own map to wellness and be supported. My blood pressure has improved, my cholesterol is almost back in the normal range without the aid of medication, and I have lost twenty pounds. I am proud of me and grateful for this opportunity that I wouldn't be able to afford financially.



#### Breathe, A Sacred Journey Within

I was stressed to the point that my blood pressure medication wasn't working for me anymore. As an African-American, I never considered meditation, it seemed like it was going against everything within me, even. It sacrilegious

I stumbled upon it the day of your launching of the Health Hub when I was visiting the market. I observed the mediation and sound therapy and watched the expressions on the people's faces—showing an inner peace.

My girlfriend, who is just as stressed, engaged with them, and said she felt the weights that she carried being lifted and ushered into her own sacred place. I remembered that, and when I saw it was being offered Monday, Wednesday, and Saturday I decided to give it a try. I tried so many other things that didn't work, I might as well give this a try.

Once the skeptic, I am now meditating daily, finding that place sacred space within that helps me shed the weights that kept me so stressed and tightened mentally and physically.

I am also enjoying Craniosacral, but it was meditation and sound therapy that opened me up to believe in alternative methods of healing and achieving wellness.

Derah P.

Jeanine S.

A.J

Prepared for and paid by Cultural Wellness Center