

# Meet the Cultural Wellness Center's COVID COMMUNITY COORDINATORS!

**ADDIE**, Hotline Worker and Testing Event Coordinator- holds a passion for caring for others, using her 30 years of administrative skills developed in the church community. She is proud about returning to school at age 62 finishing her education, receiving a BS in Ministry and a Master of Arts in Theological Studies from the University of Northwestern in St Paul. Addie is known to have great intuition, patience, emotional focus, compassion, and networking abilities.

**ADRIANNE**, Data and Information Coordinator- has dedicated her life and work to being a "proponent of culture." Born in Atlanta, Georgia to Liberian-born parents, she embodies the true definition of "African-American" in a particularly resonant way as a first-generation American with Liberian roots. Adrienne's work at the CWC exemplifies her special gifts for optimizing service by emphasizing the dissemination of information into knowledge and empowerment.

**ELDER ATUM**, CWC Executive Director-is the founder and E.D. of the Cultural Wellness Center, an African American nonprofit centered on the idea that when culture and community knowledge are studied and valued, they are powerful tools for health, healing, community building, and economic development. Elder Atum completed and received her Cultural Doctor of Literature (D-Litt Kemii) from the International Khepran Institute in 2007.

**J. MOST**, Ground Navigator- his children, music, dancing, and small business marketing are his passions. Inspired by his fathers' musical talent, he knew early on he wanted to be a songwriter and performer. He co-founded COMMAND STEPPERS. He holds a BA in Secondary Ed with 15+ years of teaching and social service experience with special needs and at risk students. He utilizes his collaborative spirit to build trustworthy relationships throughout the community.

**JAMES**, Lead Ground Navigator- is a father of three sons and an author and mentor. His favorite subjects are Spirituality and Poetry. His humility leads to the powerful and beautiful place of living out his strengths and passions. He celebrates the accomplishments of others and sees everyone as valuable and as collaborators. As a community builder and successful leader, he shines in all professional settings.

**JASMINE**, Hotline Worker- is currently pursuing a nursing degree at Rasmussen University. Jasmine served in the Army National Guard for six years as a Chemical Biological Chemical Specialist. She is also a mother to one-year-old son, Jackson.

**KANESHA**, Hotline Worker- originally from Milwaukee, WI, she is a pre-nursing student at South Central College in North Mankato. Caring for people is her passion. She is known by her friends as being conscientious, diligent, and a good listener. Currently, she works at a nursing home in the memory care unit and enjoys making the residents smile. Kaneshia also likes to draw and paint.



**LaDONNA**, Hotline Worker-is also a fashion designer of Anaquece Designs and a mother of a 12-year-old son. She designs unique apparel that is colorful, bold, and filled with expression. LaDonna loves to create as a way to connect with people and bring beauty into their lives. Being a mother opens her heart to care deeply about someone other than herself, a quality that she gives to each person as a Covid hotline worker.

**LATESHIA**, Ground Navigator, was born and raised on the west side of Chicago. She states, "I found myself once I moved here to MN in 2014". She was hired by the CWC as the Domestic Violence Navigator and also a housing navigator. She prides herself on being very knowledgeable about many different subjects yet believes the most important thing is, "There's so much power in the knowledge of self."

**LAUREN**, Hotline Worker and Data Input Specialist-CPhT, holds a BS Degree in Chemistry, has worked as a Pharmacy Technician since 2006, and is validated to give COVID-19 vaccines. When the opportunity arises, she tutors students in math and science and reviews grants for the Federal Government. Lauren is a woman of strength, and the humility of her heart provides a beautiful example.

**LOIS**, Hotline Worker and Vaccine Event Coordinator- has years of experience organizing events, allowing us to rely on her abilities and helping to make the coordination of our events easier. A born leader and a team player, Lois enjoys making key connections that enhances others and situations. She prides herself in being on time to help to create a peaceful working environment. Her sacrificial service makes a powerful impression.

**MARY LUE**, Hotline Worker and Troubleshooter-, Master of Social Work, Mary Lue is also the former Diversity and Inclusion Organizational Development Coordinator for the Minnesota Department of Transportation where she managed nine statewide diverse groups. She is a woman of generosity who seeks opportunities to give unselfishly.

**PAMELA**, Ground Navigator-has been connected to the CWC for over 20 years and is now recognized as an Elder in the community. Her wisdom and knowledge as a housing specialist and giving, compassionate approach helps her to engage with and connect people to resources and mentor them in utilizing their own gifts.

**PHYLLIS**, Hotline Worker-born in Hot Springs, Arkansas, moved to MN, growing up in the Frogtown area. She loves people and has demonstrated this through her work in nursing, being a sales associate and owning a retail business, Sunday's Best Boutique. Her faith is very important and leads her to a goal of having a "Woman-to-Woman ministry one day, helping women to not have others judge you and love the skin that you are in".

**ROBERTA**, Project Director, BN, MBA,- is the director of the CWC's Community Health Hub, which offers a full calendar of health events and programs related to exercise and motion, natural self-care and culinary wellness taught by certified instructors, community experts and local leaders connected to the CWC. Mrs. Barnes combines her nursing expertise with her business acumen to build effective programs that change lives.

**ROSE**, Ground Navigator-known as Ms. Rose- loves working with people, especially with youth and young adults. She enjoys doing follow up with people who she has assisted. Some of her favorite things are old school music, dance, playing cards, and cooking. One of her greatest desires is to open a soul food restaurant.

**STEVE**, MBA, Chief Financial Officer of the Cultural Wellness Center. An accountant by training, Steve brings strong fiscal oversight and management to the 25-year-old African American Minneapolis-based nonprofit. He is a man of great wisdom and insight, extremely humble and giving, making him a perfect fit for the health, healing, community building, and economic development work of the CWC.

**TAMIEKO**, Hotline Worker- has worked professionally in the nonprofit and social services sector for a number of years. Throughout her career, she also found time to help others by volunteering for change within her community serving in the areas of social justice, homelessness, and at-risk youth. Currently, she is a licensed foster provider, volunteer at her place of worship and an entrepreneur, owning "At Your Service Cleaning" business.

**TRELAWNEY**, Hotline Worker- is a student at MNSU pursuing a health sciences degree and hopes to specialize in pediatrics. She enjoys helping people, working with kids and traveling with family and friends. Trelawney is community-minded, volunteers with her church and Youth Days and is committed to the increasing the cultural awareness of others.

**URI BIIA**, Hotline Worker-is a Pickering Fellow at Johns Hopkins University, who plans to become a Foreign Service Officer. Before starting graduate school, she received her BA degree from Howard University. She was also a Peace Corps Volunteer who served as a Secondary Education English Teacher in Benin, West Africa.

**WANT TO TALK ABOUT THE COVID VACCINE? HESITANT ABOUT GETTING THE VACCINE BECAUSE OF SOMETHING YOU READ OR HEARD?**

**CALL 612-249-9528**

**THE CULTURAL WELLNESS CENTER'S COVID COMMUNITY COORDINATORS HOTLINE YOU MATTER!**



**Cultural Wellness Center**  
Health · Heritage · Harmony

2025 Portland Avenue South Minneapolis, MN 55404  
612-721-5745 | www.culturalwellnesscenter.org



Like Us on FACEBOOK