

▶ ALLEY CAT FRIEND, PART OF OUR SERIES OF GUEST ARTIST CAT DRAWINGS FROM OPEN STREETS VISITORS

Promises Broken: Minneapolis Advances Plans to Demolish Roof Depot

By STEVE SANDBERG

In a 7-4 vote on September 22, the Minneapolis City Council voted to move forward with its request for proposals (RFP) process to select a vendor to demolish the Roof Depot building. Voting 7 in favor, 4 against, 1 abstention, one absent. In favor: Vetaw, Osman, Jenkins, Palmisano, Goodman, Rainville and Koski. Against: Chavez, Wonsley, Payne and Chugtai. Abstained: Johnson. Absent: Ellison. East Phillips residents and urban farm supporters were denied permission

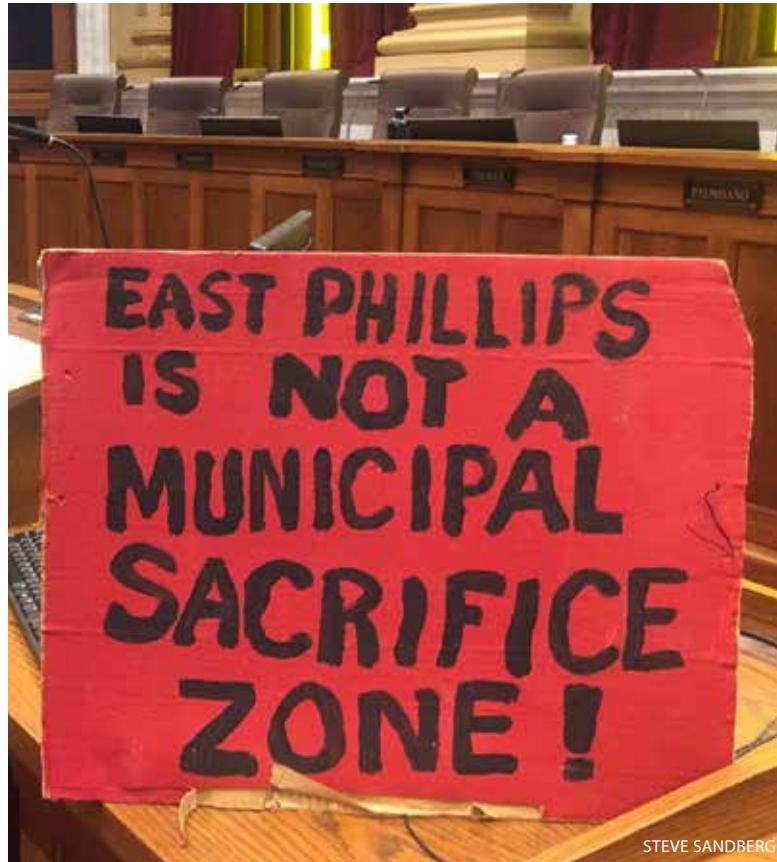
to speak at two previous Council meetings concerning requests for proposals (RFP) for the contracted demolition of the Roof Depot. This despite the mayor's repeated promises dating back to July to schedule a meeting with the city's environmental consultant Braun Intertec to address the community's concerns regarding how they would be protected from arsenic and other known contaminants if demolition occurs at the 7.4 acre site. When those in attendance were again refused permission to speak, the Council President abruptly adjourned the meeting when testimony from the

Urban Farm supporters testify from the floor of an adjourned City Council meeting on September 22, 2022. Only a handful of council members stayed to listen to community members, including CMs Chavez, Johnson, and Wonsley.

floor began. When proceedings reconvened in the afternoon, the 7-4 vote was taken over continued loud testimony from the floor.

Now the East Phillips Neighborhood Institute (EPNI) and its allies will host a series of events to stop demolition leading to the expected Council vote to choose a vendor in November.

Follow EPNI and its actions via social media, join our email list: UrbanFarmMpls@googlegroups.com, and give to Protect East Phillips Go Fund Me.



STEVE SANDBERG

Restoring George Morrison's "Turning the Feather Around: A Mural for the Indian"

By TWO RIVERS GALLERY

The Minneapolis American Indian Center (MAIC) is pleased to announce an agreement with the Midwest Art Conservation Center (MACC) to deinstall, restore and conserve the architectural façade created by the esteemed Minnesota artist George Morrison. The 17-foot high and 94-foot-wide Western Red Cedar mural, funded by the National Endowment for the Arts, was site-specifically designed for the MAIC in 1974. This agreement is aimed to restore the mural, as President of the MAIC Board of Directors, Sam Olbekson, states "keeps with the artist's intent as an outward public-fac-



BEN HEATH

George Morrison's mural "Turning the Feather Around" catches the warm autumn sunlight at its current position on the Minneapolis American Indian Center's southeastern facade.

ing original art piece on the exterior of the building with explicit Native design."

An integral part of this agreement is to incorporate preser-

vation-focused opportunities for Indigenous communities, as MACC will hire two Native American Conservation Technicians for six weeks in the

Hospitals Ignore Nurses' Pleas for Security after Strike

By A MINNESOTA NURSE

After September's state-wide nursing strike Minnesota hospitals are still unwilling to have a reasonable discussion about nurses' labor contract. Nurses are baffled about why hospitals are not playing ball after eight months of negotiations.

Since the pandemic began, hospitals have seen a massive influx of violence, including several instances of visitors bringing firearms onto hospital floors.

Nurses are concerned for their safety and the safety of their patients, but hospitals refuse to do things like add metal detectors. Metal detectors are found in many schools and grocery stores around the state. Should your hospital be less secure than your Cub?

From the start, hospitals have said that they respect their nurses. They were cheerleaders during the pandemic, but when the dust cleared and nurses began demanding better working conditions, they said we were asking for too much. These are

the same nurses who risked—and sometimes lost—their lives during the pandemic. Lip service about respect is not cutting it. Nurses need material change.

Hospitals have said they are financially unable to meet the nurses' demands, yet during the strike they openly offered \$11,000 or more a week to travel nurses who came in as strikebreakers. And this was just their pay—with agencies taking a cut, hospitals' costs were even higher.

Indeed, if hospitals can pay a travel nurse \$3,000 a day, they can afford to pay existing staff \$3,000 more a year. During the 2010 strike, hospitals lost an estimated \$2 million a day. 15,000 nurses went on strike this time. At the rates hospitals were paying them, you can do the math to estimate how much this cost. It is baffling that this loss is financially preferable to protecting the security of staff and patients, or increasing pay to keep up with inflation.

Continued on page 11...

Introducing Emmett

Continued on page 8...

By MARY ELLEN KALUZA and EMMETT BOSTIC

Emmett was recommended for a young artist interview by Steve Dreyer, *alley* board member and Ventura Village page contributor. Emmett's name might be familiar to readers - his byline has appeared on the Ventura Village page multiple times as an intern journalist with KRSM Radio, which broadcasts from Waite House Community Center.

How old are you? Where did you grow up?

Almost 19. I grew up between Otsego and Minneapolis. I've lived in every part of Minneapolis but spent most of my years in North and Northeast.

What high school did you go to?



Emmett Bostic

FAIR High School for Arts
Why did you choose that school?

It was advertised as very inclusive - and it was. I like the arts. Some of my friends also went there.

What was your academic focus?

I was really into math. I like algebra. I took PSEO in high school. I didn't like English, but I like writing essays. I'm more of an informational writer.



Example of the *alley* article and the KRSM Zine

I didn't like writing stories.

Your creative focus?

I was into drawing, fell out of it, but I've started to get back into it. I like to cross-stitch. I made a diorama during my senior year. I just like to do different crafty things in general. And I have a notebook

Continued on page 5...

INSIDE THIS ISSUE!

NOVEMBER EVENTS! P6



COMMENTARY:

WHO WILL LEAD US?: P3

SHOULD'VE BEEN: P2



PLUS:

METRO TRANSIT, DECEMBER DISASTER!: P8

PHILLIPS CLEAN SWEEP: P3

thealley

Alley Communications IS connecting neighbors, promoting art and culture, advocating for issues, building health community, facilitating deliberation, lifting every voice, documenting history, agitating for change, giving truth and democracy a jog forward.

Guided and Informed by:
Phillips residents

Governed by Directors: Cathy Strobel-Ayres, Steve Dreyer, Susan Gust, Lee Leichentrit, John Charles Wilson

Operated by Editorial Leadership Team: Lindsey Fenner, Laura Hulscher, Mary Ellen Kaluza, Carz Nelson, and Harvey Winje

Facilitated by: Graphic Designer and Coordinator, Mattie Wong

Page Coordinators: Steve Dreyer and Daniel Dorff, VV News; EPIC News; Sunny Sevigny, MPNA News; J Randolph, PWNO; Roberta Barnes and Susan Ann Gust, Back Page. Social Media: Lindsey Fenner, Jessie Merriam, Susan Gust

November Contributors to the alley: Heidi Adelsman, All My Relations Arts, Roberta Barnes, Danette Billups, Emmett Bostic, Cultural Wellness Center and CWC Health Hub, Indigo Davitt-Liu, Daniel Dorff, Steve Dreyer, East Phillips Improvement Coalition, Lindsey Fenner, Joseph Grodahl, Susan Gust, Linnea Hadaway, Patrick Cabello Hansel, Ben Heath, Kala Hotakainen, Joshua Lewis, Hennepin County Libraries and Covid-19 Response, Hinterhands Puppet Company, Dwight Hobbes, Laura Hulscher, Sue Hunter Weir, Mary Ellen Kaluza, Marti Maltby, Tim McCall, Darlene McPhersen, Howard McQuitter II, Jessie Merriam, Jana Metge, Midtown Global Market, Midtown Phillips Neighborhood Assoc., Dave Moore, Carz Nelson, Peter Molenaar, Norway House, Phillips West Neighborhood Organization, Kali Pliego, J Randolph, Steve Sandberg, Semilla Center for Healing and the Arts, Sunny Sevigny, Michelle Shaw, Two Rivers Gallery, Ventura Village Neighborhood Organization, John Charles Wilson

DONATIONS

Thank you to neighbors, readers, advertisers, subscribers, GiveMN, and Community Shares MN donations. Alley Communications is a Not-for Profit 501C-3; donations are tax deductible.

the alley is delivered to every house in Phillips by Jeff Matson and to 170 apartments, businesses, places of worship, institutions in Phillips and in nine adjacent **alley** radius neighborhoods by Peter Molenaar.

Board meetings: 6:30 PM 2nd Tuesday by Zoom. Editorial Leadership Team 2nd Monday 8:30 -10:00am, 4th Thursday 6:30-8pm by Zoom.

Correspondence becomes the property of the alley and may be published.

Journalists' opinions in **the alley** and social media are not the opinion of Alley Communications, et al.

**P.O. Box 7006
Mpls., MN 55407**

**submissions: copydesk@
alleynews.org**

**ad inquiries: businessmanager@
alleynews.org
design: design@alleynews.org**

*"When the great newspapers don't say much,
see what the little independent ones say."*

.....Wendell Phillips
1811-1884

**Submissions due the
15th day of the previous
month**



Library News

By CARZ NELSON

All information listed here is accurate as of October 15, 2022. For the most recent information, check out the library website at www.hclib.org

FRANKLIN LIBRARY HOURS

Monday	9 AM to 5 PM
Tuesday	12 PM to 8 PM
Wednesday	12 PM to 8 PM
Thursday	12 PM to 8 PM
Friday	9 AM to 5 PM
Saturday	9 AM to 5 PM
Sunday	12 PM to 5 PM

STEAM WORKSHOP

The Franklin Library's Teen Tech Squad leads education and entertainment for kids 8+ on topics in Science, Technology, Engineering, Art and Math.

**Franklin Library
Wednesday November 2, 5-6 PM**

HOMEWORK HELP

Both Franklin and Hosmer Libraries offer free one-on-one tutoring for K-12 students.

Franklin: Tuesdays and Thursdays, 3:30-7:30 PM

Hosmer: Mondays and Wednesdays, 4-7:30, Saturdays at 1-4 PM

CAREER AND JOB ASSISTANCE

Meet with a CareerForce employment specialist at Franklin Library for job and career help. Stop by for individual assistance with job searching, resume writing, and more!

**Franklin Library
Wednesday November 2, 1-3 PM**

WOMEN OF COLOR AFFINITY GROUP

Looking for a space where women of color can come together and share their experiences? Join the Women of Color Affinity Group.

Hosmer: Tuesdays at 6:30 PM

RESOURCES AND SUPPORT

The Bridge for Youth visits Franklin Library the fourth Wednesday of each month, from 2 to 5 PM. They connect people with resources and provide hygiene items and other supplies. Look for them in their outreach van on the corner of 14th and Franklin Avenues.

FREE FOOD

Franklin and Hosmer Libraries are collaborating with Every Meal to distribute free meal bags. Bags are free for anyone to take, while supplies last.

READING SUGGESTIONS

Looking for a good book to read? You could ask a librarian. At

hclib.org, towards the bottom of the page, you'll find the link Ask us for reading suggestions. This leads to a form you can fill out about what sorts of books you like, and what sorts you don't like. Fill in the form and you will get an email with reading recommendations. If you don't want to fill out a form, you can always ask librarians for recommendations in person, over the phone, or via chat.

AT HOME SERVICE

At Home service is provided free of charge to Hennepin County residents who can't get to a library due to illness, disability, or visual impairment. To apply for At Home service, submit an online application or apply by phone at 612-543-8850.

ASK THE LIBRARY

Have a reference or library account question? You can chat, email, text, or call the library. Chat or email at www.hclib.org/ contact, text to 612-400-7722, or call 612-543-KNOW (5669) to reach library staff by phone.

Español/Spanish: Llame o envíe un texto al 651-503-8013 para recibir ayuda en español.

Hmoob/Hmong: Hu losis text rau lub tsev nyeem ntawv ntawm 612-385-0886 txais kev pab hais lus Hmoob.

Soomaali/Somali: Caawimaad Soomaali ah, soo wac ama qoraal (text) usoo dir maktabada 612-235-1339.

Carz is a Phillips resident and an enthusiastic patron of Hennepin County Library.

Contribute!

give
TO THE
MAX
Nov. 17, 2022

Why?

The alley is the community newspaper of the Phillips Community in Minneapolis. We serve more than 20,000 residents, and many businesses, agencies, schools, and visitors to Phillips. Now in our 46th year of publication, we continue to be a forum of ideas, information, and announcements, all directed at the variety of individuals and groups who are part of this neighborhood. The alley is the only paper to concentrate exclusively on the Phillips Community. This allows us to cover in-depth the issues and stories that matter to the people who live here. The alley is a non-profit organization; our mission is to provide a space where voices that are often ignored by the mainstream media can be heard. The alley counters the often negative portrayal of our community with the narrative of its residents that offer a more balanced documentation of the Phillips community. We encourage community involvement in all aspects of creating the paper.

We want the voices of Phillips to be heard.

How?

Donate at GiveMN or send a check to P.O. Box 7006, Mpls., MN 55407

Something I Said

Should've Been

By DWIGHT HOBBS



Dwight Hobbes

Art Knight should be the next Minneapolis Police Department Chief, but has too much integrity for his own good. That's how he lost his deputy chief position and got demoted, calling the MPD out for entrenched, institutionalized racism. Knight said the department needs to improve how it recruits, trains and promotes minorities and women, stating the obvious. "If you keep employing the same tactics you're just going to get the same old white boys." Chief Arradondo dismayed black Minneapolis at large with that move, since he, himself won his job on the strength of overwhelming black support in a social climate that demanded a change from those same old boys. And, for that matter, racist female cops. In fact, in 2007 then-Lieutenant Medaria Arradondo was part of a successful lawsuit against the MPD on the grounds of an environ-

ment hostile toward black officers.

One has to believe the publicly pull-no-punches Art Knight, not some platitude-spewing token like Arradondo turned out to be, would bend his back to making real change instead of posturing as an affirmative action token. Mayor Jacob Frey, phony as a \$3 bill, has trotted out candidates to nominate: Elvin Barren, Brian O'Hara and, two-for-one token RaShall Brackney. Not one is from the community the next chief will be charged to serve. And you can bet his paramount concern is how well his arm fits up the back of whichever puppet.

Knight has been on the force

more than a quarter century. As chief of staff he oversaw the community engagement and outreach bureau and led the procedural justice team. Importantly, even before came right out and called a spade a spade, the community trusted and respected him. They still do and would soundly applaud his taking the top job. In fact, such a move would go a long way toward them finally taking any stock at all in a white mayor. Importantly, it would also go a long way toward hopefully preventing the next George Floyd.

Well, it's not going to happen. In no small part because there's been no outcry from

the usual self-anointed, arm-chair Mau-Maus. Indeed, none of them called Arradondo to task for the demotion. All they did was come with some mealy mouthed entreaty for him to reconsider. When he gave them his behind to kiss, they should've called for his ouster, but, having paid sufficient lip service, found no pressing need to do the right thing. They'll welcome whatever figurehead Frey puts in supposed authority and that will be that.

Why won't Art Knight be the next chief? For the very reason that he should be. Art Knight has too much integrity.

2022 Minnesota Statewide General Election



Election Day is
November 8

mnvotes.gov

Tales from Pioneers and Soldiers Memorial Cemetery

By SUE HUNTER WEIR
204TH IN A SERIES

Public Health Policy Saves the Lives of Mothers and Babies

Julia Abrams was just 22 years old when she died after giving birth in 1874. Julia is only one of 110 women buried in Minneapolis Pioneers and Soldiers Memorial Cemetery who either died during childbirth or shortly afterward from complications caused by their pregnancies. There are undoubtedly more but since doctors used a variety of words to describe the cause of death, it is hard, if not impossible, to say how many. “Peritonitis” might refer to an infection but it might also refer to something like appendicitis.

The women’s ages ranged from 16 to 53. Anna Griffin was the youngest of the women; she was barely 16 years old when she died; her baby died from malnutrition 15 days later. Mary Zustiak was 53 when she died in 1915. The majority of the women were between the ages of 21 and 39—the ages that we typically think of as child-bearing age. According to cemetery records, 82 of the 110 women were immigrants, the majority of them from Norway and Sweden (34 from Norway, 31 from Sweden). A handful



TIM MCCALL

Julia Abram died from complications of childbirth on June 1, 1874. She was 22 years old. Her husband remarried and Isabell, his daughter with his second wife, died on August 22, 1877 from inanition.

were from Denmark, Canada, Germany, England and Austria/Slovakia. Most of the women were working-class. Most of them were undoubtedly poor. Half of the deaths occurred in the 1880s, years that correspond to the large increase in the number of Scandinavian immigrants.

The connection between a mother’s health and that of her baby seems clear. Forty-one of the women delivered babies who would not live to see their first birthdays. Eight of their babies were stillborn. Ten of them died from marasmus or inanition, words that have been forgotten or at least are rarely used in the

United States any more. Both words refer to some form of malnutrition, and although they are no longer a common cause of death in the United States that was not always the case. Marasmus describes a condition where an infant’s weight is less than 60% of normal, and inanition refers to exhaustion that is caused by inadequate nutrition. Lack of access to clean water was also an issue for many families at a time when more than 90% of births took place at home. Overcrowding contributed to the spread of infectious diseases like meningitis and a variety of respiratory illnesses.

In 1910, there were 124 deaths for every 1,000 live births, and children under the age of five accounted for one quarter of all of the nation’s deaths. Change came slowly but it came. In 1913, the federal government established the Children’s Bureau, which was housed under the Department of Labor. Its goal was to assess and meet the needs of mothers and their children—needs that they viewed as inseparable. The Bureau received as many as 125,000 letters a year from women, mostly working class, many living in isolated areas, asking for advice about subjects that people just didn’t talk about. Many of the women were pregnant and terrified at the prospect of giving birth. They needed both advice and reassurance. Help came in the form of a publication titled

Continued on page 9...

Phillips Community Clean Sweep - Year 19

By JANA METGE, Phillips Community Clean Sweep Coordinator



COURTESY OF PHILLIPS COMMUNITY CLEAN SWEEP

Setting up for Clean Sweep in the Welna Hardware parking lot at 2428 Bloomington Avenue.

Phillips Community Clean Sweep held another successful event this year on Saturday, October 8th. The annual Clean Sweep is planned and organized by the four Phillips neighborhoods together with the City of Minneapolis Solid Waste & Recycling Department.

Thanks to Welna Hardware for hosting the breakfast donated by Allina Health, and supply pick up. Thanks to Involve MN

and CityJoy for donating lunch, and to Sarah, our new Stewart Park Director, for hosting the lunch and Resource Fair.

Participants in the Resource Fair were American Indian OIC, Open Arms of Minnesota, Midtown Greenway Coalition, Phillips Neighborhood Clinic at St Paul’s church, Southside Green Zone, Semilla Center for Healing and the Arts, and

Continued on page 5...

Who Will Lead Us?

By JOSHUA LEWIS

The Dirty Side Deal to the Inflation Reduction Act is a potential parasite, infecting the blankets we need to stay warm, smog in the air we need to breathe, oil in the water we need to drink, poison in the food we need to live, and damage to the shelter we need for protection.

The IRA side deal works against our ability to avoid the most devastating impacts of climate change, by creating a parasitic feedback loop; that both adds carbon to our atmosphere, and creates communities of power that will be opposed to moving towards zero emissions.

The IRA is a necessary step in the right direction. The side deal is a step back.

While mostly positive reviews have come out of the IRA being signed into law, not enough attention is being put on the side deal put forth by Senator Manchin (D).

Significant facts to consider are:



PHOTO PROVIDED BY AUTHOR

Joshua Lewis

Intergovernmental Panel on Climate Change (IPCC) (established in 1988 by United Nations Environment Programme and the World Meteorological Organization) declared that we need to reach a 45% reduction of gas emissions by 2030, and zero emissions by 2050 in order to avoid the most devastating impact of climate change.

Continued on page 8...

TOGETHER—
readers, writers,
organizational supporters,
advertisers, board members,
financial contributors—



TOGETHER—
we make a
community newspaper!

A prime number!

**the alley newspaper
is in its PRIME!**

**lifting up the voices and issues of the
Phillips Community for 47 years!**

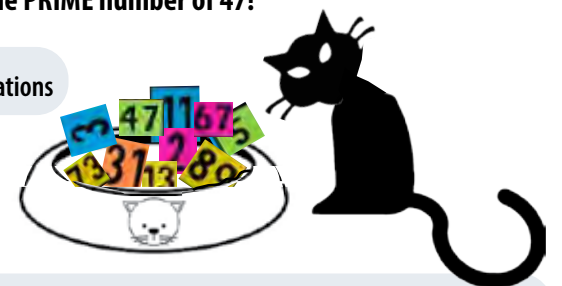
This is a PRIME TIME to do your part for the alley!

A PRIME way is to fill the Alley Cat’s bowl with a financial contribution!!! Any amount beginning with the prime number of \$5 helps! and don’t forget the PRIME number of 47!

**TWO ways to financially contribute to Alley Communications
(publisher of the alley newspaper)**

1. Mail a check made payable to ALLEY COMMUNICATIONS to:
PO Box 7006, Mpls, MN 55407
2. OR make a contribution online at Give MN
<https://www.givemn.org/organization/Alleynewspaper>

*Alley Communications is a tax exempt,
non-profit (501c3) organization.*



Add a note as to WHY you are donating!
It is of PRIMARY importance to keep our vital group of volunteers and staff encouraged and enthused about the work they are doing behind the scenes!



PHILLIPS WEST

Fall Fest

& ANNUAL MEETING

FESTIVAL DE OTOÑO Y JUNTA ANUAL  XAFLADDA DAYRTA IYO KULANKA SANNADLAHA AH

SATURDAY, NOVEMBER 12TH
12:00 PM-4:00 PM
AMERICAN SWEDISH INSTITUTE
2600 PARK AVENUE

FREE FOOD
ARTS & CRAFTS
BOARD ELECTIONS

COMIDA GRATIS
ARTE Y ACTIVIDADES
ELECCIONES A LA
JUNTA
DIRECTIVA

CUNTO BILAASH AH
FANKA &
FARSHAXANKA
DOORASHOYINKA
GUDDIGA

 PHILLIPS WEST
NEIGHBORHOOD ORGANIZATION

 ASI
AMERICAN
SWEDISH
INSTITUTE



EAST PHILLIPS IMPROVEMENT COALITION

COMMUNITY BRAINSTORMING

Join us for a 'Community Brainstorming' meeting for East Phillips Improvement Coalition on **November 10th** from **6pm to 8pm** at the East Phillips Office at **2433 Bloomington Ave.**

Our monthly meeting for November will be inclusive of this meeting, in other words, instead of starting our monthly meeting on that day at 6:30pm, we will be using this time to start at 6pm to talk about the issues that are important to us in East Phillips. This 2 hour session is part of our major 'Equitable Engagement' work that gets to the heart of what residents want and how best they can participate in shaping their own community.

Light bites will be provided.

Please RSVP by sending an email to hindolo@eastphillips.org if you plan to attend on behalf of EPIC.

Please send in your interest by contacting hindolo@eastphillips.org

MICRO GRANTS AVAILABLE

Micro Grants and Skills Share funds are still available for community members to apply for if you have a skill or an idea you think East Phillips Community would be able to benefit from.

Random alley News

By LINDSEY FENNER

▶ Quatrefoil Library Now Has Free Ebooks and Audiobooks for Checkout:

The community library at 1220 East Lake Street has a growing digital collection of new and classic LGBTQ+ books available to checkout with a free Quatrefoil library card using the Libby app. You can apply for a library card in person at Quatrefoil library or apply online. Visit www.qlibrary.org



SEIU Mental Health workers on the picket line at Abbott Northwestern Hospital on October 5.

▶ Mental Health Workers at Abbott Northwestern Hospital Go on Three-Day Strike:

About 160 workers represented by SEIU Healthcare Minnesota and Iowa went on a three-day Unfair Labor Practices strike at Abbott Northwestern Hospital in Phillips and Unity Hospital in Fridley October 3rd through

5th. Mental health workers at Allina and M Health Fairview unionized with SEIU last year and have been negotiating their first contract. M Health Fairview workers were also going to strike, but reached a last-minute tentative agreement. Workplace concerns include safety issues and short-staffing.

▶ Queen of Norway Visits Phillips:

Queen Sonja came for the grand opening of the Norway House cultural center on October 15. Norway House, at 913 East Franklin Avenue, is wrapping up an \$18 million renovation and expansion. Queen Sonja also paid a visit to Mindekirken, the Norwegian Lutheran Church located on the same block as Norway House, attending the church service on October 16. Norway is a constitutional monarchy with an elected parliament.



The first all-female firefighter crew in Minneapolis.

▶ Minneapolis Honors 30th Anniversary of First All-Woman Firefighters Crew:

Continued from page 1...

Emmett, cont.

I maintain with life stuff and video game reviews. It used to be a website/blog thing. I might make it digital again so my hand doesn't cramp up so much! I've also been helping a group of friends on a mod for a video game we all enjoy.

How did you end up at Waite House and for how long?

Mr. Antar at FAIR invited me to work with him at KRSM on and off (because of the nature of the internships) for over two years.

In what roles?

I wrote articles - including for *the alley*, helped curate the Zine, operated the sound board, and mentored new interns.

What did you like about it?

The historic first four-woman crew was Engine 5 at Fire Station 5 at 2700 Bloomington Avenue South in Phillips. The four firefighters were honored with a ceremony on September 23 at Fire Station 5 and the installation of a commemorative plaque at the station. According to the City of Minneapolis, the first female firefighter in Minneapolis was hired in 1986, with the first all-woman crew in 1992. By the early 2000s, about fifteen percent of Minneapolis firefighters were women.

I didn't expect I'd like writing but I found a groove with it pretty quickly.

What topics did you write about for the alley?

KRSM Internship updates as well as a piece on gun violence.

Does your time with KRSM help steer you in a career direction?

I think because I wrote for so long and continue to, it might help me get a full time gig with writing some day. I will always write. I like math and I tried to get a job in a bank but it didn't work out, but that's okay - I'll get there!

Tell us more about your writing.

I write non-fiction, although I like reading fiction. It is world-building, like watching a

movie.

Are there people in your life who have been particularly inspiring?

Everyone in my family, especially my mom. My friends. They feed into my joy and it helps me be creative. My mentors at KRSM were inspiring.

Is there anyone special you would like to acknowledge in the alley?

Michel B, KJ, Andrea, Yonci, and Joseph. Thank you for pushing me and always supporting me throughout the last few years. Without y'all I would have never known I liked to write.

The alley is hoping to see Emmett's byline in the paper again. (Hint hint, Emmett!)

Continued from page 3...

Clean Sweep, cont.

KRSM Radio, who spun tunes during lunch.

Thank you also to our planning team: Joel and Amy from Banyan Community, Nat and Caroline from American Red Cross, Donna Neste, Pete Eichten, Jana Metge, Brad Pass, Mark Welna, Sarah from Stewart Park, Steve from Ventura Village, Michelle Howard, Abdul Mohamed, Jamie Mendoza-Bremer, and Chuck Steddom.

Thanks to all the Phillips

neighborhoods and Wellington, Allina Health, Open Arms of Minnesota, CityJoy, InvolveMN, Thrivent, and LHB Architects for the support to make this event possible. And thanks to Michelle Howard, Minneapolis Clean City Coordinator. Thanks to all the volunteers (Catherine, Joanne, Susan, Banyan youth) who helped during the event, and to Somali TV for the coverage!

Mark your calendar for the 20th Anniversary of Phillips Clean Sweep on the 2nd Saturday in October, 2023!!

Peace House Community - A Place to Belong

To the Unsung Heroes

By MARTI MALTBY

Today I attended the Minnesota Council of Nonprofits' annual conference, and I got to see four people receive Unsung Heroes awards for work they have done to improve their communities. As you would guess, these individuals go about their volunteering quietly, but their dedication and concern has inspired others.

I love the idea of unsung hero awards, because so much recognition goes to people who are already well known, or whose work is plain for all to see. With few exceptions, Nobel prizes, academy awards, and many other awards go to well-known individuals, while few "everyday people" are recognized or rewarded for what they do. I think that's a shame, because so many people work so hard to maintain sanity and stability for themselves and those around them, without the advantages that the big names have. Yes, it would be fabulous if a scientist found the cure for cancer, but they would do that only if they had a well-funded laboratory and a quiet space to think for years at a time. Single parents who keep their kids in school, fed, clothed, and safe from drugs

and gangs would usually love to have just one evening of peace and quiet to think.

I can think of several people who I would nominate to receive an unsung hero award.

At the last Ventura Village Neighborhood Association meeting, one of the Board members ended the meeting by thanking all the volunteers for doing "the most thankless volunteer duty you will ever do". That sounded about right. Ventura Village/ the Phillips neighborhood is at the top of the list for crime and at the bottom for wealth in Minneapolis, but many who live here are determined to stay, to make things better for their neighbors, and to keep plugging away, whether they get properly recognized or not.

A few years ago, I met a single mother who suffered from schizophrenia, and who was raising a son who had fairly severe autism. I only spoke with her for about half an hour, but in that time, I realized the woman had more courage and determination to give her son a decent life than I have ever mustered for anything. That woman should not just receive an award;



Marti Maltby

she should have a national park named after her.

Peace House Community's founder, Rose Tillemans, spent years teaching elementary aged kids. In her autobiography, she wrote openly about the hospitalizations that resulted from the mental health crises she suffered from having a job that overwhelmed her. After her teaching career ended, she founded Peace House Community, and the woman who couldn't face a classroom of elementary aged students gladly welcomed many who were considered the dregs of society with open arms. She created a safe place for those who were rejected or ignored by society. Rose never looked for recognition, but 37 years later (and 20 years after her death), her work is still comforting hundreds of people a week.

I could list more people, but there's only so many words I can fit into this article. So, for all the unsung heroes, I echo the sentiment, "Thank-you for doing all the thankless things you do." You're awesome.

City Songs For Loving The Earth

"Wherever we protest we will go planting"*

By LINDSEY FENNER



Late blooming aromatic aster (*Symphyotrichum oblongifolium*) is an important late season food source for bumblebees and other insects. The name "aster" comes from the Greek word for "star."

As I write this in the middle of October, I am surrounded by the last blazing russet leaves of the wild plum and the rich burgundy leaves of the serviceberry. Most of the goldenrod and aster blossoms have turned into fluffy seedheads, all but the aromatic aster, which remains a spangled purple cloud even after snow and a hard freeze.

Winter hasn't quite begun yet, but I am already planning for spring in my garden because I have applied for a Lawns to Legumes grant. Lawns to Legumes is a program of the State of Minnesota's Board of Water and Soil Resources that provides folks with up to \$350 to create pollinator habitat in their yards. Most specifically, these grants are to help provide pollinator habitat for endangered insects like the rusty patched bumble bee (*Bombus*

affinis).

Why does it matter what you plant in your yard? Surely there are more pressing neighborhood concerns? Because it is still the little things. I cannot singlehandedly solve the homelessness crisis or the opioid epidemic, or stop climate change, or any of the other million big things we struggle with and worry about. But I can take care of this little patch of earth, which also means taking care of everyone who might be passing through it - whether that's migrating birds or butterflies, nesting bumblebees, or yes, humans too.

There are lots of reasons to plant native and pollinator friendly plants. You might want to help save a specific endangered insect, or just love the diversity of insects

* Muriel Rukeyser, *Out of Silence: Selected Poems*

Continued on page 11...

November Events!

**Picture Gallery of the Soul
Through December 10
University of Minnesota Regis
Center for Art (East)
405 21st Avenue South**

Free

The Katherine E. Nash Gallery presents *A Picture Gallery of the Soul*, a group exhibition of over 100 Black American artists from the 19th through 21st century whose practice incorporates the photographic medium, including Phillips' own Walter Griffin. The exhibition honors, celebrates, investigates, and interprets Black history, culture, and politics in the United States. For gallery hours and information on related events, go to <https://cla.umn.edu/art/galleries-public-programs/katherine-e-nash-gallery>

**she who lives on the road to war
Through December 15
All My Relations Arts
1414 East Franklin Avenue**

Free

she who lives on the road to war is an immersive installation and

dance performance created by Rosy Simas in response to global loss and the collective need to come together in peace and reconciliation. The project takes its title from one of the names of Haudenosaunee historical figure Jigonhsasee, whose wisdom and vision helped Hiawatha and the Peacemaker bring the Nations together as the Haudenosaunee Confederacy. *she who lives on the road to war* is a place for visitors to rest, grieve, condole, and meditate. Installations and performances will be hosted at both All My Relations Arts and the Weisman Art Museum (WAM). For gallery hours and performance dates and registration, visit: <https://allmyrelationsarts.com/rosy-simas-danse-she-who-lives-on-the-road-to-war-october-6th-2022>

**Thursday Evenings at ASI
Thursdays, 3 PM – 8 PM
American Swedish Institute
2600 Park Avenue**

Free

Explore the ASI with free museum admission from 3-8pm! There will be live music on select Thursdays. <https://asimn.org>



top: *she who lives on the road to war*, 2022 installation view
bottom: Performers Pedra Pepa (R) and Sam Aros Mitchell (L) in *she who lives on the road to war*.

**Gingerbread Wonderland
November 2 – January 8
Norway House
913 East Franklin Avenue**

**Adults: \$10
Children: Free**

Gingerbread (or in Norwegian, 'pepperkake') is a quintessential feature of the Norwegian holiday season. Towns all over the country come together to build their own miniature cookie cities, bringing families, schools, businesses, nursing homes, and friends all together during the holiday season. We want Minnesota to get in on the fun, too! Since its launch in 2015, our Gingerbread Wonderland has grown to more than 250 structures. You will find a few hundred familiar buildings and landmarks created by our community, including structures by professional bakers and gingerbread enthusiasts of all ages and abilities. <https://www.norwayhouse.org/gbw2022>

In the winter when the sun sets early, it is easy to feel down. Elvis Otter is lonely. His friends try to help, showing him the ways in which winter is wonderful and how to find joy, even in the darkest of seasons. However, as soon as his friends leave, the Goblins come and gobble up his happiness. How can Elvis chase away the darkness and convince his



Stars Above, St. Paul's, November 19

**Wish Work Puppet Series:
With Stars Above
Saturday, November 19, 1 PM
– 2 PM
St. Paul's Lutheran Church
2742 15th Ave S, Minneapolis,
MN 55407**

Suggested donation: \$5-\$10

friends that the Goblins are real? Through hand-carved marionette characters, hand puppets, and beautiful music, *With Stars Above* considers how families and friends can find warmth together in the deepest winter. The Wish Work Puppet Series is a program of Hinterhands Puppet Company. <https://hinterhands.com>

**SPEAK WITH POWER
VOTE**

PLEDGE TO VOTE. MAKE YOUR PLAN TODAY.

November 8, 2022

Ballan qaad
inaad codeyso.
Samee qorshe.

Promete votar y hoy
mismo haz un plan
para cumplir tu promesa
de voto.

Cog lus los pov
npav xaiv tsa.
Npaj ua.

LEARN MORE AT VOTE411.ORG

LWV LEAGUE OF WOMEN VOTERS[®]
MINNEAPOLIS

LWVMPLS.ORG



VENTURA VILLAGE NEIGHBORHOOD



NOVEMBER '22 NEWS

venturavillage.org 612-548-1598 villageventura@gmail.com



Pictured above is Konglo — the “sister” sculpture to Seeds located in Sotra, Norway. Together, Konglo and Seeds offer a visual connection, emblematic of the ties between Norway and the United States of America)

Information provided by Joseph Grodahl and "Seeds" photo credit to Max Stevenson.

October 14 - 16 Queen Sonja of Norway visited Minneapolis.

Although the new Norway House Innovation and Culture Center is technically not open yet, the Queen along with the entire community was invited to a grand opening ribbon-cutting ceremony and outdoor block party on Saturday, October 15.

Greeting visitors at the main entry is the sculpture "Seeds". Seeds is Finn Eirik Modahl's first public art installation in the USA and he is known for creating visually stunning and intellectually interesting artworks that have a social function and an emotional pull.

With Seeds, Modahl takes us into universal and optimistic territory – seeds of change, seeds of hope, and new beginnings — while also allowing us to consider connections between Norway and the USA. The Norwegian Pine tree — represented through the image of a pinecone — is the state tree of Minnesota. This immediately makes a connection between Norway and Minnesota and conjures up thoughts about immigration, memories of the past, and the links to a new land or home.

Pictured Right:
Finn Eirik Modahl (Norwegian)
Seeds | 2022
Polished, cold-hammered stainless steel
Norway House, Minneapolis, Minnesota, USA



Afghan Refugees Settle in Ventura Village By: Steve Dreyer

On our June page we profiled 2 Refugee Resettlement Agencies that are located in our neighborhood and the services they provide. In the past year, the United States has begun taking in refugees in earnest from other countries that are experiencing conflicts, namely Afghanistan and Ukraine.

A refugee is defined as someone who has been forced to flee his or her country, and is unable to return because of a well-founded fear of persecution for reasons of race, religion, nationality, political opinion, or membership in a particular social group. Recently 2 families from Afghanistan have settled in Ventura Village and this is the path they took to become our neighbors.

The U.S. Department of State and Homeland Security decides who is eligible for refugee and asylum status. At least six federal agencies including the FBI, CIA, and the Department of Defense review to see if the refugee or asylum seekers qualify on national security grounds. If the individuals pass these checks, the US Citizenship and Immigration Service can grant immigration status to them. The Department of State then works with official agencies in the different states.

The Minnesota Department of Human Services Resettlement Programs Office (RPO) is the official liaison with federal resettlement programs. Since 2005 Minnesota has accepted about 2000 individuals on average each year as refugees. The RPO works with resettlement services and a network of resources to provide housing, health and medical services, employment, and other human services to help refugees settle into their new communities.

Steve Kutz owns an apartment building in Ventura Village. Since June he has been a housing partner with the RPO and the 2 families from Afghanistan live in his building. Finding sustainable housing is core to a successful resettlement for refugees. From there they can connect to other ongoing community resources.

Connecting Neighbors

By: Kali Pliego, Crime Prevention Specialist

Every day is unique in my job as a Crime Prevention Specialist. My duties and responsibilities span from training the public on personal safety and home/business security, to handling complaints about all types of livability concerns, to attending oh so many meetings. My favorite aspect of the role, however, is the community building that takes place with Block Leaders. Traditionally, the Crime Prevention Specialist recruits, trains, and supports Block Leaders; I've recently decided to add creating a connected network of Block Leaders to my priorities.

On Tuesday, October 4th, twelve Phillips neighbors and Block Leaders gathered for a fun event at Phillips Community Center. I led the group through two team building activities and asked them to share their ideas about “What Heals?” and some Phillips neighborhood memories. Ward 9 Councilmember Jason Chavez, and Banyan Community staff were also present and supportive.

I'm planning to hold more networking events like this one throughout the year, looking at January, April, July, and October 2023 for future activities.

We ended our evening together with the Phillips Quiz! Email kali.pliego@minneapolismn.gov for answers, or if you're interested in becoming a Block Leader.

1. What was the first year of Phillips Clean Sweep?
2. According to Wilder Research, what percentage of Phillips households' primary language is not English?
3. Who is the Phillips community named after?
4. What is the name of our community newspaper?
5. What year did Phillips community divide into 4 distinct neighborhoods?
6. What organization was founded in 1968 (formed in Phillips) and is still active today?
7. How many Tribal Affiliations are represented in the Little Earth community?
8. How many people are employed by Allina/Abbot Northwestern campus?
9. How many schools are within the Phillips community borders?
10. What is the name of the first deer to live in Pioneers and Soldiers Memorial Cemetery?

Thank you from your neighbors at OSCS

By: Kala Hotakainen

In this season of gratitude, Our Saviour's Community Services would like to thank all of the volunteers who help make our work possible. With our community of staff and volunteers, OSCS pivoted during the initial years of the pandemic and we're now adjusting to our new normal. As residents have returned to our shelter on Chicago Avenue after temporarily moving to a hotel setting, they are supported by volunteer shelter aides and meal providers. Students at the English Learning Center are building skills in-person and online, thanks to the many volunteer teachers. Thank you!

Ventura Village Neighborhood News

- Our November general membership meeting will be Wednesday, November 9th at 7 PM. We'll meet in person at the ICCM Life Center, 1812 Park Avenue, and also via Zoom.
- Interested in serving on our neighborhood board? Let us know by contacting us before November 30th. You can call us at 612-548-1598, email us at villageventura@gmail.com, talk to a current board member, or send a letter to Ventura Village at 1815 13th Avenue South, 55404.
- Waite House will be serving its first back - in - person Harvest Dinner since 2019 on Thursday, November 17 from 5 - 7 PM. Chef Jose will be preparing the dinner, there will be entertainment from different cultures, a photo booth, and much more.



Waite house head chef, Jose Llangari, (above) and members from the dance group, Chinelos San Pablo Apóstol (below). Photo Credit: David Pierini

Metro Transit December Disaster!

By JOHN CHARLES WILSON

The latest news out of Metro Transit isn't good. Thanks to a shortage of drivers, one of the worst cutbacks in recent years is coming soon. Unlike past cutbacks, this isn't due to lack of funding, lack of riders, or a pandemic. It is literally because they can't hire enough drivers.

As of 15 October 2022, Route 27 (26th/28th Streets between Hiawatha and I-35W) has been suspended. People are recom-

mended to take Route 21 (Lake Street) instead.

In addition, the following cutbacks in the Phillips community will start 3 December 2022:

The Orange Line will be reduced from once every 15 minutes to once every half hour during the weekday midday period.

Route 9 is being reduced from once every half hour to once an hour except during rush hours.

Route 67 is being reduced from once every half hour to once an hour except during rush hours.

Many other transit routes in various areas of the Twin Cities are also being cut. However, the 9 and the 67 are pretty

important to Phillips as they run along Franklin Avenue. The 9 provides access to downtown Minneapolis, Saint Louis Park, and the Longfellow area. The 67 makes it possible for people to go from Phillips to Saint Paul. It is hard to imagine what it will be like with these buses only running once an hour.

I have information that Metro Transit is raising its starting wage from about \$21 per hour to \$26.65 per hour. Hopefully, this will help overcome the safety concerns and the better opportunities for Commercial Driver's License holders that have made it difficult for Metro Transit to hire enough drivers. Driving transit used to be considered a

desirable job. It should be once again.

The only good news coming this December is the opening of the brand new D Line, which will run every 10-20 minutes and only stop at major intersections. Within Phillips, the Chicago Avenue stops will be at Franklin Avenue, 24th Street, 26th Street, and the Chicago-Lake Transit Center. (I thought this was supposed to be closed and replaced with stops directly on Chicago Avenue and Lake Street but apparently not.) Route 5 will still run, but only once an hour. Routes 39 and 133, which were suspended due to COVID, will be permanently replaced by the D Line.

Continued from page 1...

Morrison, cont.

MACC labs. The Technicians will work with staff to learn art handling and conservation and assist with the de-installation preparations. Chief Conservator and Senior Objects Conservator Megan Emery from MACC states, "We are so excited to work with the Technicians on this project! George Morrison is such an influential artist, and this monumental mural is a local treasure we are honored to help protect and preserve for future generations."

MACC is a non-profit organization for preserving and conserving art and artifacts, providing treatment, education, and training for museums, historical societies, libraries, other cultural institutions, artists, and the public.

The entire project will be conducted over the next 24 months and part of the MAIC's renovation expansion of the facility, adding approximately 21,576 square feet of new space. The facility is one of the oldest non-profit organizations in the region, offering educational, social, and workforce development services for Native Americans through the arts, cultural traditions, and intergenerational programs.

Continued from page 3...

Who Will, cont.

Extraction of gas and mining projects will increase carbon emissions, destroy wildlife landscapes, and work against both our local and specifically our global emissions goal set by the IPCC.

Investing in fossil fuels builds up a socio-economic infrastructure of communities, wealth, power and voters that will be incentivized to oppose mandates that curb fossil fuels impact on the climate.

Thus-

We must ask- are other options possible?

Won't America invest in her

spacious skies, amber waves of grain and fruited plain?

Won't America invest in her people, her infrastructure and renewable energy manufacturing?

During WWII brave decision makers and soldiers fought a great darkness and led the world with hope.

Won't America be the light house needed to preserve her "ship"?

Won't America be the leading exporter of hope so that we can protect and improve our home without destroying her?

Right now we are doing the hokey pokey; one foot in, making the changes that are drastically needed, one foot out. As

the music winds down will we be faced with a climate that keeps going in the wrong direction, while we are spinning around?

The IRA side deal is the result of leading based on fear. Fear of standing strong for what we know we need to do, because it will be too difficult to succeed.

The current and future well being of our society, our wildlife, and most immediately our front line communities of the impoverished, of the climate refugees and of the indigenous communities; needs champions who will refuse taking our destruction as an acceptable compromise.

We need leaders whose love

of winning is greater than their fear of losing.

Who will lead us?

Joshua is a community organizer for Minnesota Interfaith Power & Light, an organization that works in creative, entrepreneurial, policy advocacy and direct action. MNIPL helps communities directly impacted by climate change, and epistemic environmental injustice. They also organize with like minds about steering our state's culture, attitude and policy towards power, dignity, and the transformation possible today and tomorrow. If we believe, and demonstrate our faith through our work, we have won.



MIDTOWN PHILLIPS NEIGHBORHOOD ASSOCIATION INC

www.midtownphillips.org | info@midtownphillips.org | [f midtownphillipsminneapolis](#)



MPNAI BOARD MEETING

Tuesday, November 8, 5:30pm
on ZOOM

- Whether to make the 2023 annual meeting virtual or in-person
- What board members do, and how to get on the board

SAVE THE DATE! ANNUAL MEETING

Tuesday, February 28, 5:30pm

LOCATION TO BE DETERMINED.

Check our website for details closer to the event date at www.midtownphillips.org

THANK YOU

to everyone who
volunteered, funded
and participated with the
Annual Clean Sweep!

We will see you next year!
(2nd Saturday of October 2023)

For agendas and links to join meetings via Zoom, visit www.midtownphillips.org

Like us on facebook
[@midtownphillipsminneapolis](#)

Community meetings
every 4th Tuesday
EXCEPT IN JULY AND DECEMBER

Subscribe to our newsletter at
www.midtownphillips.org



Locally grown and raised foods and natural wellness products since 1972.

317 E. 38th St. (Friendship Store)
2823 E. Franklin Ave. | www.seward.coop



Remembering Patricia Anita Young

By DANETTE BILLUPS and DARLENE MCPHERSEN

Patricia Anita Young, long time resident of the Ebenezer community, has transitioned from her role as artist, writer, and community member, on to the next part of her journey. She was an awesome writer for the Phoenix of Phillips and Access Press.

Patricia wished to be remembered for her love of family, and as a writer, artist and designer. She was a loving

and sharing person.

She was a proud graduate of Minneapolis Central High School and Minneapolis College. She was an administrative assistant at the Animal Care Foundation, a former community editor and freelance writer at Saint Paul Almanac, and a community editor and writer at the Arthritis Foundation.

Although she is absent in body, she is ever present in our minds and hearts as a vibrant part of the Phillips Community.




PHOTO PROVIDED BY AUTHORS
Patricia Anita Young



GLOBAL SOUP COOK-OFF

Saturday, December 3 | Noon - 2pm
Samples from around the world created by Market chefs.
Vote for your favorite.



Proceeds benefit Open Arms 



Saturday, December 3 | 10am - 4pm
The modern, urban + indie-style, art + craft show returns!

MIDTOWNGLOBALMARKET.ORG
920 E. Lake Street | Mpls

One hour FREE ramp parking (ask any store for parking validation).
Become a member of Friends of Global Market to support FREE Live Music, Cultural Celebrations + Community Events. FriendsOfGlobalMarket.Org

COMING SOON!



PROVIDED BY SEMILLA CENTER FOR HEALING AND THE ARTS



Youth artists working on a new mural.

By PHOENIX OF PHILLIPS,
SEMILLA CENTER

Hoping for surprises this holiday season? The next issue of *The Phoenix of Phillips* will soon be in the alley. This issue, whose theme is “Seeding a New Community” will be co-edited by a group of wonderful youth artists. We hope you will be surprised at what they come up with.

Continued from page 3...

Tales, cont.

“Prenatal Care.” Between 1914 and 1921, more than 1,500,000 copies were distributed, and, in 1965, the pamphlet was still in print and it was reported that the mothers of one in three babies had a copy.

In addition to providing needed information, the women who

ran the Bureau played an important part in shaping government programs and policies, many of which are still in place. In 1922, the Sheppard and Towner Maternity and Infant Protection Act passed, the first of many government initiatives dedicated to improving maternity and infant care.

Today, the infant mortality rate in the United States is

5.64 deaths per 1,000 live births. The maternal mortality rate is 20 deaths per 100,000 births. Other industrialized countries have lower rates and there are still many issues, including racial inequities, that need to be addressed. But the Bureau and other like-minded reformers proved that health education and programs that support maternal and infant health save lives.

Boulevard Treasures

By MICHELLE SHAW

The Minneapolis Edible Boulevards Community Outreach Facilitator has been busy creating social media content, and we invite you to follow our new Instagram page. While you’re at it, join our Facebook page too.

If you didn’t make it to our

October cooking class with Kelly Shay, check out the recipe/video on our Facebook page. The Autumn Harvest Salad was absolutely delicious and perfect for using ingredients we’re growing in our gardens. For those who need a healthy recipe that doesn’t take much time, this is the one for you. Huge shout outs to Four Sisters Farm and Tamales y Bicicletas for hosting us on the Southside this summer and to the Seward Co-op, Eastside Co-op, Phillips Garden, and Lowe’s for sponsoring the classes and gardens this summer.

On November 12, we welcome Derek Nicholas of the Division of Indian Work and Wiisnig, to teach us how to make Berry Wild Rice Salad. The grocery list is available on the Facebook event so you can cook along with us on Zoom. Zoom is where our winter cooking classes will take place (registration is required). Mark December 3 on your calendars for the last class of the year with Derek, highlighting Manoomin/Wild Rice once again.

Please reach out with any



Kelly Shay created this autumn treasure at the October Minneapolis Edible Boulevards’ class: Maple Ginger Roasted Butternut Squash w/Green Beans and Corn.

questions or ideas at minneapolis@edibleboulevards@gmail.com. Also, be sure to holler if you need class information and you’re not on FB or IG! We can’t wait to cook with you!




At home in South Minneapolis since 1921

1601 EAST LAKE ST MINNEAPOLIS, MN
612.729.9333 | ingebretsens.com

70+ Minnesota artists



A collaborative of Minnesota artists with an online shop at theartshoppemgm.com

Or visit our shop at
Midtown Global Market,
920 E. Lake St., Minneapolis
612-562-5871

Mention this ad for a 10% discount off your purchase. See website for special offers and more info.

Movie Corner

By HOWARD MCQUITTER II

Barbarian



20th Century Studios 2022
Horror

Barbarian is a very well-rounded horror film that, with its unpredictability and contradictions, is genuinely scary. For what seems like a normal house with normal trappings, below it is a house of horrors. Prepare to squirm in your seat when you see Barbarian.

Tess Marshall (Georgina Campbell) is in Detroit (1980s) for a major convention. Finding hotel space full to capacity, discovers her Airbnb service has been double-booked at a “nice” house in a rundown neighborhood. It is night and pouring rain. Such a perfect setting for scares, a perfect place to be in the wrong places. She rings the doorbell to find another occupant is there. His name is Keith (Bill Skarsgård, who played the murderous Pennywise the Clown) and he is as puzzled as she. He invites her to get out of the rain as everything seems to be “normal” inside the house. Understandably, Tess is wary of Keith; and Keith nervously tries to make her comfortable. He’s a perfect gentleman, offering her to sleep in his room while he sleeps on the couch. In the middle of the night, she awakes to find her door open. She moves from the bedroom to the darkened hallway while calling for



Howard McQuitter II

Keith and getting no answer. Strange house, strange happenings, she walks slowly, not knowing where to go. What she finds going down to the basement is a marked contrast to the upstairs. What’s more, there are unbelievable discoveries below too frightening to elaborate on... no spoiler’s alert!

Another piece to this scary adventure by director Zach



20th Century Studios

Creggar (comes from a comedy background) is not scary in itself-- but a part of the story anyway. The owner of the house AJ (Justin Long) may have to sell the house because he faces sexual harassment allegations on his job as an actor and he is trying desperately to find lawyers to defend him.

Cast: Georgina Campbell (Tess), Bill Skarsgård (Keith), Justin Long (AJ), Matthew Patrick Davis (The Mother), Richard Brake (Frank),

Kurt Braunohler (Doug), Jaymes Butler (Andre), Sophie Sorensen (Bonnie), Rachel Fowler (Meg), J. R. Esposito (Jeff), Kate Nichols (Catherine), Kate Bosworth (Meslisa), Brooke Dillman (A J’s Mom), Sara Paxton (Nursing Video Narration), Will Greenberg (Robert), Derek Morse (Officer # 1), Trevor Van Uden (Officer # 2), Zach Creggar (Everett), Devina Vassileva (Property Manager Assistant), Kalina Stancheva (Young Woman), Julian Stanishkov (Gas Station Clerk).

Director: Zach Creggar.
Screenwriter: Zach Creggar.
Cinematography: Zach Kuperstein.
Music: Anna Drubich.
Running time: 102 minutes.

What Ever Happened to Baby Jane?



Warner Bros. 1962
Black & White Drama/
Horror Thriller

The drama/ thriller feels so much like Alfred Hitchcock, but it is directed by Robert Aldrich (*The Dirty Dozen* [1967], *Emperor of the North* [1973]). To this day, *What Ever Happened to Baby Jane?* has aged quite well.

The story of two sisters starts as children in vaudeville in the early 1900s before becoming movie stars in Hollywood’s pre-Golden and Golden Ages. As for Jane (Bette Davis), her movies are often riddled with being difficult to work with besides her heavy drinking which will



Warner Bros.

carry into her years long after acting. Blanche (Joan Crawford) on the other hand, is much easier to get along with in general and is a better actress than her cranky sister.

The camera moves fast forward several decades later where the two two sisters who never married live in Rudolph Valentino’s old mansion which looks more inviting from its facade than it does inside. By this time, Blanche is wheelchair bound and she depends partly on a very attentive maid Elvira Stitt (Maidie Norman), the only major African American in the movie, who makes two or three visits a week. But the majority of the time, Blanche is subjected to verbal and physical abuse by Jane. Jane feels she has complete control over her invalid sister. Elvira is suspicious of Jane and tries to encourage Blanche to get psychological help for her sister.

Blanche is kept in an upstairs room with bars on the window. She has no connection to the outside except the telephone and Elvira. Jane, angry at Blanche, rips out the telephone, leaving the only other telephone on the

first floor. When Jane runs out of liquor she uses Blanche’s checkbook. Jane drives a 1940s sedan in mint condition. The next door neighbors, Mrs. Bates (Anna Lee) and her daughter Liz Bates (Barbara Merrill, who is Bette Davis’ real-life daughter), are kept at bay by Jane when Mrs. Bates tries to be friendly to her.

Jane puts an ad in the newspaper for a songwriter. A bachelor named Edwin Flagg (Victor Bruno), who lives with his mother Dehlia Flagg (Marjorie Bennett), answers the ad while Jane passes herself off as a professional singer wanting to revive her career. He has no idea Jane has her sister locked up in her room.

Aldrich’s *What Ever Happened to Baby Jane?* is a terrific psychological thriller tied in suspense throughout the film. One can truly say the film has a horror element to it, too.

Cast: Bette Davis (Baby Jane Hudson), Joan Crawford (Blanche Hudson), Victor Bruno (Edwin Flagg), Julie Allred (Baby Jane Hudson, in 1917), Marjorie Bennett (Dehlia Flagg), Anna Lee (Mrs. Bates), Maidie Norman (Elvira Stitt), Dave Willock (Ray Hudson), Robert Cornthwaite (Dr. Shelby), Gina Gillespie (Blanche Hudson, in 1917), Barbara Merrill (Liza Bates), Don Ross (Police Officer), James Seay (Police Officer), John Shay (Police Officer), Jon Sheppard (Police Officer), Peter Virgo (Police Officer), Maxine Cooper (Bank Teller), Debbie Burton (Singing Voice).

Director: Robert Aldrich.
Original Music: Frank De Vol.
Cinematography: Ernest Haller.
Screenwriter: Lukas Heller, from the novel by Henry Farrell.
Running time: 134 minutes.

RETURNING

Returning Chapter 25: Moonstruck

By PATRICK CABELLO HANSEL

Screen one: Luz and Angel stare at the full moon rising, holding little Angel’s hands, for a moment forgetting that their daughter had been taken and they were in a desperate search to find her. For just a minute, the beauty of the moon gave them room to breathe; a space free of fear, full of awe.

Screen two: Agnes, looking at the same moon, 120 years later, holding little Lupe’s hand, knowing that she did the right thing by taking her away from Brian Fleming and his band of criminals. Knowing that it meant the life of her granddaughter Amethyst was in mortal danger. For Agnes, the full moon inspired not awe, but doom.

We cannot stare at beauty or shake with fear forever. We have to move. Agnes took Lupe by the hand and decided to go to the one place that would not ask too



Patrick Cabello Hansel

many questions. It was a shelter for the abused: women, children and others. But it was not one of the official ones which offered shelter, food, medical care and gentle guidance through the web of police, courts and social workers.

No, this was the most underground of underground shelters, run by a woman who was only known as La Conejita: the Little Rabbit. Not that she was small at all. Big in bone, in voice and in ability to strike fear in any man looking to exact revenge or obedience. She sheltered not only women who had been beaten, but women who had fought back, even killing their abusers. She sheltered all victims, innocent or not. Agnes knew that La Conejita would know how to deal with men like Brian Fleming.

Meanwhile, Luz and Angel

were stunned out of their lunar reverie by a cold wind that blew down from the north, that seemed to carry all of winter with it. It shocked them out of their momentary peace; it also emboldened them in their search. They had never dealt with time travel before. But they had encountered many difficult things, and had triumphed over incredible obstacles.

“How do we get back to where Lupe will be?” Angel asked, knowing that he already knew at least part of the answer.

“I think I know a way,” Luz replied, knowing that she barely had a glimpse of what that might be.

“What are you thinking?” Angel asked.

“Remember when we first met?” she said. “When the Migra raided Lake Street, and all hell broke loose?”

“When they grabbed your uncle Jaime in the raid. Before he escaped.”

“Yes. Do you remember where we hid out for a while?” Luz asked.

“In that warehouse with all the puppets, above the Plaza

Verde,” Angel said. “But how do we even find that place? We’re stuck in a time before any of that was even built.”

“Not stuck, Angel,” she said. “Searching. Hoping.”

Angel reached his hand to Luz’ face and brushed the hair the wind had misplaced.

“What are you thinking?” he asked.

“Remember how as we were waiting, we tried on some of the huge puppets, deer and wolf and rabbit, and pretended to be them?”

“Of course!” Angel laughed. “You kept shushing me so we wouldn’t get caught, I was laughing so hard. But I don’t see any puppets around here to put on, do you?”

“No!” she said. “But I guess there are deer and rabbits and maybe wolves in this time and place. What if we just pretended to be them for a while?”

Angel thought it was the weirdest idea he ever heard. But what other options did they have?

“OK!” he said and turned to Angelito.

“Hijo,” he said. “We’re going

to play a game! We’re going to pretend to be deer and wolves and rabbits. Talk like them, move like them. What do you think?”

Angelito looked at his father like he was crazy. But then he said, with a smile:

“I want to be a bear!”

And so with Angelito growling and prowling, Luz hopping like a rabbit then skulking like a lynx, and Angel playing both a deer and the wolves chasing it, they made a terrific noise in the still night. A joyful noise.

And whether it was heaven answering, or the earth itself opening up to their calls, a warp in time slowly enveloped them like a cloud. A cloud of witnesses enveloped them. People who had come and gone in Phillips; the ghost of Mateo Kelly Hidalgo and the ghosts of their own pasts. Like frozen fog it swathed them and carried them up.

As they were lifted, they prayed that they were being lifted back to the present and to their beloved Lupe. Will that be their destination or will there be other stops on the way?

Continued from page 1...

Nurses, cont.

Added to this financial loss is the hundreds of millions of dollars spent by hospitals on expansions and new equipment that does not function well for nurses, as well as record breaking salaries and bonuses for executives. The accusation that nurses are not team players when we have continually risked our lives for our patients is insulting, and hospitals' clear waste of money while denying us better pay and security feels

Continued from page 5...

City Songs, cont.

and birds that these plants attract for nesting, food, and overwintering. Native plants are beautiful in all seasons, and they are usually the most climate resilient plants in your garden. Deep-rooted native plants help reduce runoff and soil erosion, and help store carbon underground. Many native plants are also edible and delicious and fragrant.

There are different kinds of plantings to choose from. You might replace part of your turf grass lawn with a pollinator lawn: a carpet of clovers and low-growing plants that provide food for bees. Or you might create a "pocket prairie," a small insect sanctuary of native grass-

punitive. Any floor nurse can come up with five good ideas to save hospitals money. But hospitals don't ask because they are not interested in us.

Meanwhile, while they claim they are negotiating in good faith, they immediately begin recruiting scabs after the strike in anticipation of another; when we offer to lower our wage demands, they refuse to counter-offer. They refuse to take our security requests seriously, then say nurses are not cooperating. This is an abusive relationship where the victim is blamed.

Hospitals claim they are well es and wildflowers. Establishing a new garden or a bee lawn is work, of course. But there are lots of resources available on the Lawns to Legumes website and from Blue Thumb, the State's non-profit partner, including free workshops and an optional coach if you need more help.

Although I already have lots of native plants in my yard, I'm applying for a Lawns to Legumes grant to help replace some of my non-native trees and shrubs with native ones. My hope is to create a small hedge or thicket of native wild plum, chokecherry, hazelnut, dogwood, gooseberries and wild roses. I love growing native shrubs— they are beautiful and useful all year long for everyone passing through.

staffed, yet every nurse is bombarded with texts begging us to pick up extra shifts. But even with incentive pay, too few are willing to tolerate these working conditions. That should tell them something. When a union staff member confronted a hospital's representatives about their refusal to address the violence and danger facing nurses - violence and danger which effectively puts nurses on disability - the hospital's negotiating team ended negotiations.

Soon after, the hospital sent out a corporate email saying that they ended the meeting because

We won't save the world by planting flowers - but we will make it a better place.

Lindsey is a fledgling Master Naturalist watching the natural world in East Phillips.

Lawns to Legumes information

Applications for Lawns to Legumes will be accepted through January 18, 2023.

To apply: <https://bluethumb.org/lawns-to-legumes/apply/>

More information and resources: <https://bwsr.state.mn.us/l2l/>

Cost-share funding of up to \$350 to create pollinator habitat in your yard. The application period is open until Jan. 18, 2023, and applicants will be chosen and notified in February. Applications will be selected through a randomized drawing, though priority will be given to projects within higher priority areas, and to equitable geographic distribution. Phillips is in the highest priority area for rusty patched bumblebees.

a member of the union staff - one of the few people of color in the room - was being disrespectful for calling them out on not cooperating in the negotiations.

It is only a matter of time before someone is killed because of this refusal to negotiate. Among ourselves, we nurses say that when someone is shot and killed at work, it will finally get the hospital leadership's attention. But then, we reflect. We remember the deadly 2021 shooting at a hospital in Buffalo, Minnesota, and we think, "Well, maybe not."

Editorial Note: the alley very rarely prints anonymous content. In this case we have made an exception to prevent retaliation against the author.

In a decision like this, the importance of the message must be weighed against the potential harm to the author if their name is printed. The balance of power is also an important factor - in this instance, the power of the healthcare industry against a worker raising concerns about industry workplace safety.

Raise Your Voice

The Voice of Minnehaha

By PETER MOLENAAR



Peter Molenaar

Like many in this neighborhood, I don't entertain expensive vacation plans to distant places, but prefer to explore the natural beauty which surrounds and embraces our city. Dakota trails along the Mississippi and Minnesota are known. Minnehaha Creek contains the spirit as well, but upstream from the falls, the bed is bone dry now. Indeed, the dry bed of Minnehaha whispers its own truth, yet MAGA Republicans say it ain't so.

Meanwhile, the Republican Party candidate for Governor has declared that investment in public education is a "black hole" (get it?). Evidently, the concept of reparations in the form of early childhood education is beyond their mental capacity... fixated as they are on granting more tax breaks for the rich and super rich.

Moreover, Kieth Ellison, our hard working, mild mannered "people's attorney" is opposed for the office of Attorney General by a hedge fund attorney! Hedge fund? What's that? Well a hedge fund is a place where a person with a big pile of money puts that pile with a bunch of other piles in order to create a monster which sucks wealth from the

system without adding a tangible thing... all without lifting a finger.

Note:

It was more than a century ago that an activist-philosopher named Lenin made the statement: "We are not indifferent to the outcome of bourgeois elections". In fact, prior to the upheaval in Russia, the comrades there were quite active within the bourgeois-democratic framework, even as they understood that 'democracy' is always seriously flawed under the capitalist system, i.e., bourgeois-democracy is a form of dictatorship of the capitalist ruling-class. However, on the other hand, fascism is an "open-faced" dictatorship of the most chauvinistic sector of the capitalists... and we are anti-fascists, are we not?

And so then...

Here in "the hood", a persona was forged, largely within the walls of Smith Foundry. I am privileged now to participate in the Anti-Fascist United-Front of Labor in support of Democrats, under the banner of the Minneapolis Regional Retirees Council (AFL-CIO). Yet, I openly declare the unsustainable reality of the capitalist

system. Indeed, I have earned the right to speak!

Yes, it is the bloody capitalist system which is heating up the planet... imposing the drought which has silenced Minnehaha. It will be a democratic socialist revolution which restores her spirit and her voice.

WELNA HARDWARE



- KEYS MADE
- LOCKS RE-KEYED
- 5 GALLON PAINT
- EXCELLENT PRICES
- RUG DOCTOR RENTAL
- TRAILERS FOR RENT: OPEN & ONE ENCLOSED
- EXPERT WINDOW/SCREEN REPAIR

Thank you
46
Years of advertising!

Welna in Phillips 2438 Bloomington Ave. 612-729-3526
Welna in Robbinsdale 4140 West Broadway 763-533-2758

Covid-19 Customer Service

Curbside Pick-Up and Delivery Available.
Call each store for most up to date Open Hours

OPEN AGAIN: 2438 Bloomington Av. 612-729-3526



NEIGHBORHOOD NUTRITION IS FALLING FOR FOOD



As we head into this fall season, many of us are reminded of the comfort of enjoying food with family and friends. Many people believe that 'food is just food, but in reality, food is culture, food has many stories and meanings. Food brought people from different cultures together in the past, and it still does that today. Everyone is deserving of care, respect, and nourishment and healthy eating should fulfill this.

GRAIN OF THE MONTH: TEFF

A quick google search comes up with "in good health." Okay, so what is "in good health"? Health can be such an expansive word that defining health becomes an impossible task. It doesn't have to be hard!



Teff bowl made with slow roasted meat, slaw, and homemade barbeque sauce.

One small step is to eat more whole grains . There are a wide variety of whole grains and they taste good too!



University of Minnesota student and south Minneapolis resident, Scott Hoang, prepares an ancient whole grain dish.

"The Cultural Wellness Center's Community Health Hub, community, and the University of Minnesota's nutrition graduate and undergraduate students are working together to redefine health and create a personalized path to wellness using food and culinary heritage." - Ms. Roberta Barnes



Roberta



PHOTOS AND TEXT COMPILED BY AMY ERICKSON, SCOTT HOANG, SHELLY SACK, AND MELISSA JANSMA



Perpetua Nkwenti, an undergraduate University of Minnesota dietetic student.

There are a variety of uses for ancient whole grains that include salads, breads, soups, and pastas.

Because they originate from Asian and African regions, they are highly adaptive to many different dishes around the world.

Ancient Grains - Modern Health

Recipes created by Lourdes Escamilla

Teff Polenta

- 1 cup whole teff
- 3 cups water or broth
- 1/4 to 1/2 teaspoon salt
- 1/3 cup shredded parmesan cheese

1. Combine the teff and water or broth and simmer for 20 minutes
2. Season with salt
3. Serve topped with cheese



Ethiopian Cabbage*

- 1 to 2 tablespoons oil
- 2 cups sliced carrots
- 1 medium onion, sliced
- 2 cloves garlic, minced
- 1 teaspoon curry powder
- 1 teaspoon cumin
- 1 and 1/2 teaspoon paprika
- 1 can (14.5 ounce) diced tomato
- 2 cups potatoes, peeled and diced
- 1 and 1/2 cups water and broth
- 1/2 head cabbage, roughly chopped
- Dash of salt and pepper

1. Heat large saucepan; add oil, then carrots, onion, and garlic, and cook for 2 minutes
2. Add spices and cook for another minute
3. Add the vegetables and water or brother; simmer for 15 minutes or until potatoes are tender
4. Add the cabbage and simmer another 5-10 minutes

*Adapted from Afrianbites.com



Cultural Wellness Center

Health · Heritage · Harmony

2025 Portland Avenue South Minneapolis, MN 55404
612-721-5745 | www.culturalwellnesscenter.org



Like Us on FACEBOOK