BANYAN COMMUNITY SENIOR EVENT! **PG.** 6

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@alleynewspaper

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5 NEWS YOU CAN USE!

GET INVOLVED WITH ALLEY COMMUNICATIONS

THRONE PLAZA'S FUTURE

20th Year of Phillips Community Clean Sweep a Huge Success

By JANA METGE

Another successful Clean Sweep Event on October 14th celebrated it's 20th year! 500 people participated beginning with a quick breakfast and coffee at the Welna Hardware parking lot where volunteers were assigned litter pick-up areas, given pick-up supplies, and 20th Year Clean Sweep T-Shirts; entertained by the music of a small brass band still available on several social media videos; check them out, they were fan-

From 9:30 to noon, residents and groups of volunteers from organizations picked up litter in

all four Phillips Community Neighborhoods - Ventura Village, Phillips West, Midtown Phillips, and East Phillips.

Phillips Community Clean Sweep pays for 6 Trucks staffed by Minneapolis Solid Waste & Recycling. One truck for each of the 4 neighborhoods and two speciality trucks. The trucks along with volunteers went through the alleys and streets picking up tires, appliances, mattresses, old furniture, electronics, and extra trash neighbors need to dispose of are picked up at no cost to them

Continued on page 11..



Clean Sweep volunteers do some amazing heavy lifting into City compactor trucks.



An imagined rendering of a diagonal pedestrian/bike path through a city block. The pathway itself could be gravel and not add more impermeable paving to the urban environment.

Phillips Imaginary: No. 1

Diagonal Pedestrian Paths with Mary Ellen Kaluza

By MATTIE WONG, Radicle Land Collective

The purpose of Phillips lowed this logic - the grid is Imaginary is to consider alter- a geometrically efficient shape natives in our built environment for city services, bus lines with from the minds of residents, whether or not they would ever be considered in reality. You can't build or debate what you can't imagine, first!

In this inaugural article, Radicle Land Collective talks to Mary Ellen Kaluza, a long-time Phillips resident, about diagonal cut-throughs to aid pedestrian movement in our very gridded

The midwestern grid we are so familiar with was devised by Thomas Jefferson during the late 1700s when various purchases of land were made. The grid was seen as an efficient way to survey and parcel out the land in order to be sold off and settled to fund the thenyoung US government. Gridded American cities generally fol-

fewer transfers, and maximizing building space. Some would argue it sprang out of puritanical ideas of social order and neatness. Various other ideas of urban street design have existed in the past and are changing even now in the present. Many European cities were built radially from the center, in order to be more defensible in war. Culdu-sacs and sprawling suburbs that concentrate residential and commercial areas in our recent era have greatly changed the logistics of living.

In Minneapolis, our grid system creates blocks that are .1 miles N-S and .05 miles E-W, on average (the grid shifts 45 degrees in the Downtown and Marcy Holmes neighborhoods, in orientation to the river).

corner would be a distance of .15 miles. If there were diagonal pathways for pedestrians across the city, this could be reduced to .11 miles per block. Of course, this would have rippling effects, such as changing where buildings could be built and the size and shape of alleys and backyards. Mary Ellen Kaluza specifically talks to us about why this could boost walking in the neighborhood.

Radicle Land Collective: What is your idea?

Mary Ellen Kaluza: Incorporate more pedestrian-friendly walking infrastructure into urban design. We are stuck on this right angles grid pattern that is terribly inefficient. And unnat-

When walking, to get to one **RLC:** What inspired this idea? corner of a block to the opposite MEK: I've lived in the Phillips community for nearly 44 years. And I have worked in Phillips or nearby for the vast majority of those years. I walk most of the year to and from work. (I confess to cheating in the summer by riding my bike - it lets me stay home for a few more minutes). I choose medical providers based on whether or not I can walk to them. I describe distance in how many minutes it takes me to walk there.

> RLC: Why do you think it would help the neighborhood? MEK: I often felt irritated by having to walk all the way to a corner when a diagonal shortcut was more direct and appealing. It occurred to me that there isn't a creature on this planet that

> > Continued on page 7...

Peace House Community -A Place to Belong

Simple Pleasures

By MARTI MALTBY



Marti Maltby

Lately, the negativity of the world has affected me more than usual. Over the last few months, several supporters and members at Peace House Community have died or experienced some form of trauma. World news has been bleak. The mornings are darker and colder. Sadly, I'm one of the fortunate ones, as I know many people have to deal with more problems than

I recently asked some friends what helps them cope when they start feeling overwhelmed. As a group, we had a difficult time finding an answer. It turns out that, if there's one thing that will increase someone's sadness, it's finding out that there's no clear antidote to sadness.

Eventually, I did experience something that lifted my mood. Peace House Community held an anniversary event where we went out of our way to say thank-you to our supporters. In the past, anniversary parties have been a combination of "Thank-You Party" and "Please Give Us More Money" events. I've always felt a bit manipulative telling our supporters how much they're support means and immediately trying to get more from them. It felt so much better just to say thanks. After all, we've survived the last three years on the backs of people who pray for us, donate money and supplies, and give their time. If it wasn't for all these people, PHC would have died decades ago.

But there was more to it than simply saying thank-you. This was our first in person anniversary party since covid changed everything. I got to see many supporters and former volunteers who hadn't come to our building in years. I also met some who had only been names on our mailing list to me. As I said several times during the evening, it felt like

Continued on page 5...

the alley **Alley Communications is**

a Not-For-Profit organization.

The Mission of Alley **Communications is**

- promoting art and culture.
- advocating for issues, building healthy community
- facilitating deliberation,
- lifting every voice,
- documenting history, agitating for change,
- giving truth and democracy a jog forward.

Guided and Informed by: Phillips residents

Governed by Directors: Steve Dreyer Susan Gust, Rico Morales, Cirien Saadeh, Cathy Strobel-Ayres

Operated by Editorial Leadership Committee: Laura Hulscher, Mary Eller

Kaluza, Carz Nelson, and Harvey Winje

Business Facilitated by: Sonya Ewert **Production Facilitated by:** Graphic Designer + Coordinator, Mattie Wong

Page Coordinators: Steve Dreyer and Daniel Dorff, VV News; EPIC News; MPNA News; Roberta Barnes and Susar Ann Gust, Back Page. Social Media: Jessie Merriam, Susan Gust

November contributors to the alley: All My Relations Arts, Banyan

ommunity, BareBones Puppet Theatre Roberta Barnes, Bohdan Burmich, The City of Minneapolis, Cultural Wellness Center and CWC Health Hub. Steve Dreyer, Edible Boulevards, Exposed Brick Theatre, Linnea Hadaway, Hennepin County Libraries, Hennepir

History Museum, Hinterhands Pupper Company, Dwight Hobbes, Laura of Color, Mary Ellen Kaluza, Marti Maltb Jana Metge, Howard McQuitter II, Nount Olive Lutheran Church, Midto Global Market, Midtown Phillips

leighborhood Assoc., Minneapolis Park and Recreation Board, Dave Moore, Peter Molenaar, Rebecca Pera, Phillips West Neighborhood Organization, Kerri Pickett, David Pierini, Kali Pliego, Carz Nelson, Pillsbury House + Theatre Quatrefoil Library, Radicle Land

Marcie Rendon, The Renlie Family, Jak Ryan, Senior LinkAge Line, Michelle Shaw, Somali TV, Ventura Village Neighborhood Organization, Jetta Wiedemeier, Mattie Wong, and zAmya Theater Project

Collective, J Randolph, Redesign, Inc.

tisers, subscribers, and GiveMN. Alley Communications is a Not-for Profit 501C-3; donations are tax deductible

in Phillips and to 140 apartments, busi esses, places of worship, institutions in Phillips and in nine adjacent neighborhoods.

Board meetings: 6:30 PM 2nd Tuesday by Zoom. Editorial Leadership Team 2nd Wednesday 8:30 -10:00am, 4th Thursday

Correspondence becomes the prop erty of the alley and may be pub-

its social media are those of the author and artists and do not necessarily reflect the official policy or position of Alley Communications, its Board, Editorial

> bors or writers. **Alley Communications** P.O. Box 7006

Submissions due the

TECHNOLOGY HOUR

puters, smartphones, tablets, and e-readers. Library staff are available to assist you on your own devices and library computers.

Franklin Library Sundays and Tuesdays at 1 to 2 PM

driven by curiosity. For adoles-

Tuesdays 4-5:30 PM

Join us for Coffee &

month 10 AM to 12 Noon

Franklin Library Tuesdays at 3 to 5 PM

STEAM WORKSHOP

Tech Squad leads education and entertainment for kids 8-plus on topics in Science, Technology, Engineering, Art and Math.

Franklin Library Wednesdays at 5-6 PM

EMERGE

A Workforce Coach from EMERGE will be available to work with people aged 16-21.

Franklin Library

Franklin Library

ASSISTANCE

how to get it out there? In this session you can learn how ro launch your book into the world. Register at hclib.org.

Hosmer Library Tuesday, November 28 at 6 to 7:30 PM

VIDEOGAMES AND VR

Come hang out for an afternoon of Nintendo Switch and Virtual Reality. Whether you're looking to place first in MarioKart or just hang out with friends, this is the place to be!

Franklin Library Wednesdays 3-4:30 PM

PUZZLEMANIA!

Puzzles! Games! And tons of fun! Join us at Franklin Library for an afternoon full of games for youth and their families. Activities include puzzles, card games, and a variety of tabletop

Franklin Library Thursdays 1:30-3:30 PM

Second Friday of the

WAY TO GROW

vide support and education.

The Franklin Library's Teen

Tuesdays at 4 to 5:30 PM

ANIME CLUB

Anime Club for adolescents. Friday, November 17 at 3 Wednesdays 6:30 - 8 PM

CAREER AND JOB

Meet with a Minnesota Job Partners employment specialist at Franklin Library for job and career help. Stop by for individual assistance with job searching, resume writing, and more!

Franklin Library **Second Monday of the** month 1 to 5 PM

HOMEWORK HELP

Both Franklin and Hosmer Libraries offer free one-on-one tutoring for K-12 students.

Franklin: Tuesdays and **Thursdays at 3:30 to 7:30** PM, Saturdays at to 5 PM **Hosmer: Mondays and** Wednesdays at 4 to 7:30, Sundays at 12 to 3 PM.

SMALL BUSINESS INFORMATION

The City of Minneapolis Small Business Team is holding public office hours at Franklin Library. This is a great opportunity for people with questions about starting, maintaining, or expanding their businesses. Please feel free to drop in - no appointment needed.

Franklin Library Second + fourth Tuesdays 12-2 PM

VETERAN RESOURCES

Senior Outreach Coordinator of MACV (Ending Veteran Homelessness), will be available to talk to veterans and connect to resources.

Franklin Library Thursdays 12 to 1 PM

RESOURCES AND SUPPORT

The Bridge for Youth visits Franklin Library the fourth Wednesday of each month, 2 to 5 PM. They connect people with resources and provide hygiene items and other supplies. Look for them in their outreach van on the corner of 14th and Franklin

Franklin Library Fourth Thursday of the month 2-5 PM

FREE FOOD

Franklin and Hosmer Libraries are collaborating with Every Meal to distribute free meal bags. Bags are free for anyone to take, while supplies

READING SUGGESTIONS

Looking for a good book to read? You could ask a librarian. At helib.org, towards the bottom of the page, you'll find the link, Ask us for reading suggestions. This leads to a form you fill out about what kind of books you like, and what kind you don't like. Fill in the form and you will get an email with reading recommendations. If you don't want to fill out a form, you can always ask librarians for recommendations in person, over the phone, or via chat.

AT HOME SERVICE

At Home service is provided free of charge to Hennepin County residents who can't get to a library due to illness, disability, or visual impairment. To apply for At Home service, submit an online application or apply by phone at 612-543-

ASK THE LIBRARY

Have a reference or library account question? You can chat email, text, or call the library. Chat or email at www.hclib.org/ contact, text to 612-400-7722, or call 612-543-KNOW (5669) to reach library staff by phone.

Español/Spanish: Llame o envíe un texto al 651-503-8013 para recibir ayuda en español. Hmoob/Hmong: Hu losis text rau lub tsev nyeem ntawy

ntawm 612-385-0886 txais kev pab hais lus Hmoob. Soomaali/Somali: Caawimaad Soomaali ah, soo wac ama qoraal (text) usoo dir maktabada 612-235-1339.

Carz is a Phillips resident and an enthusiastic patron of Hennepin County Library.

How to write a

LETTER TO THE EDITOR

Letters to the Editor are always welcomed and will be published. Three important criteria: no foul language, do no harm to an individual, must be "signed" by the author. Letters may be edited for length.

email your letter to copydesk@ alleynews.org no later than the 15th of the month, by 5pm

Redesign, Inc. **Coming to** Colliseum **Building**



Coliseum Building, 27th Avenue **South and East Lake Street.**

The recovery and healing of the Coliseum Building will be one of the most significant redevelopnt projects along the Lake Street corridor following the civil unrest caused by the murder of George Floyd in 2020. In partnership with three BIPOC small business owners, the historic building will be brought back to life, ensuring long-term affordability for up to 30 BIPOC and local entrepreneurs and

The goal of Redesign Inc., the onprofit community development corporation behind the project, is to create generational wealth for BIPOC small business owners by equitably redeveloping a site that was damaged during the unrest.

The redevelopment will provide approximately 85,000 square feet of commercial/retail/office space and an incubator for local BIPOC professionals and BIPOCled firms. It will serve as a retail and commercial hub for the East Lake Street community and catalyze future adjacent development.

alleynews.org • November 2023

Tales from **Pioneers and Soldiers**

By SUE HUNTER WEIR 216TH IN A SERIES

Memorial Cemetery

Vaccines and antibiotics have saved countless lives

With No Vaccines and Antibiotics **Thousands Died of Diptheria**

More than 800 people buried in the Cemetery, almost 670 of gious disease, was spread through them children, died from diphthe- coughs, sneezes, and occasionally ria, a disease that has for the most touch. People who lived in close part disappeared. It was a particu- quarters were particularly vulnerlarly cruel disease, one that often able. It was so frightening that claimed two or more children of the Mpls. City Health Department a family's children within days reported the number of new cases of each other. Parents stood by in the local papers every day. watching their children struggling to breathe. So-called doctors and of infected households, and the healers claimed to have liniments, ointments, and blood purifiers that guaranteed a 100% chance of a stay away. The only known way cure but it wasn't true. There were to stop the spread was through no antibiotics, no vaccinations, nothing in the way of a cure.

There are about 50 other families who lost two or more children within days of each other.

Marcie Rendon is an author's

author. Among her accom-

plishments: Murder on the

Red River, Girl Gone Missing,

Sinister Graves (crime nov-

els), SongCatcher (Minnesota

History Theater), Pow Wow

Summer, Farmer's Market:

Families Working Together

(non-fiction) and *Dreaming*

Into Being (poetry). She's

won a slew of awards, includ-

ing McKnight Foundation's

Distinguished Artist Award,

Pinckley Prize for Debut Crime

Fiction and WLA Children's

Q: You're producer/director/

creator of 'Free FryBread'

(Raving Native Productions) a

mock telethon mercilessly sati-

rizing America's prison system

and its treatment of Indigenous

A: [It] came about as a result

of me receiving the LIN

(Leadership in Neighborhoods

Award) back in the early 90s.

The goal for me, for the award,

was to create a viable Native

American presence in the Twin

Cities Theater community. I

met with all the various artistic

directors around the Cities. I

did not want to create a 'new'

theater or 501c3 - I wanted us,

people. How'd that happen?

to the alley.

An Author's Author

Something I Said

Bv DWIGHT HOBBES

Diphtheria, a highly conta-

They also reported the addresses

Health Department often posted

signs on doors warning people to

E. L. Allen's wife, Hattie,

was 36 when she died on May 15,

1875. Their one-year-old daugh-

ter, Mary, died from membrane

croup on the same day that her

quarantine and isolation.

Dwight Hobbes to the already existing theaters. Another part of the project was to gather Native folks who might be interested in theater [once] a month for a year, provide food and open the table for discussion. Somehow out of that came also working with Out of Hand Book Award. Marcie Rendon the idea to create a Minnesota Theater in Atlanta, Georgia gave the following interview Fringe piece, which became on my script, Say Their Free FryBread.

> Q: It has been, to say the least, well received.

A: Sold out run at Bryant/Lake Bowl Fringe 1999. We did it at the Women's Club for another Fringe. Were invited to the St. Croix Casino for their dinner show the next year. We did an adapted version at Intermedia Arts titled Free FryBread and Chitlins Too. It included a spoof of Ike & Tina Turner.

Q: Stitches of Tradition, children's picture book, is slated for late 2024. Anything else?

A: In the spring of 2024, University of Minnesota Press is publishing *Anishinaabe Songs* Native folks, to have access for the New Millennium. Fall of encouraged them to write their

2024 will see a stand-alone crime novel - not a Cash Blackbear novel - Where They Last Saw Her from Ballantine Bantam Dell-Penguin Random House. This is a contemporary crime novel with cell phones and all. Later in the fall of 2024, HarperCollins' imprint Heartdrum will publish Stitches of Traditions about a grandmother who gets shorter and shorter and makes ribbon skirts for her granddaughter who gets taller and taller. I am Names, a performance piece about #mmiw [Missing and Murdered Indigenous Women] for the Equitable Dinners productions. Working [hard] on

Q: Why whodunits?

A: Why not? Actually, my favorite books to read are crime novels so it made sense to write in that genre.

Q: You still active empowering

A: During the school year of 22-23 I, with Sigwan Rendon and Serene Eidem, met with the women who are Little Earth Protectors one time a month. During that time I **POETRY**

Even though you can't see us, we never left

By MARCIE RENDON

From Bdote rise Wic'ahpi Oyate From the sky to the waters, the Star people rise From the birthplace of the people 38 plus 2, their spirits ride

September 22, 1862 **Emancipation Proclamation** 'on this day...all people held as slaves

Shall be free..

East to west, now back again

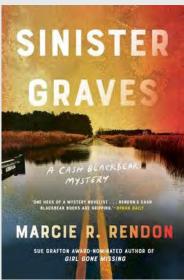
December 26, 1862 'Anxious to not act with so much clemency... nor with so much severity as to be real cruelty...

I ordered... 38 plus 2 Dakota hung From Mississippi Bluffs to Bde Maka Ska Their warrior spirit's ride At Cloud Man's Village, rest Their people exiled to the prairies of the west 38 plus 2, their spirits ride

In plain sight, in exile Great-great-grandsons, soul weary, sit in Denny's brush black strands of hair Off foreheads lined with prison worry They don't let on they can hear 38 plus 2, horse hooves clack Journeying east to west Great-great-granddaughters from Little Earth Push great-great grandbaby in strollers across the Martin Sabo Bridge, exiled, in plain sight, Car-less, without a credit card for An uber or a lyft, they stroll to shop at Hi-Lake The breath of 38 plus 2, provide security Riding on the wind, east to west And back again

Men and women warriors, exiled in plain sight, rise Men and women sing Spirit songs, the AIM song 38 plus 2, in the smoke you can see From the sky to the waters the Star people rise

Look for a new book of poetry, Anishinaabe Songs for the New Millennium, in Spring, 2024 (University of Minnesota



Soho Press, Incorporated.

story of their actions immediately following the George Floyd uprising and what they did to protect the Little Earth housing and surrounding community. In June 2023, we published a chapbook of their writing. Since non-native folks arrived here, Twin Cities journalist and our stories have been written by everyone else. Sigwan Rendon

and Serene Eidem provided Reiki healing to the women who wanted that. This was the opportunity for these courageous women to write their story, from their perspective for future generations to read. Funding was provided by Minneapolis Creative Response Fund.

Q: How do you feel, what do you think, reflecting on your success?

A: I am grateful to the 'greater universe' for giving me this gift to write and the time and ability to share it. I am also happy that I get this opportunity to write Native stories, from a Native perspective, for Native folks - and others to

essavist.



One-on-one help with com-

URBAN 4-H

A youth leadership club that's

Franklin Library

COFFEE & CONVERSATION

Conversations. FRANKLIN LIBRARY HOURS Franklin Library

Way to Grow connects parents of kids ages 0-8 to a culture-to-culture family educator to help with resources and pro-

Thursday, November 2 at

at 1 to 3:30 PM Eternals (PG-13) Franklin Library Thursday, Novémber 30

Thursday, Novémber 16

Hennepin

Library News

All information listed here is

accurate as of October 15, 2023.

For the most recent information,

check out the library website at

9 AM to 5 PM

12 PM to 8 PM

12 PM to 8 PM

12 PM to 8 PM

9 AM to 5 PM

9 AM to 5 PM

12 PM to 5 PM

By CARZ NELSON

www.hclib.org.

Monday

Tuesday

Wednesday

Thursday

Saturday

MOVIE MATINEES

Franklin Library

Indian Horse (NR)

Franklin Library

1 to 3:30 PM

Sunday

Friday

at 1 to 3:30 PM **JUNK PALEOGRAPHY**

using a lot of imagination and recycled materials. Materials **Franklin Library**

Grades 1-5. Work with an art-

ist to create your own version of

a dinosaur, the Junkosaurus, by

to 4:30 PM

BE YOUR OWN PUBLISHER Have a story but don't know **DONATIONS** Thank you to neighbors, readers, adver

the alley is delivered to every house

6:30-8pm by Zoom.

Opinions in the alley newspaper and Leadership Committee, or other neigh

missions: copydesk@alleynews.org

Mpls., MN 55407

15th day of the previous month



Fredricka Renlie, the beautiful lit-

tle girl second from left, died from

diphtheria on July 21, 1914. She

was ten years old. She was one

of more than 670 children bur-

ied in Minneapolis Pioneers and

Soldiers Memorial Cemetery who

died from diphtheria.

mother died. Croup's symptoms

are almost identical to and often

confused with diphtheria. Sarah,

the daughter who was born the

day before her mother, died ten

days later on May 25th. On May

27th, the Minneapolis Tribune

reported that the couple's two

remaining sons, six-year-old

Eddie and three-year-old Willie

had diphtheria but their doctor

held out hope that Eddie, while

gravely ill, would recover. He

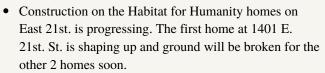
Continued on page 10..



VENTURA VILLAGE

New Homeownership Opportunities in Ventura Village By: Steve Dreyer

• On October 5th Hope Community held an open house event for their building at 628 E. Franklin. They acquired the building in 2021 and began construction last year. 628 was built in 1904 as a luxury apartment with 6 flats. In 1921 it was subdivided into 21 units and later 23. By 1990 it was old, used, and foreclosed. It remained on Minneapolis's vacant and boarded list until 2021, longer than any other building in the city. Hope Community developed it in partnership with the City of Lakes Community Land Trust. Its seven units will be sold as perpetually affordable homeownership condominiums



- This fourplex at 2112 16th Avenue South is one of 16 currently being built throughout Minneapolis. It is a program of Community Housing Resources (CHR),a nonprofit owned and controlled by the Minneapolis Public Housing Authority (MPHA). Called the Family Housing Expansion Project (FHEP), it is an opportunity for families who qualify to buy affordable homes. Currently nearly 3100 residents live in CHR homes and FHEP will enable 84 more families to join them.
- If you would like further information on these homeowner opportunities, please send us an email.







Ventura Village News

- Our November membership meeting will be Wednesday, November 8th at the ICCM Life Center. We'll meet at 7 PM in person and you can also join us via Zoom.
- If you're interested in discussing and learning more about the challenges of crime, homelessness, and city policy in our neighborhood we've been meeting every other Wednesday, 1:30 at the Life Center. In November we'll meet on the 8th and the 22nd. Bring your ideas and concerns

"El Pueblo Unido..."

By: Kali Pliego, Crime Prevention Specialist "El Pueblo Unido..."

There is a chant that is often repeated at marches that I know best in Spanish—El pueblo unido jamás será vencido! The literal translation of this to English is *A united people will never be*

I recently had a visit from dear friends from Guatemala, and we were reflecting on how this chant is used mostly in political and activism settings—a community is demanding some change and is united in the call for it. My Guatemalan friends and I talked about how powerful of a concept this really is, in terms of community

As a Crime Prevention Specialist, many of my working hours are spent talking with community members about crime—from specific incidents to trends to brainstorming solutions to the problems we face. In my deepest hopes and dreams for my role, I wish I spent more time on community building activities. I believe the key to long term community safety lies in the individuals who make up the community being deeply and thickly woven into each other's lives. This is the vision of the "united people" and the power we have, in being united, to not be conquered by crime or predators.

I attended the Southside Peacekeeping Coalition's September meeting at the Norway House (thank you Joseph and all the organizers!). We got a glimpse at this vision when neighbor Rico took the microphone and said, "My name is Rico. Now that we know each other, and have seen each other in this room tonight, I hope you will say Hello to me when you see me around." Yes, Rico! Exactly! This is where the bonds begin that will unite us as a community. I am fully on board with this vision for South Minneapolis!

Save the Date: 3rd and 5th Precinct Crime Prevention Specialists will be holding a Block Leader Training on November 9th at 6pm. Physical location is still TBD, and the meeting will have a virtual option. Contact me for details kali.pliego@minneapolismn.gov

Review Your Medicare Plan Every Year

By JETTA WIEDEMEIER BOWER, for the Senior LinkAge Line and Trellis

It's important to select a Medicare plan that meets your needs and fits your budget. It's also important to review that plan every year to see if the benefits within it have changed or if your current situation requires a different plan. You may discover the doctor you like is no longer in your network, or that a medication you take is no longer covered. You can choose a different plan, but only at certain times of the year with certain types of plans.

You can change your Medicare Advantage, Cost or Part D plan once a year during the Medicare Open Enrollment Period, from October 15 to December 7. If you have a Medicare Advantage plan, you have a second opportunity to choose a different Medicare plan. That period is January 1 to March 31. Medicare beneficiaries can also change plans at other times under certain circumstances using a Special Enrollment Period.

Don't Believe Everything You See on Television

Some companies that offer Medicare plans run televilot of information to people will have done your homework to

enrolled in Medicare. The reality is, Medicare plans are designated by state, county and zip code, so when you see someone on TV making promises, some of

In Minnesota, you have Board on Aging delivered by you.

they are not affiliated with any insurance company. Our trained available plans in your area.

The only thing you have control over with Medicare is selecting a Medicare plan, so we encourage you to utilize this free, unbiased service. Depending upon what you need, you may find a plan that provides some dental coverage or a more cost-effective Medicare Part D drug plan that covers your prescriptions.

After you meet with one of our counselors, you may decide to sion commercials and mail a keep the plan you have, but you

make sure it still works for you. And if you're a person who likes to do your own research, a counselor can tell you what questions to ask to get the answers you need. what they're talking about may Review your Medicare plan and Enrollment Period. Schedule an access to free, unbiased assis- in-person or phone counseling tance from Medicare counselors appointment at trellisconnects. from the Senior LinkAge Line® org/get-help/medicare. Or call the our Southside participants this and Trellis. The Senior LinkAge Senior Linkage Line® at 800-333-Line is a service of the Minnesota 2433 and a specialist will assist Southside youth intern. We're

...... Jetta Wiedemeier Bower has a sign up to create a "shared fruit" Senior LinkAge Line master's degree in public poli-Medicare counselors are different cy. She is the volunteer and outfrom insurance brokers because reach manager for the Senior Linkage Line, a free service of the Minnesota Board on Aging, counselors can help you review delivered by Trellis and other your current plan and look at Minnesota Area Agencies on

Cooking Up a Storm with Edible Boulevards

by MICHELLE SHAW

Edible Minneapolis Boulevards partnered with participants in both Green Zones to create some amazing new boulevard gardens in 2023. One of them was at the Powderhorn prepare for the Medicare Open Park Neighborhood Association office, which is already an amazing space as it is. Kieran Morris was the instructor for year, and Lucy Jarman was the so appreciative of them and all the participants who continue to garden space for neighbors and passersby for a minimum of 3

Our cooking classes for the rest of the year will be on Zoom only, where we invite you to cook along with the instructor in your own kitchen. Registration can be found in the description of each event on our Minneapolis Edible Boulevards Facebook page. Coming up on November 9, Kelly Shay of Harmonious World and Wellness will be making an incredible Savory Butternut Squash (the grocery list is posted on the event page now!) On December 9th, we're excited to collaborate for the first time with Compassionate Action for Animals and their



Family and friends plant sideby-side with Minneapolis Edible **Boulevards instructor Kieran** Morris and 2023 Southside intern Lucy Jarman.

series "Cooking with Tamuno." We'll find out at Kelly's class what delicious entree Tamuno Imbu will be whipping up with

Join Minneapolis Edible Boulevards on Facebook or Instagram, or reach out to minneapolisedibleboulevards@ gmail.com if you'd like more

After spending time with community members in both Green Zones, Michelle Shaw knew she could best partner with community through food justice; Minneapolis Edible Boulevards was born in 2019.

Continued from page 1...

Peace House, cont.

a reunion of old friends.

I was much happier the following morning than I had been in quite a while, and I spent time pondering what had caused my change in mood. There were many factors, but I think a large part of it was that I got to do something simple that reminded me of calmer times. I talked with old friends. I relaxed. There's nothing magical or mystical about it. But at the same time, I wasn't trying to relax and make myself feel and even if they do work, we better. If I had, I'm sure I would have kept asking myself, "Are as we are doing the activity. you calm yet? How long will it take you to get happy?" Instead of relaxing, I would have turned the event into a chore.

Maybe that's why my friends and I couldn't think of the things we do to cheer ourselves up these days. Cheering ourselves up keeps the focus on our own moods. The things we do to cheer ourselves up sometimes don't work at all,

usually are happy only as long Once we stop, the good feelings stop too.

I wish I could distill exactly what caused my good mood and bottle it up so that I could take a sip whenever I needed it, or I could pass the bottle to someone else who needed it. Obviously, I can't, but at least I can say that happiness does still exist, and that there are breaks in the clouds

GIVE TO THE

a reality: this free paper costs money...

.50 cents per

paper,

specifically

About two-thirds of these costs each month come from ads

and page sponsors. Help this vital community-governed

newspaper grow and add important programming like

community journalism trainings. Fill our BOWL so our mighty

staff and volunteers can make this happen!

we do really need you to keep going.

Contribute!

Donate at GiveMN, or send

a check to P.O. Box 7006,

Mpls., MN 55407

sometimes, and that simple pleasures can still bring pleasure. Hopefully, that will be enough. •••••

Marti Maltby is an avid cyclist. Director at Peace House Community, and an obnoxiously proud Canadian.

times thousands

of papers delivered

throughout Phillips

and surrounds...well,

you get the idea.

Thank

you!

News You Can Use

Get Free or Discounted Internet and Technology You might be eligible for free or low-cost internet services

and a discounted computer. The City and County are partnering with local providers to help make the internet more accessible through:

- Discounted internet for household use
- Free temporary internet access at Wi-Fi hotspots
- Free internet access to public sector information including City, County and State resources
- Low-cost computers
- Public computer access
- Personal help from a "digital navigator"

Minneapolis residents can call 311, email 311, or go to minneapolismn.gov/government/programs-initiatives/digital-equity/internet-services to find details, a list of resources, and see if you qualify for different internet services programs.

Eligible Hennepin County households can pay for internet service and get a discount on a device through the Affordable Connectivity Program. Find out if you qualify for the program at hennepin.us/your-government/projects-initiatives/technology. This information is also in Spanish, Somali and Hmong

Energy Assistance: Stay Warm and Safe this

The Energy Assistance Program helps pay energy bills for eligible Minnesotans! The program is free and provides benefits of up to \$1,400, plus additional support to respond

Both renters and homeowners can qualify. Eligibility is based on income and household size. For example, a family of four could earn up to \$62,822 annually and qualify to receive financial assistance with energy bills. For details in English, Español (Spanish), Hmoob (Hmong), or Soomaali (Somali) go to mn.gov/commerce/energy/consumer-assistance/energy-assistance-program

Learn About New Protections for Minnesota

Tenant advocacy organization HOME Line is hosting a series of free live and recorded public education seminars to get the word out about new renters' rights laws passed by the legislature in 2023 and going into effect in 2024. These include expanded eviction notification requirements, standard minimum temperature requirements, the right to inspection and more. Go to homelinemn.org/newlaws to learn more and download a summary of the new protections.

Share feedback on Mayor Jacob Frey's recommended 2024 City budget

There are two upcoming public hearings for people to provide feedback on Mayor Jacob Frey's recommended 2024 City budget. Comments can also be submitted online at the City's website.

The public hearings will take place at City Hall, 350 S 5th Street, Room 317, at 10 am Wednesday, November 1st and at 6:05 pm Tuesday, December 5th (this will be a Truth in Taxation hearing, The City Council will vote on adopting the budget following the hearing).

To learn more about the mayor's recommended budget, key dates in the approval process, FAQs and more, visit minneapolismn.gov/government/budget.

Have more news to use? Drop us a line at: copydesk@alleynews.org

NOVEMBER EVENTS

Creative Expression Sessions: Theater Workshops Tailored for Unhoused Individuals Tuesdays November 7, 14, 21, 28 December 5, 12, 19 **Downtown Minneapolis Central Library 300 Nicollet Mall**

zAmya Theater Project announces its fall session of weekly drop-in theater workshops for individuals looking to learn about performance, working together, and creative play. People who have experienced housing instability are especially encouraged to attend. Workshops are produced in partnership with Hennepin County Library.

Workshops are free and open to anyone, and zAmya provides coffee, snacks, and bus tokens. No experience is required, and participants may attend just one or come to all!

The Box King Saturday, November 4 10:30 - 11:30 AM **Hinterhands Puppet** Company 2742 15th Ave S \$5-\$10 sugg. donation

Told with hand carved marionettes and a transforming cardboard box, The Box King is a family show following two kingdoms joined together through the marriage of their leaders. But what happens when the king loses the queen and cannot remember who anyone is any longer? Is putting everything and everyone into boxes the way to keep things organized, or is there more to an organized kingdom?

Aabijijiwan / Ukeyat yanalleh **Through January 13 All My Relations Arts 1414 E Franklin Avenue**

All My Relations Arts is pleased to present Aabijijiwan / Ukeyat yanalleh, a collaborative exhibition reflecting on the Misiziibi (Big River, Ojibwe) by artists Karen Goulet and Monique Verdin, who have created multimedia artworks inspired by their research, past residencies, and cross-cultural conversations about how the Big River or Misi-ziibi Headwaters and Delta Mississippi have been in conversation with each other for thousands of years. This exhibition is a moving contemplation about our place near the water and under the stars. For gallery hours go to allmyrelationsarts.org.

Diwali Celebration Saturday, November 4 12 - 3 PM Midtown Global Market 920 East Lake Street

Experience the celebration of Diwali, the Hindu Festival of Lights, at a free family friendly community celebration. Dance performances, art activities, a Home, which features more than fashion show, music and more!

Faraway Home: Tibetans in Minnesota **Through Spring 2024 Hennepin History** 2303 3rd Avenue S Pay As You Can

This exhibit highlights the Tibetan refugee and resettlement experience and the Tibetan community in Minnesota today through Tibetan history, Buddhism, and art. Photographs by both local Tibetan photographer Tenzin Phuntsok Waleag, and nationally acclaimed photographer Keri Pickett are featured in the exhibit. For visitor hours and information on other exhibits go to hennepinhistory.org.

2023 Naked Stages Fellows Performances November 9 – 18 Pillsbury House + The-3501 Chicago Avenue

The PH+T Naked Stages program provides mentorship and support to early career performance artists in Minnesota. This year's performances by fellows Dakota Blankenship (Why Am I Here?), snem DeSellier (grief hole round hole), and Yoni Light (A girl finding the Goddess) highlight their personal and unique talents honed over the course of the 7-month fellowship. For information about dates, times and programs, go to pillsburyhouseandtheatre.org, or contact eliseg@ pillsburyhousetheatre.org.

Enjoy the Season with Senior Community! Thursday, November 16 9:30-11:30 AM **Banyan Community 2529 13th Avenue S**

Banyan is hosting a fall themed gathering for neighborhood seniors 55+. Enjoy creative activities, community building conversation and delicious treats, and go home with your very own pumpkin spice mix! For more information on Banyan Community, go to banyancommunity.org.

Following My Spirit Home Saturday, November 18 2 - 4 PM **Quatrefoil Library** 1220 East Lake St

Free - Registration Req.

Join two spirited author and artist Sam Zimmerman / Zhaawanoogiizhik as they share their work Following My Spirit 80 vibrant and colorful images accompanied by stories, mostly based on tales Zimmerman's grandfather told him or from his own experiences in nature along the north shore of Lake Superior. The stories are presented in both English and Ojibwemowin with the goal of advancing language revitalization. Eventbrite registration via qlibrary.org/events

No Coast Craft-O-Rama December 1 - 2 **Midtown Global Market** 920 East Lake Street

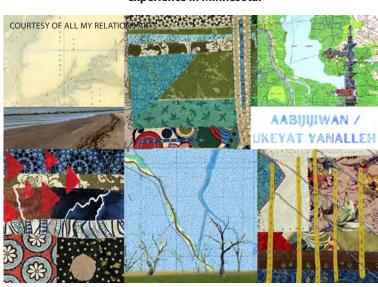
Join us for another amazing shopping weekend at No Coast Craft-O-Rama! We have 60+ fantastic local artists and makers for your shopping pleasure. Come ready to shop and eat! Hours are Friday 4 pm - 8 pm, and Saturday 10 am - 4 pm.

Our Lives, Our Books: A Short History of LGBTQ **Publishing** Saturday, December 2 2 - 4 PM **Quatrefoil Library** 1220 East Lake St Free - Registration Req.

Enjoy a discussion with queer writer, editor and publisher Catherine Lundoff on the history of LGBTQ+ publishing in the US, using examples from Quatrefoil's collection. The publishing process itself is often one that takes a back seat to the writing and the creative portion of making a book, but it is important in and of itself. The ability to publish books with our communities in mind is critical to keeping queer voices available for the future. Event includes a discussion and live Q&A. Eventbrite registration via qlibrary.org/events.



History Museum, highlights Tibetan culture and resettlement experience in Minnesota.



Advent Procession: A Service of Lessons & Carols **Mount Olive Lutheran** Church **3045 Chicago Avenue** South **Sunday, December 3 4 PM** Free

Arts presents its annual Advent Procession Service with Mount Olive Cantorei and David Cherwien, Director & Organist. Mark the season with a solemn procession and a series of lessons and carols for Advent and enter this season of hope in the darkest time of the year. Candles, incense, and beautiful music all invite the listener to engage in this profound liturgical season. For further information on this event, and on the Music and Fine

Arts program, please email can-

music-fine-arts-series.

Mount Olive Music and Fine

Aabijijiwan / Ukeyat yanalleh, by artists Karen Goulet and Monique Verdin, will be showing at All My Relations Arts through January 13th.

COMMUNITY BRIDGE chanksgivin Food Shelf

Come to our Thanksgiving Food Shelf for FREE food for you and your familiy and FREE pastries day of!

Saturday, November 18th

9:00am - 11:00am The Center for Changing Lives

2400 Park Ave S





tor@mountolivechurch.org, or go 2023 Naked Stages fellows Dakota to mountolivechurch.org/music/ Blankenship, snem DeSellier, and Yoni Light will present new works at Pillsbury House + Theater

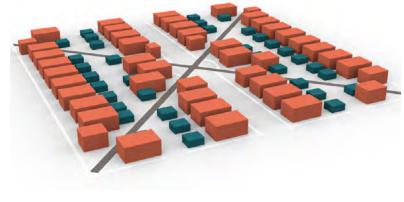


Continued from page 1... Diagonal, cont.

travels at right angles. Diagonal routes could encourage more walking to places we need to go. It can save time, boost moods, provide free exercise, and make the neighborhood feel safer with more people walking about. I can imagine creative landscaping and public art being incorporated to enhance the trip to work, the library, the grocery store, your sister's house...

RLC: Is this something you think could actually happen? Why or why not?

MEK: It would be hard to transform the rectangular grid we have built around. But there are certainly areas where diagonal shortcuts can be immediately added: public areas like parks or government property, parking lots, commercial properties, and maybe even private property. New construction and developments should prioritize walkability, not parking spaces or fences. It wouldn't require much imagination. Many trails have already been blazed by those refusing to go at right angles.



RLC: Will it cost money? **MEK:** Yes. Will it be worth it? I certainly think so.

RLC: Finally, Who are you? **MEK:** My name is Mary Ellen Kaluza. I live in the Ventura Village part of Phillips and work in the Phillips West part. I routinely cut corners on my walks wherever I can! And crab about those corners I can't cut. (Full disclosure - I do own a car but it spends most of its time in the most of the time)

Above: A computer model overview of what a Minneapolis cityscape with diagonal pathways could look like over multiple blocks.

Red represents housing, blue garages, and dark grey the diagonal pathway. At this scale, you can see how lots shift in size and shape, creating interesting interfaces between public and private

Radicle Land Collective is a landscape design/build firm driveway, where cars should be interested in the land we have in common and our collective stewardship of it. Have an idea for 'Phillips Imaginary'? Send us your thoughts at: radiclelandcollective@gmail.com.



Above: Diagonal pathways would require complete reconstruction of blocks, which, barring some specific circumstances, is pretty infeasible. A real-world solution could be pedestrian cut-throughs roughly in the middle of blocks, where there is enough space between houses and where homeowners agree it would be an asset to the community at large. This creates a smaller grid at the pedestrian scale and separated pedestrian and auto circulation systems.



November 7th

Find your polling location, make a plan, go with a friend.

Get your voice counted!



READ NOT TO CONTRADICT AND CONFUTE, NOR TO BELIEVE AND TAKE FOR GRANTED... **WEIGH AND** CONSIDER'



the alley invites you to CONSIDER writing a note or letter to the paper, for feedback or





www.seward.coop



artists.

Visit our shop at Midtown Global Market, 920 E. Lake St., Minneapolis 612-562-5871

NEW LOCATION ON THE FOOD COURT!

Mention this ad for a 10% discount off your purchas See website for special offers and more info.

GET INVOLVED WITH ALLEY COMMUNICATIONS!

Re-printed from October 2023...

A Letter to the Community

Beloved community,

We at the alley are devastated by the loss and violence being experienced in Phillips as of late. There are few words to say that haven't already been shared a thousand times already, and we are hurting alongside of you.

The heaviness of life in Phillips has reared its head often this past year. We grieve for the fentanyl and drug epidemic, our houseless neighbors, our Muslim neighbors in the wake of the mosque vandalizations a few months back, the shootings that have left multiple communities mourning, and those experiencing a constant state of fear because of violence in the neighborhood or at home. These most recent tragedies have reminded us that we haven't offered enough space in this community newspaper to hold these griefs. It's hard to remember, or even to see, the ways in which we care for each other in dark moments. It's sometimes harder still to see why small acts of care would even be worth it.

We are a community newspaper, and often don't have more to add to the official facts about events, especially since we almost solely rely on articles written by community members - but we have always attempted to be a space for discussion, debate, and sharing. We'd like to hold an official space for our December issue for folks to write in or share photos about how we care for each other, our griefs, and ideas to improve what is in our power to. A space to let your neighbors know you care, how you like to be cared for, and a space for remembrance of those we have lost.

Grief, and its antidote - care - has deep roots in this Community.

May we create the peace we seek, and may we find it reflected in the faces of our neighbors, - The Editorial Leadership Committee at the alley

To submit stories and photos of care, please email copydesk@alleynews.org by November 15th, 2023. Questions about how or what to submit can be directed to this same email

Yard Waste Collection Ends Week of November 27

By THE CITY OF MINNEAPOLIS

City customers' garbage day for the week of November 27 to December 1 will be their last 2023 pickup for leaves, brush and other yard trimmings. The yard waste collection season is permanently extended through the end of November to accommodate late-dropping leaves.

Minneapolis Solid Waste & Recycling customers can set properly prepared yard waste at their alleys or curbs next to their garbage carts by 6 AM on garbage day. Set yard waste out in a reusable container, in compostable bags (paper or BPIcertified compostable plastic bags,) or bundled with string or twine (no wire or tape).

Other requirements Reusable containers must be 32-38 gallons in size and at least

26 inches high with sturdy handles. Reusable containers are provided containers. Any container, bag or bundle

must weigh less than 40 pounds. inches in diameter and less than check the City website (min-

State law and are not accepted.

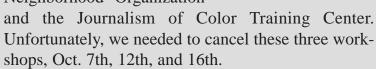
Raking leaves into the street is against the law and bad for our lakes, creeks and the river.

City customers are encourlifted and emptied by hand; they aged to set out properly prepared must be easily managed. Yard yard waste as soon as possible. waste is not allowed in City- There will be no additional 2023 yard waste service after the last scheduled pickup.

For questions about leaf and Branches must be less than 3 brush pickup, customers can neapolismn.gov,) or call Solid Bags marked "biodegradable" Waste & Recycling at 612-673or "degradable" do not meet the 2917 Monday through Friday.

Friends of *the alley*:

Many of you may have seen an announcement in the latest issues of *the alley*, promoting a series of trainings alongside Phillips West Neighborhood Organization



community good.

Our three organizations believe in playing fair and fair pay. While we deal with the logistics and First Amendment issues inherent to this challenge from the City Attorney's office, we also know we cannot continue to do the work of this grant without guaranteeing fair pay for members of our team.

We appreciate your support in all of this and we will keep you updated as things unfold.







shops, Oct. 7th, 12th, and 16th. The workshop dates were announced after we received notice from the City of Minneapolis to proceed with the community journalism trainings funded by a grant through their Partnership Engagement Fund. However, in the last few weeks, we've learned that the City Attorney's office is holding up the grant funding our project because they question whether or not community journalism, like the alley, serves a





Thank you to everyone who came out to our Fall Festival & Annual Meeting! We had a phenomenal time with everyone and we can't wait for the next big event with you all!

During the event, we held our annual election which included four open board seats, four candidates, and

The results are as follows:

Board Members Elected:

- Jen Jang (reelected)
- Genna Mastellone (reelected)

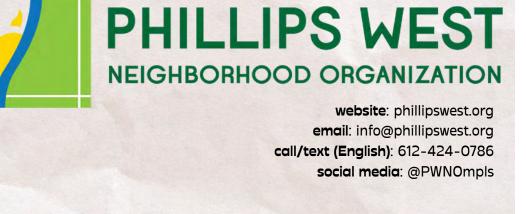
one proposed budget amendment.

- Steve Roos (reelected)
- Michelle Malone (elected)

Budget Amendment: Approved

Stay tuned to get the latest on all of our upcoming plans and events by subscribing to our newsletter and checking our website!

Until next year!





MICHELLE MALONE

GENNA MASTELLONE

STEVE ROOS BURRENT TREASURER

Raise Your Voice

Breaking News: Nokba 1948

By PETER MOLENAAR



Al Nokba (the disaster) was the beginning of the settler invasion which drove Palestinians from the long established gardens which sustained their spirit. Hey, it was not so long ago that I conversed with a young Palestinian at the Cedar Food & Grill (the corner grocery which serves Little Earth). Bulldozers had flattened his family's lemon groves... all in the name of Hitler's ghost. Hence, the Gaza Concentration Camp has confined over two million people.

Breaking News: October 7,

It was closing time when I descended the stairs to the space called Mayday Books. was sure to unfold.

Indeed, the biblical dilemma

between "do unto others..." and

an "eye for an eye" was man-

ifesting, even as Israeli bombs

obliterated whole families while

(Note: this West Bank address they attempted to flee. The world has always been within the terriwill now remember a forgotten tory of *the alley* news.) Craig and Patrick immediately brought me Dakota War, 1862... up to speed. What was Hamas thinking? Yet another disaster

within a narrow strip of land along the Minnesota River, they voices this community is privprior to the expulsion. (Note: tion with the moral universe are *solution*.

presently, the Historical Society maintains the homestead of my German ancestors, located on the south bank of the river.)

Confined and deprived Going Forward...

Among the indigenous Abunimah on YouTube. rebelled against the odds. When ileged to embrace is the noted Peter Molenaar advocates a

A demonstration for a free Palestine held in Minneapolis this

urged to check out Nick's podcast: A Nightmare and a Dream: Palestinians Rise Up with Ali

put down, they were further academician Nick Estes. All broad united-front, even as he concentrated at Fort Snelling those seeking a deeper connec- describes socialism as the future





Join the Board of Alley Communications

and help other volunteers grow the organization to more fully fulfill its mission- "to inform and engage the Phillips Community".

Email susananngust@gmail.com to discuss and learn

Call for copyediting volunteers!

make an impact in local, community-based journalism

Time commitment: 3-5 hours a month. Email: copydesk@alleynews.org

Continued from page 1...

Clean Sweep,

and thanks to this Event and its

many Sponsors and Volunteers.

The Event ended with Lunch

Thanks to these individuals,

businesses and organizations

that gave donations of time, ser-

vice, facilities, and labor and all

Welna Hardware for the

Parking Lot staging area, Allina

Health for breakfast, San Pablo

Lutheran Church for coffee,

Steve Sandberg for organizing

the brass band, American Red

Cross for organizing volunteers,

Hennepin County Sentencing to

Service for workers, Mpls Park

and Recreation for Stewart Park

use, Banyan Community Stewart

Park Event organizing, lemon-

ade and City TAPS for water,

INVOLVEMN for lunch, Open

Arms MN for desert, City Joy-

of Bethlehem Baptist Church

for serving lunch; AND all of

the other Event Sponsors the

4 Neighborhoods, Wellington

Management, Thrivent, DJR

Architects, KRSM Community

Radio, the alley newspaper,

New American Youth Soccer

Club, Somali TV, KALY Radio,

KRSM Community Radio,

Development Institute/NACDI,

Waste & Recycling Dept.,

the other Sponsors, too.

and a Resource Fair & Activities

cont.

at Stewart Park.

A Haunting in Venice

*** **20th Century**

Studios 2023 Mystery/Drama/ Thriller

By HOWARD MCQUITTER II



Howard McQuitter II

First, Haris Zambarloukos' cinematography of Venice is stunning. Second, Kenneth Branagh as detective Hercule Poirot in Agatha Christie fashion, I think passes the test here. He has taken Christie's charac- and danger, (at least in the movters in previous work such as ies). A couple of films that the remakes of *Murder on the* may reflect these sensations are Orient Express and Death on Eva (1962), directed by the late



Venice seems to draw one in from almost any point. It has ancient villas, grand cathedrals and narrow streets. It also has the sense of romance, intrigue

Joseph Losey, a drama/romance; and Don't Look Now (1973), directed by the late Nicolas Roeg, a drama/horror/mystery.

something there doesn't quite fit The year is 1947, the winds of that her death is by suicide. World War II in the minds of the people. Detective Hercule Poirot cause of death nearly everyhas recently retired and moved body becomes a suspect. The to Venice. In one of the early young woman's former fianscenes, Hercule Poirot (Kenneth cé, the screwy doctor, and the

reminisced about its history

in the community and the

artist behind it, Rafala Green.

Branagh) is sitting with a friend, housekeeper become suspects. mystery writer Ariadne Oliver All during this ordeal it is pour-(Tina Fey), somewhere in ing rain in Venice and near-Venice. She asks him to attend a ly every scene is at night. (I seance, but he's skeptical believ- wish Michelle Yeoh's characing seances to be nonsense. To ter had received more screen please his friend, he goes along time.) I would also argue that with attending the event. She A Haunting in Venice fits more into the category of a "psycho-Reynolds (Michelle Yeoh, last logical mystery/drama/thriller".

Director: Kenneth Branagh.

Cast: Kenneth Branagh (Hercule Poirot), Michelle Yeoh (Mrs. Reynolds), Jamie Dornan (Dr. nuns and children are having Leslie Ferrier), Dylan Corbett-Bader (Baker), Amir El-Masry (Alessandro Longo), Riccardo Scamarcio (Vitale Portfoglio), Fernando Piloni (Vincenzo Di Stefano), Tina Fey (Ariadne Oliver), Camille Cottin (Olga Seminoff), Jude Hill (Leopold Ferrier).

> Music: Hildur Guðnadóttir. Cinematography: Zambarloukos

Art **Director:** Susanna Codognato.

Running time: 103 minutes.

••••• Howard McQuitter II is a longtime movie critic. He has been reviewing movies for since 2002.

What's the Future of Phillips Gateway **Cultural Mosaic Art?**

Made By Rafala Green and Hundreds of Youth Artists 30 Years Ago at Franklin and Chicago

By LAURA HULSCHER

The viability of the Phillips Gateway Plaza, at the NE corner of Peavey Park, is now under review by the City of Minneapolis, which is responsible for its maintenance and upkeep.

If you have thoughts about the Plaza or public art in general, please fill out the city's survey to help determine its

If you have questions related to this survey or project please contact Sarah Linnes-Robinson, Contractor, MPLS Art in Public Places, at sarah. linnesrobinson@minneapolismn.gov. Scan the QR code to go to the survey.

The alley newspaper, June, 2023 featured an interview with Edric Knight, a community member involved in the construction of the Phillips Gateway Touchstone Plaza. In that interview, he





Section of Throne Plaza Detail of Throne Plaza

Continued from page 3... Tales, cont.

didn't. Eddie died on May 29, 1875. Willie recovered but within less than two weeks, four of the six members of his family had

also has in mind proving Mrs.

year's Best Actress winner for

Everything Everywhere All At

Once) to be a fraud. The seance

takes place at an ancient palazzo

the same night some Catholic

a Halloween party there. The

palazzo at one time had been an

orphanage for children where

mistreatment of children was

commonplace - even some

deaths occurred. There may be

ghosts around the mausoleum so

be aware of some strange under-

takings taking place. However,

the seance centers around

Rowena Drake (Kelly Reilly)

who lost a daughter Alicia Drake

(Rowan Robinson) in the palaz-

zo from an alleged suicide. Yet,

As Poirot investigates the

There are about 50 other families who lost two or more children within days of each other. Six families, including the Allens, each lost three children. In 1874 the Stomprud family lost three children in less than two weeks: Hana, aged 10 on September 21st, and four-year-old Harry and sevenmonth-old Arnt both on October 3rd. In 1888, the Hatlestad family lost 23-month-old Theodora and five-year-old Eliza on February 10th. Tina, Theodora's twin sister, died on March 6th. The family lost another daughter, Mabel, to cholera infantum two years later. In 1890, the Leitzman family lost five-year-old Caroline on January 21st, eleven-year-old Carrie on January 27th and eight-year-old Charles on January 29th. In July of that year, the Seidler family lost ten-year-old Fredrick on July 25, five-year-old Willie on July 31st and seventeen-year-old Daniel on August 7th. Ellen Frykman, aged ten, died on May 8, 1895; her sister Esther died on May 18th, aged eight, and three-year-old Mabel died on June 8th. Their families' grief and heartache are unimaginable.

In 1891, the City's Health Department came under heavy criticism when Lillian Stanchfield, aged 14, died. Her cousin had been visiting the Stanchfield family when he came down with diphtheria. He stayed with Lillian's family and she was sent to stay with her cousin's family while he

recovered. A doctor declared him cured and the two children went back to their respective families The Stanchfield home was said to have been disinfected and fumigated but Lillian got sick and died a few days after she arrived home. A story in the Minneapolis Tribune published an article that criticized physicians and the Health Department for lax enforcement of rules for sanitizing homes. In some cases, families were left to take care of it on their own; in others, Health Department staff were said to have done the work haphazardly. After more than one hundred years, it isn't possible to say whether that criticism had any

The big breakthrough in preventing diphtheria began in the 1920s when a vaccine became available. By 1940, the vaccine was widely used, and antibiotics were available to treat infections While it is still possible for people to get diphtheria today, it is highly unlikely that they will.

When you're thinking about things to be grateful for, add the development of vaccines and antibiotics to your list—they have saved countless lives.

Note: The Cemetery is closed for the season and will reopen on April 15, 2024.

••••• Sue Hunter Weir is chair of Friends of the Cemetery, an organization dedicated to preserving and maintaining Minneapolis Pioneers and Soldiers Cemetery. She has lived in Phillips for almost 50 years and loves living in such a historic

Here's an interesting Back Story about three Phillips Clean Sweep 2023 participating organizations and a local, nationally recognized leader:

Involve MN is a Minnesota based non-profit collaboration of community, business, faith and government partners providing for the unsheltered and vulnerable people of the Minneapolis and St. Paul area that says, "We show up because we are a community and people matter. And we keep showing up because relationships are the key to changing lives." Involve MN serves thousands of meals per week to people throughout Minneapolis needing food. Involve MN prepares food in a commercial kitchen at **The Woman's Club of Minneapolis**, 410 Oak Grove, Mpls.

The Woman's Club of Mpls. Executive Director, Kevin Winge, since September 2020, is familiar to Phillips and Clean Sweep Events from the years when he was the Executive

history is online including their opening of an additional facility campus in St. Paul at 380 East Lafayette Road in January **Kevin Winge** is a compassionate leader with over 25 years of experience in nonprofit organizations and humanitarian efforts. He is a values driven visionary known for ability to transform organizations. He is an inspirational orator and writer who inspires others to see things differently, embrace change, and contribute to something greater than themselves.

He has a history of building community, creating diverse and

welcoming environments and fostering collaboration.

Director of Open Arms MN from 1997 to 2011 during which

time Open Arms moved from the Franklin Ave building

which is now All My Relations Gallery, Native American

Community Development Institute, and Pow Wow Grounds

Coffee Shop to their new building at 2500 Bloomington Av.

An excellent, informative, and inspiring video of Open Arms'

"

Clean Sweep 2023 Stats!

33,380 Pounds Burnable Trash in Packer Trucks

Ventura Village 9,920 Phillips West 8,840 **Midtown Phillips 3.860** East Phillips 11,160

15,880 Pounds **Non-Burnable Trash**

30 Mattresses, 20 TVs, 18 Tires, 8 Hide-beds, 13 appliances, 7 Microwaves, 80 pieces of Misc. Metal

Grand Total 49,260 pounds = 24.63 Tons



Native American Cultural Officers Zander Krohnfeldt and Drea Mays lend a hand at Clean Sweep.

City TAPS, Minneapolis Park Amy, Donna, Pete, Jane, Brad, Departments of Justice "Weed Police, Minneapolis Police/3rd Nat, Steve, Michelle, Kali, and and Seed" Initiative; and will Precinct, MN Adult & Teen Jana-who meet weekly to put continue Challenge, Minneapolis Solid Clean Sweep together.

Phillips Community Clean 2024 - 2nd Saturday of October! and Michele-Clean City Sweep began twenty years ago Coordinator, everyone who to build community, foster relapresented at the Resource Fair, tionships, and community policand Event volunteer staff- Joel, ing under the Federal & State

Years of

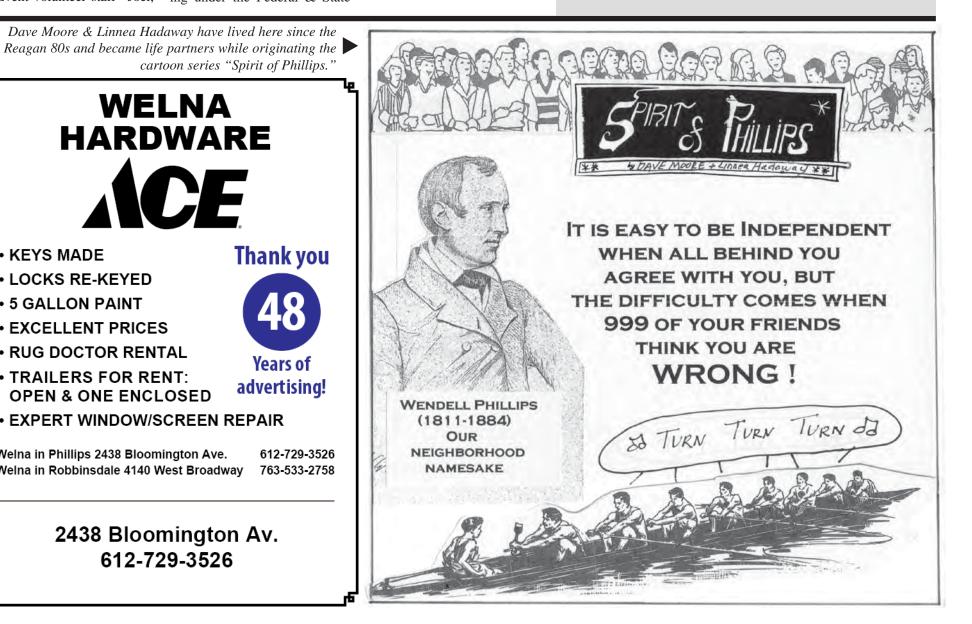
Mark your Calendar Now



- KEYS MADE
- LOCKS RE-KEYED
- 5 GALLON PAINT
- EXCELLENT PRICES RUG DOCTOR RENTAL
- TRAILERS FOR RENT:
- **OPEN & ONE ENCLOSED** EXPERT WINDOW/SCREEN REPAIR

Welna in Phillips 2438 Bloomington Ave. Welna in Robbinsdale 4140 West Broadway 763-533-2758

> 2438 Bloomington Av. 612-729-3526







DARRYL SELLERS

ZUMBA

Darryl has been a Zumba Fitness Instructor for 12 years. He has taught classes in several places, including Xperience Fitness/Gold's Gym, Target Headquarters and Center for Performing Arts. In March 2020 when the pandemic changed in-person activities, Darryl started his latest chapter as a Zumba Fitness Instructor for the Cultural Wellness Center. Over the last three years, he's built a festive online Zumba community, enjoying leading Zumba classes for enthusiasts across the U.S. and other countries, including Australia, Belize, Japan and Canada using rockin' rhythms from ALL over the world!

ONLINE ZUMBA CLASSES

Saturdays at 9:30a.m. CT Mondays at 7:00 p.m. CT Wednesdays at 7:00 p.m. CT

Instructional videos can be found on the

Cultural Wellness Center Facebook page and
YouTube channel-new videos are put up each week!
Go to the Backyard Community Health Hub
Facebook page to access Eventbrite for Zumba.



JMOST

STEPPING INTO WELLNESS (DANCE)

ALVENA RICHBURG

JMost is the founder and lead stepping instructor with COM-MAND STEPPERS Minnesota Dance & Fitness, established in 2009. J. Most has enjoyed staying fit and sharing the love of dance and music with the Minnesota community for the past 12 years. Seeing people smile, laugh, move, and stay fit through the EMPOWERMENT of Couples Dancing is truly a great feeling. He has been a Health Champion for 6 years with the CWC's Community Health Hub.

COMMAND STEPPERS has taught over 400 community participants this wonderful dance art form called Chicago 8-count stepping and provides a great escape from the everyday stresses of life. Combining fitness, dance and performing arts provides the soul with the healthy ingredients for a long existing life-STYLE!

Alvena is a line dance & stepping instructor with Command Steppers Minnesota Dance and Fitness. She has enjoyed staying fit and sharing the love of dance and music with the community for the past 10 years, and has been with the Cultural Wellness Center for 6 years.

"Seeing people smile, laugh, move, and groove brings me great joy because there is so much going on in our lives that brings us down.

"Helping people learn the wonderful art form of Chicago 8-count stepping and soul line dance provides a great escape from the everyday stresses of life and I wouldn't trade it for the world! The friends I have made on this journey and as one of the CWC's Health Champions have become my second family. It is a privilege to be a part of this dance world!"



Cultural Wellness Center

Health · Heritage · Harmony

2025 Portland Avenue South Minneapolis, MN 55404

612-721-5745 | www.culturalwellnesscenter.org



Wondering how to build wellness through cultural connection? Interested in filling out a wellness self-assessment? Reach out to Roberta@culturalwellnesscenter.org