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Hazardous Air Pollution Allowed to Continue in East Phillips

By KAREN CLARK, Former MN State Rep. and H. LYNN ADELSMAN

November 10th, the night after celebrating the victory of raising \$3.7 million (which the City demanded East Phillips Neighborhood pay in order to sign the purchase agreement for the Roof Depot site) neighbors and allies rallied, temporarily closing E. 28th St. to demand that Smith Foundry be shut down. Smith Foundry is located across 28th Street from the former Roof Depot site.

The Neighborhood learned that a surprise U.S. Environmental Protection Agency (EPA) investigation found flagrant air pollution safety violations at Smith Foundry which endangers both workers and residents' health. That inspection happened in May, but residents just found out about the findings in November.

The MN Pollution Control Agency did not inform residents even though the federal EPA report called for penalties – including possible civil or criminal charges against the Foundry. So East Phillip's struggle for environmental justice, basic public health protections, widens and grows more urgent. Expect this Neighborhood to continue their environmental justice fight!

Some Questions:

November 2023

Northern Iron Foundry in St. Paul was fined \$41,500 for air quality violations by the Minnesota Pollution Control Agency. Why is Smith not being monitored as well?

When will all emitters be considered together as the new 2023 state cumulative impacts law requires, include Abbott Northwestern and Children's Minnesota hospitals, Bituminous Roadways Co., the diesel traffic especially at the city recycling plant? And include all traffic on Cedar Avenue, Hiawatha Avenue, Lake Street, and 26th and 28th Street?

See More at:

<https://www.pca.state.mn.us/news-and-stories/northern-iron-llc-fined-41500-for-air-quality-violations-at-iron-foundry-facility-in-st-paul>

Continued on page 8...



November 10th, 2023: Our neighborhood demands answers from Smith Foundry!

<h3>More about Smith Foundry:</h3>	<p>page 4</p> <p>What Do We Do About Smith Foundry?</p> <p>By LUKE GANNON</p>	<p>page 7</p> <p>Babies of the World Unite!</p> <p>By PETER MOLENAAR</p>
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Above: Folks attend a Community Journalism Training.

Delivery Changes Coming in 2024...

In the January issue of *the alley*, watch for a more detailed announcement of another important change to the door-to-door delivery of the paper! The leadership of Alley Communications has decided to stop residential delivery of *the alley* in **March of 2024** to reduce litter, plastic bags, and to save a bit of money. However, we want our valued community readers to have easy access to the paper and continue to receive it if you want it! **FREE subscriptions will be offered!** Watch for the instructions on how to sign up in the January issue!

Community Journalism Trainings Up and Running Again

Contract Upheld After Challenge from City Attorney's Office

FREE Community Journalism Trainings will begin in January 2024. This program is in conjunction with the Journalism of Color Training Center, Alley Communications, publisher of *the alley* newspaper, and Phillips West Neighborhood Organization. There will be five distinct trainings.

For specific dates, locations, and more info, email:

info@journalismofcolor.com



thealley

Alley Communications is a Not-For-Profit organization.

- The Mission of Alley Communications is**
- promoting art and culture,
 - advocating for issues,
 - building healthy community,
 - facilitating deliberation,
 - lifting every voice,
 - documenting history,
 - agitating for change,
 - giving truth and democracy a jog forward.

Guided and Informed by: Phillips residents

Governed by Directors: Steve Dreyer, Susan Gust, Rico Morales, Cirien Saadeh, Cathy Strobel-Ayres

Operated by Editorial Leadership Committee: Laura Hulscher, Mary Ellen Kaluza, Carz Nelson, and Harvey Winje

Business Facilitated by: Sonya Ewert

Production Facilitated by: Graphic Designer + Coordinator, Mattie Wong

Page Coordinators: Steve Dreyer and Daniel Dorff, VV News; EPIC News; MPNA News; Roberta Barnes and Jessie Merriam, Back Page, Social Media; Jessie Merriam, Susan Gust

December contributors to the alley: H. Lynn Adelsman, All My Relations Arts, Ancestry.com, Roberta Barnes, Karen Clark, Cow Tipping Press, Cultural Wellness Center and CWC Health Hub, Steve Dreyer, East Phillips Community Center, Luz Francisco, Luke Gannon, Walter Griffin, Joseph Grodahl, Linnea Hadaway, Hennepin County Libraries, Higher Ground Productions, Dwight Hobbes, Laura Hulscher, Sue Hunter Weir, Hannah Jerrie, Journalism of Color, Mary Ellen Kaluza, Edric Knight, Marti Maltby, Howard McQuitter II, Midtown Global Market, Midtown Phillips Neighborhood Assoc., Minneapolis Edible Boulevards, Minneapolis Park and Recreation Board, Dave Moore, Peter Molenaar, Carz Nelson, Norway House, Open Eye Theatre, Phillips West Neighborhood Organization, Kali Pliego, Pillsbury House + Theatre, J Randolph, Cirien Saadeh, Soomaal House of Art, Penny St. Clair, Ventura Village Neighborhood Organization, John Charles Wilson, and zAmya Theater Project.

DONATIONS
Thank you to neighbors, readers, advertisers, subscribers, and GiveMN. Alley Communications is a Not-for Profit 501C-3; donations are tax deductible.

the alley is delivered to every house in Phillips and to 140 apartments, businesses, places of worship, institutions in Phillips and in nine adjacent neighborhoods.

Board meetings: 6:30 PM 2nd Tuesday by Zoom. Editorial Leadership Team 2nd Wednesday 8:30 -10:00am, 4th Thursday 6:30-8pm by Zoom.

Correspondence becomes the property of the alley and may be published.

Opinions in **the alley** newspaper and its social media are those of the authors and artists and do not necessarily reflect the official policy or position of Alley Communications, its Board, Editorial Leadership Committee, or other neighbors or writers.

Alley Communications
P.O. Box 7006
Mpls., MN 55407

submissions: copydesk@alleynews.org
ads: businessmanager@alleynews.org

Submissions due the 15th day of the previous month



Library News

By CARZ NELSON

All information listed here is accurate as of November 15, 2023. For the most recent information, check out the library website at www.hclib.org.

FRANKLIN LIBRARY HOURS

Monday	9 AM to 5 PM
Tuesday	12 PM to 8 PM
Wednesday	12 PM to 8 PM
Thursday	12 PM to 8 PM
Friday	9 AM to 5 PM
Saturday	9 AM to 5 PM
Sunday	12 PM to 5 PM

PAINT AND POETRY

For grades 1-6. Join Soomaal House of Art for an afternoon exploring watercolor and the magic of words. Participants will learn how to paint while using poetry to express their thoughts and questions. Materials provided.

Franklin Library
Saturday, December 9 at 1 to 3:30 PM

VOTING AND ELECTION RESOURCES

Stop by the Hennepin County Elections table to learn more about voting and elections including how to register to vote, finding new polling places, the primary election in March 2024, new election laws that are changing, and more!

Hosmer Library
Tuesday, December 12 at 3 to 5 PM

DRIVER'S LICENSES FOR ALL

Learn about the State of Minnesota's new Driver's Licenses for All law, which allows residents of Minnesota to apply for a driver's license regardless of their current immigration status. Staff from the Minnesota Department of Public Safety's Driver and Vehicle Services division will answer questions about the law change. This program will be in English and Spanish. To register and receive the meeting link, please call the Ask Us Line at 651-503-8013.

Sesión informativa sobre licencias de conducir para todos. En este evento virtual aprenderemos sobre la nueva ley de licencias para todos en Minnesota que hizo que residentes del estado puedan solicitar una licencia de conducir sea cual sea su estatus migratorio actual. Oficiales de la división de Servicios de Conductores y Vehículos, parte del departamento de Seguridad Pública de Minnesota, darán una presentación interpretada en

español, y después podrán contestar sus preguntas. Este programa será en inglés y español. Para registrarse y recibir el enlace a la reunión, llame a la Línea de Español al 651-503-8013.

Online
Tuesday, December 19 at 6 to 7:30 PM

MOVIE MATINEES

Franklin Library
Creed (PG-13)
Thursday, December 14 at 1 to 3:30 PM
The Woman King (PG-13)
Thursday, December 28 at 1 to 3:30 PM

VIDEOGAMES AND VR

Come hang out for an afternoon of Nintendo Switch and Virtual Reality. Whether you're looking to place first in MarioKart or just hang out with friends, this is the place to be!

Franklin Library
Wednesdays 3-4:30 PM

PUZZLEMANIA!

Puzzles! Games! And tons of fun! Join us at Franklin Library for an afternoon full of games for youth and their families. Activities include puzzles, card games, and a variety of tabletop games.

Franklin Library
Thursdays 1:30-3:30 PM

TECHNOLOGY HOUR

One-on-one help with computers, smartphones, tablets, and e-readers. Library staff are available to assist you on your own devices and library computers.

Franklin Library
Sundays and Tuesdays at 1 to 2 PM

URBAN 4-H

A youth leadership club that's driven by curiosity. For adolescents.

Franklin Library
Tuesdays 4-5:30 PM

COFFEE & CONVERSATION

Join us for Coffee & Conversations.

Franklin Library
Second Friday of the month 10 AM to 12 Noon

WAY TO GROW

Way to Grow connects parents of kids ages 0-8 to a culture-to-culture family educator to help with resources and provide support and education.

Franklin Library
Tuesdays at 3 to 5 PM

STEAM WORKSHOP

The Franklin Library's Teen Tech Squad leads education and entertainment for kids 8-plus on topics in Science, Technology, Engineering, Art and Math.

Franklin Library
Wednesdays at 5-6 PM

EMERGE

A Workforce Coach from EMERGE will be available to work with people aged 16-21.

Franklin Library
Tuesdays at 4 to 5:30 PM

ANIME CLUB

Anime Club for adolescents.
Franklin Library
Wednesdays 6:30 - 8 PM

CAREER AND JOB ASSISTANCE

Meet with a Minnesota Job Partners employment specialist at Franklin Library for job and career help. Stop by for individual assistance with job searching, resume writing, and more!

Franklin Library
Second Monday of the month 1 to 5 PM

HOMEWORK HELP

Both Franklin and Hosmer Libraries offer free one-on-one tutoring for K-12 students.

Franklin: Tuesdays and Thursdays at 3:30 to 7:30 PM, Saturdays at 5 to 5 PM
Hosmer: Mondays and Wednesdays at 4 to 7:30, Sundays at 12 to 3 PM.

SMALL BUSINESS INFORMATION

The City of Minneapolis Small Business Team is holding public office hours at Franklin Library. This is a great opportunity for people with questions about starting, maintaining, or expanding their businesses. Please feel free to drop in – no appointment needed.

Franklin Library
Second + fourth Tuesdays 12-2 PM

VETERAN RESOURCES

Senior Outreach Coordinator of MACV (Ending Veteran Homelessness), will be available to talk to veterans and connect to resources.

Franklin Library
Thursdays 12 to 1 PM

RESOURCES AND SUPPORT

The Bridge for Youth visits Franklin Library the fourth Wednesday of each month, 2 to 5 PM. They connect people with resources and provide hygiene items and other supplies. Look for them in their outreach van on the corner of 14th and Franklin Avenues.

Franklin Library
Fourth Thursday of the month 2-5 PM

FREE FOOD

Franklin and Hosmer Libraries are collaborating with Every Meal to distribute free meal bags. Bags are free for anyone to take, while supplies last.

READING SUGGESTIONS

Looking for a good book to read? You could ask a librarian. At hclib.org, towards the bottom of the page, you'll find the link, *Ask us for reading suggestions*.

This leads to a form you fill out about what kind of books you like, and what kind you don't like. Fill in the form and you will get an email with reading recommendations. If you don't want to fill out a form, you can always ask librarians for recommendations in person, over the phone, or via chat.

AT HOME SERVICE

At Home service is provided free of charge to Hennepin County residents who can't get to a library due to illness, disability, or visual impairment. To apply for At Home service, submit an online application or apply by phone at 612-543-8850.

ASK THE LIBRARY

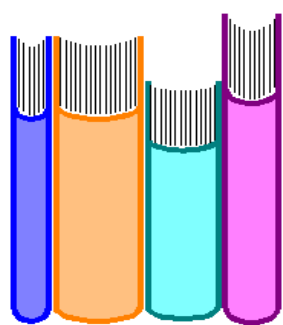
Have a reference or library account question? You can chat, email, text, or call the library. Chat or email at www.hclib.org/contact, text to 612-400-7722, or call 612-543-KNOW (5669) to reach library staff by phone.

Español/Spanish: Llame o envíe un texto al 651-503-8013 para recibir ayuda en español.

Hmoob/Hmong: Hu losis text rau lub tsev nyeem ntawv ntawm 612-385-0886 txais kev pab hais lus Hmoob.

Soomaali/Somali: Caawimaad Soomaali ah, soo wak ama qoraal (text) usoo dir maktabada 612-235-1339.

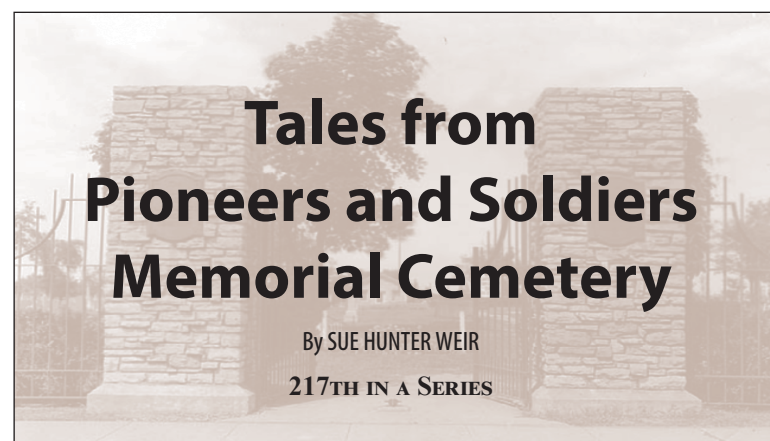
Carz is a Phillips resident and an enthusiastic patron of Hennepin County Library.



How to write a **LETTER TO THE EDITOR**

Letters to the Editor are always welcomed and will be published. Three important criteria: no foul language, do no harm to an individual, must be "signed" by the author. Letters may be edited for length.

email your letter to copydesk@alleynews.org no later than the 15th of the month, by 5pm SHARP.



Mother's Biased Love and Loyalty Follows Chosen Son to the Grave and Beyond

Much, perhaps too much, has been written about Harry Hayward, the most notorious person buried in the Cemetery. Less has been written about his family. Harry was the youngest of William and Lodusky Hayward's three sons. He was their golden boy, the son who could do no wrong—except that he orchestrated the murder-for-hire of Catherine (Kitty) Ging.

Lodusky Hayward was perhaps the strangest member of the family. She was born in Illinois on August 5, 1836. In 1860, she married William Wirt Hayward. They had three sons: Thadeus, Adry, and Harry. Their only daughter, Williametta, died in 1870 when she was two years old.

The Haywards arrived in Minnesota in the 1860s. William became a successful real estate dealer. Thadeus was a dentist, Adry a businessman, and Harry, who had no profession, was best known as a womanizer and gambler. Their lives were disrupted in 1894 when Harry was arrested for plotting the murder of Kitty Ging on December 3, 1894.

Justice moved more swiftly then than it does today. Harry's trial began on January 21, 1895. The two key witnesses against him were Claus Blixt, the man who shot Kitty at Harry's behest, and Harry's brother Adry. Adry was described as a "drudge," the family's dutiful son who could never measure up to his charming younger brother.

Letter to the Editor

In Response to the City's Survey on the Future of Throne Plaza

My name is Edric Knight and I've lived on the southside since 1990. I was here when Throne Plaza was constructed and supported Rafala Green through my company donating used office equipment, chairs, typewriters, food and furniture for her art center.

At the time I lived in an apartment just around the corner. The art center had opened, and out of curiosity I walked in to see scores of children and teens being taught to appreciate their cultures through dance, music, art and education. That's where I met Rafala, and I was hooked. For some children this was the only food they may have had during the day. The typewriters were used to teach office skills. Remediation classes were taught by other volunteers. The young people shined with pride.

Rafala was recognized and celebrated but it wasn't without resistance. What I did observe is how the children of the community responded to Rafala and the programs at the center. It made me feel so good to see the project completed. The Art Center kept so many kids off the street engaged in constructive pursuits. Many were caught before they would fall between the cracks.

Throne Plaza is a symbol of

hope and the possibility for a community that has historically been marginalized, a voice for the voiceless. It serves as a tribute to Rafala. I inspected it and there's no observable damage. The wicker arch needs repair and painting. I would think that Minneapolis Parks and Recreation would maintain it as they do artwork at any other park.

There were hundreds of hours committed to construction of the project, from inception to where it finally rests today. That was many years ago. I was so happy when I finally saw it finished. I refer to it as hallowed ground.

-Edrick Knight

Editors' Note: A fellowship program was established in Rafala Green's name by Artspace. Learn more about Rafala and the program at <https://www.artspace.org/rafala>.

To go to the City of Minneapolis Public Art Survey on Throne Plaza, scan this QR Code:



In his opening statement, Frank Nye, one of the prosecutor's said: "So blind was [Harry] in his trust in his lucky star that he thought all things would turn his way, that luck was with him—fortune had smiled on him..." And, why wouldn't he think that? Harry had offered Adry \$2,000 to kill Kitty Ging. Adry was horrified but knew that telling his parents was useless, they would never believe him. Instead, he told Levi Stewart, a lawyer and family friend.

When Adry was on the witness stand, Lodusky, who was sitting next to Harry, cried out, instructing Harry to, "Look him in the eye, Harry—look him in the eye." She kept shaking her head which prompted Adry to tell her, "Don't shake your head mother! It is the truth, and you know it."

Harry's lawyers' strategy was to prove that Adry was an unreliable witness, that it was Adry, not Harry, who had conspired with Claus Blixt. Unlike Harry who stood to gain financially from Kitty's death, Adry's only motive would have been revenge; his desire to "get Harry." When Adry's testimony concluded, Harry tried to comfort his mother. He held

Continued on page 10.



William and Lodusky Hayward, parents of Harry Hayward, who was executed in December 1895, for being the mastermind behind the killing of Catherine (Kitty) Ging.

Something I Said

Victimizing Incarcerated Women

By DWIGHT HOBBS



Dwight Hobbes

On a whim, I signed up at a pen pal service for women in prison. And caught wind of something that stinks to high hell. These gals have done the crime and, accordingly are doing the time. Fine. That's one thing. It's altogether another, now that they're hemmed up, for prisons to exploit them for what little money (it's chump change) they earn inside and, into the bargain, arbitrarily abuse and abridge whatever liberties these women have left. For obvious reasons – one being to protect individuals from retaliation, the other being to protect the paper from liability – I'm not naming names or particular prisons. But complaints have reached me and you can look it up that every word here is researched.

For instance, at the pen pal site for a person locked up in California, it is listed what she can and cannot receive: stamps – (no), gifts – (yes, stationery, etc., but must be shipped from the store), clothing – (no), books – (yes, must be shipped from publisher or bookstore), cigarettes – (no). In this economic day and age, who realistically can go to the expense of buying someone a

families to get collect calls (in most instances, FCC regulations won't allow them to dial direct) costs a great deal more than it should, way more than it would, from regular folk. Well, what is so precious about these telephone companies that they get to charge an outlandish increase over the going rate – which already ain't cheap? Why the hell can't institutions use some regular phone company and have incarcerated customers not get ripped off anymore than the rest of us? Much as everyone knows how much women love to run their mouths on the telephone, that is, you'll pardon the pun, positively criminal.

There's no reason to foul over anyone this way. To take the punishment they're serving for past misdeeds and turn it into a trick bag lasting for as long as their sentences have them locked up. It may not be unusual, but it damn sure is cruel.

.....
Dwight Hobbes is a long-time Twin Cities journalist and essayist.

Reprinted from *Minnesota Spokesman-Recorder*, with minor updates.

What do we do about Smith Foundry?

By Luke Gannon



The Minnesota Pollution Control Agency (MPCA) and the Environmental Protection Agency (EPA) have failed East Phillips and Minneapolis residents by allowing Smith Foundry to pollute beyond the state-permitted emission levels.

Smith Foundry, an iron manufacturer located in East Phillips has been polluting the neighborhood since its inception 100 years ago. In May of 2023, the EPA conducted an unannounced inspection of Smith Foundry and found that the Foundry has been violating the Clean Air Act since 2018. The EPA's Notice of Finding and Violation stated that Smith has been "emitting double the amount of air pollutants allowed by state permits for the 5 years that they are required to keep records."

The East Phillips community has known our air is dirty long before these findings were released. At a recent protest outside of Smith Foundry, longtime East Phillips resident and Executive Director of Tamales y Bicletas, Jose Luis Villasenor said, "You don't really need scientists or engineers to say there's a problem behind us. My children are telling me there's a problem. Our children have been telling us forever there's a problem."

Now, both East Phillips residents and the EPA are telling us that Smith Foundry is emitting lead and particulate matter into our air at excessive levels. The Notice stated that "Particulate Matter, especially fine particulates, contains microscopic solids or liquid droplets, which can get deep into the lungs and cause serious health problems." The health problems listed include aggravated asthma, irritation in the airways, decreased lung function, chronic bronchitis, irregular heartbeat, among others. In addition, Smith Foundry has failed to: maintain air pollution control devices; prevent particulate matter from becoming airborne; maintain pollution control equipment; and keep required daily records of emissions.

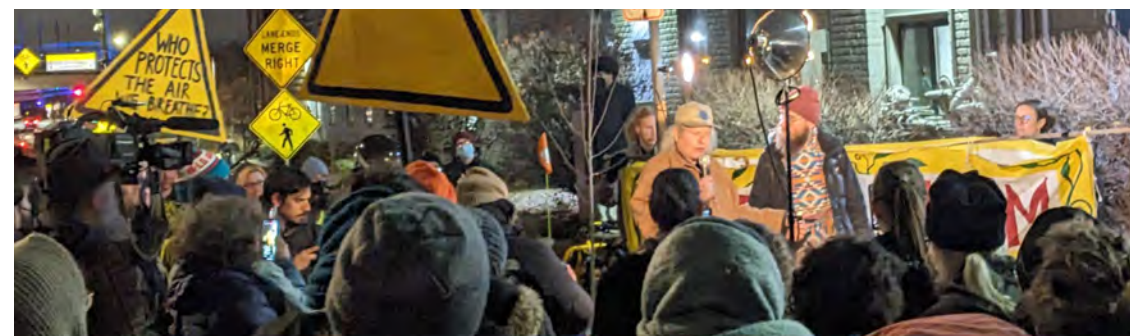
For five years, the state and federal agencies legally mandated to safeguard our state's health have not protected the community. Not only has Smith Foundry evaded all accountability, but our state and federal environmental agencies have as well.

Unfortunately, a paycheck or a settlement won't heal the long-term health issues that Smith has inflicted on the East Phillips community. Peter

Molenaar who worked at Smith for 30 years said, "I walk with a limp and I have damaged lungs. The list of people who have died prematurely, workers who have died before their time, is pretty long. For the sake of profit this foundry is going to harm Mother Earth and we have to take a stand."

A common climate justice protest chant rings truer than ever "Who protects us? We protect us." Residents of East Phillips have faced historical disinvestment, redlining, and excessive pollution, among a long list of other racist tactics that the city, state, and federal governments have used to further marginalize this community. Despite these challenges, the community has continuously demonstrated resilience in advocating for its own protection. We need to keep pressuring our government agencies to hold polluting industries like Smith Foundry accountable for their heinous actions.

Luke Gannon is an East Phillips resident.



New EPIC & Midtown Community Meeting Schedule Starting February 2024

Second Tuesday of every month at 6:00

Location: 2433 Bloomington Ave & On Zoom (see website)

In Spanish & English | En Español y Ingles

In January, EPIC & Midtown are engaging youth from Midtown and East Phillips to collaborate on the redesign of East Phillips Park. We are looking for people between the ages of 14-16. They will be enrolled in a series of three workshops with community leaders and urban design planners from the University of Minnesota. Reach out to collective-staff@eastphillips.org for details.

CALL FOR SUBMISSIONS

Is there something going on in Phillips that should be noted in the alley?

Let us know all about it by sending your sentences and/or photographs to: copydesk@alleynews.org

CALL FOR SUBMISSIONS



The next Metro Transit and Minnesota Valley Transit Authority service changes are coming Saturday, 2 December 2023. Watch for the following changes which affect the Phillips neighborhood:

Routes 9 and 67 will have minor schedule adjustments to accommodate routing changes.

Route 21 will run to Saint Paul every 15 minutes instead of every half hour, from 6:30 AM to 9:30 PM. It will also not serve the Uptown Transit Center because of construction, instead it will go via Lake Street and Lagoon Avenue to France Avenue. This is like the planned route for the B Line Bus Rapid Transit, expected to be coming in June 2025.

Route 467 will have minor schedule changes to reflect actual travel times.

Route 465 (MVTA) will have an additional trip northbound from Burnsville at 9:20 AM because of high ridership to the University of Minnesota near that time.

Just a reminder: Metro

Transit and MVTA typically run Saturday schedules on most routes, with a few exceptions, on Black Friday and Christmas Eve. They have also occasionally run reduced schedules on New Year's Eve. This year, there may not be any reductions for Christmas and New Year's Eves, since Christmas and New Year's Days are on Mondays, however it makes sense to stay aware.

Metro Transit is trying to alleviate the safety and security concerns people are having, including using fare enforcement as a tool to keep order, on the theory that disorderly people don't pay their fares. While this is probably true, it also has the possibility of tripping up innocent people. Always pay your fare. If you can't afford it, try to get on their Transit Assistance Program. Always tap your card. Don't lose your transfer or ticket. Stay safe!

John Charles Wilson is a transit enthusiast who has been interested in this field since the 1970s.

Peace House Community - A Place to Belong

Learn from the Ants

By MARTI MALTBY



Marti Maltby

As a kid, I used to be fascinated by anthills. I constantly wondered how animals with such tiny brains and no obvious ways of communicating on a large scale could create such a complex society. It wasn't until I grew old enough for deep theological reflection that I realized my view of the ants was probably about the same as God's view of us. If I looked down on the Twin Cities from ten miles up, I'd see a lot of little beings with limited intelligence and no obvious leader running into each other, but somehow managing to survive.

Obviously, there are some differences between me and God, so the analogy doesn't really work. God created us and is all-knowing, and has the power to guide the course of history, so if He (or She or Them or It, depending

on your beliefs) wants us to survive, He/She/They/It can help us out. That thought comforts me, because I don't have any faith we would survive long on our own. We've shown we're good at solving specific problems of logic and engineering, but in terms of actual wisdom, we haven't advanced much since our knuckle-dragging, club-toting, raw-meat-eating ancestors were on the scene.

I wish I was more hopeful, but there are enough reminders each day of humanity's limitations to make hopefulness difficult to maintain. In the short-term, I can always find good news stories, or examples of individuals going out of their way to help others, but long-term, I think we will need to rely on luck or divine intervention to save us from ourselves.

When I was a teenager, the main threat came from the nuclear weapons we had created - you know, the ones that could keep us safe by destroying the world 20 times over. Later it was the hole in the ozone layer. Then climate change came along. Now we're back to world conflicts.

I shouldn't be surprised. We've known for a long time that we're really good at causing problems. Countless prophets have told us

we will destroy ourselves. The people who think up doomsday scenarios for Hollywood movies just look at the most extreme but logical consequences of our actions, and then show us where we're headed.

If the old cliché ever came true and an alien said, "Take me to your leader", I'm not sure who I should take them to. In theory, I should take them to the White House or somewhere like that. In practice, Mark Zuckerberg or Elon Musk might be better choices, as much as that makes me shudder.

The only bright spot I can find in all this is that, as I said earlier, I can always find small good news stories. So far, enough people have done enough good and wise things to keep us out of the abyss. We may not agree on whether God prompted them to act as they did, but we can probably agree that we are fortunate that they are among us. Let's pray they can keep doing what they're doing to keep us from doing what we seem destined to do.

Marti Maltby is an avid cyclist, Director at Peace House Community, and an obnoxiously proud Canadian.

News You Can Use

Get Free or Discounted Internet and Technology Support

You might be eligible for free or low-cost internet services and a discounted computer. The City and County are partnering with local providers to help make the internet more accessible through:

- Discounted internet for household use
- Free temporary internet access at Wi-Fi hotspots
- Free internet access to public sector information including City, County and State resources
- Low-cost computers
- Public computer access
- Personal help from a "digital navigator"

Minneapolis residents can call 311, email 311, or go to minneapolismn.gov/government/programs-initiatives/digital-equity/internet-services to find details, a list of resources, and see if you qualify for different internet services programs.

Eligible Hennepin County households can pay for internet service and get a discount on a device through the Affordable Connectivity Program. Find out if you qualify for the program at hennepin.us/your-government/projects-initiatives/technology. This information is also in Spanish, Somali and Hmong

Energy Assistance: Stay Warm and Safe this Winter

The Energy Assistance Program helps pay energy bills for eligible Minnesotans! The program is free and provides benefits of up to \$1,400, plus additional support to respond to emergencies.

Both renters and homeowners can qualify. Eligibility is based on income and household size. For example, a family of four could earn up to \$62,822 annually and qualify to receive financial assistance with energy bills. For details in English, Español (Spanish), Hmoob (Hmong), or Soomaali (Somali) go to mn.gov/commerce/energy/consumer-assistance/energy-assistance-program

Learn About New Protections for Minnesota Tenants

Tenant advocacy organization HOME Line is hosting a series of free live and recorded public education seminars to get the word out about new renters' rights laws passed by the legislature in 2023 and going into effect in 2024. These include expanded eviction notification requirements, standard minimum temperature requirements, the right to inspection and more. Go to homelinemn.org/newlaws to learn more and download a summary of the new protections.

Share feedback on Mayor Jacob Frey's recommended 2024 City budget

There is one more public hearing for people to provide feedback on Mayor Jacob Frey's recommended 2024 City budget. Comments can also be submitted online at the City's website.

The public hearing will take place at City Hall, 350 S 5th Street, Room 317, at 6:05 pm Tuesday, December 5th (this will be a Truth in Taxation hearing. The City Council will vote on adopting the budget following the hearing).

To learn more about the mayor's recommended budget, key dates in the approval process, FAQs and more, visit minneapolismn.gov/government/budget.

Have more news to use?

Drop us a line at: copydesk@alleynews.org

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EMAIL: BUSINESSMANAGER@ALLEYNEWS.ORG

DECEMBER EVENTS

Ilays Exhibition by Hafza Studio

Soomaal House of Art Through December 16th 2200 Minnehaha Avenue Free Experience a vibrant journey into the captivating world of Somali textiles! London-based designer Hafza Studio is coming to Minnesota for a one-of-a-kind exhibition featuring her new collection, *Ilays*, which beautifully translates to light in Somali. Hafza draws on her Somali heritage to create unique textile designs and prints that harmonize tradition and modernity, creating visually striking and culturally significant artwork. Gallery hours are Wednesday, Thursday and Saturday, 11am - 5pm.

Abijjiiwan / Ukeyat yanalleh

All My Relations Arts presents *Abijjiiwan / Ukeyat yanalleh*, a collaborative multimedia exhibition reflecting on the Misi-zibi (Big River, Ojibwe) by artists Karen Goulet and Monique Verdin. Gallery hours at allmyrelationsarts.org.

Creative Expression Sessions: Theater Workshops Tailored for Unhoused Individuals

Tuesdays Through December 19 Downtown Minneapolis Central Library 300 Nicollet Mall Free zAmya Theater Project announces its fall session of weekly drop-in theater workshops for individuals looking to learn about performance, working together, and creative play. People who have experienced housing instability are especially encouraged to attend. Workshops are free and open to anyone, and zAmya provides coffee, snacks, and bus tokens. No experience is required, and participants may attend just one or come to all!

Gingerbread Wonderland

Through January 7 Norway House 913 E Franklin Avenue Adults: \$15 12 and under: Free Gingerbread is a quintessential feature of the Norwegian holiday season. Since its launch the Norway House Gingerbread Wonderland has grown to more

than 250 structures created by our community, including familiar buildings and landmarks by professional bakers and gingerbread enthusiasts of all ages and abilities. For information and hours go to norwayhouse.org.

Scrooge In Rouge: An English Music Hall Christmas Carol

Through December 30 Open Eye Theatre 506 E 24th Street \$30 (\$24 Seniors, \$18 Students, \$10 Economic Accessibility) The Royal Music Hall Variety Players' production of A Christmas Carol is in a pickle after seventeen members of the company suddenly fall ill. With cheeky puns and bawdy songs, this quick-change version of the Christmas tale is a hilarious holiday treat! Age recommendation: 14 and up. Showtimes and tickets at openeyetheatre.org.

Neurodiverse Books Author Reading and Book Release

Tuesday, December 5 5 - 7 PM Midtown Global Market 920 E Lake Street Free Come on out to hear authors with intellectual/developmental disabilities from Transition Plus and Minnesota Independence College and Community read their latest and greatest published works! New books available for sale and signing. Sponsored by Cow Tipping Press.

Community Resource Event

Friday December 8 12 - 3 PM Midtown Global Market 920 E Lake Street Free You're invited to Midtown Global Market's monthly resource event. Stop by Midtown Global to learn about local community resources.

Cooking class with Tamuno Imbu: Let's make Nigerian Stew!

Saturday December 9 11 AM - 12 PM Online Free Join us for this month's Minneapolis Edible Boulevards cooking class with Compassionate Action for Animals' Community Organizer, Tamuno Imbu. Have fun and learn to cook healthy delicious food, while being in community. Check or Facebook page for upcoming zoom registration.

Community Connect: Winter Warmth

Friday, December 15 6 - 7:30 PM East Phillips Park 2399 17th Avenue S Free Warm up this winter at East Phillips! Let's start the school break with an evening of warmth. We will be keeping warm by creating a TikTok dance video, enjoying hot beverages and warm foods together, and doing a craft together.

Winter Break Ultimate Sports Sampler!

Wednesday, December 20 6:30 - 8:30 PM Phillips Community Center 2323 11th Avenue S Free Youth 12 to 18, come join your friends for pizza and try a new (or not so new) game during winter break! We will try out different sports and games such as football, kickball, badminton, enjoy some treats and have fun!

Community Connect: Winter Solstice

Thursday, December 21 6 - 7:30 PM East Phillips Park 2399 17th Avenue S Free Come and join us for this celebration at East Phillips Community Center, in observance of the quiet and dark of winter, the solstice. Crafts, activities, stories, refreshments and time to enjoy and respect this season with friends.

Kwanzaa Celebration

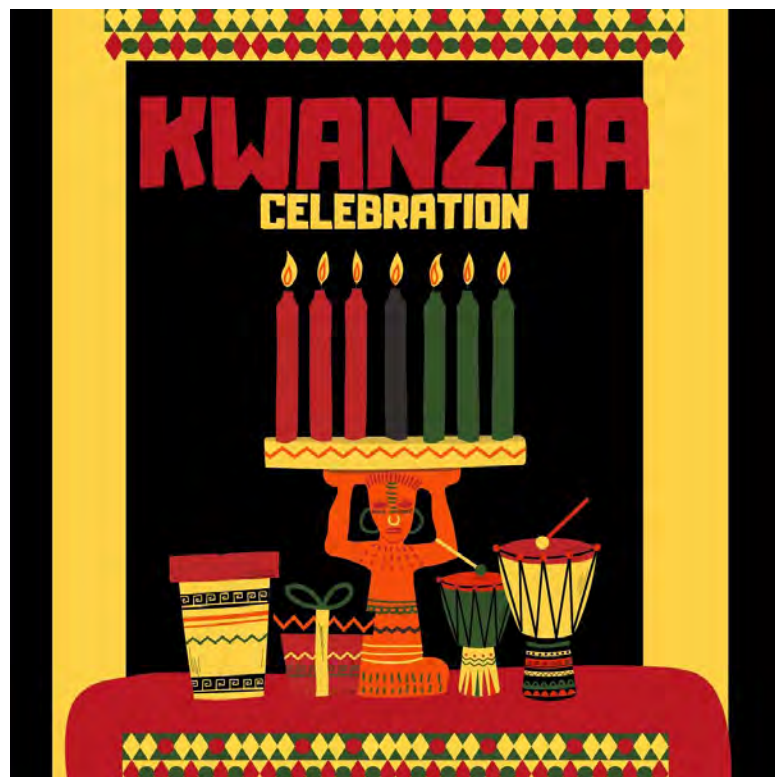
Tuesday, December 26 12 - 4 PM Midtown Global Market 920 E Lake Street Free Join friends, family and community at the Midtown Global Market for a community Kwanzaa celebration. Check back at the MGM facebook page for more details to come!

Community Connect: New Year Eve-Eve

Thursday December 28 4 - 7:30 PM East Phillips Park 2399 17th Avenue S Free Come and join us for this end of the year celebration at East Phillips Community Center. Crafts, activities, stories, refreshments, and time to enjoy and honor this season with friends.



Immerse yourself in Contemporary Somali Textiles at Soomaal House of Art through December



Celebrate Kwanzaa on December 26th at the Midtown Global Market



Norway House's annual community created Gingerbread Wonderland is open through January 7



VENTURA VILLAGE

venturavillage.org 612-548-1598 villageventura@gmail.com

On November 3rd about 75 people attended the annual Dia De Los Muertos (Day of the Dead) festival at Waite House. The event was sponsored by Waite House, Esperanza United, and the Minneapolis Park and Recreation Board. It is a celebration that honors the lives of loved ones who have passed away. It is a beautiful way to share memories, celebrate life and cope with the pain of longing for friends and family. An ofrenda (below, left) was set up with candles, pictures of ancestors, and brightly colored calaveras. Children decorated the calaveras (below, right), which were made out of sugar, with beads and other decorations. Families shared tamales, refreshments, and later participated in group activities. Photos courtesy of Luz Francisco



Norway House will be celebrating its Gingerbread Wonderland 2023 through the month of December. It is a community - driven exhibit open Tuesdays through Sundays until January 7, 2024. Contact www.NorwayHouse.org for advance tickets and more information. Photos courtesy of Joseph Grødhall



Ventura Village Resident Attends National Indian Council On Aging

By: Penny St. Clair I recently became an Elder in my tribe. I am an enrolled member of the Mille Lacs Band of Ojibwe. I am so happy to be an elder, I have been counting down the years since I was in my forties. I hit the magic number this year which is fifty-five. I recently went on an Elder trip with my tribe. We went to Cherokee, North Carolina for a NICOA convention. NICOA stands for National Indian Council On Aging.

I went with some family members and had a great time. I made new friends from all over the country. It was very odd to hear other Native's talk with a southern accent. We went to a luncheon honoring our brothers and sisters who had served our country. They received medals for their service. It was so powerful you could feel the emotions in the air.

The council offered many seminars; a Social Security class was very helpful. There were seminars on nutrition, historical trauma (boarding schools), Elder abuse prevention, caregiver support, and other topics. The next biennial convention will be in Durant, Oklahoma and I can't wait.

Soon after I got home, I was on the road again. I went with some family to Sturgis, South Dakota for the All Nations Pow-wow. We visited the tourist places like Devils Tower, the Black Hills, the Badlands, Crazy Horse Monument, Custer State Park, the Divinity Statue and then the Pow-wow. The dancers were some of the best I have ever seen. The Regalia was breathtaking. The drummers were on point. I am back home serving as an Elder.

Have You Considered Becoming a Block Leader?

By: Kali Pliego, Crime Prevention Specialist Many of you naturally take on a leadership role in building community and communication channels on your block and among your neighbors. If you are interested in making your role more official—meaning having your name added to the city's list of block leaders—please sign up to receive updates and invitation to our Block Leader Training series. Minneapolis Police Department Crime Prevention Specialists just held a city-wide Block Leader Training, and it was a great start! We are planning the next trainings, which will begin in January 2024 and be a mix of in-person and virtual, and in various locations. Email Crime.Prevention@minneapolismn.gov for more information.

Ventura Village News

At our Wednesday, December 13th membership meeting we will be serving refreshments and presenting our 2023 end of the year reports. We will meet at 7 PM at the ICCM Life Center, 1812 Park Avenue and also by Zoom. You can find out more about what our neighborhood organization does. If you would be interested in joining our board, please let us know. You can get more information off of our website.

Does your organization have an important event or new program the Community needs to know about?

Contact businessmanager@alleynews.org to find out what it might cost to provide you space in the alley.

We would be proud to help you promote your good work!

Norway House 913 E Franklin Ave Minneapolis, MN 55404 Cafe | Gallery | Gifts Event + Meeting Space Tue 12pm - 4pm Wed - Sat 10am - 4pm Sun - Mon closed Event rental inquiries: JGrødhall@NorwayHouse.org HEY NEIGHBOR! Mention this ad and get 10% off in our cafe

INGEBRETSEN'S NORDIC MARKETPLACE At home in South Minneapolis since 1927 1601 EAST LAKE STREET | MPLS | WWW.INGEBRETSENS.COM

Seward COMMUNITY CO-OP TOGETHER WE CONTINUE TO CULTIVATE A COOPERATIVE ECONOMY 2823 E. Franklin Ave., MPLS & 317 E. 38th St., MPLS www.seward.coop

70+ Minnesota artists THE ART SHOPPE at Midtown Global Market A collaborative of Minnesota artists. Visit our shop at Midtown Global Market, 920 E. Lake St., Minneapolis 612-562-5871 NEW LOCATION ON THE FOOD COURT! Mention this ad for a 10% discount off your purchase. See website for special offers and more info.



Continued from page 1...

Pollution, cont.

Accountability and No Comment

At the very least, the MPCA needs to be held accountable, to commit to a public awareness campaign to alert residents, day-cares, and schools during high levels of unsafe air quality on the same day it's happening; similar to the 2023 high smoke alerts from wildfires. While this is not as predictable, it is just as necessary given the high number of elders, children and residents with health problems living near Smith Foundry.

Peter Molenaar, who worked at Smith for over thirty years, speaking at the Friday rally said,

"What happens inside the foundry affects both workers and the community." Molenaar noted an extensive list of employees who he worked with who had passed away "before their time", from "mysterious" cancer deaths and lung conditions, and wondered who is operating the Smith safety and maintenance programs inside the foundry.

Finally, why did the Environmental Protection Agency (EPA) inspect Smith Foundry when we have a state agency charged with the task of reducing air pollution - why didn't MPCA investigate? And why isn't there any comment from the MPCA to say compliance with permits for Smith are necessary, noting the impor-

tance of operating and monitoring pollution control devices? Why is there no response from MPCA?

East Phillips Neighborhood Initiative, Little Earth Protectors, the Democratic Socialists of America Twin Cities Chapter, Climate Justice Coalition, Minnesota Immigrants Rights Action Committee, Community Members for Environmental Justice, the Minnesota Center for Environmental Advocacy, and East Phillips Improvement Coalition co-hosted the rally.



From the Archives

Vol. 18, No. 11: November 1993

30 Years Ago...

What can be done to stop violence in our community?



Geraldine Brooks

Youth need something to occupy their time, role models and someone to show them they care about them. They need to get back in school. Everyone can't be educated the same way, some of the old fashioned ways don't work. I think there should be alternatives so people can measure progress in regular learning situations.



Ron Anderson

[The police] have no regard for whoever they're talking to. They act like people of color or who live in low income neighborhoods can be talked down to and pushed around. When they have an attitude like that, when you have a problem you don't call the police, you just commit violence on a street level.



Cherie Farseth

Programs that start with people when they're young. Work with families and education, not guns and cops.



Bernard McGee

I think coming together with some type of unity is the only way to stop it. It will give people something to do.

photos by Walter Griffin

See more of the archives at alleynews.org!



East Phillips • Midtown • West Phillips

BUILD COMMUNITY POWER

Interested in organizing around housing rights in the greater Phillips area?
Contact us to get involved!

email: hannah@phillipswest.org
call/text (English): 612-424-0786



Free Legal Help for Renters! • ¡Llame para información legal GRATUITA! • Wac si aad u hesho caawin lacag la'aan ah xaga sharciyada!
Call the HOMEline hotline at:

English
612-728-5767

Español
612-255-8870

Af-Soomaali
612-255-8860

HEADS UP alley Writers, Cartoonists, Photographers!

the alley has made the difficult decision to change our monthly deadline for the upcoming issue from the 15th of the month to the **12TH OF THE MONTH BEGINNING IN JANUARY 2024** (for the February edition).

Change is hard, we know. That's why we resisted this change for too long. Squeezing in the production tasks - maintaining the Copy Desk email box (a HUGE job), copy editing submissions (a time-consuming labor of love), design/layout (an ever-changing puzzle), and coordinating the printer and delivery services (harder than it sounds) - into a variable 2 week period just isn't sustainable. The added three days will help protect our beloved volunteers and staff, and keep the paper rolling out each month!

How to submit to the alley

1. Write about something important to you and our community.
2. Stick to these general rules: 500 words for an opinion piece and up to 700 words for a feature piece, relevance to the Phillips community, and no profanity or harm!
accepted submissions: poetry, non-fiction, flash fiction, serialized fiction, photos, artwork, cartoons, interviews, and more!
3. Ask a friend to proofread!
4. Send in your article, any images, permissions, and captions, *in their final and best form*, to copydesk@alleynews.org by 5pm SHARP on the 15th* of the month!
**our deadline is changing from the 15th to the 12th starting January 2024 for our February issue!*
5. Copydesk may follow up with clarifications, any image issues, etc.
6. The Editorial Leadership Committee decides what should go into *the alley*, and when. News and stories that focus on Phillips and are time sensitive are prioritized.



Raise Your Voice

Babies of the World Unite!

By PETER MOLENAAR



Peter Molenaar

mostly greeted me with warm affection. So, perhaps there is hope.

As it happened, I asserted myself and the gatekeeper to the speaker's list gave me a pass. My co-workers were to be commended for having sacrificed their health and longevity for the sake of their families. On the other hand, nobody has the right to diminish the development of children born to this community.

Smith Foundry, November 10, 2023:

Joe Vital of the East Phillips Neighborhood Institute had alerted me to a 5:00 pm rally at the front entrance to my place of longtime employment. Yes, I too was appalled that federal inspectors had seemingly been compelled to intervene after years of disrespect leveled at our community by the state agency (MPCA). I would enter the scene with mixed emotions and some trepidation.

Note:

The splendid rally was, in no small measure, the handiwork of the Freedom Road Socialist Organization. FRSO has been at odds with the CPUSA (Community Party of the USA) for many years. However, they

I closed by confessing that, years ago, I had made the molds for the giant drill bits, which are now again being deployed in Minnesota's boundary waters to determine the range of copper/nickel deposits there. Indeed, for the sake of profit, Smith Foundry is willing to diminish the health and longevity of our Mother Earth.

Meanwhile... Ponder the emotion of Palestinian mothers who can not reach their babies beneath the rubble.

Peter Molenaar advocates a broad united-front, even as he describes socialism as the future solution.

PARTNERS IN PREVENTION

Fostering conversations for health and wellbeing

Location and Hours:
February 8-April 11
Thursdays
11 am - 2 pm

Center for Changing Lives
2400 Park Avenue,
Minneapolis
Conference Room
182

FREE NURSING SERVICES:

- Blood pressure checks
- Pre-diabetes screening
- Dental screening
- Clinical hand massage
- Health coaching
- Community resources
- Free community lunch!
- Incentives!

Open to the public. No registration required.

ALLEY COMMUNICATIONS IS HIRING!

Alley Communications is seeking a **business manager** to coordinate operations for the Phillips Community newspaper and other community journalism engagements. Primary duties include managing relationships with advertisers and accounts receivable, coordinating with and paying vendors, picking up mail and making bank deposits, and supporting budgeting and fundraising efforts.

Ideal candidates will have experience with Google and Adobe Suites in addition to basic bookkeeping and communication skills. The position is a contract position at 20 hours/month at \$35/hr. Interested candidates should email Cathy Strobel-Ayres at cstrobel11@gmail.com.

Join the Board of Alley Communications

and help other volunteers grow the organization to more fully fulfill its mission- "to inform and engage the Phillips Community".

Email susanngust@gmail.com to discuss and learn more!

Movie Corner

Rustin



Higher Ground Productions 2023 Drama/Biography/History

By HOWARD MCQUITTER II



Howard McQuitter II

Bayard Rustin (Colman Domingo) is a name relatively unknown in the fabric of American history, especially in regard to the Black history. Far too long, great contributions to American society - and to the world - by people of color, women and gay people have been put on (or beyond) the margins. I remember the name Bayard Rustin as an adolescent African American boy growing up in the times of the civil rights movement, Presidents Kennedy and Johnson, the Vietnam War, Gilligan's Island, great R&B artists, and eight-track tapes. There is so much to be said for the man, Rustin, a true hero, warrior and orator. And Mr. Colman Domingo plays the role of Rustin beautifully, not to mention his likeness to the man appears on screen as if he's still alive. Back in 1940, Rustin tried to organize a March on Washington, collaborating with A. Philip Randolph, labor and civil rights activist, to protest segregation in the Armed Forces and government jobs.

I fast forward to the early 1960s, because that's where the film starts (with a few flashbacks of white police officers



Higher Ground Productions

beating Rustin on a bus for not giving up his seat to a white person, or arresting him in the midst of an illegal sex encounter with another man). Here he is discussing how to organize the March on Washington for Jobs and Freedom on August 28, 1963, with the likes of giants in the civil rights movement Martin Luther King (Aml Ameen), A. Philip Randolph (Glynn Turman), Ella Baker (Audra McDonald), Adam Clayton Powell (Jeffrey Wright), Roy Wilkins (Chris Rock), Dr. Anna Hedgeman (CCH Pounder), Elias Taylor (Johnny Ramey), James Farmer (Frank Harts), and a number of volunteers, both Black and white. Rustin tells everybody in the room he and others can draw 100,000 people or more to Washington for one or two days. They balk at his statement, thinking he's crazy. Roy Wilkins, head of the national NAACP, and Adam Clayton Powell, Congressman from New York, are especially skeptical of this man's assurance that the March can succeed in bring-

ing people from every corner of America reaching 100,000 or more. Many at the table with Mr. Rustin are uncomfortable and appalled by his homosexuality. Adam Clayton Powell is determined to get Rustin out of the movement by lying, saying King and Rustin had sex at one point.

During a party, as people are dancing to the smooth and vibrant R&B tune "Shotgun" by Jr. Walker & The All Stars, Rustin is confronted by a naysayer to whom he responds, "On the day I was born, I was born Black and I was also born homosexual." Much of the angst among organizers comes from those who knew of his sexuality, fearing it would compromise the movement. F. B. I. Director John Edgar Hoover announces that Rustin is a pervert and maybe a Communist, therefore dangerous to society. Hoover's real ambition is to destroy Martin Luther King and the entire civil rights movement. (Hoover will shortly attempt to undermine Malcolm X and the Black Panthers.) What Rustin's opponents in the move-

ment fail to realize is that focusing on his sexuality allows the movement to hemorrhage and white supremacy to go unchallenged.

Director George C. Wolfe (Ma Rainey's Black Bottom 2020) effectively forms the characters and gives his audience a realistic portrayal of the era. Washington D.C. was not eager to lay down the carpet for the oncoming marchers. An estimated 250,000 people marched that day. August 28, 1963 is etched in the fabric of American history thanks to the relentless efforts of Bayard Rustin.

Cast: Colman Domingo (Bayard Rustin), Chris Rock (Roy Wilkins), Glynn Turman (A. Philip Randolph), Aml Ameen (Martin Luther King), Gus Halper (Tom), Johnny Ramey (Elias Taylor), CCH Pounder (Dr. Anna Hedgeman), Michael Potts (Cleveland Robinson), Audra McDonald (Ella Baker), Jeffery Wright (Rep. Adam Clayton Powell), Lilli Kay (Rachelle), Jordan-Amanda Hall (Charlene), Jakeem Powell (Norm Hill), Ayana Workman (Eleanor Holmes), Grantham Coleman (Blyden), Frank Harts (James Farmer).

Director: George C. Wolfe. Screenwriters: Julian Breece and Dustin Lance Black, and others.

Cinematography: Tobias A. Schliessler.

Original Music: Branford Marsalis.

Running time: 106 minutes.

Howard McQuitter II is a long-time movie critic. He has been reviewing movies for the alley since 2002.

Editor notes: Higher Ground Productions was founded in 2018 by former President and First Lady Barack and Michelle Obama. The film is streaming on Netflix.

Continued from page 3...

Tales, cont.

her hands and told her, "Mother, dear little woman, don't worry yourself. This will come out all right."

When it was Lodusky's turn to testify, his lawyers tried to show that both sides of the family had a history of mental illness which might explain why Adry was, as they claimed, delusional. The judge ruled this "insane ancestry" as inadmissible evidence. Instead, the lawyers questioned her about her middle son's behavior. She testified that his actions were always "...strange to me, [they] seemed very strange." It was clear that she was willing to sacrifice Adry's life for Harry's.

Harry was wrong. Things did not turn out all right. The judge instructed the jurors that they could only find Harry guilty if they believed the testimony of his brother. They did. After a trial that had lasted seven weeks, it took the jury only three hours to declare Harry guilty of first-degree murder. He was sentenced to hang.

The family discord did not end with Harry's death. During the memorial service that was held for him, Lodusky threw petals from white carnations on his coffin. She moaned and cried out, "My baby boy! God has forgiven him! O, God has forgiven him!"

Then her voice changed and she began channeling Harry's spirit: "Be brave, mother. Be brave and strong. For chains bind me but cannot chain my soul. I'll come back to you." She then placed her hands on Adry's face and said, "Tell him I've forgiven him, mother." Adry was stricken. He did not follow his family from the chapel.

Harry may (or may not) have forgiven Adry from beyond the grave, but whether or not Adry was ever able to forgive his parents, especially his mother, for her betrayal is an open question. Lodusky Hayward died on September 11, 1903, from apoplexy at the age of 65. William Hayward died on February 13, 1915, from pneumonia at the age of 81. They are buried next to their favorite son in Lot 33, Block D.

Sue Hunter Weir is chair of Friends of the Cemetery, an organization dedicated to preserving and maintaining Minneapolis Pioneers and Soldiers Cemetery. She has lived in Phillips for almost 50 years and loves living in such a historic community.

GRIEF AND CARE

In our October issue, we asked folks to write in to talk about grief and the ways we care for each other. Here are a few words, photos, and remembrances shared. The alley hopes that beyond this prompt, this paper continues to be a space to hold all these seeming contradictions: grief and care, joy and sorrow, creativity and frustration.

DanDan - Still Teaching

Remembrance submitted by MARY ELLEN KALUZA

I did not know DanDan. I became aware of his existence at the community meeting on September 12th with the Nenookaasi Camp. Residents and supporters of Nenookaasi Camp spoke about DanDan with great affection, clearly grieving his passing. Their sadness filled the room, and opened my eyes to their humanity.

DanDan had lived in the Hiawatha camp that was torn down by the State and led to the establishment of Nenookaasi Camp on the 2300 block of 13th Ave. I learned that DanDan had received other housing while living in the Hiawatha camp, but he returned to the camp because he missed his community. He was lonely. The camp residents were his family and friends. He died suddenly on the sweltering day the camp was demolished.

While I never met DanDan, I gained vital lessons thanks to his walking this earth. The first is that humans are very good at dehumanizing other humans. It is what allows us to enslave people, conquer people, steal from them, kill them, ignore them. If we look at others knowing that

they love and are loved - no different from ourselves - we can't treat them with any less kindness than what we ourselves would want. We are all capable of falling into that dehumanizing mode and have to be ever mindful of what is in our own hearts and minds.

The other important lesson is how vital community is to our happiness and wellbeing. I can take my stable community for granted but too many people do not have that luxury. Instead they live a life of a cruel whack-a-mole game, suffering a painful loss with each eviction. Tearing down an encampment filled with folks without a home in the absence of plans to house that community intact elsewhere is undeniably inhumane.

As we are all capable of dehumanizing others, we are also capable of empathy, generosity, and love. Let's work on the latter. To honor DanDan.

Community, Love, Entertainment, and Expression



LAURA HULSCHER



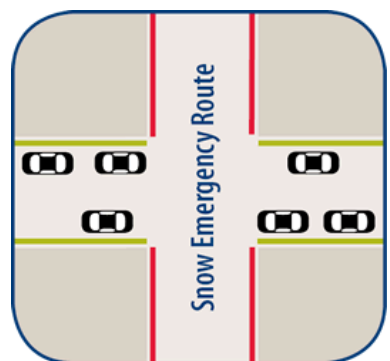
LAURA HULSCHER



LAURA HULSCHER

Ebenezer Tower (2523 Portland Avenue) residents gathered at their monthly Sample Night at the Apollo on November 17th to enjoy, jokes, riddles, karaoke, harmonica playing, and a special performance from entertainer Nathaniel Harris. If you live at Ebenezer, look for Sample Night at the Apollo each month for a chance to share your talent, try out performing, or just be entertained! Pictured are Maureen Donegal, Rotimi Lamikanra, and Nathaniel Harris.

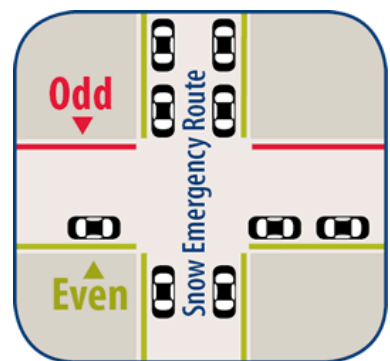
It's that time of year again...



Day 1 9 p.m. - 8 a.m.



Day 2 8 a.m. - 8 p.m.



Day 3 8 a.m. - 8 p.m.

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Dave Moore & Linnea Hadaway have lived here since the Reagan 80s and became life partners while originating the cartoon series "Spirit of Phillips."

Advertisement for Dave's Dumpster featuring a cartoon illustration of Santa Claus and the text 'TREAT OTHERS HOW YOU WANT TO BE TREATED' and 'The Golden Rule is NOT He who has the gold rules!'

More Health Champion Stories!

PILATES & PERSONAL TRAINING

RHETI MEKHA



Rehti has led internal and community-facing programs integrating whole-person fitness, spirituality, and well-being. She is certified as a personal trainer, Kentic Yoga instructor, and Pilates mat and reformer trainer. She leads the community to hear the messages their body shares and plays the role of mentor, leader, and healer. She is a Health Champion of the CWC's Community Health Hub and personal trainer and Pilates instructor for the YMCA of the North.

My Body Talks! (MBT!) was started as an incubated initiative of the Cultural Wellness Center, which included a first contract as the organizational wellness leader and personal trainer for the Cultural Wellness Center team.

Interested in how to connect with the personal trainers or Pilates instructors for reformer or mat training? Call 612-249-9528, leave a message on our call line, your call will be returned within 24 hours.

Videos for Craniosacral are posted weekly on our Facebook pages, the Backyard Community Health Hub and Cultural Wellness Center and our YouTube Channel. Interested in having a one-on-one session? Call our call line and leave a message.



RYAN BARNES

KINESIOLOGY PERSONAL TRAINER AND EXERCISE PHYSIOLOGIST

Ryan received a Bachelor's Degree in Kinesiology from Iowa State University. Post-grad, Ryan later enhanced his degree by obtaining a Certification in Exercise Physiology to better understand how the body responds and adapts to physical activity. Ryan is the founder of Blair Ryan Health and Wellness, a unique player in the wellness industry, taking an innovative approach to providing health and wellness services that will leave you feeling stronger and healthier. At Blair Ryan Health and Wellness, and as a Health Champion the CWC's Community Health Hub, clients are given a variety of options assisting them in managing their overall well-being and making positive lifestyle changes they've been wanting and needing.



CASPIAN WIRTH-PETRIK

CRANIOSACRAL THERAPY

Caspian is a craniosacral practitioner. Craniosacral is a gentle touch practice on a massage table while a person is fully clothed. It can support hydrating myofascia, increased range of motion, increased flexibility and fluidity, uncoupling conditioned habit momentum patterns to open to more authentic movement, increased vitality and honor for life energy, and awareness of relationships. When we can again hear the quiet voices of body we can again hear the quiet voices of community, so that no organ nor person needs to be louder than they want to have their message heard.



Cultural Wellness Center

Health · Heritage · Harmony

2025 Portland Avenue South Minneapolis, MN 55404

612-721-5745 | www.culturalwellnesscenter.org



Like Us on FACEBOOK

Wondering how to build wellness through cultural connection? Interested in filling out a wellness self-assessment? Reach out to Roberta@culturalwellnesscenter.org