

FREE community journalism trainings on March 8th and 16th, see page 7 for details!

Cumulative Impact Laws Ignored in East Phillips

The MPCA lacks a sense of urgency in addressing high levels of asthma, cardiovascular disease, and other negative impacts in East Phillips

By KAREN CLARK AND H. LYNN ADELSMAN

As community members continue to demand Smith Foundry be shut down due to toxic emissions and continue to show up at meetings where the Minnesota Pollution Control Agency (MPCA) says it's listening and cares, the strong odor continues.

On its website, the MPCA states: "The MPCA continues to focus on improving air quality in overburdened communities and to work toward environmental justice."

However, in February 2024, Círculo de Amigos staff called to report the exposure of children at the child care center to a strong odor of toxic emissions, but no one from the MPCA responded with a site visit. There is no clear direction for what residents can do, or what MPCA is actively doing to reduce harmful exposures to residents in East Phillips, Little Earth, and the surrounding communities. Use of an asthma inhaler due to heavy pollution should not be the norm, nor should it be an acceptable way of life for anyone in Minneapolis.

With no response other than claiming that there are no significant air quality issues or negative health effects originating at Smith Foundry, the MPCA continues to ignore its mandate, asking the community to be patient as they study and host more meetings.

In 2008, the Clark-Berglin Cumulative Impact Legislation was created to improve air quality and community health, yet the MPCAs tells East Phillips residents that after analysis



DAVID PIERINI

Jolene Jones directed anger and frustration towards a panel of officials from the Minnesota Pollution Control Agency at a community meeting in November.

and response, there's no legal requirement to do anything differently. (See sidebar for a definition of Clark-Bergin Law). The residents of East Phillips and South Minneapolis want to know the following:

1. What is the MPCA's analysis and response in regards to the 2008 cumulative impact law for both the Smith Foundry stack and the whole foundry? While there is no charge for MPCA to follow any specific action given their mission of "focusing on improving air quality in overburdened communities," what CAN the community expect from them? When the analysis is done, will the public have access to it, and will a response include not only Smith Foundry, but also

The 2008 Clark-Bergin CUMULATIVE

IMPACT LAW STATES,

The agency may not issue a permit to a facility without analyzing and considering the cumulative levels and effects of past and current environmental pollution from all sources on the environment and residents of the geographic area within which the facility's emissions are likely to be deposited.

the names of other nearby facilities considered in the community-wide cumulative impact study? And will there be any action related to the analysis?

2. In 1996, Bituminous Roadways roadways received a non-expiring

Continued on page 8...

accepted submissions: photos, neighborhood news, feature articles, interviews, profiles, fiction, cartoons, opinions, artwork, poetry

How to submit to the alley

1. Find and write about a topic relevant to the Phillips Community.

2. Stick to these general rules: 500 words for an opinion piece and up to 700 for a feature piece, and no profanity or harm!

3. Ask a friend to proof-read!

4. Send in your article, any images, permissions, and captions, in their final and best form to **copydesk@alleynews.org** by 5pm SHARP on the 12th of the month!

5. Copydesk may follow up with clarifications, any image issues, etc.

6. The Editorial Leadership Committee decides what should go into the alley, and when. News and stories that focus on Phillips and are timely are prioritized.

Get the alley FREE in your mailbox each month!

No matter where you live, sign up for a free copy of the alley each month by scanning this QR code or visiting:



<https://alleynews.org/delivery-and-communication/>
Postal deliveries will start once we have 200 sign-ups!

Owámniyomni Okhódayapi Welcomes Barry Hand as Program Director

By OWÁMNIYOMNI OKHÓDAYAPI

Owámniyomni Okhódayapi (formerly Friends of the Falls), a project rooted in the revitalization of Dakota culture and restoring connections to the River, proudly welcomes Barry Hand as its newest team member. With a rich background in teaching Dakota language and an impressive portfolio of community development initiatives, Hand brings a wealth of experience to the role of program director. We introduce Hand to the community by delving into his background, his recent contributions at *Tinta Wita* (Prairie Island), and his early visions for programming at *Owámniyomni* (St. Anthony Falls).

Barry Hand's journey is one marked by a deep commitment to language preservation and community development. Hand's roots growing up in a Lakota language-speaking

household laid the foundation for his career. He has taught Dakota language for the past 15 years and, armed with a degree in public policy with a focus on sustainability, has collaborated on program development with institutions like Harding High School and the University of Minnesota. His experiences, from helping to put on the first Dakota Language Bowl in the Twin Cities, to four years at Bdote Learning Center, showcase his dedication to cultural education and experiential learning.

While working for *Tinta Wita*, Hand spearheaded various programs, including the creation of a winter camp and the building of traditional bark lodges, a feat that hadn't been accomplished in Minnesota in over 150 years. His philosophy centers around positivity in

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thealley

Alley Communications is a Not-For-Profit organization.

The Mission of Alley Communications is

- promoting art and culture,
- advocating for issues,
- building healthy community,
- facilitating deliberation,
- lifting every voice,
- documenting history,
- agitating for change,
- giving truth and democracy a jog forward.

Guided and Informed by: Phillips residents

Governed by Directors: Steve Dreyer, Susan Gust, Rico Morales, Cirien Saadeh

Operated by Editorial Leadership Committee: Laura Hulscher, Mary Ellen Kaluza, and Harvey Winje

Business Facilitated by: Erick Boustead

Production Facilitated by: Graphic Designer + Coordinator, Mattie Wong

Page Coordinators: Steve Dreyer and Daniel Dorff, VV News; EPIC News; MPNA News; Roberta Barnes and Jessie Merriam, Back Page, Social Media: Jessie Merriam, Susan Gust, Cirien Saadeh

March contributors to the alley: A24, AARP, H. Lynn Adelsman, All My Relations Arts, American Swedish Institute, Angel Studios, Ari Baum-Hommes, City of Minneapolis Health Department, Karen Clark, Steve Dreyer, Jaida Grey Eagle, East Phillips Improvement Coalition, Linnea Hadaway, Russ Henry, Dwight Hobbes, Laura Hulscher, Sue Hunter Weir, In the Heart of the Beast Puppet and Mask Theatre, Journalism of Color, Mary Ellen Kaluza, Elina Kotlyar, Marti Maltby, Tim McCall, Howard McQuitter II, Midtown Global Market, Midtown Phillips Neighborhood Assoc., Minnehaha Falls Landscaping, Peter Molenaar, Dave Moore, MPRB, Neon, Open Eye Theatre, Owámmiyomni Okhódayapi, Paramount Pictures, Phillips West Neighborhood Organization, David Pierini, Marcie Rendon, Searchlight Pictures, Jane Thomson, Toho Co., Ltd., Tree Trust, University of Minnesota Bee Lab, University of South Dakota, Rachel Urick, Ventura Village Neighborhood Organization.

DONATIONS

Thank you to neighbors, readers, advertisers, subscribers, and GiveMN. Alley Communications is a Not-for Profit 501C-3; donations are tax deductible.

the alley is delivered to homes, businesses, places of worship, institutions in Phillips and in nine adjacent neighborhoods.

Board meetings: 6:30 PM 2nd Tuesday by Zoom. Editorial Leadership Team 2nd Wednesday 8:30 -10:00am, 4th Thursday 6:30-8pm by Zoom.

Correspondence becomes the property of the alley and may be published.

Opinions in the alley newspaper and its social media are those of the authors and artists and do not necessarily reflect the official policy or position of Alley Communications, its Board, Editorial Leadership Committee, or other neighbors or writers.

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submissions: copydesk@alleynews.org
ads: businessmanager@alleynews.org

Submissions due the 12th day of the previous month



Franklin Library News

By Ari BAUM-HOMMES

All information listed here is accurate as of February 12th, 2024. For the most recent information, check out the library website at www.hclib.org.

FRANKLIN LIBRARY HOURS

Monday	9 AM to 5 PM
Tuesday	12 PM to 8 PM
Wednesday	12 PM to 8 PM
Thursday	12 PM to 8 PM
Friday	9 AM to 5 PM
Saturday	9 AM to 5 PM
Sunday	12 PM to 5 PM

PROGRAMS FOR YOUTH AND FAMILIES:

HOMEWORK HELP

Tuesdays and Thursdays, 3:30-7:30 PM
Saturdays, 1-5 PM

Find homework resources for K-12 students online and at all our libraries: history, language arts, math, science and more.

STEAM WORKSHOPS FOR YOUTH

Wednesdays, 5-6 PM

Drop in for fun and creative STEAM (science, technology, engineering, art, math) experiments and projects! Materials provided. Led by Franklin Library’s Teen Tech Squad.

WAY TO GROW

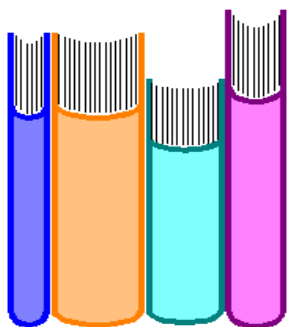
Tuesday, February 6, 3:30-5 PM

Way to Grow connects parents of kids 0-8 to a culture-to-culture family educator to help with resources and provide support and education.

YOUNG ACHIEVERS

Thursdays, 4-6 PM

Open to all teens who want to learn about various arts and media (including video projects, skits, and poems)! Young Achievers supports members to be a positive voice for their generation and community.



PROGRAMS FOR ADULTS:

COFFEE & CONVERSATION

Second Wednesday of the month, 12:30-2 PM

Join Franklin Library staff for free coffee & conversations with neighbors.

BLOCK PRINTED OWL CARDS

Wednesday, March 13, 3-4:30 PM

Celebrate the beauty of nature by creating handmade owl cards using block printing. Create a drawing or use a template and learn how to design, carve, and print a set of unique cards to give on special occasions. Materials provided. Collaborator: Parcel Arts. This program is funded with money from Minnesota’s

Arts and Cultural Heritage Fund. Register online.

SMALL BUSINESS INFORMATION

Third Tuesday of the month, 12-2 PM

The City of Minneapolis Small Business Team is holding public office hours at Franklin Library. This is a great opportunity for people with questions about starting, maintaining, or expanding their businesses. Please feel free to drop in – no appointment needed.

TECHNOLOGY HOUR

Mondays, 1-3 PM
Tuesdays and Sundays, 1-2 PM

One-on-one help with computers, smartphones, tablets, and

e-readers. Library staff are available to assist you on your own devices and library computers.

ASK THE LIBRARY

Have a reference or library account question? You can chat, email, text, or call the library. Chat or email at www.hclib.org/contact, text to 612-400-7722, or call 612-543-KNOW (5669) to reach library staff by phone.

Español/Spanish: Llame o envíe un texto al 651-503-8013 para recibir ayuda en español.

Hmoob/Hmong: Hu losis text rau lub tsev nyeem ntawv ntawm 612-385-0886 txais kev pab hais lus Hmoob.

Soomaali/Somali: Caawimaad Soomaali ah, soo wac ama qoraal (text) usoo dir maktabada 612-235-1339.

Ari is a librarian at the Franklin Library.

HOME | FOOD | CRAFT | KIDS | CULTURE

INGEBRETSEN’S

NORDIC MARKETPLACE

Happy Easter!

How to write a

LETTER TO THE EDITOR

Letters to the Editor are always welcomed. Three important criteria: no foul language, do no harm to an individual, must be “signed” by the author. Short and succinct is better - under 300 words if possible. Letters may be edited for length.

email your letter to copydesk@alleynews.org no later than the 12th of the month, by 5pm SHARP.

Letter to the Editor

All the Facts of Colonialism, Please

I agree with the first half of Whitney Wildman’s Letter to the Editor, titled “Resistance is a Human Right”, in the alley newspaper, February 2024.

Israel’s (Netanyahu’s) retribution for the October 7 massacre is horrifically out of proportion. Many Jewish people in the U.S. and in Israel would also agree.

They ceded it to the Jewish people as a homeland, ignoring the Palestinians.

If this was a “land” grab or a “colonial project”, England is responsible, not the Jews, because Israel was their original home. Jesus was a Jew. Palestine also belongs to the Palestinians. A two-state solution is needed.

Jane Thomson
St. Paul, MN

I disagree with Wildman’s take on the history of the area. The Jews living in Israel did not commit a “land grab”.

Palestine was their ancestral home before most of them were driven out by the Romans hundreds of years ago. England acquired Palestine after WWI.



Tales from Pioneers and Soldiers Memorial Cemetery

By SUE HUNTER WEIR

220TH IN A SERIES

Caretaker Albert Nelson’s Journals– 1927-53–Tell Stories: Toddler Toted Toys to Top Treasure Trove –1938

Albert Nelson

Some of Albert Nelson’s workdays were more interesting than others. Nelson, the Cemetery’s Caretaker from 1927 until his death in 1953, sent a monthly report to his supervisor detailing his work and the number of hours that each task took. He often included a brief account, usually no more than a sentence or two, of unusual happenings in the Cemetery. In his report for April 1938, he wrote “Wed., April 20th, played nurse to a lost baby boy at the Cemetery for two hours until the mother and police called for him at the same time.” That baby boy was two-year-old James Horace Spillane.

James Horace Spillane

James was the youngest of Edward and Helen Spillane’s four children. The family lived just a few blocks from the Cemetery at 1839 East 28th Street. James, who had just turned two on February 10th, somehow managed to cross Cedar Avenue by himself and wander into the Cemetery. Apparently, he planned to stay a while since he brought a toy truck and a toy car with him. If James’ mother was frantic when she noticed that her son was missing, James clearly was not. A photographer for the Minneapolis Tribune captured a photo of James who appeared to be having the time of his young life. His toys were neatly lined up on the headstone of Roxanna Willard who had died 70 years earlier.

Roxanne (Converse) Willard

Roxanna was the daughter of transplanted New Englanders, Caleb and Harriet Converse. Their family moved to Minneapolis in the mid-1860s where Caleb found work as a blacksmith. Roxanna was a young bride. She married Henry Willard on July 4, 1865. Three and a-half years later, on Christmas in 1868, she died from tuberculosis. She was only



James Spillane having the time of his young life with his toys on the headstone of Roxanna Willard in this Minneapolis Tribune photo from 1938.

21 years old. Roxanna became the first member of the Converse family to be buried in the family’s plot.

Roxanna’s marker is made of marble, a beautiful stone, but one that is not very well suited to Minnesota’s climate extremes. It is even less well suited to acts of vandalism. The photo that appeared in the Tribune shows the marker in relatively good shape, the engraving only a little worn. The more recent photo shows the marker as it looks today at least two feet shorter than it originally was; the engraving is faded but still legible. Sometime after James’ big adventure in the Cemetery the marker was vandalized. Over the years there have been a number of acts of vandalism in

the Cemetery including one on February 2, 1944, when, according to the Minneapolis Star, a “band of vandals,” believed to be teenage boys, vandalized 50 headstones. And there were other, later acts of vandalism, as well.

Edward and Helen Spillane

Once young James was returned to his family, his wandering days appeared to be over. His father, Edward, a bookkeeper for the Electric Company, and his mother, Helen, and their children moved several times over the next few years but never farther than a few blocks from the Cemetery. Two of the houses in which they resided in Phillips are still standing. The family attend-

Continued on page 5...



Contribute!

Hey, you read ‘the alley’!

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Scan the QR Code to donate at GiveMN or send a check to Alley Communications, PO Box 7006, Minneapolis, MN 55407

Something I Said

Marcie Rendon’s Sweet Revenge

Reviewed by DWIGHT HOBBS

What’s An Indian Woman To Do When White Women Act More Indian Than Indian Women Do, part of a prose-poetry reading at Jungle Theater, was my first exposure to the bone dry wit of singularly gifted writer, Marcie Rendon. Catching her irreverent theatrical tour de force, *Free FryBread* at Bryant-Lake Bowl. a take-no-prisoners satire cum indictment of the prison system, I sat back in my seat, thinking, ‘Scared of her: this lady ain’t nothin’ nice.’ Her play, *Sweet Revenge*, receives a March 20th stage reading at the Jungle and I wouldn’t miss it for the world. Between books *Murder on the Red River*, *Girl Gone Missing* and upcoming releases, *Anishinaabe Songs for the New Millennium* and *Where They Last Saw Her*, she pretty much has two speeds, asleep and overdrive. Rendon took time for an email interview with the alley.

Dwight: Maggie’s the matriarch, nurturing backbone of the family. If that character isn’t modeled after you, I’ll eat my hat. Just how autobiographical is the play?



Marcie Rendon

Marcie: The part that’s autobiographical is the urge to do in the ice cream truck drivers. When you are raising children in the ‘hood and that dang driver comes by every 15 minutes at the beginning of the month and then tapers off to one day a week at the end of the month, it does get on a mother’s nerves. That ding-ding-ding call to sugar and the beg for money from the children is tough to cope with.

In October of 2024. One can write a script but it seems to take much more work and time to go from writing to production. *Sweet Revenge* has been ‘in process’ for a good twenty-years.

Dwight: Are there plans for a new *Raving Natives* project?

Marcie: If no one picks up *Sweet Revenge* there is always

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WHAT'S HAPPENING IN EAST PHILLIPS AND MIDTOWN?

NENOOKAASI HEALING CAMP - THE FACTS

- Since the onset of 2024, Nenookaasi Healing Camp has been evicted three times.
- The availability of beds at shelters fluctuates significantly depending on the time of day; while there may be a surplus in the morning, by nightfall, when they are most needed, there are only a few beds. At the time of the last eviction, there were only five temporary beds available.
- Over 80% of camp residents are Indigenous.
- The city of Minneapolis replaced evicted lots with large cement rubble.
- Minneapolis spends anywhere from \$40,000 - \$265,000 (according to city data) on each eviction.
- Camp organizers and housing support specialists have helped house over 100 former residents and enroll in sobriety treatment.
- Camp Nenookaasi has received over \$65,000 in donations, with the majority of donations averaging at \$50
- Mayor Frey's approach thus far lacks substantive, dignified solutions. Temporary housing, while a stopgap measure, falls short of addressing the fundamental need for permanent, dignified housing.
- Evictions only serve to displace people, perpetuating the cycle of instability and insecurity.



VENTURA VILLAGE

venturavillage.org 612-548-1598 villageventura@gmail.com

Hope Community will be having their **garden planning night** Tuesday, March 5th, 5:30 - 7:30 at the Hope Commons (611 E. Franklin). Dinner will be provided.

Waite House will be holding **free citizenship classes** every Monday and Wednesday evening, 5:30 - 7:30 beginning March 4th. Call 612 - 721 - 1681 to enroll.

Twin Cities Habitat for Humanity will begin construction this March on two new single-family homes on the 1400 block of E 22nd St. The first home of this project will be nearing completion later this year.

February was Black History Month and the staff at the Phillips Community Center incorporated that into their activities for the month. In the Teen Center they used their 3D printer to produce a design of Dr. Martin Luther King. In the gym DJ Biig Miic presented a live set. The theme for the month was "Hoops, Jams, Chill and Design".



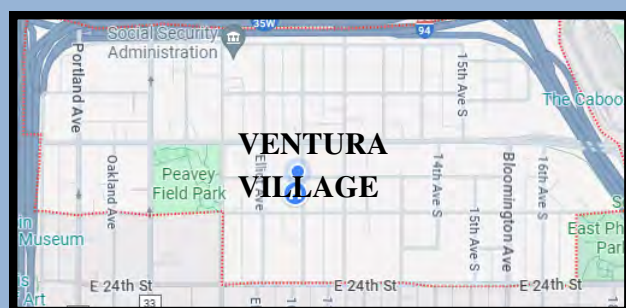
SAVE THE DATE

Saturday, April 20th we plan to join our Southside Peacekeeping Coalition in doing a neighborhood - wide cleanup of trash and graffiti. Watch our website and this paper for more details!

**Make a difference!
Become a member
Join our Board
Go to venturavillage.org
for more information.**

Our March Membership Meeting will be Wednesday, March 13th at 7 PM. We'll meet in person at the ICCM Life Center, 1812 Park Avenue and also via Zoom.

View the newsletter on our website for a list of many more events and resources available.



Peace House Community - A Place to Belong

Embracing Failure

By MARTI MALTBY



Marti Maltby

"Anything worth doing is worth doing poorly at first. It's worth doing poorly many times until you get good at it."

-Paul Tracy (or maybe it was Zig Ziglar, I can't remember which)

"Go on failing. Go on. Only next time, try to fail better."

-Samuel Beckett

As someone who grew up receiving a fair amount of criticism when I failed (one of the byproducts of being compared to two exceptionally gifted brothers). I often try to protect myself from failure. Maybe it would be more precise to say that, when I fail, I make sure I have my excuses ready. I've learned that no one can completely avoid failure. Life will sometimes require us to do things we aren't that skilled at doing, and we won't be able to do it well enough. That may not technically be a failure, but as I grew up, it felt like it was.

It took a long time for me to realize that avoiding my failures

didn't do any good for anyone. Others learned that I wouldn't take responsibility when I made mistakes. I couldn't learn from my mistakes because, I argued, it was always someone or something else's fault. It was a miserable way to live.

Eventually, I started to mature emotionally and face my failures. I think two types of people helped me make the shift. The first group treated my failures as opportunities for me to improve, and they took the time to explain what I had done wrong and how to do things better next time. They didn't shame or judge me. They just knew I could do better and wanted to help me get there.

The other group actively encouraged me to make mistakes. In their minds, if I wasn't making mistakes, I wasn't trying hard enough. Making mistakes was the only way they could discover what they could do, and where their limits were. If they did something perfectly, they would be annoyed because they felt like they probably could have done it better, but because they played it safe they hadn't achieved their full potential.

It was liberating to have people not only accept, but even to embrace, my mistakes. It was new for me, and it removed the stigma of falling short of others' standards.

I will forever be grateful to an old hippie named Don who was so enthusiastic about mistakes

that I was overwhelmed by the lecture he gave me. He taught me to drive a forklift; he was the best forklift driver at the ministry where we worked. One day I made a basic mistake on the forklift that cost the organization hours of labor when we couldn't afford it. I was so demoralized that I didn't even try to fix the problem, since others were already working to sort out my mess. When I bumped into Don and told him what had happened, he broke out with "Dude! That's what you're supposed to do! That's how you learn! How do you think I learned to do what I do? I've driven a forklift off a dock, I've rolled them suckers, I blew out both my knees smashing into a wall. I done more damage than you can imagine. But I never made the same mistake twice. Once I knew what the machine could do and what it couldn't, that's when I knew what I could do with that machine. You're just learning. If you can't tell me each week about something you did wrong, I'll know you're a slacker!"

It was a whole new way for me to look at failure and mistakes. I still get frustrated by my mistakes, but I'm much better at learning from them thanks to Don.

Marti Maltby is an avid cyclist, Director at Peace House Community, and an obnoxiously proud Canadian.

Tales, cont.

Continued from page 3...

ed Holy Rosary Church, and James went on to graduate from the original South High School at 24th and Cedar Avenue in 1954. Shortly after graduating, he joined the Army and served in the U.S. Special Forces 4 in Korea. When he returned to Minnesota, on October 4, 1958, he married Ann Loranger.

From that point on, James is hard to trace. He does not appear in any Minneapolis City directories or any Federal census after 1950. He was mentioned in his parents' obituaries but there was no obituary for him after he died on February 24, 1992. He was only 56 when he died. He is buried at Fort Snelling National Cemetery.

Sue Hunter Weir is chair of Friends of the Cemetery, an organization dedicated to preserving and maintaining Minneapolis Pioneers and Soldiers Cemetery. She has lived in Phillips for almost 50 years and loves living in such a historic community.



Roxanna Willillard's marker is made of beautiful marble but two feet shorter and engraving less prominent due to vandalism and weathering.

Call for copyediting volunteers!

make an impact in local, community-based journalism

Time commitment: 3-5 hours a month.

Email: copydesk@alleynews.org



Community Journalism in action at Stewart Park! See page 7 for upcoming FREE trainings!

News You Can Use

Free AARP class helps protect against online scams and crime

Do you know how to protect your online identity effectively? This is where AARP can help. Online scams and cybercrime remain on the rise, making it crucial to safeguard your passwords and keep your personal information private online. This free event will discuss basic precautions you can take to help protect yourself from cybercriminals, including tips to help you recognize the signs and avoid phishing scams.

This **FREE** class is a partnership between The Minneapolis Park and Recreation Board and AARP to help people safeguard their identity online! Sign up today to reserve your spot for "Fraud: Vigilance Against Cybercrime".

Register here!



<http://tinyurl.com/cc5px8zj>

Free Wednesday, March 6, 2024 10:30-11:30 am
Mary Merrill MPRB Headquarters
2117 West River Road, Minneapolis MN 55411

Minneapolis property owners can enter lottery to buy low-cost trees

City offering 1,000 shade and evergreen trees

Minneapolis property owners can now enter the City Trees Lottery to buy a \$30 tree for their Minneapolis property. The tree sale is so popular, that a lottery will determine who can buy a tree this spring.

Enter here!



<http://tinyurl.com/35265azm>

The City of Minneapolis Health Department is partnering with Tree Trust to offer 1,000 shade and evergreen trees, ranging from 3 to 8 feet in height depending on the type of tree. Lottery is open February 1 - March 31.

Learn more about the city trees program at <https://www.minneapolismn.gov/government/programs-initiatives/environmental-programs/city-trees/>

Have more news to use?

Drop us a line at:

copydesk@alleynews.org

MARCH EVENTS

Dreaming Our Futures: Ojibwe and Očhéthi Šakówin Artists and Knowledge Keepers Through March 16
Katherine E. Nash Gallery
Regis Center for Art
405 21st Avenue S
Free

Dreaming Our Futures marks the opening of the University of Minnesota's George Morrison Center for Indigenous Arts, and features work in a wide variety of painting media and esthetic approaches by 29 artists including Frank Big Bear, David Bradley, Awanigiizhik Bruce, Andrea Carlson, Avis Charley, Fern Cloud, Michelle Defoe, Jim Denomie, Patrick DesJarlait, Sam English, Carl Gawboy, Joe Geshick, Sylvia Houle, Oscar Howe, Wagbli Mayásleča (Francis J. Yellow, Jr.), George Morrison, Steven Premo, Rabbett Before Horses Strickland, Cole Redhorse Taylor, Roy Thomas, Jonathan Thunder, Thomasina TopBear, Moira Villiard, Kathleen Wall, Star WallowingBull, Dyani White Hawk, Bobby Dues Wilson, Leah H. Yellowbird, and Holly Young. For more information, related programming, and gallery hours, go to cla.umn.edu/art/galleries-public-programs/katherine-e-nash-gallery.

Community Puppet Building Workshops
Saturdays, March 9, 16, and 23
11 AM - 2 PM
Midtown Global Market
920 E Lake Street
Free

In *The Heart of the Beast* Puppet and Mask Theater invites YOU to join us for free all-ages puppet building workshops with artists Stayci Bell, Felicia Cooper, Ifrah Mansour, Jake Quatt, Lu Calvo Searle, and Fletcher Wolfe. Come meet other neighbors as we build a GIANT BEAST puppet. All are welcome! Workshops are held in English and Somali, and a Spanish interpreter is available. For more information go to hobt.org.

We Hear You—A Climate Archive
Thursday, March 14
7 PM
American Swedish Institute
2600 Park Avenue
Free - Registration Required

Join director Caitlin Nasema Cassidy and Swedish Counselor

for Cultural Affairs Helene Larsson Pousette for a conversation about the global performance project *We Hear You—A Climate Archive*, exploring youth perspectives on the climate emergency.

In this lecture performance, Caitlin and Helene reflect on the project's three year journey. What is climate storytelling and how can it shift our relationship to the environment? How can a university, a national theater, an embassy, and individual artists work together? What wisdom can young people offer us in this pivotal moment? Drawing on the fields of science, arts, and diplomacy, Caitlin and Helene share what they have learned through their collaboration. To register for this free event, go to asimn.org/event/we-hear-you-a-climate-archive.

The Doctor Wee-Woo Show
Open Eye Theatre
506 E 24th Street
March 15 - 24
\$25 General Admission
\$20 Students
March 18th: Pay-What-You-Can

An original comedy by an alleged *Theatre Company*, *The Doctor Wee-Woo Show* follows the eponymous Doctor Wee-Woo and his friends as they perform their award-winning and long-running children's television program.

But something feels... wrong. Haven't they done this before? Who are they performing for? And why does Doctor Wee-Woo keep yelling? Featuring physical comedy, puppetry, and original music, it's like Mister Rogers meets Samuel Beckett. Note the performance is a dark comedy and not intended for children under 15. Find tickets and information at openeyetheatre.org/doctor-wee-woo-show.

Holi Celebration
Saturday, March 23
12 - 2 PM
Midtown Global Market
920 E Lake Street
Free

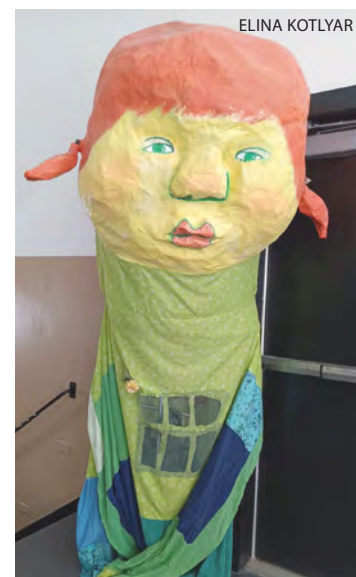
The Holi Festival of Colors in India is a celebration of the victory of good over evil. Join the Midtown Global Market and the Hindu Society of Minnesota for a narration of the Holi Festival expressions, with classical, semi classical, folk and Bollywood dance, traditional music, singing and more!



ABOVE: Oscar Howe, Yanktonai Dakota, *Creation of Weotania*, 1975. From the exhibit *Dreaming Our Futures: Ojibwe and Očhéthi Šakówin Artists and Knowledge Keepers*, on view through March 16 at the University of Minnesota Katherine E. Nash Gallery.

RIGHT: An Indian classical dancer performs at Midtown Global Market's 2023 Holi Festival.

BELOW: In *The Heart of the Beast* Puppet and Mask Theater will host three community puppet building workshops at the Midtown Global Market this month. Puppet is by Jeong Ae Neal.



Okizi (To Heal)
Through April 13
All My Relations Arts
1414 E Franklin Avenue
Free

Okizi (To Heal), is a partner exhibition with the American Swedish Institute in response to the traveling exhibition, *Arctic Highways: Unbound Indigenous People*. *Okizi* highlights the revitalization efforts that reconnect this generation and future generations of Native peoples to our language, land, and culture as a means of healing. For more information, gallery hours



and related programming, go to allmyrelationsarts.org/exhibitions-events/exhibitions/okizi-to-heal.

Arctic Highways: Unbound Indigenous People
Through May 26
American Swedish Institute
2600 Park Avenue
\$6 - \$13
Free: Thursdays 3 - 8 PM

Arctic Highways shares stories of Indigenous People who

live on different continents yet regard themselves as kindred spirits. Each artist tells their own stories, through their own forms of expression, inviting opportunities to explore what it means to be unbounded—not just for Indigenous People, but for all of us. For more information and related programming, go to asimn.org/exhibition/arctic-highways-unbound-indigenous-people.

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Center for Changing Lives
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12:00pm - 2:00pm
Virtual
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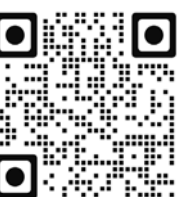


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Bee lawn example, from the University of Minnesota Bee Lab.

Protect Pollinators and Your Precious Time

by RUSS HENRY



Russ Henry

There are better ways to spend your spring and summer than mowing the lawn. The noise, smell of exhaust fumes, heat, and humidity add up to a less than pleasant chore. How many perfect Saturday afternoons have we sacrificed to appease the fickle gods of sod? Time-wasting may not be the only concern when it comes to lawn maintenance. We also need to ask ourselves if we're doing right by the environment

in the little patch of Earth, we call our lawn. Many homeowners are choosing to reclaim their weekends and support wildlife through a transition to no-mow bee lawns.

We need bees. Seventy-five percent of the world's plants and 30% of human food crops depend on bees and other pollinators to reproduce. The way we manage lawns and landscapes can have a profound impact on bee health. Common landscaping practices such as short mowing and pesticide use leave little support for bees in our landscapes.

All of our damage to the environment adds up. Many species of bees and other pollinators are facing extinction. Loss of habitat, and pesticides have led to rapidly rising rates

of extinction. According to the United Nations, current species extinction rates are 100 to 1000 times higher than normal due to human activity. The good news is that you can help bees, butterflies, and save your weekends at the same time.

The easiest way to protect pollinators at home is to replace your regular lawn with a bee lawn. Bee friendly lawns are grown with a mix of blooming ground cover combined with no-mow grasses. Bee lawns are visually appealing with blossoms throughout the season, while also providing food for bees and other pollinators.

Transitioning to a Bee Friendly Lawn

There are two basic methods – moderate and rapid –

for transitioning regular grass lawns to bee lawns. Both methods utilize the same seed mix. To ensure quality, you'll want to purchase bee lawn mix from a locally-based seed vendor. Make sure the mix you purchase includes Dutch White Clover, Self-Heal, Creeping Thyme, and at least four types of no-mow fescue grass.

There has never been a better time to support local pollinators by transitioning to a bee lawn. Bee lawns are the perfect way to enjoy a nature-filled pollinator paradise outside your front door and get your weekends back!

Moderate Transition

If you are patient, moderate transitions tend to cost a little less and require more time to

provide habitat. Here is how it's done:

- Three times per season (early spring, late summer, early fall) aerate using a core aerator and over-seed your existing lawn with pollinator seed mix.
- Run aerator 2-3 times over all parts of the lawn.
- Seed according to instructions on the bag, usually about 4 lb/1000 sq ft.
- Combine this with organic soy-based fertilizer and a liquid compost extract to give the seedlings everything they need to get growing.
- Watering is optional for the moderate transition method because seed sprouts in

Continued on page 11..

MPCA, cont.

Continued from page 1...

"Air Emission Registration Permit" given to businesses with "low levels of actual emissions," which is why they haven't undergone their own individual cumulative impact analysis. But given the black carbon emissions and odors they produce, will MPCA consider revoking that non-expiring permit? And what if Bituminous Roadway does not close as expected, given the interest it has shown in the Cedar Avenue redesign, which won't be complete until 2026, a year after the community has been told they will leave?

For more than a decade and a half the MPCA has ignored, not reported on, or not acted upon cumulative impact analyses as required by the 2008 state



law protecting this environmental justice neighborhood. The MPCA has enforced the law in other parts of the community, but not in East Phillips, where residents who are low-income, Indigenous and people of color fought so hard to successful-

ly pass it. If Smith Foundry and Bituminous Roadways were located outside East Phillips, wouldn't they, long ago, have been shut down? MPCA has the emergency powers to do that right now.

Cassie Holmes paused as she spoke of the children at Little Earth who have respiratory and heart conditions she believes were a result of pollution from Smith Foundry.

CALL FOR SUBMISSIONS

Is there something going on in Phillips that should be noted in the alley?

Let us know all about it by sending your sentences and/or photographs to:
copydesk@alleynews.org

Join the Board of Alley Communications

and help other volunteers grow the organization to more fully fulfill its mission- "to inform and engage the Phillips Community".

Email susanannngust@gmail.com to discuss and learn more!



Movie Corner

Howard's Ten Best of 2023

By HOWARD MCQUITTER II



Howard McQuitter II

1. **The Zone of Interest** Director: Jonathan Glazer. Cast: Sandra Hüller | Christian Friedel | Freya Kreutzkam | Ralph Herforth. Drama | History | War. German in English subtitles. Running time: 105 minutes. PG- 13
2. **The Boy and the Heron** Director: Hayao Miyazaki. Cast: Soma Santoki | Masaki Suda | Ko Shibasaki. Animation | Adventure | Drama. Japanese in English subtitles. Running time: 124 minutes. PG-13
3. **Killers of a Flower Moon** Director: Martin Scorsese. Cast: Leonardo DiCaprio | Robert De Niro | Lily Gladstone | Jesse Plemons. Crime | Drama | History. Running time: 206 minutes. R
4. **Oppenheimer** Director: Christopher Nolan. Cast: Cillian Murphy | Emily Blunt | Matt Damon | Robert Downey Jr. | Kenneth Branagh | Florence Pugh. History | Drama | Biography. Running time: 183 Minutes. R
5. **Origin** Director: Ava Du Vernay. Cast: Aunjanue Ellis-Taylor | Jon Bernthal | Niecy Nash | Emily Yancy | Finn Wittrock. Drama | History | Road. Running time: 141 minutes. PG-13
6. **Poor Things** Director: Yorgos Lanthimos. Cast: Emma Stone | Mark Ruffalo | Willem Dafoe | Ramy Youssef. Comedy | Drama | Romance. Running time: 142 minutes. R
7. **The Holdovers** Director: Alexander Payne. Cast: Paul Giamatti | Da'Vine Joy Randolph | Dominic Sessa. Comedy | Drama. Running time: 133 minutes. R
8. **American Fiction** Director: Cord Jefferson. Cast: Jefferey Wright | Tracee Ellis Ross | Erika Alexander | Leslie Uggams | Issa Rae | Adam Brody | Sterling K. Brown. Comedy | Drama. Running time: 117 minutes. R
9. **Rustin** Director: George C. Wolfe. Cast: Colman Domingo | Chris Rock | Aml Ameen | Glynn Turman | Audra McDonald | CCH Pounder. Running time: 106 minutes. PG-13
10. **Sound of Freedom** Director: Alejandro Monteverde. Cast: Jim Caviezel | Mira Sorvino. Drama | Crime | Thriller. Running time: 135 minutes. PG-13

Runners-Up: *Barbie* | *Priscilla* | *Ferrari* | *Maestro* | *Dumb Money* | *Air* | *Migration* | *The Origin of Evil** | *All Of Us Strangers* | *Luxembourg, Luxembourg** | *Melchoir the Apothecary**

*Subtitles

Howard McQuitter II is a longtime movie critic. He has been reviewing movies for *the alley* since 2002.

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NEIGHBORHOOD ORGANIZATION

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Hand, cont.

Continued from page 1...

language acquisition, emphasizing the importance of trying, staying in love with the language, and avoiding harm. Hand's work getting Dakota language classes at Red Wing High School is notable for its commitment to inclusivity, offering language classes for both heritage (Native) and non-heritage students. This approach has successfully improved relations between the Red Wing and Tinta Wita Communities.

Outside of the professional realm, Hand is engaged in habitat restoration, bird watching, and nutrition advocacy, emphasizing the integration of Dakota culture into daily life.

At Owánniyomni, Hand envisions programming as community-driven. His early ideas involve engaging in dialogue with community heritage folks, honoring the Falls for what it once was and what it still is. Program development

will be a collaborative process, integrating the desires of both the community and the River.

For Hand, Owánniyomni Okhódayapi represents a chance to heal the wounds inflicted by manifest destiny and environmental exploitation. He likened it to a cut saying, "When you get a deep cut and heal, there's still going to be a scar. Your skin is never going to

be the same in that spot, but it heals." Hand views this project as an opportunity to do that healing by restoring and reconnecting with a shared history between heritage and non-heritage communities. He sees it as legacy work that can re-establish Dakota communities in places of historical significance. "When we look at the Twin Cities and the heart of the cities, downtown Minneapolis, we no longer see ourselves there. This is an opportunity for us to re-establish ourselves at this place of power."

Anticipated programs include the revival of lifeways such as canoe and food culture. There will be an emphasis on environmental stewardship through teaching the harvesting of plant medicines, restoration of the native mussel population, and seasonally focused activities. Hand envisions intergenerational events, creating a network of okhódayapi, or friends. "To me, the *okhódayapi* (friend) part of Owánniyomni Okhódayapi will be the army of volunteers who become the voice of this place."

Hand stresses the importance of giving Dakota communities a prominent seat at the table, advocating for ethical and equitable engagement. He also views collaboration with organizations like the National Park Service, Mississippi Park Connection, and Wilderness Inquiry as being crucial for enhancing the impact of Dakota cultural programming along the River.

Barry Hand envisions Owánniyomni Okhódayapi as a catalyst for growth, inspiring new connections and breathing new life into Dakota culture within the state of Minnesota. The project aims not only for preservation, but also for thoughtful expansion, led by the Dakota community.

"As Barry Hand joins our team at Owánniyomni Okhódayapi, his profound passion, extensive experience, and visionary outlook promise a transformative journey towards cultural revitalization and environmental stewardship. With his guidance, I'm confident this project will initiate a ripple effect, helping reshape the narrative of Dakota history and our shared identity," said Shelley Buck, Owánniyomni Okhódayapi president.

Rendon, cont.

Continued from page 3...

the possibility of self-production, but that would require raising a decent chunk of change. I am also trying to find production monies for my script, friends..., that asks: why did god create lice? It is a ten minute play that has been translated into Ojibwe and is about a twenty-minute piece in the language.

Dwight: Anything you want to add?

Marcie: Nada.

Dwight Hobbes is a long-time Twin Cities journalist and essayist.

**Stage reading of
Sweet Revenge by
Marcie Rendon is at
the Jungle Theater,
March 20, 2024 at
7:30 p.m.**

Raise Your Voice

The F-word Matters!

By PETER MOLENAAR



Peter Molenaar

Here the f-word refers to the potentiality for a homebrewed fascism, i.e., an open dictatorship of the most chauvinistic sector of our capitalist ruling-class. Note: the false patriotism fostered by these imperialists infects our national consciousness, while Zionism, the ideology of the Jewish ruling-class, infects Israel. Hey, Biden is an imperialist, but he isn't a fascist!

So, what is to be done in the electoral arena this time? Well, Biden's refusal to negotiate with Russia, even as they amassed their troops, suggests what? To this we must add his vacillating complicity with Israel's genocidal displacement campaign. Clearly then: **WE CAN NOT ENDORSE HIM.**

Rapid Transition

The rapid transition method for installing a bee lawn can happen over the course of a few weeks. Here is how it's done:

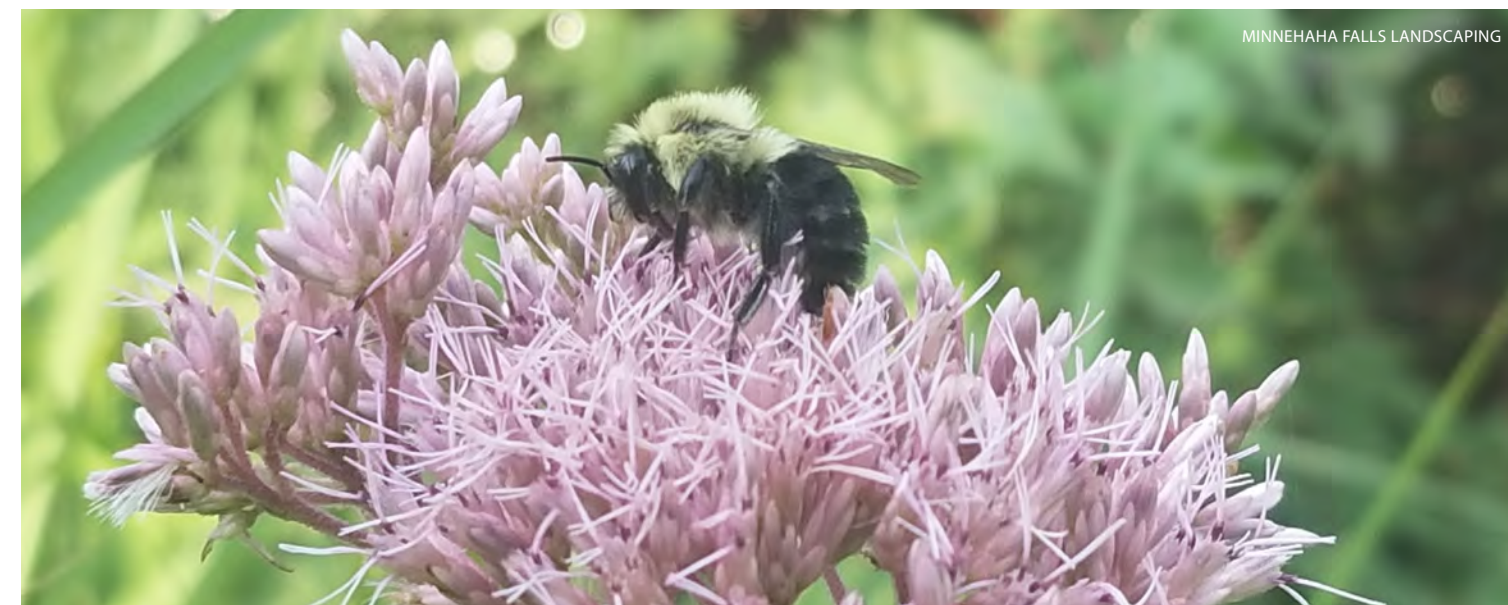
even to Mother Earth. Those who oppose Little-Boy-Man are called "vermin"....

In this neighborhood, we are unanimously anti-fascist. Are we not? I suggest then that we cast our votes appropriately, but with no endorsement, even as we prepare for the day when the contradictions within capitalism are resolved by a radical transformation of property relations.

POWER TO THE PEOPLE!

Peter Molenaar advocates a broad united-front, even as he describes socialism as the future solution.

In Trump, we have a skillful politician who panders to the entire array of chauvinistic expression (national, racial, sexual, religious). **DRILL, DRILL, DRILL** is a slogan which condescends



Pollinators, cont.

Continued from page 8...

- holes left by the aerator.
- Repeat seasonally until clover, self-heal, and thyme are well established.
- Moderate transitions can be started any time during the spring, summer, or early fall. Moderate transition takes 1-2 seasons till the lawn is no-mow ready and filled with blooms for bees.

- Remove existing lawn with sod cutter, and aerate bare ground with a core aerator. Both are available for rent locally.
- Spread compost up to one inch thick over lawn area.
- Spread seed according to instructions on the bag, usually about 4 lb/1000 sq ft.
- Cover with biodegradable, wood fiber based "net-less" roll out seed mats, available at local seed vendors.
- Water 2-3 times per day until seed is evenly sprouted. Sunny areas tend to dry out quickly and may need more watering. Your goal is to keep the ground damp at all times during seed sprouting.

- Re-seed and continue to water any areas that don't sprout with the rest of the lawn.

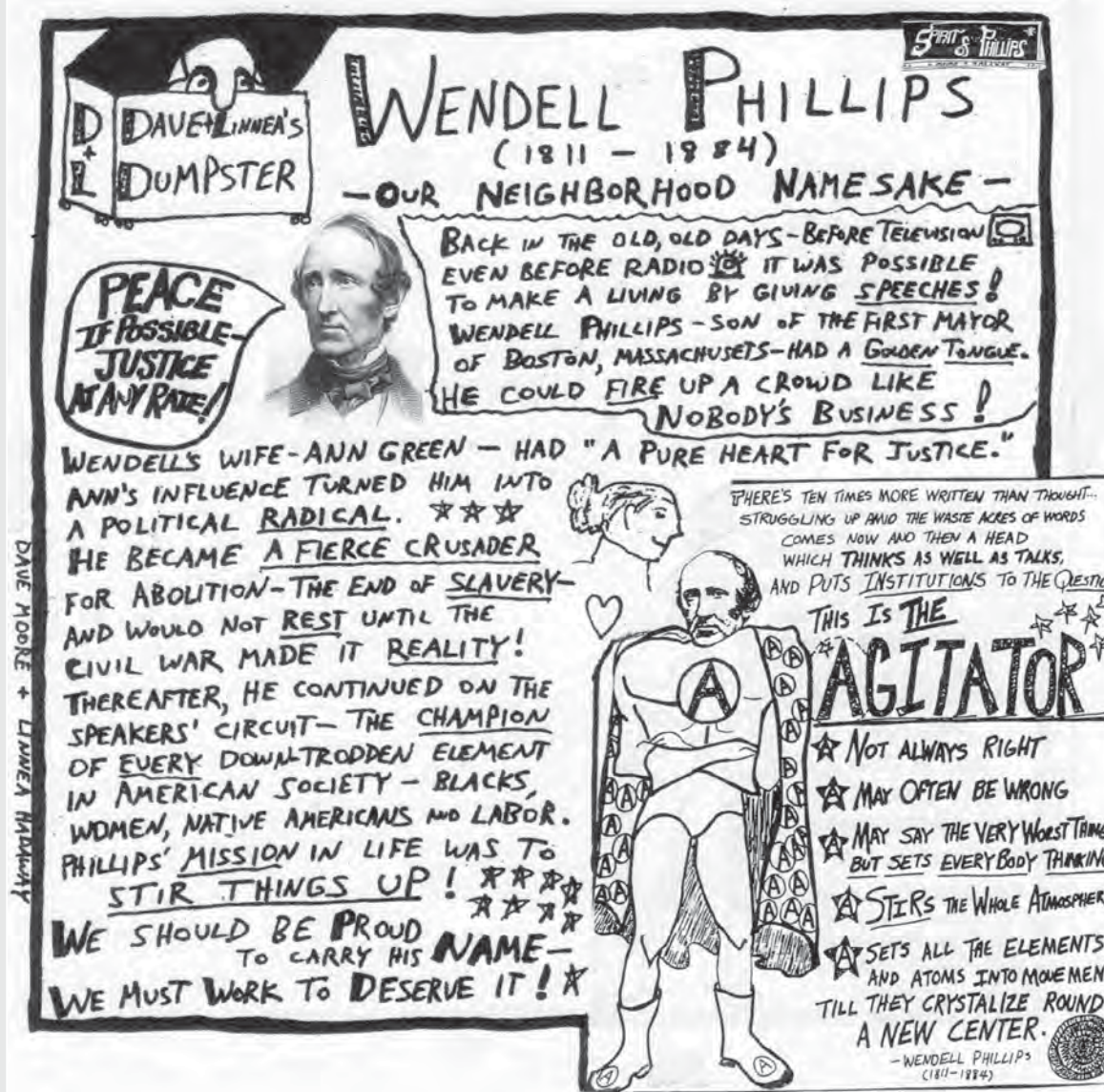
Maintaining A Bee Lawn

- Mow less. The best approach for bee lawn maintenance is to mow only one time at the end of the season in late August. This will help control taller weeds. If you feel you need to mow more to keep up with the neighborhood aesthetic, that is also okay for bee lawn plants. They can be mowed weekly if needed.
- Eliminate pesticides, fertilizers, and irrigation. Bee lawn plants do better without pampering, and pesticides are contributing to bee extinction.

Anytime you mow, keep your mower deck height adjusted as high as it will go and keep your blade sharp. Never mow shorter than 3.5" in a bee lawn. **Your yard can bee the change!**

Russ is a landscaper, naturalist, gardener, educator, and owner of Minnehaha Falls Landscaping. He is a bee lawn leader in the landscape industry, and founder of Bee Safe Minneapolis. For over a decade, Russ has guided his company in bee lawn installation and maintenance.

Dave Moore & Linnea Hadaway have lived here since the Reagan 80s and became life partners while originating the cartoon series "Spirit of Phillips."



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Eating Healthy WITH DIABETES



There are 1,441,000 people in Minnesota, 33.7% of the adult population, who have prediabetes with blood glucose levels that are higher than normal but not yet high enough to be diagnosed as diabetes. Every year an estimated 33,731 people in Minnesota are diagnosed with diabetes.

People living with diabetes face many fears and questions when it comes to healthy diet, and meal planning, grocery shopping, and the cost of food is an issue compounded with a diabetes diagnoses.

The goals of healthy eating for those with diabetes are to support a healthy weight and maintain blood glucose levels and A1C. With a little instruction and inspiration, and championing, we want to make it easier for those with prediabetes and diabetes to accomplish these objectives – deliciously. Like anyone following a healthy lifestyle, people with diabetes should consume plenty of vegetables, fruits and lean protein. Sugary drinks, foods, starchy vegetables and refined carbohydrates should stay on the shelf.

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dark leafy greens

the fiber-rich whole grains, ancient whole grains, farro, millet, black barley, red rice

fish, rich in omega-3 fatty acids like salmon and trout

HEALTHY CHOICES

The right recipes ensure that people living with diabetes can say “yes” to dessert. Delicious berries and other fruits (fresh or dried) combined with yogurt, ginger, nuts and even a touch of whipped cream can tempt everyone at the table while ensuring optimal health.

HERB & CITRUS MARINATED CHICKEN BREAST

Makes 6 servings.

Ingredients

- 6 boneless, skinless chicken breast halves (about 4 ounces each) or 6 fish fillets
- 6 lemon slices better with the fish, cut in half (optional) or
- 6 orange slices better with the chicken
- Fresh sage leaves (optional)
- Marinade
 - 1 tsp. olive oil
 - 1 tsp. grated lemon zest (optional)
 - ¼ cup fresh lemon juice (optional) or
 - 1 tsp. grated orange zest (optional)
 - ¼ cup of fresh orange juice (optional)
- Garlic herb seasoning (Salt-free Dash Brand)
OR change up the seasonings! such as:
 - ¼ cup chopped fresh sage leaves
 - 1 tbsp. chopped fresh rosemary or
 - 1 tsp. dried, crushed.
 - 2 or 3 medium garlic cloves, minced.
 - 1 tsp. black coarse
 - ½ tsp. salt

I make it with Quinoa and Broccoli or a Kale Salad, a small bowl of fruit with a teaspoon of whip cream.

Directions

- In a large resealable plastic bag, combine the marinade ingredients. Discard all the visible fat from the chicken. Put the chicken with the smooth side up between two sheets of plastic wrap. Using a tortilla press, the smooth side of a meat mallet, or a rolling pin, lightly flatten the chicken to a thickness of ¼ inch, being careful not to tear the meat. Add to the marinade. Seal the bag and turn to coat. Refrigerate for 30 minutes to eight hours, turning occasionally. Discard the marinade.
- Preheat the grill on medium-high.
- Grill the chicken for 6 to 7 minutes on each side, or until no longer pink in the center.
- To serve, garnish with the lemon slices and sage leaves.

Each serving provides: calories 125, total fat 1.5 g, cholesterol 66 mg, sodium 268 mg, carbohydrates 0 g, fiber 0 g, sugar 0 g, protein 26 g.
(Recipe from the Johns Hopkins Health and Wellness Page)

Learn more about our offerings and events, and register for classes on the Cultural Wellness Center facebook page!

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