

- 2** WE'RE HIRING! **3** THE INCREDIBLE LIFE OF HARVEY B. BURK **7** EAST PHILLIPS PARK MENTORING **9** HOME BUYING SEASON PREDICTIONS **10** HOWARD'S BEST FILMS OF 2024

5 Worker-Cooperative Owners ANNOUNCE

May Day Cafe OPEN Again!

MAY DAY CAFE Press Release Adapted

The May Day Cafe Workers Cooperative is Minneapolis's newest Worker Co-op. The Cafe reopened to the public on Friday, February 7th 2025.

Familiarity

The new owners are excited to welcome you back into this beloved and longstanding neighborhood establishment with a new vision of intentionally deepening the space as a community resource.

You will see lots of familiar faces as most of the employees have stayed on and are on their way to becoming worker-owners. While sustaining a commitment to affordability and the bakery staples that regulars have come to know and love, over time you will also see some new menu items and fresh ideas.

How It Happened

"The last 12 months of work to make this cooperative transition has been exhausting, but an experience that I feel profoundly grateful for and changed by," said Mira Klein, a worker-owner and barista



ABOVE: 'Now Worker Owned!' banner proudly displayed.

RIGHT: Founding worker-owners from left: Sonja Felsch, Tyler Diethart, Cassandra Hendricks, Sunny Draves-Kellerman, and Mira Klein.



entering her third year at the Cafe. "I have so much appreciation for being part of creating something that felt like a real community effort. There has been so much in this process that was totally new to me, and having the support of Nexus Community Partners and Platform at our backs was essential to seeing this dream come to life."

The deal was made possible by a set of public programs aimed at helping small businesses buy their real estate and become employee-owned. The Cooperative was also supported by over \$100,000 in donations from more than 800 community members. The loan was funded by our partners at the

Continued on page 5...



Support Is Just a Visit Away: Walk In or Schedule a Visit at CUHCC

Located at Bloomington and Franklin, Community-University Health Care Center (CUHCC) provides medical, dental and behavioral health services to everyone.

By DR. ANDRE PERI



Dr. Andre Peri, PhD, CUHCC's Mental Health Director

Life can be like a rollercoaster, with lots of ups and downs. We all have times when everything feels like too much to handle. Whether it's personal problems, work stress, or world events, it's normal to feel discouraged during tough times. Many of

us don't ask for help when we need it, but reaching out is not a weakness—it's an act of strength.

Signs that you might need professional help:

- Feeling overwhelmed or unable to cope with daily life
- Constantly feeling sad, anxious, or hopeless
- Thinking about harming yourself or others
- Difficulty managing relationships and responsibilities
- Experiencing mood swings or bursts of anger
- Having trouble sleeping or changes in appetite

- Isolating from friends and family
- Difficulty concentrating or making decisions

How Talking to a Professional Can Help

Opening up to a counselor or mental health specialist provides a safe space to express your thoughts and emotions, gain clarity, and develop coping strategies. Professional support can help you:

- Process difficult emotions and experiences
- Understand how your mood influences your thoughts and behaviors

Continued on page 11...

Mailing Label Space

Sign up for a free copy of *the alley* delivered in the mail each month!

<https://alleynews.org/delivery-and-communication/>



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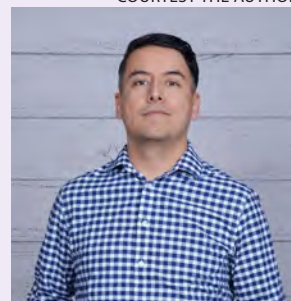
All Immigrants Have Left is to Defend Themselves and Resist

OP-ED

By MARCO DÁVILA

The force of the State is being brought down on immigrants, and a reactionary campaign of persecution and fear-mongering has begun.

The Trump administration has already managed to normalize anti-immigrant hate speech to a certain extent, trying to put everyone in the same bag as "dangerous criminals." Conservatism has continued to play its role as trickster from 2020 to 2024 (and beyond). In the latest election cycle, Trump and his party obtained more than 77 million votes, and they currently have a majority in the Senate and Congress. Trump may also have some level of sympathy within the military and police forces nationwide, as well as the support of neo-Nazi groups scat-



COURTESY THE AUTHOR

Marco Dávila

tered throughout various parts of the United States. And yes, Trumpism must believe that it has a free path and the absolute power to do whatever it pleases for the next four years and, if possible, beyond.

The current vandals in power must believe that the power they currently possess will last forever. Well, they are wrong.

Continued on page 8...

Poignant Advice

Work Until You Drop? Not if You Can Avoid It... Plan Ahead

By LEE LEICHENTRITT*

I used to believe that you should "work until you drop". That means I was naïve enough to believe that I was going to be able to work until I died. Not-so-funny things happened. Forces beyond my control trashed my seemingly fool-proof "work until I drop" plan. I lost my job due to no fault of my own. I had a great boss who worked with my Parkinson's disease, but he found out that his government contracts were not going to be renewed.

If you are part of the "Work Until You Drop" Club, drop out of that Club and create a new plan.

I signed up for Unemployment Insurance, went to Career Force classes, and had my resume upgraded. I went to over eight interviews, but once prospective employers saw me shaking, they lost all interest in me. I have worked with outstanding people at Minnesota DEED and with the Dislocated Worker Program and Career Force. I want to thank Abigael, Gina, and Sandra.

Yesterday, I was diagnosed with Lymphedema which is incurable like Parkinson's,

What I am trying to say is that life throws you curveballs. You can learn from my mistakes and start a new plan for your "golden years". Start a retirement account at Sunrise Bank or your nearest credit union. Make sure you have the right insurance to cover long-term care. Join a gym, eat right, take a moment, and read the alley.

Use your spare time wisely. Get a part time second job. Set up all the recommended health screenings.

Lastly if you are part of the "Work Until You Drop" Club, drop out of that Club and create a new plan. I wish you every success in crafting a plan for an unanticipated event that life gives you.

*Lee Leichentritt has served as an Alley Communications Board Member for several years and has been a strong supporter of Alley Communications and *the alley* contributing articles, advice, and aiding other writers for many years.

thealley

Alley Communications is a Not-For-Profit organization.

The Mission of Alley Communications is

- promoting art and culture,
- advocating for issues,
- building healthy community,
- facilitating deliberation,
- lifting every voice,
- documenting history,
- agitating for change,
- giving truth and democracy a jog forward.

Guided and Informed by:
Phillips residents

Governed by Directors: Steve Dreyer, Susan Gust, Kelly Morgan, and Cirien Saadeh

Operated by Editorial Leadership Committee: Mara Brooks, Laura Hulscher, Mary Ellen Kaluza, and Harvey Winje

Business Facilitated by: Erick Boustead

Production Facilitated by: Graphic Designer + Coordinator, Mattie Wong

Page Coordinators: Steve Dreyer and Daniel Dorff, VV News; EPIC News; MPNA News; Roberta Barnes, Back Page.

Social Media: Susan Gust, Cirien Saadeh

March contributors to the alley: All My Relations Arts, American Swedish Institute, Jessie Bauldry, Ari Baum-Hommes, Community-University Health Care Center, Cooperative Energy Futures, Marco Dávila, Steve Dreyer, Linnea Hadaway, Sam Hendrian, Hennepin History Museum, In Heart of the Beast Puppet and Mask Theatre, Laura Hulscher, Sue Hunter Weir, Mary Ellen Kaluza, Lee Leichentritt, Marti Maltby, May Day Cafe, Howard McQuitter II, Jana Metge, Midtown Global Market, Mount Olive Lutheran Church, Dave Moore, Norway House, Open Eye Theatre, Darby Ottoson, Dr. Andre Peri, Phillips West Neighborhood Organization, Nicole Rothstein, Kyle Samejima, Pastor Esther K. Sianipar, ThM, Oliver Stricherz, Ventura Village Neighborhood Organization, Adrian Waters

DONATIONS

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the alley is delivered to homes, businesses, places of worship, institutions in Phillips and in nine adjacent neighborhoods.

Board meetings: 6:30 PM 2nd Tuesday by Zoom. Editorial Leadership Team 2nd Wednesday 8:30 -10:00am, 4th Thursday 6:30-8pm by Zoom.

Correspondence becomes the property of the alley and may be published.

Opinions in the alley newspaper and its social media are those of the authors and artists and do not necessarily reflect the official policy or position of Alley Communications, its Board, Editorial Leadership Committee, or other neighbors or writers.

Alley Communications
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submissions: copydesk@alleynews.org

ads: businessmanager@alleynews.org

Submissions due the 12th day of the previous month



Franklin Library News

By ARI BAUM-HOMMES

All information listed here is accurate as of February 12th, 2024. For the most recent information, check out the library website at www.hclib.org.

FRANKLIN LIBRARY HOURS

Monday	9 AM to 5 PM
Tuesday	12 PM to 8 PM
Wednesday	12 PM to 8 PM
Thursday	12 PM to 8 PM
Friday	9 AM to 5 PM
Saturday	9 AM to 5 PM
Sunday	12 PM to 5 PM

SPECIAL PROGRAMS THIS MONTH

CERAMIC "QUILT" TILES WITH MUDLUK POTTERY

Wednesday, March 5, 12:30-2:30 PM

Join Sayge Carrol of Mudluk Pottery for a unique workshop to create a hand-build clay "quilt" tile. All the tiles will be fired and displayed at Franklin as one collaborative community quilt. This program is funded by Minnesota's Arts and Cultural Heritage Fund.

PROGRAMS FOR YOUTH

HOMEWORK HELP

Tuesdays and Thursdays, 4:00-7:30 PM
Saturdays, 1-5 PM

Find homework resources for K-12 students online and at all our libraries: history, language arts, math, science and more.

STEAM ACTIVITIES FOR YOUTH (AGES 8+)

Wednesdays, 5-6 PM

Drop in for fun and creative STEAM (science, technology, engineering, art, math) experiments and projects! Materials provided. Led by Franklin Library's Teen Tech Squad.

PROGRAMS FOR ADULTS

MOVIE MATINEE

Every Tuesday, 1:30-3:30 PM

Watch popular films every week with your Franklin Library friends and neighbors! This program is funded with money from Minnesota's Arts and Cultural Heritage Fund. Sponsor: Friends of the Hennepin County Library.

COFFEE & CONVERSATION

Second Wednesday of the month, 12:30-2 PM
Join Franklin Library staff for free coffee & conversations with neighbors. Next happening on March 12th.

HIV TESTING WITH RED DOOR CLINIC

Thursday, March 13th, 12-2 PM

Drop in and meet with Red Door Clinic for free, private Rapid HIV testing. Learn about HIV prevention and care, get help connecting to treatment and medical services, and pick up harm reduction supplies. No registration required. Collaborator: Red Door Clinic

HIV/STD TESTING AND WOUND CARE

Friday, March 28th, 12-2 PM

Drop in and for free HIV/STD testing from Native American Community Clinic, and wound care provided by the U of M's Mobile Health Care Initiative. No registration required.

ASK THE LIBRARY

Have a reference or library account question? You can chat, email, text, or call the library. Chat or email at www.hclib.org/contact, text to 612-400-7722, or call 612-543-KNOW (5669) to reach library staff by phone.

Español/Spanish: Llame o envíe un texto al 651-503-8013 para recibir ayuda en español.

Hmoob/Hmong: Hu losis text rau lub tsev nyeem ntawv ntawm 612-385-0886 txais kev pab hais lus Hmoob.

Soomaali/Somali: Caawimaad Soomaali ah, soo wac ama qoraal (text) usoo dir maktabada 612-235-1339.

Ari is a librarian at the Franklin Library.

To the Editor:

I suggest someone in this country is stirring a fascist stew: a stew spiced with chauvinistic ingredients; national, racial, and male chauvinism.

Will the Chef turn up the heat?

Will the pot boil over?

Or will workers and oppressed people unite to form their own democracy, a democracy based upon public ownership of banks and large scale industry?

I believe the answer will be revealed within the next century.

-Peter Molenaar



part-time COMMUNITY CONNECTOR

Alley Communications, nonprofit publisher of the alley newspaper is seeking someone who has a close relationship with the Phillips Community and an interest and skillset in supporting the growth of the alley. This is a forward facing position that includes:

- Representing Alley Communications out in the community and in various non-profit news networks
- Developing relationships with new Community Engagement Partners and Advertisers, for the mutual benefit of the community and Alley Communications.
- Developing relationships with new writing contributors, new and existing Community Engagement Partners and Advertisers, for the mutual benefit of the community and Alley Communications.

The ideal candidate would be able to take initiative, manage their time wisely, and be a thoughtful communicator. The intention of this position is to be the public face of Alley Communications in the Phillips Community, helping to build mutually beneficial relationships that serve to enhance the mission of Alley Communications.

10-15 hours per month @\$35.00 hour

Please send resume and cover letter describing your connection to the Phillips Community to businessmanager@alleynews.org

The Mission of Alley Communications is to facilitate culture and creativity in the Phillips Community through publications, research, public forums, classes, workshops, artistic presentations, the Internet, and other means.



CALL FOR SUBMISSIONS

Is there something going on in Phillips that should be noted in the alley?

Let us know all about it by sending your sentences and/or photographs to: copydesk@alleynews.org

Tales from Pioneers and Soldiers Memorial Cemetery

By SUE HUNTER WEIR
232ND IN A SERIES

Harvey B. Burk

Cyclist, Leader, Businessman, Orator, Lawyer, Advocate of Civil Rights in Jim Crow Era

In his Obituary, Harvey B. Burk was described as “a young man who had made his own way in life.” He accomplished more in his 36 years than most people could accomplish in a longer lifetime. He was a civic and social leader, an orator, a lawyer, and an outspoken supporter of civil rights during the Jim Crow era. His life story reflects the resilience of a Community that not only survived but thrived during very difficult times.

His prominence in the Black Community did not shield him from racism.

Cyclist

Little is known about his early life other than that he was born in Ohio on January 11, 1874. His name first appeared in the *Minneapolis Tribune* in 1896 when, at the age of 21, he was among 100 men selected to participate in the Northwestern Cycle Company's 15-mile road race around Lake Harriet.

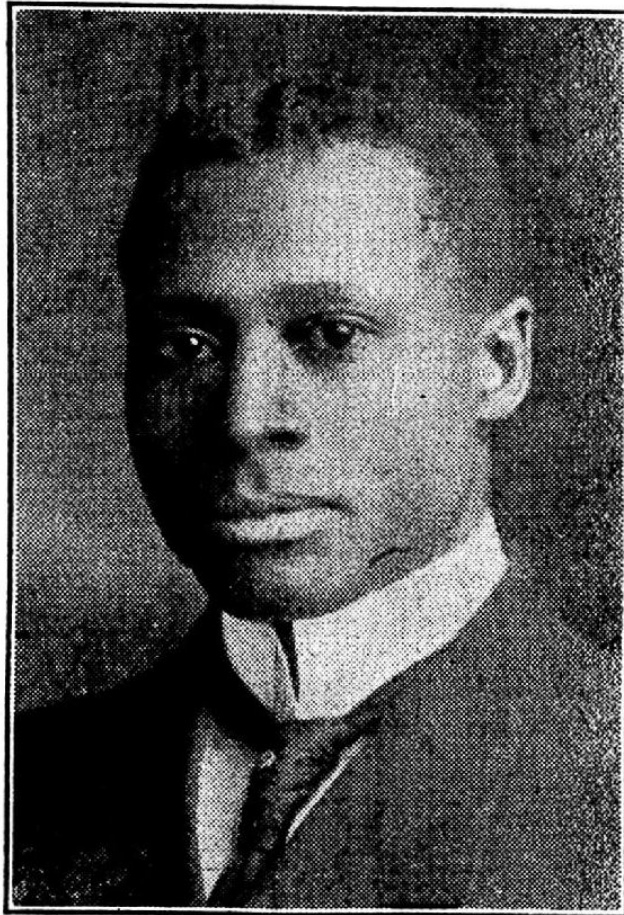
Civic and Social Leader and Businessman

Four years later, he was elected president of the Businessman's Club of Minneapolis and St. Paul. By 1902, he was president of the Hennepin County Colored Republican Club which endorsed Theodore Roosevelt for president. Two years later, he was elected vice president of the National Afro-American Council and became business manager of the Minneapolis office of *The Appeal*, one of the nation's largest newspapers that served the Black Community.

Orator

He was a well-known orator who spoke on a range of subjects including:

- the Emancipation Proclamation
- Frederick Douglass
- William Lloyd Garrison, founder of *The Liberator*, an abolitionist newspaper founded in 1831
- Judge Albion Tourgee, an early civil rights activist and founder



HARVEY B. BURK.

This photo of Harvey B. Burk, 1874-1910, is from *The Appeal* newspaper. Burk was Business Manager of *The Appeal* for some time of its duration after it started in 1885.

of the National Citizens' Rights Association

- Prohibition

While he might have been opposed to alcohol use, he was very much involved in the social life of the community. He was a member of the “Social Five,” which organized elaborate parties on Easter and New Years. He was founder of the “Cosmos Club,” described as one of the leading social clubs of the Cities. And he moderated a spelling bee, a fundraiser for charity, whose competitors were some of the city's better-known hotel waiters. If there was a social or charitable event taking place anywhere in the Twin Cities, he was bound to be there.

Lawyer

He did all of this while attending law school. He graduated from the University of Minnesota in 1908 and opened his private law prac-

Continued on page 7...

EVENTS: Importance & Methods of History

“Finding Your Family: An African American Genealogy Workshop” by Michele Pollard, HN City History Museum Archivist.
Sat. March 15 from 11:00 AM to 12:00 PM

“Building Community by Studying the Past,” a conversation with Sue Hunter Weir, Pioneer and Soldiers Memorial Cemetery and Phillips Community Historian/Writer and John Crippen, Executive Director of the Hennepin History Museum.
Saturday, April 12 from 2-3 PM

Both of these Events at at the Hennepin County History Museum at 2303 3rd Avenue, Mpls, MN 55404

“Listing” and “Honoring” Celebration at Pioneers and Soldiers Memorial Cemetery

June 7th, 2025
Time TBD

Join the Cemetery celebrating their listing on the National Park Service's Underground Railroad Network to Freedom and the contributions of the eleven African American Civil War Veterans and Buffalo Soldiers who are buried in the Cemetery.

This event is co-sponsored by the Hennepin History Museum, the Minnesota African American Heritage Museum and Friends of the Cemetery. The Cemetery is at the NE Corner of Cedar and Lake Street Intersection.

Consequences of War on Russian-Speaking Community

Part 4 of 4

By A RUSSIAN SPEAKING COMMUNITY MEMBER

EDITOR'S NOTE - This is the last part of this article. You can read the earlier segments on the alley's website.

War brings destruction, loss of loved ones, and cultural conflicts between people who were once like one family. In the context of the ongoing war, the internal experiences of Russian-speaking immigrants have become more acute. These people are stuck between cultures, facing feelings of guilt, fear, and isolation.

I interviewed Russian and Ukrainian immigrants to explore how their lives have changed since the war began. The main focus of the interview is on the consequences of the conflict in an emotional, social and cultural sense. Including internal conflict of identity, attitudes toward the dynamics of the society in which we live at the moment, and how people cope with the complexities of war.

To protect the identities of the individuals I interviewed, I have chosen not to use their full

Continued on page 10...

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“When the great newspapers don't say much, see what the little independent ones say.”

-Wendell Phillips





VENTURA VILLAGE



venturavillage.org 612-548-1598 villageventura@gmail.com

KRSM Looks To The Future

Mike Brooks has been the Station Manager at KRSM Radio since last October. A radio station doesn't stop for anyone - it's on the air every day. So Mike has had to learn on the job. He compares it to jumping on a moving train and now he is the engineer and gets to steer that moving train and decide where it needs to go. Mike started as a volunteer host on KRSM and now depends on support from his fellow hosts. Every First Tuesday they meet to discuss common themes. February was Black History Month so many of the DJ's talked about their experiences and what Black History means to them.

While KRSM will retain a studio at the Phillips Community Center, its main studio will be part of the Pillsbury Creative Commons. This PCC will be a partnership with the Pillsbury House and Theatre next door at 35th and Chicago. Formerly what used to be Halvey's Body Shop, the new building will be part of an expanded arts and economic development hub for South Minneapolis. It is scheduled to be finished this summer.

Developing youth interns and on air talent is still an important part of the station. You can listen to them at 5 PM Wednesday on the "Youth Frequency Program". Personal Community Mixes can also be submitted to be aired on the station. KRSM continues to be an important part of our neighborhood. - Article by Steve Dreyer



Rendering by Jessie Bauldry

Neighborhood Churches Working Together

Our Saviour's Lutheran Church (OSLC) has been recently awarded a \$1.24 million grant from Lilly Endowment Inc. to launch "Praying in the Spirit: Nurturing Children in Three Communities, One Neighborhood." This five-year initiative will bring together OSLC, All Nations Indian Church (ANIC) UCC, and St Paul's San Pablo Lutheran Church (SPLC) to create faith formation programs tailored to their diverse communities while fostering inter-congregational collaboration in worship and prayer around Phillips neighborhood.

This collaborative initiative will support children's spiritual growth through culturally grounded worship and prayer practices. Each congregation—representing Native, immigrant Latine, and European heritage—will lead its own programming while gathering for shared learning, prayer, and celebration. Resources developed through the initiative will be made available to other congregations nationwide. - Article by Pastor Esther K. Sianipar, ThM - For more information go to venturavillage.org.

MIWRC Sharing With The Community

The Minnesota Indian Women's Resource Center (MIWRC), among other services, offers a Monday through Friday drop-in center for women who are without shelter. The program, Wawokiye, offers common daily supplies, and works to find housing and other resources for those who participate.

After fires at 2 encampments on January 6th displaced many residents, MIWRC opened their facility at 2300 15th Avenue to those needing temporary shelter. People were allowed to stay overnight. Many Shields, along with other community-led organizations helped support the effort. MIWRC then reopened their doors overnight during several extreme cold spells in the following weeks. About 80 community members took advantage of the shelter.

The neighborhood is appreciative of the organizations and individuals involved in this work, but what we need are real and permanent solutions to the housing and responsibility shortages in our city. - Article by Steve Dreyer

Ventura Village News

- Our March Neighborhood Membership meeting will be Wednesday the 12th at 7 PM. We'll meet in person at the ICCM Life Center, 1812 Park Avenue. A Zoom Link is available on our website.
- Hope Community will be having their 2025 Garden Planning Night, Tuesday, March 11th, 5:30 PM at the Hope Commons, 611 E. Franklin. See our website for more info.



PHILLIPS WEST NEIGHBORHOOD ORGANIZATION

COMMUNITY MEETING

NEIGHBORHOOD LAND DEVELOPMENT

MARCH 6, 2025 // 6:15 PM – 7:45 PM

PHILLIPS COMMUNITY CENTER, 2323 11TH AVE SOUTH

PWNO will be continuing our community meetings focused on land development in the neighborhood again in 2025! Join us to hear about the New Nicollet Redevelopment Project, Wells Fargo Home Mortgage Campus, and the Old Ebenezer Care facility on Portland!



email: info@phillipswest.org
call/text (English): 612-424-0786





Peace House Community - A Place to Belong

It's All About Your Point of View

By MARTI MALTYB



Marti Maltby

My daughter and I enjoy watching the British murder mystery comedy series *Death In Paradise*. In many ways, it is mindless fun, and as with most mysteries, there is a plot twist somewhere along the way that leads to the unmasking of the murderer. Of course, the plot twist is always in the mind of the viewer; the writers knew what was going to happen all along, and if they had written the story from the murderer's point of view, there would be no mystery to solve. All the suspects' lies, the lines of investigation that go nowhere, the clues that end up mislead the investigation ... all of it falls into place and seems quite reasonable once you know the solution (if the mystery is well-written, that is).

I know the same thing happens in real life, but despite that,

it can be difficult to escape my own point of view. I know some things, but I think I know other things that later on turn out to be false, and then there's all the stuff that I don't know. As my knowledge (so called) shifts, my point of view shifts, and I relate to the world in a different way, even though the world hasn't changed. Of course, once you add in the time dimension, where the world really does change, where what was true is no longer relevant and what couldn't happen did happen, it gets even more complicated.

It reminds me of a public speaker who held up a science magazine that had an article about a recent discovery that revolutionized our understanding of the origins of the universe or some similar topic. The headline read, "We used to think [whatever the topic was], but now we know [new discovery]". The speaker commented that the editors should probably have reversed the headline to read "We used to know [whatever], but now we think [whatever]". His point was simple: we are certain of our knowledge, until we realize that we are wrong, and then we believe something else, until we prove ourselves wrong again, and so on. As our point of view changes under the onslaught of new information, we are surprised by the plot twist that the universe has thrown at us, forgetting that the truth was there all along, and the limitation was in us. The world didn't change; we adjusted our understanding of it.

At this point, I am tempted to say that we should be more humble and recognize that we don't know it all. But at the same time, there is something to be said for having convictions that can survive changing situations. Flexibility is great until it degenerates into spinelessness. After all, the detectives chasing the murderer aren't better at their jobs because they suspect everyone at different times; catching the person who actually did the crime is the important thing.

So where does all this leave us? Apparently, our target is a realization that we don't know it all while sometimes acting like we do. That would be so much easier to achieve if we each had our own script writers feeding us our lines. In their absence, we will just have to forge our own combinations of humility and certainty.

Marti Maltby is an avid cyclist, Director at Peace House Community, and an obnoxiously proud Canadian.

May Day, cont.

Continued from page 1...

Metropolitan Consortium of Community Developers (MCCD), Shared Capital, and the City of Minneapolis. In addition to Nexus Community Partners, the Cafe also received technical assistance from Platform CRE and Next Stage.

Erin Heelan, Co-founder of Platform CRE said, "selling your business or real estate to your workers or tenants is an excellent way to get a fair price for what you have built AND to ensure it continues to be an asset for the community. Small businesses like May Day are crucial to the local economy and the well-being of our communities. There has been an overwhelming amount of community support for the workers to buy the business and keep May Day Cafe open. Platform represented the workers to purchase the real estate. Nexus was instrumental in ensuring the workers were prepared for the acquisition by providing cooperative governance and small business Technical Assistance."

Significance to Community and Economy

Employee-owned businesses, such as co-ops, have been shown to create a 92% increase in household net worth, a 33% higher hourly wage, and 53% longer job tenure (NCEO 2018). Real estate co-ops have been shown to revitalize commercial corridors by offering stable and affordable properties to businesses while giving community members a voice in development decisions and a share of the profits.

Patty Viafara, Director of the Worker Ownership Initiative at Nexus said, "we are so excited

for the new owners as they take ownership of their labor. This deal is a great example of what can be achieved when we work together for the benefit of our community.

See "Full Circle for May Day Cafe," by Mary Ellen Kaluza, the alley October 2024 and at alleynews.org/archive/October 2024.

May Day Cafe is at 3440 Bloomington Ave. Mpls.

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SUMMARY OF THE PLAYERS & HISTORY:

May Day Cafe Workers Cooperative

The May Day Cafe Workers Cooperative was founded in June of 2024, and officially bought the business and building in January 2025. Our mission is to be a home for dignified and meaningful labor, affordable food, and community connection in the heart of the Powderhorn neighborhood. Visit mayday@maydaycafe.coop for more information.

Nexus Community Partners

Nexus Community Partners (Nexus) is a nonprofit organization based in Saint Paul, MN, with a 20-year history of building more engaged and powerful communities of color through innovative initiatives and community-centered programming. For more information, visit www.nexuscp.org.

Since 2019, the Shared Ownership Center at Nexus, (formerly the Worker Ownership Initiative), has worked with over 50 companies to explore models of shared ownership and supported the development of eight cooperatives across the Twin Cities. From assessing fit and feasibility to becoming cooperatively-owned and operated, the Shared Ownership Center at Nexus brings expertise and an equity lens to all steps of cooperative development.

Platform CRE, SBC

Platform CRE is a Social Benefit Commercial Real Estate Brokerage and Development Consulting Firm based in Saint Paul, MN. Platform represents small businesses and nonprofits in commercial estate transactions.



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MARCH EVENTS

Smart Wars: Many Shields Through April 5 **All My Relations Arts** 1414 E Franklin Avenue **Free**

Multimedia “funktivist” Rory Wakemup leverages the familiar story of Star Wars to entertainingly challenge beliefs surrounding the forces of good and evil and whether only a select few can achieve true “balance” with the universe. A tongue-in-cheek exploration of culture vs controversy, Wakemup’s art subverts and amuses while commenting on social, political, and climate issues. Visit allmyrelationsarts.org for hours and additional programming.

Vibrant Traditions: Scandinavian Weaving in the Midwest **Norway House** 913 E Franklin Avenue Through April 6 **Free**

Experience the rich legacy of Scandinavian weaving traditions as they are maintained here in the Midwest. This exhibit at Norway House showcases the artistry, history, and innovation of both traditional and contemporary weavings crafted here in Minnesota using Scandinavian techniques. For hours and visitor information, visit norwayhouse.org.

In Memoriam: Residents of Minneapolis Pioneers and Soldiers Cemetery Through 2025 **Hennepin History Museum** 2303 3rd Avenue S **Pay What You Can**

The focus of this exhibit at the Hennepin County Historical Society is Phillips’ own historic Minneapolis Pioneers and Soldiers Cemetery. Shining a light on individuals buried in the cemetery, *In Memoriam* asks what a cemetery can tell us about ourselves and the history we share with the deceased. For museum hours, visit hennepin-history.org.

Puppet Story Time Saturday March 1 10:30 AM - 12:30 PM **The Avalon Theater** 1500 E Lake Street **Free**

Kids and families: head to the Avalon the first Saturday of every month to sing, dance and play... in other words, to catch another mesmerizing puppetry storytelling session with In Heart of the Beast’s own puppet librarian, Chelly! No registration required!

Invisible Fences March 6 – 15 **Open Eye Theatre** 506 E 24th Street \$30 (\$24 Seniors, \$18 Students, \$15 Economic Accessibility)

After co-commissioning *Invisible Fences* for a sold-out run in 2023, Open Eye is finally bringing it back to Twin Cities audiences. Singer-songwriter Gaelynn Lea and storyteller-playwright Kevin Kling combine their talents in this original musical fable which weaves together storytelling and song to create a unique theatrical experience that is rich in the wit and wisdom inherent in Disability Culture.

Performances will include ASL interpretation, projected captioning, and narrated audio descriptions at the beginning of each scene to help blind and low-vision audience members better place themselves in the worlds being presented. For tickets and showtimes, visit openeyetheatre.org/invisible-fences.

Lent Procession Service of Lessons and Hymns Sunday, March 9 4 PM **Mount Olive Lutheran Church** 3045 Chicago Avenue **Free**

Join Mount Olive Music and Fine Arts and Mount Olive Cantorei for a contemplative service of lessons and carols. Though carols are typically associated with Advent and Christmas, this service is designed especially to look towards the coming Easter and spring seasons. Please visit mountolivechurch.org for more information, including a live streaming option.

Finding Your Family: An African American Genealogy Workshop Friday, March 15 11 AM - Noon **Hennepin History Museum** 2303 3rd Avenue S **Pay What You Can (Reservations Req)**

This workshop will encourage you to dig into your genealogy and discover more of your family’s history! Many popular genealogical tools have a reputation for being limited when it comes to African American genealogy, but databases are being added. In this workshop, you will learn how to navigate Ancestry.com, FamilySearch.org, and the National Archives to find your African American ancestors. Register at hennepinhistory.org/event/finding-your-family-an-african-american-genealogy-workshop.

Note: For those unable to attend, this program will be recorded and posted on Hennepin History Museum’s YouTube channel.

Holi Celebration Saturday, March 15 11:30 AM 3:30 PM **Midtown Global Market** 920 E Lake Street **Free**

The Holi Festival of Colors in India is a celebration of the victory of good over evil. Join the Midtown Global Market and the Hindu Society of Minnesota Central for a narration of the Holi Festival expressions, with classical, semi classical, folk and Bollywood dance, traditional music, singing and more!

Midtown Phillips Annual Meeting and Celebration Wednesday, March 19 6-7:30 PM **St Paul’s Evangelical Lutheran Church** 2742 15th Avenue S **Free**

Help kick off a year of community organizing with the Midtown Phillips Neighborhood Organization (MPNO) at its annual get-together. Get to know neighbors and learn more about MPNO activities and how to participate if you are interested! Not sure which parts of Phillips are considered Midtown? Learn more about Midtown and its evolving relationship with other Phillips neighborhoods on page 12 of this issue and at unitedphillips.org.

Makers Night Thursday, March 20 6-8:30 PM **American Swedish Institute** 2600 Park Avenue **Free**

Makers Night is a monthly opportunity for makers to gather in a friendly environment every third Thursday at ASI. Bring a project to work on and any tools you need, and be ready to share conversation, tips and questions!



BOTTOM: Jeremy Ylvisaker, Gaelynn Lea, and Kevin Kling in *Invisible Fences*.

Resilient Landscapes for Reimagined Futures: Story Sharing and Art Gallery Saturday, March 22 2 – 4 PM **Location TBA** **Free**

Mark your calendars for the first (early!) spring community event

for the East Phillips Urban Farm project. Details to come: stay in the loop by following the East Phillips Neighborhood Institute on facebook, or check their calendar at epnifarm.org/calendar.

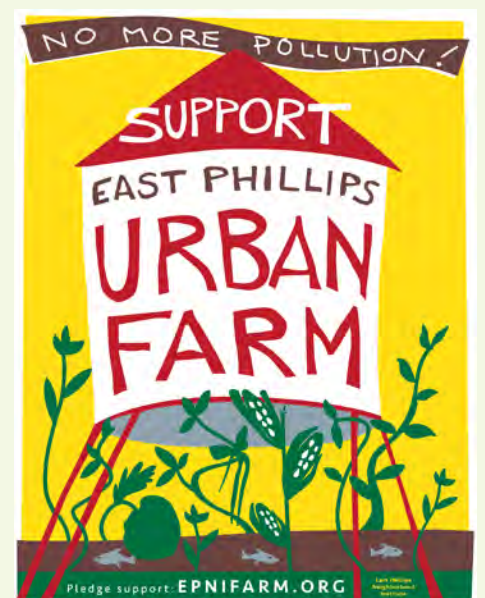
EPNI

What’s new with the East Phillips Urban Farm Project this month?

Building toward a healthier future and environmental justice in East Phillips by converting the Roof Depot warehouse into an Indoor Urban Farm and community hub. A project stewarded by East Phillips Neighborhood Institute.

- Spring is near! EPNI’s Outdoor Farm Team will resume meeting every Friday from 5-6pm.
- Visit our website calendar to learn about our community meetings, office hours, educational workshops and more coming up this month! (epnifarm.org/calendar)

Want to get involved? Come dream and build a new future with us! Find ways to follow along and get in touch online at linktr.ee/epnifarm.



Free Mentoring Program Nurtures Youth at East Phillips Park

PARKSIDE PATHWAYS IS OPEN TO YOUTH 14 AND UNDER

By ADRIAN WATERS

Parkside Pathways is a free group mentoring program designed to support youth under the age of 14 through engaging discussions, interactive activities, and positive relationship-building. Held twice a month, every other Wednesday, at East Phillips Park's Recreation Center (2307 17th Ave. S.), the program provides a welcoming space where young participants can connect with mentors, explore personal growth, and develop key life skills. Sessions focus on topics such as academics, goal setting, leadership, and overcoming challenges—all in a fun and supportive environment.

Sessions are held from 4:00-6:00 PM, but youth are welcome to come earlier if needed. The next sessions will take place on March 12th and 26th. Youth who participate consistently will also have the opportunity to attend quarter-

ly field trips, offering enriching experiences outside of the rec center. Mentors are trained volunteers dedicated to fostering confidence and resilience in each participant. Whether your child is looking for guidance, a sense of community, or simply a space to learn and grow, Parkside Pathways is here to help!

For more information or to get involved, please contact:

Adrian Waters
Program Coordinator
612-849-9048
awaters@minneapolisparcs.org
or
East Phillips Park
612-370-4888

We look forward to welcoming youth to Parkside Pathways and creating a space for growth, mentorship, and fun!



East Phillips

Parkside Pathways Group Mentoring

Every other Wednesday
Starting January 15th
4:00PM - 6:00PM

FREE for Kids
Ages 10-14
Drop-in or Register.
Activities, snacks, and drinks will be provided.



HOME | FOOD | CRAFT | KIDS | CULTURE

INGEBRETSEN'S

NORDIC MARKETPLACE



KROWN BAKERY
SEMLA BUN POP-UP!
Tuesday, March 4th 12-3pm

1601 EAST LAKE ST MINNEAPOLIS, MN
612.729.9333 | ingebretsens.com



We're Hiring

Cafe, Front Desk, and Events

Part - time
Flexible hours
Cafe / restaurant
experience preferred



info@norwayhouse.org
913 E Franklin Ave

Opioid Use Services at CUHCC Care Without Judgment

We can support you with:

- Medication to reduce or quit drug use
- Addiction counseling
- Wound care
- Naloxone / Narcan Kits
- HIV and Hepatitis C testing & treatment
- Harm reduction

Scan the QR code to learn more about our services

COMMUNITY-UNIVERSITY HEALTH CARE CENTER
UNIVERSITY OF MINNESOTA
Driven to Discover®

Clinic Phone Number
612-301-3433

Text to Opioid Team
612-207-8352

2001 Bloomington Avenue
Minneapolis

Walk In Care Available



CUHCC offers 24/7 FREE Naloxone kits via a Save a Life station, located between the clinic and the trailer.

Tales, cont.

Continued from page 3...

tice a few months later.

Advocate


His prominence in the Black community did not shield him from racism. In 1902, Burk experienced racism first-hand when the cook in a restaurant deliberately burned his food. The server, Victoria Cardinal, refused to serve it; she said that her "religion taught her to serve all persons alike." She was fired. Burk and two other men visited her and presented her with a handmade silver coin purse filled with silver dollars that was inscribed "In token of esteem to Victoria Cardinal."

Died at 36 years with "High Prospects."

According to his Obituary, he was a man "for whom the future held high prospects." Unfortunately, his life was cut short. He died in St. Mary's Hospital on April 26, 1910, from a burst appendix. His funeral was held at Bethesda Baptist Church.

Sue Hunter Weir is chair of Friends of the Cemetery, an organization dedicated to preserving and maintaining the Cemetery. She has lived in Phillips for almost 50 years and loves living in such a historic community.

READ NOT TO CONTRADICT AND CONFUTE, NOR TO BELIEVE AND TAKE FOR GRANTED... BUT TO WEIGH AND CONSIDER"
FRANCIS BACON



the alley invites you to CONSIDER writing a note or letter to the paper, for feedback or to publish!

The Board of Alley Communications has a seat at the table for YOU!

the alley newspaper is moving into its 50th year! While that is amazing news, the work of lifting the many voices of the Phillips Community to represent their own narratives needs to happen beyond the confines of a newspaper. There are so many more ways to communicate, deliberate, provoke and inform. Be a leader of that change and growth by joining the board of Alley Communications.

REQUIREMENTS:

- Attendance of one monthly 90 minute meeting
- Volunteer your available time to work on an activity you are passionate about
- Believe in collaborative governance
- Represent your cultural community and/or your people
- Cultivate new community-driven communication strategies with others

WHAT'S IN IT FOR YOU?

- Build your leadership skills within collective space
- Try on new ideas or bring them to fruition
- Build your resume



Want to talk more?
Email Susan at susanangust@gmail.com to set a time to talk together!

POETRY

Slow-Rolling Boulder

By SAM HENDRIAN

The Right cheer, the righteous jeer
At the documentation of undocumented hate
Yet both fail to see it's not hate but fear
That permits prejudice to perpetrate.

One person dies at the hand of a foreigner,
Therefore the danger must dwell overseas;
Never mind that many a coroner
Has recorded their fair share of local atrocities.

Our leaders operate in a post-logic landscape,
A finger-pointing fairyland
Where there is no escape
From those who stand on anyone they don't understand.

The empathetic laugh it off,
The apathetic whistle on
Like a man with a cancerous cough
Who insists he'll always wake at dawn.

And so we seal our country's doom
Shrugged shoulder to shrugged shoulder,
Forgetting that few have ever heard the boom
Made by a slow-rolling boulder.

EPNI-CEF Collaboration Brings Energy Justice and Savings to Phillips Residents

By KYLE SAMEJIMA

Cooperative Energy Futures (CEF), a local energy cooperative based out of Sabathani Community Center at 310 E 38th St, is actively partnering with East Phillips Neighborhood Institute (EPNI) on energy justice and community-owned renewable energy. EPNI and CEF recently won a Department of Energy Community Energy Innovation Prize for a proposal to develop the "largest urban solar array within two miles of a downtown in the United States." The array would provide an estimated \$9.4 million to the East Phillips community over a 25 year period, while contributing to a more cyclical and just localized economy. It would power an estimated 200 homes, and offset carbon emissions from the proposed indoor urban farm operations by 50%. The project is in the planning stages, and CEF is honored and thrilled to be an active partner with EPNI.

The good news is that community members do not have to wait for the completion of this project to participate in the benefits of a community solar garden, which include Xcel bill savings and energy ownership. By joining the Midtown Community Solar Garden cooperative, which costs \$25 for life to join,

you will pay for the energy you own only after you save, so there is no out of pocket money needed. If you pay an Xcel bill, you are eligible. Both renters and homeowners can participate, since there are no panels put on your roof. Instead, you will share in energy produced at the Midtown Community Solar Garden, located on a parking canopy on the roof of Abbott Northwestern Hospital at 28th and Chicago. Midtown Community Solar Garden is projected to start producing solar energy that you can own in May.

Spots are truly limited and it will be about a year and a half before our other community solar gardens are ready to produce energy. We would love for every Phillips community member to collectively own and benefit from renewable energy, so join us! To join, fill out the form at cooperativeenergyfutures.com/allina, and a CEF Outreach Representative will follow up with you.

And don't forget to sign up for CEF's newsletter at cooperativeenergyfutures.com to stay in the loop on collaboration between EPNI and CEF!

For more information, contact: kyle@cooperativeenergyfutures.com, 612-568-2334

Immigrants, cont.

Continued from page 1...

This is the time in this rare episode of American history when social movements have no choice but to re-emerge. With a current occupant of the White House who clearly has fascistic overtones, and with a four-year presidential term just beginning, the opportunity for grassroots organization presents itself.

This is the time for "the others" to band together in solidarity. This is the moment for the millions of Americans who do not sympathize with conservative Trumpism to organize an emerging resistance.

There are four years ahead to organize, four years to resist, four years to beat the current abusive and deceitful discourse that has poisoned the minds of millions of Americans.

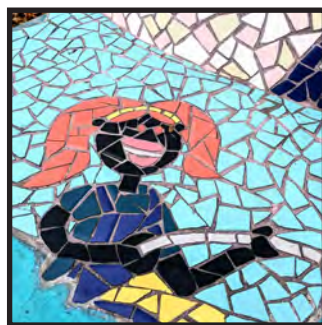
In the face of the rising fascism of Donald John Trump, all immigrants have left is to defend themselves, resist, organize, get involved, and activate.

Marco Dávila lives in Minneapolis with his family, and writes about immigration in his free time.

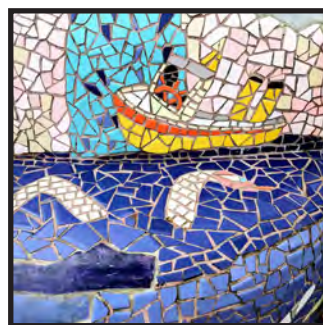
THRONES' EYE VIEW

Farewell to Touchstone Plaza

PHOTOS BY LAURA HULSCHER



PART II: THE WEST BENCH



The city has announced it is dismantling Touchstone Plaza at Peavey Park due to deterioration and safety concerns. Also known as "The Thrones," the Phillips landmark sits at the northeast corner of the park, at the intersection of Franklin and Chicago. The sculptures were the product of a multi-year collaboration between the late artist Rafala Green, community members, and more than 80 local youth employed by the project in the 1990s. "Thrones" is a reference to a poem by Louis Alemayehu mounted on a plaque near the entrance.

As a goodbye, **the alley** is featuring photos of each of the Plaza's sculptural elements every month through June.

Winter Gains a New Perspective Through the Eyes of South Junior Frances Pickar

By OLIVER STRICHERZ

Reprinted with permission from *The Southerner*.



South junior Frances Pickar showcases the array of works made in regard to her sustained investigation: the cold emotions that arise during the winter months.

Plainly put, the Minnesotan winter is hard. Over eras and generations, the people who occupy the land we now call Minnesota have faced wintry temperatures and the dreaded and universal experience of cold toes and stinging ears. Living through winter in our state takes quite the toll on you and I, but it bakes something into us. The cold can influence our moods and actions, sometimes even more than the people around us can. It can anger us, it can chill us to our core, and interestingly, it can inspire us. One of the many inspired by this annual ice we encounter is Frances Pickar, a junior at South High.

Enrolled in AP Art, Pickar's sustained investigation explored her "general feeling of cold and ennui in the winter months." She added that she'd like to magnify "what it means to be frigid physically and emotionally using color, perspective, and many portraits." One of her latest pieces, an acrylic painting titled *My Favorite Hat*, shows a weary and cool-toned version of Pickar. She explained that in the piece she "used different unusual tones and perspectives" in order to "create an off putting portrait of myself to show how I feel when I'm cold."

Pickar's love for art undoubtedly blossomed from her very beginnings. Her parents, both artists in their own ways, provided the creative kindling necessary to spark the flame through which she sees the world. As the years passed and empty sketchbooks became full, Pickar only further evolved



ALL PHOTOS: OLIVER STRICHERZ



TOP: *These Hands I So Often Ignore* - Pickar's most recent work: her frozen hands imposed over a radial backdrop.
BOTTOM LEFT: *Through the Window* - The remarkable product of Pickar's boredom.
BOTTOM RIGHT: *My Favorite Hat* - One of Pickar's newest works: a weary version of herself.

as an artist.

Last year, a moment of boredom resulted in one of Pickar's most impressive works yet. The piece, titled *Through the Window*, depicts the view out of Pickar's bedroom window. It's an incredible work of art, and upon first glance you may think it's real. The idea for this piece wasn't premeditated, like most of her works. When describing where she gets

her ideas from, Pickar said, "I've been just kind of laying in bed thinking about all the things that I need to do and then a concept kind of jumps on me." She stated that the concept, "doesn't really make much sense because it's 11:30 at night, but the next day I'll look back at the crappy drawing I did

Continued on page 11...



Predictions for the 2025 Homebuying Season

By NICOLE ROTHSTEIN, a contributing writer for Sunrise Banks.

Over the next few weeks, as winter gives way to clearer skies and greener grass, many people will turn their thoughts toward buying or selling a home.

April through June is typically peak homebuying season – homes tend to sell faster, competition is higher for buyers and more homes are on the market.

Will 2025 track in that direction? What will be different about this homebuying season? Should you consider buying or selling?

To get some answers, we talked with Chuck Meier, Senior Vice President - Director of Mortgage Sales at Sunrise Banks. Chuck has over 35 years of experience in financial services, including 30+ years in mortgage lending.

Q: Will 2025 be a better time to buy a house than in the past few years?

Chuck: Indicators are leaning toward a better housing market in 2025. Inventories continue to grow and the amount of time houses are on the market is rising. These are both good signs for homebuyers.

Q: What are your thoughts on home prices and affordability?

Chuck: This will depend on price points in specific markets. Home prices will remain elevated in the entry-level housing market, with demand being greater. This, along with continued higher rates, will keep affordability elevated.

Increased housing prices and rates have decreased the amount most borrowers can qualify for. For example, if a borrower has an income of \$100,000 per year and rates are 4%, they may qualify for a \$356,000 mortgage. If they have the same income and rates are 7%, the borrower then may only qualify for a \$255,000 mortgage. If housing prices are higher, it's harder to find a home in their price range.

Q: Do you anticipate it will be a seller's or buyer's market?

Chuck: In general, it will be a seller's market, especially in the median-priced home range. It's likely to move toward a buyer's market for higher-priced homes.



Chuck Meier, Director of Mortgage Sales at Sunrise Banks

Q: Do you have any mortgage rate predictions?

Chuck: It's very hard to say. From what I am seeing, rates may come down some, but not enough to spur a big change. It appears rates will remain in the mid-to-low 6% range.

Q: What advice would you share with prospective homebuyers?

Chuck: If you can afford it, buying a home is still one of the best investments out there. It's much better than paying rent, which isn't investing in anything.

Q: Are there any other predictions or thoughts you'd like to share?

Chuck: Continue to expect the unexpected and be ready to adapt to change. Don't let fear drive your decisions or hold you back. This year, like any year in history, will be a good time to buy a home – so go get your dream home.

At Sunrise Banks, we believe homeownership should be an option for everyone and that each homebuyer's journey is different. You can reach out to our experienced mortgage loan officers at www.sunrisebanks.com/mortgage.

Sunrise Banks: Member FDIC and Equal Housing Lender.

How to submit to the alley

1. Find and write about a topic relevant to the Phillips Community.

2. Stick to these general rules: 500 words for an opinion piece and up to 700 for a feature piece, and no profanity or harm!

3. Ask a friend to proof-read!

4. Send in your article and any images, permissions, and captions in their final and best form to copydesk@alleynews.org, or upload at alleynews.org/submissions, by 5pm SHARP on the 12th of the month.

5. Copydesk may follow up with clarifications, any image issues, etc.

6. The Editorial Leadership Committee selects what goes in *the alley* each month. Articles may be edited for length and clarity; news and stories that focus on Phillips and are timely will be prioritized!

accepted submissions: photos, neighborhood news, feature articles, interviews, profiles, fiction, cartoons, opinions, artwork, poetry



Movie Corner

The Best Films of 2024

By HOWARD MCQUITTER II



Howard McQuitter II



Other films to consider: *The Apprentice, The Order, Nosferatu, Between the Temples, Power*, Lost in a Mountain of Maine, Limbo, Bonjour Switzerland*, The Wild Robot, Wicked, Queer, Civil War.*

1. *I'm Still Here* (Portuguese with English subtitles), Directed by Walter Salles 2. *Nickel Boys*, Directed by RaMell Ross 3. *A Complete Unknown*, Directed by James Mangold 4. *Small Things Like These*, Directed by Tim Mielants 5. *The Substance*, Directed by Coralie Fargeat 6. *Sing Sing*, Directed by Greg Kwedar* 7. *Conclave*, Directed by Edward Berger 8. *Sugarcane*, Directed by Julian Brave NoiseCat and Emily Kassie* 9. *The Brutalist*, Directed by Brady Corbet 10. *A Real Pain*, Directed by Jesse Eisenberg

* Films from the Minneapolis-Saint Paul International Film Festival, 2024.

War, cont.

Continued from page 3...

names, ensuring their privacy while sharing their experiences. K left Ukraine before the war began, L is a Russian immigrant who came to the U.S. after the war started, G has lived in the U.S. since 2017 and is now a citizen but originally from Ukraine, and A was born in the U.S. but spent most of her life in Russia. Each of them offers a unique perspective on how the war has affected their lives and identities.

How has the war affected your emotional state and your perception of the future?

K: I would say that at the beginning of the war, naturally, the emotional state of every person was just at the very bottom. Everyone did not know where to go, even when they were not in the country. At that moment, I had a family there, and you don't know how to help. You blame yourself for this, you don't know what to do, and how can you help, except financially. Then all people just got used to living during the war and realized that they couldn't stop. As for the future, I can say for myself that I realized that it is very difficult now to plan anything for the year ahead because you don't know what will happen tomorrow. For example, you lived in Kyiv, everything was fine, you had plans for 10 years, and you just had a bomb in your house, and what? Therefore, in terms of the future, it became very difficult to plan and very scary to plan for distant periods.

L: It, of course, destabilized it. And it was very disturbing. Now, in fact, in general, the perception of the future has changed. Because it is impossible to plan. You look at some things from different angles. Many decisions are ambiguous. Therefore, it is difficult.

G: The war has changed me negatively. It influenced my emotional state. Especially at the beginning, as I said. What about the perception of the future? Well... It doesn't help me to be more optimistic about the future. But I try to remain optimistic and believe that everything will be resolved soon and we will be able to breathe freely and start the process of healing, the healing of my emotional state. I know people who have been greatly influenced by the war and their emotional state. And I think it's very bad for these people in particular. What else can I add? Well, as I said, I was depressed for about six months. But then I decided that my inner state was more important, because I couldn't change the situation that was unfolding now.

A: I would have already moved to Russia if everything was great. I want to settle down there. That's why I think I'll live here for a couple of years, work here, and then I want to go back to Russia. I think the uncertainty of the future started with COVID. We

had COVID, and then Putin cured the whole country in one day, when the special operation began. I think from 2019 we are still in the unclear phase of what to do in life.

How has your communication with people who hold different views on current events changed?

K: With people with whom we have different views on the events, we just, unfortunately, do not communicate, since the topic comes up anyway, and there are constant conflicts. Accordingly, with people with different views on the whole situation, we just stopped communicating.

L: It seems to me that we parted with those with whom our views radically changed. But here it is worth saying that my views also sometimes change. Depending on the people I talk to.

G: I think it's great to have different views on things. I don't think that people who, for example, have different views are bad. But I don't communicate with people who support radical positions or radicalism. I think that radicalism doesn't have a place in our time. I don't communicate with people who, for example, as I said before, are blood lovers, who like to kill others or wish death to those people who have nothing to do with the current events. I would say that I have become more considerate with the choice of people to communicate with. For me, their position in connection with current events is important. But I'm open to healthy discussions, but not throwing mud, if I can put it that way. I don't like to communicate with all sorts of different radicals who wish death to me, my friends and my family.

A: I seem to talk to them less because I don't know, they constantly raise this topic, and I don't understand why they raise this topic. And so we all subscribed to all these telegram channels and saw the news, and I don't know who needs to bring it up again. Well, those who have different views just hate me, just because I'm Russian. I hope I've become better at communicating with them.

Does your organization have an important event or new program the Community needs to know about?

Contact businessmanager@alleynews.org to find out what it might cost to provide you space in the alley.

We would be proud to help you promote your good work!



We Will Change the World

By JANA METGE

Today after listening to Ann Reed's song 'We Will Change the World', I began to think about Phillips. What a treasure to the City and to the World. The lights being lit and hope being shared. I look around just my little piece of the world and see:

- ♥ Pastor H and San Pablo creating such healing with Art, Meals, Love, words shared and community built.
- ♥ Donna getting up at 6 am to be at bus stops with children and their parents, standing with them bringing joy and a sense of safety by being together.
- ♥ Wayne looking out for others at St Vincent and helping so many as they are finding their way.
- ♥ Chris writing letters for change, for Phillips to be heard and to be listened to.
- ♥ Jolene and her lifelong care and dedication to her community.
- ♥ Kali listening, being there, sharing stories, caring with her whole soul.
- ♥ Betty going door to door talking to businesses, checking in on them, seeing how they are.
- ♥ Marj in her 80s, walking her block to check in on people.
- ♥ Cath for opening up her home for healing and for the singing.
- ♥ Chifon being there for others and now her son leading T.O.U.C.H. Outreach.
- ♥ Daniel building community and the future with his businesses.
- ♥ Gomez leading with his heart, loving & caring; always present.
- ♥ Connor and Rita devoted, helping, changing lives one x one.
- ♥ Anna & Julie creating joy in their store & on Lake St.
- ♥ Zoe for constant hope.
- ♥ VJ for still sending hopeful messages from afar.
- ♥ Alison for her partnership and constant support & care for the neighborhood.
- ♥ Kelly devoted to fairness and to community.
- ♥ Pastor Marsha & Lisa leading with prayer.
- ♥ Abdul coaching and teaching the young ones.
- ♥ Malik looking out for the block and always there.
- ♥ Joseph, an elder trying to be heard and sharing his wisdom.

This is my world and this is how the world changes. Together. And so many more doing such good work here. Thank you to everyone for making this neighborhood special - welcoming & caring and for making the world a better place.

We will Change the World.

Jana Metge is a 38 year Phillips resident

CUHCC, cont.

Continued from page 1...

- Identify patterns rooted in past experiences or trauma
- Strengthen relationships and improve communication
- Build resilience and confidence for handling life's challenges

If you're experiencing any of these challenges, Community-University Health Care Center (CUHCC) is here to support you. We offer counseling for individuals, couples, family therapy, as well as case management, rehabilitative mental health services, and psychiatry. We serve clients across the lifespan including 0-5 year olds. Call (612) 301-3433 to schedule a therapy appointment at CUHCC.

Need help right away?

You can visit CUHCC during our walk-in therapy hours on Mondays from 10:00 AM to 3:00 PM, and Tuesdays and Thursdays from 2:00 PM to 4:00 PM. Please note that walk-in visits are for patients aged 12 and older, and hours may change. You can check CUHCC's website (cuhcc.umn.edu) or call us at (612) 301-3433 to confirm walk-in hours.

Worried about the cost?

Cost is not a barrier to care. We provide outpatient therapy and psychiatry services at no cost for Hennepin County residents. CUHCC also assists with insurance enrollment for those who qualify for medical and dental services, and offers a

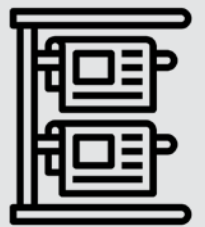
Sliding Fee Discount Program, which adjusts costs based on income and family size.

Is English not your first language?

No problem! CUHCC's bilingual therapists speak Spanish and Somali. We also have interpreters available in Vietnamese, Hmong and other languages.

Remember, seeking help is a sign of strength, and CUHCC is here to support you every step of the way. We are located at 2001 Bloomington Avenue, Minneapolis, and can be reached at (612) 301-3433. For more information about CUHCC and our services, visit cuhcc.umn.edu.

Where do you want to see the alley?



Email businessmanager@alleynews.org to let us know -- or if you are a business that would like to host a bulk drop!

Pickar, cont.

Continued from page 9...

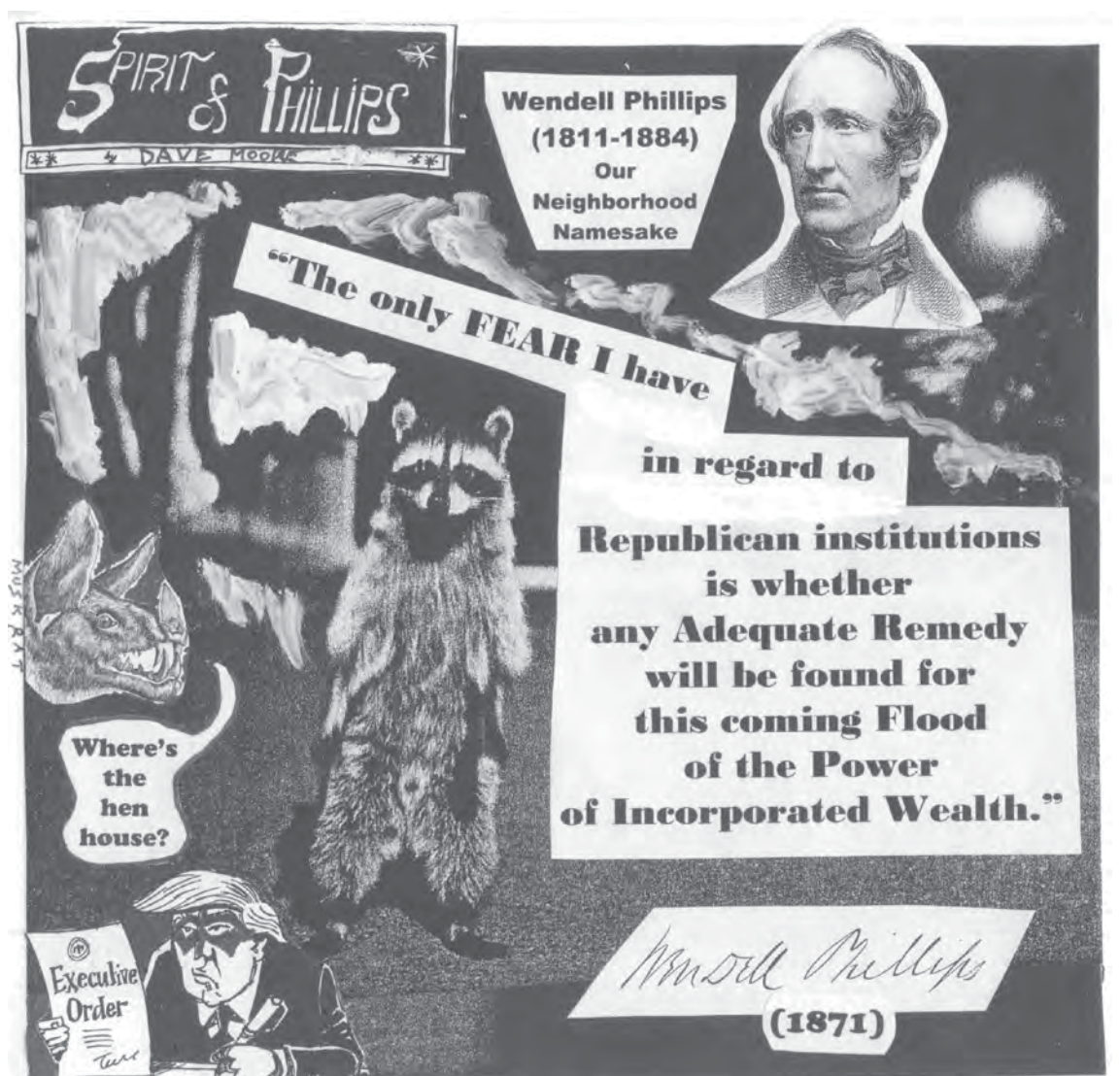
in my notes app and think, 'she might be onto something!'"

Something Pickar deeply values when making art is the finished product. She enjoys the feeling that "a piece of [her] mind really came to life," and enjoys even more when, "people make comments on it and say like they understand and they feel the emotion [Pickar] was trying to depict." An example of this amazement and support can be seen in one of her most recent pieces, titled *These Hands I So Often Ignore*. The work shows Pickar's freezing hands over a radiant background, which many Minnesotans can relate to with freezing hands of their own.

Artistry may be forever, but high school is not. Pickar doesn't expect to be a freelance painter in her time ahead, but hopes her career has something to do with the arts. Although Pickar may be unsure of what her future may contain, the future can't change something essential to the fiber of her being. She is, and forever will be an artist.

Oliver Stricherz, a junior, is in his first year as a staff writer for South High School's *The Southerner*. He is "driven, angered and interested" in human rights and dynamics, hoping to explore human stories.

Dave Moore & Linnea Hadaway have lived here since the Reagan 80s and became life partners while originating the cartoon series "Spirit of Phillips."



THIS MONTH IN EAST AND MIDTOWN PHILLIPS...



EXCITING NEW AFFORDABLE HOUSING COMING TO MIDTOWN PHILLIPS: 14TH AVENUE TOWNHOMES

A new affordable housing development is on its way to the neighborhood. The 14th Avenue Townhomes, located at 2833-2839 14th Avenue South, will offer 10 modern, owner-occupied townhomes for sale to buyers earning at or below 60% of the Area Median Income. With a mix of 1, 2, and 4-bedroom units, these homes are designed to meet the Passive House energy efficiency standard, ensuring sustainable living with near-net-zero energy consumption.

Plus, with on-site renewable energy, homeowners will save on energy costs.

Developed by Trio Development Group, LLC and the City of Lakes Community Land Trust, construction is set to begin in June or July 2025, lasting around 8 months. The townhomes will be built across three City-owned parcels, offering easy access to local bus routes and the Midtown Greenway.

What's unique about this project? The homes will be owned by the City of Lakes Community Land Trust (CLT), ensuring they remain perpetually affordable. CLTs remove land from the speculative market and hold it in trust, guaranteeing that future buyers will always find affordable homes.

Designed with an L-shape that faces both 14th Avenue and the Midtown Greenway, these townhomes will promote pedestrian-friendly access, community interaction, and green space. With high-quality materials like fiber cement siding and metal shingle cladding, the design blends seamlessly with the neighborhood's character.

Community support is strong! On February 5th, the Midtown Phillips Neighborhood Association and East Phillips Improvement Coalition hosted a meeting with the developers, and the project received enthusiastic backing. On February 10th, the project was approved at a Planning Commission hearing. The next step is moving forward with Minneapolis Public Works, bringing us one step closer to seeing this exciting project come to life.

To stay tuned on upcoming developments, head to unitedphillips.org/news.



MIDTOWN ANNUAL MEETING AND CELEBRATION

MARCH 19TH
6-7:30PM

What: With Spring just around the corner, we're kicking off a new year of community organizing at Midtown's Annual Meeting and Celebration. Join us for food, drinks, an interactive presentation, board elections, and exciting activities!

What are board elections? Every neighborhood in Minneapolis is represented by a neighborhood organization. Midtown Phillips Neighborhood Association represents Midtown Phillips and hosts community meetings, connects neighbors with resources, offers microgrants, advocates on behalf of residents to the City, and runs year-long programs that fight for environmental, social, and economic justice. Midtown Phillips is led by a volunteer board. Board members empower residents and serve as a voice for the neighborhood. Being a board member is a great opportunity to make your voice heard and lead the change we want to see. We want you to be on our board! Please join us at the annual meeting or reach out with your questions. Contact: luke@unitedphillips.org

When: March 19th, 6-7:30 PM

Where: St. Paul's Evangelical Lutheran Church, 2742 15th Ave S, Minneapolis, MN



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